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Advanced imaging use and payment trends in a large pediatric accountable care organization

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Abstract

Background Pediatric imaging use and payment trends in accountable care organizations (ACOs) are seldom studied but are important for health policy decisions and resource allocation.

Objective To evaluate patterns of advanced imaging use and associated payments over a 7-year period at a large ACO in the USA serving a Medicaid population.

Materials and methods We reviewed paid claims data from 2011 through 2017 from an ACO, analyzing the MRI, CT and US use trends and payments from emergency department (ED) and outpatient encounters. We defined "utilization rate" as the number of advanced imaging procedures per 100 enrolled children per calendar year. Average yearly utilization and payments trends were analyzed using Pearson correlation.

Results Across 7 years, 186,552 advanced imaging procedures were performed. The average overall utilization rate was 6.99 (95% confidence interval [CI]: 6.9–7.1). In the ED this was 2.7 (95% CI: 2.6–2.8) and in outpatients 4.3 (95% CI: 4.2–4.3). The overall utilization rate grew by 0.7% yearly (P=0.077), with US growing the most at 4.0% annually (P=0.0005), especially in the ED in the US, where it grew 10.8% annually (P=0.000019). The overall payments were stable from 2011 to 2017, with outpatient MRI seeing the largest payment decrease at 1.8% (P=0.24) and ED US showing the most growth at 3.3% (P=0.00016). Head CT and abdominal US were the two most common procedures.

Conclusion Over the study period, advanced imaging utilization at this large pediatric ACO serving the Medicaid population increased, especially with US use in the ED. Overall payments related to advanced imaging remained stable over this period.

Keywords Accountable care organizations · Advanced imaging · Children · Medicaid · Pediatric radiology · Utilization rate

Introduction

The United States spends substantially more on health care than other high-income countries. In addition to administrative costs and higher prices, use of advanced imaging has been described as one of the factors that contribute to higher U.S. health care costs

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[1, 2]. When comparing the United States and 10 other highincome countries, the States performed the second highest number of imaging exams and had the second highest MRI and CT technology utilization rates [1]. A study also demonstrated higher rates of low-value imaging use in pediatric emergency departments in the United States vs. Canada.

Accountable care organizations (ACOs) comprise a relatively new organizational model under Medicare to work with payors and providers to deliver coordinated, high-quality care [3, 4]. In contrast to the adult ACOs, pediatric ACOs typically cover patients from lower-income families through Medicaid [4]. Pediatric imaging utilization reports in the literature are mostly limited to its use and often involve a hospital setting, specific indication or imaging modality, with few studies examining use and cost trends from a payor perspective [5–16].

The aim of this study was to evaluate trends of advanced imaging utilization and associated payments in emergency department (ED) and outpatient settings over a 7-year period at a large pediatric ACO in the United States.

Materials and methods

Data source

Partners For Kids is a large pediatric ACO that manages fully capitated risk contracts with five Medicaid managed care plans for about 340,000 children (in 2017) enrolled across 34 counties in Ohio within both urban and rural communities. In this retrospective study approved by the institutional review board, we acquired 7 years of advanced imaging paid claims data from Partners For Kids from January 2011 through December 2017. Children and adults younger than 21 years were included. Paid claims data from the ACO were obtained using advanced imaging Current Procedural Terminology (CPT) codes for MRI, CT, US and nuclear medicine studies. We excluded CPT codes with fewer than 25 total procedures performed in 2017 and 2018 combined. Eighty-three advanced imaging CPT codes were ultimately used to obtain paid claims data. Data were obtained for imaging-related encounters in the outpatient setting and the emergency department. We did not analyze inpatient settings because of the lack of access to reliable data from the ACO. We also obtained the encounter date and the paid claim amount for the imaging procedures.

Advanced imaging use analysis

We studied use of advanced imaging in both outpatient and ED settings for the 83 identified CPT codes, using the total ACO membership enrollment per year to calculate a utilization rate. We defined "utilization rate" as the ratio of advanced imaging procedures to the number of people enrolled multiplied by 100, providing the number of advanced imaging procedures performed for every 100 enrolled patients. We calculated 95% confidence intervals (CIs) for overall utilization rate and also reported the utilization rate by modality and by encounter setting. Further, we calculated the annual percentage change in utilization rate over 7 years by modality and setting. Pearson correlation (r) and P-value (from Pearson r) were used to study the variation (yearly change) in utilization rate over the 7 years. A P-value of <0.05 denotes a statistically significant correlation coefficient. Utilization rate and annual percentage change in utilization rate were also calculated for four age groups. The four age groups were <1 year, 1-4 years, 5-12 years and \geq 13 years.

Payment analysis

We defined "payments" as the actual amount paid by the ACO for each imaging-related claim. This reflects costs to the payor. To protect proprietary ACO data, for each year from 2011 to 2017, the annual payments were normalized to payments for the outpatient setting for the year 2011. For example, the normalized payment for outpatient MRI for 2011 was set to be 1 and MRI payments for ED and outpatient settings for all years were reported and compared to the normalized MRI outpatient payment for 2011. We calculated payment trends as percentage change per year by modality and setting. Similar to utilization rates, payment trends across the 7 years were analyzed using Pearson correlation coefficient (r) and *P*-values. A *P*-value of <0.05 denotes a statistically significant correlation coefficient.

Results

There was a total of 186,552 advanced imaging procedures on 107,963 unique patients.

Overall utilization

The overall utilization rate was 6.99 advanced imaging procedures per 100 enrolled patients per year on average (Table 1). It was 1.18 for MRI, 3.08 for US and 2.73 for CT. The overall ED utilization rate was 2.71 and overall outpatient utilization rate was 4.27. In the outpatient setting, the utilization rate was 1.15 for MRI, 2.27 for US and 0.78 for CT. Overall advanced imaging utilization rate grew by 0.7% yearly on average (*P*=0.077) from 2011 to 2017 (Fig. 1; Table 1). From 2011 to 2017, overall advanced imaging utilization rate in the ED showed an increase from 2.57 to 2.85 (r=0.91, *P*=0.004). Overall CT utilization showed the largest annual decrease of 2.1% (r = -0.9, *P*=0.0062). Nuclear medicine encounters were less frequent, with 44 unique ED and 2,981 unique outpatient encounters across the 7-year study period.

Utilization in the outpatient and emergency department settings

Utilization rate in the outpatient setting was stable across the 7 years, changing from 4.28 to 4.29 (r=0.19, *P*=0.69). In the ED, average utilization rate was 0.03 for MRI, 0.81 for US and 1.95 for CT. Ultrasound utilization rate grew the most at 4.0% annually (r=0.96, *P*=0.00047), especially in the ED, where it grew 10.8% annually (r=0.99, *P*=0.00002) but also in the outpatient setting, where it grew 2.1% annually (r=0.91, *P*=0.004). CT utilization rate in the ED was stable with an annual decrease of 0.7% (r = -0.64, *P*=0.12) but demonstrated a high average annual decline in the outpatient setting of 5.1% (r = -0.93, *P*=0.002). Table 1 lists the average annual utilization rate by modality and setting.

Table 1Advanced imagingutilization rates and annualchanges^a

	Modality	Average utilization rate	95% confidence interval	Yearly utilization rate change (%)	Pearson r	Yearly change <i>P</i> -value ^b
Outpatient	All	6.99	6.85–7.12	0.7	0.71	0.08
+ ED	MRI	1.18	1.16-1.20	-0.3	-0.54	0.21
	US	3.08	2.87-3.29	4.0	0.96	0.0005
	CT	2.73	2.63-2.83	-2.1	-0.90	0.006
ED	All	2.71	2.62-2.81	1.8	0.91	0.004
	MRI	0.03	0.03-0.04	5.6	0.72	0.07
	US	0.81	0.70-0.92	10.8	0.99	0.00002
	CT	1.95	1.92-1.98	-0.7	-0.64	0.12
Outpatient	All	4.27	4.21-4.33	0.04	0.19	0.69
	MRI	1.15	1.13-1.17	-0.3	-0.61	0.15
	US	2.27	2.18-2.37	2.1	0.91	0.004
	CT	0.78	0.69-0.86	-5.1	-0.93	0.002

^a The values are listed for outpatient and emergency department (ED), outpatient only, and ED only. US had the strongest positive growth, especially in the ED, while CT saw some decrease in utilization, especially in outpatients. Utilization rateis defined as number of imaging procedures for every 100 enrolled patients.

^b*P*<0.05 denotes significant Pearson correlation (bold)



Fig. 1 Graphs show utilization rates for all modalities combined (**a**), and for MRI (**b**), CT (**c**) and US (**d**). Average utilization rate for all modalities for 7 years was 6.99. Utilization rate changes are relatively stable across the years,

with significant growth seen in both emergency department (ED) and outpatient (OP) US. Utilization rate is defined as number of imaging procedures for every 100 enrolled patients.

Utilization by age

Across the 7 years, children younger than 1 year received a total of 18,331 advanced imaging studies (3.621 ED procedures in 3.422 unique children and 14,710 outpatient procedures in 11,310 unique patients). An average of 21,194 patients were enrolled each year. Children ages 1-4 years received a total of 21,861 procedures (7,526 ED procedures in 6,858 unique children and 14,335 outpatient procedures in 10,181 unique children). An average of 89,968 patients were enrolled each year. Children ages 5-12 years received 49,106 procedures (19,308 ED procedures in 16,316 unique children and 29,798 outpatient procedures in 21,224 unique children). An average of 155,701 patients were enrolled each year. Patients ages 13-18 years received 96,820 procedures (41,708 ED procedures in 29,480 unique patients and 55,112 outpatient procedures in 34,003 unique patients). An average of 106,332 patients were enrolled each year. Additionally, 434 procedures were performed on young adults ages 19-20 years (227 ED and 207 outpatient procedures).

Utilization rate for all imaging modalities was 12.2 for children younger than 1 year, 3.4 for children ages 1–4 years, 4.4 for children in the 5- to 12-year age group and 12.8 for

 Table 2
 Utilization rates based on age and annual changes^a

those in the \geq 13-years age group. Looking at age-wise changes (Table 2), a higher utilization rate for children <1 year and >13 years was seen across all imaging modalities when compared to those in the 1–4 and 5–12 age groups. Outpatient US for the <1-year age group had the highest utilization rate (7.75) of any modality in the ED or outpatient settings, followed by ED CT for patients in the \geq 13-years age group (4.17) (Fig. 2; Table 2). For every age group, CT was the most used imaging modality in the ED setting, while US was the most used modality in the outpatient setting. CT was the least used modality in the outpatient setting for every age group.

Payment analysis

The overall normalized payments remained relatively unchanged from 2011 to 2017, with an annual average decrease of 0.49% (r = -0.57, P=0.18) (Fig. 3; Table 3). US had the highest overall average annual increase of 2.1% (r=0.94, P=0.002) followed by CT at 1.7% (r=0.96, P=0.0006). MRI exhibited an annual average decrease of -1.8% (r = -0.51, P=0.24). Examining payments by setting, ED US had the highest payment increase at 3.3% (r=0.98, P=0.0002), while the highest decline was seen in outpatient MRI at -1.8% (r = -0.53, P=0.22).

Age	Modality	Emergency department			Outpatient				Global				
		Mean	95% CI	Pearson r	P-value ^b	Mean	95% CI	Pearson r	P-value ^b	Mean	95% CI	Pearson r	P-value ^b
<1 y	All proc.	2.42	2.27-2.58	0.96	0.0002	9.78	9.19–10.37	0.70	0.053	12.21	11.48-12.93	0.78	0.024
	MRI	0.04	0.03-0.06	0.48	0.23	1.24	1.16-1.32	-0.38	0.36	1.28	1.20-1.36	-0.32	0.45
	CT	1.21	1.12-1.30	-0.81	0.014	0.79	0.71 - 0.88	-0.35	0.40	2.01	1.86-2.16	-0.69	0.058
	US	1.10	0.90-1.30	0.99	0.00002	7.75	7.20-8.31	0.82	0.012	8.86	8.13-9.59	0.90	0.003
1–4 y	All proc.	1.19	1.15-1.22	-0.19	0.66	2.20	2.13-2.28	0.45	0.26	3.39	3.29-3.49	0.27	0.52
	MRI	0.02	0.01 - 0.02	0.65	0.082	0.58	0.55-0.60	0.29	0.49	0.59	0.57-0.62	0.39	0.35
	CT	0.76	0.70-0.83	-0.96	0.0002	0.35	0.31-0.39	-0.90	0.002	1.11	1.01-1.22	-0.97	0.00006
	US	0.40	0.33-0.46	0.86	0.007	1.26	1.20-1.33	0.86	0.006	1.66	1.54-1.78	0.88	0.004
5–12 y	All proc.	1.68	1.52-1.83	0.80	0.016	2.67	2.59-2.74	0.07	0.88	4.42	4.30-4.53	0.51	0.20
	MRI	0.02	0.02–0.02	0.61	0.11	0.75	0.73–0.77	-0.26	0.53	0.77	0.74-0.80	-0.19	0.65
	CT	1.23	1.19–1.28	-0.89	0.003	0.58	0.50-0.66	-0.91	0.002	1.81	1.68–1.94	-0.92	0.001
	US	0.53	0.43-0.63	1	<0.00001	1.32	1.24-1.41	0.91	0.002	1.85	1.67-2.03	0.98	0.00003
≥13 y	All proc.	5.50	5.33-5.66	0.73	0.042	7.31	7.11–7.51	-0.68	0.061	12.81	12.56-13.05	-0.07	0.87
	MRI	0.07	0.06-0.07	-0.34	0.42	2.19	2.11-2.26	-0.71	0.05	2.26	2.18-2.33	-0.76	0.028
	CT	4.17	4.07–4.26	0.41	0.32	1.43	1.29–1.57	-0.96	0.0002	5.60	5.45-5.74	-0.64	0.088
	US	1.51	1.39–1.63	0.93	0.0007	3.53	3.43-3.64	0.36	0.38	5.04	4.84–5.24	0.74	0.036

CI confidence interval, proc. procedures, y years

^a The values are listed for outpatient and emergency department (ED), outpatient only, and ED only. Outpatient US for the <1-year age group was the most utilized imaging modality for any age group, followed by ED CT for those \geq 13 years

^b P<0.05 denotes significant Pearson correlation (bold)

Fig. 2 Graph shows imaging utilization rates for different imaging modalities according to age groups. Outpatient (OP) US for children in the <1-year age group has the highest utilization rate (7.75) of any modality in the emergency department (ED) or outpatient setting, followed by ED CT for those in the \geq 13-years age group (utilization rate 4.17)



Most common procedures

The top 10 Current Procedural Terminology (CPT) procedures encountered in combined outpatient and ED settings over the 7-year study period are listed in Table 4, along with the top 5 procedures encountered in the separated ED and outpatient settings. There was a normalized annual increase of 0.71% (r=0.71, P=0.74) for the combined outpatient and ED settings. CT head without contrast agent was the most common imaging procedure (5,050 average yearly procedures). US and CT imaging of the abdomen and pelvis comprised the remainder of the top 5. MRI of the brain without

Table 3Annual changes in cost from 2011 to 2017^a

Modality	Yearly change (%)	Pearson r	P-value
All	-0.49	-0.57	0.18
MRI	-1.83	-0.51	0.24
US	2.12	0.94	0.002
CT	1.74	0.96	0.0006
All	0.48	0.68	0.095
MRI	-1.36	-0.17	0.72
US	3.33	0.98	0.0002
CT	1.33	0.86	0.014
All	-1	-0.59	0.17
MRI	-1.83	-0.53	0.22
US	1.33	0.68	0.095
CT	1.50	0.86	0.014
	Modality All MRI US CT All MRI US CT All MRI US CT	Modality Yearly change (%) All -0.49 MRI -1.83 US 2.12 CT 1.74 All 0.48 MRI -1.36 US 3.33 CT 1.33 All -1 MRI -1.83 US 3.33 CT 1.33 All -1 MRI -1.83 US 1.33 CT 1.33 CT 1.50	Modality Yearly change (%) Pearson r All -0.49 -0.57 MRI -1.83 -0.51 US 2.12 0.94 CT 1.74 0.96 All 0.48 0.68 MRI -1.36 -0.17 US 3.33 0.98 CT 1.33 0.86 All -1 -0.59 MRI -1.83 -0.53 US 1.33 0.68 CT 1.33 0.68 CT 1.33 0.68

^a The values are listed for outpatient and emergency department (ED), outpatient only, and ED only. Costs remained stable across years, while outpatient MRI saw a marginal yearly decline of costs

contrast agent was the only MRI procedure in the top 10. Overall, abdomen US demonstrated the largest average annual percentage gain at 8.2% (r=0.98, P=0.0001), while head CT demonstrated the largest average annual decline at 3.5% (r = -0.95, P=0.001).

Regarding ED encounters, there was a positive annual growth of 1.8% (r=0.91, P=0.004), with US of the abdomen demonstrating an annual increase of 18.8% (r=0.99, P=0.00002). In the ED setting, utilization of CT of the head/brain without contrast agent declined by 2.6% (r = -0.98, P=0.0001) and CT of abdomen without contrast agent declined by 1.7% (r = -0.24, P=0.6).

Outpatient encounters showed a minimal annual increase of 0.04% (r=0.19, P=0.68), with US of abdomen exhibiting annual growth of 5.8% (r=0.87, P=0.011). MRI of the brain without contrast agent exhibited a yearly decline of 2.9% (r = -0.95, P=0.001).

Discussion

Only a few studies have examined advanced imaging utilization and payment trends in a large pediatric ACO [15, 17]. There was a gradual increase in advanced imaging utilization but stable payments over the 7-year period. This is particularly notable in an era of growth in health care expenses. This supports previous findings that advanced imaging utilization alone is not the cause of high health care spending [1].

Ultrasound was the fastest growing modality over the 7 years of observation, with an average yearly growth of 18.8% for ED abdominal US procedures. This could, at least in part, reflect the increasing use of US for acute abdominal and pelvic pain in children and young adults instead of CT,





Fig. 3 Graphs show normalized payments for all modalities combined (**a**), and for MRI (**b**), US (**c**) and CT (**d**). Payments are normalized to 2011 outpatient (OP) payments. Normalized payments are relatively stable

especially for assessing right lower quadrant pain and acute appendicitis. Another contributing factor might be shift of some care from primary care to the ED. This trend toward increasing US use might continue in future years as physicians outside of radiology use US as a diagnostic and procedural adjunct for trauma, soft-tissue evaluation and visceral assessment [17].

Computed tomography of the brain without contrast agent is the most common advanced imaging procedure in our study, similar to other published results in population settings [13, 14, 18]. An important finding in our study was a decrease in the use of CT of head/brain (-3.5%), which coincides with the expanding reach of the Image Gently campaign, which popularized appropriate use guidelines for CT for head trauma and headache. This might also be a result of the development and use of dedicated head injury algorithms in pediatric patients [19].

Payments as defined by actual paid claims by the ACO were stable across imaging modalities over 7 years, with the largest average increase of 3.3% (yearly) seen only for ED US

ED ED OP Total across the years, with significant growth seen in both emergency

department (ED) US and ED CT

utilization. There was a negligible increase in outpatient imaging payments, with a non-statistically significant decrease in MRI utilization. While trying to understand cost trends for pediatric imaging, there is a lack of studies examining cost variations, especially in a Medicaid population. Our study is one of the first to examine payment trends in advanced imaging in pediatrics, especially at an ACO focusing on the Medicaid population. Payments in our pediatric Medicaid population did not keep up with the overall rate of medical inflation. The cost savings to the payor might come with tradeoffs to patients; for example, previous studies have shown that lower Medicaid payments might be associated with reduced access to care [20].

While no other studies looked at imaging costs in a pediatric ACO setting, some studies have looked at imaging utilization in children over time. Tompane et al. [21] looked at diagnostic imaging procedures from 2001 to 2009. In their study of 63,000 patients at a single tertiary-care hospital, the utilization rate for CT and US was similar to our reported results, while our MRI rate was lower (1.7 vs. 1.2). Their study

Table 4 Top 10 encountered advanced imaging procedures^a

		Procedure (CPT) names and encounters	2011	2017	Average yearly encounter	Pearson r	Yearly change (%)	<i>P</i> -value for average yearly change ^b
Yearly enrolln	nent		331,936	404,076				
Outpatient +	Ov	erall encounters	23,541	28,850	26,654	0.71	0.71	0.74
ED	1	CT HEAD/BRAIN W/O CONTRAST MATERIAL	5,411	5,003	5,050	-0.95	-3.50	0.001
	2	US ABDOMINAL REAL TIME W/IMAGE LIMITED	2,011	3,563	2,787	0.98	8.19	0.0001
	3	CT ABDOMEN & PELVIS W/CONTRAST MATERIAL	2,193	2,637	2,406	0.51	0.26	0.24
	4	US RETROPERITONEAL REAL TIME W/IMAGE COMPLETE	1,862	2,410	2,113	0.83	1.85	0.021
	5	US PELVIC NONOBSTETRIC REAL-TIME IMAGE COMPLETE	1,446	1,595	1,529	-0.32	-1.19	0.48
	6	MRI BRAIN BRAINSTEM W/O CONTRAST MATERIAL	1,413	1,438	1,429	-0.94	-2.03	0.0016
	7	DUP-SCAN ARTL FLO ABDL/PEL/SCROT&/RPR ORGN LMT	825	1,382	1,161	0.87	6.94	0.011
	8	CT ABDOMEN & PELVIS W/O CONTRAST MATERIAL	1,367	1,319	1,380	-0.75	-2.92	0.052
	9	CT CERVICAL SPINE W/O CONTRAST MATERIAL	918	1,241	1,079	0.44	2.47	0.32
	10	US ABDOMINAL REAL TIME W/IMAGE	756	1,239	1,065	0.92	6.82	0.003
ED	Ou	DOCUMENTATION	0 025	11 5 1 1	10 241	0.01	1.92	0.004
ED	1	CT HEAD/BDAIN W/O CONTRAST MATERIAL	0,0 <i>3 3</i> 051	3 038	3 011	-0.08	-2.61	0.004
	2	CT A BDOMEN & DELVIS W/CONTRAST MATERIAL	1 470	2.048	1 773	0.98	2.01	0.0001
	3	US ABDOMINAL REAL TIME W/IMAGE LIMITED	807	1 971	1,775	0.90	18.84	0.0000
	4	CT ABDOMEN & PELVIS W/O CONTRAST MATERIAL	982	1,060	1,057	-0.24	-1.72	0.6
	5	CT CERVICAL SPINE W/O CONTRAST MATERIAL	794	1.054	924	0.34	2.17	0.46
Outpatient	Overall encounters			17.339	16.313	0.19	0.04	0.68
oupuion	1	US RETROPERITONEAL REAL TIME W/IMAGE COMPLETE	1,772	2,181	1,943	0.65	0.64	0.11
	2	US ABDOMINAL REAL TIME W/IMAGE LIMITED	1.204	1.592	1.381	0.82	1.90	0.024
	3	MRI BRAIN BRAINSTEM W/O CONTRAST MATERIAL	1,369	1,347	1,369	-0.95	-2.92	0.001
	4	MRI ANY JT LOWER EXTREM W/O CONTRAST MATERIAL	1,048	1,194	1,173	-0.63	-0.54	0.13
	5	US ABDOMINAL REAL TIME W/IMAGE DOCUMENTATION	684	1,085	958	0.87	5.83	0.011

ABDL abdominal, ARTL arterial, DUP duplex, EXTREM extremity, FLO flow, JT joint, LMT limited, ORGN organ, PEL pelvis, RPR reproductive, SCROT scrotum, W with, W/O without

^a The top 10 advanced imaging procedures Current Procedural Terminology (CPT) codes based on total volume of encounters over 7 years (2011–2017) are shown for combined emergency department (ED) and outpatient settings. Also, the top 5 encounters for only ED and only outpatient settings are listed. Yearly change to are listed (%), normalized to the total enrollment in a given year. Pearson correlation (r) and associated *P*-values are also listed looking at yearly changes

^b P<0.05 denotes significant Pearson correlation (bold)

included inpatient imaging, as well, which was not included in our study. Their utilization rate was normalized to all patients who visited their hospital but did not include the communitybased enrollment data that were used in our study. The study by Tompane et al. reported on a smaller number of advanced diagnostic imaging studies than our study (41,444 vs. 186,552). Our study looked at advanced imaging utilization in an ACO, which captured all imaging use in a defined population and not just procedures at one medical center. Our study also examined use of advanced imaging by age groups, showing increases for patients <1 year and \geq 13 years of age when compared to those 1–4 years and 5–12 years of age. This increase was consistent across all imaging modalities. Another study, by Smith-Bindman et al. [14], looked at advanced imaging utilization in the United States in both adults and children in the inpatient, outpatient and ED settings at seven major health maintenance organizations and preferred provider organizations. The utilization rate of CT in children and young adults was higher in our study (2.7 vs. 2.2), while our MRI and US rates were lower (MRI: 1.2 vs. 2.1; US: 3.1 vs. 5.9). Smith-Bindman et al. [14] also demonstrated no significant increase in CT and MRI utilization between 2012 and 2016, and a 2.4% annual increase in US procedures, trends that were similar to our findings. The longer 8-year duration of the Smith-Bindman study might be a better representative of modality-specific growth rates, which were not uniform over the period, likely because of variable adoption of new and evolving practice patterns by the broad spectrum of institutions that participated in our ACO.

Our study has several limitations. It is limited to imaging utilization at a single ACO, albeit a large one. The study focused on an exclusively Medicaid population, which might not represent the utilization patterns in a commercially insured population. Next, our study did not analyze inpatient imaging utilization and payment because of a lack of access to reliable inpatient data from the ACO. Payments were defined as actual claims paid by the ACO. This reflects costs to the payor but not to the entire health care system. The claims data also did not allow for examination of other factors such as chargemaster or CMS (Centers for Medicare and Medicaid Services) changes that might affect payments. Finally, we did not assess appropriateness of imaging or imaging quality, which are important considerations when determining the value of imaging.

Conclusion

By analyzing imaging utilization trends sorted by modality, patient care setting, and payments, this study provides important information for planning future resource allocation and examining the impact of imaging on health care costs over several years.

Declarations

Conflicts of interest None

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