Effects of Copper and Cadmium Exposure on Functional Responses of Hemocytes in the Clam, *Tapes philippinarum*

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Abstract. The effects of Cu and Cd on functional responses of hemocytes in Tapes philippinarum, a Veneridae clam widespread in the lagoon of Venice, were evaluated. Bivalves were exposed for 7 days to various concentrations of CuCl₂ · 2H₂O (0, 10, 60, and 110 µg/L) and CdCl₂ · H₂O (0, 150, 300, and 450 µg/L). Hemocytes were collected from exposed clams, and the effects of Cu and Cd on phagocytosis, Neutral Red retention capacity, superoxide dismutase, and cytochrome oxidase activities were investigated. Hemocytes from animals exposed to Cu showed a significant decrease in phagocytic activity, whereas no inhibition was observed in cells from Cd-exposed animals. Diffusion of Neutral Red into the cytosol, an index of lysosomal membrane alteration, was enhanced by high concentrations of both metals. Different results in biochemical parameters were observed. Exposure to 60 and 110 µg Cu/L caused a significant reduction in hemocyte superoxide dismutase activity, whereas no changes resulted after Cd exposure. Increased cytochrome oxidase activity was observed in hemocytes from mollusks exposed to 60 µg Cu/L and 300 µg Cd/L; no significant differences were found in cells from bivalves exposed to 110 µg Cu/L and 450 µg Cd/L. These results suggest a relationship between heavy metal exposure and alterations in functional responses of hemocytes in T. philippinarum and indicate that the type of observed effects vary with the nature and concentration of heavy metals. Moreover, the data obtained in the analyzed clam support the possibility of using it as sentinel organism in biomonitoring studies, even if used biomarkers will be further evaluated in field conditions.

It is known that xenobiotics may alter functional parameters in molluscan hemocytes, such as viability (Alvarez and Friedl 1992), phagocytosis (Fries and Tripp 1980; Anderson 1988; Cima *et al.* 1998a), aggregation (Auffret and Oubella 1997), adherence (Chen and Bayne 1995), lysosomal enzyme activity (Cima *et al.* 1999), and lysosomal membrane stability (Lowe *et al.* 1995; Grundy *et al.* 1996). In the last few years, these functional responses have been used in the field of ecotoxicol-

ogy as biomarkers or stress indexes to assess the effects of pollutants on environmental quality (Anderson 1988; Cajaraville *et al.* 1996). In this regard, bivalve mollusks are commonly used in monitoring programs to study environmental pollution of coastal marine ecosystems (Goldberg 1986; Kraak *et al.* 1992). Several factors contributed to this choice: Bivalves are sessile, have a high filtration rate, may accumulate a wide range of contaminants, play an important ecological role in aquatic environments, and are a widespread commercial product (Goldberg 1986). Among pollutants that may have detrimental consequences on the physiological responses of bivalve mollusks, heavy metals are one of the most frequently studied groups.

Molluscan hemocytes play a key role in several functions, such as wound and shell repair, digestion, excretion, and internal defense (Cheng 1981). In cell-mediated immune responses, phagocytosis by circulating hemocytes is the main defense against pathogens and foreign materials (Cheng 1981). Consequently, toxic effects on hemocytes potentially affect the survival of these animals. Alterations of the immunosurveillance have been reported for bivalve mollusks exposed to metals (Cheng and Sullivan 1984; Cheng 1988; Pipe et al. 1999) and xenobiotics (Fries and Tripp 1980; Alvarez and Friedl 1992; Beckmann et al. 1992; Coles et al. 1994; Cima et al. 1998a). Lysosomes play an important role in immune responses of bivalve mollusks: On phagocyte stimulation, lysosomal hydrolases are released out of cells to degrade foreign materials (Mohandas et al. 1985) or into phagosomes, thus participating in the degradation of internalized foreign particles (Cheng 1981). It is known that the hemocytes of bivalve mollusks may accumulate high levels of metals, mainly in lysosomes (Pauley and Nakatini 1968; Viarengo et al. 1981; Moore 1990; Bordin et al. 1996). Alteration of the integrity of lysosomal membranes may cause undesired release of hydrolases into the cytosol, with consequent damage for cells themselves (Lowe et al. 1995). In this respect, a reduction in lysosome membrane stability has been reported in mussels and oysters exposed to heavy metals and proposed as an indicator of cell damage (Regoli 1992; Ringwood et al. 1998).

It has also been observed that exposure of bivalves to heavy metals induces peroxidation of membrane lipids (Viarengo *et al.* 1990; Ringwood *et al.* 1998). This kind of damage is probably mediated by reactive oxygen species (ROS), as heavy

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metals are known to enhance ROS levels (Pipe *et al.* 1999). ROSs may initiate a sequence of reactions that produce compounds, such as free lipid radicals and hydroperoxides, extremely toxic to cells (Esterbauer *et al.* 1982; Slater 1984; Viarengo *et al.* 1990). Antioxidant agents, such as glutathione, glyoxalase, superoxide dismutase, and catalase, act against ROS-mediated toxicity. Variations in their concentrations or activities have been proposed as biochemical biomarkers to assess the toxic effects of metals in both field and laboratory conditions (Regoli and Principato 1995; Cossu *et al.* 2000).

Recently, the activities of enzymes of the aerobic pathway, such as cytochrome oxidase, have also been used as biomarkers of exposure to pollutants in aquatic organisms, although only a few data are available in the literature concerning this point. Altered cytochrome oxidase activity has been found in crabs exposed to sublethal concentrations of Cd (Reddy and Bhagy-alakshmi 1994).

In the present study, we evaluated the effects of Cu and Cd on functional responses of hemocytes in the Manila clam *Tapes philippinarum*, common in the lagoon of Venice and of great ecological and commercial importance. After *in vivo* exposure, the effects of metals on phagocytosis, Neutral Red retention capacity, superoxide dismutase, and cytochrome oxidase activities were investigated; the use of these cell responses as biomarkers of exposure in future researches is discussed.

Materials and Methods

Animals

Specimens of *T. philippinarum* were collected from the lagoon of Venice, maintained in the laboratory in large aquaria provided with a sandy bottom and aerated sea water at salinity of $35\% \pm 1\%$ and temperature of $17^{\circ}C \pm 0.5^{\circ}C$, and fed with microalgae (*Phaeodacty-lum tricornutum*). Bivalves were kept in the laboratory for 5 days before exposure to metals.

Copper and Cadmium Exposure

In two different series of experiments, bivalves were exposed to 0, 10, 60, and 110 μ g Cu/L (as CuCl₂ · 2H₂O) and 0, 150, 300, and 450 μ g Cd/L (as CdCl₂ · H₂O) for 7 days. These concentrations were chosen on the basis of reported data on metal toxicity in bivalves (Chan 1988; Coles *et al.* 1995; Gnassia-Barelli *et al.* 1995; Ringwood *et al.* 1998; Pipe *et. al.* 1999; Bebianno *et al.* 2000). In all experiments, a total of 60 animals, 15 for each concentration, were used. During exposure, animals were maintained in aquaria containing aerated sea water (1 L/animal) to which metal solutions and microalgae were added. Water was changed every day.

Blood Cell Collection

In each experiment, three pools of hemocytes, obtained from control and exposed clams (five per pool), were used. Hemolymph was collected from the anterior adductor muscle with a plastic syringe (1 ml) containing 0.3 ml of 10 mM L-cysteine in filtered sea water (FSW), pH 7.5, to prevent clotting, placed in Eppendorf tubes, and centrifuged at $780 \times g$ for 10 min. Hemocytes were resuspended in FSW to prepare short-term cell cultures.

Hemocyte Cultures

Short-term hemocyte cultures were prepared according to Ballarin *et al.* (1994). Sixty-microliters of hemocyte suspension were placed in the center of culture chambers made by a Teflon ring (15 mm internal diameter and 1 mm thick), smeared with petroleum jelly, glued to a siliconized glass slide, and covered with a coverslip. Chambers were kept upside down for 30 min at 25°C to allow hemocytes to settle and adhere to coverslips.

Phagocytosis Assay

After adhesion of hemocytes, FSW was discarded from each culture chamber and replaced with equal volumes of a suspension of yeast (*Saccharomyces cerevisiae*) in FSW (yeast:hemocyte ratio = 10:1). Cells were incubated for 60 min at 25°C; after incubation, hemocyte monolayers were washed several times in FSW to eliminate uningested yeast cells, fixed in a solution of 1% glutaraldehyde (Fluka) and 1% sucrose in FSW at 4°C for 30 min, washed in 0.1 M phosphate buffer saline (PBS: 1.37 M NaCl, 0.03 M KCl, 0.015 M KH₂PO₄, 0.065 M Na₂HPO₄, pH 7.2), for 10 min, stained with 10% Giemsa (Fluka) for 5 min, mounted on glass slides with an aqueous medium (Acquovitrex, Carlo Erba), and observed with a Leitz Dialux 22 light microscope at a magnification of 1,250× The phagocytic index was expressed as the percentage of cells containing ingested yeast particles.

Neutral Red Retention Assay (NRR)

Lysosomal membrane stability was assessed using a modification of the NRR assay described by Lowe *et al.* (1995). A stock solution of 0.4% Neutral Red in FSW was prepared. Working solution was obtained by diluting 10 μ l stock solution in 5 ml FSW. After adhesion of hemocytes to the coverslips, FSW was discarded from culture chambers and 60 μ l working solution was added. The slides were then observed after various time intervals (5, 30, 60 min). The lysosomal stability index was expressed as the percentage of hemocytes showing dye loss from lysosomes into the cytosol, which, consequently, appears reddish-pink.

Superoxide Dismutase (SOD) Assay

SOD activity was measured according to the method of Flohé and Ötting (1984), modified, based on the reduction of cytochrome c by superoxide radical (O_2^{-}) generated by the xanthine-xanthine oxidase system. Hemolymph, obtained from both control and exposed bivalves, was collected without L-cysteine and centrifuged at 780 \times g for 10 min; the resulting pellets were resuspended in 1 ml FSW. Hemocytes were then sonicated for 5 min at 0°C with a Braun Labsonic U sonifier at 50% duty cycles and centrifuged at 12,000 \times g for 15 min at 4°C. Supernatant was collected for SOD assay. Fifty microliters of cell lysate were added to 900 µl of solution A (5 µM xanthine [Sigma] in 1 mM NaOH, 2 µM cytochrome c [Sigma] and 0.1 mM EDTA in 50 mM phosphate buffer, pH 7.8) and to 50 µl of solution B (0.45 U xanthine oxidase [Sigma], 1 ml 0.1 mM EDTA in 50 mM phosphate buffer, pH 7.8). Changes in absorbance were measured at 550 nm with an Uvikon 930 spectrophotometer. One unit of SOD is defined as the amount of enzyme inhibiting by 50% the reduction of cytochrome c (Flohé and Ötting 1984). Protein concentration into cell lysate was quantified according to Bradford (1976).

Cytochrome Oxidase Assay

The diaminobenzidine method proposed by Novikoff and Goldfischer (1969) was used. After adhesion to coverslips, hemocytes were fixed in a solution of 1% glutaraldehyde plus 1% sucrose in FSW at 4°C for 30 min, washed in 0.1 M acetate buffer (pH 5.5) for 10 min, and incubated for 4 h at 37°C in a reaction mixture containing 20 mg 3,3'-diaminobenzidine tetrahydrochloride (DAB) (Sigma), 9 ml 0.1 M acetate buffer (pH 5.5), 1 ml MnCl₂ 1%, and 0.1 ml H₂O₂ 0.1%. Slides were then washed in distilled water and mounted with Acquovitrex. Hemocytes were observed under the light microscope, and the cytochrome oxidase index was expressed as the percentage of cells showing positivity for cytochrome oxidase (reaction products appear brown).

Statistical Analysis

The results of all assays were compared using a one-way analysis of variance (ANOVA) and expressed as means \pm standard error.

Results

Phagocytosis

No significant effect on phagocytic activity was observed in hemocytes of clams exposed to Cd. Conversely, Cu exposure resulted in a significant decrease in phagocytosis with respect to controls, at all the concentrations assayed (p < 0.01 at 10 μ g/L, p < 0.001 at 60 and 110 μ g/L) (Figure 1).

Neutral Red Retention

Exposure to both Cd and Cu resulted in the reduced capability of lysosomes to retain Neutral Red when compared with controls. A significant difference (p < 0.01) of the lysosomal stability index with respect to controls was already present at the two higher concentrations of both Cd and Cu after 5 min (Figure 2). This difference was detected after 30 min in the hemocytes of bivalves exposed to 60 and 110 µg Cu/L (p < 0.01) and after 60 min in those exposed to 110 µg Cu/L (p < 0.01). No differences were observed after 30 and 60 min in the hemocytes of Cd-exposed bivalves.

Superoxide Dismutase

No statistically significant effects were observed in the SOD activity of hemocytes from bivalves exposed to Cd, although a slight but not significant decrease in hemocytes from clams exposed to 150 and 300 μ g Cd/L was noted (Figure 3a). Hemocytes from animals exposed to 60 and 110 μ g Cu/L significantly decreased their SOD activity (p < 0.05 and p < 0.01, respectively) (Figure 3b).

Cytochrome Oxidase

A significant increase (p < 0.05) in the percentage of hemocytes showing positivity for cytochrome oxidase was observed in bivalves exposed to 300 µg Cd/L and 60 µg Cu/L (Figure 4).



Fig. 1. Phagocytic index expressed as percentage of hemocytes containing ingested yeast particles after exposure of *T. philippinarum* to Cd (a) and Cu (b). Significant results, in comparison with controls, are indicated by asterisks. Values are means \pm standard error (n = 3); ** p < 0.01, *** p < 0.001

Discussion

Our results demonstrate that in vivo exposure of the clam T. philippinarum to sublethal concentrations of Cu and Cd has various effects on the functional responses of hemocytes. In agreement with results reported by Cheng (1988) and Coles et al. (1995) for Crassostrea virginica and Mytilus edulis, in our experiments exposure to Cu caused a significant dose-dependent decrease in the phagocytic activity of hemocytes, whereas Cd had no significant inhibitory effects. Pipe et al. (1999) observed significant stimulation of phagocytic activity after in vivo exposure of M. edulis to 200 µg Cu/L, whereas no significant reduction was observed at 500 µg Cu/L. The differences in phagocytic index between controls of Cu and Cdexposed clams observed in our study could be interpreted as a consequence of seasonal fluctuations of immune parameters in used clams. Both our unpublished data for T. philippinarum and those reported for *M. galloprovincialis* (Pipe *et al.* 1995) demonstrate that phagocytic activity of bivalves may have seasonal variations owing to various factors, mainly the reproductive cycle of organisms.

Alterations in phagocytic activity have been described in



Fig. 2. Lysosomal stability index expressed as percentage of hemocytes showing red cytosol after exposure of *T. philippinarum* to Cd (a) and Cu (b). Times refer to observation intervals under light microscope. Significant results, in comparison with controls, are indicated by asterisks. Values are means \pm standard error (n = 3); ** p < 0.01

bivalve mollusks exposed to xenobiotics (Alvarez and Friedl 1992; Coles et al. 1994; Cima et al. 1998a). Relationships between changes in phagocytic activity and alterations in the cytoskeletal organization of hemocytes may explain these data (Cima et al. 1998b). Cytoskeletal alterations lead to reduced phagocytic activity, due to the decreased ability of hemocytes to adhere to the substrate and to interact with foreign particles. These alterations could be directly mediated by metals bonding with cytoskeletal structural proteins, followed by their denaturation, and indirectly by either alterations in calcium homeostasis mechanisms or oxidation of the SH groups of cytoskeletal proteins mediated by ROSs. Heavy metals, such as Cu, Cd, Zn, and Hg, are known to have a high affinity for the SH groups of proteins, including Ca²⁺-ATPases (Viarengo and Nicotera 1991). On interaction of metals with Ca^{2+} -ATPase SH groups, inactivation of Ca²⁺-ATPases may cause longlasting and diffuse increases in cytosolic Ca²⁺ concentrations (Viarengo and Nicotera 1991; Viarengo et al. 1996), which in turn cause alterations in cytoskeletal organization, thus compromising important aspects of cell physiology, e.g., adhesion, motility, and phagocytic activity, as observed in both mammalian thymocytes and tunicate amoebocytes exposed to butyltins (Chow and Orrenius 1994; Cima *et al.* 1998b). In hemocytes of *M. edulis*, Viarengo *et al.* (1994) demonstrated that heavy metals can also impair Ca^{2+} homeostasis by affecting Ca^{2+} channels. Moreover, higher involvement of Cu in ROS production (Halliwell and Gutteridge 1984) could explain the different results in phagocytic index between Cu- and Cdexposed clams.

Results of the NRR assay indicate that exposure of clams to metals may cause lysosomal membrane instability. Lysosomes of hemocytes from control animals retain the dye for a long time after uptake, whereas Neutral Red appears in the cytosol of cells from animals treated with higher metal doses. The percentage of hemocytes showing red cytosol significantly increased in clams exposed to higher Cu and Cd concentrations. However, the higher values of positive cells in controls at 30 and 60 min with respect to 5 min may be explained by the toxicity of Neutral Red itself, which is known to produce changes in lysosomal structure (Ohkuma and Poole 1981;



Fig. 3. SOD activity, expressed as U SOD/mg protein, in hemocytes of *T. philippinarum* exposed to Cd (a) and Cu (b). Significant results, in comparison with controls, are indicated by asterisks. Values are means \pm standard error (n = 3); * p < 0.05, ** p < 0.01

Lowe and Pipe 1994). Neutral Red represents an additional stress for hemocytes, so that it may disguise metal effects on Neutral Red retention. According to results of Hauton et al. (1998) for Ostrea edulis, in our previous observations (data unpublished) we have noted that lysosomes of unstressed specimens of T. philippinarum retained Neutral Red for a shorter period of time than that reported for M. galloprovincialis collected from clean sites of the lagoon of Venice (Lowe et al. 1995). Thus, a distinction between metal- and dye-mediated toxicity must be made. In clams, this condition is probably better achieved by studying the effects of metals on lysosomal membranes within 30 min. Lysosomal membrane alterations are probably due to the high levels of metals that may accumulate in lysosomes, as proposed by Moore (1990) and Regoli (1992), leading to inhibition of Mg²⁺-ATPase, a proton pump of lysosomal membranes that maintains the internal environment of lysosomes acid (Lowe *et al.* 1992). Dysfunction of this ATPase allows free passage of lysosomal contents, including Neutral Red, into the cytosol (Lowe *et al.* 1995). Alternatively, metals may induce oxidative damage mediated by ROSs, as suggested by Viarengo *et al.* (1990). It is well known that Cu and Fe are involved in ROS production by Fenton reaction (Halliwell and Gutteridge 1984). Therefore, Cu ions seem participate in lipid peroxidation more than Cd (Viarengo *et al.* 1990). A significant decrease in lysosomal membrane stability was observed in both oysters and mussels exposed to metals (Ringwood *et al.* 1998; Regoli 1992), hemocytes of *M. edulis* exposed to polycyclic aromatic hydrocarbons (Grundy *et al.* 1996) and in those of *M. galloprovincialis* exposed to a range of xenobiotics (Lowe *et al.* 1995).

Inhibition of SOD activity is a risk for cells, as it causes oxidative stress. A relevant decrease in SOD activity was



Fig. 4. Cytochrome oxidase index expressed as percentage of hemocytes showing cytochrome oxidase activity after exposure of *T. philippina-rum* to Cd (a) and Cu (b). Significant results, in comparison with controls, are indicated by asterisks. Values are means \pm standard error (n = 3); * p < 0.05

observed only in hemocytes from Cu-exposed clams. Regoli and Principato (1995) claim that SOD activity remains constant in the digestive gland and increases in the gills of M. galloprovincialis exposed to metals. An increase in SOD activity was reported for gills of mussels collected from a polluted site (Regoli 1998). Induction of antioxidant enzyme activity, such as that of SOD, was also observed in freshwater crabs exposed to Cu but not in Cd-treated animals (Reddy 1999). The different responses of SOD activity between gills and hemocytes of bivalve mollusk may be related to the extraction mechanisms of oxygen from water, which occurs at a higher rate in the gills, through which large quantities of water are filtered. As a consequence, mollusk gills have higher SOD activity than other tissues (Regoli and Principato 1995). The significant inhibition of SOD activity in Cu-exposed clams observed in this study might be due to the oxidation of the enzyme SH groups mediated by ROSs, which production is increased by Cu (Halliwell and Gutteridge 1984). The different involvement of MTs may also explain this result. An increase in MT synthesis is associated with the enhanced capability of MTs to bind metals and to protect cells against metal toxicity (Roesijadi 1994). Positive correlation between Cd, but not Cu, and MT concentrations have been found in bivalves (Wang *et al.*)

1999) and lobsters (Canli et al. 1997). Moreover, comparing the levels of Cd and Cu bound to MTs with total accumulated concentrations by specimens of a natural population of oysters (Crassostrea virginica), Roesijadi (1994) found that about 20% of total tissue Cd, but only 1% of Cu, were bound to MTs. Baudrimont et al. (1999) demonstrated that 70% of cytosolic Cd was sequestered by MTs. It has also been observed that, in Ruditapes decussatus exposed to heavy metals, Cu content rapidly decreased after a detoxification period of 8 days, whereas Cd levels remained unchanged (Gnassia-Barelli et al. 1995). A significant induction of MTs was observed only after 7 days of exposure of C. virginica to 80 µg Cu/L (Ringwood et al. 1998), whereas in Macoma balthica exposed to a mixture of heavy metals (100 µg Cd Cu/L and 600 µg Zn/L) positive relationship between MT levels and metal concentrations, with higher correlation for Cd, was noted (Bordin et al. 1997). In the latter study, authors also proposed an important role of MTs in detoxification of Cd, and probably of Cu. Again, in R. decussatus multiple correlations between MTs and heavy metal content showed that MTs were significantly correlated with Cd and Zn, with an important coefficient for Cd, but no significant correlation was found for Cu (Hamza-Chaffai et al. 2000).

Exposure of T. philippinarum to Cd and Cu results in a

significant increase in hemocyte cytochrome oxidase activity only at 300 µg Cd/L and 60 µg Cu/L. These results are difficult to explain, owing to the limited data available dealing with the effects of contaminants on cytochrome oxidase activity in marine organisms. Cytochrome oxidase is an important enzyme of respiratory complexes in mitochondria, and variations in its activity may affect oxidative metabolism, as demonstrated in crabs exposed to Cd (Reddy and Bhagyalakshmi 1994). In the Atlantic salmon Salmo salar exposed to petroleum hydrocarbons, cytochrome oxidase activity did not change (Gagnon and Holdway 1999), whereas a relationship between variations in cytochrome oxidase activity and Cd accumulation was observed in the goldfish Carassius auratus (Gargiulo et al. 1996). The variations in cytochrome oxidase activity observed in our study may be explained by the increased energy requirements of cells from clams exposed to 60 µg Cu/L and 300 µg Cd/L, followed by impairment of mitochondria in hemocytes exposed to 110 µg Cu/L and 450 µg Cd/L.

Conclusions

The results of the present study show that exposure of the clam T. philippinarum to Cu and Cd may influence the functional responses of hemocytes. The type of observed effects vary with the nature and concentration of these heavy metals, Cu being more toxic than Cd. The different values between controls of Cu- and Cd-exposed clams obtained in some experiments also suggest seasonal variations of the analyzed physiological parameters. Moreover, different responses of hemocytes from Cu- and Cd-exposed clams might be due to cellular detoxification processes of metal ions in which both metallothioneins and other regulatory molecules are probably involved. This aspect will be investigated in future research. Both physiological and biochemical parameters of hemocytes analyzed in the present work and proposed in previous studies as biomarkers in gills and digestive glands of bivalves are easily reproducible and may be considered useful tools for biomonitoring marine coastal environments. However, their responsiveness would be evaluated in realistic conditions, because metal concentrations used in our study are higher than those found in field. To this aim, further studies will be developed.

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