



Investigation of ultrasound-assisted convective drying process on quality characteristics and drying kinetics of zucchini slices

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Abstract

In the present investigation, the ultrasound-assisted convective drying process for zucchini slices was studied. In this regard, the effects of convective air velocity (in three levels of 1, 2, and 3 m/s) and ultrasonic pretreatment time (in three levels of 0, 15, and 30 min) on drying kinetic, drying time, and qualitative characteristics of the dried product were investigated. Moreover, the effects of these independent variables on functional groups of dried zucchini slices were also studied using Fourier Transform Infrared spectroscopy (FTIR), and those on the microscopic structure of dried zucchini slices were investigated using Scanning Electron Microscopy (SEM). Based on the results obtained in this study, the ultrasonic pretreatment for 30 min and convective air velocity of 2 m/s are recommended for drying zucchini slices with optimal product quality and short drying time. Compared to untreated samples, less wrinkled tissues and more microscopic channels were observed in pretreated samples especially at 30 min sonication time. In terms of functional groups, there was no difference in the FTIR spectra at different levels of ultrasonic pretreatment time and convective air velocity.

Keywords Ultrasonic pretreatment time · Air velocity · Quality attributes · FTIR · SEM

1 Introduction

Zucchini (*Cucurbita pepo L.*) [1], as it is generally known in America, is recognized as “vegetable marrow” in Britain and “courgettes” in parts of Europe [2]. It is a small green squash or summer marrow with a similar shape to a ridged cucumber [1]. Zucchini is very low in calories, but it is rich in nutrients, particularly ascorbic acid, vitamins A and E, folic acid, calcium, potassium, iron, sodium, phosphorus, and magnesium [3]. Since zucchini is highly perishable [2], as one of the ancient procedures of food preservation, drying can extend its shelf life [4].

Drying process reduces the water activity of the dried product and consequently, its microbiological and chemical degradations. This process decreases the volume and weight of the product; as a result, the transportation and storage of the product will be simplified and also the cost of the transportation and storage will decrease [5, 6]. Dried zucchini snack can be

considered as a functional food type with high amounts of fiber and bioactive compounds and with low level of lipid; moreover, it can diversify vegetable consumption [5]. In addition, dried zucchini can be consumed as seasoning mixes, soup mixes, casseroles [4], ready-made sacks, rice mixtures, bulgur, pet and bird food [3]. Another advantage of zucchini drying process is that when being fried, the dried zucchini slices consume less amount of oil than the non-dried ones do [7].

Convective drying with air at elevated temperatures [8] is the most common dehydration technique due to its control simplicity [9]. It offers the lowest investment cost and generally a simple setup, compared to any other available drying technique [8]. Nonetheless, convective drying speed is commonly very low [9] so, it takes a long period of time. Consequently, convective drying process is extremely energy consuming [10] with very high operating costs [11]. In other words, usual convective drying process consumes more than 25% of the energy used by industries in the developed countries [12]. In addition, it results in the cell structure breakdown of samples [13], and causes a negative impact on nutritional, physical, and chemical qualities of the final products [10]. Therefore, some developments are still required either in the drying process or in the applied pretreatments [14]. Convective hybrid drying assisted by additional processes,

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in particular, ultrasound pretreatment, can be used to overcome the problems associated with convective drying [9].

Ultrasound is sound waves with frequencies (from 20 kHz to 100 MHz [5]) above the audible frequency range of human [8]. The ultrasound waves with high power and low frequency (frequencies from 20 to 40 kHz) [15] lead to cavitation phenomenon (implosion of bubbles) in a liquid, resulting in micro mixing [5]. In addition, ultrasound pretreatment in solid–liquid systems can lead to various phenomena such as sponge effect (alternative expansions and compressions in the solid sample) [16], acoustic streaming [6], high shear forces [15], heating effect [17] and membrane damage of cells [15].

The central goal of this investigation was to study the effects of two independent variables of ultrasonic pretreatment time (0, 15, and 30 min) and air velocity (1, 2 and, 3 m/s) in an ultrasound-assisted convective drying method on the drying kinetics, drying time, and quality indicators of the dried zucchini slices. These quality indicators included the water absorption ability (WAA), the dried matter holding ability (DMHA), the rehydration capacity (RC), and the total color difference (ΔE). To the best of our knowledge, there has been no investigation on the interaction of these two independent variables in the drying process. In addition, Fourier Transform Infrared spectroscopy (FTIR) was applied to examine possible changes of functional groups of the dried zucchini slices processed by various treatments, and scanning electron microscopy (SEM) was used to investigate their microstructure.

2 Materials and methods

2.1 Sample preparation

To perform experiments, zucchinis were procured from a local market in Isfahan. The zucchinis were manually peeled using a knife. Then, they were cut by a food slicer (model Delmonti DL 610, Italy) to slices with a thickness of 5 mm. Blanching process was performed to prevent enzymatic browning reactions in boiling water (with a ratio of sample to boiling water equal to 1 to 6) for 6 min. The blanching time was obtained based on the peroxidase (Guaiacol) test [18]. In the end, samples were cooled down quickly to the ambient temperature with cold water. It should be noted that the initial moisture content of zucchinis slices was $95.50 \pm 2.12\%$.

2.2 Ultrasonic pretreatment process

300 g of the blanched zucchini slices were put in a 1000 ml beaker, with a ratio of zucchini slices to distilled water equal to 1 to 3. Subsequently, the beaker containing the zucchini slices and distilled water was processed by the ultrasonic probe (Model UIP1000hd, Germany) with the constant frequency of 20 kHz, the ultrasound power of 1000 W at the temperature

of 25 ± 5 °C and at the two ultrasonic time levels of 15 and 30 min. The beaker containing the zucchini slices and distilled water was put in a water container so that during the ultrasonic process, the temperature of the beaker content could be regulated by adding ice cubes to the water in the container. During the ultrasonic process, the ultrasound probe was placed to the depth of 1.5 cm into distilled water in the beaker. Moreover, the zucchini slices were put in a convective dryer immediately after blanching for treatments without ultrasonic pretreatment process (0 min ultrasound).

2.3 Convective drying treatment

After eliminating the surface moisture of the zucchini slices with tissue paper, about 200 g of the zucchini slices were placed on two metal perforated plates of the convective dryer as a single layer. The convective drying process continued at the temperature of 70 °C until a constant weight was obtained (final moisture content of $12.00 \pm 2.83\%$). During drying process, the zucchini slices were weighted every 15 min by a digital balance (Kern, Germany with 0.01 g accuracy). In addition, the air velocity was checked by an anemometer (Model TES 1341, Taipei, Taiwan). In this study, three air velocity levels of 1, 2, and 3 m/s were investigated. Moreover, all the drying treatments were repeated at least in triplicate.

2.4 Procedures

2.4.1 Determination of moisture content (MC) and drying rate (DR)

To calculate the MC of the zucchini slices before and after each drying treatment, the hot air oven (Model ALFA INC 55, Iran) method was used at 70 °C until a constant weight was obtained. The MC was calculated based on a dry basis (kg water/kg dried matter) using Eq. (1) [19]:

$$MC = \frac{W_0 - W_d}{W_d} \quad (1)$$

where, W_0 and W_d are the initial and the final sample weights (kg), respectively. The Eq. 2 was used to calculate the drying rate (DR) of the zucchini slices in kg water/ kg dry matter. Min [20]:

$$DR = \frac{MC_t - MC_{t+\Delta t}}{\Delta t} \quad (2)$$

where, Δt is the time changes (min), MC_t and $MC_{t+\Delta t}$ stand for the moisture content (kg water/ kg dry matter) at the times t and $t+\Delta t$ respectively. The dimensionless moisture ratio (MR) of the zucchini slices was calculated using Eq. (3) [19]:

$$MR = \frac{MC_t}{MC_0} \quad (3)$$

where, MC_t and MC_0 are the moisture contents at time t and at the initial time (kg water/kg dry matter), respectively.

2.4.2 Shrinkage

Applying the liquid displacement technique with distilled water, the volume of the zucchini slices both before entry into the dryer and after finishing each convective drying treatment was investigated. Then, volume shrinkage was measured by Eq. (4) [21]:

$$\text{Shrinkage} = \frac{V_0 - V_f}{V_0} \quad (4)$$

where, V_0 and V_f are the volume (cm^3) of the zucchini slices before entry into dryer and after each convective drying treatment was finished.

2.4.3 Rehydration properties

To measure the rehydration parameters of the dried zucchini, the dried zucchini slices from each treatment were weighed. After that, they were immersed in distilled water (500 ml) with the temperature of 50 °C in a beaker with a volume of 1000 ml. The beaker was put in a water bath (Shimifan, Iran) with the temperature of 50 °C for 60 min. Next, the zucchini slices were separated from distilled water and their surface moisture content was removed using tissue paper. The zucchini slices were weighed and finally, in order to determine their dry matter content (S) (in percentage), they were dried in the oven at 70 °C [22]. Using Eqs. 5, 6 and 7, the water absorption ability (WAA), the dried matter holding ability (DMHA) and the rehydration capacity (RC) were calculated, respectively [23]:

$$\text{WAA} = \frac{W_r \times (100 - S_r) - W_d \times (100 - S_d)}{W_0 \times (100 - S_0) - W_d \times (100 - S_d)} \quad (5)$$

$$\text{DMHA} = \frac{W_r \times S_r}{W_d \times S_d} \quad (6)$$

$$\text{RC} = \text{WAA} \times \text{DMHA} \quad (7)$$

where, S is the dry matter content of the dried zucchini slices (%), W denotes the weight of the dried zucchini slices, and the subscripts 0, d and r symbolize before dehydration, dehydrated and rehydrated modes of the zucchini slices, respectively. The range of WAA, DMHA and RC is from zero to one. It is interesting to mention that the more changes and destruction of product during drying, the smaller these indices will be [24].

2.4.4 Total color difference (ΔE) parameter

A chromameter (Model TES-135A, Taiwan) was used to measure the L, a, and b color scales of the above surface of the zucchini slices before entry into dryer and after each convective drying treatment was finished. The L color parameter is in the range of 0 (blackness) to 100 (whiteness). Furthermore, the color parameter of a ranges from -a (greenness) to +a (redness), and the color parameter of b is in the range of -b (blueness) to +b (yellowness) [25]. In this study, the total color difference (ΔE) was measured using Eq. 8 [21]:

$$\Delta E = \sqrt{\Delta L^2 + \Delta a^2 + \Delta b^2} \quad (8)$$

where, Δ indicates the L, a, and b color parameter differences of the zucchini slices before entry into dryer and after each convective drying treatment was finished. It should be noted that for maximum accuracy, at least six zucchini slices were used for color determination of each treatment.

2.4.5 Fourier transform infrared spectroscopy (FTIR)

The FTIR test was performed to determine the functional groups of the dried zucchini slices and to study the probability of destruction of these functional groups during sonication pretreatment at three time levels of 0, 15, and 30 min, and during convective drying treatment at three air velocity levels of 1, 2, and 3 m/s. In order to perform this test, potassium bromide (KBr) and the powder of the dried zucchini slices were mixed together with the ratio of 100:1, and a pallet of them was prepared. The resulting pallet was then placed in a FTIR apparatus (Spectrum 65, PerkinElmer, U.S.A). The spectra of the samples were obtained in a region of 450–4000 cm^{-1} with 4 cm^{-1} spectral resolution [26].

2.4.6 Scanning Electron microscopy (SEM)

SEM images were prepared in order to study both the microscopic structure of the dried zucchini slices and the possible microscopic changes obtained from selected treatments using SEM instrument (EM3200, KYKY, Beijing, China) at 25 kV voltage with magnification of 500 times [27]. A gold deposition device (Model SBC12, KYKY, Beijing, China) was used to deposit a thin layer of gold on the surface of the dried zucchini slices [28] before taking the SEM images.

2.5 Statistical procedure

Statistical examination was conducted using a factorial design with two independent variables, the first of which consisted of 3 levels of ultrasonic pretreatment time (0, 15 and 30 min) and the second one included 3 levels of air velocity (1, 2 and 3 m/s). Statistical software of SAS 8.0 was used for variance

analysis of the data. Moreover, a comparison of the means of dependent variables was made using the Least Significant Difference (LSD) technique at 5% probability level ($p \leq 0.05$). It is worth mentioning that treatments were repeated three times, and the presented data are presented as mean \pm standard error (SE).

3 Results and discussion

3.1 Drying time

According to Table 1, the effects of ultrasonic pretreatment time ($p \leq 0.001$), air velocity ($p \leq 0.001$) and interaction of ultrasonic time and air velocity ($p \leq 0.01$) on the drying time of the zucchini slices are statistically significant. As observed in Table 2, those without ultrasonic pretreatment time (0 min) have the highest drying time (161 ± 4.35 min), and the ones with 30 min ultrasonic pretreatment time have the lowest drying time (134 ± 2.66 min). Therefore, by increasing the ultrasound time from 0 to 30 min, the drying time decreased by 16.77% ($p \leq 0.001$). This phenomenon is explained in some other papers. For example, it is reported that by applying ultrasound for eggplant drying, the convective drying time was significantly reduced due to an intense inducing stress in the internal microstructure of eggplant, which could result in a faster rate of moisture removal from the matrix and the noteworthy increase in the effective diffusivity [35]. Furthermore, the reduction in the drying time when ultrasound is applied can be linked to mild destruction in the protein structure, leading to less hardening degree of the tissue [36]. Moreover, it was reported that the sonication process for convective drying of apple [37] and strawberry [12] decreased drying time by 13–17% [37] and by 13 to 44% [12], respectively, in comparison to the untreated samples. The results of these studies are in accordance with those obtained in the current study.

Based on Table 3, by increasing the air velocity from 1 to 3 m/s, the drying rate decreased significantly by 24.74% (from

173 ± 2.86 min to 125 ± 2.17 min) ($p \leq 0.001$). Chandramohan and Talukdar (2017) investigated the drying rate of potato slices in a hot air drier at different air velocities of 2, 4, and 6 m/s. They also reported low drying time at air velocities of 4 and 6 m/s in comparison to air velocity of 2 m/s. When the air velocity increased, the mass and heat transfer coefficients and the diffusion coefficient increased proportionally [38]. Increasing the air velocities from 1.5 to 2.5 m/s in a tray dryer for drying fresh and osmotically pretreated pineapple slices also led to shorter drying times [39]. The results of these studies are in accordance with those obtained in the current study.

The interaction between the ultrasonic time and the air velocity on the drying time of the zucchini slices, presented in Fig. 1, shows that among all treatments, the treatment of 0 min ultrasonic time- 1 m/s air velocity has the highest drying time (188.33 ± 8.78 min). Although this treatment is not statistically different from those of 15 min ultrasonic time-1 m/s air velocity, 30 min ultrasonic time-1 m/s air velocity, and 0 min ultrasonic time- 2 m/s air velocity ($p > 0.05$), it is a significantly different from the rest of treatments ($p \leq 0.01$). Moreover, among all treatments, the treatment of 30 min ultrasonic time- 3 m/s air velocity has the lowest drying time (115.00 ± 0.11 min); this treatment is statistically different from all treatments shown in this graph ($p \leq 0.01$).

3.2 Drying rate

Convective drying rate of the zucchini slices based on the moisture ratio at three air velocity levels of 1, 2, and 3 m/s and with ultrasonic pretreatment at three time levels of 0, 15, and 30 min has been provided in Fig. 2. This figure shows that the drying treatments had only falling rate periods. Diamante and Yamaguchi (2012) also reported that the hot air drying of infused apple cubes consisted of two falling rate periods; this observation is consistent with the results of this study [29]. As shown in Fig. 2, for each air velocity, among all treatments, the treatments with 30 min ultrasonic pretreatment time have

Table 1 GLM - ANOVA results for the effect of ultrasonic time and convective air velocity on the measured responses of zucchini slices drying

F _{value}	Degree of freedom	Responses					
		Drying time (min)	Shrinkage	Water absorption ability	Dried matter holding ability	Rehydration capacity	Total color change
Ultrasonic time	2	1769 ***	0.026 ***	0.017 **	0.033 ^{n.s}	0.011 **	9.19 ^{n.s}
Convective air velocity	2	5258 ***	0.014 **	0.006 *	10.032 ^{n.s}	0.002 ^{n.s}	13.94 ^{n.s}
Ultrasonic time \times Convective air velocity	4	119 **	0.004 ^{n.s}	0.003 ^{n.s}	0.009 ^{n.s}	0.003 ^{n.s}	11.68 ^{n.s}

* $p \leq 0.05$, significant correlation

** $p \leq 0.01$, very significant correlation

*** $P \leq 0.001$, extremely significant correlation

n.s, not significant

Table 2 Effect of ultrasonic time on the measured responses of zucchini slices drying

Variable	Responses					
	Drying time (min)	Shrinkage	Water absorption ability	Dried matter holding ability	Rehydration capacity	Total color change
0	161 ± 4.35 ^a	0.67 ± 0.01 ^a	0.24 ± 0.01 ^b	0.42 ± 0.01 ^a	0.1 ± 0.004 ^b	30.78 ± 0.84 ^b
15	153 ± 0.170 ^b	0.59 ± 0.01 ^b	0.27 ± 0.01 ^b	0.47 ± 0.02 ^a	0.13 ± 0.01 ^a	29.32 ± 0.37 ^b
30	134 ± 2.66 ^c	0.57 ± 0.01 ^b	0.31 ± 0.01 ^a	0.54 ± 0.03 ^a	0.17 ± 0.01 ^a	31.26 ± 0.53 ^a

Each datum is an average of at least 3 replicates and is shown as the mean ± standard error (SE). Data for each response in each column not sharing the same lowercase letters are significantly different ($p \leq 0.05$)

the highest drying rate and those with no ultrasonic pretreatment (0 min sonication) have the lowest drying rate. Nowacka et al. (2012) provided ultrasonic process prior to the apple drying at the frequency of 35 kHz for durations of 10, 20, and 30 min in an ultrasound bath. They reported that the ultrasonic treatment resulted in a high apple drying rate compared to the untreated process [30]. Moreover, it was reported that application of ultrasonic process improved the drying rate of desalted cod slices [31] and orange peel [32]. These studies are well consistent with those obtained in this part of the present study.

Fig. 2 also shows that for each ultrasonic pretreatment time, the drying rate at the air velocity of 3 m/s is more than that at the air velocity of 2 m/s. It should be noted that the treatments with the air velocity of 1 m/s have a low drying rate compared to those with other two levels of air velocity. This observation can be explained in the following. As the air velocity increased, the difference in humidity between the sample and air [33] and between the internal and the surface parts of the sample increased [34]. In this condition, the boundary layer thickness decreased, and the mass and the heat transfer coefficients as well as the water evaporation and drying rate improved [33]. It was proved that the higher the air velocity was, the more the drying rate of a model food (consisting of starch, cellulose, water, and fructose) was [8]. Generally, Fig. 2 shows that a high air velocity and a long time of ultrasonic pretreatment result in a high drying rate, so that among all treatments, the treatment of 30 min ultrasonic time- 3 m/s air velocity treatment has the highest drying rate, and that of 0 min

ultrasonic time- 1 m/s air velocity has the lowest drying rate (Fig. 2).

3.3 Shrinkage

The results in Table 1 indicate that the effects of ultrasonic time ($p \leq 0.001$) and air velocity ($p \leq 0.01$) on the shrinkage variable of the dried zucchini slices were significant, but the interaction of these two parameters has no significant effect on the shrinkage variable of the dried zucchini slices ($p > 0.05$). Table 2 demonstrates that the shrinkage of the dried zucchini slices decreased significantly ($p < 0.001$), by 14.92%, with the ultrasonic time increasing from 0 min (0.67 ± 0.01) to 30 min (0.57 ± 0.01). Considerably less shrinkage and more porosity of the dried zucchini slices pretreated by the ultrasonic process, were confirmed by SEM images presented in Section 3–7. Gamboa-Santos et al. (2014) described that the application of ultrasound in the convective drying of strawberry did not significantly affect the shrinkage of the dried product [12]. It is important to mention that the effect of ultrasound process on the tissue of different samples varies because of both the kinds of composition and structure of the tissue and the processing parameters [40].

Table 3 shows that, as air velocity increased from 1 to 2 m/s, the amount of shrinkage of the dried zucchini slices was significantly decreased by 12.31% (from 0.65 ± 0.01 to 0.57 ± 0.01 , respectively) ($p \leq 0.01$). In addition, as air velocity increased from 1 to 3 m/s, the amount of shrinkage of the dried zucchini slices decreased by 6.15% ($p > 0.05$). It should

Table 3 Effect of convective air velocity on the measured responses of zucchini slices drying

Variable	Responses					
	Drying time (min)	Shrinkage	Water absorption ability	Dried matter holding ability	Rehydration capacity	Total color change
1	173 ± 2.86 ^a	0.65 ± 0.01 ^a	0.28 ± 0.01 ^{ab}	0.41 ± 0.01 ^a	0.12 ± 0.004 ^a	29.10 ± 0.84 ^a
2	150 ± 2.17 ^b	0.57 ± 0.01 ^b	0.30 ± 0.10 ^a	0.50 ± 0.01 ^a	0.15 ± 0.01 ^a	31.55 ± 0.37 ^a
3	125 ± 2.17 ^c	0.61 ± 0.01 ^{ab}	0.25 ± 0.10 ^b	0.52 ± 0.03 ^a	0.14 ± 0.01 ^a	30.71 ± 0.49 ^a

Each datum is an average of at least 3 replicates and is shown as the mean ± standard error (SE). Data for each response in each column not sharing the same lowercase letters are significantly different ($p \leq 0.05$)

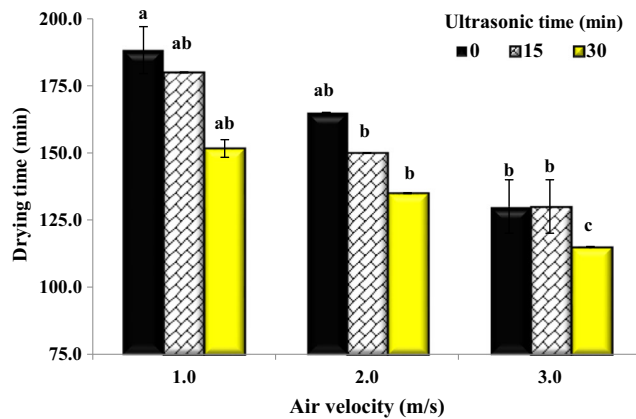


Fig. 1 Effect of different treatments on the drying time of zucchini slices. Data are shown as the mean \pm standard deviation (SD). In this figure, means with different lower case letters are significantly different ($p \leq 0.05$)

be noted that the highest and the lowest amounts of shrinkage of the dried zucchini slices were attained at the air velocities of 1 m/s and 2 m/s, respectively (Table 3). The low shrinkage at the higher air velocities of 2 and 3 m/s compared to the air velocity of 1 m/s can be attributed to casehardening. At a high air velocity, the surface moisture was quickly reduced because of both the high mass and heat transfer and the high drying rate. Thus, the dried surface became rigid, and the final volume was fixed in the first stage of drying; this phenomenon led to a restrictive shrinkage and to an improved pore formation and porosity [41]. It was reported that shrinkage of hawthorn fruit (*Crataegus* spp.) dried by convective process decreased as air velocity increased from 0.5 to 0.9 and 1.3 m/s because of the reduction in the drying time and because of an improvement in the porous structure of the dried product in this condition [42]. The results of their study are in a good agreement with those of the current study.

3.4 Rehydration properties

According to Table 1, the effects of the ultrasonic time ($p \leq 0.01$) and air velocity ($p \leq 0.05$) on the water absorption

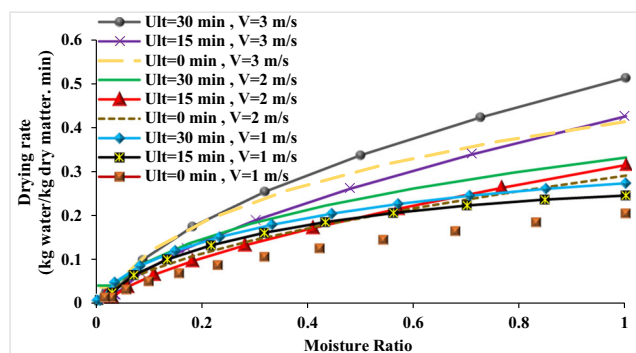


Fig. 2 Drying rate curves of zucchini slices dried by combination of ultrasonic pretreatment (Ult) and convective air velocity (V)

ability (WAA) were significant, but the interaction of these two factors were not significant in WAA ($p \leq 0.01$). According to Table 2, WAA of the treatment with 30 min ultrasonic time (0.31 ± 0.01) has increased by 29.17% compared to that with no ultrasonic pretreatment (0.24 ± 0.01). It should be noted that the treatment with no ultrasonic pretreatment and that with ultrasonic time of 15 min are not significantly different in terms of WAA ($p > 0.05$). According to the results in Table 3, the highest WAA corresponds to the treatment with the air velocity of 2 m/s (0.30 ± 0.10) and the lowest one corresponds to that with the air velocity of 1 m/s (0.25 ± 0.10).

Based on Table 1, the effects of ultrasonic time, air velocity and their interaction on the dried matter holding ability (DMHA) are not statistically significant ($p > 0.05$). Table 2 shows that with an ultrasonic time increase from 0 min to 30 min, the DMHA increased by 28.59% (from 0.42 ± 0.01 to 0.54 ± 0.03) ($p > 0.05$). Moreover, according to Table 3, with an air velocity increase from 1 to 3 m/s, the DMHA increased by 26.83% (from 0.41 ± 0.01 to 0.52 ± 0.03) ($p > 0.05$).

In Table 1, it can be seen that the effect of the ultrasonic time on the rehydration capacity (RC) of the dried zucchini slices is significant ($p \leq 0.01$), but that of the air velocity and the interaction of air velocity and ultrasonic time on RC are not significantly different ($p > 0.05$). According to Table 2, with an increase in ultrasonic time from 0 min to 30 min, RC of the zucchini slices increased significantly from 0.10 ± 0.004 to 0.17 ± 0.01 , (increases by 70%) ($p \leq 0.01$). It should be noted that two treatments with 15 and 30 min ultrasonic process time did not show any significant difference in terms of RC ($p > 0.05$). According to the previous results, it can be argued that less shrinkage of the dried zucchini slices pretreated by ultrasonic process for 30 min (Table 2) has led to a better water retention ability of samples during rehydration process [43]. This result indicates that the tissue of the samples pretreated by ultrasound, especially with 30 min of ultrasound, has wider microchannels (refer to Section 3–8) than the tissue of any other sample does; the microchannels of the tissue of these samples have been degraded less than that of other samples because of the shorter drying time of the samples through this treatment than that of other samples (Table 2). Therefore, it has a great potential for rehydration ability. Similarly, enhancements in rehydration characteristics of the dried okra slices pretreated by ultrasound were observed by Tüfekçi and Özkal (2017). They reported that the developed rehydration ratio using ultrasonic process could be attributed to the increase in superior internal stresses and thus, formation of more pores in the sample structure [44]. In other words, ultrasound can result in disruption of sample parenchyma and cell walls, creation of microchannels, and cellular adhesion loss, leading to lower water diffusion resistance and to an enhanced RC [40]. According to Table 3, although

none of the three levels of air velocity (1, 2, and 3 m/s) are significantly different in terms of RC ($p > 0.05$), the dried zucchini slices at the air velocity of 2 m/s have the highest RC (0.15 ± 0.01). Based on Table 3, more RC of the dried zucchini slices at the air velocity of 2 m/s is probably due to the less shrinkage of these samples.

3.5 Total color difference (ΔE)

Based on Table 1, effects of the ultrasonic time, the air velocity, and their interaction on the dependent variable of ΔE are not significant ($P > 0.05$). Table 2 shows that with an increase in the ultrasonic time from 0 min to 30 min, the variation in the parameter of ΔE is not constant, so that with a growth in the ultrasonic pretreatment time from 0 to 15 min, the ΔE parameter insignificantly decreased by 4.74% ($p > 0.05$) and with a growth in ultrasonic time from 15 to 30 min, ΔE insignificantly increased by 6.61% ($p > 0.05$). This table shows that the dried zucchini slices pretreated by 15 min ultrasonic pretreatment have the lowest ΔE value (29.32 ± 0.37). Similar to this study, Kadam et al. (2015) reported no consistent tendency in the color of either untreated or ultrasound treated brown seaweed of *Ascophyllum nodosum* dried in a convective drier [45]. Horuz et al. (2017) reported that ΔE values of the dried tomato slices pretreated by ultrasonic process for 20 min were lower than those pretreated by ultrasound for either 0 or 40 min [46]; this observation is in good agreement with our study.

In addition, Table 3 shows that the air velocity does not have a statistically significant effect on ΔE of the zucchini slices. With an increase in the wind velocity from 1 to 3 m/s, the value of ΔE increased from 29.10 ± 0.84 to 30.71 ± 0.49 (5.54%); this increase was not significant ($p > 0.05$). This observation may be due to the fact that pigments of zucchini slices are sensitive to temperature; nevertheless, prolonging the drying process under constant temperature and various air velocities was not effective in the color of the dried product [47]. Galvez et al. (2012) studied the color changes in the apple slices. They stated that with an increase in the wind velocity from 0.5 to 1.5 m/s, although the magnitude of ΔE increased, this change was not statistically significant [48]. The results of their study are consistent with those in the current study.

3.6 FTIR analyses

FTIR spectroscopy was used to determine the functional groups of the samples and the probable changes of these functional groups over ultrasonic pretreatment and convective drying treatment. This test was performed for all 9 treatments of 0 min ultrasonic time-1 m/s air velocity, 0 min ultrasonic time-2 m/s air velocity, 0 min ultrasonic time-3 m/s air velocity, 15 min ultrasonic time-1 m/s air velocity, 15 min ultrasonic

time-2 m/s air velocity, 15 min ultrasonic time-3 m/s air velocity, 30 min ultrasonic time-1 m/s air velocity, 30 min ultrasonic time-2 m/s air velocity, and 30 min ultrasonic time-3 m/s air velocity. The obtained results have been presented in Fig. 3.

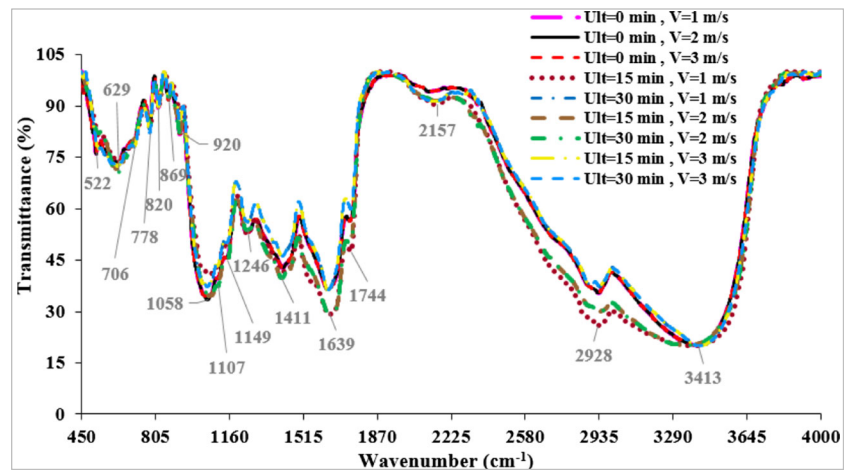
As observed in Fig. 3, all investigated FTIR spectra match each other. The entire spectra of FTIR had the absorption peaks at the indicated wave numbers. The peak at 3413 cm^{-1} is attributed to the hydroxyl group (O–H stretch) of water and carbohydrates, whereas that at 2928 cm^{-1} denotes CH_2 antisymmetric stretch from methyl groups, existing mostly in lipids [49]. The peak of 2157 cm^{-1} is the sign of $\text{C} \equiv \text{C}$ symmetry stretching vibration [50] and that at 1744 cm^{-1} is a sign for the carbonyl ($\text{C}=\text{O}$) stretching of protonated carboxylic acids [27]. The 1639 cm^{-1} band is due to the α -helix structure of amide I of protein [51], and that at wavenumber of 1411 cm^{-1} is because of CH_3 asymmetric deformation. The small band at 1246 cm^{-1} is due to amide III (random coil) components of protein [49], while that at 1149 cm^{-1} is allocated to ν (CC) ring of cellulose and polysaccharides [52]. The shoulder peak at 1107 cm^{-1} is because of carbohydrate, while the band at 1058 cm^{-1} is due to vibrational frequency of $-\text{CH}_2\text{OH}$ groups in the carbohydrates [49]. The bands at both 920 and 869 cm^{-1} can be attributed to the left-handed helix DNA. The 820 cm^{-1} band is produced by ring CH deformation, and it can reveal information about structure of polyphenols [49]. The peak at 778 cm^{-1} denotes $-\text{CH}_2$ [53], and the bandwidth positioned at 706 cm^{-1} is attributed to C–H weak rocking/ alkanes [54]. The bandwidth positioned at 629 cm^{-1} is related to $\text{CH}=\text{CH}$ stretching vibration on the aromatic ring [27]. Finally, the 522 cm^{-1} peak is related to O–H broad bend/ alcohol [54].

Thus, the FTIR spectra prove that sonication at various times of 0, 15, and 50 min and convective drying at various air velocities of 1, 2, and 3 m/s did not destroy the functional groups of the zucchini slices, since the type and the position of the functional groups were not modified. FTIR analyses for both untreated and ultrasound-pretreated wood samples in distilled water for 30, 60, and 90 min were conducted by He et al. (2016). These researchers reported that the intensity of the hydroxyl band in FTIR spectra grew weaker as ultrasound pretreatment time increased from 30 to 90 min. It is worth noting that the spectra of both untreated and ultrasound-pretreated wood for 30 min match each other properly [55]. Therefore, as the results in their paper and in our paper show, ultrasonic pretreatment for 30 min or for a shorter duration did not abolish the functional groups of the samples.

3.7 SEM images

SEM images provided from treatments of 0 min ultrasonic time-1 m/s air velocity, 30 min ultrasonic time-1 m/s air velocity, 0 min ultrasonic time-2 m/s air velocity, 30 min

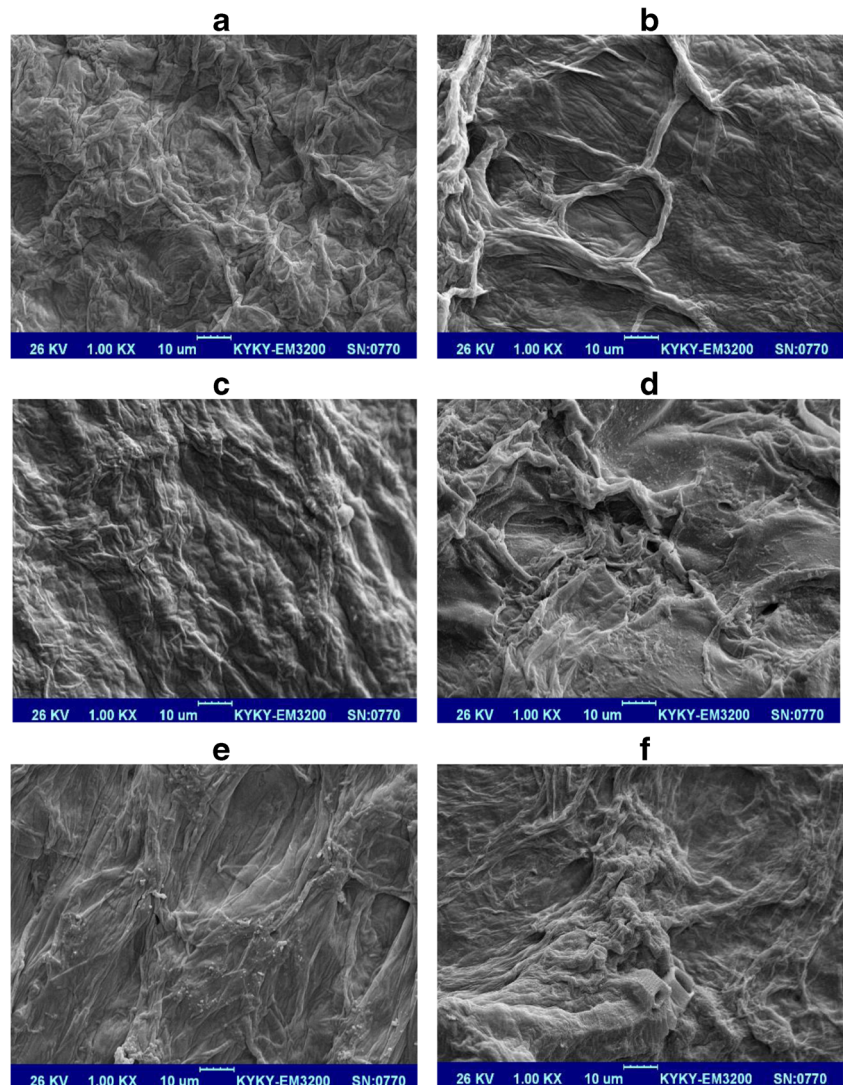
Fig. 3 FTIR spectra of zucchini slices dried by combination of ultrasonic pretreatment (Ult) and convective air velocity (V)



ultrasonic time-2 m/s air velocity, 0 min ultrasonic time-3 m/s air velocity, and 30 min ultrasonic time-3 m/s air velocity, are observed in Fig. 4. The microstructure of the untreated dried

zucchini samples without ultrasound (0 min ultrasonic time-1 m/s air velocity (Fig. 4a), 0 min ultrasonic time- 2 m/s air velocity (Fig. 4c), and 0 min ultrasonic time- 3 m/s air velocity

Fig. 4 Scanning electron microscopy images of zucchini slices dried by treatments of (a) 0 min ultrasonic time-1 m/s convective air velocity, (b) 30 min ultrasonic time-1 m/s convective air velocity, (c) 0 min ultrasonic time- 2 m/s convective air velocity, (d) 30 min ultrasonic time- 2 m/s convective air velocity, and (e) 0 min ultrasonic time- 3 m/s convective air velocity, and (f) 30 min ultrasonic time- 3 m/s convective air velocity



(Fig. 4e) were characterized by high shrinkage. However, the microstructure of the convective dried zucchini samples subjected to ultrasound process (Fig. 4b, d, and f) had more open spaces in comparison to the untreated dried zucchini slices (Fig. 4a, c, and e). Ultrasonic pretreatment for 20 and 30 min before drying zucchini slices resulted in cavitation phenomenon, causing both the breakdown of cells and longer and deeper microscopic channels. As explained before, formation of microscopic channels led to shortening the drying time (Table 2) since water can be evaporated more rapidly and effectively [13] and also since water diffusivity increases [40]. It should be noted that changes in the microscopic structure also increased the rehydration strength of the dried samples (Table 2).

4 Conclusions

In this study, ultrasound pretreatment was used for zucchini slices prior to convective drying treatment. In this regard, the effects of the ultrasonic pretreatment time in three levels of 0, 15, and 30 min and the air velocity of the dryer in three levels of 1, 2, and 3 m/s on the drying kinetic, the drying time and physicochemical characteristics of the dried zucchini slices were studied. Moreover, FTIR spectroscopy and SEM were used to study the probable changes in functional groups of the samples and their microscopic structure, respectively. The most important results of this study include:

- Considering the drying kinetics, with an air velocity increase from 1 to 3 m/s and with an increase in the ultrasonic pretreatment time from 0 to 30 min, the drying rate of the zucchini slices improved and consequently, the drying time of the samples decreased.
- With an increase in the ultrasonic pretreatment time from 0 to 30 min, the water absorption ability (WAA), the dried matter holding ability (DMHA), the rehydration capacity (RC) and the total color difference (ΔE) of the dried zucchini slices increased and the shrinkage of these samples decreased.
- The highest amount of WAA, RC, and ΔE and the lowest amount of shrinkage of the dried zucchini slices were obtained at the air velocity of 2 m/s. Meanwhile, the highest amount of DMHA was obtained at the air velocity of 3 m/s.
- The FTIR spectrum showed that increasing the ultrasonic pretreatment time from 0 to 30 min and increasing the air velocity from 1 to 3 m/s did not affect the type and the location of the functional groups in the FTIR spectra of the dried zucchini slices.
- SEM images of either the samples treated or those not treated by the ultrasonic process have shown that

ultrasonic waves caused more porosity and microscopic channels in the tissues of the samples.

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