




Pharmacokinetic determinants of cisplatin-induced subclinical kidney injury in oncology patients

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Abstract

Purpose The ability to predict and detect clinical and subclinical nephrotoxicity early in the course of therapy has the potential to improve long-term outcomes in cancer patients receiving cisplatin chemotherapy. Pharmacokinetic parameters could serve as predictors of cisplatin-induced nephrotoxicity.

Methods Participants [$n = 13$] were treated with a 1-h cisplatin infusion [30–75 mg/m²]. Blood was collected pre-dose and up to 6 h post-dose. Urinary biomarkers [KIM-1, calbindin, clusterin, GST-pi, β 2M, albumin, NGAL, osteopontin, clusterin, MCP-1, cystatin C, and TFF3] were measured at baseline, days 3 and 10. Total and unbound platinum concentrations were measured using ICP/MS. Noncompartmental analysis was performed, and correlation and regression analyses evaluated the relationships between platinum pharmacokinetics and nephrotoxicity.

Results Peak platinum urinary concentrations correlated with urinary levels of KIM-1, calbindin, clusterin, GST-pi, β 2M, albumin, NGAL, osteopontin, clusterin, cystatin C, and TFF3 at day 10. Unbound platinum plasma concentrations at 2 h also correlated with urinary clusterin, β 2M, cystatin C, NGAL, osteopontin, and TFF3 at day 3. Regression analyses suggested 2-h total plasma platinum concentrations greater than 2000 ng/ml, and peak urinary platinum concentrations above 24,000 ng/ml may serve as potential approximations for elevated risk of nephrotoxicity. Platinum area under the plasma concentration time curve was associated with serum creatinine and estimated glomerular filtration rate.

Conclusions Peak plasma and urinary platinum concentrations and pharmacokinetic parameters were associated with risk of subclinical cisplatin-induced kidney injury as assessed using novel urinary biomarkers. Future studies will examine these relationships in larger clinical populations of cisplatin-induced acute kidney injury.

Keywords Cisplatin · Pharmacokinetics · Biomarkers · Nephrotoxicity

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Introduction

Cisplatin is a drug used extensively to treat head and neck, testicular, lung, and ovarian cancers, among others. Although a potent and effective drug, cisplatin-induced nephrotoxicity remains a limitation to its clinical use [1]. Up to one-third of patients receiving cisplatin treatment develop acute kidney injury [AKI] during the course of treatment [2]. Despite efforts to confront this challenge, such as the development of platinum analogs and the use of hydration during therapy, nephrotoxicity remains a limitation in cisplatin-based therapies. The ability to predict which patients are most susceptible and to detect kidney injury early following treatment may improve outcomes in cancer patients treated with cisplatin.

Determination of kidney injury has traditionally relied on serum creatinine [SCr] and estimated glomerular filtration rate [eGFR] [3]. However, the use of SCr can be insensitive and delayed. In addition, eGFR values are often maintained within normal ranges even after a 50% decrease in renal functioning mass [4]. Because of the inherent limitations of SCr [secretion by transporters, dependency on muscle mass, etc.] and Cr-based calculations for detecting kidney injury, recent efforts have focused on the development and validation of a novel set of biomarkers. In 2008, the FDA approved seven novel urinary proteins [kidney injury molecule 1 [KIM-1], clusterin, albumin, total protein, beta 2-microglobulin [β 2M], cystatin C, and trefoil factor 3 [TFF3]] for preclinical assessment of nephrotoxicity [5]. In rats, these biomarkers were found to outperform SCr and blood urea nitrogen [BUN] in detecting early toxicity [6, 7]. Clinical studies in humans have shown high sensitivity in detecting clinical AKI with these biomarkers, as assessed by area under the receiver operating characteristic curves [8]. Time-dependent changes in the urinary excretion of kidney injury biomarkers in patients without overt nephrotoxicity [e.g., subclinical toxicity] were recently described following treatment with cisplatin [9].

Pharmacokinetic parameters may also represent important biomarkers for predicting cisplatin kidney injury. Previous studies have demonstrated associations between two pharmacokinetic parameters, maximal plasma concentrations [C_{\max}] and area under the plasma concentration vs. time curve [AUC], and cisplatin-induced nephrotoxicity [10–12]. While these studies evaluated relationships between traditional clinical measures [SCr and BUN] and pharmacokinetic parameters, relationships between novel urinary biomarkers and cisplatin disposition have not been described. Elucidating these relationships could improve cisplatin dosing regimens and facilitate early detection of clinical and subclinical nephrotoxicity. In the present study, we performed a noncompartmental pharmacokinetic analysis of cisplatin disposition in cancer patients and evaluated relationships between key pharmacokinetic parameters and traditional and novel biomarkers of kidney injury.

Methods

Study patients

Patients [$n = 13$] undergoing outpatient chemotherapy with intravenous cisplatin [doses greater than 25 mg/m^2] from the University of Colorado Cancer Center were recruited for this study. Notable exclusion criteria included history of organ transplantation/kidney dialysis, diagnosis of kidney cancer, previous exposure to platinum-based chemotherapy, and concurrent exposure to other known nephrotoxins (with the exception of contrast agents) within 30 days prior to cisplatin treatment. Clinical data (demographics, cisplatin doses, type of cancer, contrast agent administration, and labs) were collected on each patient. All subjects provided informed consent, and protocols were approved by the Institutional Review Board. Additional information pertaining to study design and inclusion/exclusion criteria have been previously described [9].

Specimen collection

Blood was collected just prior to and at 0.5, 1, 1.5, 2, 3, 4, and 6 h after beginning a 1-h cisplatin intravenous infusion. Urine was collected at 0–2 h, 2–4 h, and 4–6 h, and spot urines were collected at days 3 and 10. Urinary biomarkers [KIM-1, calbindin, clusterin, glutathione s-transferase pi [GST-pi], β 2M, albumin, neutrophil gelatinase-associated lipocalin [NGAL], osteopontin, clusterin, monocyte chemoattractant protein-1 [MCP-1], cystatin C, and trefoil factor 3 [TFF3]] were measured at baseline, day 3 [range 2–5 days], and day 10 [range 5–10 days]. eGFR [reported in mL/min/1.73 m^2] was calculated using the Modification of Diet in Renal Disease [MDRD] equation [13]. SCr was obtained between 7 and 21 days after the first dose per the decision of the treating physician. Urinary biomarkers were quantified using Bio-Plex multiplex assays [BioRad], as previously described [9]. Absolute biomarker concentrations were used for the current analyses, given that time-dependent changes in absolute biomarker concentrations were similar to those normalized to urinary creatinine [9].

Platinum measurement

Total and unbound platinum [Pt] were measured in plasma and total Pt was measured in urine. To measure unbound Pt concentrations, proteins were precipitated from blood samples through the addition of cold trichloroacetic acid [TCA, 20%]. The precipitation method is cost-effective and has been shown to produce similar results compared to routine plasma ultrafiltration in the literature [14] and in pilot studies in our laboratories. After placing on ice for 10 min, samples were centrifuged at $4000 \times g$ for 10 min at $4 \text{ }^\circ\text{C}$. The supernatant was

assayed for unbound Pt. Total and unbound Pt concentrations were quantified utilizing inductively coupled plasma mass spectrometry [ICP/MS]. Briefly, EMD OmniTrace Ultra high-purity nitric acid [VWR, Radnor, PA] was added to plasma/urine for total Pt or the supernatant for unbound Pt analysis. A CEM Mars X microwave system [CEM Corp, Matthews, NC] was then used to digest the mixture prior to ICP/MS [Nu Instruments Attom HR-ICPMS] [15]. Pt concentrations were determined using mass to charge ratio (m/z) of 195. The Pt dynamic range was 3 orders of magnitude of linearity, with standards of 0.05 to 5 ppb Pt in solution.

Pharmacokinetic analysis

A noncompartmental pharmacokinetic analysis of total and unbound Pt was performed using Phoenix®, with the linear up-log down method for AUC calculations. AUC_{0-6} , $AUC_{0-\infty}$, C_{max} , elimination rate constant [λ], half-life [$t_{1/2}$], total body clearance [Cl], and volume of distribution [Vd] were calculated. Amount of total Pt in urine was determined by multiplying urinary concentration by the volume of each collection period [0–2, 2–4, 4–6 h]. Renal clearance was calculated by dividing total amount in urine [0–6 h] by AUC_{0-6} .

Other assessments

Spearman correlations between Pt pharmacokinetic parameters and urine Pt assessments vs. urinary biomarkers were performed to determine significant associations [$P < 0.05$]. For each biomarker that was found to be statistically significant, linear regression was used to generate equations for the outcome of Pt urinary concentration and pharmacokinetic parameters. A forward/backward selection process was used [SAS®, Cary, NC] to generate multiple regression equations of the most influential biomarkers that predict urinary Pt concentrations and other Pt pharmacokinetic parameters. First, collinearity of each biomarker in the model was assessed by evaluating the variance inflation factor [VIF] [16]. Biomarkers with VIF greater than 10 were eliminated from the model in a stepwise manner, leaving only the biomarkers with VIF below 10 for the final forward/backward selection analysis.

A median split was used to categorize subjects as having “high” or “low” urinary concentrations of each biomarker. For each biomarker, the mean 2-h total plasma Pt concentration was calculated to generate predictions of an estimated Pt plasma concentration that corresponded to higher risk of kidney toxicity.

Results

Patient characteristics are shown in Table 1. The mean (SD) age of participants was 58 (10) years and the majority were Caucasian [11/13] and male [8/13]. Mean cisplatin dose was 53.5 (20) mg/m². The distribution of cancer types were head/neck ($n = 7$), digestive ($n = 3$), genital ($n = 1$), bone ($n = 1$), and bladder/pelvis ($n = 1$). Intravenous contrast agents were administered to a total of three patients. Individual patient concentration vs. time curves for total and unbound Pt are depicted in Fig. 1. Noncompartmental pharmacokinetic results for total and unbound Pt are shown in Table 2. Renal clearance was estimated as 3.4 (1.2 l/h). Unbound Pt exhibited a higher Cl and Vd, shorter $T_{1/2}$, and lower AUC and C_{max} values as compared to total Pt.

Assessments of relationships between Pt pharmacokinetics and biomarkers

Urinary biomarker concentrations at baseline and days 3 and 10 post-dose are shown in Supplementary Table 1. Urinary creatinine data is also provided. Correlations between peak Pt urinary concentrations, occurring within the first 2 h of collection [0–2 h], and urinary biomarkers demonstrated highest correlations at day 10. Total peak Pt urinary concentrations were strongly correlated with KIM-1, calbindin, clusterin, β 2M, albumin, NGAL, osteopontin, clusterin, cystatin C, and TFF3 at day 10 [Table 3]. Unbound Pt plasma concentrations at 2 h were correlated with urinary clusterin [$r = 0.73$,

Table 1 Patient characteristics [$n = 13$ subjects]

Demographics	Mean \pm SD or N [%]
Age [years]	58 \pm 10
Ethnicity	
Caucasian	11 [85%]
Other	2 [15%]
Gender	
Male	8 [61%]
Female	5 [39%]
Body surface area [m ²]	1.9 \pm 0.29
Cisplatin dose [mg/m ²]	53.5 \pm 19
Baseline SCr [mg/dL]	0.91 \pm 0.2
Change in SCr after first dose	0.02 \pm 0.12
Baseline BUN [mg/dL]	15 \pm 5
Change in BUN after first dose [mg/dL]	−0.2 \pm 4
Baseline eGFR [mL/min/1.73m ²]	88 \pm 18
Change in eGFR after first dose [mL/min/1.73m ²]	−2 \pm 16

BUN, blood urea nitrogen; eGFR, estimated glomerular filtration rate; SCr, serum creatinine; SD, standard deviation

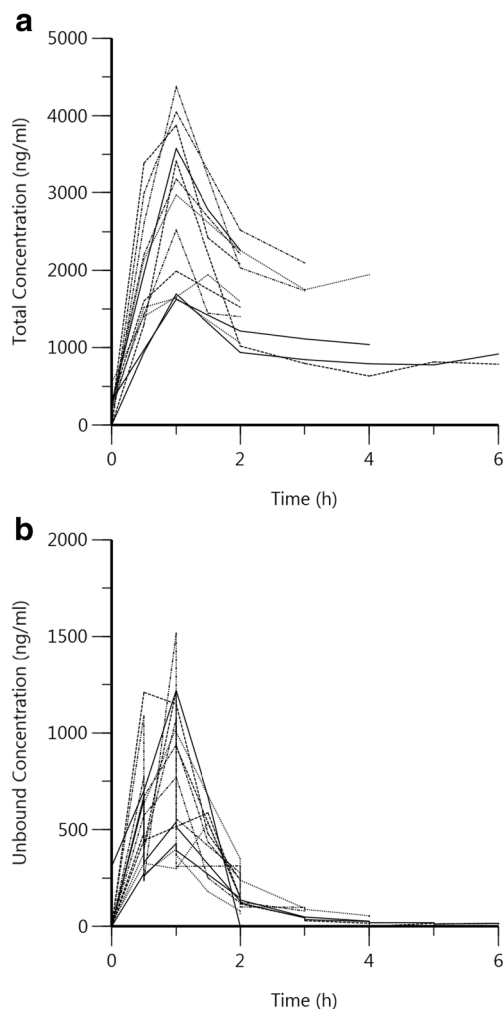


Fig. 1 Plasma concentration vs. time curve of (a) total platinum and (b) unbound platinum for 13 patients

$P = 0.02$], $\beta 2M$ [$r = 0.81$, $P = 0.0072$], cystatin C [$r = 0.83$, $P = 0.005$], NGAL [$r = 0.68$, $P = 0.04$], osteopontin [$r = 0.92$, $P = 0.0005$], TFF3 [$r = 0.78$, $P = 0.01$], albumin [$r = 0.78$, $P = 0.01$] at day 3. Unbound Pt plasma concentrations at 2 h were correlated with osteopontin [$r = 0.68$, $P = 0.04$] and GST-pi [$r = 0.73$, $P = 0.02$] at day 10 [Table 3].

Unbound Pt AUC_{0-6} negatively correlated with the absolute change in BUN after the first dose [$r = -0.60$, $P = 0.03$]. Total $AUC_{0-\infty}$ correlated with change in SCr [$r = 0.93$, $P = 0.008$] and change in eGFR [$r = -0.81$, $P = 0.04$] after the first dose. C_{max} positively correlated with total urinary Pt in the first 2 h of collection [$r = 0.61$, $P = 0.04$] and negatively correlated with baseline KIM-1 [$r = -0.64$, $P = 0.03$] and GSTpi [$r = -0.65$, $P = 0.03$].

Predictions of urinary and plasma Pt concentration and risk of kidney injury

A multiple regression analysis was conducted to determine predictive outcomes of urinary total Pt concentrations with

Table 2 Platinum [Pt] pharmacokinetic parameters [$n = 13$ patients]

Pharmacokinetic parameter	Total Pt	Unbound Pt
C_{max} [ng/ml]	2836 ± 992	874 ± 369
λ [h^{-1}]	0.11 ± 0.09	1.05 ± 0.70
Half-life [h]	13.5 ± 16.0	1.3 ± 1.3
AUC_{0-6} [ng*h/ml]	5151 ± 1950	1037 ± 425
$AUC_{0-\infty}$ [ng*h/ml]	33,058 ± 22,878	1280 ± 435
Volume of distribution [l]	55.3 ± 15.1	135 ± 51
Total body clearance [l/h]	5.4 ± 3.6	91 ± 18.0
Renal clearance [l/h]	3.4 ± 1.2	Not measured
C_{max} [at 0–2 h] in urine [$\mu g/ml$]	20.9 ± 12.2	Not measured

Data represents mean ± standard deviation. λ , elimination rate constant; AUC , area under the plasma concentration vs. time curve; C_{max} , maximum concentration in plasma

combinations of the seven FDA-approved biomarkers that showed significant relationships with Pt concentrations [Eq. 1]. Due to high collinearity between the biomarkers and a small sample size, only one biomarker was selected for inclusion in each model following forward/backward selection. Urinary albumin was found to be the strongest determinant of urinary Pt concentrations. Similar multiple regression analyses for unbound plasma Pt at the 2 h estimations were also performed [Eq. 2]. TFF3 was found to be the strongest determinant of unbound plasma Pt concentration at 2 h. Point estimates of albumin and TFF3 are described in Supplementary Table 2.

Urinary TotalPtConcentration [ng/ml]

$$= 14,309 + 0.27$$

$$\times \text{urine albumin} [R^2 = 0.86, P = 0.0003] \quad (1)$$

Unbound PlasmaPtConcentration [ng/ml]

$$= 93 + 0.09 \times \text{TFF3} [R^2 = 0.52, P = 0.03] \quad (2)$$

Estimated total plasma Pt concentrations that would have a high risk of kidney toxicity based on urinary biomarkers were assessed. Median splits were performed on each biomarker to stratify subjects as having “high” or “low” urinary concentrations of each biomarker. Interestingly, the same subjects were categorized as “high” for clusterin, cystatin C, osteopontin, and NGAL. Mean 2-h total Pt plasma concentration for these biomarkers was 1900 ng/ml. Mean urinary total Pt concentration was 24,010 ng/ml. The same subjects were categorized as “high” for TFF3 and $\beta 2M$. For these biomarkers, mean 2-h total plasma Pt concentration was 2080 ng/ml. Mean urinary total Pt concentration for these biomarkers was 27,800 ng/ml. Therefore, a 2-h total plasma Pt concentration of approximately 2000 ng/ml and a peak urinary total Pt concentration reaching 24,000 ng/ml may be indicative of elevated risk of subclinical kidney toxicity.

Table 3 Correlations between total peak [2 h] plasma and urinary platinum concentrations and urinary biomarker concentrations at days 3 and 10

	Day 3						Day 10					
	Urinary Pt			Plasma Pt			Urinary Pt			Plasma Pt		
	R^2	r	P value	R^2	r	P value	R^2	r	P value	R^2	r	P value
TFF-3	0.081	0.283	0.46	0.618	0.786	0.014	0.811	0.9	<0.001	0.160	0.400	0.286
Albumin	0.203	0.45	0.224	0.613	0.783	0.013	0.797	0.893	<0.001	0.339	0.583	0.099
NGAL	0.007	0.083	0.433	0.466	0.683	0.042	0.797	0.893	<0.001	0.380	0.617	0.077
Osteopontin	0.123	0.35	0.356	0.840	0.917	<0.001	0.785	0.886	<0.001	0.466	0.683	0.042
Calbindin	0.16	0.4	0.286	0.514	0.717	0.030	0.777	0.882	<0.001	0.339	0.583	0.099
Cystatin C	0.09	0.3	0.433	0.693	0.833	0.005	0.742	0.862	0.001	0.360	0.600	0.088
IL-18	0.048	-0.219	0.572	0.130	0.361	0.339	0.742	0.862	0.001	0.414	0.644	0.061
KIM-1	0.284	0.533	0.139	0.902	0.95	<0.001	0.641	0.8	0.005	0.233	0.483	0.188
Clusterin	0.054	0.233	0.546	0.537	0.733	0.025	0.582	0.763	0.008	0.09	0.300	0.433
β 2M	0.49	0.7	0.036	0.667	0.817	0.007	0.250	0.500	0.170	0.033	0.183	0.637
GST-pi	0.001	-0.033	0.932	0.321	0.567	0.111	0.527	0.433	0.244	0.537	0.733	0.025
MCP-1	0.0003	-0.016	0.966	0.494	0.703	0.035	0.027	0.164	0.337	0.1470	0.383	0.309

β 2M, beta 2-microglobulin; *GST-pi*, glutathione *S*-transferase-pi; *IL-18*, interleukin-18; *KIM-1*, kidney injury molecule-1; *MCP-1*, monocyte chemoattractant protein-1; *NGAL*, neutrophil gelatinase-associated lipocalin; *TFF3*, trefoil factor 3

Discussion

In this study, a noncompartmental analysis was conducted to evaluate the relationships between Pt pharmacokinetic parameters and novel urinary biomarkers of nephrotoxicity. Total and unbound Pt exhibited distinct pharmacokinetic profiles, suggesting the potential for molecular species-specific differences in off-target toxicities. We found that $AUC_{0-\infty}$ was associated with SCr and eGFR. In addition, peak urinary total Pt concentrations correlated with KIM-1, calbindin, clusterin, GST-pi, β 2M, albumin, NGAL, osteopontin, clusterin, cystatin C, and TFF3 at day 10. TFF3 and albumin were most predictive of plasma and urinary Pt concentrations, respectively. Median splits of biomarker values suggest 2 h total plasma Pt concentrations greater than 2000 ng/ml and peak urinary Pt concentrations above 24,000 ng/ml are potential approximations for increased risk of nephrotoxicity. In summary, plasma and urinary Pt concentrations in the first 2 h after a cisplatin dose, in addition to the pharmacokinetic parameters $AUC_{0-\infty}$ and C_{max} , represent biomarkers that could identify individuals with increased susceptibility to cisplatin-induced kidney injury. Elevations of markers of subclinical kidney injury would also inform clinicians to be aware of concurrent exposures to other nephrotoxins and conditions predisposing to injury.

Dosing of platinum derivatives has historically relied on AUC and GFR measurements that are inputted into the Calvert formula [17]. Although our study confirmed the association between AUC and SCr/eGFR, the current study suggests that therapeutic drug monitoring of peak platinum levels may be more important to detect earlier kidney injury. The urinary biomarkers measured in this study reflect injury along

the proximal and distal tubule of the nephron, both of which are targets for cisplatin toxicity [17]. Significant associations were detected for both sites of toxicity, including some biomarkers that can reflect injury at both sites [e.g., NGAL]. A previous study by our group examined time-dependent changes in these biomarkers from patients receiving cisplatin [9]. Results showed that although traditional clinical biomarkers [e.g., SCr, BUN] were largely unchanged, β 2M was threefold higher by day 3, and KIM-1, TFF3, and calbindin were elevated two- to eightfold by day 10. Therefore, certain biomarkers might be more sensitive in detecting cisplatin-induced kidney injury, even in the absence of clinically detectable AKI, as defined by obvious changes in SCr. Evidence suggests that 20% of patients who do not meet criteria for SCr-based diagnoses of AKI are likely to have acute tubular damage [18]. Meta-analyses have shown that urinary biomarkers allow earlier detection of kidney injury, before clinical kidney dysfunction is apparent [19]. Thus, protective strategies and interventions can be undertaken, such as reducing exposure to other AKI risk factors and potentially nephrotoxic medications surrounding the timeframe of treatment with cisplatin.

Previous studies have examined relationships between Pt pharmacokinetics and traditional measures of nephrotoxicity in patients with overt kidney injury [10, 12, 20, 21]. These studies implicated peak unbound plasma and total urine Pt concentrations, $AUC_{0-\infty}$, C_{max} , time above toxic concentration [as assessed by nephrotoxicity markers], and dosing schedule [continuous 72-h infusion vs. single 6-h infusion vs. repetitive 1-h infusion] as important predictors of nephrotoxicity. One study reported optimal Pt C_{max} levels of between 1.5–2 μ g/ml, similar to the current study's cut-off value of 2 μ g/ml [12].

Evidence from these studies supported cisplatin continuous infusions vs. intermittent bolus injections to reduce C_{\max} and risk of nephrotoxicity. Similarly, our results indicate peak total urinary and plasma Pt concentrations as robust predictors, but in the realm of subclinical nephrotoxicity.

Finally, we were able to generate regression relationships between various biomarkers and urinary or plasma Pt concentrations. TFF3 and albumin were strong determinants of peak plasma and urinary concentrations, respectively. Using these relationships and reference biomarker ranges, total urinary Pt concentrations above 24,000 ng/ml corresponded to the upper limit of these ranges and could thus be used as a cut-off for increased risk of nephrotoxicity. Total circulating Pt concentrations above 2000 ng/ml paralleled those individuals categorized as having “high” levels of urinary biomarkers. The highest levels of certain biomarkers correlated with one another, as evidenced by the same subjects being categorized as “high” vs. “low” after median splits of each biomarker. The use of urinary albumin as a biomarker may represent a level of confusion, however, since platinum can be bound to albumin (and other proteins). Although the current study was limited by patient number, evaluating combinations of biomarkers in regression relationships may provide additional information pertaining to nephrotoxicity.

The incidence of overt acute kidney injury with cisplatin-based therapy ranges from 8 to 40%, and is purportedly contingent on dose, dose frequency, and peak plasma concentrations [22]. In the current study, no patient exhibited clinical signs of overt acute kidney injury, utilizing the SCr and eGFR criteria designated by KDIGO, as defined by increases in SCr > 0.3 mg/dL over 48 h or 1.5 times baseline after one dose [3]. Several scenarios could explain this observation in the current study, including limited sample size, timing of blood collection after cisplatin infusion, moderate cisplatin doses, and improvements in supportive care. Despite these limitations, results nonetheless demonstrated strong relationships between urinary total Pt concentrations and biomarkers of kidney injury, suggesting the occurrence of subclinical nephrotoxicity following cisplatin treatment and support for the potential use of urinary total Pt excretion, plasma unbound and total Pt concentrations, and $AUC_{0-\infty}$ or C_{\max} as additional biomarkers of cisplatin-induced kidney injury.

Clinical studies have reported nephrotoxic outcomes 10 days after cisplatin treatment [22]. A 10-day timeframe to detect kidney injury is longer than warranted and has necessitated the development of new methods and biomarkers for earlier detection of nephrotoxicity. In this study, we found that 2-h plasma concentrations and peak urinary total Pt concentrations within 2 h of cisplatin dosing were associated with novel urinary biomarkers at 10 days and could thus be predictive of earlier kidney injury. To this end, evaluation of peak urinary concentrations after the first dose can inform subsequent dosing strategies. Additional studies with larger samples

are needed to further refine these relationships and to generate a range of urinary total Pt concentrations that are predictive of cisplatin-induced kidney injury. One final aspect of consideration is the risk to benefit ratio for cisplatin dosing. Future studies and/or pharmacokinetic-pharmacodynamic modeling will be required to determine how dosing modifications to reduce kidney injury may impact treatment responses to cisplatin. This could be especially relevant for patients who require higher cisplatin doses for their cancer treatment.

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Author contributions MI analyzed data and wrote the manuscript. CC, NM, MG, CLO, and DWB contributed to conduct of the patient study. YH and SLH contributed to the analysis plan. BG, XW, and BB performed biomarker assays and/or platinum analyses. MSJ and LA conceived, designed and conducted the study, and oversaw all components of the analytical and manuscript plan. All authors contributed to editing the manuscript.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflicts of interest.

Ethical approval All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

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