

Male-Biased Sex Ratios and Vitellogenin Induction in Zebrafish Exposed to Effluent Water from a Swedish Pulp Mill

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Abstract. Juvenile zebrafish (*Danio rerio*) were exposed to different dilutions (0, 0.67, 2.5, 10, and 50%) of effluent water from a Swedish pulp mill that previously has been reported to be androgenic to fish. Exposure was performed between days 10–38 days post-hatch. Fish were sampled for whole-body vitellogenin concentrations at day 38 post-hatch and for histological examination of gonads at day 60 post-hatch. In fish exposed to the highest concentration of pulp mill effluent, elevated concentrations of vitellogenin were measured. The androgenicity of the pulp mill water was confirmed by the increased number of males recorded at 60 days post-hatch. Image analysis of testes indicated stimulation of spennato genesis. Intersex fish were observed in all exposure groups. An androgenic activity equivalent to 5.6 ng/L dihydroxytestosterone was measured using the yeast androgen screen (YAS) assay. The present study demonstrates that both androgenic and estrogenic effects can be detected when exposing zebrafish during the juvenile period to complex mixtures of chemicals.

Reproduction disorders have been reported from a number of species of wild fish. The cause is often unknown, but a number of possible factors have been proposed, including pollutants, nutrients, and other different abiotic and biotic factors. During the last decade, the role of endocrine-disrupting chemicals (EDCs) has been in focus. A variety of anthropogenic chemicals have been shown to act as EDCs, including high-volume products such as phthalates, bisphenol A, and alkylphenols (Sonnenschein and Soto 1998; Tyler *et al.* 1998; Vos *et al.* 2000). Most attention has been drawn to chemicals acting through the same mechanisms as endogenous estrogens. However, in recent years also other endocrine-disrupting chemicals including androgens have been discussed. Masculinisation in wild populations of fish has been described. In Florida streams receiving paper mill effluents, female mosquito fish (*Gambusia affinis*) developed an elongated anal fin

resembling the male gonopodium (Howell *et al.* 1980; Cody and Bortone 1997; Bortone and Cody 1999; Jenkins *et al.* 2001). In the vicinity of a Swedish pulp mill, male-biased sex ratios in offspring of eelpout (*Zoarces viviparus*) have been observed (Larsson *et al.* 2000; Larsson and Förlin 2002). In female three-spined sticklebacks (*Gasterosteus aculeatus*), effluent water from the same Swedish pulp mill induced the male-specific nest-building protein spiggin (Katsiadaki *et al.* 2002). Androgenic effects of pulp and paper mill effluents have been shown in receptor-based *in vitro* assays (Svenson and Allard 2004).

Also other effects have been described in fish exposed to pulp and paper mill effluents, such as reduced sex hormone levels, increased or decreased vitellogenin levels, reduced gonad size, and delayed sexual maturation (Tremblay and Van Der Kraak 1999; Mellanen *et al.* 1999; Karels *et al.* 2001; van den Heuvel and Ellis 2002; Denslow *et al.* 2004).

Extrapolation between laboratory fish and observations on wild fish species may be an important tool for evaluation of individual chemicals and complex mixture of chemicals, such as sewage effluents. The zebrafish (*Danio rerio*), together with the Japanese medaka (*Oryzias latipes*) and the fathead minnow (*Pimephales promelas*), is considered a model test species for risk assessment of EDCs (OECD 1999; 2000; 2004). Endpoints that are used to evaluate EDCs include vitellogenin, gonad differentiation, sex ratios, and reproduction success. Exposure of zebrafish to model compounds, such as 17 α -ethinylestradiol and 17 α -methyltestosterone, results in feminisation and masculinisation, respectively (Örn *et al.* 2003). The zebrafish is considered as an undifferentiated gonochoristic species, with all individuals initially developing undifferentiated ovaries. In fish becoming males, the oocytes degenerate, testicular stromal tissue develops, and the gonad proceeds into a phenotypic testis. This phenomenon was termed juvenile hemiafroditism when described by Takahashi (1977). However, differences in the period of gonad transformation have been observed. The disappearance of oocytes in the transforming gonad has been reported to take place between 3–4 weeks post-hatch (Takahashi 1977; Uchida *et al.* 2002). In the study by Maack and Segner (2003), the period was more extended and occurred approximately between 5–7 wph. Our

own observation was that this transformation period mainly occurred between 4–5 wph (Örn *et al.* 2003). In non-exposed juvenile zebrafish, whole-body vitellogenin concentrations have been measured to be low in fish at the age of 25, 32, and 39 dph (Andersen *et al.* 2003). However, somewhat increased Vtg levels were measured in fish sampled at 46 dph, indicating the start of vitellogenin production in some individuals (Andersen *et al.* 2003). In the present study, juvenile zebrafish were exposed during four weeks to effluent water from a Swedish pulp mill. The exposure period was 10–38 days post-hatch, *i.e.*, before and during the transformation period of the gonad (Örn *et al.* 2003).

The aim of the study was to evaluate if vitellogenin measurement and gonad development in zebrafish are suitable endpoints in tests with chemically complex mixtures, such as pulp mill effluents. The aim was also to see if the earlier observations of androgenicity to fish (Larsson *et al.* 2000; Larsson and Förlin 2002; Katsiadaki *et al.* 2002) could be confirmed in zebrafish.

Materials and Methods

Sampling and Extraction of Pulp Mill Effluent

The investigated mill is a kraft pulp mill situated in Sweden. Bleaching of the pulp is based on totally chlorine-free (TCF) processing. In February 2001, effluent water was sampled after the final activated sludge treatment step. The water was sampled in 25-L polyethylene containers, immediately frozen and stored at -20°C . Extraction of samples of effluent pulp mill water was performed using solid phase extraction (Körner *et al.* 1999). A 500-ml volume of water was passed through solid phase columns containing 200 mg hydroxylated polystyrene-divinylbenzene (ENV+, Sorbent AB, Sweden). Particles in the water were removed by a 20- μm porous filter connected to the solid phase column. Lipophilic compounds sorbed onto the columns were eluted with acetone. Dimethylsulfoxide (50 μl) was added, and the acetone was evaporated in a gentle stream of nitrogen. The extraction samples were stored at -20°C .

Yeast Androgen Screen Assay

The assay, based on recombinant yeast containing the human androgen receptor gene, was performed in 96-well microtitre plates using a published procedure (Sohoni and Sumpter 1998). Each plate contained negative controls of growth medium, a series of 12 concentrations of dihydrotestosterone (DHT) as a positive control and the effluent extract in 12 dilutions. The assays were run in triplicates. The plates were incubated at 32°C for 3 days and the absorbance was read on an automatic plate recorder (Spectracount, Packard) at 570 nm. The absorbance results of the positive control DHT were used to calculate the EC_{50} of the dose-response curves. The results of the effluent extract were evaluated similarly using dilution factors as concentrations. The EC_{50} value of the extract was compared with the results of DHT, and recalculated into ng/L DHT equivalents.

General Experimental Conditions

Adult zebrafish were bought from a local supplier. Fish were adapted to laboratory conditions for 1 month in charcoal-filtered tap water,

kept at 25°C and at a light:dark cycle of 12:12 h. Standardised water (ISO 7346-1, 1996) was used throughout the experimental study and prepared from deionised water with the addition of $\text{CaCl}_2 \cdot 2\text{H}_2\text{O}$ (117.6 mg l^{-1}), $\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$ (49.3 mg l^{-1}), NaHCO_3 (25.9 mg l^{-1}), and KCl (2.3 mg l^{-1}). Frozen effluent pulp mill water was thawed overnight at room temperature prior to use. Zebrafish larvae were fed Sera micron (Sera®), live *Artemia* nauplii, and powdered freeze-dried red grubs (Nutrafin®) three times daily. Juvenile and adult zebrafish were fed Sera Vipam (Sera®) and freeze-dried red grubs two times daily.

Partial Life-Cycle Exposure

Female ($n = 10$) and male ($n = 10$) zebrafish were placed together in stainless steel reproduction funnels. Eggs were collected 2 hours after onset of light in the morning, and transferred into 250-ml glass beakers containing standardised water. After 24 hours, fertilised eggs were transferred into a 20-L aquarium. At 10 days post-hatch (dph), the larvae were randomly divided into different exposure groups, and each group was kept in 10-L glass aquaria. The aquaria contained standardised water (controls) or effluent pulp mill water diluted with standardised water at concentrations of 0.67, 2.5, 10, and 50% (v/v). For each exposure group, as well as control fish, triplicate aquaria were used. Each aquarium contained 50 individual fish. The water was renewed with 50% of the exposure volume three times per week. The fish were exposed from 10 to 38 dph. At 38 dph, five fish were sampled from each replicate, frozen in liquid nitrogen, and analysed for whole-body vitellogenin concentrations. The remaining fish were kept in standardised water and sampled at 60 dph. After anaesthetising in MS222, the fish were fixed in phosphate-buffered formalin and processed for histological evaluation.

Vitellogenin Analysis

Samples for measurement of whole-body vitellogenin concentrations were sent on dry ice to the Institute of Biology, South Danish University, Odense, Denmark, and analysed using a direct non-competitive sandwich ELISA described by Holbech *et al.* (2001).

Histology

After fixation and dehydration, groups of 7–10 individuals were embedded in paraffin blocks, longitudinal sections were cut from the ventral side, stained by HE (haematoxylin-eosin), and each section was evaluated under light microscopy (LM) with focus on sex ratios and histological abnormalities of the gonad, *e.g.*, intersex.

Image Analysis

In the HE-stained sections, the maturity of the gonads was evaluated using image analysis. Digitized images of the gonads were obtained with a Nikon Digital Camera DXM 1200 connected to a Nikon Eclipse E600 microscope. On each section, several images were taken to include the whole gonad section area in the analyses. For each female, the total section area of the ovaries, as well as the area of immature oocytes up to the perinucleolar stage were measured. For each male, the total section area of the testes, as well as the area of spermatozoa, were measured. On each image, the section area of the

gonads as manually marked and selected for measurement by the use of image analysis software (Easy Image Analysis 2000; Tekno Optic AB, Stockholm, Sweden). The area of the densely stained immature oocytes and spermatozoa was then obtained by thresholding RGB colour values. Images of the ovaries were also thresholded for measurement of background/non-tissue area, due to technical artifacts such as cracks in sections. After subtraction of background area, calculations were made of the total section area of the gonads, area of immature oocytes or spermatozoa, and the percentage of the area of immature oocytes or spermatozoa in each fish.

Statistics

Vitellogenin concentrations in exposed fish were compared with controls using the Kruskal-Wallis (non-parametric Anova) test followed by the post-hoc test Bonferroni/Dunn. The sex ratios, *i.e.*, the number of males and females, and intersex ratios, *i.e.*, the number of intersex fish per total number of fish in each exposed group, were compared with the controls using the Fisher's exact test. Measurements of areas on gonads using image analysis were compared between exposed groups and controls using one-way Anova. All tests were made using StatView for Windows 5.0.1. The significance level was set at 95% ($p < 0.05$). The symbols *, **, and *** refer to $p < 0.05$, $p < 0.01$, and $p < 0.001$, respectively.

Results

Yeast Androgen Screen Assay

In vitro assay of extracts of the pulp mill effluent (PME) showed a dose-dependent increase in androgenicity. At higher doses, however, a decline was observed, due to cell growth inhibition of components co-extracted from the effluent. The dose-response curve at lower doses was evaluated using a non-linear curve fit and an EC_{50} was calculated. The effluent water displayed an in vitro androgenic activity of 5.6 (limits of one standard deviation 4.1–7.6) ng dihydrotestosterone equivalents L^{-1} .

Partial Life-Cycle Test

The mortalities in controls and fish exposed to 0.67, 2.5, and 10% PME were approximately 30%. Exposure to 50% PME resulted in 50% mortality. There were no significant differences between the vitellogenin concentrations of the PME replicates. The replicates were, therefore, combined into single dilution groups and further tested. No significant differences in vitellogenin concentrations were measured in fish exposed to 0.67, 2.5, and 10% PME compared with controls (Fig. 1). Mean whole-body vitellogenin concentrations in controls, 0.67, 2.5, and 10% PME were 86.7, 122, 73.4, and 136 ng/g fish, respectively. In fish exposed to 50% PME, significantly ($p < 0.0001$) higher vitellogenin concentrations were measured. The mean concentration was 2,400 ng/g fish.

There were no statistical differences in sex ratios between the replicates of the PME dilutions (Fig. 2). The replicates were, therefore, combined into single dilution groups and further tested. The histological evaluation revealed that the

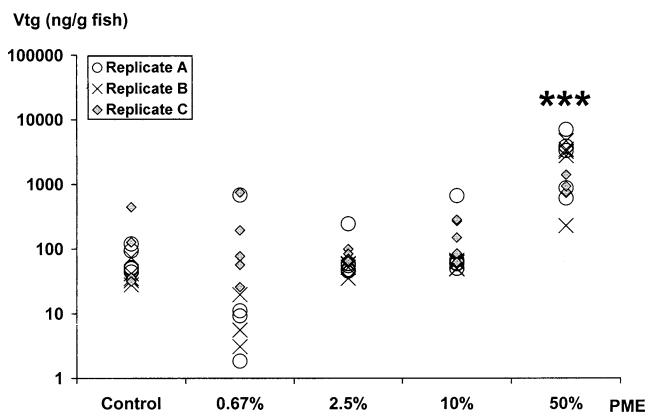


Fig. 1. Whole-body homogenate vitellogenin concentrations in zebrafish exposed from 10 to 38 days post-hatch to different dilutions of pulp mill effluent (PME). Values are presented for each fish in the replicate dilutions (A,B,C). ***Significant difference from the control group ($p < 0.001$).

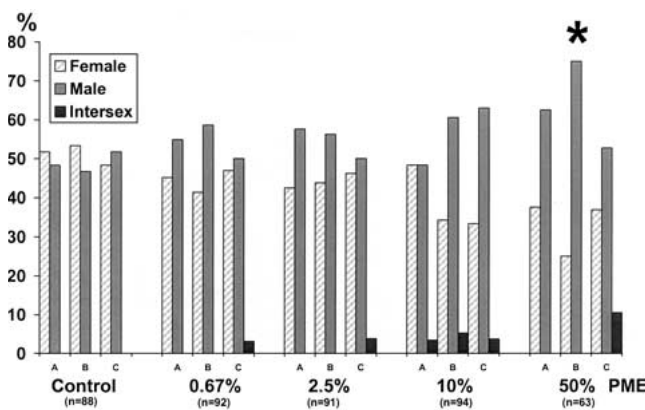


Fig. 2. Sex ratios in zebrafish exposed from 10 to 38 days post-hatch to different dilutions of pulp mill effluent (PME). Value are represented for each replicate dilution (A,B,C). *Significantly different from controls ($p < 0.05$).

mean percentage of males in the control group was 49%. In groups exposed to 0.67, 2.5, and 10% PME, the mean percentages of males were 54, 55, and 57%, respectively. A significantly ($p < 0.05$) higher number of males (mean 63%) was recorded after exposure to 50% PME.

A low non-significant ratio of fish with intersex gonads was detected in all groups exposed to pulp mill effluent (Fig. 2). Generally, the intersex gonads were characterised by the presence of one or a few oocytes surrounded by testicular tissue (Fig. 3). However, in one fish exposed to 50% PME, one gonad was divided into ovarian and testicular tissue parts, containing both eggs at the vitellogenic stage and mature spermatozoa (Fig. 4).

Image analysis revealed no differences between the groups in measured areas of the gonads, neither in females nor in males. In females, the mean areas of the ovaries ranged between 576,000–808,000 μm^2 . The mean areas of immature oocytes (up to the perinucleolar stage) ranged between 168,000–236,000 μm^2 . The mean percentages of immature oocytes of the ovary sections increased from 49% in controls

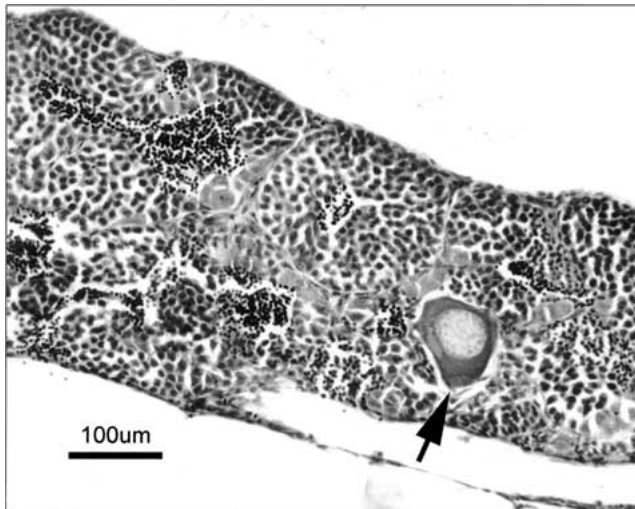


Fig. 3. Intersex gonad in zebrafish exposed from 10 to 38 days post-hatch to 10% effluent water from a Swedish pulp mill. The testicular tissue contains a single immature oocyte (arrow).

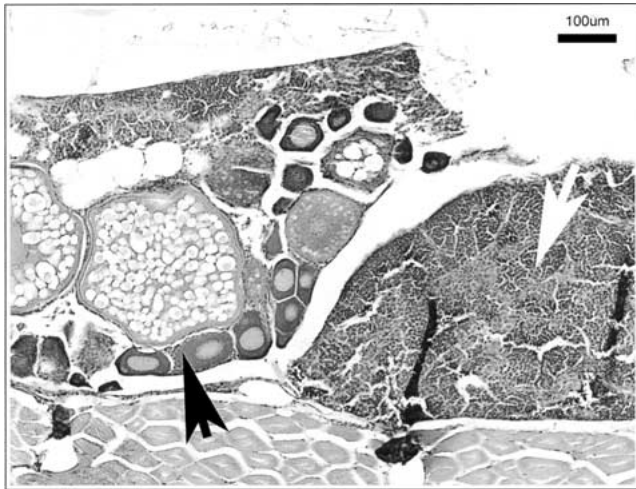


Fig. 4. Intersex gonad in zebrafish exposed from 10 to 38 days post-hatch to 50% effluent water from a Swedish pulp mill. The gonad is divided into separated ovarian (black arrow) and testicular (white arrow) parts.

up to 60% in fish exposed to 10% PME (Fig. 5), although not significantly. In male fish, the mean areas of testes ranged between 113,000–148,000 μm^2 . The mean areas of spermatozoa ranged between 4,400–5,800 μm^2 . A trend in increase in the percentage of spermatozoa was measured in exposed fish (Fig. 6), ranging from 2.4% in controls to 3.3% in fish exposed to 50% PME.

Discussion

In the present study, exposure of juvenile zebrafish to effluent water from a Swedish pulp mill revealed both androgenic and estrogenic effects. However, we also encountered a rather high overall mortality, including non-exposed fish, which is why

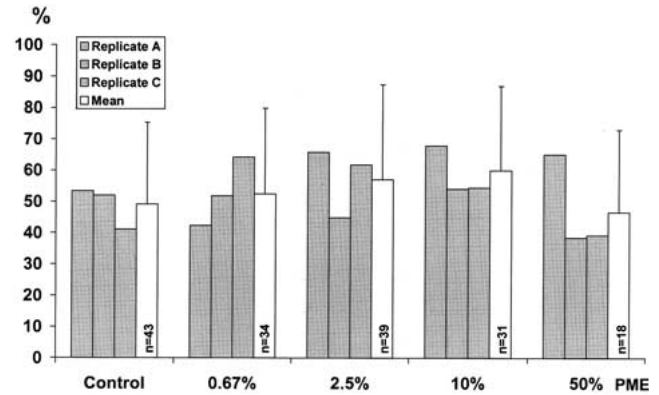


Fig. 5. Percentage of gonad area with immature oocytes in zebrafish exposed from 10 to 38 days post-hatch to different dilutions of pulp mill effluent (PME). Values are presented for each replicate dilution (A,B,C), and the mean (+SD) of the PME dilutions.

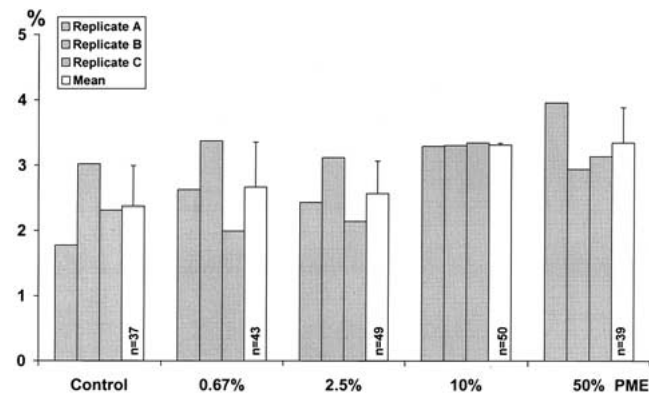


Fig. 6. Percentage of gonad area with spermatozoa in zebrafish exposed from 10 to 38 days post-hatch to different dilutions of pulp mill effluent (PME). Values are presented for each replicate dilution (A,B,C) and the mean (+SD) of the PME dilutions.

sex-dependent mortality cannot be ruled out. This mortality might be due to a number of reasons, such as nutrition, stocking density, or handling and change of environment for fish at the early start of exposure. Toxicity to pulp mill effluent (PME) has been observed in yeast cells (Svenson and Allard 2004) and might explain the higher mortality observed for fish exposed to 50% PME. The androgenic activity in the pulp mill effluent was 5.6 ng/L DHT-equivalents, as measured with the YAS assay. Similar results were obtained in a previous study of pulp and paper mill extracts, although interference with cell growth inhibition was encountered (Svenson and Allard 2004). Using the same assay, Thomas *et al.* (2002) reported androgenic activity between <2 and 9 ng/L DHT-equivalents in seven different UK estuary surface waters. In one of those, receiving sewage effluent discharge, 4-androstenedione and its metabolite 5 α -androstenedione were identified as the major contributors to the androgenic activity (Thomas *et al.* 2002). In a recent paper by Larsson *et al.* (2006), chemically fractionated extracts of effluent water from the present pulp mill were tested in a competitive androgen receptor binding assay from Atlantic croaker (*Micropogonias undulatus*). The primary

effluent contained 96 ng DHT equivalents/L, whereas the final effluent 6 ng/L, which is equal that of the present YAS assay. Further chemical analyses revealed 35 androgen receptor ligands in different fractions, although the agents have not been fully identified, supporting the fact that masculinisation observed in effluent exposed fish is caused by androgens present in the pulp mill (Larsson *et al.* 2006).

The male-biased sex ratios observed in the present study are in accordance with previous findings. In 1998; Larsson *et al.* (2000) measured male-biased eelpout offspring in fish sampled in the vicinity of the same Swedish pulp mill. In a further study on historical samples of eelpout, Larsson and Förlin (2002) reported male-biased sex ratios at the same location in the years 1991; 1998, and 2000. In 1999; normalised sex ratios were measured. This recovery was related to a 17-day shut down at the mill, coinciding with the period of gonadal differentiation in eelpout embryos (Larsson and Förlin, 2002). In laboratory experiments, Larsson *et al.* (2002) reported enhanced coloration of female guppies exposed for 42 days to a 10% dilution of the effluent, indicating an androgenic response. The androgenicity of the pulp mill effluent has also been confirmed using female three-spined sticklebacks. Increased epithelial cell height and increased production of the glue protein spiggin in the kidneys are androgen-regulated processes normally occurring in male sticklebacks during reproduction. These androgenic effects were detected in females after exposure to 10% pulp mill effluent for six weeks (Katsiadaki *et al.* 2002). In the present study, the measurements of the spermatozoa area of the gonads might indicate stimulation of spermatogenesis. In a previous study, we measured increased testis area and increased percentage area of spermatozoa in zebrafish exposed to 50 ng/L of the androgen 17 β -trenbolone (Örn *et al.* 2006). Similar findings were also observed in zebrafish exposed to concentrations \geq 100 ng/L of 17 α -methyltestosterone (Örn *et al.* 2003). In juvenile male sea bass (*Dicentrarchus labrax*), implantation of testosterone resulted in accelerated gonadal differentiation and to some extent also stimulated spermatogenesis Zanuy *et al.* (1999).

A well-known example of masculinization of wild fish is that of mosquito fish (*Gambusia affinis*) in streams in Florida, USA. In Fenholloway River, receiving paper mill effluents, female mosquitofish have been reported to develop an elongated anal fin resembling the male gonopodium (Howell *et al.* 1980; Cody and Bortone 1997; Bortone and Cody 1999; Jenkins *et al.* 2001). The cause to this masculinisation is still unknown, although the presence of androgens in the river has been verified. The androgenic hormone androstenedione has been identified both in the water of Fenholloway River at a concentration of 0.14 nM and in the sediment at a concentration of 2.4 nM (Jenkins *et al.* 2001; Jenkins *et al.* 2003). Other non-identified androgens are known to be present in the river water (Parks *et al.* 2001; Durban *et al.* 2002). Sediment samples from the Fenholloway River have been measured to contain relatively high concentrations (155 nM) of progesterone suggested to be derived from microbial degradation of phytosteroids (Jenkins *et al.* 2003). Masculinisation of female mosquitofish has been observed after exposure to phytosteroids that have been metabolically converted (Denton *et al.* 1985; Howell and Denton 1989). The androgens androstenedione and androstadienedione can be produced *in vitro* from

progesterone by the bacterium *Mycobacterium smegmatis* (Jenkins *et al.* 2004).

Masculinised female mosquitofish from Fenholloway river have been measured to have higher ovarian and brain aromatase activity than fish from a reference site (Orlando *et al.* 2002). Exposures to high doses of androgenic hormones are known to cause feminisation of fish by aromatisation of the androgenic hormone into an estrogenic hormone (Rinchard *et al.* 1999; Piferrer *et al.* 1993). Exposure of fathead minnows to bleached sulfite mill effluent caused changes in secondary sex characteristics (Parrot *et al.* 2003). Masculinisation of female fish was observed at lower effluent exposure concentrations, while feminisation of males was observed at higher concentrations (Parrot *et al.* 2003).

The increased production of vitellogenin in the zebrafish in the present study might be due to aromatisation of androgens present in the pulp mill effluent. Vitellogenin induction in fish have previously been reported after exposure to single androgenic hormones, e.g., androstenedione (Shilling and Williams 2001) and 17 α -methyltestosterone (Ankley *et al.* 2001; Zerulla *et al.* 2002; Hornung *et al.* 2004), as well as to complex pulp or paper mill effluents (Soimasou *et al.* 1998; Mellanen *et al.* 1999; Tremblay and Van Der Kraak 1999; van den Heuvel and Ellis 2002). However, other chemicals must be taken into consideration also. The increased Vtg production might be caused by direct effects of estrogenic phytosteroids. Pulp mill effluents are known to contain a large number of different phytosterols. Increased vitellogenin production has been measured after exposure to various phytosterols, such as b-sitosterol, genistein, biochanin A, equol, and coumestrol (Pelissero *et al.* 1991; Mellanen *et al.* 1996; Tremblay and Van der Kraak 1999; Latonelle *et al.* 2002).

In the present study, intersex fish were observed in all exposure groups. The occurrence of intersex in exposed fish can be due to disturbances in gonad development by direct estrogenic and androgenic effects of phytosteroids present in the pulp mill effluent. Intersex might also be caused by sudden changes in endogenous sex hormone concentrations during gonadal development due to aromatisation of xeno-androgens. In a previous study, we observed intersex after exposure of juvenile zebrafish to 1 μ g/L of 17 α -methyltestosterone, as well as elevated levels of vitellogenin compared with lower doses (Örn *et al.* 2003). The presence of aromatisable androgenic compounds in the pulp mill effluent could explain the male-biased sex ratios, the increased vitellogenin production, and the occurrence of zebrafish with intersex.

Vitellogenin measurement and gonad development were shown to be suitable endpoints for evaluation of a chemically complex water. The androgenicity of the effluent was confirmed by the increased number of males and with the YAS assay. However, the elevated Vtg levels also revealed the estrogenic potency of the effluent. This highlights the importance of combining endpoints with effects at different biological levels when evaluating unknown chemicals or complex mixtures.

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