



# The association between acid-suppressive agent use and the risk of cancer: a systematic review and meta-analysis

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## Abstract

**Background** Acid-suppressive agents (ASAs) may be associated with cancer; previous studies reported that the risk of cancer with acid suppressants has differed depending on the site of cancer. Here, we conducted a systematic review and meta-analysis of the association between ASA use and the type of cancer risk.

**Methods** MEDLINE, EMBASE, and Cochrane library databases were searched for publications up to the end of September 2019 for MeSH terms and text words related to cancer and ASAs. Studies on the association between ASAs and cancer risk, which included a control group and reported the relative risk of cancer, were included. The inverse-variance random effect model was used to estimate the pooled relative risk (RR) and 95% confidence interval (CI), and subgroup analysis for type of acid suppressants, drug uptake duration, and cumulative doses was performed. Heterogeneity was assessed using the  $I^2$  test and  $Q$  statistic.

**Results** Thirty-nine cohort and case–control studies were included. ASA use was found to be significantly associated with a 46% higher risk of gastric cancer (RR, 1.46; 95% CI, 1.18–1.80) and a 53% higher risk of liver cancer (RR, 1.53; 95% CI, 1.31–1.78) compared with nonuse; however, there was no significant association for esophageal, colorectal, pancreatic, lung, breast, prostate, and kidney cancer; melanoma; and lymphoma.

**Conclusions** ASAs were significantly associated with an increased risk of gastric and liver cancer; therefore, special attention of ASA use considering the potential risk of gastric and liver cancer is needed.

**Keywords** Acid-suppressive agent · Cancer · Proton pump inhibitor · Histamine 2-receptor antagonist · Systematic review · Meta-analysis

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Hyun Jin Song and Nakyung Jeon contributed equally to this work as first authors.

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## Introduction

Histamine 2-receptor antagonists (H<sub>2</sub>RAs) and proton pump inhibitors (PPIs), common acid-suppressive agents (ASAs), are the mainstay treatments for gastroesophageal reflux disease (GERD) and peptic ulcer disease (PUD). Both classes of drugs can effectively alleviate patient symptoms and decrease the frequency and duration of gastroesophageal reflux, although through different mechanisms of action [1].

During acid-suppressive therapy, hypergastrinemia, defined as an excessive gastrin level (> 100–150 pg/mL), has been implicated as a potential factor in the pathogenesis of carcinoid, which can subsequently spread to different organs. According to a large population-based study analyzing Surveillance, Epidemiology, and End Results (SEER) data, the most frequent sites for carcinoids were the colon (35.9%); small intestine (32.9%); respiratory system, including the larynx, trachea, bronchi, and lung (25.1%); and

stomach (3.2%) for more than 8000 patients with carcinoid tumors [2]. Rare carcinoids were also found in the esophagus (0.04%), liver (0.2%), gallbladder (0.2%), pancreas (0.6%), and female reproductive organs (0.6%). H<sub>2</sub>RAs and PPIs, which inhibit gastrin secretion by decreasing gastric acidity, may cause hypergastrinemia. The association between hypergastrinemia and cancer is well documented in the literature [3–5].

Decreased gastric acidity during acid-suppressive therapy may result in bacterial overgrowth in the gut. Studies have postulated that gastric bacterial overgrowth is predictive of several nongastrointestinal clinical outcomes, including lung and liver disease, and even cancer [6, 7]. For example, small intestinal bacterial overgrowth, defined as bacterial culture of > 10<sup>5</sup> CFU/mL in the upper jejunal aspirate, is known to be directly related to the severity of liver disease [8]. Another recent study found that the alteration of gut microbiome occurred at a higher rate in patients with lung cancer compared with that in cancer-free individuals [9].

Considering these mechanisms, ASAs may be associated with cancers, and the results of previous studies regarding this association have differed by the site of cancer [10]. A meta-analysis showed an increased risk of gastric cancer in patients using PPI or H<sub>2</sub>RA, whereas it showed a lack of association between colorectal and pancreatic cancers and long-term PPIs. However, a definitive conclusion could not be made because of the limited studies included [10–12]. In addition, the correlation between PPI use and chronic kidney disease and liver dysfunction has been investigated [10, 13–15]. Thus, pooled estimates combining hazard ratios from each study according to different types of cancer and the use of PPI/H<sub>2</sub>RA are needed. We performed a systematic review and meta-analysis of the association between ASA use and the risk of various types of cancer.

## Methods

### Literature search

The MEDLINE, EMBASE, and the Cochrane library core databases were searched for articles published up until the end of September 2019. We used MeSH terms and text words related to cancer (“neoplasm,” “tumor,” and “adenoma”) and ASAs (“proton pump inhibitor” and “histamine H<sub>2</sub> antagonist”). The drug name, brand name, and chemical name of all acid-suppressive agents, including PPIs (omeprazole, esomeprazole, pantoprazole, rabeprazole, lansoprazole, dexlansoprazole, tenatoprazole, and benatoprazole) and H<sub>2</sub>RAs (azacitidine, cimetidine, famotidine, lantidine, nizatidine, ranitidine, and roxatidine), were used in the search. The details of the search strategy are noted in Supplement Table 1.

### Study selection

Only studies that met the following criteria were included: (1) the study reported the association between ASAs and the risk of cancer; (2) the study compared at least two independent groups (i.e., ASA receiving group and a nonuse group); (3) the study quantified and reported the relative risk of cancer between groups by calculating parameters, such as the risk ratio (RR), hazard ratio (HR), or odds ratio (OR); (4) the studies were randomized controlled trials, nonrandomized controlled studies, and observational studies; (5) peer-reviewed original studies; and (6) English-language studies. Two reviewers independently conducted the study selection, quality assessment, and data extraction (HJS, NJ). Disagreement between the two reviewers was resolved by consensus with the third reviewer (PS). We followed the Preferred Reporting Items for Systematic Review and Meta-Analysis (PRISMA) guidelines [16], and the study protocol was registered to PROSPERO (CRD42019131274) prior to conducting the study.

### Quality assessment

The quality assessment tool used was the Risk of Bias Assessment for Non-randomized Studies (ROBANS) since we could only include observational studies. ROBANS is a domain-based evaluation tool and is developed using 39 nonrandomized studies in 2013; it shows moderate reliability and validity [17]. It is composed of five items (selection of participants, confounding variables, measurement of intervention, blinding for outcome assessment, and incomplete outcome data) and was assessed at three levels (high, unclear, or low) for each study. We added the item of recall bias as another risk of bias since some of the included studies investigated the use of ASAs using patient-reported survey.

### Data extraction

We extracted the baseline characteristics, exposures, and outcomes of included studies using the prespecified protocol. The study design, country, study period, number of participants (control/case), mean age, and percentage of male participants were collected. Interventions (PPI/H<sub>2</sub>RA) and outcomes, including relative risk and 95% confidence interval (CI), exposure/follow-up period, and covariates in regression analysis or matching, were also extracted.

### Data analysis

The primary outcome was the adjusted estimates of the risk of cancer associated with ASAs. We used the best-adjusted relative risks with a 95% CI after controlling the confounding

variables from each included study for the meta-analysis. In the base-case analysis, we prioritized data from groups with any use of ASAs ever, PPI use, prescription drug, long-term follow-up, and the highest cumulative defined cumulative daily drug dose (cDDD), in this order. If the study only reported the relative risk of cancer by subdivision, we used the result of the most common cancer type. For example, the studies of gastric cancer reported the results of both gastric cardia and noncardia adenocarcinoma. We used the gastric cardia adenocarcinoma data in the base-case analysis and performed a subgroup analysis for each type of gastric cancer.

The inverse-variance random effect model was used to estimate the pooled data. Each study reported a different type of relative risk, such as HR, RR, or OR. In the meta-analysis, HRs were considered as RRs [18, 19], and ORs were converted to RRs using the method described by Zhang and Yu [20]. In addition, we performed subgroup analysis according to PPI/H<sub>2</sub>RA use, types of cancer (if possible), drug uptake duration, cDDD, specific subgroup patients (e.g., different types of cancers, patients with *Helicobacter pylori*, patients with hepatitis B or C virus), and studies of low risk of bias of measurement of intervention (i.e., ASAs taken by both prescription and over-the-counter [OTC]). Heterogeneity was assessed using the  $I^2$  test and  $Q$  statistic, with significance of the  $Q$ -statistic test being considered at  $P < 0.05$ . Heterogeneity was considered for  $I^2$  values of more than 50% [21]. The funnel plot was used to estimate possible publication bias owing to the tendency to publish studies with positive results. We used Review Manager 5.3 software (The Nordic Cochrane Centre, The Cochrane Collaboration, 2014).

## Results

### Literature search

Our literature search identified 49,694 articles (Fig. 1). After removal of duplicate articles, title or abstract screening was conducted for 43,585 articles. In the title/abstract review, 39,864 articles were removed and 3682 articles were excluded from the full-text review owing to one of the following reasons: no patients with cancer, no acid-suppressant therapy, ineligible study design, no comparator group available, no outcomes of interest reported, and nonoriginal studies. Finally, 39 studies were included in the systematic review and meta-analysis [22–60].

### General characteristics of the included studies

The 39 studies investigated esophageal cancer ( $n = 6$ ), gastric cancer ( $n = 10$ ), colorectal cancer ( $n = 7$ ), liver cancer ( $n = 5$ ), pancreatic cancer ( $n = 7$ ), lung cancer ( $n = 2$ ), breast cancer ( $n = 6$ ), prostate cancer ( $n = 3$ ), kidney cancer ( $n = 1$ ), melanoma

( $n = 2$ ), non-Hodgkin lymphoma ( $n = 1$ ), and other cancers ( $n = 2$ ). Some studies have included the results of association with more than one cancer; thus, each outcome for different types of cancer, respectively, was analyzed in the meta-analysis of each cancer. There were 30 case–control studies and 11 cohort studies in total, including two cohort studies in the study by Kao et al. and a case–control and a cohort study by Tran et al. (Table 1). The studies were from several countries: the USA, Canada, the UK, Italy, Denmark, Netherlands, Iceland, Taiwan, Hong Kong, and South Korea.

### Quality assessment

The items estimating a low risk of bias with more than 75% were selection of participants, blinding for outcome assessment, incomplete outcome data, and other risk of bias (recall bias) (Fig. 2). The confounding variables and measurement of intervention were assessed as more than 50% of unclear or high risk of bias, because there were studies that only reported crude estimates, and the suitable confounding covariates for the adjusted estimates were not included. ASAs can also be bought as OTC drugs in many countries; thus, we evaluated an unclear risk of bias for the measurement of intervention if the included studies indicated the possibility that the patients assessed were taking OTCs.

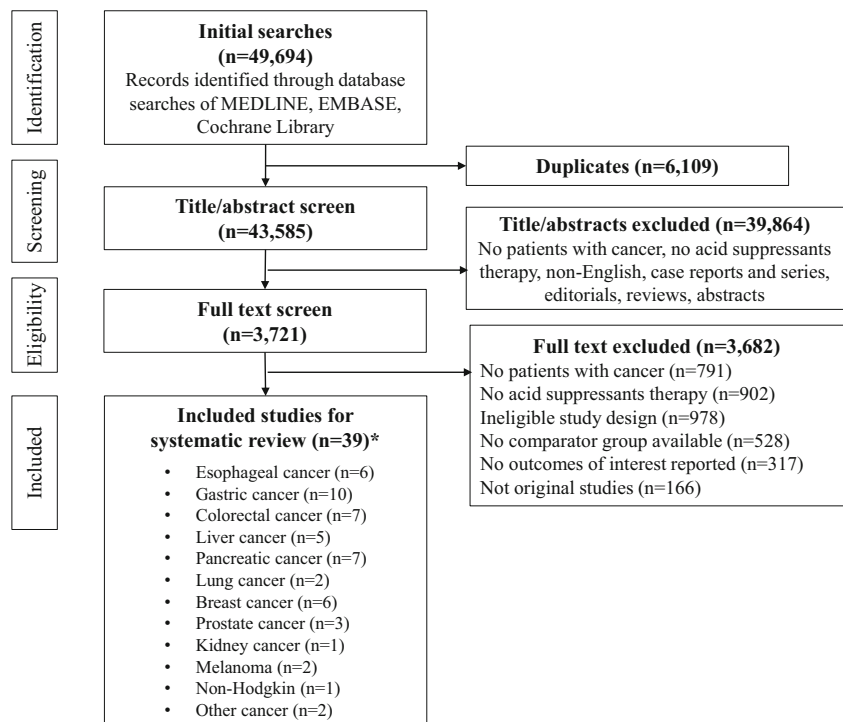
### Acid-suppressive agents and esophageal cancer

Five studies with 15,161 individuals reported that ASAs and the risk of esophageal cancer were not significantly associated (RR, 1.00; 95% CI, 0.77–1.29), with no significant heterogeneity ( $I^2 = 13%$ ,  $P = 0.33$ ) (Fig. 3a). We did not include the study by Habel et al. in the meta-analysis as they reported the combined relative risk of esophageal and stomach cancer. In the subgroup analysis, both PPI use and H<sub>2</sub>RA use did not show a significant association with esophageal cancer (RR, 0.75; 95% CI, 0.55–1.03 in PPI users and RR, 0.98; 95% CI, 0.72–1.32 in H<sub>2</sub>RA users) (Table 2). The association according to the treatment duration or type of esophageal cancer (adenocarcinoma and squamous cell carcinoma) was also insignificant.

### Acid-suppressive agents and gastric cancer

Nine studies including 130,074 individuals estimated that ASA users showed a 46% higher risk of gastric cancer compared with that of nonusers (RR, 1.46; 95% CI, 1.18–1.80), with slight significant heterogeneity ( $I^2 = 51%$ ,  $P = 0.04$ ) (Fig. 3b). There was no evidence of publication bias based on the funnel plot (Fig. 4b). Both PPI use and H<sub>2</sub>RA use were associated with an increased risk of gastric cancer (RR, 1.53; 95% CI, 1.13–2.07 in PPI users and RR, 1.32; 95% CI, 1.08–1.60 in H<sub>2</sub>RA users) (Table 2). The significant association was also

**Fig. 1** PRISMA flow diagram of the study selection. \* Some studies have included the results of associations with several different types of cancer



shown in patients with *Helicobacter pylori*. For the group consisting of individuals who used ASAs for 1 year or more/less than 1 year, the subgroup of cardia or noncardia cancer, a significant association with gastric cancer was not shown.

### Acid-suppressive agents and colorectal cancer

In total, 605,043 individuals in seven studies showed no significant association between ASAs and colorectal cancer (RR, 1.02; 95% CI, 0.91–1.14) (Fig. 3c). We could not detect any evidence for heterogeneity ( $I^2 = 0\%$ ,  $P = 0.74$ ) or publication bias (Fig. 4c). In the subgroup analysis, the results were consistent with those of the base-case analysis: PPI/H<sub>2</sub>RA, drug intake duration of less than 1 year/1 year or more, and fewer than 60 cDDDs/60 cDDDs or more (Table 2).

### Acid-suppressive agents and liver cancer

Seven cohorts from five studies of the association between ASAs and liver cancer included 809,465 individuals. ASA use was significantly associated with a 53% increased risk of liver cancer compared with nonuse (RR, 1.53; 95% CI, 1.31–1.78) (Fig. 3d). Significant heterogeneity was detected ( $I^2 = 84\%$ ,  $P < 0.001$ ) and there was no evidence of publication bias based on the funnel plot (Fig. 4d). In the subgroup analysis by type of ASAs, there was no significant association between H<sub>2</sub>RA users and the risk of liver cancer, whereas PPIs were significantly associated with liver cancer (Table 2). According to the cDDD, ASA users with 365 DDDs or more and those with less than 365 DDDs did not show a significant

association with the risk of liver cancer. With regard to the type of liver cancer, ASA use associated with an increased risk of hepatocellular carcinoma (RR, 1.40; 95% CI, 1.17–1.68), but not of intrahepatic bile duct carcinoma. PPI use was also associated with the increasing risk of hepatocellular carcinoma in patients with hepatitis B or C virus (RR, 1.45; 95% CI, 1.03–2.03).

### Acid-suppressive agents and pancreatic cancer

Seven studies including 554,115 individuals demonstrated that the use of ASAs was not significantly related with the risk of pancreatic cancer compared with nonuse (RR, 1.50; 95% CI, 0.92–2.45) (Fig. 3e). Significant heterogeneity was shown ( $I^2 = 84\%$ ,  $P < 0.001$ ), and there was no evidence of publication bias (Fig. 4e). The subgroup analyses of PPI or H<sub>2</sub>RA, drug intake duration, and cDDDs between ASA use and the risk of pancreatic cancer did not show a significant association (Table 2).

### Acid-suppressive agents and breast cancer

In total, 209,329 individuals were included in six studies to estimate the association between ASAs and breast cancer. ASA use was not significantly associated with the risk of breast cancer (RR, 0.90; 95% CI, 0.80–1.01) with significant heterogeneity ( $I^2 = 86\%$ ,  $P < 0.001$ ) (Fig. 5a). The results of subgroup analyses were consistent with those of the base-case analysis (Table 2).

**Table 1** Characteristics of included studies

| Author, year                     | Country   | Study design | Study period | Number of participants (control/case) | Drugs                    | Mean age (SD)/male                      | Exposure/follow-up | Adjustments (matching variables in case-control studies)  | Results (95% confidence interval)   |
|----------------------------------|-----------|--------------|--------------|---------------------------------------|--------------------------|---|--------------------|---|---|
| <b>Digestive system</b>          |           |              |              |                                       |                          |   |                    |   |   |
| <b>Esophageal cancer</b>         |           |              |              |                                       |                          |   |                    |   |   |
| Suleiman et al., 2000            | UK        | Case-control | 1990–1992    | 56/56                                 | H <sub>2</sub> RA        | NA<br>70%                               | 2 years            | Social class  | Esophageal adenocarcinoma:<br>aRR, 2.56 (0.17–38.09)  |
| Tan et al., 2018                 | USA       | Case-control | 2004–2011    | 798/300                               | PPI<br>H <sub>2</sub> RA | 64.8 (9.2)<br>100%                      | 1 year to 3 months | Barrett's diagnosis, smoking, BMI, number of EGDs after Barrett's diagnosis, statin, aspirin, NSAID, H <sub>2</sub> RA/PPI  | Esophageal adenocarcinoma<br>• PPI: aOR, 0.59 (0.35–0.99)<br>• H <sub>2</sub> RA: aOR, 0.70 (0.50–0.99)   |
| <b>Esophageal/gastric cancer</b> |           |              |              |                                       |                          |   |                    |   |   |
| Duan et al., 2009                | USA       | Case-control | 1992–1997    | 1356/938 (220, 277, 441)              | PPI<br>H <sub>2</sub> RA | 58.7 (11.5) to<br>60.0 (9.4)<br>73.5%   | 3 years            | Age, gender, race, BMI, smoke, history of upper gastrointestinal disorders  | Esophageal adenocarcinoma:<br>aOR, 1.27 (0.65–2.51)<br>Gastric cardia adenocarcinoma:<br>aOR, 1.29 (0.70–2.36)<br>Distal stomach adenocarcinoma:<br>aOR, 1.15 (0.58–2.29)   |
| Farrow et al., 2000              | USA       | Case-control | 1993–1995    | 654/760 (194, 188, 138, 240)          | H <sub>2</sub> RA        | NA<br>79.2%                             | 1 year             | Age, center, sex, cigarette smoking, history of ulcers, BMI, GERD symptom frequency, history of hiatal hernia (esophageal adenocarcinoma), alcohol consumption (esophageal squamous cell carcinoma) | Esophageal adenocarcinoma:<br>aOR, 1.3 (0.6–2.8)<br>Esophageal squamous cell carcinoma: aOR, 0.2 (0.04–1.4)<br>Gastric cardia adenocarcinoma:<br>aOR, 0.7 (0.3–1.8)<br>Gastric noncardia adenocarcinoma: aOR, 0.8 (0.4–1.7) |
| Habel et al., 2000               | USA       | Cohort       | 1982–1985    | 29,229/4125                           | Cimetidine               | NA                                      | More than 10 years | Age, gender, pharmacy data source   | Esophagus/stomach: aRR, 1.98 (1.27–3.07)  |
| García Rodríguez et al., 2006    | UK        | Case-control | 1994–2001    | 10,000/809 (287, 195, 327)            | PPI<br>H <sub>2</sub> RA | NA<br>72.0% (case group)                | More than 3 years  | Age, sex, year, smoking, alcohol consumption, BMI, GERD, hiatal hernia, peptic ulcer, dyspepsia   | Esophageal adenocarcinoma:<br>aOR, 1.13 (0.75–1.72)<br>Gastric cardia adenocarcinoma:<br>aOR, 1.09 (0.68–1.75)<br>Gastric noncardia adenocarcinoma: aOR, 1.69 (1.19–2.41)   |
| <b>Gastric cancer</b>            |           |              |              |                                       |                          |   |                    |   |   |
| Cheung et al., 2018              | Hong Kong | Cohort       | 2003–2012    | 56,918/139                            | PPI                      | Median, 54.7 (range 46.0–65.4)<br>46.5% | More than 3 years  | Age, sex, smoking, alcohol, gastric ulcer, duodenal ulcer, diabetes mellitus, hypertension, dyslipidemia, obesity, ischemic heart disease, atrial fibrillation, congestive heart failure, stroke,   | Gastric cancer: aHR, 2.44 (1.42–4.20)<br>• Cardia gastric cancer: aHR, 1.97 (0.57–6.82)<br>• Noncardia gastric cancer: aHR, 2.59 (1.42–4.72)  |

Table 1 (continued)

| Author, year            | Country     | Study design | Study period | Number of participants (control/case)  | Drugs                    | Mean age (SD)/male  | Exposure/follow-up   | Adjustments (matching variables in case-control studies)  | Results (95% confidence interval)   |
|-------------------------|-------------|--------------|--------------|--|--------------------------|---|--|---|---|
| Johnson et al., 1996    | USA         | Case-control | 1988–1992    | 452/113                                | Cimetidine, ranitidine   | NA  | 10 years   | chronic renal failure, cirrhosis, statin, metformin, aspirin, NSAIDs, COX-2 inhibitors, clopidogrel, H <sub>2</sub> RA                            | RR, 2.0 (1.0–3.9)   |
| La Vecchia et al., 1990 | Italy       | Case-control | NA           | 1501/563                               | H <sub>2</sub> RA        | Case 68%<br>Control median 58 (23–74), case median 60 (27–74) | More than 10 years   | Age, sex, area of residence, education, smoking   | aRR, 1.8 (1.2–2.8)  |
| Niikura et al., 2018    | Japan       | Cohort       | 1998–2017    | 415/156                                | PPI<br>H <sub>2</sub> RA | 59.7%<br>NA   | Median follow-up: PPI 1.3 years, H <sub>2</sub> RA 2.3 years | Age, sex, PPI/H <sub>2</sub> RA, intestinal metaplasia  | PPI: aHR, 3.61 (1.49–8.77)<br>H <sub>2</sub> RA: aHR, 2.65 (0.69–10.2)  |
| Poulsen et al., 2009    | Denmark     | Cohort       | 1990–2003    | PPI 18,790<br>H <sub>2</sub> RA 17,478 | PPI<br>H <sub>2</sub> RA | PPI 62<br>H <sub>2</sub> RA 61<br>46.2%                       | More than 5 years  | Age, gender, calendar period, gastroscopy, NSAIDs, <i>H. pylori</i> eradication   | PPI: aRR, 1.2 (0.8–2.0)<br>H <sub>2</sub> RA: aRR, 1.2 (0.8–1.8)  |
| Tamim et al., 2008      | Canada      | Case-control | 1995–2003    | 12,991/1598                            | PPI<br>H <sub>2</sub> RA | Control 75.9 (8.8), case 75.7 (9.3)<br>59.8%                  | 5 years to 5 months  | Number of prescriptions to any drug, total length of hospitalization, number of visits to GPs, specialists, and emergency rooms                   | PPI and/or H <sub>2</sub> RA: aOR, 1.37 (1.22–1.53)<br>• PPI: aOR, 1.46 (1.22–1.74)<br>• H <sub>2</sub> RA: aOR, 1.28 (1.08–1.51) |
| Colorectal cancer       |             |              |              |  |                          |   |  |   |   |
| Chubak et al., 2009     | USA         | Case-control | 2000–2003    | 641/641                                | PPI<br>H <sub>2</sub> RA | 70<br>48.4%   | NA   | Race, smoking, NSAID, aspirin, PUD, <i>H. pylori</i> infection, diabetes (age, gender, length of enrollment)                                      | PPI: aOR, 1.7 (0.8–4.0)<br>H <sub>2</sub> RA: aOR, 0.8 (0.6–1.1)<br>PPI and H <sub>2</sub> RA: aOR, 0.9 (0.5, 1.4)                |
| Habel et al., 2000      | USA         | Cohort       | 1982–1985    | 49,229/4125                            | Cimetidine               | NA  | More than 10 years   | Age, sex, pharmacy data source  | aRR, 1.12 (0.82–1.52)   |
| Hwang et al., 2017      | South Korea | Cohort       | 2002–2006    | 451,284                                | PPI                      | NA<br>53.5%   | 5 years  | Age, BMI, socioeconomic status, smoking, alcohol consumption, physical activity, type 2 diabetes, CCI score, aspirin, metformin, statin           | aOR, 0.98 (0.78–1.24)   |
| Robertson et al., 2007  | Denmark     | Case-control | 1989–2005    | 55,890/5589                            | PPI                      | 71.0<br>50.2%   | More than 7 years  | H <sub>2</sub> RA, aspirin, NSAIDs, statin, antidiabetic medication, history of cholecystectomy, alcoholism (birth year, sex, place of residence) | aOR, 1.14 (0.98–1.34)   |
| Siersema et al., 2006   | USA         | Case-control | 1998–2002    | 268/268                                | PPI                      | Control 64 (12), case 66 (11)                                 | NA   | Barrett's esophagus, age, BMI, other malignancies, aspirin, NSAIDs, alcohol, smoking  | aOR, 0.99 (0.66–1.48)   |

**Table 1** (continued)

| Author, year           | Country     | Study design | Study period | Number of participants (control/case)        | Drugs                    | Mean age (SD)/male   | Exposure/follow-up   | Adjustments (matching variables in case-control studies)  | Results (95% confidence interval)                                      |
|------------------------|-------------|--------------|--------------|--|--------------------------|--|--|---|--|
| Yang et al., 2007      | UK          | Case-control | 1987–2002    | 44,292/4432                                  | PPI                      | 97.8%<br>Control 63.6 (9.1), case 67.5 (8.9)<br>45.1%  | More than 5 years  | Age, sex, alcohol, smoking, BMI, H <sub>2</sub> RA, hormone replacement therapy, NSAIDs, aspirin, colonoscopy or flexible sigmoidoscopy   | aOR, 1.1 (0.7–1.9)   |
| Van Soest et al., 2008 | Netherlands | Case-control | 1996–2005    | 7790/594                                     | PPI                      | Control 69.3 (11.9), case 69.5 (11.9)<br>51.7%   | 5 years  | Chronic disease score: obesity or BMI, smoking, alcohol abuse, diabetes mellitus, inflammatory bowel disease, and other comorbidities (age, sex, calendar time, duration of follow-up)  | aOR, 0.85 (0.63–1.16)  |
| Liver/bile duct cancer |             |              |              |  |                          |  |  |   |  |
| Kao et al., 2019       | Taiwan      | Cohort       | 2003–2013    | HBV cohort—5577/5577<br>HCV cohort—1915/1915 | PPI                      | HBV cohort<br>PPI 48.9 (12.8),<br>control<br>48.9 (13.9)<br>HCV cohort<br>PPI 59.0 (13.7),<br>control<br>PPI 58.9 (14.4) | 1 year   | <ul style="list-style-type: none"> <li>• Age, sex, year of cohort entry</li> <li>• Comorbidities: cirrhosis, nonalcoholic liver disease, alcoholic liver disease, hypertension, chronic kidney disease, hyperlipidemia, diabetes</li> <li>• Concomitant medication: interferon/nucleotides, non-aspirin NSAIDs, histamine 2 receptor antagonist, aspirin, statin, fibrate, insulins, metformin</li> </ul> | HBV cohort: aHR, 1.25 (0.80–1.73)<br>HCV cohort: aHR, 1.19 (0.88–1.61) |
| Li et al., 2017        | US          | Cohort       | 2001–2015    | 5774/5752                                    | PPI                      | HBV cohort<br>61.7%,<br>HCV<br>cohort<br>47.7%<br>Median 53 (IQR 49–57)<br>96.1%   | Median follow-up—<br>93.4 months (IQR 62.8–125.9)<br>among PPI users<br>and 89.5 months (IQR 62.8–125.9)<br>for controls | <ul style="list-style-type: none"> <li>• Age, sex, race</li> <li>• Diabetes, obesity, alcohol abuse history, smoking history, statin use</li> <li>• HCV genotype, HCV RNA, baseline ALT, AST, platelet count, FIB-4 score, attainment of SVR</li> </ul>   | aHR, 2.01 (1.5–2.7)  |
| Peng et al., 2018      | Taiwan      | Case-control | 2006–2011    | 2293/2293                                    | PPI<br>H <sub>2</sub> RA | Control 68.3 (13.8),<br>case 67.3 (10.9)<br>50.1%  | 5 years  | Age, biliary tract disease, COPD (sex, age, year of diagnosis CCA, medications [H <sub>2</sub> RA (H <sub>2</sub> -receptor antagonist), aspirin, metformin] and comorbidities [gastric polyp, gastritis, cirrhosis, diabetes, chronic pancreatitis, hepatitis B  | PPI: aOR, 2.57 (2.24–2.94)<br>H <sub>2</sub> RA: OR, 0.94 (0.79, 1.12) |

Table 1 (continued)

| Author, year         | Country     | Study design                                       | Study period                    | Number of participants (control/case) | Drugs                    | Mean age (SD)/male (%)         | Exposure/follow-up   | Adjustments (matching variables in case-control studies)   | Results (95% confidence interval)  |
|----------------------|-------------|--|---------------------------------|---------------------------------------|--------------------------|--------------------------------|--|--|--|
| Shao et al., 2018.   | Taiwan      | Case-control                                       | 2000–2013                       | 274,508/29,473                        | PPI                      | N/A<br>68%                     | Mean follow-up duration—60 months (SD 48)                        | infection, hepatitis C infection, inflammatory bowel disease, biliary tract disease, stroke, coronary arterial disease (CAD), chronic obstructive pulmonary disease (COPD), alcohol-related illness, <i>Clonorchis</i> and <i>Opisthorchis</i> , <i>Helicobacter pylori</i> , oral steroid<br>• Hypertension, diabetes, COPD, acute coronary syndrome, cerebrovascular accident, peptic ulcer disease, gastroesophageal disease, cirrhosis, hyperlipidemia | aOR, 2.86 (2.69–3.04)  |
| Tran et al., 2018    | UK          | (i) PCCIU: case-control<br>(ii) UK Biobank: cohort | (i) 1999–2011<br>(ii) 2006–2010 | 2103/434<br>471,669/182               | PPI<br>H <sub>2</sub> RA | N/A<br>(i) 67.2%<br>(ii) 46.1% | (i) Median exposure 5.5 years<br>(ii) Median follow-up 5.6 years | (i) Obesity, alcohol, smoking<br>• Comorbidities: diabetes, CHD, MI, HF, peripheral vascular disease, cerebrovascular disease, cerebrovascular accident, COPD, mental illness, liver disease, PUD<br>(ii)<br>• Age, sex, deprivation, BMI, alcohol, smoking<br>• Comorbidities: GERD, PUD, cirrhosis, hepatitis, diabetes  | (i) PCCIU<br>PPI: aOR, 1.80 (1.34–2.41)<br>H <sub>2</sub> RA: aOR, 1.21 (0.84–1.76)<br>(ii) UK Biobank<br>PPI: aHR, 1.99 (1.34–2.94)<br>H <sub>2</sub> RA: aHR, 1.70 (0.82–3.53) |
| Pancreatic cancer    |             |  |                                 |                                       |                          |                                |  |  |  |
| Bradley et al., 2012 | UK          | Case-control                                       | 1995–2006                       | 7954/1141                             | PPI<br>H <sub>2</sub> RA | 57.3<br>(9.8)/53.7%            | 2 years  | Smoking, BMI, alcohol, history of chronic pancreatitis, NSAIDs, steroids, HRT, diabetes, prior cancer (year of birth, sex, general practice site)  | PPI: aOR, 0.93 (0.65–1.32)<br>H <sub>2</sub> RA: aOR, 0.95 (0.71–1.29)   |
| Habel et al., 2000   | USA         | Cohort   | 1982–1985                       | 29,229/4125                           | Cimetidine               | NA                             | More than 10 years   | Age, sex, pharmacy data source   | aRR, 1.10 (0.57–2.10)  |
| Hicks et al., 2018   | Denmark     | Case-control                                       | 2000–2015                       | 25,809/4998                           | PPI                      | NA/56.7%                       | 2 years  | Age, sex, education, calendar time, diabetes, alcohol-related disease, COPD, chronic pancreatitis, gallstones, peptic ulcer, <i>H. pylori</i> infection, HBV, HCV, low-dose aspirin, NSAIDs, statin, HRT, CCI (age, sex, calendar time)  | aOR, 1.04 (0.97–1.11)  |
|                      | South Korea | Cohort   | 2002–2013                       | 403,826/49,789                        | PPI                      | NA/53.5%                       | More than 1 year   | Age, sex, socioeconomic status, BMI, smoking, alcohol consumption,   | aHR, 1.32 (1.03–1.70)  |



**Table 1** (continued)

| Author, year              | Country | Study design | Study period | Number of participants (control/case) | Drugs                    | Mean age (SD)/male                          | Exposure/follow-up                                | Adjustments (matching variables in case-control studies)  | Results (95% confidence interval)   |
|---------------------------|---------|--------------|--------------|---------------------------------------|--------------------------|---|---|---|---|
| Hwang et al., 2018        |         |              |              |                                       |                          |   |   | physical activity, type 2 diabetes, chronic pancreatitis, CCI   |   |
| Keams et al., 2017        | UK      | Case-control | 1995–2013    | 16,072/4113                           | PPI                      | Control 71.1 (11.4), case 70.9 (11.5)/51.5% | Control 6.36 years (4.10), case 6.33 years (4.09) | Diabetes, smoking, alcohol use, obesity (age, sex, practice site, calendar time, follow-up)   | aOR, 1.85 (1.67–2.06)   |
| Lai et al., 2014          | Taiwan  | Case-control | 2000–2010    | 3908/977                              | PPI<br>H <sub>2</sub> RA | Control 68.1 (11.2), case 68.4 (11.2)/60.1% | Control 9.5 months, case 4.5 months               | Acute/chronic pancreatitis, diabetes, obesity, H <sub>2</sub> RA (PPI), statin, nonstatin lipid-lowering drugs, aspirin, COX-2 inhibitors (age, sex, year of pancreatic cancer diagnosis)   | PPI: aOR, 9.28 (7.77–11.08)<br>H <sub>2</sub> RA: aOR, 1.90 (1.53–2.35)     |
| Peng et al., 2018         | Taiwan  | Case-control | 2006–2011    | 1087/1087                             | PPI<br>H <sub>2</sub> RA | Control 68.3 (60.9), case 67.4 (11.5)/60.3% | 2 years   | Age, chronic pancreatitis (propensity score: sex, age, year of pancreatic cancer diagnosis, H <sub>2</sub> RA, aspirin, metformin, gastric polyp, gastritis, cirrhosis, diabetes, chronic pancreatitis, HBV, HCV, IBD, biliary tract disease, stroke, coronary arterial disease, COPD, alcohol-related illness) | PPI: aOR, 1.69 (1.42, 2.03)<br>H <sub>2</sub> RA: OR, 1.20 (0.95, 1.52)     |
| <b>Respiratory system</b> |         |              |              |                                       |                          |   |   |   |   |
| <b>Lung cancer</b>        |         |              |              |                                       |                          |   |   |   |   |
| Habel et al., 2000        | USA     | Cohort       | 1982–1985    | 29,229/4125                           | Cimetidine               | NA  | More than 10 years                                | Age, sex, pharmacy data source  | Lung/bronchus: aRR, 1.24 (0.94–1.62)  |
| Hsu et al., 2013          | Taiwan  | Case-control | 2000–2007    | 14,108/3527                           | H <sub>2</sub> RA        | 70.9 (9.1)/61.2%                            | Median 7.4 years                                  | Short-acting human insulin, insulin glargine, metformin, glitnides, NSAIDs, chronic lung disease, calcium channel blockers, retinopathy, angiotensin receptor blockers, PPIs, cerebrovascular disease, aspirin  | aOR, 1.02 (0.93–1.11)   |
| <b>Breast cancer</b>      |         |              |              |                                       |                          |   |   |   |   |
| Chen et al., 2019         | Taiwan  | Case-control | 2004–2013    | 64,234/64,234                         | PPI                      | Control 53.2 (11.9), case 53.1 (11.8)/0%    | 5 years   | Age, income, location, hypertension, hyperlipidemia, diabetes, obesity, year  | aOR, 0.75 (0.72–0.78)   |
| Coogan et al., 2005       | USA     | Case-control | 1977–2002    | 8482/6994                             | H <sub>2</sub> RA        | NA/0%                                       | More than 1 year                                  | (Age, center, year)   | Cimetidine: OR, 0.9 (0.6–1.2)<br>Other H <sub>2</sub> RA: OR, 0.9 (0.6–1.3) |
|                           | Taiwan  | Case-control | 2000–2013    | 4838/4838                             | PPI                      | 44 years/0%                                 |   | Age, pregnancy, <i>Helicobacter pylori</i> infection, GERD, Crohn's disease,  | aHR, 0.32 (0.20–0.49)   |

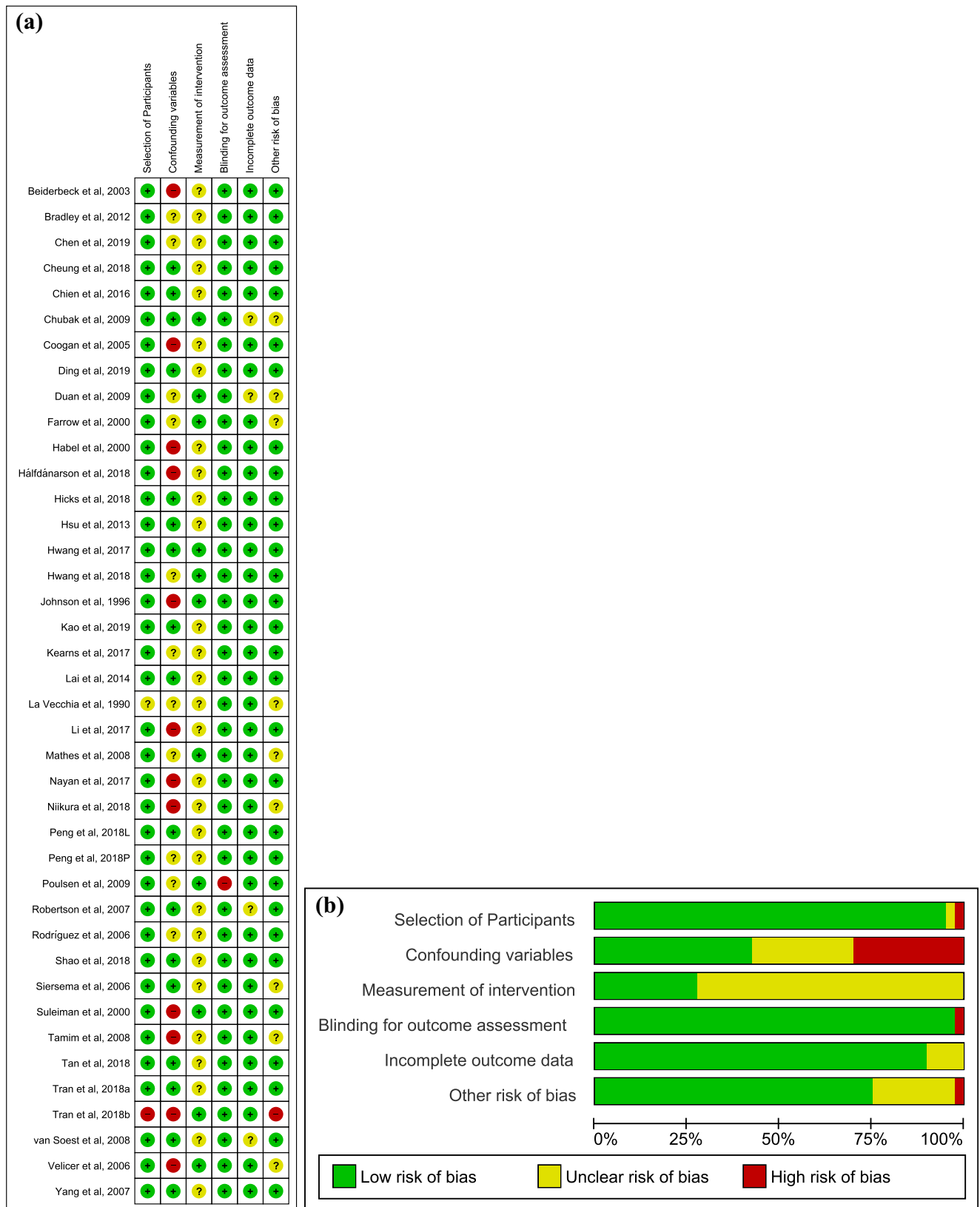
Table 1 (continued)

| Author, year               | Country | Study design | Study period | Number of participants (control/case) | Drugs             | Mean age (SD)/male                              | Exposure/follow-up | Adjustments (matching variables in case-control studies)   | Results (95% confidence interval)   |
|----------------------------|---------|--------------|--------------|---------------------------------------|-------------------|---|--------------------|--|---|
| Ding et al., 2019          |         |              |              |                                       |                   |   |                    | obesity, endometriosis, polycystic ovarian syndrome, alcohol-related disease, estradiol, premarin, NSAIDs  |   |
| Habel et al., 2000         | USA     | Cohort       | 1982–1985    | 29,229/4125                           | Cimetidine        | NA  | More than 10 years | Age, sex, pharmacy data source   | aRR, 1.09 (0.83–1.43)   |
| Hálfðánnarson et al., 2018 | Iceland | Case-control | 2005–2014    | 17,390/1739                           | PPI               | Median 62 years (IQR 52–72)/0–%                 | More than 5 years  | NSAIDs (birth year, sex, calendar time)  | aOR, 1.03 (0.92–1.16)   |
| Mathes et al., 2008        | USA     | Case-control | 2000–2004    | 1390/1836 (1148, 688)                 | H <sub>2</sub> RA | Range 55–79/0%                                  | More than 2 years  | Age, year, hormone therapy, study center (race, income, marital status, education, age at menarche, parity, age at first birth, type of menopause, age at menopause, duration of contraceptive use, family history of breast cancer, BMI, smoking, alcohol intake) | Ductal carcinoma: aOR, 0.9 (0.8–1.2)<br>Lobular carcinoma: aOR, 0.9 (0.7–1.2)       |
| Prostate cancer            |         |              |              |                                       |                   |   |                    |  |   |
| Habel et al., 2000         | USA     | Cohort       | 1982–1985    | 29,229/4125                           | Cimetidine        | NA  | More than 10 years | Age, sex, pharmacy data source   | aRR, 1.01 (0.77–1.32)   |
| Hálfðánnarson et al., 2018 | Iceland | Case-control | 2005–2014    | 18,968/1897                           | PPI               | Median 70 years (IQR 63–77)/1–00%               | More than 5 years  | NSAIDs (birth year, sex, calendar time)  | aOR, 1.12 (1.00–1.25)   |
| Velicer et al., 2006       | USA     | Cohort       | 2000–2003    | 29,220/1083                           | H <sub>2</sub> RA | Control 61.6 (7.3), cimetidine 62.9 (7.4)/100–% | 1–3 years          | Age, prostate-specific antigen testing   | Cimetidine: aRR, 0.97 (0.61–1.53)<br>Other H <sub>2</sub> RA: aRR, 0.86 (0.64–1.14) |
| Urinary system             |         |              |              |                                       |                   |   |                    |  |   |
| Kidney cancer              |         |              |              |                                       |                   |   |                    |  |   |
| Nayan et al., 2017         | Canada  | Case-control | 1997–2014    | 35,939/10,377                         | PPI               | Range ≥ 65 year-s/57.3%                         | 36–42 months       | (Age, sex, comorbidity score, area history of hypertension)  | OR, 0.99 (0.88–0.91)  |
| Skin                       |         |              |              |                                       |                   |   |                    |  |   |
| Melanoma                   |         |              |              |                                       |                   |   |                    |  |   |
| Habel et al., 2000         | USA     | Cohort       | 1982–1985    | 29,229/4125                           | Cimetidine        | NA  | More than 10 years | Age, sex, pharmacy data source   | aRR, 0.94 (0.55–1.63)   |
|                            | Iceland | Case-control | 2005–2014    | 3850/385                              | PPI               |   | More than 5 years  |  | aOR, 0.84 (0.69–1.12)   |

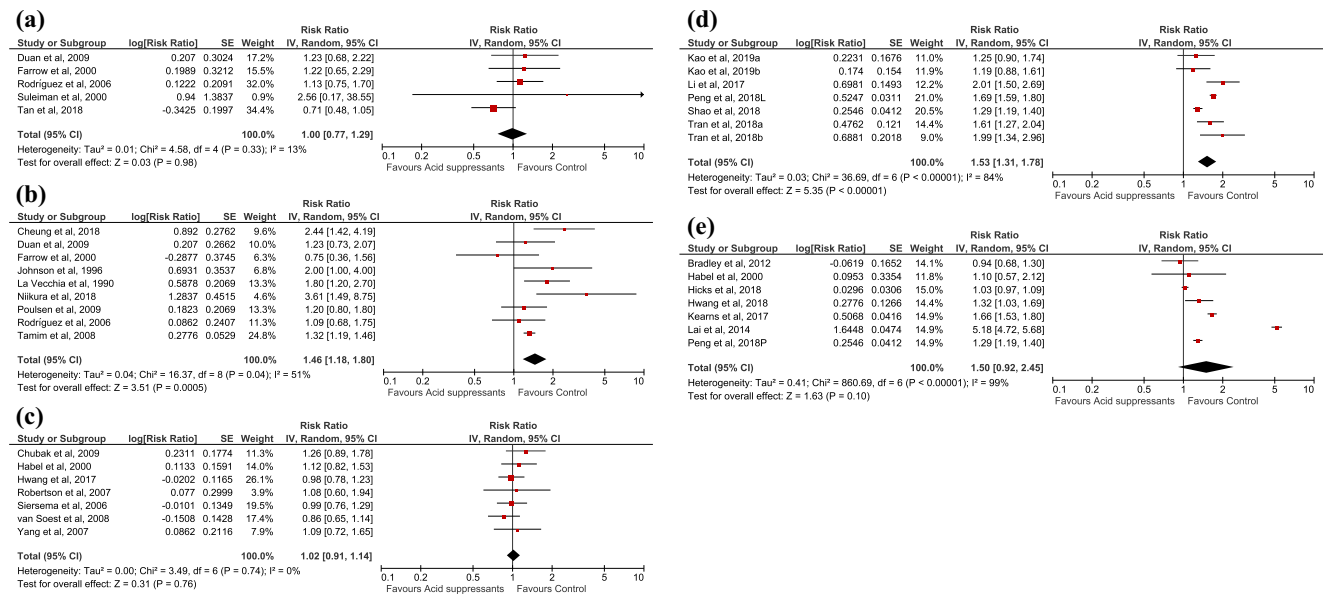
**Table 1** (continued)

| Author, year             | Country     | Study design | Study period | Number of participants (control/case) | Drugs             | Mean age (SD)/male %             | Exposure/follow-up | Adjustments (matching variables in case-control studies)  | Results (95% confidence interval)   |
|--------------------------|-------------|--------------|--------------|---------------------------------------|-------------------|----------------------------------|--------------------|---|---|
| Hálfánarson et al., 2018 | Lymphoma    | Non-Hodgkin  |              |                                       |                   | Median 55 years (IQR 42–68)/0–2% |                    | NSAIDs (birth year, sex, calendar time)   |   |
| Beiderbeck et al., 2003  | Netherlands | Case-control | 1991–1998    | 800/211                               | H <sub>2</sub> RA | 59.7 (16.4)/53.2%                | 5 years            | Comorbidity indicator, follow-up time (sex, year of birth, community pharmacy, calendar period, duration of follow-up)  | aOR, 0.68 (0.41–1.41)   |
| Chien et al., 2016       | Taiwan      | Case-control | 2000–2010    | 76,762/7681                           | PPI               | 69.5 (11.6)/58.1%                | NA                 | Cholelithiasis, cholangitis, liver disease, NAFLD, HBV, HCV, diabetes, chronic pancreatitis, IBD, PUD, GERD, cardiovascular disease, H <sub>2</sub> RA, aspirin, NSAIDs, statins, metformin, insulin, other antidiabetic drugs, <i>H. pylori</i> eradication therapy (age, sex, follow-up period of PPI exposure) | Periampullary cancer: aOR, 1.35 (1.16–1.57)   |
| Habel et al., 2000       | USA         | Cohort       | 1982–1985    | 29,229/4125                           | Cimetidine        | NA                               | More than 10 years | Age, sex, pharmacy data source  | Uterine: aRR, 0.73 (0.34–1.56)<br>Ovarian: aRR, 0.64 (0.23–1.75)<br>Kidney/bladder: aRR, 1.32 (0.90–1.96)<br>Lymphoma/myeloma/leukemia: aRR, 1.09 (0.74–1.61) |

PPI proton pump inhibitor, H<sub>2</sub>RA histamine 2-receptor antagonist, BMI body mass index, EGD esophagogastroduodenoscopies, GERD gastroesophageal reflux disease, PUD peptic ulcer disease, IRR incidence rate ratio, OR odds ratio, COX-2 cyclooxygenase-2, NSAID nonsteroidal anti-inflammatory drug, CCI Charlson comorbidity index, COPD chronic obstructive pulmonary disease, HRT hormone replacement therapy, HBV hepatitis B virus, HCV hepatitis C virus, IBD inflammatory bowel disease, NAFLD nonalcoholic fatty liver disease



**Fig. 2** Quality assessment of included studies using the Risk of Bias Assessment tool for Nonrandomized Studies (ROBANS): **a** ROBANS graph and **b** ROBANS summary. +: low risk of bias; ?: unclear risk of bias; -: high risk of bias



**Fig. 3** The association between acid-suppressive agent use and the risk of cancer: **a** esophageal cancer, **b** gastric cancer, **c** colorectal cancer, **d** liver cancer, and **e** pancreatic cancer

### Acid-suppressive agents and prostate cancer

Three studies including 84,522 individuals investigated the association between ASAs and prostate cancer. We did not find a significant association between the risk of prostate cancer and ASA use (RR, 1.09; 95% CI, 0.99–1.20); no heterogeneity was found ( $I^2 = 0\%$ ,  $P = 0.72$ ) (Fig. 5b).

### Acid-suppressive agents and other cancers

Two studies on lung cancer and two studies of melanoma were also included in the systematic review. ASA use was not significantly associated with the risk of lung cancer or melanoma compared with nonuse with no significant heterogeneity (RR, 1.07; 95% CI, 0.91–1.27;  $I^2 = 43\%$ ,  $P = 0.18$  for lung cancer and RR, 0.86; 95% CI, 0.72–1.02;  $I^2 = 0\%$ ,  $P = 0.73$  for melanoma).

One study reported kidney cancer, non-Hodgkin lymphoma, periampullary cancer, and all types of cancer. There was no significant association between PPIs and kidney cancer (OR, 0.99; 95% CI, 0.88–0.91) in the study by Nayan et al. and between H<sub>2</sub>RA and non-Hodgkin lymphoma (aOR, 0.68; 95% CI, 0.41–1.41) in Beiderbeck et al.’s study. Chien et al. reported that PPI use increased the risk of periampullary cancer compared with nonuse (aOR, 1.35; 95% CI, 1.16–1.17). Habel et al. studied the association between cimetidine use and all types of cancer and reported no significant association for uterine, ovarian, and kidney/bladder cancers and lymphoma/myeloma/leukemia (Table 1).

### Discussion

This systematic review assessed the association between ASA use and the risk of development of each cancer. We found that ASA use was associated with a 46% increase in the risk of gastric cancer and a 53% increase in the risk of liver cancer, but it was not significantly associated with other cancers, including esophageal, colorectal, pancreatic, breast, and prostate cancer. In particular, the increase in the risk of gastric and liver cancer with PPI use was higher than that with H<sub>2</sub>RA use.

The results of our meta-analysis were similar to previous studies [10, 12]. Previous systematic review reported that long-term PPI use (at least 3 months) was significantly associated with a 78% increase in the risk of gastric cancer compared with nonuse [10], which is slightly higher than our results (36%). It may be because Islam et al. investigated the risk of gastric cancer with long-term PPI, while our study included ever use of PPIs or H<sub>2</sub>RAs. Another meta-analysis found that PPIs and H<sub>2</sub>RAs were associated with a 39% and 40% increase in gastric cancer risk [12]. In our subgroup analysis, the risk of gastric cancer in PPI users was higher than H<sub>2</sub>RA users (39% vs. 26%) when compared with nonusers. The mechanism by which ASAs relate an increased risk of gastric cancer is unknown; however, several pathways have been suggested [12]. Researchers have speculated that cancer may arise from bacterial overgrowth and nitrosamine formation caused by the suppression of gastric acid formation [61–65]. In contrast to this theory, other researchers have proposed that acid-suppressing medications cause hypergastrinemia, which ultimately is related to gastric polyps and carcinomas [66–77].

**Table 2** Subgroup analysis of the association between acid-suppressive agent use and the risk of cancer

| Subgroup   | Studies, <i>n</i> | Acid-suppressant users, <i>n</i> | Nonusers, <i>n</i> | Random effects, risk ratio [95% CI] | Effect, <i>P</i> value | <i>I</i> <sup>2</sup> (%) | Heterogeneity, <i>P</i> value |
|--|-------------------|----------------------------------|--------------------|-------------------------------------|------------------------|---------------------------|-------------------------------|
| Esophageal cancer  |                   |                                  |                    |                                     |                        |                           |                               |
| Type of acid suppressants                                  |                   |                                  |                    |                                     |                        |                           |                               |
| PPI  | 2                 | 1440                             | 8629               | 0.75 [0.55, 1.03]                   | 0.08                   | 0                         | 0.62                          |
| H <sub>2</sub> RA  | 4                 | 1263                             | 10,169             | 0.98 [0.72, 1.32]                   | 0.88                   | 30                        | 0.23                          |
| Drug uptake duration                                       |                   |                                  |                    |                                     |                        |                           |                               |
| Less than 1 year   | 4                 | 695                              | 9774               | 0.87 [0.46, 1.64]                   | 0.66                   | 60                        | 0.06                          |
| 1 year or more   | 5                 | 1069                             | 10,475             | 1.22 [0.73, 2.05]                   | 0.45                   | 67                        | 0.02                          |
| Type of esophageal cancer                                  |                   |                                  |                    |                                     |                        |                           |                               |
| Adenocarcinoma   | 5                 | 2409                             | 10,455             | 1.00 [0.77, 1.29]                   | 0.98                   | 13                        | 0.33                          |
| Squamous cell carcinoma                                    | 1                 | 113                              | 679                | 0.23 [0.05, 1.06]                   | 0.06                   | –                         | –                             |
| Studies of low risk of bias of measurement of intervention | 3                 | 153                              | 2043               | 1.25 [0.81, 1.91]                   | 0.31                   | 0                         | 0.87                          |
| Gastric cancer   |                   |                                  |                    |                                     |                        |                           |                               |
| Type of acid suppressants                                  |                   |                                  |                    |                                     |                        |                           |                               |
| PPI <sup>a</sup>   | 5                 | 20,620                           | 34,383             | 1.53 [1.13, 2.07]                   | 0.01                   | 61                        | 0.04                          |
| H <sub>2</sub> RA  | 7                 | 20,226                           | 38,023             | 1.32 [1.08, 1.60]                   | 0.01                   | 26                        | 0.23                          |
| Drug uptake duration                                       |                   |                                  |                    |                                     |                        |                           |                               |
| Less than 1 year   | 2                 | 609                              | 9613               | 1.06 [0.49, 2.31]                   | 0.88                   | 70                        | 0.07                          |
| 1 year or more <sup>a</sup>                                | 3                 | 456                              | 10,323             | 1.21 [0.54, 2.72]                   | 0.64                   | 74                        | 0.01                          |
| Type of gastric cancer                                     |                   |                                  |                    |                                     |                        |                           |                               |
| Cardia <sup>a</sup>  | 4                 | 1503                             | 9159               | 1.10 [0.81, 1.50]                   | 0.53                   | 0                         | 0.56                          |
| Noncardia <sup>a</sup>                                     | 3                 | 1307                             | 9094               | 1.54 [0.89, 2.67]                   | 0.12                   | 72                        | 0.03                          |
| Patients with <i>Helicobacter pylori</i>                   | 2                 | 3389                             | 60,541             | 2.71 [1.71, 4.31]                   | < 0.001                | 0                         | 0.46                          |
| Studies of low risk of bias of measurement of intervention | 4                 | 19,112                           | 18,895             | 1.23 [0.90, 1.66]                   | 0.19                   | 18                        | 0.30                          |
| Colorectal cancer  |                   |                                  |                    |                                     |                        |                           |                               |
| Type of acid suppressants                                  |                   |                                  |                    |                                     |                        |                           |                               |
| PPI  | 6                 | 8980                             | 512,196            | 1.06 [0.96, 1.16]                   | 0.26                   | 0                         | 0.47                          |
| H <sub>2</sub> RA  | 2                 | 4429                             | 50,207             | 0.96 [0.78, 1.19]                   | 0.71                   | 38                        | 0.21                          |
| Drug uptake duration                                       |                   |                                  |                    |                                     |                        |                           |                               |
| Less than 1 year   | 2                 | 2404                             | 50,428             | 1.36 [0.48, 3.92]                   | 0.56                   | 96                        | < 0.001                       |
| 1 year or more   | 3                 | 477                              | 108,254            | 1.00 [0.75, 1.33]                   | 1.00                   | 0                         | 0.65                          |
| Cumulative defined daily dose (DDD)                        |                   |                                  |                    |                                     |                        |                           |                               |
| < 60 DDDs  | 2                 | 44,069                           | 409,370            | 0.96 [0.88, 1.05]                   | 0.34                   | 0                         | 0.93                          |
| ≥ 60 DDDs  | 2                 | 5884                             | 409,370            | 0.97 [0.79, 1.19]                   | 0.77                   | 0                         | 0.83                          |
| Studies of low risk of bias of measurement of intervention | 2                 | 5777                             | 402,949            | 1.07 [0.85, 1.36]                   | 0.56                   | 29                        | 0.24                          |
| Liver cancer <sup>b</sup>                                  |                   |                                  |                    |                                     |                        |                           |                               |
| Type of acid suppressants                                  |                   |                                  |                    |                                     |                        |                           |                               |
| PPI <sup>c</sup>   | 7                 | 27,188                           | 330,426            | 1.53 [1.31, 1.78]                   | < 0.001                | 84                        | < 0.001                       |
| H <sub>2</sub> RA <sup>c</sup>                             | 3                 | 4322                             | 2801               | 1.07 [0.86, 1.32]                   | 0.54                   | 42                        | 0.18                          |
| Cumulative defined daily dose (DDD)                        |                   |                                  |                    |                                     |                        |                           |                               |
| < 365 DDDs <sup>d</sup>                                    | 5                 | 3520                             | 323,092            | 1.56 [0.99, 2.45]                   | 0.06                   | 86                        | < 0.001                       |
| ≥ 365 DDDs <sup>d</sup>                                    | 4                 | 2550                             | 9399               | 1.41 [0.96, 2.08]                   | 0.08                   | 76                        | 0.006                         |
| Type of liver cancer                                       |                   |                                  |                    |                                     |                        |                           |                               |
| Hepatocellular carcinoma <sup>c</sup>                      | 5                 | 23,532                           | 326,959            | 1.40 [1.17, 1.68]                   | < 0.001                | 57                        | 0.06                          |
| Intrahepatic bile duct carcinoma <sup>c, e</sup>           | 2                 | –                                | –                  | 1.90 [0.81, 4.50]                   | 0.14                   | 88                        | 0.004                         |
| Patients with hepatitis B or C virus                       | 3                 | 13,244                           | 13,266             | 1.45 [1.03, 2.03]                   | 0.03                   | 72                        | 0.03                          |
|  | 2                 | 812                              | 473,576            | 1.70 [1.39, 2.09]                   | < 0.001                | 0                         | 0.37                          |

**Table 2** (continued)

| Subgroup   | Studies, <i>n</i> | Acid-suppressant users, <i>n</i> | Nonusers, <i>n</i> | Random effects, risk ratio [95% CI] | Effect, <i>P</i> value | <i>I</i> <sup>2</sup> (%) | Heterogeneity, <i>P</i> value |
|--|-------------------|----------------------------------|--------------------|-------------------------------------|------------------------|---------------------------|-------------------------------|
| Studies of low risk of bias of measurement of intervention |                   |                                  |                    |                                     |                        |                           |                               |
| Pancreatic cancer  |                   |                                  |                    |                                     |                        |                           |                               |
| Type of acid suppressants                                  |                   |                                  |                    |                                     |                        |                           |                               |
| PPI  | 6                 | 22,375                           | 460,936            | 1.56 [0.93, 2.64]                   | 0.09                   | 99                        | < 0.001                       |
| H <sub>2</sub> RA  | 4                 | 9688                             | 38,464             | 1.22 [0.90, 1.65]                   | 0.21                   | 86                        | < 0.001                       |
| Drug uptake duration                                       |                   |                                  |                    |                                     |                        |                           |                               |
| Less than 1 year   | 2                 | 544                              | 9181               | 1.14 [0.82, 1.59]                   | 0.42                   | 73                        | 0.05                          |
| 1 year or more   | 1                 | 326                              | 7781               | 0.94 [0.68, 1.30]                   | 0.37                   | –                         | –                             |
| Cumulative defined daily dose (DDD)                        |                   |                                  |                    |                                     |                        |                           |                               |
| < 365 DDDs   | 4                 | 50,148                           | 443,814            | 1.10 [0.89, 1.35]                   | 0.39                   | 91                        | < 0.001                       |
| ≥ 365 DDDs   | 2                 | 1155                             | 38,588             | 1.01 [0.87, 1.18]                   | 0.89                   | 0                         | 0.69                          |
| Studies of low risk of bias of measurement of intervention | 1                 | 5710                             | 403,826            | 1.32 [1.03, 1.69]                   | 0.03                   | –                         | –                             |
| Breast cancer  |                   |                                  |                    |                                     |                        |                           |                               |
| Type of acid suppressants                                  |                   |                                  |                    |                                     |                        |                           |                               |
| PPI  | 3                 | 22,441                           | 134,832            | 0.78 [0.61, 1.00]                   | 0.05                   | 93                        | < 0.001                       |
| H <sub>2</sub> RA  | 3                 | 4750                             | 45,821             | 0.95 [0.89, 1.01]                   | 0.09                   | 0                         | 0.58                          |
| Drug uptake duration                                       |                   |                                  |                    |                                     |                        |                           |                               |
| Less than 2 years  | 3                 | 3095                             | 29,989             | 1.03 [0.93, 1.13]                   | 0.59                   | 0                         | 0.75                          |
| 2 years or more  | 3                 | 1069                             | 29,989             | 0.98 [0.85, 1.14]                   | 0.82                   | 0                         | 0.54                          |
| Cumulative defined daily dose (DDD)                        |                   |                                  |                    |                                     |                        |                           |                               |
| < 365 DDDs   | 2                 | 6390                             | 129,994            | 0.92 [0.79, 1.08]                   | 0.32                   | 79                        | 0.03                          |
| ≥ 365 DDDs   | 1                 | 1110                             | 133,97             | 1.00 [0.81, 1.23]                   | 1.00                   | –                         | –                             |
| Studies of low risk of bias of measurement of intervention | 1                 | 455                              | 2075               | 0.94 [0.88, 1.00]                   | 0.07                   | –                         | –                             |

PPI proton pump inhibitor, H<sub>2</sub>RA histamine 2-receptor antagonist, DDD defined daily dose

<sup>a</sup> Cheng et al. did not report the number of patients in each group, so we could not include the number of patients from their study

<sup>b</sup> Kao et al. and Tran et al. presented each result from two different cohorts, so we included 5 studies and 7 cohorts for liver cancer

<sup>c</sup> Tran et al. did not report the number of patients in each group of the UK biobank cohort used

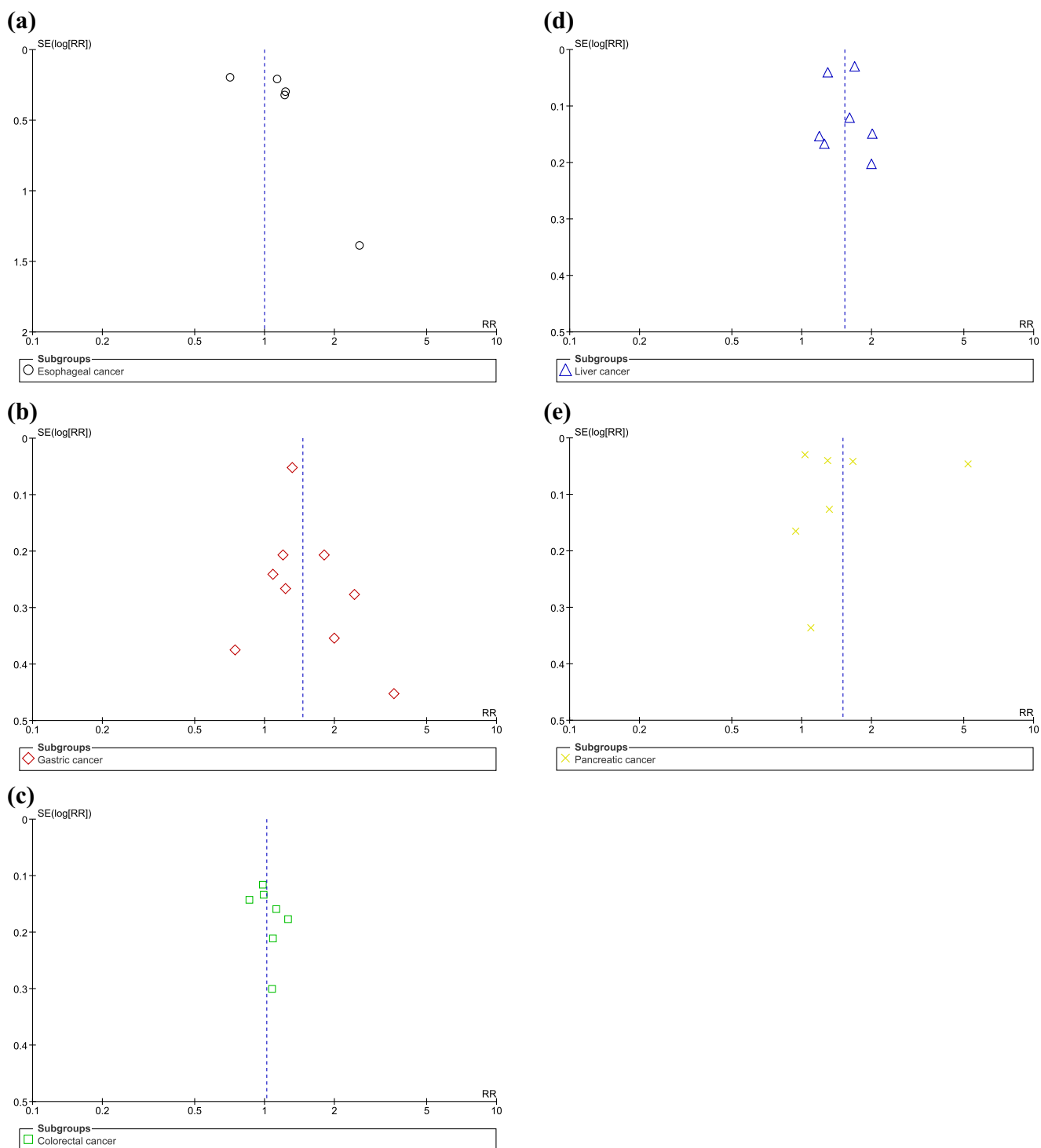
<sup>d</sup> Li et al. did not report the number of patients in each group

<sup>e</sup> Peng et al. did not report the number of patients in each group

A previous meta-analysis reported that PPI use did not show a significant association with hepatocellular carcinoma [78], but they mentioned that their meta-analysis lacked sufficient evidence to confirm the association. On the other hand, we found a statistically significant association between ASA use and liver cancer or hepatocellular carcinoma. The risk of liver cancer was associated with PPI use, but not H<sub>2</sub>RA use. The exact pathway through which PPIs associate with an increasing risk of liver cancer is unknown; however, several mechanisms have been suggested [79]. Long-term PPI use and the associated hypergastrinemia have been implicated in carcinogenic effects on liver cells [80]. Other speculated mechanisms include the possibility that bacterial overgrowth due to decreased acid secretion in the stomach causes the transformation of primary bile acids to secondary bile acids,

which subsequently exert deleterious effects on the liver, possibly leading to liver cancer [81–83]. In addition, it should be noted that exposure of mouse models to PPIs has been demonstrated to promote liver tumors, the progression of alcoholic liver disease, nonalcoholic fatty liver disease, and nonalcoholic steatohepatitis [84, 85]. Tran et al. explained that H<sub>2</sub>RA use generally results in weaker acid suppression and lower effects on gastrin [79, 86].

Hu et al. showed that PPI use was not associated with the risk of esophageal adenocarcinoma and/or high-grade dysplasia in patients with Barrett's esophagus [87]. We also did not find a significant association between ASAs and esophageal cancer. This result was similar for both PPIs and H<sub>2</sub>RAs. Theoretically, PPIs and H<sub>2</sub>RAs decrease esophageal acid and bile refluxate exposure of the esophagus, thereby



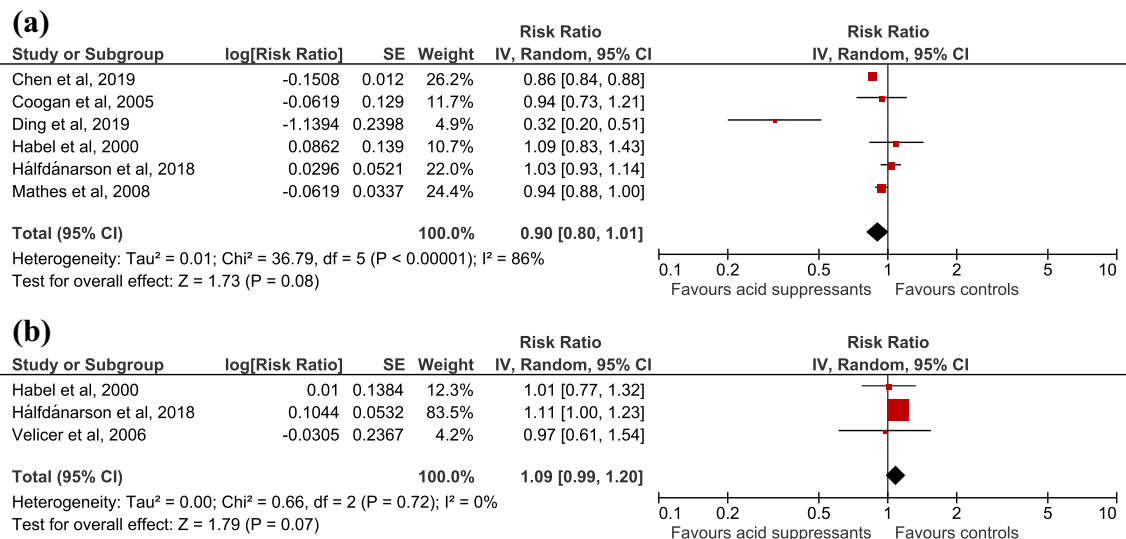
**Fig. 4** Funnel plot of included studies: **a** esophageal cancer, **b** gastric cancer, **c** colorectal cancer, **d** liver cancer, and **e** pancreatic cancer

promoting mucosal healing and acting as a potential chemoprotective modality to mitigate esophageal cancers [87]. However, the guidelines for GERD recommend the use of ASAs for symptom control and not specifically for the prevention of esophageal adenocarcinoma [88]. It is important to note that reflux symptoms are poorly correlated with the actual amount of esophageal refluxate in patients with GERD;

thus, PPI exposure may not be correlated with the incidence of esophageal cancers [89].

When Islam et al. pooled the ORs of colorectal and pancreatic cancers in PPI users and compared these values to those of nonusers, no significant association was observed [10]. These results were similar to our results: the RRs of ASAs for the risk of colorectal cancer and pancreatic cancer





**Fig. 5** The association between acid-suppressive agent use and the risk of cancer: **a** breast cancer and **b** prostate cancer

were 1.02 (95% CI, 0.91–1.14) and 1.50 (95% CI, 0.92–2.45). We could not find the previous systematic reviews of lung, breast, and prostate cancers and ASAs.

The results of the present study should be interpreted while considering some limitations. First, cohort and case–control studies were included in the final meta-analysis. Owing to the study designs of the included studies, we could not show a causal relationship between ASAs and cancers. However, we can describe a plausible mechanism and relative. Second, the results may include potential confounders, as the meta-analysis pooled studies that reported crude relative outcomes or adjusted outcomes with insufficient covariates. Third, ASAs can be bought OTC without a physician’s prescription in most countries, so interventions may have been misclassified. We conducted the subgroup analysis for studies including both prescription medication and OTCs and the results remained consistent. Some results changed but we could not suggest them due to the small number of studies included in the subgroup analysis.

Despite these limitations, to the best of our knowledge, this is the first systematic review and meta-analysis for the association between ASA use and multiple types of cancer. We found that the increased risk of gastric and liver cancers was associated when ASAs were used, but there was no significant association between ASA use and other cancers. Although a limited number of studies were included in this meta-analysis, the results can be the best available evidence. In particular, low heterogeneity and a consistent direction were shown in esophageal cancer and colorectal cancer. We also conducted subgroup analyses according to PPI/H<sub>2</sub>RA, duration of drug uptake, subtypes of cancer, and cumulative daily drug dose; these subgroup results can provide comprehensive and detailed information. Notably, our results showed that PPI use was associated with liver cancer, whereas H<sub>2</sub>RA use was not.

## Conclusions

The results of our meta-analysis suggests that ASA use was associated with an increased risk of gastric and liver cancer, but we did not find it to be significantly associated with esophageal or colorectal cancer. There was no strong evidence for the association of lung, breast, prostate, and kidney cancer; melanoma; and lymphoma risk with ASA use. The prescription of ASAs should be carefully considered under the potential risk of gastric and liver cancer until further well-designed studies with large sample cohorts confirm the results.

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**Author contributions** HJS was involved in the study concept and design, literature search, study selection, quality assessment, data extraction, data analysis, data interpretation, and manuscript writing. NJ was involved in the literature search, study selection, quality assessment, data extraction, and manuscript writing. PS was involved in the study selection, quality assessment, and manuscript writing. All authors reviewed and approved the final version.

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## Compliance with ethical standards

**Conflict of interest** The authors declare that they have no competing interests.

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