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## Pharmacokinetics and pharmacodynamics of rosuvastatin in subjects with hepatic impairment

Received: 30 April 2002 / Accepted: 30 October 2002 / Published online: 30 January 2003  
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**Abstract Objective:** To assess the effect of chronic hepatic impairment on rosuvastatin disposition, pharmacodynamic activity and tolerability. **Methods:** This was an open-label, non-randomised, parallel-group trial. Six subjects were enrolled in each of three hepatic-function strata: Child-Pugh class A (CP-A, mild impairment), Child-Pugh class B (CP-B, moderate impairment) and normal hepatic function; the latter two strata were age, weight, race, sex and smoking history matched. All subjects were given rosuvastatin 10 mg for 14 days. **Results:** In subjects with CP-A, and in four of six subjects with CP-B, rosuvastatin steady-state AUC(0–24) and  $C_{max}$  were similar to subjects with normal hepatic function (geometric mean values 60.7 ng h/ml and 6.02 ng/ml, respectively). Two of six subjects with CP-B who had the highest CP scores (i.e. the highest degrees of hepatic impairment) had the highest AUC(0–24) (128 ng h/ml and 242 ng h/ml) and  $C_{max}$  (23.4 ng/ml and 96.7 ng/ml) values. Low-density lipoprotein cholesterol (LDL-C) was decreased in all strata, but the response was more variable in the CP-B group. Rosuvastatin was well tolerated, and the safety profile was similar in subjects with hepatic impairment and normal hepatic function. **Conclusion:** In most subjects with mild-to-moderate hepatic impairment, the steady-state pharmacokinetics of rosuvastatin were similar to subjects with normal hepatic function (more extensive hepatic impairment may increase systemic

exposure to rosuvastatin), and most had LDL-C reductions similar to subjects with normal hepatic function.

**Keywords** Rosuvastatin · HMG-CoA reductase inhibitors · Hepatic impairment · Pharmacokinetics · Pharmacodynamics

### Introduction

Rosuvastatin\*<sup>1</sup> (Crestor) is a highly effective inhibitor of 3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase for the treatment of patients with dyslipidaemia. In clinical trials, 1-mg to 80-mg doses of rosuvastatin produced reductions in low-density lipoprotein cholesterol (LDL-C) (up to 65%), total cholesterol and triglycerides, and increases in high-density lipoprotein cholesterol (HDL-C) [1, 2].

The pharmacokinetic profile of rosuvastatin following single- and multiple-dose administration to healthy volunteers has been investigated in a number of trials [3, 4, 5, 6]: systemic exposure was dose proportional over the dose range 10–80 mg, and the elimination half-life of rosuvastatin was approximately 20 h. In addition, absolute oral bioavailability was estimated as 20.1%, which together with an estimated hepatic-extraction ratio of 0.63 implies that absorption was greater than 20% (data on file, AstraZeneca, 2002).

Rosuvastatin is eliminated mainly via the liver: non-renal (hepatic) clearance represents approximately 70% of total plasma clearance (data on file, AstraZeneca, 2002). In a trial involving healthy volunteers [7], 90% of an oral dose of [<sup>14</sup>C]-radiolabelled rosuvastatin was recovered in faeces primarily as unchanged drug; this result is consistent with metabolism being a minor route of clearance for rosuvastatin. In-vitro studies with human hepatic microsomes and hepatocytes also demonstrated

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\*Rosuvastatin is licensed from Shionogi and Co. Ltd, Osaka, Japan.

limited metabolism of rosuvastatin (which was attributed mainly to CYP2C9 and CYP2C19) [8]. Studies with rats demonstrated selective hepatic uptake of rosuvastatin by an active transport process [9, 10]. An organic anion transport protein (OATP) present in the basolateral membrane of human hepatocytes has been shown to be a means by which rosuvastatin (and other HMG-CoA reductase inhibitors) is transported into liver cells [11, 12]. There may also be active transport from liver to bile. In addition, the liver is the target organ for the lipid-regulating effect of rosuvastatin. Thus, hepatic impairment may alter the pharmacokinetics and pharmacodynamic profile of rosuvastatin.

The purpose of this trial was to assess the effect of hepatic impairment on rosuvastatin disposition, pharmacodynamic activity and tolerability.

## Materials and methods

This open-label, non-randomised, parallel-group, single-centre trial was designed and monitored in accordance with the ethics principles of Good Clinical Practice and the Declaration of Helsinki. An institutional review board approved the protocol before the trial started, and all participants gave written informed consent.

### Subjects

Participants were male or female subjects aged over 18 years with normal hepatic function, or mild or moderate chronic hepatic impairment. Hepatic impairment was classified using the Child-Pugh (CP) scheme [13, 14]. The protocol specified that subjects with mild hepatic impairment (CP-A) were to be recruited prior to subjects with moderate hepatic impairment (CP-B). Subjects in the normal hepatic function and moderate hepatic impairment strata were matched with respect to age, weight, race, sex and smoking history. Female subjects were required to use acceptable forms of contraception (surgical sterilisation or double-barrier contraception) or to be postmenopausal. Subjects with hepatic impairment were required to have serum levels of alanine aminotransferase and aspartate aminotransferase within two times the upper limit of normal; creatine kinase levels had to be normal.

A re-classification of the subjects with hepatic impairment was carried out using the Maddrey discriminant function [15, 16] (although none of the subjects in this trial had acute hepatitis) as follows:

- Maddrey discriminant function =  $4.6 \times$  prothrombin time (s) + serum total bilirubin (mg/dl)
- Maddrey scores  $\leq 54$  were graded as 'not severe', and scores from 55 to 92 were graded as 'severe'

### Rosuvastatin administration

The trial consisted of one 18-day period during which all subjects were given a daily oral dose of rosuvastatin (1 $\times$ 10-mg capsule) at 0700 hours for 14 consecutive days (day 2 through day 15). Subjects fasted for 2 h before and 3 h after their doses.

During the trial period, subjects remained in the clinical research centre. Subjects were required to abstain from alcohol consumption during the trial (evaluated by breath test at a screening and each trial visit), and from smoking on the morning of each trial assessment. Concomitant medications were not permitted except for spironolactone, furosemide, multivitamins, lactulose and

acetaminophen (although these were withheld on the mornings when blood samples were collected for pharmacokinetic evaluation).

### Evaluation of rosuvastatin pharmacokinetics

Blood samples for rosuvastatin assay were collected before the dose of rosuvastatin on days 2, 3, 8, 9, 12, 13, 14 and 15 and 0.5, 1, 2, 3, 4, 6, 8, 9, 10, 12, 18, 24, 48 and 72 h after the dose of rosuvastatin on day 15. Samples were collected, prepared and analysed as described previously [5, 17]. Due to the dilution of samples, the effective limit of quantification (LoQ) for rosuvastatin in plasma was 0.2 ng/ml. Correlation coefficients for rosuvastatin calibration curves were 0.997 to 0.999. The highest rosuvastatin concentration measured in plasma was 250 ng/ml. Mean imprecision values and inaccuracy levels for rosuvastatin quality control samples were  $< 6\%$  and  $\leq 3\%$  (at all concentrations), respectively.

Urine samples for rosuvastatin assay were collected 0–6, 6–12 and 12–24 h after the dose of rosuvastatin on day 15. Samples were collected into containers containing 100 ml sodium acetate buffer 0.5 M (pH 4.0). At the end of the collection period, an aliquot of the sample was retained and stored at  $-70^\circ\text{C}$  until assay. Samples were prepared by dilution and analysed using the same method as for plasma samples. The LoQ for rosuvastatin in urine was 10 ng/ml. Correlation coefficients for rosuvastatin calibration curves were 0.997 to 0.999. The highest rosuvastatin concentration measured in urine was 3750 ng/ml. Mean imprecision values and inaccuracy levels for rosuvastatin quality control samples were  $< 6\%$  and  $\leq 5\%$  (at all concentrations), respectively.

The following rosuvastatin pharmacokinetic parameters were determined: area under the plasma concentration–time curve from time zero to 24 h [AUC(0–24); determined using the linear trapezoidal rule]; maximum observed plasma drug concentration ( $C_{\text{max}}$ ); time of  $C_{\text{max}}$  ( $t_{\text{max}}$ ); minimum observed plasma drug concentration ( $C_{\text{min}}$ ); terminal elimination half-life ( $t_{1/2}$ ; calculated as  $0.693/\lambda_z$ , where  $\lambda_z$  is the terminal elimination rate constant derived from log-linear regression of the terminal portion of the plasma concentration–time profile); renal clearance of drug from plasma ( $CL_R$ ; calculated as  $A_e(0-24)/AUC(0-24)$ , where  $A_e(0-24)$  is the amount of rosuvastatin recovered in the urine within 24 h); and the fraction of rosuvastatin excreted in the urine as unchanged drug [ $F_e$ ; calculated as  $A_e(0-24)/\text{rosuvastatin dose}$ ].

### Evaluation of lipid levels

Fasting blood samples for lipid assay were collected before the dose of rosuvastatin on days 1 and 8, and on day 16. Plasma from these blood samples was analysed at a laboratory certified for the standardisation of lipid analysis as specified by the Standardization Program of the Center for Disease Control and Prevention and the National Heart, Lung and Blood Institute. LDL-C was estimated using the Friedewald formula for subjects who had triglyceride concentrations  $\leq 3.38$  mmol/l (300 mg/dl), and using the beta-quantification method for subjects who had triglyceride concentrations  $> 3.38$  mmol/l (300 mg/dl).

The percentage change from baseline (defined as the mean value from samples collected at the screening visit and on day 1) to day 16 in fasting LDL-C, HDL-C, triglycerides and total cholesterol was evaluated.

### Statistical methods

The plasma steady-state AUC(0–24) and  $C_{\text{max}}$  of rosuvastatin were compared between subjects with hepatic impairment and subjects with normal hepatic function using an analysis of variance model that allowed for the effects of hepatic-function stratum and matching. Hepatic impairment effects were presented as the ratios of the geometric means (gmeans) for hepatic impairment/normal groups,

and 90% confidence intervals were constructed to assess differences between groups. Predictors of rosuvastatin systemic exposure in subjects with hepatic impairment were explored using a multiple linear regression analysis to describe the relationship between albumin, prothrombin time and total bilirubin measures on day 1 and log-transformed pharmacokinetic parameters on day 15. Changes from baseline in lipid levels were analysed using a paired *t*-test.

### Safety evaluation

Safety assessments included adverse-event reports, clinical laboratory tests, electrocardiograms (ECGs) and physical examinations.

## Results

### Demographics and aetiology of hepatic impairment

Demographic and baseline hepatic characteristics are shown in Table 1. The aetiology of hepatic impairment in all subjects with CP-A and CP-B was alcohol-induced cirrhosis of the liver. Eight subjects (four in each stratum) had biopsy-confirmed cirrhosis; in the remaining four subjects, the diagnosis was substantiated by ultrasound, liver-spleen scan and medical history. All subjects

had abstained from alcohol use during the trial, and none had evidence of acute hepatitis. Three CP-A and two CP-B subjects were hepatitis-C antibody positive.

### Rosuvastatin pharmacokinetics

The summary pharmacokinetic parameters of rosuvastatin are presented by hepatic-function stratum in Table 2. There were no statistically significant differences in rosuvastatin steady-state AUC(0–24) and  $C_{max}$  values between subjects with hepatic impairment and subjects with normal hepatic function (Table 2).

The highest CP scores occurred in two subjects who exhibited larger increases in systemic exposure than other subjects with hepatic impairment (subjects 109 and 110 in Fig. 1 and Fig. 2 with AUC(0–24) values of 128 ng h/ml and 242 ng h/ml and  $C_{max}$  values of 23.4 ng/ml and 96.7 ng/ml, respectively). When a re-classification of the subjects with hepatic impairment was carried out using the Maddrey discriminant function, these two subjects were the only ones to be classified as Maddrey ‘severe’ (Fig. 3 and Fig. 4). The Maddrey ‘not severe’ group showed pharmacokinetic

**Table 1** Demographic and baseline hepatic characteristics by stratum [Child-Pugh (CP) classification]. *ALP* alkaline phosphatase, *ALT* alanine aminotransferase, *AST* aspartate aminotransferase, *B* Black, *C* Caucasian, *H* Hispanic, *PT* prothrombin time, *SD* standard deviation

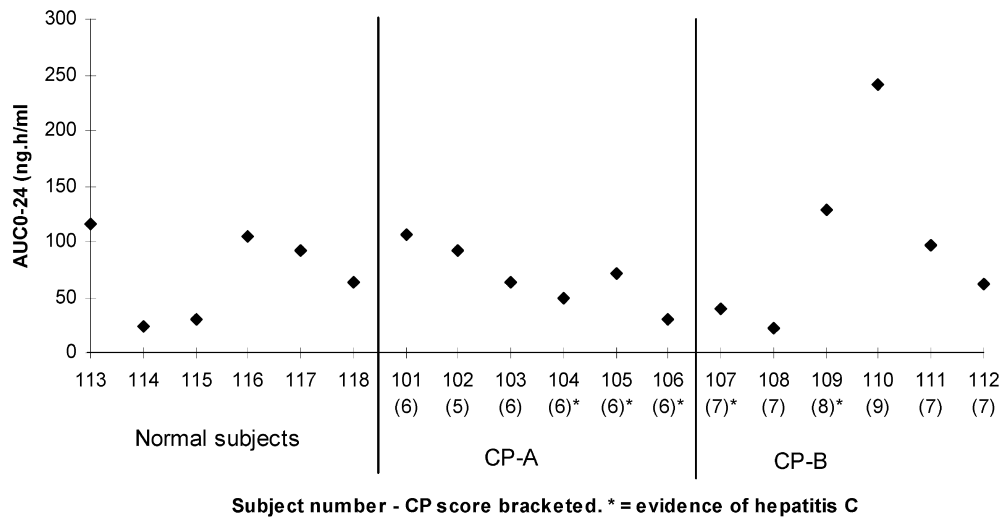
Parameter (units)	Summary statistic	Normal hepatic function <i>n</i> = 6	Mild hepatic impairment (CP-A) <i>n</i> = 6	Moderate hepatic impairment (CP-B) <i>n</i> = 6
Age (years)	Mean (SD)	49 (9.6)	51 (6.7)	53 (9.9)
Sex (males)	<i>n</i>	5	2	5
Race (C/B/H)	<i>n</i>	4/0/2	4/1/1	4/0/2
Weight (kg)	Mean (SD)	87 (9.8)	74 (21.6)	90 (10.5)
Liver function				
AST (U/l)	Mean (SD)	21.0 (6.6)	29.7 (15.7)	40.5 (24.2)
ALT (U/l)	Mean (SD)	23.7 (13.1)	25.5 (17.9)	34.8 (8.3)
Total bilirubin (μmol/l)	Mean (SD)	9.2 (2.3)	14.5 (2.9)	24.5 (13.4)
ALP (U/l)	Mean (SD)	84.3 (17.4)	85.0 (21.0)	118.0 (41.6)
Albumin (g/l)	Mean (SD)	42.0 (3.0)	42.5 (2.3)	39.7 (5.9)
PT (s)	Mean (SD)	9.6 (0.3)	10.4 (0.3)	10.8 (1.7)

**Table 2** Summary pharmacokinetic parameters of rosuvastatin by stratum [Child-Pugh (CP) classification]. *AUC(0–24)* area under the plasma concentration–time curve from time zero to 24 h, *CL<sub>R</sub>* renal clearance, *C<sub>max</sub>* maximum observed plasma drug concentration, *C<sub>min</sub>* minimum observed plasma drug concentration, *CV%* coefficient of variation expressed as a percentage of the geometric mean, *F<sub>e</sub>* fraction of rosuvastatin excreted in the urine as unchanged drug, *gmean* geometric mean, *NA* notapplicable, *t<sub>max</sub>* time of  $C_{max}$

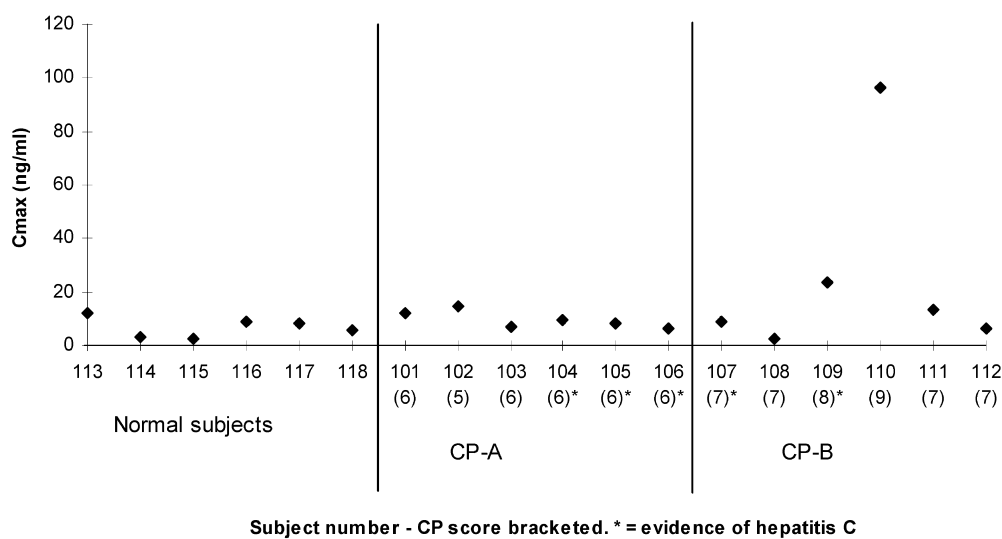
Parameter (units)	Summary statistic	Normal hepatic function <i>n</i> = 6	Mild hepatic impairment (CP-A) <i>n</i> = 6	Moderate hepatic impairment (CP-B)* <i>n</i> = 6	Ratios of gmeans (90% confidence intervals) relative to subjects with normal hepatic function	
					CP-A	CP-B
AUC(0–24)(ng h/ml)	gmean (CV%)	60.7 (76)	63.7 (47)	73.3 (105)	1.05 (0.58 to 1.91)	1.21 (0.51 to 2.84)
$C_{max}$ (ng/ml)	gmean (CV%)	6.02 (63.1)	9.29 (33.2)	12.8 (187)	1.54 (0.94 to 2.52)	2.13 (0.65 to 6.95)
$t_{max}$ (h)	Median (range)	3.50 (2.0 to 4.0)	1.50 (0.5 to 4.0)	2.50 (0.5 to 4.0)	NA	NA
$C_{min}$ (ng/ml)	gmean (CV%)	0.7 (114)	0.7 (49)	0.6 (73)	NA	NA
$CL_R$ (ml/min)	gmean (CV%)	153 (35)	123 (44)	106 (66)	NA	NA
$F_e$ (%)	gmean (CV%)	5.81 (56.0)	4.91 (53.1)	4.85 (204)	NA	NA

\*Values for subjects 109 and 110, respectively: AUC(0–24) 128 ng h/ml and 242 ng h/ml;  $C_{max}$  23.4 ng/ml and 96.7 ng/ml;  $t_{max}$  2.0 h and 0.5 h;  $C_{min}$  0.9 ng/ml and 0.5 ng/ml;  $CL_R$  124 ml/min and 132 ml/min;  $F_e$  9.89% and 19.9%

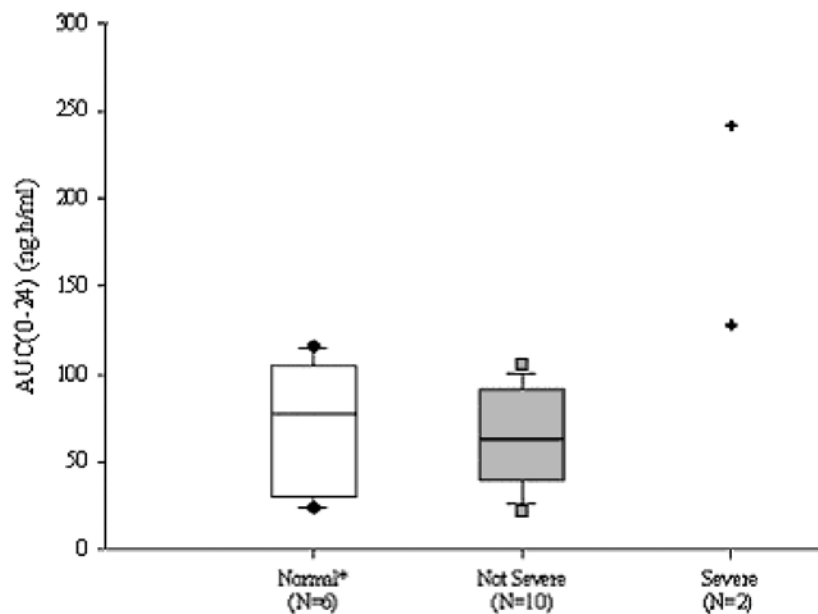
**Fig. 1** Rosuvastatin area under the plasma concentration–time curve from time zero to 24 h [AUC (0–24)] by subject



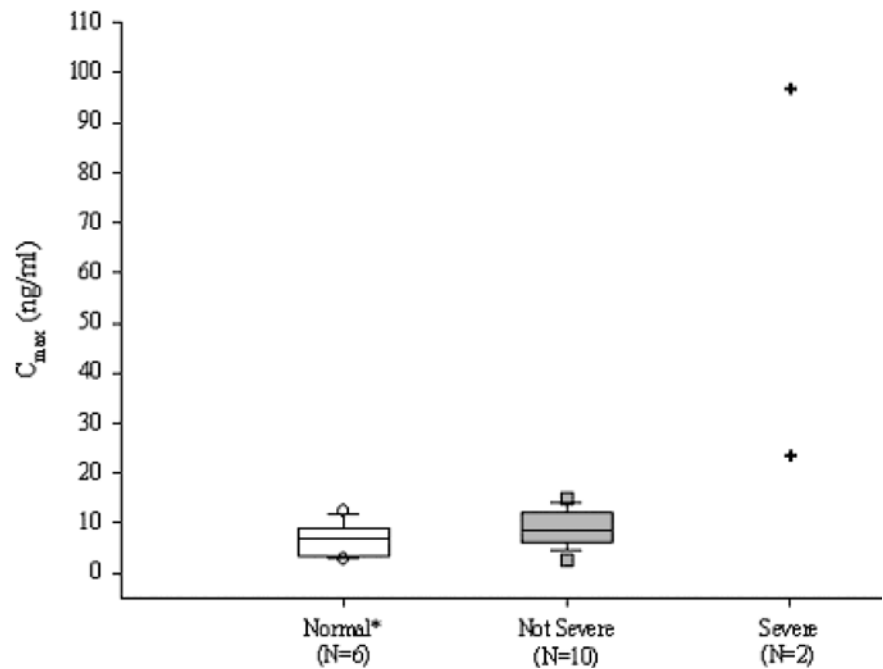
**Fig. 2** Rosuvastatin maximum observed plasma concentration ( $C_{max}$ ) by subject



**Fig. 3** Box and whisker plot for rosuvastatin area under the plasma concentration–time curve from time zero to 24 h [AUC(0–24); Maddrey classification]



**Fig. 4** Box and whisker plot for rosuvastatin maximum observed plasma concentration ( $C_{\max}$ ; Maddrey classification)



parameters that were similar to healthy volunteers and had similar variability (Fig. 3 and Fig. 4).

A multiple linear regression model identified prothrombin time as the most important predictor of AUC(0–24) and  $C_{\max}$  in the subjects with hepatic impairment in this trial. However, no single parameter was a good predictor of increased systemic exposure (which is not surprising since only two subjects showed a notable increase in exposure and there were no particularly unique laboratory values for either subject).

Rosuvastatin AUC(0–24) and  $C_{\max}$  did not appear to be affected by hepatitis C antibody status (Fig. 1 and Fig. 2).

Median  $t_{\max}$  was reached slightly earlier in subjects with hepatic impairment than in subjects with normal hepatic function (Table 2); steady state was reached after 7 days of dosing in all strata and mean trough concentrations were similar in all strata (Table 2). It was not possible to calculate the terminal elimination half-life in many subjects, but there was no evidence that the decline in plasma concentrations was different in subjects with hepatic impairment than in subjects with normal hepatic function.

The gmean fraction of rosuvastatin excreted unchanged in the urine was approximately 5% of the administered dose in all strata (Table 2), with a range approximating 4-fold in subjects with normal hepatic function and CP-A (3.4–11.9% and 2.6–10.6%, respectively), and a range approximating 40-fold in subjects with CP-B (0.45–19.9%).

#### Lipid levels

Mean baseline lipid levels and percentage changes from baseline to day 16 are presented in Table 3. LDL-C was

decreased in all strata. The greatest reductions occurred in healthy volunteers. The responses for subjects with CP-B were much more variable, with three subjects showing reductions in LDL-C and three subjects showing no change or an increase in LDL-C. The CP-B subjects with typical responses to a 10-mg dose of rosuvastatin [1, 2] had baseline LDL-C values of 3.18 mmol/l and 4.00 mmol/l (LDL-C reductions of –41.5% and –51.5%, respectively). The other CP-B subjects had low baseline LDL-C values of 1.34, 1.44, 1.86 and 2.12 mmol/l (a mean LDL-C change of 7%); the lowest baseline values belonged to the two subjects with the Maddrey ‘severe’ classification.

HDL-C responses were also more variable for subjects with hepatic impairment. The CP-A and CP-B subjects in this trial had baseline HDL-C values that were nearly 30% higher than those of the healthy volunteers (Table 3).

#### Safety

Rosuvastatin was well tolerated by all subjects. The safety profile in subjects with hepatic impairment was similar to that in subjects with normal hepatic function. There were no serious adverse events, no withdrawals, and no clinically significant changes in clinical laboratory parameters, ECGs or physical examinations.

#### Discussion

The purpose of this trial was to assess rosuvastatin disposition, pharmacodynamic activity and tolerability in subjects with chronic hepatic impairment, as this population may receive treatment for hypercholesterolaemia

**Table 3** Baseline lipid levels (mmol/l), and percentage changes from baseline to day 16, by stratum [Child-Pugh (CP) classification], *HDL-C* high-density lipoprotein cholesterol, *LDL-C* low-density lipoprotein cholesterol, *SD* standard deviation

Parameter mean (SD)	Normal hepatic function <i>n</i> = 6	Mild hepatic impairment (CP-A) <i>n</i> = 6	Moderate hepatic impairment (CP-B) <i>n</i> = 6
<b>LDL-C</b>			
Baseline	3.20 (0.38)	2.93 (0.70)	2.32 (1.05)
% Change from baseline	-45 (13)*	-34 (10)*	-11 (31)
<b>HDL-C</b>			
Baseline	1.05 (0.24)	1.37 (0.44)	1.32 (0.39)
% Change from baseline	11 (18)	-3 (13)	-4 (21)
<b>Triglycerides</b>			
Baseline	1.92 (0.69)	1.39 (0.56)	1.99 (1.53)
% Change from baseline	-30 (16)*	-11 (23)	-33 (15)
<b>Total cholesterol</b>			
Baseline	5.13 (0.45)	4.94 (1.03)	4.53 (1.35)
% Change from baseline	-32 (9)*	-23 (9)*	-15 (19)

\**p* value <0.05 when tested using a paired *t*-test (null hypothesis: change from baseline is zero)

in clinical practice. Even though metabolism is a minor route of clearance for rosuvastatin [7, 8], hepatic impairment may alter rosuvastatin systemic exposure. The hepatic organic anion transporter OATP-C has been shown to be a transport protein for rosuvastatin [11], and, despite limited data regarding the effect of changes in transport proteins in liver disease on hepatic uptake of drugs, it is possible that changes in transport proteins in subjects with hepatic impairment could alter rosuvastatin hepatic uptake and therefore systemic exposure.

The trial results showed that in subjects with mild-to-moderate hepatic impairment, rosuvastatin steady-state AUC(0–24) and  $C_{max}$  were similar to those in subjects with normal hepatic function. Two of six subjects with CP-B (who had the highest CP scores and were the only subjects to be classified as Maddrey ‘severe’) had the highest AUC(0–24) and  $C_{max}$  values, suggesting that more extensive hepatic impairment may increase systemic exposure to rosuvastatin following oral administration. These results suggest that in subjects with mild-to-moderate hepatic impairment the rosuvastatin hepatic transport process is not greatly reduced but that in subjects with more extensive impairment hepatic uptake may be reduced.

Thus, the higher systemic exposures seen in the two subjects with the highest degrees of hepatic impairment could be interpreted as increased bioavailability due to reduced first-pass uptake in the liver. Renal clearance accounts for approximately 28% of the total plasma clearance of rosuvastatin when the compound is given intravenously to healthy volunteers (data on file, AstraZeneca, 2002). Subject 110 with the highest  $C_{max}$  also had the highest proportion of the dose recovered in the urine (19.9%) but a renal clearance (132 ml/min) similar to subjects with normal hepatic function (Table 2); so the higher systemic exposure in this subject was associated with a greater renal elimination as a fraction of the administered dose. It is unlikely that the increased exposure could be attributed to a reduced metabolic capacity because rosuvastatin undergoes limited cytochrome  $P_{450}$ -mediated metabolism in healthy volunteers [7, 8].

The CP scale is the most commonly used method for classifying subjects with hepatic impairment in clinical

trials. However, this scale is often a crude predictor of hepatic function and its effect on drug pharmacokinetics [18, 19]. The Maddrey discriminant function was explored in this trial to assess its utility in predicting systemic drug exposure, and it identified successfully those subjects with increased exposure to rosuvastatin. The Maddrey system, which was designed for grading acute alcoholic hepatitis, is a function of prothrombin time and total bilirubin, and is easy to calculate from a clinical perspective. Wider experience will determine the utility of the Maddrey discriminant function as a tool for drug assessment and characterisation in subjects with non-acute hepatic impairment.

Five subjects with hepatic impairment had evidence of hepatitis-C antibodies. However, there was no apparent impact of this on rosuvastatin pharmacokinetics in this trial. Further study of such subjects may be important as the epidemiology of hepatitis C becomes more prevalent.

A multiple-dose (14 day) design was used in order to assess lipid outcome data. Approximately 90% of the lipid response is achieved within the first 2 weeks of treatment with rosuvastatin [1]. In most subjects with mild-to-moderate hepatic impairment, the lipid responses to rosuvastatin were similar to those in subjects with normal hepatic function. The responses for subjects with CP-B disease were more variable, although poor response may have been related in part to low baseline LDL-C values. Thus, although baseline LDL-C values do not appear to be important in predicting the response to HMG-CoA reductase inhibitors in healthy volunteers and subjects with dyslipidaemia, they may be important in subjects with chronic hepatic impairment. (Similarly, HDL-C response may be related in part to baseline HDL-C levels.) Larger trials are required to characterise fully the lipid-regulating properties of rosuvastatin in the population of patients with hepatic impairment.

## Conclusions

In most subjects with mild-to-moderate hepatic impairment, the steady-state pharmacokinetics of rosuvastatin

were similar to subjects with normal hepatic function (more extensive hepatic impairment may increase systemic exposure to rosuvastatin), and most had LDL-C reductions similar to subjects with normal hepatic function.

**Acknowledgements** The authors thank Elizabeth Eaton, PhD, for assistance with manuscript preparation. The trial described here was conducted at Clinical Pharmacology Associates (2060 NW 22nd Avenue, Miami, Florida 33142, USA) and complied with the current laws of the USA.

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