

The genetic composition of *Oxalobacter formigenes* and its relationship to colonization and calcium oxalate stone disease

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Received: 11 April 2013 / Accepted: 15 April 2013 / Published online: 30 April 2013
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Abstract *Oxalobacter formigenes* is a unique intestinal organism that relies on oxalate degradation to meet most of its energy and carbon needs. A lack of colonization is a risk factor for calcium oxalate stone disease. Protection against calcium oxalate stone disease appears to be due to the oxalate degradation that occurs in the gut on low calcium diets with a possible further contribution from intestinal oxalate secretion. Much remains to be learned about how the organism establishes and maintains gut colonization and the precise mechanisms by which it modifies stone risk. The sequencing and annotation of the genomes of a Group 1 and a Group 2 strain of *O. formigenes* should provide the informatic tools required for the identification of the genes and pathways associated with colonization and survival. In this review we have identified genes that may be involved and where appropriate suggested how they may be important in calcium oxalate stone disease. Elaborating the functional roles of these genes should accelerate our understanding of the organism and clarify its role in preventing stone formation.

Keywords Calcium oxalate kidney stone disease · *Oxalobacter formigenes* · Microbiome · Probiotic

Introduction

Oxalobacter formigenes is part of the bacterial flora in the large intestine of many humans and other mammalian species. It is unique in that it requires oxalate both as an energy and carbon source. Its existence was first recognized from its role in acclimating livestock to the ingestion of high oxalate diets and preventing oxalate toxicity [1, 2]. There is relatively very little known about the biology of the organism, particularly on how it copes with the stresses of the hostile environments it encounters and how it is able to establish a niche in the large intestine. The release of the genome sequence of a Group 1 (OXCC13) and a Group 2 strain (HOxBLS) as part of the Human Microbiome Project has provided a genetic framework for investigating important biological properties of the organism. From the genes identified it is clear that *O. formigenes* contains a repertoire of genes expected of an intestinal microbe that permits it to survive and effectively compete for its niche in the intestinal environment. General genome statistics are shown in Table 1. The approximate 2,100 genes they contain are at the lower end of the range of 1,500–7,500 genes found in free-living bacteria [10].

Because of the contribution of dietary oxalate to calcium oxalate stone disease [29], the potential relationship of this organism to intestinal oxalate balance and urinary oxalate excretion has attracted considerable attention. Whether high oral doses of this organism can promote sufficient intestinal oxalate secretion to diminish the oxalate burden on the kidney in individuals with primary hyperoxaluria is also being tested [30]. What is known about the biology of *O. formigenes* and its relationship to human health will be examined in this review. Considerations include the identification of the lack of colonization with *O. formigenes* as a risk factor for recurrent calcium oxalate stone formation;

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Table 1 Genome statistics of *O. formigenes* strains OXCC13 and HOxBLS

	HOxBLS	OXCC13
DNA coding number of bases	2063277	2088012
G/C content	52.68 %	49.59 %
Protein coding genes	2125	2076
RNA genes	46	48
Proteins coding with a functional prediction	1,403	1,443
Protein coding as enzymes	638	662

the observation in rodent models that colonization with *O. formigenes* can modify the oxalate transport properties of intestinal epithelium; the detection of a presumptive secretagogue in lysates of *O. formigenes* that modifies intestinal oxalate transport in the rat; and some of the most important aspects of the genomic sequence of *O. formigenes*. As well as covering these recent developments, we also identify the major unknown features of the organism. More information is required, for instance, on how the organism handles periods of oxalate deprivation, how it responds to antibiotics and other antibacterial agents, how they communicate as a group to enhance survival during periods of stress, and what mechanisms are employed to colonize the large intestine. Little is known on the temporal and spatial dynamics of *O. formigenes* as intestinal oxalate and calcium levels change and how this affects colonic oxalate absorption and secretion. We hypothesize that there is a mutualistic relationship between the host and this organism, with *O. formigenes* benefiting the host by releasing soluble calcium from ingested calcium oxalate crystals, and the host secreting oxalate into the gut, ensuring an adequate food supply for *O. formigenes* to sustain its growth during periods of dietary oxalate deprivation. While colonization with *O. formigenes* may provide some protection against idiopathic calcium oxalate stone disease, a complete characterization of the protective mechanisms is required as well as the exploration of ways to enhance this protective pathway. In addition, methods for establishing or re-establishing gut colonization and maintaining it need to be developed.

Description of the organism

O. formigenes is a Gram-negative, obligately anaerobic, rod or curve shaped, non-motile, non-spore forming bacterium that belongs to the *Betaproteobacteria* class and *Burkholderiales* order. Comparisons of 16S rRNA sequences from *O. formigenes* with sequences from a diversity of other *Betaproteobacteria* support the concept that *O. formigenes* is a distinct group of bacteria, and also that it shares a specific relationship with other genera

(*Telluria*, *Janthinobacterium* and *Duganella*) that are currently in the *Oxalobacteraceae* family. Comparisons of the profiles of cellular fatty acids of 17 strains of *O. formigenes*, including strains isolated from gastrointestinal contents from humans, sheep, cattle, pigs, guinea pigs, rats and from fresh water lake sediments, support the concept of separating these strains into two main groups (currently designated as Group I and II). In Group 1 strains, a cyclic 17 carbon fatty acid predominates whereas in Group 2 a cyclic 19 carbon acid is dominant [44]. These cyclic fatty acids are believed to help organisms better withstand environmental stress, such as acid tolerance [45]. The *O. formigenes* genomes contain a key gene essential for their synthesis that codes for cyclopropane-fatty-acyl-phospholipid synthase (Gene Locus tags: OFBG_01193, OFAG_00246). The relationship between fatty acid composition and the different sensitivities of the strains to antibiotics, bile salts, air and pH remains to be determined [4, 20].

Growth of *O. formigenes* in culture occurs under anaerobic conditions, with optimal growth at pH between 6 and 7 in a carbonate–bicarbonate buffered medium that contains minerals, oxalate, acetate, and a small amount of yeast extract. Oxalate serves as both the energy yielding substrate and the major source of carbon for growth [16, 17]. The energy yield from this step is low, but sufficient to support growth. The products from oxalate metabolism are carbon-dioxide and formate, with approximately 1 mole of each produced per mole of oxalate metabolized. Energy generation is centered on the development of a proton-motive force through the electrogenic exchange of oxalate (in) and formate (out) across the cell membrane together with the consumption of a proton inside the cell (Fig. 1) when the CoA-ester of oxalate is decarboxylated by oxalyl-CoA-decarboxylase [3, 39]. This process can be maintained over a fairly wide external pH range (5.5–7.5), enabling it to survive in an environment where pH may fluctuate [39]. Both oxalyl-CoA-decarboxylase and the formyl-CoA transferase have been purified and characterized [6, 7]. An

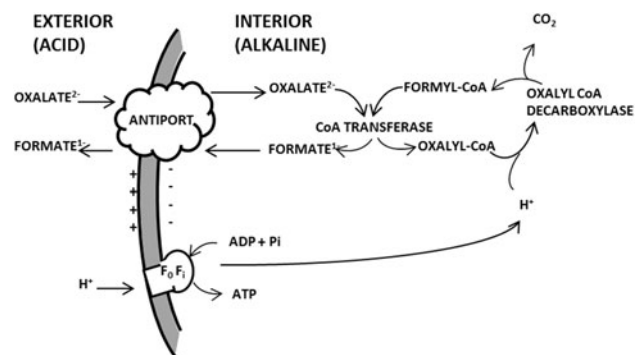


Fig. 1 Oxalate catabolism and ATP synthesis in *O. formigenes*. Electrogenic oxalate²⁻: formate¹⁻ exchange forms the basis for sustaining a proton-motive force. Taken from Anantharam et al. [3]

antiporter protein (OxIT) facilitates the oxalate–formate exchange [35, 52].

Growth on oxalate

To date most of the information on the growth of the organism has been confined to the use of soluble oxalate in liquid culture. In liquid cultures with a high oxalate concentration, the buildup of formate in the medium can inhibit its growth. This response to formate restricts the growth of *O. formigenes* in chemostat cultures and poses a problem for the cultivation of large amounts of the bacteria for probiotic use. Different strains appear to have differing capacities to degrade oxalate with the maximal concentration supporting growth reported to be 111 mM [18]. No other substrate has yet been identified that it can grow on. It requires a low concentration of acetate (0.5 mM) to grow, but acetate alone cannot support growth [44]. Genes encoding a malonate decarboxylase (OFBG_00828, OFAG_00704) and a malonate transporter (OFBG_00815) have been identified in the *O. formigenes* genome, but malonate, a 3-carbon dicarboxylic acid, has not yet been demonstrated to support its growth [18].

The expression of the three proteins, oxalyl-CoA-decarboxylase (OFAG_01484, OFBG_01523), formyl-CoA transferase (OFAG_02109, OFBG_02073), and OxIT (OFAG_01473, OFBG_01510), is central to oxalate metabolism in this organism (Fig. 1). However, it is not known how the expression of these enzymes is affected by the concentration of oxalate in the environment of the organism or by other potential modifiers. Understanding the regulation of expression is important as it could lead to ways to upregulate the expression of these enzymes and accelerate the breakdown of dietary oxalate in the gut.

The dependency of *O. formigenes* on oxalate for growth has the potential to cause dramatic shifts in its population size. This was highlighted in a recent study where *O. formigenes* numbers were measured in the stool of healthy subjects equilibrated to diets controlled in oxalate, calcium and other nutrients as shown in Fig. 2 [34]. Numbers increased 12-fold on average as dietary oxalate increased 15-fold. The availability of the oxalate also influenced numbers as a fivefold increase in dietary calcium decreased numbers approximately fivefold. When the response to the diet was compared in colonized and non-colonized individuals, a significant difference in urinary oxalate excretion was observed only on the low calcium (400 g/day) diet (34.9 ± 2.6 vs. 43.6 ± 2.6 mg/day; $P = 0.026$). Of note also was the variability in numbers and how it was influenced by the amount of dietary oxalate (Table 2). The greatest variability was observed with the low oxalate diet (50 mg/day). This variability may reflect a greater sensitivity of *O. formigenes* to the other gut flora as it struggles

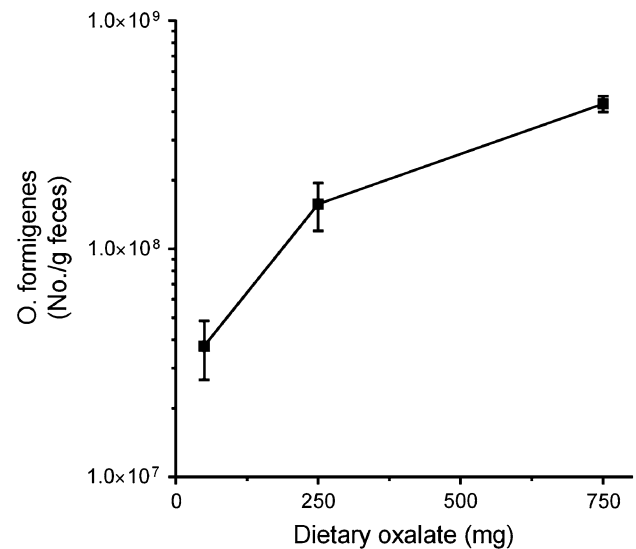


Fig. 2 Number of fecal *O. formigenes* with changes in dietary oxalate. Daily calcium intake was 1,000 mg. Real-time PCR was used to quantitate *O. formigenes* numbers. Reprinted from Jiang et al. [34], with permission from Elsevier

Table 2 Range of *O. formigenes* fecal number with changes in dietary oxalate

Daily dietary oxalate intake (mg)	Range of <i>O. formigenes</i> fecal number	Fold difference
50	$3.9 \times 10^5 - 9.9 \times 10^7$	2,500
250	$5 \times 10^6 - 4.2 \times 10^8$	800
750	$2.6 \times 10^8 - 5.7 \times 10^8$	2

Daily dietary calcium intake was 1,000 mg. Real-time PCR was used to quantitate *O. formigenes* numbers. The limit of detection for this assay is 0.0001 ng of *O. formigenes* DNA, which equates to approximately 2.41×10^5 *O. formigenes* per g feces. Data previously published by Jiang et al. [34]

to maintain its population size, to some other host factor, or to variability in the availability of dietary oxalate or some other dietary component. The robustness of *O. formigenes* to survive such dramatic population shifts warrants further examination.

Fecal oxalate measurements in the study by Jiang et al. [34] allowed the yield of *O. formigenes* per mg oxalate to be estimated. Total fecal oxalate recovered from stool of non-colonized and colonized subjects on the highest oxalate diet tested (750 mg oxalate/1,000 mg calcium) was 477 ± 60 and 93 ± 25 mg oxalate (mean \pm SEM), respectively, indicating *O. formigenes* degraded approximately 51 % of dietary oxalate ingested per day and other bacteria degraded 36 % of total dietary oxalate. Total mean fecal *O. formigenes* number on the 750 mg oxalate diet was $4.9 \times 10^{10} \pm 8.7 \times 10^9$ cells (mean \pm SEM). Thus, these data suggest that approximately 1×10^8 *O. formigenes* cells are produced per mg of dietary oxalate degraded,

assuming that degradation of intestinal oxalate by bacteria other than *O. formigenes* was similar in colonized and non-colonized individuals. This is in contrast to measurements of *O. formigenes* cell yield from oxalate in culture, where 1.1 mg dry weight of *O. formigenes* cells is produced per millimole of oxalate [44]. Using values from studies with *E. coli*, another Gram-negative bacterium, 1 mg dry weight of cells equals 4×10^9 cells [51]. Thus, 1.1 mg of *O. formigenes* cells would equal about 4.4×10^9 cells produced per millimole of oxalate, or about 4.9×10^7 cells/mg oxalate. Surprisingly, this cell yield from oxalate in culture medium is 2.7-fold lower than that calculated in stool of colonized subjects equilibrated to the controlled high oxalate diet described above. The reasons for this are unclear. It may be due to the approximations made or to conditions in vivo producing cell yields greater than those observed with optimized culture conditions.

An important question related to *O. formigenes* survival and growth in the gut is its capacity to degrade crystalline as well as soluble oxalate. Ingested oxalate is present in food as the soluble anion or as insoluble, crystalline calcium oxalate. Much of the oxalate that *O. formigenes* encounters in the gut may be insoluble as ingested soluble oxalate may precipitate as calcium oxalate due to the concentrations of calcium and oxalate reached in intestinal fluids. The concentration of calcium in the intestinal lumen is reportedly 0.5–1 mM calcium [42] and is influenced by both dietary calcium and intestinal calcium secretion. The ability of *O. formigenes* to degrade crystalline oxalate is evident in the desert-dwelling sand rat that feeds almost exclusively on cactus, an oxalate-rich food source that contains predominantly insoluble calcium oxalate as its major calcium source [49]. How *O. formigenes* facilitates the release of oxalate from such crystals or in some way promotes their dissolution is unclear. Some plants have the capability of dissolving calcium oxalate crystals present in idioblasts to relocate the crystals for seed development [31, 32] or to obtain calcium when it is restricted in the environment [22]. These studies illustrate the solubility of some plant crystals and suggest that they may contain inclusions such as proteins or peptides that facilitate their dissolution.

Oxalobacter genome

Genes of interest are those associated with cell-to-cell communication, environmental sensing, microcolony formation, host interactions and response to stress. Both *O. formigenes* strains contain genes involved in general stress responses, including sigma factors, heat shock proteins, universal stress protein UspA, osmotic stress, oxidative stress (including a methionine sulfoxide reductase), and cold shock (Table 3). Functional studies are needed to

demonstrate the involvement, if any, of these genes in the stress response of this organism.

In bacteria, a major and highly conserved mechanism for sensing and responding to the outside and host environment is comprised of a two-component system. This signaling system is composed of a histidine kinase and a response regulator that enables bacteria to alter their physiological behavior in response to changes in their immediate environment. This is accomplished by altering gene expression, enzymatic reactions or protein–protein interactions [12]. We were able to identify at least 18 distinct open reading frames that may encode for either a histidine kinase or a response regulator protein, some of which are identified in Table 3.

The quorum sensing strategies that *O. formigenes* utilizes to influence group activities are not known. In Gram-negative bacteria, acylated homoserine lactones are the most common autoinducer used for cell-to-cell communication [46]. The OXCC13 and HOxBLS genomes encode several proteins with significant homology to DNA-binding response regulators in the LuxR family and may be involved in such communication (OFBG_01501, OFBG_00440, OFAG_00058, OFAG_02291). Some Gram-negative bacteria communicate using small molecules whose production depends on *S*-adenosylmethionine (SAM) as a substrate [62], and both *O. formigenes* genomic sequences encode *S*-adenosylmethionine synthase (OFAG_02097, OFBG_00071). Identifying the small molecules that *O. formigenes* secretes to influence various group behaviors may lead to strategies to improve the ability of this organism to survive in the intestine during periods of environmental stress.

The *O. formigenes* genomes contain numerous prophages (Table 3). The incorporation of prophages into a genome confers several advantages to an organism and assists it to cope with adverse environments, including exposure to antibiotics and osmotic, oxidative and acid stress [59]. They can also increase growth rates and enhance biofilm formation. Application of the PFAST search tool for identifying prophage sequences in bacterial genomes indicated that OXCC13 contains four incomplete prophages with most similarity to *Enterobacteria*_phage_HK620, *Burkholderia*_phage_Bcep176, *Bathycoccus* sp. RCC1105 virus BpV1 and *Ralstonia*_phage_phiRSA1, whereas HOxBLS contains one intact region with similarity to *Burkholderia* phage KS14, and two incomplete regions with most similarity to *Pseudomonas*_phage_PAJU2 and *Bacillus*_phage_SPO1 [64].

Colicins [13] and microcins [50] are antimicrobial proteins and peptides, respectively, secreted by Gram-negative bacteria to inhibit the growth of similar or closely related bacterial strain(s). Genomes from both strains encode for a protein with good homology for colicin_V (OFBG_01340; OFAG_01318), and microsin B17 maturation protein (OFBG_01676; OFAG_001637). Both strains also have

Table 3 Examples of genes identified in the genome of *O. formigenes* strain OXCC13 and strain HOxBLS

Cell–cell communication, transcriptional regulators and environmental sensing		
	OXCC13 Gene Loci tag	HOxBLS Gene Loci tag
Serine/threonine-protein kinase HipA	OFBG_00481, OFBG_00898	OFAG_00619
Two-component system sensor histidine kinase	OFBG_01453, OFBG_00240	OFAG_01556, OFAG_00163
RNA polymerase sigma factor RpoD, RpoH and RpoN	OFBG_00182, OFBG_02057, OFBG_01317	OFAG_01295, OFAG_00100, OFAG_02023
Heat-inducible transcriptional repressor	OFBG_02048	OFAG_02014
MarR family transcriptional regulator	OFBG_01978, OFBG_00494, OFBG_00985	OFAG_01943, OFAG_00564, OFAG_00562
Integration host factor subunit alpha and beta	OFBG_01627, OFBG_00154	OFAG_00071, OFAG_01588
Transcriptional activator MetR	OFBG_01032	OFAG_00527
Pilus genes		
Type I pilus protein CsuB	OFBG_00909	
Type I pilus protein CsuA/B	OFBG_00908	
Type I pili usher pathway chaperone CsuC	OFBG_00910	
Type I pili usher protein CsuD	OFBG_00911	
Spore coat U domain-containing protein	OFBG_00912	
Phage genes		
Phage integrase	OFBG_01776	OFAG_01357
Phage major capsid protein	OFBG_00323	
Bacteriophage tail fiber protein	OFBG_00659	OFAG_00945
Stress related genes		
Methionine-R-sulfoxide reductase	OFBG_00160	OFAG_00077
Cold shock domain protein CspA	OFBG_01608	OFAG_01569
(p)ppGpp synthetase, RelA/SpoT family	OFBG_01447, OFBG_01468,	OFAG_01420, OFAG_0.1440
Peroxiredoxin	OFBG_00067	OFAG_02092
hsp70-like protein	OFBG_02052	OFAG_02018
Carbon starvation inducible proteins	OFBG_00640	OFAG_00974
Phosphate starvation inducible proteins	OFBG_00405	OFAG_01173
Universal stress family proteins	OFBG_00128	OFAG_00244
Starvation-signaling stringent response proteins SspA and SspB	OFBG_01881, OFBG_01880	OFAG_01837, OFAG_01838

genes with good homology for toxin resistance, including Bacitracin resistance protein (OFAG_02041; OFBG_00014).

Clustered regularly interspaced short palindromic repeat (CRISPR) loci have been shown to protect prokaryotes from invading phages and plasmid DNA [24]. Both strains of *O. formigenes* encode CRISPR-associated intergenic sequences, six in the genome of OXCC13 and three in the genome of HOxBLS.

Over 50 putative transcriptional regulators, some of which are shown in Table 3, have been identified in the genomes of *O. formigenes* based on the presence of conserved functional domains, indicating that *O. formigenes* has the machinery to modulate gene expression during stress. For example, HOxBLS and OXCC13 contain eight and four genes, respectively, that contain the conserved domain Pfam01047 (MarR family), which are

transcriptional regulators involved in resistance to multiple antibiotics, household disinfectants, organic solvents, and oxidative stress [21].

The genomes also contain the Hfq gene (OFBG_00195, OFAG_00111) which codes for an RNA chaperone. Hfq can bind to both small RNAs (sRNA) and mRNA [26]. The small RNA regulators have been identified in a wide range of organisms and range in length from 50 to 500 nucleotides. They play a critical role in regulating many cellular processes. Most organisms have 50–100 sRNAs and they remain to be identified in *O. formigenes*.

Nutrient limitation

A low oxalate intake, as might occur with certain diets, such as high protein–high fat diets, fasting, and enteral and

parenteral feeding, raises several questions regarding how *O. formigenes* responds to periods of oxalate deprivation. Is *O. formigenes* colonization lost on diets containing negligible oxalate? How does *O. formigenes* respond to starvation so that growth is arrested in a regulated manner that maximizes chances for long-term survival and persistence? Does *O. formigenes* develop resistance cells without dormancy [47]? Does enteric oxalate secretion from the host provide a “consistent” source of oxalate that ensures survival of *O. formigenes* during periods of dietary oxalate deprivation? Examining how *O. formigenes* survives dietary oxalate deprivation in the gut and the molecular mechanisms associated with this may provide insight into strategies to promote *O. formigenes* colonization of the intestine. Searching the *O. formigenes* genome databases reveals several genes that are known to play an important role during periods of nutrient starvation (Table 3). The protein HipA, a member of the phosphoinositol 3/4-kinase superfamily, plays an important role in growth arrest and persistence [8], and the genomes encode a HipA domain-containing protein (OFBG_00481, OFAG_00619). In Gram-negative bacteria, the starvation response triggers the alternative sigma factor RpoS, which controls genes that make stationary cells more adaptable and resistant to challenging situations [61]. Genomes of both *O. formigenes* strains encode proteins with significant amino acid sequence homology to *E. coli* RpoS (OFAG_01295, OFBG_01317). Leucine-responsive regulatory protein (Lrp) acts as a global transcriptional regulator to coordinate cellular metabolism with the nutritional environment [40] and thus plays an important role during nutrient starvation. A blast analysis identified apparent transcriptional regulators with significant sequence homology to *E. coli* Lrp (OFBG_00685, OFAG_00599, OFAG_00909, OFAG_00597). The genome of both strains of *O. formigenes* encodes integration host factor (OFAG_00071, OFAG_01588, OFBG_00154, OFAG_01627), which has been shown to be important to cell survival during stationary phase [19]. *O. formigenes* genomes also encode carbon starvation inducible proteins, phosphate starvation inducible proteins, universal stress family proteins, and specific starvation-signaling stringent response proteins (Table 3), including proteins in the RelA/SpoT family (OFBG_01447, OFBG_01468, OFAG_01420, OFAG_01440), and stringent starvation proteins A (SspA) and B (SspB) (OFBG_01880, OFBG_01881, OFAG_01837, OFAG_01838). Expression of both SspA and SspB is increased during starvation-induced stress [63]. SspA is required for cell survival during acid-induced stress and also functions as a transcriptional activator [27]. SspB is known to enhance the recognition of proteins marked for degradation by specific *E. coli* proteases including ClpA [57]. In *E. coli* and other bacteria the functional Clp

protease is comprised of two components: a proteolytic component and one of several regulatory ATPase components. Interestingly, the genomes of both strains contain two ORFs (OFBG_00322 and OFBG_00262) that correspond to the ATP-dependent ClpP protease and its proteolytic subunit. In addition there are three ORFs (OFBG_01106, OFBG_01606, OFBG_01607), that may encode for the ClpB, ClpA and ClpS proteases, respectively.

Activation of the starvation-signaling stringent response has been shown to mediate antibiotic tolerance in *Pseudomonas aeruginosa* [48], and protection against osmotic stress [33], temperature stress [25], and acid stress [5]. Exploring the tolerance of *O. formigenes* to such stresses following nutrient limitation warrants further investigation. These studies may identify culture conditions that improve the success of recolonizing stone formers, and dietary approaches that can maintain *O. formigenes* colonization of the large intestine during periods of antibiotic therapy.

Oxalobacter colonization

Little is known about how and when individuals become colonized or how it persists over time. Successful colonization of the gut presumably requires *O. formigenes* to occupy both mucosal and luminal niches; however, nothing is known about the biogeographic distribution of *O. formigenes*. The intestinal site/sites of *O. formigenes* colonization have only been examined in the study by Weaver and colleagues [60]. Their study, where subjects had undergone preparations for colonoscopy, showed that oxalate degradation, apparently due to *O. formigenes*, was detected in cecal (~90 cm from anus) and/or sigmoid (~40 cm from anus) brushings from 22 of 24 subjects, with concentrations of oxalate-degrading bacteria estimated to be tenfold greater in cecal brush samples than sigmoid brushings.

The source of *O. formigenes* that colonizes the gut is not known. Studies to date suggest it occurs early in childhood [55], and if animal experiments provide any insight it is obtained from the environment, not directly from the mother [15]. The survival of the bacterium outside of the intestine has not been documented in any detail. It is expected that it will enter the immediate environment of human households in soil, dust, and possibly through the contamination of hand-touched objects, including pets. Interestingly, microbial 16S rRNA analysis of groundwater collected at depths of greater than 100 feet identified isolates from the *Oxalobacter* genus [14]. The survival of *O. formigenes* in various environments warrants further investigation. Improvement of techniques to increase the sensitivity of detecting low numbers of *O. formigenes* will facilitate answering these questions.

An understanding of both the bacterial and host genes involved in *O. formigenes* colonization of the large intestine will be important in identifying conditions that promote colonization. Persistent and robust colonization of the large intestine may require *O. formigenes* to express proteins involved in attachment to host cells. Genome analysis of both *O. formigenes* strains reveal a number of proteins that may be involved in this process. The OXCC13 genome contains genes that code for four proteins that are homologous to the type 1 pilus proteins [11], and appear to be in an operon (Table 3). Interestingly, the draft sequence of HOxBL5 does not harbor genes that show good homology to these OXCC13 pilus proteins. The ability of *O. formigenes* to form pili could facilitate cell-to-cell transfer of genetic material, adhesion to host cells and the transfer of molecules to host cells.

One study has addressed the colonization/re-colonization of humans with *O. formigenes*. Two healthy adults became colonized following the ingestion of cultured *O. formigenes* [20]. It seems quite possible that *O. formigenes* colonization/re-colonization will prove to be an efficacious and inexpensive method for limiting calcium oxalate stone risk.

Mutualism: benefits for host and *Oxalobacter*

A plausible hypothesis for the benefit to the host of colonization with *O. formigenes* is its ability to free up calcium ingested as calcium oxalate, as is most evident in studies of the sand rat and the ingestion of cactus calcium oxalate discussed above [49]. Such degradation may be an important factor in enhancing calcium bioavailability in human populations with limited access to dairy products or other rich sources of calcium and warrants further investigation.

Benefits to *O. formigenes* in colonizing the human gut are a secure, reasonably controlled habitat, and dietary oxalate as a food source. As oxalate consumption by humans is random, *O. formigenes* appears to have evolved the capability of modifying the oxalate transport properties of host cells and thus promoting its survival. This was illustrated by Freel et al. [23] who showed that both the colonization of rats with *O. formigenes* and the ingestion of *O. formigenes* lysates stimulated intestinal oxalate secretion. Further work by Hatch et al. [28] showed that *O. formigenes* colonization of *Agxt* null and wild type mice resulted in normalization of plasma oxalate and urinary oxalate excretion in otherwise hyperoxalemic and hyperoxaluric animals. Such changes, if confirmed and characterized, could open new avenues for therapies that increase intestinal elimination of body stores of oxalate.

Oxalobacter and the risk of calcium oxalate stone disease

Since the discovery of *O. formigenes* and the recognition that it resides in the human gut and degrades oxalate, a role for the organism in stone disease has been considered. A review of colonization frequencies conducted worldwide indicated that 38–77 % of a normal population is colonized and it was consistently observed that the colonization frequency in stone formers was about half that in normal subjects [36, 37]. Initial case–control studies with small numbers of subjects suggested colonization may be protective against stone disease [9, 43, 58]. Measurements of urinary oxalate excretion indicated that there was a lower urinary oxalate excretion in colonized compared to non-colonized individuals despite a large variability in oxalate excretion and a lack of dietary oxalate control during urine collections. The association of recurrent calcium oxalate stone disease was assessed in a study of 247 calcium oxalate stone formers and 259 matched controls [36]. The odds ratio for forming a recurrent stone when colonized was 0.3; i.e., a 70 % reduction in stone risk. Surprisingly, there was no difference in urinary oxalate excretion between colonized and non-colonized individuals in either group. Although the sample size was not an issue in this study, oxalate excretion was again highly variable and dietary oxalate and calcium were not controlled. This discordance in results may be partially explained by our recently reported studies illustrating the dietary dependence of the effect [34]. A recent study involving 37 calcium oxalate kidney stone formers, of which 11 were colonized with *O. formigenes*, showed 24 h urinary oxalate excretion and plasma oxalate were significantly lower in *O. formigenes* colonized patients compared to *O. formigenes*-negative patients on a controlled standardized diet [56]. Furthermore, colonization was significantly inversely associated with the number of stone episodes. A lower plasma oxalate levels in colonized patients supported findings in rodents that *O. formigenes* enhances or induces enteric oxalate secretion and warrants further examination.

Antibiotic exposure

Several studies have indicated that the intake of antibiotics can result in the loss of colonization [37, 38, 43], and this is supported by lower prevalence of *O. formigenes* in both cystic fibrosis patients [53], and calcium oxalate stone formers who are frequently prescribed antibiotics [43, 54]. Stone patients frequently receive antibiotic therapy during surgical procedures to remove stones, placing colonized patients at risk of losing *O. formigenes* colonization. In a test of the sensitivity of four different strains of

O. formigenes to commonly used antibiotics we observed that all of them were resistant to amoxicillin, amoxicillin/clavulanic acid (augmentin), ceftriaxone (rocephin), and vancomycin [41]. Resistance to amoxicillin and clavulanic acid is in keeping with both the OXCC13 and HOxBLS strain having the gene that encodes for beta lactamase (OFAG_00902; OFBG_00689). Strain OXCC13 contains the 5-nitroimidazole antibiotic resistance gene (OFBG_00777) and is resistant to nitrofurantoin, whereas strain HOxBLS lacks the gene and is sensitive to this antibiotic [41]. *O. formigenes* is also likely to be resistant to chloramphenicol, as both OXCC13 and HOxBLS contain a gene with good homology to chloramphenicol acetyltransferase (OFAG_00880; OFBG_00696). These antibiotic resistance patterns suggest that it may be prudent to tailor antibiotic therapy and not treat stone patients with antibiotics which will eradicate *O. formigenes*.

Conclusions

The genome of *O. formigenes* encodes traits important for its survival and retention in the hostile environment of the gastrointestinal tract. However, the mechanisms by which *O. formigenes* establishes itself as a resilient member of the microbiome are not known. As more features of the intestinal microbiome are defined, the characteristics of *O. formigenes* that have enabled it to establish its niche should become apparent. Unraveling these mechanisms is especially important with respect to the colonization/recolonization of non-colonized stone formers and how this impacts stone risk. Further studies on the factors involved in re-colonization and its stabilization are warranted in light of this. The range of conditions where *O. formigenes* lowers stone risk remains to be clearly defined.

Acknowledgments This research was supported in part by NIH grants DK087967 and DK062284. The “*Oxalobacter formigenes* Sequencing Project, Broad Institute of Harvard and MIT (<http://www.broadinstitute.org/>)” and the Integrated Microbial Genomes (IMG) system, supported by the NIH Human Microbiome Project, were used for genomic data analysis.

Conflict of interest The authors declare that they have no conflict of interest.

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