

Elevated Plasma Connective Tissue Growth Factor Levels in Children with Pulmonary Arterial Hypertension Associated with Congenital Heart Disease

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Abstract We aimed to investigate plasma connective tissue growth factor (CTGF) levels in pulmonary arterial hypertension (PAH) associated with congenital heart disease (CHD) (PAH–CHD) in children and the relationships of CTGF with hemodynamic parameters. Plasma CTGF levels were calculated in 30 children with CHD, 30 children with PAH–CHD and 25 health volunteers, using the subtraction method. Cardiac catheterization was performed to measure clinical hemodynamic parameters. Plasma CTGF levels were significantly higher in PAH–CHD than in those with CHD and health volunteers ($p < 0.01$). In cyanotic PAH–CHD, plasma CTGF levels were significantly elevated compared with acyanotic PAH–CHD in the same group ($p < 0.05$). Plasma CTGF levels showed positive correlation with B-type natriuretic peptide (BNP) in PAH–CHD ($r = 0.475$, $p < 0.01$), while oxygen saturation was inversely related to plasma CTGF levels ($r = -0.436$, $p < 0.05$). There was no correlation between CTGF and hemodynamic parameters. Even though the addition of CTGF to BNP did not significantly increase area under curve for diagnosis of PAH–CHD compared with BNP alone ($p > 0.05$), it revealed a moderately better specificity, positive predictive value and positive likelihood ratio than BNP alone. Plasma CTGF levels could be a promising diagnostic biomarker for PAH–CHD in children.

Keywords Connective tissue growth factor · Pulmonary arterial hypertension · Congenital heart disease · Biomarker · Children

Introduction

Pulmonary arterial hypertension (PAH) is a severe progressive disease with high mortality and morbidity, ultimately leading to elevated pulmonary vascular resistance, right heart failure and death [34]. The increased pulmonary blood flow in congenital heart disease (CHD) with left-to-right shunts induces endothelial cell injury and apoptosis and increases pulmonary arterial pressure, eventually triggering the neointimal development and pulmonary vascular remodeling. Therefore, PAH increasingly arises in pediatric patients with CHD [11, 35]. Though specific PAH-target drugs have improved the quality of life and survival by preventing pulmonary vascular remodeling [28, 31], PAH carried a poor prognosis in children with CHD [30, 32]. Over the past years, some blood biomarkers in PAH such as B-type natriuretic peptide (BNP), N-terminal pro-B-type natriuretic peptide (NT-proBNP), endothelin-1, growth differentiation factor-15 and miRNAs have been used to access diagnosis and prognosis [4, 12], but none of them was validated to be a ideal biomarker.

Connective tissue growth factor (CTGF), also known as CCN2, is a 38-kDa, cysteine-rich secreted peptide and belongs to the member of the CCN (acronym of Cyr61/CEP-10, CTGF/Fisp-12 and Nov) family of growth factors that was originally isolated from umbilical vein endothelial cells [6]. CTGF is involved in normal physical condition, but also participates in pathological processes such as angiogenesis and wound healing, as well as extracellular matrix production, adhesion, proliferation and apoptosis

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[14]. CTGF functions as a downstream mediator of transforming growth factor- β (TGF- β) signaling which is implicated in the pro-fibrotic actions of TGF- β [8]. More importantly, there are several observations, demonstrating that CTGF is intimately correlated with pulmonary vascular remodeling. Firstly, Lee et al. [24] and Zhu et al. [38] found that abundant CTGF mRNA was expressed in monocrotaline-induced rats with pulmonary hypertension and rats with increased pulmonary blood flow-induced PAH. Secondly, Liu et al. [26] also found that simvastatin could prevent pulmonary vascular remodeling via down-regulation of CTGF mRNA expression in monocrotaline + pneumonectomy-induced rat pulmonary hypertension model. Finally, both Wang et al. and Li et al. found CTGF contributed to the proliferation of pulmonary artery smooth muscle cells [25, 37]; on the contrary, knockdown of CTGF by shRNA led to substantial attenuation of pulmonary vascular remodeling in cigarette smoke-exposed rats [36]. Collectively, these results suggest that CTGF should play an important role in the development of pulmonary vascular remodeling.

Interestingly, its overexpression was mainly associated with diverse fibrosis diseases such as liver fibrosis [33], myocardial fibrosis [21] and diabetic retinopathy [17], and indeed, plasma CTGF levels are shown to be useful in diagnosing or predicting heart failure [3], idiopathic pulmonary fibrosis [20] and airway obstruction in adult patients with asthma [16] and also correlate with the severity of fibrotic diseases [9]. We therefore hypothesize that secreted CTGF levels could be a clinical biomarker in children with PAH associated with CHD (PAH-CHD). However, no reports are available on the associations between plasma CTGF levels and hemodynamic parameters in children with PAH-CHD. Based on these understandings, the aim of the present study was to investigate plasma CTGF levels in children with PAH-CHD and their relationships with hemodynamic parameters.

Materials and Methods

Study Population

Sixty children evaluated at Affiliated Hospital of Sichuan medical university, with left-to-right shunt CHD, were included in the study from September 2012 to December 2014. All the cardiac diagnosis based on clinical and laboratory examinations. According to the diagnostic criteria of PAH [2], there were 30 children with PAH-CHD among them. Healthy control group (HCG) consisted of 25 healthy children. Detailed history and physical examination including age, gender, weight, height, body surface area

(BSA), body mass index (BMI), electrocardiography and heart catheterization findings were recorded. The individuals included in the study were screened for disorders such as skin, pancreas, liver or kidney diseases, systemic hypertension. The local ethics committee approved the study protocol. Informed consents were obtained from the parents of the subjects.

Cardiac Catheterization

Routine cardiac catheterization and hemodynamic studies were performed with general anesthesia and systemic heparinization. Details of the procedure were described previously [10]. Pressure measurements were recorded using fluid-filled catheters connected to pressure transducers, including pulmonary artery systolic pressure (PASP), pulmonary artery diastolic pressure (PADP), mean pulmonary artery pressure (mPAP), right ventricular systolic pressure (RVSP) and right ventricular diastolic pressure (RVDP). Oxygen consumption was estimated based on age, sex and heart rate, according to the method of LaFarge and Miettinen [22]. Pulmonary (Qp) blood flow and systemic (Qs) blood flow were calculated using the Fick equation and indexed for body surface area. The ratio of Qp/Qs blood flow, the pulmonary (Rp) and systemic (Rs) vascular resistance and the Rp/Rs ratio were calculated according to the standard formulas [1].

Assay for Plasma CTGF and BNP Level

After overnight fasting, blood samples for CTGF and BNP measurements were collected at 08–09 am, immediately transferred to chilled polypropylene tubes containing EDTA-2Na and centrifuged at 4 °C and 2080 g for 15 min. The plasma samples were stored at –80 °C and then thawed by incubating at 25 °C for 5 min in a water preceding the CTGF assay. BNP was measured using the chemiluminescent microparticle immunoassay on the ARCHITECT 2000i System (Abbott; Abbott Park, IL, USA).

Anti-CTGF antibodies were prepared, and each sandwich enzyme-linked immunosorbent assay (ELISA) was executed as described previously [27]. The full-length CTGF levels were detected by a sandwich ELISA using two monoclonal antibodies against modules 1 and 4. Total CTGF levels were determined by a sandwich ELISA using two monoclonal antibodies against modules 1 and 2. N-terminal CTGF levels were calculated using a subtraction method, as follows: (N-terminal CTGF Level) = (Total CTGF Level) – (Full-Length CTGF Level). All analyses were performed in duplicate, and the mean value is reported for each.

Table 1 Baseline clinical and laboratory characteristics of subjects

Variable	HCG (<i>n</i> = 25)	CHD group (<i>n</i> = 30)	PAH–CHD group (<i>n</i> = 30)	<i>p</i> value (HCG vs. CHD)	<i>p</i> value (HCG vs. PAH–CHD)	<i>p</i> value (CHD vs. PAH–CHD)
Age (months)	54.3 ± 27.6	53 ± 34.6	53.7 ± 38.8	0.89	0.86	0.95
Gender (F/M)	15 (10)	19 (11)	16 (14)	0.8	0.62	0.432
H (cm)	99.3 ± 24.5	91.7 ± 22.1	88.9 ± 21.8	0.047	0.021	0.76
Weight (Kg)	17.6 ± 8.2	15.6 ± 7.4	15.2 ± 7.8	0.017	0.009	0.22
BSA (m ²)	0.65 ± 0.1	0.63 ± 0.2	0.61 ± 0.2	0.49	0.37	0.63
BMI (kg/m ²)	16.7 ± 5.7	15.9 ± 3.4	15.2 ± 7.6	0.04	0.01	0.67
BNP (pg/ml)	52 ± 20.7	115 ± 68.4	280.9 ± 135.8	0.07	0.000	0.000
NYHA class						
II			13			
III/IV			8			

Values are represented as mean ± SD; *p* < 0.05 was regarded as statistically significant

Table 2 Comparison of cardiac catheterization parameters among the studied groups

Variables	CHD (<i>n</i> = 30)	PAH–CHD (<i>n</i> = 30)	<i>p</i> value
PASP (mmHg)	19.4 ± 4.5	62.4 ± 19.1	0.000
PADP (mmHg)	13.9 ± 3.7	39.7 ± 7.5	0.000
RVSP (mmHg)	26.9 ± 4.2	50 ± 13.7	0.000
RVDP (mmHg)	7.2 ± 4.2	13.4 ± 5.8	0.07
mPAP (mmHg)	15.6 ± 3.9	57.2 ± 10.3	0.000
Qp [L/(min m ²)]	6.2 ± 3.1	19.1 ± 2.1	0.000
Qs [L/(min m ²)]	4.7 ± 1.8	4.6 ± 1.6	0.09
Qp/Qs	1.4 ± 0.5	4.3 ± 1.7	0.08
Rp (U × m ²)	3.1 ± 0.6	9.3 ± 5.4	0.000
Rs (U × m ²)	17 ± 9.6	19.2 ± 7.5	0.15
Rp/Rs	0.17 ± 0.18	0.49 ± 0.35	0.001
Oxygen saturation (%)	96.6 ± 1.3	88.9 ± 12.7	0.13

Values are represented as mean ± SD; *p* < 0.05 was regarded as statistically significant

PASP pulmonary artery systolic pressure; PADP pulmonary artery diastolic pressure; RVSP right ventricular systolic pressure; RVDP right ventricular diastolic pressure; mPAP mean pulmonary artery pressure; Qp pulmonary artery flow; Qs systemic artery flow; Qp/Qs pulmonary-to-systemic flow ratio; Rp pulmonary arterial resistance; Rs systemic arterial resistance; Rp/Rs pulmonary-to-systemic resistance ratio

Statistical Analysis

Statistical Package for Social Sciences (SPSS) Program version 13.0 was used in the analysis of data. The values were used to describe mean ± standard deviation. Comparison between groups was made using the Mann–Whitney U test, Chi-square or rank sum test, as appropriate. Correlations between variables were explored with Spearman's correlation coefficient. Differences in CTGF levels in New York Heart Association (NYHA) classes were analyzed by nonparametric Jonckheere–Terpstra. Receiver operating curve (ROC) analyses were assessed for diagnosis of PAH–CHD with MedCalc statistical software version 11.5.0. The differences between area under curve

(AUC) were evaluated by Hanley and McNeil methods [13]. *p* < 0.05 was considered statistically significant.

Results

The study enrolled 60 individual, including 30 children with CHD (all with left-to-right shunting but no PAH), 30 children with PAH–CHD (13 children with ventricular septal defects, three children with patent ductus arteriosus, one child with atrial septal defect, five children with both ventricular septal defects and patent ductus arteriosus, two children with double-outlet right ventricle, three children atrioventricular septal defect, two children with endocar-

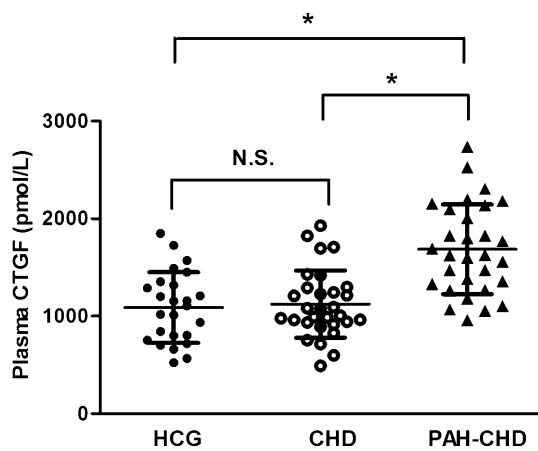


Fig. 1 Plasma CTGF levels in HCG, CHD and PAH-CHD. PAH-CHD had significantly higher levels of plasma CTGF than not only CHD ($p < 0.01$) but also HCG ($p < 0.01$). * $p < 0.01$. NS indicates not significant

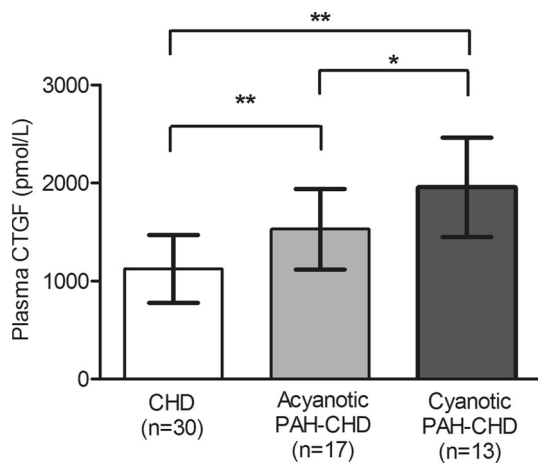


Fig. 2 Plasma CTGF levels in CHD, acyanotic PAH-CHD and cyanotic PAH-CHD. Cyanotic PAH-CHD had significantly higher levels of plasma CTGF than both acyanotic PAH-CHD ($p < 0.05$) and CHD ($p < 0.01$). Additionally, plasma CTGF levels in acyanotic PAH-CHD were more than CHD ($p < 0.01$). * $p < 0.05$, ** $p < 0.01$

dial cushion defects, one child with total anomalous pulmonary venous return) and 25 health control subjects. Of the patients with PAH, 17 were acyanotic and 13 were cyanotic. The health control group and patient groups did not differ significantly in terms of age, gender and BSA ($p > 0.05$). Height, weight and BMI were significantly lower in the both CHD group and PAH-CHD group compared with the HCG ($p < 0.05$), while no difference was found between CHD group and PAH-CHD group ($p > 0.05$) (Table 1). In addition, BNP levels were higher in PAH-CHD group than not only health control group but also CHD group (Table 1). Table 2 depicts that compared with CHD group, PAH-CHD group had higher PASP, PADP, RVSP, mPAP, Qp, Rp and Rp/Rs ($p < 0.01$).

Table 3 Correlations of CTGF with various parameters in PAH-CHD patients

Parameters	Correlation coefficient	p value
Age (months)	-0.314	0.126
H (cm)	-0.216	0.300
Weight (Kg)	-0.22	0.291
BSA (m^2)	-0.233	0.262
BMI (kg/m^2)	-0.189	0.365
PASP (mmHg)	0.386	0.057
PADP (mmHg)	0.056	0.790
RVSP (mmHg)	0.265	0.201
RVDP (mmHg)	-0.132	0.529
mPAP (mmHg)	0.370	0.069
Qp [$L/(min \cdot m^2)$]	0.385	0.094
Qs [$L/(min \cdot m^2)$]	0.152	0.467
Qp/Qs	-0.27	0.898
Rp (U/m^2)	0.035	0.868
Rs (U/m^2)	0.067	0.751
Rp/Rs	-0.165	0.432
Oxygen saturation (%)	-0.436	0.016
BNP	0.475	0.008

PASP pulmonary artery systolic pressure; PADP pulmonary artery diastolic pressure; RVSP right ventricular systolic pressure; RVDP right ventricular diastolic pressure; mPAP mean pulmonary artery pressure; Qp pulmonary artery flow; Qs systemic artery flow; Qp/Qs pulmonary-to-systemic flow ratio; Rp pulmonary arterial resistance; Rs systemic arterial resistance; Rp/Rs pulmonary-to-systemic resistance ratio

As shown in Fig. 1, plasma CTGF levels were significantly higher in PAH-CHD group (1685.8 ± 460.7 pmol/L) than in HCG (1089.1 ± 261.9 pmol/L) and CHD group (1123.7 ± 344.9 pmol/L) (all $p < 0.01$), while there was no significant difference between HCG and CHD group ($p > 0.05$). Figure 2 shows that cyanotic PAH-CHD (1956.5 ± 506.5 pmol/L) had significantly higher levels of plasma CTGF than not only acyanotic PAH-CHD (1528.7 ± 409.5 pmol/L) ($p < 0.05$) but also CHD ($p < 0.01$) and that plasma CTGF levels were also higher in acyanotic PAH-CHD than in CHD ($p < 0.01$).

The results of Spearman’s correlation coefficient of the variables in the PAH-CHD patients are given in Table 3. Plasma CTGF levels were not correlated with PASP, PADP, RVSP, RVDP, mPAP, Qp, Qs, Qp/Qs, Rp, Rs or Rp/Rs, respectively. A positive correlation was found between plasma CTGF levels and BNP ($r = 0.475$, $p < 0.01$), while plasma CTGF levels were negatively related to oxygen saturation ($r = -0.436$, $p < 0.05$). In addition, plasma CTGF levels were significantly correlated with NYHA classes ($p < 0.01$).

Through ROC analysis, even though the combination of CTGF with BNP did not significantly increase AUC for

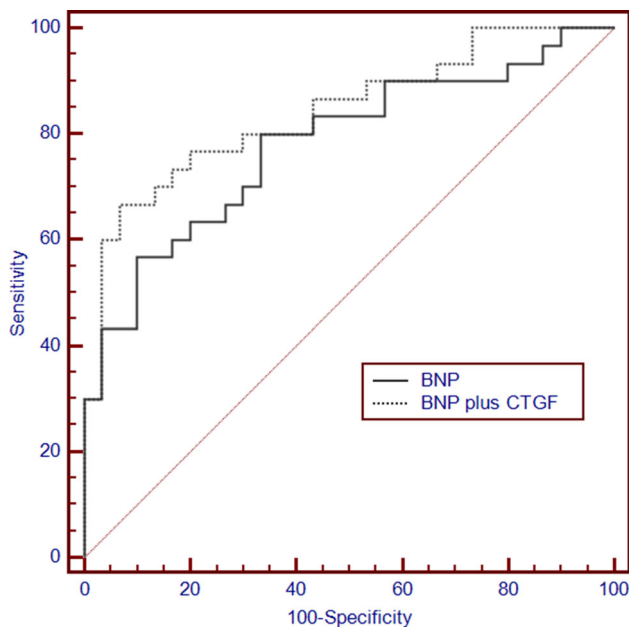


Fig. 3 Receiver operating characteristic curves (ROC) of the combination of CTGF with BNP compared with BNP alone to diagnose PAH-CHD in children

diagnosis of PAH-CHD compared with BNP alone (AUC difference 0.061, $p = 0.19$) (combination, AUC 0.841, BNP, AUC 0.78), it revealed a moderately better specificity, positive predictive value (PPV) and positive likelihood ratio than BNP alone (specificity: combined 93 % vs. BNP 76 %; PPV: combined 91 % vs. BNP 71 %; positive likelihood ratio: combined 10.0 vs. BNP 2.4) (Fig. 3 and Table 4).

Discussion

The available information confirms that a large amount of full-length CTGF which were known to be present in platelets were shown to be released into plasma by platelet activation during or after blood collection and may interfere with determination of plasma CTGF levels existing as N-terminal CTGF fragments [7], which is considered to reflect fibrosis in a variety of organs [9]. We therefore focused our investigation on a novel subtraction method for

accurately determining plasma N-terminal CTGF levels [27].

To our knowledge, we demonstrated for the first time that plasma CTGF levels were elevated in children with PAH-CHD. Cyanotic PAH-CHD had significantly higher levels of plasma CTGF than acyanotic PAH-CHD, but plasma CTGF levels also were higher in acyanotic PAH-CHD compared with CHD. Plasma CTGF levels were not correlated with PASP, PADP, RVSP, RVD, mPAP, Qp, Qs, Qp/Qs, Rp, Rs or Rp/Rs, respectively. BNP levels were positively correlated with plasma CTGF levels, while there was a negative relation between plasma CTGF levels and oxygen saturation. Plasma CTGF levels were associated with NYHA classes in PAH-CHD. Furthermore, even though the addition of CTGF to BNP did not significantly increase AUC for diagnosis of PAH-CHD compared with BNP alone, it revealed a moderately better specificity, PPV and positive likelihood ratio than BNP alone.

Accumulating data demonstrate that CTGF expression was regulated by several stimulating factors, for example mechanical stretch, pressure overload, TGF- β , oxidative and angiotensin II [5]. Thus, it is reasonable that plasma CTGF levels were markedly elevated due to abnormal hemodynamics in children with PAH-CHD. On the other hand, as an important induced factor for PAH, hypoxia increased secretion of CTGF [15]. Our results indicate that the mean mixed venous oxygen saturation of the children with PAH-CHD was approximately 88.9 %, suggesting that tissue hypoxia was slightly present; cyanotic PAH-CHD had significantly higher levels of plasma CTGF than acyanotic PAH-CHD, but also oxygen saturation was negatively correlated with plasma CTGF levels. We therefore speculate that higher plasma CTGF levels in cyanotic PAH-CHD children than in other group that we studied may be explained, at least in part by this mechanism.

Several studies have found that CTGF participated in the development of pulmonary vascular remodeling [24–26, 37, 38]. Conversely, plasmid-based shRNA against CTGF prevented pulmonary vascular remodeling in cigarette smoke-exposed rats [36]. These experimental observations suggest that CTGF expression promotes accumulation of extracellular matrix and proliferation of pulmonary arterial

Table 4 Values of BNP and the addition of CTGF to BNP in PAH-CHD designated on the basis of ROC curves

Test	AUC	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)	+LR	–LR	<i>p</i> value
BNP	0.78 (0.654–0.877)	80 (61–92)	67 (47–83)	71 (53–85)	77 (56–91)	2.4 (1.8–3.3)	0.3 (0.1–0.7)	<0.0001
CTGF plus BNP	0.841 (0.724–0.923)	67 (47–83)	93 (78–99)	91 (71–99)	74 (57–87)	10.0 (7.6–13.1)	0.36 (0.09–1.5)	<0.0001

PPV positive predictive value; NPV negative predictive value; +LR positive likelihood ratio; –LR negative likelihood ratio

smooth muscle cell and eventually leads to vascular remodeling. In previous studies, CTGF has been involved in many disease states characterized by fibrosis and also has been proposed as a biomarker of fibroproliferative disease [3, 19, 23]. Currently, hemodynamic parameters are key indicators for assessing progression and diagnosis of PAH, but alternative parameters to monitor disease severity and diagnosis which are noninvasive, reliable and relatively quick are urgently needed in children with PAH–CHD. It has been widely accepted that plasma BNP levels as a biomarker for PAH correlated with hemodynamic parameters in PAH [12], while in the present study, the significant relations of elevated plasma CTGF levels with hemodynamic parameters (i.e., PASP, PADP, RVSP, RVDP, mPAP, Qp, Qs, Qp/Qs, Rp, Rs or Rp/Rs) have not been observed, indicating that BNP and CTGF may capture different aspects of PAH–CHD pathophysiology. Immunohistochemical stains of lungs from rat PAH model showed that CTGF was markedly expressed in pulmonary arterial smooth muscle cells [26, 38]. Moreover, vascular remodeling closely associates with pulmonary arterial smooth muscle cells proliferation in PAH. Increased plasma levels of CTGF seem to mirror remodeling processes. Taken together, CTGF is unable to directly relate to and cannot be considered a indicator for the severity of PAH–CHD; thus, CTGF has no prognostic potential. Additionally, Kono et al. [20] demonstrated that plasma CTGF levels were higher in idiopathic pulmonary fibrosis patients and negatively correlated with 6-month change in force vital capacity. Elevated plasma CTGF levels in adult patients with asthma which negatively correlated with force vital capacity, forced expiratory volume in 1 s, were considered to be a clinical biomarker of asthma [16].

BNP is secreted mainly from ventricle in response to volume load and pressure load. Increased plasma BNP levels were correlated with NYHA classes in PAH [12]. We also confirmed an association of plasma CTGF levels with NYHA classes in our study population. Furthermore, although exogenous BNP inhibited the expression of CTGF [18], increased plasma CTGF levels correlated with BNP in our trial. These findings indicate that plasma CTGF levels may reflect, to some extent, cardiac pathologies, especially right heart dysfunction in PAH–CHD. Supporting this hypothesis, similar relations between plasma levels of CTGF and BNP have been observed in adult patients with heart failure [18, 19]. Owing to pathobiology of PAH induced by multifactor, a single biomarker will not be precise for the diagnosis, prognosis and aspects of the underlying disease process for PAH. Thus, a combination of several biomarkers could be the optimal proposal to improve the diagnosis and prognosis. Recently, Nickel et al. [29] demonstrated that the addition of growth differentiation factor-15 to NT-proBNP could improve

prognostic value in idiopathic PAH. Notably, as shown in this trial, the combination of CTGF with BNP did not significantly increase AUC for diagnosing PAH–CHD compared with BNP alone in this study, whereas its specificity, PPV and positive likelihood ratio reached 93, 91 and 10.0 %, respectively. These findings clearly indicate that CTGF could be a promising diagnostic biomarker for PAH–CHD in children.

There were several limitations in our study. Firstly, this is a single-center study and sample size needs to be enlarged. Secondly, a study with a longer follow-up period should be executed to evaluate the relation between plasma CTGF levels and clinical hemodynamic parameters. Thirdly, there will be a topic of future studies to investigate the plasma CTGF levels in various conditions of PAH. Fourthly, more work is required to validate the supposition that CTGF is a novel diagnostic biomarker.

Conclusions

To summarize, plasma CTGF levels were significantly elevated in children with PAH–CHD and were positively correlated with BNP and inversely with oxygen saturation. There was no correlation between CTGF and hemodynamic parameters. Plasma CTGF levels could be a promising diagnostic biomarker for PAH–CHD in children.

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Compliance with Ethical Standards

Conflicts of interest All of the authors declare that they have no conflicts of interest regarding this paper.

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