ORIGINAL ARTICLE

Concurrent Use of Calcium Chloride and Arginine Vasopressin Infusions in Pediatric Patients with Acute Cardiocirculatory Failure

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Abstract

Acute heart failure (AHF) can cause low cardiac output and poor end-organ perfusion. Inotropic agents along with vasodilators can improve organ perfusion. Arginine vasopressin (AVP) and calcium chloride (CaCl) infusions are increasingly being used in low cardiac output states in pediatric AHF. We retrospectively reviewed 77 patients (0–18 years) with AHF admitted between January 2014 and May 2017 who received concurrent AVP and CaCl infusions. Surrogates of cardiac output and organ perfusion included hemodynamic vital signs, laboratory parameters, and urine output (UO). Organ dysfunction and vasopressor inotropic scores were also calculated. Median (IQR) age was 0.88 years (0, 3.75), and median weight was 6.62 kg (3.5, 13.7). Congenital heart disease was present in 70% (46/77) patients. Univentricular physiology was present in 25% (25/77) patients. None of the patients were in the immediate postoperative period. Median durations of AVP and CaCl were 2 days (1, 3) and 3 days (2, 6), respectively. Using Wilcoxon-signed rank test and Bonferroni correction, post hoc comparison showed that at 8 h post infusion, all systolic blood pressure (SBP) and diastolic blood pressure (DBP) results, and UO were greater than those 1 h prior to infusion. Median SBP increased from 79 mm Hg (71, 92) 1 h prior to 97 mm Hg (84, 107) 8 h post. Median DBP increased from 44 mm Hg (35, 52) 1 h prior to 54 mm Hg (44, 62) 8 h post. Heart rate showed a decrease between measurements 1 h prior to infusion and 8 h post, with median scores 146 (127, 162) and 136 (114, 150) beats per minute, respectively. Within first 8 h, median UO continuously increased from 6 mL/h. (0, 25) at 1 h post infusion to 20 mL/h. (2, 62) at 8 h post infusion. Median pediatric logarithmic organ dysfunction scores on days 4 through 7 post infusion were lower compared to day 1; median vasopressor inotropic scores on day 2 through 7 post infusion were lower compared to day 1. Serum lactate level, arterial pH, and base excess all showed favorable trend. Concurrent use of AVP and CaCl infusions may improve surrogates of cardiac output, and intensive care outcomes, and prevent organ dysfunction in children with AHF.

Keywords Calcium · Vasopressin · Acute cardiocirculatory failure · Acute decompensated heart failure · Congenital heart disease · Pediatric heart failure

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Abbreviations

Introduction

Acute cardiocirculatory failure is a commonly encountered pathophysiologic state in the intensive care unit (ICU). It can be characterized by a constellation of signs and symptoms including hypotension, tachycardia, hypoxemia, vasomotor disturbances, and abnormalities of acid–base equilibrium. This can result in a compromise of end-organ perfusion leading to inadequate oxygen delivery, acidosis, and shock and is associated with signifcant morbidity and mortality $[1-3]$ $[1-3]$. The traditional first-tier approach includes the use of catecholaminergic inotropes like epinephrine, dopamine, dobutamine, and/or norepinephrine along with fuid resuscitation, stabilization of respiratory status, and other measures. These inotropic agents increase contractility and improve blood pressure but are also associated with signifcant side efects like tachycardia, tachyarrhythmia, increase in systemic vascular resistance (SVR), increase in myocardial, and total oxygen consumption [[4\]](#page-9-2). They are less efective in hypoxic and acidotic milieu and are also associated with long-term mortality [[5,](#page-9-3) [6](#page-9-4)].

Recently, calcium chloride (CaCl) and arginine vasopressin (AVP) infusions are increasingly being used in cardiocirculatory failure [[7](#page-9-5), [8](#page-9-6)]. Use of AVP–CaCl combination in children with acute cardiocirculatory failure has not been reported in the literature. The purpose of this study is to report the observed efects of AVP–CaCl on hemodynamic variables, surrogates of end-organ perfusion, and their side-efect profle from our practice in pediatric patients with cardiocirculatory failure.

We hypothesize that concurrent infusions of CaCl and AVP in pediatric patients with cardiocirculatory failure improve surrogates of cardiac output and end-organ dysfunction.

Material and Methods

Patients

This single center retrospective study was conducted at Le Bonheur Children's Hospital, a free standing, tertiarycare children's hospital that is afliated with the University of Tennessee Health Science Center (UTHSC) in Memphis, Tennessee. The Institutional review board at UTHSC approved the study. Children between the ages of 0 to 18 years, who were admitted in Cardiovascular ICU(CVICU) and Pediatric ICU(PICU) at Le Bonheur Children's Hospital between January 2014 and May 2017 with cardiocirculatory failure and received concurrent infusions of CaCl and AVP were included. Patients who underwent ECMO were excluded. The diagnosis of cardiocirculatory failure was made by the primary ICU team on the basis of clinical examination (poor perfusion/vasomotor abnormalities), hemodynamic parameters (tachycardia, hypotension), shock states (abnormalities of gas exchange and acid–base equilibrium, decrease in urine output, lactic acidosis, etc.), and/or echocardiographic evidence of cardiac dysfunction.

Among the 110 patients who received CaCl and AVP, 77 patients were eligible to be included in this study. Subgroup analysis was performed for those with and without a cardiac diagnosis. Electronic medical records were reviewed to extract demographics, primary admitting diagnosis, hemodynamic and laboratory data, and echocardiographic reports. Day zero (D0) and time zero (T0) were defned as the day and time of initiation of concurrent infusions of CaCl and AVP, respectively. Data collection was started at T0−1 h. Hemodynamic vital signs included heart rate (HR), systolic blood pressure (SBP), diastolic blood pressure (DBP), mean arterial blood pressure (MAP), arterial saturations measured by pulse oximetry (SaO2), and cerebral and renal regional oxygen saturations by near-infrared spectrophotometry (NIRS), and these were collected hourly from T0−1 h until $T0+8$ h. Urine output (UO) was measured from T0 until $T0+8$ h, whereas lactic acid level and acid–base analysis were measured daily from D0 to D7. Requirement of inotropic support was assessed by recording all the vasoactive and inotropic medications with their dosages from D0 until D7. A vasoactive-inotropic score (VIS) was then calculated according to a formula described by Wernovsky and Gaies [[9,](#page-9-7) [10](#page-9-8)]. To assess end-organ dysfunction, a pediatric logarithmic organ dysfunction (PELOD) score, as described by Leteurte et al., was calculated daily from D0 to D7 [\[11](#page-9-9)[–13](#page-9-10)]. Biochemical markers like serum electrolytes, platelet count, serum creatinine, and ionized calcium (iCal) level were recorded to assess side-efect profle of CaCl and AVP.

Statistics

Continuous variables are reported as medians and interquartile ranges (IQRs), while categorical variables are summarized as frequency counts and percentages. Data were tested across time points (hours and days) to see if the data were normally distributed. The assumption of normality was not met, so a nonparametric test was used. Due to the repeated measures, a Friedman's Test was used to account for the within-patient comparisons, controlling for each patient and comparing across the time points. In the Friedman's Test, there are no diferences in the time points within each subject. Variables of interest were frst compared based on an hourly timeframe: the initial time point being 1 h prior to T0, start time of simultaneous infusion of calcium chloride and arginine vasopressin, and other time points being 1, 2, 4, 6, and 8 h post T0. This was conducted to look for short-term changes due to the continuous simultaneous infusions. A 30-min window on either side of the hour mark was used to capture data within the time frames. For the effect over days, the variables of interest were compared across 8 days, with the day of T0 being used as the beginning point of D0, and days 1 through 7 following. The highest value recorded for each day for the patient was used. A post hoc comparison was conducted for those deemed statistically significant $(\alpha < 0.05)$ using the Wilcoxon Signed Rank Test and a Bonferroni Correction. Analyses were conducted using SAS 9.4 (SAS Institute, Cary, NC).

Results

Patient Demographics

Seventy-seven patients with acute cardiocirculatory failure received concurrent CaCl and AVP infusions during the study period. Out of the 77 patients, 52 patients (67%) had a cardiac diagnosis. Among the patients with a cardiac diagnosis, 46 (88%) patients had underlying congenital heart disease (CHD), and 6 (12%) patients had cardiomyopathy. In the overall cohort, 25 (32%) patients had uni-ventricular physiology. Patient demographics are summarized in Table [1.](#page-2-0) The median durations of calcium chloride and AVP infusions were 3 days (IQR 2–5) and 2 days (IQR 1–3), respectively. The median starting and median maximum doses of calcium chloride infusion were 10 mg per kg per hour (IQR 5–10) and 10 mg per kg per hour (IQR 10–10), respectively. The median starting and median maximum doses of AVP were 0.3 milliunits per kilogram per minute (IQR 0.3–0.5) and 0.5 milliunits per kg per min (IQR 0.3–0.7), respectively.

Efects of CaCl and AVP Infusions on Hemodynamic Variables (Tables [2,](#page-3-0) [4](#page-4-0); Figs. [1](#page-3-1), [3\)](#page-6-0)

In the overall cohort, the median heart rate improved from 145 beats per minute (bpm) (IQR 127–167) at T0−1 h (baseline) to 136 bpm (IQR114–150, $p < 0.044$) at T0 + 8 h. This trend continued over several days with a median heart rate of 165 bpm (IQR 152–184) on D1 compared to a median heart rate of 152 bpm (IQR 127-168, $p < 0.001$) on D7. Median systolic blood pressure increased from 81 mmHg (IQR 71–93) at baseline to 98 mmHg (IQR 84–107, $p < 0.001$) at T0 + 8 h. Similarly, the median diastolic blood pressure increased from 44 mm Hg (IQR 35–55) at baseline to 56 mmHg (IQR 46–63, $p < 0.001$) at T0 + 8 h.

Similar results were obtained in the cardiac subgroup analysis. The median heart rate improved from 145 bpm (IQR 131–162) at baseline to 133 bpm (IQR 115–150, $p < 0.079$) at T0 + 8 h. This trend continued over the next several days with a median HR of 162 bpm (IQR 146–180) on D1 compared to 150 bpm (IQR 125–166, *p*<0.001) on D7. Median systolic blood pressure increased from 81 mm Hg (IQR 72–88) at baseline to 99 mm Hg (IQR 86–106, $p < 0.001$) at T0 + 8 h. Similarly, median diastolic blood pressure increased from 44 mmHg (IQR 35–54) at baseline to 57 mmHg (IQR 49–63, $p < 0.001$) at T0 + 8 h.

Table 1 Demographics (*N*=77)

Efects of CaCl and AVP Infusions on Surrogates of Organ Perfusion (Tables [2,](#page-3-0) [3](#page-4-1), [4;](#page-4-0) Figs. [1](#page-3-1), [2,](#page-5-0) [3](#page-6-0), [4\)](#page-7-0)

In the overall group, the median urine output increased from 0.8 mL per kilogram per hour (IQR 0–3.7) at baseline to 3.45 mL per kilogram per hour (IQR 0.3–8.5, *p*<0.0001).

*No analyses performed due to large amount of missing observations

**Post-Hoc analyses were conducted to compare each time point to determine where change occurred

Fig. 1 Efects of CaCl infusion and AVP infusion in HR, SBP, DBP, and urine output over hours

Similarly, in the cardiac subgroup, the median urine output increased from 1 mL per kilogram per hour (IQR 0–3.5) baseline to 2.75 mL per kilogram per hour (IQR 0.3–7.2, *p*<0.0001) at T0+8 h. Median pediatric logistic organ dysfunction (PELOD) score decreased from 11 (IQR 11–20) on D1 to 10 (IQR 10–10, $p < 0.001$) on D7 in the overall group

*No analyses performed due to large amount of missing observations *No analyses performed due to large amount of missing observations

**Post-Hoc analyses were conducted to compare each time point to determine where change occurred **Post-Hoc analyses were conducted to compare each time point to determine where change occurred

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Fig. 2 Efects of CaCl and AVP infusions on Lactate, PELOD, VIS, sodium, creatinine, and platelets over days

of patients. In the cardiac subgroup, median PELOD score decreased from 11 (IQR 11–16) on D0 to 10 (IQR 10–10, *p*<0.0001) on D7.

Median lactic acid level decreased from 4.5 mmol/L (IQR 3.1–9) on D0 to 1.2 mmol/L (IQR 0.8–1.9) on D7, although it did not reach statistical signifcance. In the cardiac subgroup, the median lactic acid level decreased from 4 mmol/

Fig. 3 Efects of CaCl infusion and AVP infusion in HR, SBP, DBP, and urine output over hours

Liter (IQR 2.5–7.6) on D0 to 1.2 mmol/L (IQR 0.8–1.9) on D7.

Efects of CaCl and AVP on Need for Inotropic Support (Tables [2,](#page-3-0) [4](#page-4-0); Figs. [2](#page-5-0), [4\)](#page-7-0)

In the overall group of patients, median VIS score decreased from 10 (IQR 5–17.5) on D0 to 0 (IQR 0–5, $p < 0.0001$) on D7. In the cardiac subgroup, median vasoactive inotropic score (VIS) decreased from 8 (IQR 5–11.5) on D0 to 0 (IQR 0–5, *p*<0.0001) on D7.

Side‑Efect Profles of CaCl and AVP (Tables [2](#page-3-0), [4,](#page-4-0) [5](#page-8-0); Figs. [2,](#page-5-0) [4](#page-7-0))

We looked at the most common side effects associated with the use of CaCl and AVP. Overall, median sodium levels decreased from 143 mEq/L (IQR 140–148) on D0 to 139 mEq/L (IQR 135–142), *p*<0.001 on D7. Median serum creatinine level decreased from 0.5 mg/dL (IQR 0.4–0.9) on D0 to 0.3 mg/dL (IQR 0.2–0.5, *p*<0.0001). Median platelet count showed an initial decrease in the frst 48 h followed by a sustained increase through D3–D7 with a count of 1,50,000/µL (IQR 94–189) on D0 to a count of 1,62,000/µL (IQR 83–269) on D7. The median, minimum, and maximum iCal levels were 1.46 mmol/L, IQR (1.23–1.72), 0.9 mmol/L, and 2.47 mmol/L, respectively.

Discussion

In this study, we observed that in children presenting with acute cardiocirculatory failure, use of concurrent infusions of CaCl and AVP improves certain surrogate markers of cardiac output and end-organ perfusion as demonstrated by improvement in hemodynamics, urine output, and lactic acid level. We also observed that this combination was able to provide enough cardiocirculatory support to improve overall organ dysfunction and decrease the need for catecholaminergic inotropic agents. This novel strategy provided an optimal hemodynamic response without any major adverse efects. Although this was a heterogeneous group of

Fig. 4 Efects of CaCl and AVP infusions on lactate, PELOD, VIS, sodium, creatinine, and platelets over days

patients, all patients had one common characteristic—acute need for pharmacologic vasopressor and/or inotropic sup port. Per traditional management, most patients received a combination of several catecholaminergic inotropic agents. They were then initiated on this novel combination of CaCl and AVP with a goal of providing positive circulatory sup port as well as improvement of vasomotor tone. Within the frst 8 h, there was a clinical improvement in hemody namic parameters with a notable reduction in heart rate. A sustained decrease in heart rate from day 1 to day 7 is an indirect evidence of absent chronotropic properties of CaCl and AVP. Improvement in cardiac output results in increase in systemic blood flow and better end-organ perfusion. The signifcant increase in urine output in the frst 8 h, a decrease in lactic acid level from day 1 to 7 and a decrease in PELOD scores suggest that organ dysfunction continued to improve. The combination of CaCl and AVP also allowed rapid weaning of catecholaminergic inotropes as refected by a decrease in VIS.

Previous studies have shown CaCl and AVP to be useful in a low cardiac output state, immediately following pallia tive and corrective cardiac surgeries and also in vasodila tory shock [[7,](#page-9-5) [8,](#page-9-6) [14\]](#page-9-11). Our study showed that CaCl–AVP combination can be used when these pathophysiologies coexist and can also avoid potential adverse effects of catecholaminergic inotropes. CaCl and AVP are efective "inotropes" with minimal chronotropic efects [[7,](#page-9-5) [14](#page-9-11)]. The resultant decrease in heart rate while maintaining cardiac output is helpful for two reasons—it decreases myocardial oxygen consumption and improves ventricular flling in patients with diastolic dysfunction [\[15\]](#page-9-12). Thus, tachycardia, tachyarrhythmia, myocardial work, and excessive increase in systemic vascular resistance can be avoided. Second, catecholaminergic drugs may not be efective in a hypoxic and acidotic milieu [\[16,](#page-10-0) [17](#page-10-1)]. Patients with chronic heart failure have downregulation and blockade of adrenergic and angiotensin receptors due to being on beta and angiotensin receptor blockers [\[18,](#page-10-2) [19\]](#page-10-3). CaCl–AVP combination can be efective in such situations owing to a diferent mechanism of action.

Calcium homeostasis is crucial for efective myocardial performance [[20](#page-10-4)]. Neonates and infants have immature myocytes with structurally and functionally underdeveloped sarcoplasmic reticulum [\[21\]](#page-10-5). The relative contribution of calcium infux across the sarcolemma is thought to play a major role in contraction [\[22](#page-10-6), [23](#page-10-7)]. CaCl infusions have previously been shown to improve markers of cardiac output in [a h](#page-9-5)eterogeneous group of pediatric patients in a cardiac ICU [\[7](#page-9-5)]. Thus, our practice of using CaCl in all age-groups is not an entirely unknown concept.

AVP exerts its hemodynamic efects by acting on V1 receptors located on vascular smooth muscle [[24](#page-10-8)]. Animal studies have identifed V1 receptors coupled to increase in myocyte $[Ca^{+2}]$, and this could, at the cellular level, provide a direct role for AVP in the regulation of contractility in neonatal cardiomyocytes [[25](#page-10-9)]. AVP may increase cardiac index by slightly increasing afterload but at the same time, increases coronary perfusion and causes coronary vasodilation [[26–](#page-10-10)[28](#page-10-11)]. In the renal vasculature, AVP dilates aferent arterioles and constricts eferent arterioles resulting in increase in glomerular fltration, in addition to improving systemic cardiac output [[29](#page-10-12), [30\]](#page-10-13). AVP also decreases the PVR/SVR ratio [\[31–](#page-10-14)[33](#page-10-15)] and increases cerebral blood flow $[34, 35]$ $[34, 35]$ $[34, 35]$ $[34, 35]$ $[34, 35]$.

Multiorgan dysfunction is associated with increase in morbidity and mortality [\[36](#page-10-18)]. We observed from this study that overall end-organ function improved as shown by the decrease in PELOD score. Moreover, in some patients with CHD or cardiomyopathy with refractory heart failure, one of the main goal is to preserve end-organ function so that they can be successfully bridged to long-term mechanical circulatory support and/or be listed for heart transplantation if recovery does not occur. Early introduction of concurrent infusion of calcium and AVP may be helpful in preventing further organ dysfunction.

Use of AVP and CaCl can sometimes be associated with certain metabolic and hematological abnormalities [[37,](#page-10-19) [38](#page-10-20)]. As shown in previous studies, there was an expected but transient drop in serum sodium levels. Similarly, thrombocytopenia was observed in some patients but it was temporary and reversible. Serum creatinine level remained stable during the study period. Even though hyponatremia and thrombocytopenia were not associated with seizure activity or bleeding diathesis in our study, close monitoring of these laboratory parameters is warranted.

Our study has inherent limitations of a retrospective design. The patient population is heterogeneous and sample size is small. We only studied the short-term efects and few side efects. The patient population was very complex with some confounders. Due to signifcant amount of missing data all the variables could not be analyzed. Future prospective studies are needed to confrm and validate our fndings.

Conclusion

The concurrent infusion of CaCl and AVP in pediatric patients with acute cardiocirculatory failure may improve hemodynamics, improve organ perfusion, decrease catecholamine requirements, and improve overall organ dysfunction without any major adverse events.

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Compliance with Ethical Standards

Conflict of interest The authors do not have any conficts of interest to disclose.

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