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Detection of irreversible changes in susceptibility-weighted images after whole-brain irradiation of children

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Abstract

Introduction Whole-brain irradiation is part of the therapy protocol for patients with medulloblastomas. Side effects and complications of radiation can be detected by followup magnetic resonance imaging (MRI). Susceptibilityweighted images (SWI) can detect even very small amounts of residual blood that cannot be shown with conventional MRI. The purpose of this study was to determine when and where SWI lesions appear after whole-brain irradiation.

Methods MRI follow-up of seven patients with medulloblastoma who were treated with whole-brain irradiation were analyzed retrospectively. SWI were part of the initial and follow-up MRI protocol. De novo SWI lesions, localization, and development over time were documented.

Results At time of irradiation, mean age of the patients was 13 years (±4 years). Earliest SWI lesions were detected 4 months after radiation treatment. In all patients, SWI lesions accumulated over time, although the individual number of SWI lesions varied. No specific dissemination of SWI lesions was observed.

Conclusion Whole-brain irradiation can cause relatively early dot-like SWI lesions. The lesions are irreversible and accumulate over time. Histopathological correlation and clinical impact of these SWI lesions should be investigated.

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Keywords SWI · Medulloblastom · Irradiation · Pediatrics

Abbreviations

Susceptibility weighted imaging SWI World Health Organization

WHO

Introduction

At a rate of 20 % of all central nervous system tumors in children, medulloblastomas represent the most common malignant (WHO grade IV) brain tumor [1]. The incidence of medulloblastomas in North America is 5 per 1,000,000 in the age range of 0-19 years with a slight male dominance [2]. Owing to the high degree of occult metastasis in the cerebrospinal fluid, whole-brain irradiation constitutes part of the postoperative treatment protocol [3]. The radiation dose varies between 23.4 and 36 Gy, depending on the clinical risk stratification [4-6]. Tumor localization in the posterior fossa receives an additional boost to a total dose of 54-55.8 Gy [4, 6].

Survival rates for patients with meduloblastoma reported in the literature after 5 years are about 70 % [3, 7, 8]. Even 5- and 10-year survival rates of up to 90 % have been described under specific low-risk circumstances [9, 10]. Considering the relatively young age of patients with medulloblastomas and the high survival rates, therapy-related long-term complications in particular need to be minimized. Secondary neoplasms are reported to develop in 4 % of the survivors after 10 years [10]. Other reported complications include neurological and neuropsychological dysfunction, endocrine complications, social impairment, spinal deformities, and alopecia [1, 11].

Late tumor treatment side effects in the brain, which can be detected by magnetic resonance imaging (MRI), are secondary neoplasm, volume loss, and leukencephalopathy [12]. Additionally, case reports have identified hypointense, dot-like lesions in the radiation fields on T2*-weighted images and susceptibility weighted imaging (SWI) years after the radiation treatment [13, 14].

SWI are ideal for detecting small veins and residual blood in microhemorrhages which cannot be seen on conventional MRI [15–17]. The susceptibility for deoxyhemoglobin, hemosiderin, and ferritin is different from that in the surrounding tissue of the brain. Magnetic susceptibility describes the magnetization of a material in a magnetic field, which depends on the strength of the external magnetic field and the material characteristics [18]. The difference in susceptibility of residual blood leads to a slight local inhomogeneity of the magnetic field, which can be visualized in SWI [15, 18].

The aim of this study was to evaluate whether SWI lesions can be detected in patients with medulloblastoma who received whole-brain radiation treatment. Furthermore, we wanted to determine when and where SWI lesions appear and how they change over time.

Methods

The hospital database was screened for patients in whom uniform whole-brain radiation therapy was given after surgery for medulloblastoma. From 2007 to 2011, eight patients treated for medulloblastoma were identified. One patient succumbed to the disease and there was no followup. For the remaining seven patients, the follow-up MRI examinations were reviewed retrospectively.

The MRI examinations were performed on a 3T MRI scanner (Achieva, Phillips Medical Systems, Eindhoven) with an eight-channel head coil. The institutional followup protocol for medulloblastomas contains a DWI sequence, an axial T2-weighted sequence, a sagittal FLAIR sequence, an axial SWI sequence, and axial and coronal T1-weighted sequences before and after intravenous administration of a gadolinium-containing contrast agent. The parameters for the 3D SWI sequence were TR=15 ms, TE=21 ms, flip angle=10°, FOV=81 mm, and matrix=220×182. The acquired SWI had a slice thickness of 1 mm. An additional minimum intensity projection was created with a slice thickness of 10 mm. The SWI used by Philips is a PRESTO sequence (principles of echo shifting with a train of observations) where additional field gradients shift the refocused gradient echo into the subsequent TR periods, this results in a TE longer than the TR [19, 20].

For each follow-up MRI, the supratentorial SWI lesions were counted and compared with the previous MRI. The images of each patient where analyzed in chronologic order but the time of radiation was not evident. Lesions were counted manually by one radiologist. To minimize counting bias, the lesions were counted separately for different localizations and each scan was analyzed twice. The localizations of the lesions were distinguished as frontal, parietal, occipital, and temporal. In cases of different counting results for a region, lesions were counted a third time to verify their number. If counting results differ again, an average of all three counts was taken. SWI lesions visible on T1- or T2weighted images were named macrolesion.

Results

For each patient, six examinations (ranging from five to eight examinations) were reviewed on average. The earliest MRI examination was performed 4 months after the end of whole-brain irradiation. The latest analyzed MRI had been performed 62 months after radiation therapy. The median MRI follow-up time after whole-brain irradiation was 21 months.

All medulloblastoma patients who were followed up with MRI-developed SWI lesions at some point; none of the patients had a leukencephalopathy or radiation necrosis. The earliest SWI lesion was detected 4 months after radiation therapy. This lesion was located in the temporal lobe and the patient had received whole-brain irradiation with a dose of 23.4 Gy. The highest number of 80 lesions was found in a patient treated with whole-brain irradiation at a dose of 35.2 Gy. The radiation treatment had been performed 62 months before MRI (Fig. 1). The lowest number of SWI lesions was found in the occipital lobe; otherwise no specific distribution of SWI lesions was noted.

The number of SWI lesions increased almost linear over time in all patients (Fig. 2). In average, there was a gain of 0.6 lesions per month. However, the number and the gain of lesions varied among the individual patients. Once a lesion appeared, it could be detected during all follow-up examinations (Fig. 3).

Macroscopic lesions that were also visible on T1- or T2weighted images were detected in four patients. One patient had two such lesions; the rest of the patients had only one macroscopic lesion. The earliest macroscopic lesion was detected 12 months after the end of the irradiation. In two cases, the macroscopic lesion appeared during the follow-up period. In both of these cases, a microscopic SWI lesion was visible in the area of the macroscopic lesion in previous images (Fig. 4).

At the time of radiation therapy, the patients had an average age of 13 years (standard deviation, 4 years; ranging from 8 to 18 years). All patients were treated according to the protocols of a controlled clinical trial (HIT 2000 trial). The average whole-brain radiation dose was 29.5 Gy (standard deviation, 7.2 Gy; ranging from 23.4 to 40 Gy). The uniform whole-brain radiation was applied in fraction; in all

Fig. 1 MRI of a

medulloblastoma patient 62 months after whole-brain irradiation with a dose of 35.2 Gy. Multiple dot-like lesions are shown in the SWI in all lobes (**a**–**c**). The occipital signal alterations are caused by postoperative skull fixation. None of those lesions are visible in T2-weighted images (**d**–**f**). The patient was 11 years at the time of radiation treatment



patients, the infratentorial tumor localization received a boost. Additionally, all patients received systemic chemotherapy.

No correlation was found between the number of SWI lesions and the radiation dose or the patient age at the time of radiotherapy in this study. Further, no correlation between



Fig. 2 Number of dot-like hypointense lesions in SWI in relation to the time since completing the radiation therapy. The number of lesions increased in an almost linear fashion over time, although the individual lesion count varies

the gain of SWI lesions over time and the age or dose was found.

Discussion

In contrast to other patients with solitary primary brain tumors, medulloblastoma patients receive whole-brain irradiation in addition to local radiation treatment of the tumor bed. Considering the young age of medulloblastoma patients and the relatively high survival rates, the possible long-term complications of whole-brain irradiation need to be minimized.

This study shows clearly that small hypointense lesions can be detected by MRI using SWI while no changes are seen in these areas in conventional MRI. Cases of dot-like lesions on SWI or T2*-weighted images have been reported before; however, the lesions were detected years after irradiation in these reports [13, 14]. In adults, the earliest lesion was reported 2 years after the radiation [13]. Our study shows that such lesions can develop much sooner in irradiated children. The first lesion we detected with SWI had already developed 4 months after radiation treatment.

Although a correlation between lesion count and time has already been reported [13], these reports were crosssectional in nature and did not include serial data from an individual patient. With our approach, we also attempted to analyze the intraindividual dynamics of the lesion burden. In this study, the SWI lesions accumulated in an almost linear **Fig. 3** SWI of a medulloblastoma patient who had received whole-brain radiation therapy with a dose of 23.4 Gy at the age of 16 years. The images were acquired 10 months (**a**), 20 months (**b**), 26 months (**c**), 30 months (**d**), and 33 months (**e**) after the end of the radiation treatment. The hypodense lesions (*encircled*) accumulate over time and do not disappear. In **a**, SWI lesions are visible in other slices that are not shown here



fashion over time in each patient and once a lesion appeared, it was irreversible. However, the number of lesions varied substantially between patients at similar time points after radiation treatment. Furthermore, the gain in lesions per time period varies between the patients. Given that no correlation of the radiation dose or the patient age was found and all patients received additional chemotherapy, it would appear that the individual vulnerability varies. The risk of developing SWI lesions after whole-brain irradiation in childhood or adolescence seems to be quite high. In our study, all followed up meduloblastoma patients developed new SWI lesions at some point.

It is well known that conventional MRI can show hypointense lesions in T2-weighted images years after

Fig. 4 MRI follow-up of a medulloblastoma patient who had received whole-brain radiation therapy with a dose of 40 Gy. In SWI, 23 months after the radiation a dotlike hypointense lesion is visible in the right parietal lobe (encircled; a). At this time, the T1- and T2-weighted images show no lesions in this area (b and c). At the follow-up MRI, 27 months after whole-brain irradiation the SWI lesion is increased in size (d) and a lesion is visible on T1- and T2weighted images (e and f). The patient had more SWI lesions that are not shown in these slices. Left frontal signal alterations are due to a ventricular puncture system



radiation therapy. In most cases, they are called radiationinduced cavernomas or radiation-induced telangiectasias [21-29]. The name is based on their similarity to cavernomas on MRI and CT. Overall, incidence ranges between 3.4 and 20 % [24, 27, 29]. Clinical complications such as bleeding or seizures have only been described in rare cases. The histological evaluation of these bleedings, if they are treated surgically, is described as "consistent with cavernoma" [21, 30]. Cavernomas can be stable in size, grow, or even shrink [21, 25, 31]. In this study, we were able to observe very small lesions that can only be demonstrated with these very sensitive SWI sequences. We even observed single SWI lesions that increased in size to lesions that can be detected on conventional MRI during follow-up. We speculate that the so-called radiation-induced cavernomas visible in conventional MRI are only the tip of the iceberg, although it seems unlikely that all SWI lesions grow to lesions visible in conventional MRI. The majority of SWI lesions will never be visible in conventional MRI.

The correlation of radiation-induced cavernomas with patient age or radiation dose is the subject of discussion and some authors state that more cavernomas are associated with younger age at therapy and with higher radiation doses [21, 23–27, 29]. In this study, a trend was observed for detecting cavernomas on conventional MRI with increased number of SWI lesion, irrespective of age or radiation dose. Due to the limited patient number and the retrospective character of the study, a reliable statistical conclusion cannot be made. Furthermore, all of our study patients were under the age of 20 years and the radiation dose ranged from 23.4 to 40 Gy. For both the age and the dose, the dispersion is small so that an existing correlation might be missed. An effect of age for example might be evident by comparing adults to children and adolescents.

The described increased vulnerability for developing radiation-induced lesions of the temporal lobes [25] could not be confirmed. Apart from fewer lesions in the occipital lobe, our study did not detect any distinct distribution of lesion number or lesion location. However, the lobes where not normalized by volume, which complicates a direct comparison. The lower number of occipital SWI lesions might be explained by the smaller size of the occipital lobe and not be obvious after normalizing the volumes. As mentioned before, we tried to minimize the counting bias by analyzing the images twice and separate for the lobes; nevertheless, an uncertainty of detection accuracy remains. The infratentorial parts of the brain were deliberately not analyzed. Owing to the location of medulloblastomas near the fourth ventricle, operation and radiation boost in this area cannot be adequately compared with the other parts of the brain. Confounding artifacts from postoperative metallic hardware or blood products might lead to biases. Further, the caudal parts of the cerebellum are at the edge of the brain volume scanned with SWI and therefore are only captured variably and incompletely in some cases.

We still have not identified a histological correlate of SWI lesions. Histological studies on rats that underwent brain irradiation found vessel dilatations and thickening of the vessel walls. Degeneration of smooth muscle cells in arterioles and fibrin deposition in dilated capillary walls was also described [32-35]. The rats were irradiated once, and therefore the radiation settings differed considerably from the radiation in tumor therapy where the dose is fractionated. Radiation with fractions of a lower dose induces different tissue reactions. In rats irradiated with a fractionated dose, a decrease in vessel density has been described [36]. Furthermore, human and rat brains show a different sensitivity to irradiation [37]. For these reasons, findings gained from animal studies cannot be directly compared to humans. Histological studies in humans are only conducted in cases of hemorrhage and operation. In these rarely reported cases, thin-walled vessels surrounded by hemosiderin and intramural fibrin were found [38, 39]. However, no data exist concerning histological examinations of parts of the brain outside the hemorrhagic area.

There are different reasons for hypointense lesions in SWI. As previously described, iron-containing blood products such as deoxyhemoglobin, hemosiderin, and ferritin can cause such lesions [15, 18]. In oxygenated hemoglobin, the iron is shielded by the oxygen so that small arterial vessels cannot be seen [16, 18]. Calcium is another substance that generates SWI lesions [18]. Considering the results of the animal experiments and the rare histological findings in humans, it seems likely that the SWI lesions are small venous telangiaectasias or microhemorrhages.

Another point is the uncertain clinical relevance of the SWI lesions. As shown in our study, single of these small SWI lesions might grow in size and become visible on conventional MRI. Fortunately, these so-called radiation-induced cavernomas are mostly clinically asymptomatic [21, 24, 25]. In some cases, they might bleed and cause seizures or headache. Only patients who develop such symptoms might require surgery; otherwise, no therapy is necessary [21, 24–27, 29, 30].

Multiple SWI lesions are also observed in patients with cerebral amyloid angiopathy [17, 40–43]. These lesions look similar to radiation-induced SWI lesions and they even show a similar distribution. Histologically, confirmed causes for the SWI lesions in patients with cerebral amyloid angiopathy are microbleeds, extravasated blood, and hemosiderin. β -amyloid was found in the vessel walls near the hemorrhages [42]. The number of lesions correlates negatively with the cognitive performance of these individuals [44]. Whereas cognitive impairment is a well-known and

described complication of cerebral irradiation, this might also correlate with the number of SWI lesions in medulloblastoma patients as described for cerebral amyloid angiopathy.

Conclusion

After whole-brain irradiation, hypointense, dot-like lesions can be detected with SWI. The SWI lesions are irreversible and accumulate in an almost linear fashion over time. No specific distribution of these lesions could be found. A few lesions can even grow in size and be identified on conventional MRI; however, this is not the case for the majority of SWI lesions. The histopathological correlation is not clear and the clinical relevance remains uncertain, too.

Conflict of interest We declare that we have no conflict of interest.

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