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# Effects of starvation, season, and diet on the free amino acid and protein content of *Calanus finmarchicus* females

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Abstract Effects of food availability and season on the free amino acid (FAA) and total protein content of the copepod Calanus finmarchicus females were investigated in two mesocosm experiments on the Norwegian west coast in spring and autumn. Starved C. finmarchicus females showed no change in total FAA content, but the FAA pool composition changed drastically. During the first 10 days of starvation the protein content showed a moderate decline  $(< 2 \mu g \text{ ind}^{-1})$ ; however, during the following 21 days the total content was drastically reduced, from 63 to 9  $\mu$ g ind<sup>-1</sup>. This supports the notion of a sequential catabolism of endogenous nutrients during starvation. In females at high food concentrations, the body protein content increased during spring, but decreased during autumn. The FAA pool composition of females differed between spring and autumn in 14 of the 18 FAA investigated. Reduced body protein content and increased proportion of essential free amino acid were observed during starvation. Similar changes were observed in females sampled at the end of the mesocosm experiments in the autumn. The results suggest that mature C. finmarchicus females are in a negative protein balance during autumn, despite high food

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# Introduction

Little is known about environmental effects on the protein and free amino acid (FAA) content in common marine zooplankton such as calanoid copepods. In general, the balance between supply and biosynthesis on the one hand, and osmotic equilibrium and catabolism on the other hand, determines the level of the FAA pool in marine organisms (Yancey et al. 1982). In certain circumstances, energy requirements can be met by catabolism of endogenous proteins, but so far no storage protein has been found, although it has been hypothesised that myofibrillar protein serves such a role in fishes (Mommsen 2001). The non-selective use of endogenous protein for energy will be detrimental to the animal, in the long run. Because mobilised proteins may include enzymes and other vital organic molecules, their degradation will have far-reaching effects on metabolic functions. Intracellular FAA plays a key role in the osmoregulation of planktonic organisms (Schoffeniels 1976; Yancey et al. 1982), where increased ambient salinity results in enhanced FAA content (Fyhn 1976; Goolish and Burton 1988; Dalla Via 1989; Fyhn et al. 1993; Helland et al. 2000). Guisande et al. (2000) showed that the female body amino acid composition was unaffected by the diet composition. However, to our knowledge there has been no study in which the FAA and protein content in common zooplankton such as Calanus finmarchicus has been examined in relation to the combined effects of diet and season.

In Norwegian waters and shelf seas, the life history of C. finmarchicus is considered to vary between one and three generations per year, where the number of generations decreases from low to high latitudes. A two-generation pattern is found around the British

Isles, Faeroe Islands and even up to the Western Coast of Norway (Østvedt 1955; Wiborg 1955) and Lofoten is often referred to as the northernmost area where this two-generation cycle occurs (Tande 1991). C. finmarchicus is known to complete one or several annual generations, but the major reproduction period is confined to spring (e.g. Hirche 1996a; Båmstedt 2000, and references therein). It is also known that the developmental stage of overwintering may vary with latitude, and that feeding is depressed during the prolonged overwintering period (e.g. Hirche 1996b; Båmstedt 2000; Pasternak et al. 2001). Females reproducing in spring represent the major contributors to population recruitment, while females reproducing in autumn only contribute to a small fraction of the next generation (Båmstedt 2000). Theoretically, offspring from the first group would have good chances of developing, whereas offspring from the second group are less likely to develop to adulthood, due to inferior nutritional and environmental conditions. In the present study we compare the FAA and protein contents in C. finmarchicus females during spring and autumn, and during starvation in the autumn.

## Materials and methods

#### The mesocosms

Two series of seawater enclosure experiments were conducted at the Marine Biological Field Station at Espegrend, University of Bergen, Norway between 17 April 1998 and 12 May 1998 (hereafter, spring), and between 11 August 1998 and 29 August 1998 (hereafter, autumn). The nutrients within the mesocosms were manipulated (Table 1) in order to produce contrasting feeding environments of natural plankton dominated by diatoms and flagellates, respectively (compare results from previous enclosure experiments, e.g. Egge and Aksnes 1992; Egge 1993; Egge and Jacobsen 1997).

The mesocosms were  $27 \text{ m}^3$  (2 m diameter, 9.25 m deep) and made of transparent polyethylene with a penetration allowing 90% photosynthetically-active radiation . They were filled in situ by pumping water from 5 m depth. In order to stratify the water

Table 1 Nutrient additions to the mesocosms. In the spring, nutrients were added to all mesocosms, providing a total increase of 10 and 0.6 µM nitrate and phosphate, respectively. Mesocosms SZl–SZ3 were also enhanced with 5  $\mu$ M silicate. In the autumn, all mesocosms were given a total increase of 15 and 1  $\mu$ M of nitrate column, the mesocosms were topped up with about  $0.6 \text{ m}^3$ freshwater, and the upper  $4 \text{ m}$   $(12.5 \text{ m}^3)$  of the water column was mixed and kept homogenous with air-lifts throughout the experiment. This created a salinity difference between upper and lower layers of  $0.19 \pm 0.08$  g l<sup>-1</sup> in the spring, and  $1.35 \pm 0.07$  g l<sup>-1</sup> (where values are mean  $\pm$  SD) in autumn. The upper 4 m were well mixed. This has been shown in previous mesocosm experiments with the same circulation system (Williams and Egge 1998), and was again confirmed by completely linear depth profiles of the salinity, temperature and fluorescence in the mixed layer 24 h after the onset of the circulation (unpublished data). Nutrients were added to the upper layers as shown in Table 1. The original names of the different mesocosms are used (Table 1) in order to facilitate comparisons with other related studies (Svensen et al. 2002; Helland et al. 2003a). For further description of the mesocosm experimental design see Svensen et al. (2001, 2002); a general description of the mesocosm facility is also available at http://www.ifm.uib.no/LSF/ inst2.html.

Salinity and temperature profiles (0–8 m) were obtained with a Sea Cat Profiler (Sea-Bird Electronics, Bellevue, Wash., USA). Samples for nutrients, chlorophyll  $(Chl)$  *a*, particulate organic carbon (POC) and nitrogen (PON) and protists were taken using a Ruttner water bottle (at 2 m and 6 m). This was done at day one, and every third day until termination of the enclosure experiments. Sampling of water from the mesocosms for determination of FAA and protein in the particulate organic matter (POM) was done by filtration (Nalgene suction filter system) on pre-weighed glass fibre filters (Whatman GF/F) or 90 um plankton net filters after filtering through a 200 µm net in order to remove mesozooplankton. The filter was transferred to preweighed Nunc cryo tubes, and the samples were frozen on dry ice then stored at  $-80^{\circ}$ C until later lyophilisation. Females of C. finmarchicus were collected from the mesocosms by vertical tows from 9 m to the surface using a 30 cm diameter 90  $\mu$ m-mesh net. Females were individually identified using a dissecting microscope and the prosome length measured to the nearest 0.02 mm. Only adult females of stage CVI were used in the experiments. For biochemical analyses, individual females were transferred to Nunc cryo tubes and frozen on dry ice. Egg diameter measurements and visual inspection of the females, showed egg diameters (mean  $\pm$  SD) of 145 $\pm$ 6 µm (n=804) in spring and 150 $\pm$ 6 µm  $(n=63)$  in autumn. This is in agreement with the expected diameter of eggs from C. finmarchicus, in contrast to the occasionally co-occurring sibling species Calanus helgolandicus (Marshall and Orr 1955), and confirmed our taxonomical determination of C. *finmarchicus* based on morphology (Jaschnov 1972; Frost 1974; Svensen and Tande 1999, and references therein).

and phosphate, respectively. Mesocosms S1–S4 were also supplemented with 10  $\mu$ M silicate. Nutrients were added either in batches or continuously by a flow system (see Svensen et al. 2002); batch additions were made either all at the start or in two half-doses on two occasions



Females of C. finmarchicus were caught in the fjord surrounding the mesocosms, with short (less than 20 m) oblique tows (1 m diameter net, 500  $\mu$ m mesh, 14 l non-filtering codend). The content of the codend was immediately diluted with surface water (avoiding animals on the net), brought to a walk-in cold room with dim light at  $6.0 \pm 1.0$ °C (mean  $\pm$  SD). After dead and injured animals had settled for 30 min, actively swimming and intact females were sorted under a dissecting microscope, and randomly assigned to six groups of eight females each. Only adult females of stage CVI were used in the experiments. Each group was transferred to a 500 ml beaker containing 0.2 µm-filtered seawater. The beakers had an inner chamber of acrylic plastic with a false bottom of plankton net  $(500 \mu m$  mesh) in order to separate the females from faecal pellets and facilitate water renewal (every second day). Sampling was conducted six times (days 1, 4, 10, 18, 31, and 39), and after measurement of prosome length, individual females were transferred to Nunc cryo tubes and immediately frozen on dry ice.

#### Analyses of samples

Nitrate, phosphate and silicate concentrations were determined on fresh samples using a Skalar SANplus segmented flow analyser. Chl  $a$  samples were filtered onto Sartorius filters (0.45  $\mu$ m) and analysed on a Turner Designs Model 10-AU Fluorometer according to Parsons et al. (1984). POC and PON samples were filtered onto pre-combusted Whatman GF/F glass-fibre filters and analysed on a Leeman Lab CEC 440 elemental analyser after removal of carbonate with fumes of concentrated HCl. Samples for analysis of protein and FAA were extracted in 6% tri-chloro-acetic acid (TCA) for 24 hours, and centrifuged for 10 min at  $5,000 \text{ g}$ . The supernatant was used for analysis of FAA according to Helland et al. (2000), while the precipitated material was used for determination of protein by the method of Lowry et al. (1951). After centrifugation the precipitate was rinsed once with 6% TCA, to remove any residual FAA, then solubilised in 1.0 M NaOH and further diluted to 0.5 M before analysis. The term essential free amino acids (EAA) is used to denote the same amino acids as identified by Guillaume (1997) with the addition of tyrosine considered as semi-essential (Guillaume 1997). Phytoplankton samples were preserved with a glutardialdehyde-lugol mix  $(35\%_{00}$  final v/v) (Rousseau et al. 1990). Microzooplankton samples were fixed in acid Lugol's solution (final concentration 1%). Samples were settled, counted and sized (using an ocular micrometer) as described in Nejstgaard et al (2001a). Cell volume was converted into C according to the equations by Putt and Stoecker (1989) for aloricate ciliates, and according to Menden-Deuer and Lessard (2000) for all other protist plankton, as described in Nejstgaard et al. (2001a).

#### Statistics

Changes in FAA during starvation of C. finmarchicus was tested by analysis of variance (ANOVA) followed by Tukey's multiple comparison test for unequal  $n$  when appropriate. For testing the interrelationship between FAA composition of POM and C. finmarchicus females, linear regression was employed. The FAA compositions were sorted so that each amino acid in POM was tested against the same amino acid in C. finmarchicus females. This method for testing of interrelationships has also been employed by Tulli and Tibaldi (1997) and Aragão et al. (2001). Since arginine is a major EAA compared to the others, we tested the impact of this amino acid on linear regressions by performing them with and without arginine. This did not change the conclusions drawn from the data, and we therefore used all EAA in the tests of interrelationship. Differences between spring and autumn samples in protein, FAA and EAA versus prosome length, and the ratio of FAA to protein, were tested using the Mann-Whitney U-test (Zar 1996).

Variations in salinity, temperature, POC, PON, carbon to nitrogen ratio, Chl a, protist C content, and C. finmarchicus females' protein and FAA content and composition were tested within and between seasons with one way ANOVAs, followed by Tukey's test, as above (Zar 1996). A 95% significance level was employed throughout.

#### Results

## Starvation

During the first 10 days of starvation of female C. finmarchicus, the protein content declined moderately  $(1.7 \mu g \text{ ind}^{-1})$ ; however, at the end of the experiment, the total content was drastically reduced, from about 63 to about 9  $\mu$ g ind<sup>-1</sup> (Fig. 1). Seven females were analysed for protein content at day 8 of starvation and the data coefficients of variation were 27% and 23% when the protein was calculated as  $\mu$ g protein female<sup>-1</sup> and  $\mu$ g protein mm prosome<sup>-1</sup>, respectively.

The total individual FAA content fluctuated during the starvation experiment (Fig. 1), and there was no significant trend in FAA content during starvation (linear regression,  $r^2 = 0.02$ ). Calculation of FAA content relative to prosome length mimicked the results of individual content, and the coefficient of variation was similar (24.7% and 25.7%, respectively). The composition of the FAA pool changed throughout the starvation experiment, where EAA accounted for 36% and 52% of total FAA at start and end, respectively. The changes in FAA composition during starvation were calculated and the eight FAA that changed most, between 7 and  $24 \text{ nmol}$  female<sup>-1</sup>, are presented in Fig. 2. Of these eight FAA, three were EAA and five were non-essential amino acids (NEAA) and together they contributed 80% and



Fig. 1 Content (nmol female<sup>-1</sup>) of total free amino acids (FAA) where values are mean  $\pm$  SD (n = 17) and of protein (µg female<sup>-1)</sup> where values are mean  $\pm$  SD (n=25) in Calanus finmarchicus females during 39 days of starvation. A best fit was made to the protein content dataset. For points marked with an *asterisk*,  $n=2$ 



Fig. 2 Changes (nmol female<sup>-1</sup>) in FAA content in Calanus finmarchicus females from start and during 39 days of starvation; values are means for  $n=17$ . The eight amino acids that changed most are presented

60% of total FAA at start and end of the experiment, respectively.

# Mesocosm hydrography and plankton content

The average salinity and temperature was not different between the mesocosms within each experiment (ANO-VA,  $P < 0.05$ ). However, the average temperature in the spring was  $7.4 \pm 0.6$ °C while it was  $14.1 \pm 1.0$ °C in autumn. The salinity also differed between spring  $(31.8 \pm 0.1 \text{ g l}^{-1})$  and autumn  $(30.1 \pm 0.4 \text{ g l}^{-1})$  (ANO-VA,  $P < 0.05$ ). There was no significant difference in abundance of particulate material between silicate and non-silicate treatments within the seasons (ANOVA,  $P=0.13$ , Table 2). However, the diatom abundance tended to be lower, but not significantly, in all non-silicate treatments (mesocosms Z1, Z2, Z3, 1 and 4), compared to the silicate-fertilised mesocosms (ANOVA,  $P=0.06$ ,

Table 2 Concentrations of particulate organic carbon (POC) and particulate organic nitrogen (PON ), carbon to nitrogen ratio and concentration of chlorophyll a (ChI a), followed by protist abundances in the mesocosms. Values are mean $\pm$ SD over all whole

Table 2). The autumn mesocosms (1-S4) showed significantly higher concentrations of large flagellates, POC and carbon to nitrogen ratio (ANOVA,  $P \le 0.01$ ) but not ciliates (ANOVA,  $P=0.07$ ), while the small flagellates were more abundant in the spring mesocosms (ANOVA,  $P < 0.0001$ , Table 2). The Chl *a* concentrations did not differ between spring and autumn (t-test,  $P=0.06$ ), while the abundance of flagellates  $\leq 10 \text{ }\mu\text{m}$  was higher in the spring (t-test,  $P < 10^{-7}$ , Table 2). The large flagellates were dominated by *Gyrodinium* spp. in both seasons, large forms of Apedinella spinifera in the spring and Ceratium spp. in the autumn. The smaller flagellates were dominated by single celled A. spinifera and Phaeocystis pouchetii in the spring and unidentified species between 3 and  $5 \mu m$  diameter in the autumn. Ciliates were mostly aloricate species (Strombidium and Strombilidium spp.) dominated by the  $30-90 \mu m$  size range.

#### FAA in the POM in the mesocosms

At the end of the spring experiment, the EAA in the POM ranged from 19 to 34% of total FAA, while the range was 17–41% in the autumn (Table 3). The dominating EAA varied between the different POM fractions in the mesocosms. Valine, leucine and threonine were highest in most cases, and arginine dominated the EAA pool in six cases, while histidine, methionine and tyrosine accounted only for a minor fraction of the pool (trace to 4.3%, Table 3). The dominating NEAA of the POM also differed between seasons. In spring, most of the  $0.45-90 \mu m$  fractions of the POM had high proportion of glutamate, alanine and aspartate, while most of the  $90-200 \mu m$  fraction showed high glycine, serine, proline and taurine concentrations. In the autumn, glycine was the major NEAA except for the POM of mesocosm S4 where glutamate and proline dominated. Apparently, depending upon the selected diet, the female may show large differences in the intake of the various FAA.

mesocosms and the entire experimental period. For the spring experiment (mesocosms  $Z0-SZ3$ )  $n=9$ ; for the autumn experiment (mesocosms 1–S4),  $n=7$ 

Mesocosm	POC $(mg m^{-3})$	<b>PON</b> $(mg \ m)$	Carbon to nitrogen ratio	Chl $a$ $^{-3}$ $(mg \ m)$	Flagelates $\leq 10 \text{ }\mu\text{m}$	Flagelates $>10 \mu$ m	Diatoms	Ciliates	Total cells
Z0	$473 \pm 162$	$93 \pm 20$	5.1	$4.4 \pm 2.5$	$155 \pm 100$	$54 \pm 43$	$2 \pm 2$	$36 \pm 44$	$247 \pm 198$
Z1	$349 \pm 81$	$78 \pm 16$	4.5	$3.7 \pm 1.9$	$139 \pm 74$	$116 \pm 107$	$9 \pm 14$	$17 \pm 13$	$280 \pm 171$
Z <sub>2</sub>	$334 \pm 51$	$75 \pm 14$	4.5	$4.1 \pm 2.0$	$167 \pm 108$	$10 \pm 8$	$13 \pm 24$	$29 \pm 28$	$219 \pm 193$
Z3	$419 \pm 152$	$91 \pm 33$	4.6	$4.4 \pm 1.7$	$207 \pm 84$	$33 \pm 36$	$1 \pm 3$	$10 \pm 7$	$251 \pm 124$
SZ1	$352 \pm 73$	$77 \pm 18$	4.6	$4.0 \pm 2.1$	$134 \pm 53$	$39 \pm 46$	$33 \pm 61$	$16 \pm 10$	$222 \pm 133$
SZ <sub>2</sub>	$405 \pm 128$	$85 \pm 19$	4.8	$5.2 \pm 3.2$	$170 \pm 109$	$18 \pm 14$	$98 \pm 206$	$11 \pm 8$	$296 \pm 269$
SZ3	$413 \pm 133$	$86 \pm 16$	4.8	$5.2 \pm 2.2$	$249 \pm 163$	$25 \pm 23$	$25 \pm 38$	$3 \pm 3$	$302 \pm 207$
$\mathbf{1}$	$538 \pm 139$	$90 \pm 22$	6.0	$8.8 \pm 6.2$	$21 \pm 16$	$190 \pm 287$	$17 \pm 23$	$9 \pm 16$	$238 \pm 315$
$\overline{4}$	$528 \pm 100$	$88 \pm 20$	6.0	$4.5 \pm 1.5$	$19 \pm 8$	$128 \pm 88$	$33 \pm 39$	$28 \pm 38$	$207 \pm 129$
S1	$518 \pm 59$	$89 \pm 11$	5.8	$7.3 \pm 3.7$	$23 \pm 12$	$152 \pm 150$	$113 \pm 157$	$23 \pm 18$	$311 \pm 199$
S <sub>2</sub>	$513 \pm 88$	$86 \pm 12$	6.0	$8.2 \pm 5.2$	$15 \pm 16$	$269 \pm 221$	$26 \pm 21$	$37 \pm 41$	$346 \pm 257$
S <sub>4</sub>	$458 \pm 167$	$78 \pm 31$	5.9	$2.5 \pm 1.3$	$15 \pm 13$	$51 \pm 47$	$29 \pm 62$	$32 \pm 70$	$127 \pm 125$

	Spring												Autumn						
	$0.45 - 90 \mu m$							$90 - 200 \mu m$											
	Z <sub>0</sub>	Z1	Z <sub>2</sub>	Z <sub>3</sub>	SZ1	SZ <sub>2</sub>	SZ3	Z <sub>0</sub>	Z1	Z <sub>2</sub>	Z <sub>3</sub>	SZ1	SZ <sub>2</sub>	SZ3	S1 S <sub>2</sub>		S <sub>4</sub>		4
EAA																			
Val	7.2	6.7	7.1	4.9	3.5	6.4	4.5	6.6	4.5	3.2	7.1	5.4	2.3	5.0	3.9	3.7	3.9	4.3	5.5
Leu	6.1	5.6	2.2	4.6	3.6	3.1	4.1	9.1	5.1	2.3	0.0	6.8	2.0	6.0	3.4	2.9	5.2	a	5.1
Arg	4.4	4.8	3.2	12.0	9.3	4.9	7.8	13.4	10.1	7.5	9.4	12.4	8.3	13.0	8.0	4.4	15.8	4.0	7.0
Thr	4.3	4.5	6.0	3.6	3.5	6.1	3.4	3.9	4.1	3.0	5.1	3.8	2.6	3.4	3.6	3.4	2.5	4.0	4.0
<b>Ile</b>	3.7	3.3	3.8	2.8	2.3	3.2	2.4	3.1	3.6	0.3	a	4.3	1.4	5.2	2.0	1.7	3.6	3.0	3.4
Lys	3.4	3.5	3.9	3.3	4.4	3.5	2.5	a	4.7	a	8.7	8.7	0.2	a	2.3	0.0	6.5	a	4.6
Phe	2.0	1.2	0.1	2.8	1.2	0.4	1.4	a	1.8	0.9	5.0	3.1	0.8	1.8	2.0	0.6	1.4	1.5	1.5
His	1.4	3.9	2.1	1.8	a	1.0	1.2	a	2.9	3.2	a	0.7	1.2	a	1.0	1.7	a	0.7	0.5
Met	a	a	0.2	a	$\mathbf{a}$	0.3	a	a	$\mathbf{a}$	a	1.1	a	a	a	a	$\mathbf{a}$	a	a	a
Tyr	a	0.6	0.2	a	1.2	0.4	1.4	a	1.6	0.5	4.3	3.0	0.5	a	a	0.5	1.7	a	1.6
<b>NEAA</b>																			
Glu	14.5	22.6	23.2	15.3	5.6	23.9	17.1	14.6	5.9	39.3	10.4	8.6	6.9	9.9	4.9	22.4	13.4	9.3	6.0
Ala	14.5	14.2	16.0	8.8	7.4	14.4	9.2	2.1	7.6	8.0	8.1	9.6	8.0	10.3	8.9	11.0	8.3	8.0	11.7
Asp	12.6	9.2	8.0	8.6	6.9	10.4	15.3	10.2	4.4	6.3	7.7	3.6	3.6	9.0	8.3	7.1	5.1	8.8	6.2
Gly	11.3	9.5	12.0	9.8	14.7	8.8	10.9	11.4	14.9	9.4	13.8	11.0	40.7	13.3	26.6	22.4	4.3	32.8	24.7
Ser	9.0	6.9	9.6	6.0	13.3	8.1	4.8	16.8	11.5	5.5	7.6	a	2.3	0.0	4.5	3.9	3.6	10.7	4.3
Pro	4.4	a	0.9	11.8	10.8	1.2	7.0	a	4.9	6.4	4.6	3.9	6.4	13.3	9.9	6.9	16.3	6.5	6.5
Tau	0.9	1.5	1.0	1.7	8.4	2.4	1.8	4.5	6.6	2.7	3.4	10.9	12.5	6.7	9.6	6.6	6.6	3.7	6.9
Gln	0.4	2.2	0.7	2.2	4.0	1.6	5.0	4.0	6.1	1.4	3.9	4.3	0.1	3.1	0.9	1.0	2.0	2.8	0.5
ΣΕΑΑ	32	34	29	36	29	29	29	36	38	21	41	48	19	34	26	19	41	17	33

**Table 3** Relative composition of essential free amino acids  $(EA)$  and non-essential free amino acids  $(NEAA)$  (as a percentage of total free amino acids) in the particulate organic matter (POM) from the mesocosms after 21 days (spring) and 18 days (autumn), respectively

a Trace amounts

# Copepod protein content

No difference in protein content was found between females sampled at the start of the experiment in spring and in autumn, nor was any difference found between females given the different POM within a season (ANOVA, between start of seasons  $P=0.16$ , within spring  $P=0.15$  and within autumn  $P=0.57$ ). However, after 21 days in the spring the protein content was higher than at the start (ANOVA,  $n=28$ ,  $P < 0.0002$ ) and after 18 days in the autumn it was lower (ANOVA,  $n=22$ ,  $P < 0.002$ ). The protein content after 21 days in spring was higher than after 18 days in autumn (ANO-VA,  $n = 50$ ,  $P < 0.00001$ ). The copepods had longer prosomes in the spring than in the autumn,  $2.53 \pm 0.18$  mm ind<sup>-1</sup> and  $2.41 \pm 0.11$  mm ind<sup>-1</sup>, respectively (t-test,  $n=51$ ,  $P < 0.01$ ). Also when protein content  $(\mu g \text{ ind}^{-1})$  was standardised for prosome length  $(\text{mm} \text{ind}^{-1}, \text{Fig. 3})$ , females had significantly higher protein content in the spring than in autumn (U-test,  $n=51, P<0.001,$  Fig. 3).

# Copepod FAA content

Values of FAA and EAA versus prosome length were higher for females sampled in the autumn compared to spring (Fig. 4) and differences were found for values of EAA versus prosome length (U-test,  $n=38$ ,  $P < 0.05$ ), but not for total FAA versus prosome length. Values of FAA versus protein at the start of the experiments were slightly higher in autumn than in spring, although not significantly. In contrast, at the end of the autumn experiment higher values were found for FAA versus protein (U-test,  $n=38$ ,  $P < 0.001$ ). No within-season differences were found between the start and the end for the FAA pool profile (% of total) comparing females fed the different POM (Table 4,  $P > 0.05$ ). However, the composition of amino acids differed between spring and autumn samples for 14 of the 18 amino acids investigated (Table 4, ANOVA,  $n=41$ ,  $P < 0.05$ ).

# Relationship between FAA in POM and copepods

Effects of food suspensions and seasons on the amino acid composition of females in the different food environments were further investigated by performing a series of linear regressions (Table 5). During spring the food suspensions from the mesocosms were fractionated. In mesocosms Z3, SZ1 and SZ3, there was an interrelationship between the EAA composition of the  $0.45-90$  µm fraction of the POM and that of the females. Similarly, the 90–200  $\mu$ m fraction showed an interrelationship in EAA composition of females with all POM except that in mesocosm Z3. In the autumn, the EAA composition of the POM from mesocosms S1, S4, and 4 and their respective females showed an interrelationship. An interrelationship between POM and females' NEAA composition was only found for the POM of mesocosm SZ2 (spring), and mesocosms S1 and 4 (autumn).



Fig. 3 Protein content ( $\mu$ g ind<sup>-1</sup>) versus prosome length (mm) in Calanus finmarchicus females after 21 and 18 days, respectively, in mesocosms during the spring and autumn of 1998

### **Discussion**

#### Starvation

During the first 10 days of starvation C. finmarchicus showed no significant change in total FAA, and the protein showed only a small decline. However, during the reminder of the experiment the total protein content declined dramatically, from 63 to 9  $\mu$ g ind<sup>-1</sup>. This fast reduction which started at day ten and had mostly ended at day 31, is equivalent to a protein loss of 2.6  $\mu$ g ind<sup>-1</sup> day<sup>-1</sup>. Cowey and Corner (1963) studied



Fig. 4 Content (nmol  $ind^{-1}$ ) of total FAA and essential free amino acids (EAA) versus prosome length (mm) in Calanus finmarchicus females after 21 and 18 days, respectively, in mesocosms during the spring and autumn of 1998

the losses of amino acids by adult female Calanus during starvation experiments conducted in winter and in summer. They show that the average dry weight of individuals in winter (at  $7^{\circ}$ C) was 109 µg at the start and 84 µg after 14 days starvation, and in summer (at 12 $^{\circ}$ C), 200 µg at the start and 123 µg after 10 days of starvation. Their calculated loss of total amino acids is 1.5 and 4.1  $\mu$ g ind<sup>-1</sup> day<sup>-1</sup> in winter and summer, respectively. Thus, the results of Cowey and Corner (1963) are comparable to the results of our starvation experiments performed in autumn at  $6^{\circ}$ C.

Taking a molecular weight of protein amino acid of 110 Da and an average nitrogen content of 1.3 mol N  $mol^{-1}$  amino acid (Rønnestad et al. 1992), the 2.57  $\mu$ g ind<sup>-1</sup> day<sup>-1</sup> protein reduction corresponds to a reduction of  $30.3$  nmol N day<sup>-1</sup>. Ikeda et al. (2001) presented an ammonia excretion of 0.013  $\mu$ g N ind<sup>-1</sup> h<sup>-1</sup> for C. finmarchicus females, giving a total excretion loss of 22.3 nmol N ind<sup>-1</sup> day<sup>-1</sup>. Calculating the ammonia excretion of Ikeda et al. (2001), using a  $Q_{10}$  of 2.0 (Torres et al. 1994) gives an excretion loss of 33.6 nmol N ind<sup>-1</sup> day<sup>-1</sup> (6°C). The protein reduction found in the present paper is slightly lower than that of Ikeda et al. (2001), but their value may also include N from other N containing compounds that were not measured in the present study (e.g. nucleic acids).

The fact that reduction of protein lagged in the present study may reflect a sequential biochemical breakdown of the animal. Such a sequential breakdown is reported by Mayzaud (1976) for starving C. finmarchicus, where a repetitive switch between a primarily protein catabolism to a primarily lipidic catabolism was observed. Initially, during starvation the lipid store is preferably used as energy for the basal metabolism (Båmstedt and Holt 1978), and later, when this store is exhausted, the hydrolysis of proteins and breakdown of structural lipids may commence. Helland et al. (2003b) found no lag in protein reduction during starvation of Temora longicornis, a copepod with negligible wax ester content (Fraser et al. 1989). C. finmarchicus females contain a considerable amount of storage lipids in the form of wax esters (Kattner and Krause 1987; Fraser et al. 1989; Hygum et al. 2000). Wax esters formation is a rapid process limited by the amount of free fatty alcohols (Sargent et al. 1976), and the resulting energyrich wax ester reserves are mobilised during unfavourable food conditions (Lee et al. 1970; Lee 1974). With regard to the fatty acid/alcohol composition, it appears that the shorter-chain wax esters are preferably catabolised, and the wax esters with the highest energy content are stored longer (Kattner and Krause 1987). Furthermore, Mayzaud (1976) found that C. finmarchicus catabolised their lipids preferentially, both on an absolute and relative basis. The sparing of protein that is proposed in the present paper and the sequential breakdown that was found by Mayzaud (1976) may conserve body proteins. Such a sparing of proteins will enhance the resistance of the animal to starvation, and is of fundamental importance since use of endogenous

	Spring		Autumn									
	<b>Start</b>	Z1	Z <sub>2</sub>	Z <sub>3</sub>	SZ <sub>1</sub>	SZ <sub>2</sub>	SZ3	<b>Start</b>	1	4	S <sub>1</sub>	S <sub>2</sub>
$\boldsymbol{n}$	5	5	3	5	5	5	5	8	3	3	1	$\overline{4}$
EAA												
Arg		$16.7 \pm 1.2$ $16.5 \pm 3.8$	$18.0 \pm 4.7$	$18.7 \pm 5.6$	$17.0 \pm 4.3$	$18.0 \pm 5.6$		$20.1 \pm 5.3$ $15.0 \pm 3.4$ $11.4 \pm 0.1$		$10.9 \pm 0.9$	20.1	$14.5 \pm 9.0$
Lys	$2.4 \pm 1.9$	$2.9 \pm 1.4$	$2.4 \pm 1.5$	$2.1 \pm 1.3$	$2.3 \pm 1.4$	$2.3 \pm 1.2$	$2.6 \pm 0.7$	$5.6 \pm 1.6$	$5.6 \pm 0.5$	$5.3 \pm 0.9$	9.9	$5.7 \pm 2.9$
Leu	$1.9 \pm 2.1$	$1.0 \pm 0.6$	$1.0 \pm 0.5$	$1.1 \pm 0.6$	$0.8 \pm 0.2$	$0.8 \pm 0.3$	$1.2 \pm 0.9$	$4.8 \pm 0.8$	$5.7 \pm 0.8$	$5.8 \pm 0.1$	9.4	$5.4 \pm 1.9$
Val	$1.4 \pm 1.4$	$1.2 \pm 0.5$	$1.1 \pm 0.6$	$1.2 \pm 0.7$	$1.4 \pm 0.7$	$0.8 \pm 0.3$	$1.3 \pm 1.0$	$4.1 \pm 0.5$	$4.8 \pm 0.5$	$4.4 \pm 0.1$	7.4	$3.6 \pm 1.0$
His	$1.1 \pm 0.6$	$0.8 \pm 0.2$	$0.7 \pm 0.4$	$1.0 \pm 1.0$	$0.6 \pm 0.3$	$0.7 \pm 0.3$	$1.1 \pm 0.9$	$1.1 \pm 0.3$	$1.2 \pm 0.1$	$1.2 \pm 0.2$	1.7	$1.9 \pm 0.5$
Thr	$1.0 \pm 0.4$	$0.9 \pm 0.4$	$0.7 \pm 0.2$	$0.9 \pm 0.5$	$0.6 \pm 0.2$	$0.7 \pm 0.2$	$0.7 \pm 0.5$	$3.4 \pm 0.6$	$3.9 \pm 1.0$	$4.1 \pm 0.6$	5.6	$3.8 \pm 1.0$
<b>Ile</b>	$0.9 \pm 1.1$	$0.7 \pm 0.5$	$0.6 \pm 0.3$	$0.7 \pm 0.3$	$0.5 \pm 0.2$	$0.4 \pm 0.3$	$0.6 \pm 0.4$	$2.6 \pm 0.4$	$2.9 \pm 0.3$	$3.0 \pm 0.1$	4.6	$2.7 \pm 0.9$
Phe	$0.8 \pm 0.8$	$0.4 \pm 0.2$	$0.3 \pm 0.2$	$0.5 \pm 0.5$	$0.2 \pm 0.0$	$0.2 \pm 0.1$	$0.3 \pm 0.3$	$1.7 \pm 0.3$	$2.0 \pm 0.1$	$2.0 \pm 0.1$	4.0	$2.0 \pm 0.7$
Tyr	$0.5 \pm 0.6$	$0.3 \pm 0.2$	$0.2 \pm 0.1$	$0.5 \pm 0.5$	$0.3 \pm 0.1$	$0.2 \pm 0.1$	$0.3 \pm 0.2$	$1.8 \pm 0.3$	$1.9 \pm 0.2$	$1.8 \pm 0.4$	4.5	$2.0 \pm 0.4$
Met	$0.3 \pm 0.4$	$0.2 \pm 0.2$	$0.1 \pm 0.1$	$0.2 \pm 0.2$	$0.1 \pm 0.1$	$0.1 \pm 0.1$	$0.1 \pm 0.1$	$1.4 \pm 0.2$	$1.8 \pm 0.2$	$1.4 \pm 0.3$	2.4	$1.6 \pm 0.7$
<b>NEAA</b>												
Gly		$40.0 \pm 7.2$ $26.2 \pm 5.7$		$29.5 \pm 11.2$ $26.5 \pm 13.2$ $31.5 \pm 12.6$ $32.0 \pm 11.8$ $25.4 \pm 7.5$ $25.2 \pm 3.9$ $22.0 \pm 3.5$ $20.5 \pm 3.0$ $42.3$ $21.3 \pm 6.5$								
Tau	$20.0 \pm 4.3$ $25.6 \pm 2.1$		$20.8 \pm 6.8$	$21.3 \pm 6.0$	$21.8 \pm 9.7$	$20.6 \pm 5.3$		$24.7 \pm 6.5$ $12.4 \pm 3.2$	$9.0 \pm 0.8$	$11.2 \pm 1.3$	17.6	$11.2 \pm 3.6$
Ala	$4.2 \pm 1.6$	$6.7 \pm 1.2$	$7.0 \pm 1.4$	$8.4 \pm 3.2$	$7.3 \pm 1.8$	$7.0 \pm 2.5$	$6.0 \pm 1.7$	$8.2 \pm 1.2$	$10.4 \pm 2.8$	$9.9 \pm 0.7$	18.1	$9.7 \pm 2.8$
Pro	$4.0 \pm 3.2$	$12.7 \pm 3.9$	$15.1 \pm 8.4$	$13.3 \pm 5.0$	$12.5 \pm 4.3$	$13.5 \pm 8.3$	$12.8 \pm 5.6$	$3.3 \pm 1.2$	$6.5 \pm 4.1$	$5.7 \pm 0.7$	11.0	$4.2 \pm 3.1$
Glu	$1.4 \pm 0.6$	$0.6 \pm 0.2$	$0.3 \pm 0.2$	$0.6 \pm 0.4$	$0.4 \pm 0.3$	$0.4 \pm 0.2$	$0.4 \pm 0.3$	$1.5 \pm 0.5$	$1.4 \pm 0.2$	$1.1 \pm 0.2$	1.8	$1.0 \pm 0.5$
Ser	$1.3 \pm 0.3$	$2.1 \pm 0.8$	$1.0 \pm 0.7$	$1.5 \pm 0.8$	$1.3 \pm 0.8$	$1.3 \pm 0.6$	$1.3 \pm 0.4$	$3.8 \pm 0.8$	$4.5 \pm 0.7$	$5.8 \pm 1.1$	11.8	$4.8 \pm 1.0$
Asp	$1.3 \pm 0.2$	$0.8 \pm 0.2$	$0.8 \pm 0.4$	$1.0 \pm 0.4$	$0.8 \pm 0.1$	$0.8 \pm 0.2$	$0.8 \pm 0.4$	$2.3 \pm 0.9$	$2.5 \pm 0.7$	$3.7 \pm 1.1$	6.3	$2.8 \pm 0.9$
Gln	$0.2 \pm 0.2$	$0.6 \pm 0.3$	$0.4 \pm 0.3$	$0.4 \pm 0.3$	$0.5 \pm 0.4$	$0.3 \pm 0.2$	$0.3 \pm 0.3$	$1.7 \pm 0.8$	$2.4 \pm 1.5$	$2.1 \pm 0.5$	3.8	$1.8 \pm 0.9$

Table 4 Relative composition of EAA and NEAA (as a percentage of total free amino acids) in *Calanus finmarchicus* females sampled in mesocosms at the start and after 21 days (spring) and at the start and after 18 days (autumn), respectively. Values are mean $\pm$ SD

protein for energy will ultimately be destructive to the animal.

Typically, in marine copepods the FAA pool amounts to 15–30% of the proteinic amino acid content (Helland et al. 2003b), 5 to 9% of dry mass (Jeffries 1969; Jeffries and Alzara 1970) and 1.6% of wet mass (Naess et al. 1995). The EAA make up 20% and 45% of the total FAA pool (Jeffries and Alzara 1970; Fyhn et al. 1993; Naess et al. 1995; Helland et al. 2003b). In the present study, there was an increase in the proportion of

Table 5 Correlation coefficients for the interrelationships between EAA and NEAA contents of Calanus finmarchicus females and POM from the mesocosms

Diet	$EAA^a$	$NEAA^a$
Spring		
$Z1(0.45-90 \mu m)$	n.s.	n.s.
$Z2(0.45-90 \mu m)$	n.s.	n.s.
$Z3(0.45-90 \text{ }\mu\text{m})$	0.79	n.s.
$SZ1$ (0.45–90 $\mu$ m)	0.77	n.s.
$SZ2$ (0.45–90 $\mu$ m)	n.s.	n.s.
$SZ3$ (0.45–90 $\mu$ m)	0.65	n.s.
$Z1(90-200 \mu m)$	0.75	n.s.
$Z2(90-200 \text{ }\mu\text{m})$	0.66	n.s.
$Z3(90-200 \mu m)$	n.s.	n.s.
$SZ1$ (90-200 $\mu$ m)	0.64	n.s.
$SZ2(90-200 \mu m)$	0.86	0.72
SZ3 $(90-200 \mu m)$	0.67	n.s.
Autumn		
S1	0.86	0.87
S2	n.s.	n.s.
S <sub>4</sub>	0.95	n.s.
1	n.s.	n.s.
4	0.64	0.84

 $a_{n,s}$  = not significant

EAA and a coupled decrease in NEAA in the FAA pool. We propose that a simple dilution model can explain this shift. Hydrolysis of proteins during starvation will release amino acids in the same EAA/NEAA ratio as in the proteins. In the present study no increase was found in the total FAA content, and, due to stable salinity in rearing, none was expected. By this mechanism, the catabolism equals the hydrolysis unless FAA is excreted. As long as the ratio of EAA is higher in the protein than in the free pool, a simple dilution explains the increase in EAA versus NEAA in the free pool. An ideal increase and decrease in all individual EAA and NEAA in the free pool is not to be expected since the protein's amino acid composition differs from that of the free pool. In addition, a sparing of some essential amino acids is likely, due to differing rates of catabolism of the various amino acids.

# Mesocosms

The C. finmarchicus females sampled at the end of the spring experiment showed a high protein, low FAA, and low EAA content and longer prosomes, compared to females sampled in the autumn. The prosome length results are in accordance with Båmstedt (2000), who found that females sampled in the upper water column (0–50 m) in Skagerrak coastal waters had longer prosomes in March–April and shorter in July–August. In the present study, it is likely that the females sampled at the end of the spring experiment entered the mesocosms at stage CV and successively developed to stage CVI during the experimental period. Hygum et al. (2000) found an increase in growth rates from stage CI to adults in C. finmarchicus, and that the copepod stages had a larger body size and an increased amount of carbon, nitrogen and lipids when the authors enhanced food resources by nutrient addition. Therefore, the present results suggest that spring females had a better food availability and/or a better nutrient retention than autumn females.

In the autumn the copepods were exposed to higher concentrations of larger prey such as ciliates, larger flagellates and diatoms, compared to the more abundant smaller flagellates in the spring mesocosms (Table 2). Grazing experiments performed with Calanus spp. in parallel with the spring experiment (Nejstgaard et al. 2001b), and a number of previous mesocosm experiments at this facility (Nejstgaard et al. 1994, 1997, 2001a) have shown a clear preference for larger prey such as ciliates and other microzooplankton up to several hundreds of um size. This is in accordance with the literature (see reviews by Kleppel 1993; Hansen et al. 1997; Levinsen et al. 2000). While small flagellates and diatoms generally were not selected as food, diatoms often made up the bulk of the diet when abundant in the food suspension (Nejstgaard 1997, 2001a). Considering that the Chl a concentrations were always above 2.5 µg l<sup>-1</sup>, the potential prey C was above 200 µg l<sup>-1</sup> in all suspensions except for mesocosm S4 (Table 2), and that the concentration of preferred copepod prey (larger flagellates, diatoms and ciliates, cf. Nejstgaard et al. 2001a) were at least as high in autumn as in spring, food limitation seems unlikely (cf. e.g. Ohman and Runge 1994; Båmstedt et al. 1999; Campbell et al. 2001). We therefore assume that the copepods did not experience a lower concentration of generally preferred food during the autumn experiment.

The FAA pool of the various food suspensions was compared with that of the females in order to test whether diet FAA pool composition influences female FAA pool composition (Table 5). Comparing the pool EAA compositions, a smaller interrelationship was found for the  $0.45-90 \mu m$  fractions than for the 90– 200 um fractions (Table 5). This could be expected, since the  $0.45-90 \mu m$  fractions contain mostly algae and protozoa, while the larger fractions contain mostly metazoa, which are expected to have a composition more similar to that of the females, because of their higher taxonomical and trophic position (Klein Breteler et al. 1990, 1999). The amino acid taurine is a degradation product of sulphur-amino acid metabolism in animals; it is not present in phytoplankton and detritus (Cowey and Corner 1963). Taurine, therefore, may be an index of the relative amounts of plant and animal components of the POM. We neither found a difference between the FAA composition of females at the start or end of each mesocosm experiment, nor between females offered the various POM within each experiment, even though there were large differences in FAA composition of the various POM both within seasons and between seasons (Table 3). We therefore conclude that diet FAA

pool does not alter the female copepod FAA pool composition. Even though the POM differed in FAA composition within season, the FAA composition in the females was similar, so a regulation of female FAA composition seems likely. Such a homeostasis in amino acids composition has previously been shown for other marine copepods, controlling the proteinic pool (Guisande et al. 1999) and the free pool (Helland et al. 2003b).

The EAA fraction of the total FAA pool in C. finmarchicus females was clearly lower in spring (25%), compared to in autumn (40%). This difference between spring and autumn females was also seen after plotting FAA and EAA content versus prosome length, showing higher and more varying amounts in autumn than in spring females. It is known that the FAA content increases with increasing salinity, and that the amino acids that increase are mainly the NEAA (Fyhn 1976; Fyhn et al. 1993; Helland et al. 2000). In the present study however, the FAA and EAA content was highest in the autumn when the mesocosm salinity was lower, although only by 5%. In addition, the body protein content of the females was lowest during the autumn. A reduced content of protein and an increased EAA composition was also found in the starvation experiment, suggesting that the females sampled from the mesocosms at the end of the autumn experiment were in a negative nitrogen balance. The reduction in protein was probably due to inadequate intake of amino acids, combined with use of nitrogenous compounds for energy. Further studies, including body water and lipid contents, should be performed to reveal the physiological processes involved in the found differences in the pool of FAA of C. finmarchicus females in spring and autumn.

## Conclusions

This is the first study of C. finmarchicus females in which the FAA and protein content has been examined in relation to the combined effects of diet and season. Starvation resulted in lower body protein content and increased proportion of essential amino acids in the FAA pool. Our finding of a lag in protein reduction during starvation supports the notion of a sequential catabolism of endogenous nutrients in C. finmarchicus females. Furthermore, the lower protein and higher EAA content in autumn than in spring females indicates a nitrogen limitation by the diet. The degree of interrelationship in EAA and NEAA between diets and female in the present study are not an adequate indicator for nutritional quality of POM per se. It may, however, indicate similarity between prey and predator, and whether the POM has a predominantly animal or algae FAA composition.

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