Burrowing Crab (Neohelice granulata) as a Potential Bioindicator of Heavy Metals in the Bahı´a Blanca Estuary, Argentina

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Abstract Bioindicators can be used to determine spatial and/or temporal variations of heavy metals in a certain coastal or marine environments. This study investigated the potential use of the burrowing crab Neohelice granulata from two different locations in the Bahía Blanca estuary, a moderately polluted ecosystem. Concentrations of zinc (Zn), nickel (Ni), and lead (Pb) in soft tissues of male and female crabs were measured. In addition, concentrations of the three

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metals in eggs were compared with concentrations in female crabs. No geographical differences were found for any of the three metals, whereas sexual and seasonal differences were obtained for Zn and Ni, with the winter season posing lower concentrations. Moreover, the three metals were detectable in eggs and were lower than concentrations in female crabs (except for Zn). Finally, the usefulness of this species as a potential bioindicator of heavy-metal pollution within this estuarine ecosystem is discussed.

Marine ecosystems are subjected to an increasing pollution due to anthropogenic activities. Both the economic and demographic development of the coastal regions (i.e., increase of urban, industrial, and port settlements) generates an increased load of wastes that are discharged into the water, contaminating the aquatic environments with several organic and inorganic pollutants, such as pesticides, polychlorinated biphenyls, and heavy metals (Förstner and Wittmann [1983\)](#page-7-0).

Three possible ways to perform the determination of heavy metal levels in this kind of ecosystems have been identified: (1) water and (2) sediment are the environmental matrixes where chemical analysis is the most direct approach to show the heavy-metal pollution status in the environment. Nevertheless, this makes it difficult to assess the influence and possible toxicity of such pollution on the organisms and ecosystems (Zhou et al. [2008](#page-8-0)); and (3) the use of biological matrixes. Thus, the determination of heavy-metal concentration in marine organisms is a better way to assess levels of contamination in the environment (Bryan et al. [1985](#page-6-0); Phillips [1980;](#page-7-0) Rainbow [1995a](#page-8-0); Zhou et al. [2008\)](#page-8-0). In marine invertebrates, heavy metals tend to accumulate in tissues and organs of these organisms at higher levels than in the surrounding environment, although they can vary greatly among taxa (Rainbow

[2002\)](#page-8-0). According to Markert [\(2007](#page-7-0)), a bioindicator is an organism (or part of an organism or a community of organisms) that contains information on the quality of the environment (or a part of the environment). Thus, their use provides a better tool to establish geographical, spatial, and/or temporal variations in the bioavailable concentrations of toxic trace metals in marine environments.

When considering marine invertebrates as possible bioindicators, decapods crustaceans are generally excluded due to their ability to metabolically regulate essential metals until certain threshold environmental levels, [i.e., copper (Cu), zinc (Zn), and manganese (Mn)] (Bryan et al. 1985 ; Rainbow [1995b,](#page-8-0) [2002](#page-8-0); MacFarlane et al. [2000](#page-7-0); McPherson and Brown [2001\)](#page-7-0). Nevertheless, when nonessential metals, such as lead (Pb) or cadmium (Cd), are considered, bioaccumulation occurs, thus reflecting levels in the environment (MacFarlane et al. [2000](#page-7-0)).

Neohelice granulata (Brachyura, Varunidae) is a semiterrestrial estuarine crab widely distributed along the Atlantic coast of South America from southern Brazil (23°S) to the northern Argentinean Patagonia $(41°S)$ (Spivak et al. [1994\)](#page-8-0). These benthic organisms inhabit the intertidal zone in tidal flats as well as salt marsh areas vegetated by Spartina densiflora, S. alterniflora, and Sarcocornia perennis(Spivak et al. [1994](#page-8-0); Escapa et al. [2008\)](#page-7-0). Crabs are herbivorous–detritivorous when associated with salt marshes and deposit feeders when living in mud flats (Iribarne et al. [1997\)](#page-7-0). This species breeds from the middle of spring to the beginning of autumn (Ituarte et al. [2004](#page-7-0)). N. granulata is one of the most abundant macroinvertebrates inhabiting these estuarine environments (Boschi [1964;](#page-6-0) Spivak [1997](#page-8-0)) and represents an important link in the trophic web considering that all stages in the crab's life cycle make them a relevant food component for other species, such as fishes, shellfishes, and birds. For this reason, and considering that N. granulata is usually a key species within these ecosystems, they could play a major role in the transference of pollutants to higher trophic levels.

A large population of N. granulata inhabits the Bahia Blanca Estuary in Argentina. This ecosystem is an excellent feeding and breeding site for several species, including shorebirds (Delhey et al. [2001;](#page-6-0) Petracci [2002](#page-7-0)). The estuary is under constant and increasing anthropogenic pressure because several urban settlements (350,000 habitants), including industrial developments (petrochemical complex, industrial park, oil refinery) and harbors, produce an impact on the environment through the discharge of sewages to the estuary without sufficient pretreatment and purification (Andrade et al. [2000;](#page-6-0) Ferrer et al. [2000;](#page-7-0) Tombesi et al. [2000](#page-8-0)). Agricultural activities also have an impact on the environ-ment (Perillo et al. [2001](#page-7-0); Botté et al. [2007\)](#page-6-0).

Previous studies show low to medium heavy-metal concentrations in sediments, water, and particulate matter in the estuary (Andrade et al. [2000;](#page-6-0) Marcovecchio and Ferrer [2005;](#page-7-0) Botté et al. [2007,](#page-6-0) [2010](#page-6-0); Fernández Severini et al. [2009](#page-7-0)). Several trace metals were also found in certain organisms from the estuary (e.g., fishes, crustaceans, diatoms, and halophytes) (Marcovecchio [1994](#page-7-0); Marcovecchio et al. [1988a,](#page-7-0) [b,](#page-7-0) [1996;](#page-7-0) Ferrer et al. [2000;](#page-7-0) Botté [2005](#page-6-0); Fernández Severini et al. [2009\)](#page-7-0). This indicates that the transference of heavy metals occurs between abiotic and biotic compartments.

The objective of this work was focused on determining concentrations of Zn, nickel (Ni), and lead (Pb) in soft tissues of the burrowing crab N. granulata, which inhabits the intertidal areas of the Bahı´a Blanca estuary. Differences between sexes, sites, and seasonality were analyzed for these heavy metals. The presence of these metals was measured in crab eggs and compared with levels in females crab soft tissue. Finally, all of the information obtained for N. granulata within the Bahía Blanca estuary was integrally considered to assess its ability as a potential pollution bioindicator for this environment.

Materials and Methods

Study Area and Sampling

The Bahía Blanca estuary is located on the Southwest coast of the Buenos Aires Province, Argentina $(38°45'$ to 39° 40^{\prime} S and $61^{\circ}45^{\prime}$ to $62^{\circ}30^{\prime}$ W). It is a mesotidal coastal plain estuary extending over $2,300 \text{ km}^2$ and formed by several tidal channels, extensive tidal flats with patches of low salt marshes, and islands (Piccolo et al. [2008\)](#page-7-0).

From the head to the mouth of the estuary, several physicochemical characteristics (e.g., water salinity, water temperature, sediment composition, organic matter content, and pH) vary (Freije and Marcovecchio [2004](#page-7-0); Freije et al. [2008](#page-7-0); Piccolo et al. [2008\)](#page-7-0). This is important because the heavy-metal content in sediment and water in estuaries is related to these characteristics (Förstner and Wittmann [1983](#page-7-0); Salomon and Förstner 1984). Moreover, these extrinsic factors may influence metal concentrations in crustaceans (Swaileh and Adelung [1995](#page-8-0); Turoczy et al. [2001](#page-8-0)).

Two sites were selected according to their position within the Bahía Blanca estuary (Fig. [1\)](#page-2-0). Cuatreros Port (CP) is located in the inner part of the estuary and is close to the town of General Cerri. This area is influenced by the Sauce Chico River and the Saladillo de Garcia stream discharges, which drain large extensions of agricultural fields (Perillo et al. [2001;](#page-7-0) Limbozzi and Leitao [2008\)](#page-7-0). This site is characterized by a water salinity range of 20.8– 31.9 psu (practical salinity unit), a water temperature range of 8.5–23.3 \degree C, and a sediment composition of mainly silt– clay (96.3%) (Botté [2005\)](#page-6-0).

62°20'W

62°10 W

The other site is Villa del Mar (VM), a small village located near Punta Alta City. It is located in the middle-outer part of the estuary and is further away from the industrial area. This site has a water salinity range of 30.88–36.57 psu, a water temperature water range of $6.2-22.6$ °C (Negrin [2010\)](#page-7-0), and a sediment composition of a mixture of mud and sand (87 and 13 %, respectively) (Pratolongo et al. [2010](#page-7-0)).

Crabs were collected bimonthly from both sites from October 2008 to August 2009. Specimens of both sexes were hand-picked during low tide at the crab beds on mud flats with no vegetation. At the laboratory, they were washed with distillated water and preserved at -20 °C in the freezer until analysis. Mature crabs with maximum carapace width (20–30 mm for female and 25–35 mm for male crabs) were selected. When available, both ovigerous and nonovigerous female crabs were treated separately. Ovigerous female crabs were only present during warmer seasons, such as spring and summer.

Laboratory Procedures

Crabs were dissected to separate soft tissue from carapace; soft tissues were pooled from five or six individuals according to sex, site, and season ($n =$ two to five pooled samples for each case) and were placed in cleaned Petri dishes in an oven at 50 $^{\circ}$ C until constant weight was achieved. Dried samples were homogenized by crushing in a porcelain mortar. All equipment used for dissection and drying of samples was previously cleaned with diluted nitric acid (0.7 % v/v) to prevent contamination.

Eggs were removed from the female crab's pleon and cleaned with distilled water. Egg masses were dried until constant weight and pooled according to sampling site. Pooled samples of each site (from three to four crabs) were homogenized. After drying, egg masses were ground in a porcelain mortar and prepared for extraction.

Acid digestion of crab tissue and eggs samples was performed according to the methodology described by Marcovecchio and Ferrer ([2005\)](#page-7-0). Subsamples between 250 and 500 mg were mineralized with 3 ml concentrated nitric acid and 1 ml concentrated perchloric acid and placed in a heated glycerin bath at a temperature of 120 ± 10 °C. After acid digestion, the residue was transferred to centrifuge tubes and completed with diluted nitric acid (0.7 %) up to 10 ml. Samples digestion was replicated to ensure the reproducibility of the results.

Heavy-metal concentrations (Zn, Ni, and Pb) were determined by atomic absorption spectroscopy with airacetylene flame using a Perkin-Elmer AA-2380. All concentrations are expressed in parts per million (μ g g⁻¹) on a dry weight (dw) basis. The method detection limit (MDL) was experimentally calculated as the SD of 12 blank replicates. The MDLs, expressed in μ g g⁻¹, were as follows: Zn 0.88, Ni 1.54, and Pb 0.29. The %RSD (percentage of relative SD) of the replicate samples were between 10 and 20 %. For both the analytical quality control and reagent blanks, as well as calibration-curve build-up, certified reference materials [CRMs (mussel tissue flour, reference material no. 6, provided by the National Institute for Environmental Studies, Tsukuba, Japan)] and analyticalgrade reagents (Merck or Baker) were used. The recovery percentages for the three metals in CRM were >90 %. For samples that were lower than the applied analytical MDL, a value of one half the detection limit was assigned, and the sample was included in the data set for statistical treatment (Jones and Clarke [2005\)](#page-7-0).

Data Analysis

A statistical package was selected: Infostat 5.1 for Windows (Grupo Infostat Professional, FCA, Universidad Nacional de Córdoba, Argentina). For Zn and Ni, threeway analysis of variance (ANOVA) was performed to analyze possible interactions among sex, location, and season. Fisher's least significant difference test was used for multiple comparisons. For Pb, no statistical analysis was performed because most of the values were lower than the detection limit.

Results

Mean seasonal concentrations of Zn and Ni in soft tissues of burrowing male and female crabs N. granulata from the two study sites are presented in Fig. 2. For both metals, concentrations in VM and CP showed no significant differences throughout the year (three-way ANOVA, $p = 0.14$ for Zn and $p = 0.06$ for Ni).

Mean concentrations of Zn and Ni showed differences not only between sexes but also between seasons (Fig. 2). In the case of Zn, mean concentrations in male crabs were greater than in female crabs only during summer (37.09 \pm 0.49 vs. 34.74 \pm 0.66 µg g⁻¹ dw; VM and CP averaged). These results were consistent with the statistical analysis. First, a significant interaction between sex and season was found (three-way ANOVA, $p = 0.006$). Moreover, significant differences were found for sex (female crabs had significantly greater levels than male crabs; three-way ANOVA, $p = 0.013$) and season (crabs during winter and spring had significantly lower levels than crabs during summer and autumn; three-way ANOVA, $p = 0.0002$). In contrast, mean concentrations of Ni were greater in female than in male crabs during all seasons except for winter, in which concentrations were similar for both sexes $[9.532 \pm 0.006 \text{ µg g}^{-1}$ dw for female vs. 9.55 ± 0.02 μ g g⁻¹ dw for male crabs (VM and CP averaged)]. As it was for Zn statistical analysis for Ni showed a significant interaction between sex and season (three-way ANOVA,

Fig. 2 Mean Zn and Ni seasonal concentrations (μ g g⁻¹ dw) in soft tissues of burrowing male crabs (M) and female crabs (F) N. granulata from VM and CP ($n =$ two to five pooled samples from five or six individuals in each case)

 $p = 0.004$; moreover, significant differences between sex (male significantly greater than female crabs; three-way ANOVA, $p < 0.0001$) and seasons (crabs in winter had significantly lower levels than crabs during the remaining seasons; three-way ANOVA, $p < 0.0001$) were found. Pb was lower than the detection limit for most samples except for female crabs from VM and CP during the spring (3.18 ± 2.98) and 4.66 \pm 0.85 µg g⁻¹ dw, respectively). For this reason, statistical analysis of this metal was not performed.

Ovigerous female crabs were only found during spring (October 2008 in VM and CP) and summer (December 2008 in VM and CP). As a consequence, only one pooled egg sample was obtained for VM and CP crabs during each season. For this reason, statistical analysis could not be performed to test differences between sites and season.

Concentrations of Ni and Pb in eggs were lower than minimum concentrations found in female crabs in all cases except for Pb in eggs from VM (Table [1](#page-4-0)). For Zn, the results were quite different. Considering both sites and both seasons, concentrations in eggs were greater than maximum concentrations found in female crabs (Table [1](#page-4-0)). The mean difference between the maximum concentration of Zn in female crabs and the concentration in eggs was $12.32 \pm$ 6.74 μ g g⁻¹ dw in VM and 18.01 \pm 0.64 μ g g⁻¹ dw in CP.

Table 1 Zn, Ni and Pb concentrations (μ g g $-$ ¹ dw) in eggs and females of N. granulata from Villa del Mar (VM) and Cuatreros Port (CP) according to season ($n_{\text{females}} = 2$ pool samples coming from 5 or 6 individuals; $n_{eggs} = 1$ pool sample coming from 3 or 4 individuals in each case)

Metal	Site	Source	Season	
			Spring	Summer
Zn	М	Females	30.52-37.13	33.30 - 34.25
		Eggs	44.68	51.33
	СI	Females	34.56-35.45	33.85 - 35.61
		Eggs	53.00	54.07
Ni	VM	Females	13.55–18.13	13.59-14.15
		Eggs	0.65	6.13
	CP	Females	11.57-18.23	13.61-14.01
		Eggs	3.83	4.57
Pb	VM	Females	$nd - 5.29$	nd
		Eggs	2.04	nd
	CP	Females	3.96–5.37	nd
		Eggs	2.47	nd

Discussion

The use of marine organisms for assessment and monitoring of marine pollution is growing worldwide, and the selection of biomonitors and bioindicators frequently includes benthic invertebrates and seaweeds (e.g., Phillips [1977](#page-7-0) and Rainbow [1988](#page-7-0); Rainbow and Phillips [1993](#page-8-0); Rainbow [1995a;](#page-8-0) Villares et al. [2002](#page-8-0); Zauke et al. [2003](#page-8-0); Zhou et al. [2008](#page-8-0)). This is related to the capability of these organisms to take up and accumulate several contaminants, thus reflecting the status of the pollution of a certain environment (Rainbow [1995a](#page-8-0), [2007;](#page-8-0) Chen et al. [2005](#page-6-0)). According to Rainbow ([1995a](#page-8-0)) a biomonitor should be sedentary, easy to identify, abundant, long-lived, available for sampling year round, and be widely distributed. They should also be relatively tolerant to environmental stressors, be net accumulators of the pollutants, and provide enough tissue for analysis. In this study, the burrowing crab N. granulata was selected as a potential bioindicator of the Bahía Blanca estuary. It is noteworthy that this species possesses almost all of the above-mentioned characteristics, which suggests the potential use of this crab as a bioindicator in this estuarine system.

Difference between sexes was the first factor considered in this study. Sex is a biological intrinsic factor that may influence the concentration of heavy metals in crabs (Devescovi and Lucu [1995;](#page-7-0) Swaileh and Adelung [1995](#page-8-0); MacFarlane et al. [2000](#page-7-0); Turoczy et al. [2001;](#page-8-0) Barrento et al. [2009\)](#page-6-0). The obtained results showed significant differences between sexes for Zn and Ni. Concentrations of Ni were greater in male than in female crabs, and concentrations of Zn in female crabs were greater than in male crabs. Beltrame [\(2008](#page-6-0)), working with both sexes of N. granulata from Mar Chiquita Lagoon, Argentina, obtained no significant differences between sexes for Ni. Nevertheless, levels on Zn in female crabs were significantly greater than levels in male crabs, which coincides with the results of the present study. Beltrame et al. [\(2011\)](#page-6-0) suggested that the difference found in levels of Zn between sexes could be associated with differences in the uptake and elimination rates of male versus female crabs or with a difference in the demand of this essential metal between both sexes. Sex differences in trace-metal accumulation are not commonly found in decapods crustaceans (White and Rainbow [1987](#page-8-0); Kannan et al. [1995](#page-7-0); Swaileh and Adelung [1995](#page-8-0); Turoczy et al. [2001](#page-8-0)). Nevertheless, there are some cases in which a difference between sexes was found (Jeckel et al. [1996](#page-7-0); Sastre et al. [1999\)](#page-8-0). In a previous study, Simonetti et al. [\(2012](#page-8-0)) found no significant differences between sexes for Cu and Cd in soft tissues of N. granulata from the Bahía Blanca estuary. Regarding the results of the current study, the observed sexual variation of metal concentrations indicates that sampling of female and male crabs would be a likely alternative to develop Cd- and Cu-biomonitoring programs. Meanwhile, samples of both sexes should be included in Zn and Ni studies.

According to Depledge and Fossi ([1994](#page-7-0)), an effective biological indicator must reflect levels of environmental contamination, and the relationship should remain constant both spatially and temporally. For that reason, these two extrinsic factors were also considered in the current study. No significant differences between CP and VM were found for Zn and Ni. This reflects the potential usefulness of using this species as a bioindicator of this environment. Nevertheless, the varying seasonal metal concentration needs further attention. For Ni, concentrations in crabs during winter were significantly lower than in those during the remaining seasons. In contrast, Zn concentrations were significantly greater in crabs during summer and autumn than in crabs during spring and winter. Although concentrations of Pb were lower than the detection limit in most crab samples, spring was the only season for crabs with detectable values. To obtain decreased metal levels in crabs during winter is usually expected. This may be related to varying seasonal growth rates, reproductive cycles, phytoplankton productivity, and salinity and temperature of the water (Swaileh and Adelung [1995](#page-8-0); Beltrame et al. [2008\)](#page-6-0). A decrease in winter Cu levels in Carcinus mediterraneus was described by Devescovi and Lucu ([1995\)](#page-7-0), and they attributed this decrease to metabolic reactions induced by nutritional status. Swaileh and Adelung ([1995\)](#page-8-0), working with the cumacean crustacean *Diastylis rathkei*, found the lowest Cu, Zn, Cd, and Pb concentrations in crabs during the winter months (August and December), suggesting that

increased metal concentrations in crabs during summer months corresponds to the main growth period of this species. Beltrame et al. ([2009\)](#page-6-0) described a seasonal variation for Cu, Cd, Cr, and Mn in N. granulata from Mar Chiquita Lagoon, Argentina, with crabs in spring and summer having the highest concentrations. These are the seasons with the most biological activities compared with the winter months when the crabs spend most of their time deeply burrowed in the mud (Ituarte et al. [2004\)](#page-7-0). Finally, Simonetti et al. ([2012\)](#page-8-0) also found a significant decrease in levels of Cu and Cd in N. granulata from the Bahía Blanca estuary during winter. It is worth noting that Botté et al. [\(2010](#page-6-0)) found that concentrations of several metals in tidal flat sediments from the Bahía Blanca estuary were not associated with season. This supports the idea that seasonal variations in metal concentrations in N. granulata may be more related to internal than external conditions.

However, seasonal variation among the concentrations of the three analyzed metals in crab samples could be a constraint when a species is selected as a bioindicator. Nevertheless, a possible solution may be to take all of the samples at the same time of year in further biomonitoring programs as suggested by Fialkowski et al. [\(2003](#page-7-0)).

One more consideration is necessary: the distinction between essential and nonessential metals. Zn is an essential metal for decapod crustaceans, being a key component of many enzymes, including carbonic anhydrase (Rainbow [1997,](#page-8-0) [2007\)](#page-8-0). Several studies have shown that these metals do not accumulate but are regulated until a threshold exposure level beyond which they are accumulated proportionally to its external levels (White and Rainbow [1982,](#page-8-0) [1985;](#page-8-0) Rainbow and White [1989;](#page-8-0) MacFarlane et al. [2000](#page-7-0); Rainbow [2002](#page-8-0)). For N. granulate, the threshold level for Zn is still unknown. Although metals in superficial sediments were not measured in this research, a previous study reported sediments containing a mean Zn concentration of 33 ± 7 µg g⁻¹ dw (Hempel et al. [2008\)](#page-7-0). A subsequent study reported a range of Zn concentrations from 24.22 to 82.01 μ g g⁻¹ dw (Botté et al. [2009\)](#page-6-0). Considering the range obtained in crab samples in this research (30.34– 38.47 µg g^{-1} dw), these results suggest that N. granulata in the Bahía Blanca estuary may regulate (and not bioaccumulate) Zn concentrations within a certain range according to metabolic requirements. MacFarlane et al. ([2000\)](#page-7-0) also described Zn regulation in the semaphore crab Heloecius cordiformis, in which levels in hepatopancreas tissue were maintained at approximately one third to one half that of sediment concentrations. Therefore, N. granulata may not be an appropriate candidate for a Zn-pollution bioindicator.

In contrast, Ni and Pb are nonessential metals; therefore, they are not regulated by decapod crustaceans, and accumulation can occur according to external exposure (Rainbow [2002;](#page-8-0) Phillips and Rainbow [1993](#page-7-0); MacFarlane et al. 2000). Botté et al. (2009) reported a range of Ni concentrations from 5.30 to 17.39 μ g g⁻¹ dw and a range of Pb concentrations from 6.28 to 30.28 μ g g⁻¹ dw in sediments from the Bahía Blanca estuary. Ni concentrations obtained in crab samples in this study ranged from 9.53 to 17.68 μ g g⁻¹ dw; therefore, *N. granulata* may bioaccumulate Ni according to levels available in the environment. These results suggest that this species seems to be a good bioindicator for Ni pollution.

Although Pb concentrations were detectable in sediments from the Bahía Blanca estuary, in most of the crab samples the concentrations were lower than the detection limit (except for spring). Similar results were found in N. granulata from CP, where Pb concentrations in soft tissues were, in all cases, lower than the detection limit (Ferrer [2001](#page-7-0)). When Marcovecchio and Ferrer ([2005\)](#page-7-0) performed Pb geochemical fractioning within the finest fraction $(63 mm)$ of Bahía Blanca estuarine sediments, they found a range between 4.5 and 15 % of the potentially bioavailable fraction (PBF), indicating the potential level of metal assimilation by organisms in the Bahı´a Blanca estuary. Considering the low percentages of PBF for Pb that were previously mentioned, as well as the facility of Pb to complex with organic matter in estuarine environments (Town and Filella [2002](#page-8-0); Shank et al. [2004;](#page-8-0) Louis et al. [2009\)](#page-7-0)—added to the high charge of organic matter in the Bahía Blanca estuary (Marcovecchio and Freije [2004](#page-7-0); Marcovecchio et al. [2009](#page-7-0))—together these could explain why concentrations of this nonessential metal in N. granulata are in most cases lower than the detection limit. Further investigation on this subject must be conducted to clearly understand the behavior of this species and their relationship with Pb. Nevertheless, the presence of Pb in crabs, at least during spring, may indicate bioaccumulation from exposure to the environment, which suggests that this species could also be used as a bioindicator of this metal. Simonetti et al. [\(2012](#page-8-0)) found a positive bioaccumulation of Cd (a nonessential metal) in N. granulata, suggesting the bioavailability of this metal in the Bahía Blanca estuary. This result reinforces the potential use of this species as a bioindicator of metal pollution of this environment.

Finally, Ni, Zn and Pb were also measured in eggs from both locations and compared with levels in corresponding female crabs. Although concentrations of Ni and Pb in eggs were in all cases lower than the concentrations in female crabs from both sites, the concentrations of Zn were quite different: Eggs always had greater concentrations of Zn relative to female crab soft tissue. Beltrame et al. ([2009\)](#page-6-0) found similar results for N. granulata from Mar Chiquita Lagoon, Argentina. Although levels of Ni and Pb were greater in the female crab soft tissue compared with eggs, concentrations of Zn were greater in eggs than in female crabs. The results of the present work are of great importance considering that it appears to be indicate bioaccumulation in this species before hatch.

Therefore, concentrations of these metals in eggs may be associated with the direct transference of these metals by the mother as well as by external exposure because incubation of the eggs is external; thus, eggs come into direct contact with sediment and water when they are laid (Ituarte et al. [2004\)](#page-7-0).

Considering the results of this study, N. granulata (adults and eggs) seem to be an adequate species to be used as a bioindicator of heavy-metal pollution in the Bahía Blanca estuary. This could be a useful tool for future environmental monitoring programs and to evaluate the evolution of heavy-metal pollution within this environment.

Conclusion

A good bioindicator accumulates contaminants from the environment and accurately reflects environmental levels. Considering that previous studies have shown that the Bahía Blanca estuary is a moderately polluted ecosystem, an efficient tool is required to monitor the changing pollutant concentrations over time within this system.

In this study, three heavy metals (Zn, Ni, and Pb) were measured in the crab N. granulata. According to the results, there were found significant differences between sexes regarding Zn and Ni accumulation. For this reason, it would be necessary to treat them separately in further analysis. In contrast, no significant differences between locations were obtained regarding levels of heavy metals in crabs. However, a seasonal variation in Zn and Ni levels was found; moreover, Pb was detected in crabs only during spring. For this reason, seasonality should be considered in further biomonitoring programs. The comparison of Zn concentrations in *N. granulata* with levels in the environment suggests that this species may regulate Zn according to metabolic requirements. Nevertheless, this species may bioaccumulate Ni and Pb according to levels in the environment. Finally, the presence of heavy metals found in eggs is of great importance considering that crab eggs are eaten by several species, such as shorebirds, seabirds, and fishes.

Based on the results of this study, it can be concluded that N. granulata is indeed an appropriate candidate for bioindication of Ni and Pb pollution in the Bahía Blanca estuary. Moreover, the knowledge of metal accumulation has an additional importance considering that this is a key species within the Bahía Blanca estuary by playing a major role in the transference of pollutants to greater trophic-level species, such as seabirds and shorebirds, including Olrog's gull, Larus atlanticus, which is considered to be a vulnerable species (IUCN 2011).

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