



The EphA4 Signaling is Anti-catabolic in Synoviocytes but Pro-anabolic in Articular Chondrocytes

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Abstract

The expression and activation of EphA4 in the various cell types in a knee joint was upregulated upon an intraarticular injury. To determine if EphA4 signaling plays a role in osteoarthritis, we determined whether deficient EphA4 expression (in EphA4 knockout mice) or upregulation of the EphA4 signaling (with the EfnA4-fc treatment) would alter cellular functions of synoviocytes and articular chondrocytes. In synoviocytes, deficient EphA4 expression enhanced, whereas activation of the EphA4 signaling reduced, expression and secretion of key inflammatory cytokines and matrix metalloproteases. Conversely, in articular chondrocytes, activation of the EphA4 signaling upregulated, while deficient EphA4 expression reduced, expression levels of chondrogenic genes (e.g., aggrecan, lubricin, type-2 collagen, and Sox9). EfnA4-fc treatment in wildtype, but not EphA4-deficient, articular chondrocytes promoted the formation and activity of acidic proteoglycan-producing colonies. Activation of the EphA4 signaling in articular chondrocytes upregulated Rac1/2 and downregulated RhoA via enhancing Vav1 and reducing Ephexin1 activation, respectively. However, activation of the EphA4 signaling in synoviocytes suppressed the Vav/Rac signaling while upregulated the Ephexin/Rho signaling. In summary, the EphA4 signaling in synoviocytes is largely of anti-catabolic nature through suppression of the expression of inflammatory cytokines and matrix proteases, but in articular chondrocytes the signaling is pro-anabolic in that it promotes the biosynthesis of articular cartilage. The contrasting action of the EphA4 signaling in synoviocytes as opposing to articular chondrocytes may in part be mediated through the opposite differential effects of the EphA4 signaling on the Vav/Rac signaling and Ephexin/Rho signaling in the two skeletal cell types.

Keywords EphA4 · Articular cartilage · Chondrocytes · Synovial membrane · Synoviocytes · Rho GTPases

Introduction

Erythropoietin-producing human hepatocellular (Eph) receptors belong to the largest receptor protein-tyrosine kinases family. There are two subfamilies of Eph receptors: EphAs (A1-A8 and A10) and EphBs (B1-B4 and B6). Eph receptors are activated by membrane-bound ligands, ephrins (Efns), located on the cell surface of neighboring cells [1]. There are also two structurally distinct subfamilies of Efn ligands: EfnA (A1-A5) and EfnB (B1-B5). Eph receptors of

one particular subfamily demonstrate an ability to bind with high affinity to all Efn ligands of the corresponding subfamily, but in general have little to no cross-binding to Efn ligands of the other subfamily [2]. However, there are a few exceptions. For example, EfnB2 [3] and EfnB3 [4] can bind to and activate EphA4, and EfnA5 can bind to and activate EphB2 [5]. The Efn ligand binding to the Eph receptor triggers autophosphorylation of the juxtamembrane tyrosines [6], which initiates the downstream intracellular signaling [7]. Efn ligands are themselves also capable of receptor-like signaling [8]. Accordingly, the Efn-Eph interaction offers a unique bi-directional signaling mechanism. The Eph receptor-induced signal is known as the forward signaling and the Efn ligand-initiated signal is called the reverse signaling.

The functional importance of Eph-Efn bi-directional signaling has been established in the central nervous system, developing cardiovascular system, insulin secretion, bone homeostasis, immune function, blood clotting, pathological

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forms of angiogenesis, stem cell differentiation, and cancer [9–13]. With respect to the skeleton, the Efn-Eph bidirectional signaling, particularly that of the EfnB2-EphB4, plays a key role in the maintenance of the size, density, and remodeling of the bone [14], skeletal patterning [15, 16], osteoblast differentiation, and bone formation [17]. EfnB1 ligand and EphA5 receptor have recently been suggested to be mediators of fracture callus cartilage hypertrophy and ossification [18]. In the osteoclast, the reverse signaling of EfnB2 [19] or EfnB1 [20] suppresses osteoclastic differentiation of preosteoclasts via an inhibition of the *Fos/Nfatc1* cascade. Conversely, EfnA2 enhances osteoclastic differentiation of preosteoclasts and stimulates bone resorption via its reverse signaling [21]. The forward signaling of EphA4 has also shown to have a potent negative regulatory role in osteoclast activation [22]. With respect to chondrocytes and cartilage metabolism, the EfnB2-EphB4 interaction has been reported to modulate functional activities of articular chondrocytes, albeit some of the findings appear conflicting. On the one hand, the EfnB2-mediated activation of the EphB4 signaling in a subpopulation of subchondral osteoblasts [23] or chondrocytes from patients with osteoarthritis, OA [24] suppressed bone resorption. On the other hand, the EfnB2 treatment in chondrocytes promoted the osteoclast-mediated cartilage destruction [25]. The molecular mechanism(s) attributed to this apparent contrasting effects of EfnB2-mediated activation of EphB4 on bone/cartilage destruction is unclear at this time. Regardless of the mechanistic reasons, the EfnB2-EphB4 bi-directional signaling appears to have an important regulatory role in OA [26], since mice with conditional overexpression of *Ephb4* in osteoblasts exhibited less OA-related losses in subchondral bone and articular cartilage than wildtype (WT) littermates [27], and deletion of *Efnb2* in chondrocytes led to the development of OA-like phenotype in older mice [28].

We are interested in the potential regulatory role of the EphA4 signaling in OA, because chondrocytes, including articular chondrocytes, expressed high levels of EphA4 and because EphA4 signaling has been suggested to be a positive regulator of endochondral ossification [29]. Our findings that the femur of *Epha4* KO mice have shorter growth plate and more disorganized columns of hypertrophic chondrocytes [22], supports the premise that EphA4 may have anabolic actions on longitudinal endochondral bone growth. Our interest in the potential role of EphA4 in OA is piqued further by the observations that: (1) macrophages are one of the major cell types in the inflamed synovium, (2) cells of monocytes–macrophages lineage, including macrophages and osteoclasts, express substantial cellular levels of EphA4, and (3) the EphA4 signaling is a potent negative regulator in osteoclasts and macrophages [22, 30]. Synoviocytes and articular chondrocytes, similar to osteoclasts and macrophages, are key regulatory cell types in the OA pathology.

Thus, we sought to investigate whether the EphA4 signaling also has regulatory actions on the functions of synoviocytes and articular chondrocytes. In this study, we present in vitro evidence that the EphA4 signaling has anti-catabolic actions on synoviocytes but conversely and intriguingly, this signaling appears to be pro-anabolic in articular chondrocytes.

Methods

Materials

Culture media were purchased from Life Technologies (Grand Island, NY, USA) and fetal bovine serum (FBS) was obtained from Tissue Culture Biologicals (Los Alamitos, CA, USA) or Atlantic Biologicals (Flowery Branch, GA, USA). Tissue culture supplies were from Falcon (Oxnard, CA, USA). EphA4-fc and EfnA4-fc chimeric proteins were obtained from R&D Systems (Minneapolis, MN, USA). All other reagents were of reagent-grade and were obtained from Millipore-Sigma (St. Louis, MO, USA) or Fisher Scientific (Los Angeles, CA, USA).

Animals

Male C57BL/6J mice were purchased from the Jacksons Laboratory (Bar Harbor, Maine, USA). Homozygous *Epha4* KO mice were generated by cross-breeding heterozygous *Epha4* KO breeder mice (in 129J genetic background) as described previously [22].

For the investigation of the effects of an intraarticular knee injury on the EphA4 signaling in synovium and articular cartilage, we used a closed intraarticular tibial plateau compression loading-induced injury model of PTOA to create injuries to tibial plateau of the right knee joint of 12-week-old male mice [31]. Briefly, the animals were anesthetized through inhalation of isoflurane (3% isoflurane, 0.5 L/min oxygen delivered through a Bains circuit). The right knee was positioned on an apparatus attached to the load cell of the Instron 8841 servohydraulic mechanical tester (Norwood, MA) in a manner that exposed the tibial plateau. To injure the tibial plateau, the excursion of a blunt indenter blade was set on the top of the tibial plateau. An impact force (controlled by computer using Instron “FastTrack 2” software) was applied under a defined force (55 N) at a speed of 60 N/s to the tibial plateau of the mouse as the leg of the animal is positioned in a cradle. This impact force yielded a compression energy sufficient to create significant injuries to the synovium, the meniscus, and the articular cartilage layer, but not causing obvious fractures, at the tibial plateau. The injured right joint of all mice developed well-defined hallmark characteristics of OA after 5 weeks, including erosion of the articular cartilage layer, deterioration of periarticular/

subchondral bone structures, formation of osteophytes, enhanced hypertrophy and calcification of menisci, and loss of trabecular rod and thickening of trabecular plate in subchondral bone [31]. The contralateral uninjured left tibiae were used as internal controls.

The animal protocol was reviewed and approved by the Animal Care and Use Committee of the Pettis Memorial VA Medical Center and also by the Animal Care and Use Review Office (ACURO) of US Army Medical Research and Materiel Command of the Department of Defense. In conducting research using animals, the investigators adhered to the Animal Welfare Act Regulations and other Federal statutes relating to animals and experiments involving animals.

Isolation of Murine Synoviocytes

Murine synoviocytes were isolated from untreated animals according to an established procedure [32]. Briefly, the synovial pad of both knee joints was isolated from the posterior aspect of the knee of C57BL/6J mice at sacrifice and minced. The minced tissues were rinsed once with phosphate-buffered saline (PBS) and treated with trypsin (in PBS) for 15 min at 37 °C with shaking. The trypsin solution was then removed by centrifugation, and the spun down tissue was digested in 0.1% collagenase P, 0.005% DNase I in F12/DMEM media for 15 min at 37 °C with shaking. The digested medium was collected by centrifugation and discarded, and the tissue was then digested in 1 mL of α MEM containing 0.2% collagenase P and 10% heat-inactivated fetal bovine serum (FBS) for 2–3 h at 37 °C with constant shaking. The digestion was terminated by addition of 25 mL of α MEM containing 10% heat-inactivated FBS, and the digested medium was collected and filtered with a 70- μ filter. The isolated synoviocytes were collected by centrifugation and were cultured at 37 °C under an atmosphere of 5% CO₂ in a specialized synoviocyte growth medium purchased from Millipore-Sigma (St. Louis, MO), supplemented with penicillin/streptomycin. Culture medium was replaced with fresh medium after 3 h and on the following day. Medium was changed every 3 to 4 days. Stellar cells-like synoviocyte colonies were visible between 2 days and 2 weeks in culture. After confluent, cells were frozen for preservation or immediately expanded for in vitro studies.

The overall yield of murine synoviocytes from a single mouse was low in part because of the very limited amounts of synovial tissues that could be isolated from each mouse. Thus, synoviocytes from both knee joints of two to three mice were pooled together for use as a single sample in the subsequent in vitro studies. The isolated synoviocytes expressed high mRNA levels of S100A4 (a member of the S100 calcium-binding proteins—a marker of activated synoviocytes at sites of inflamed joints [33]), type II collagen (an extracellular protein synthesized by synoviocytes), and

α -SMA (a smooth muscle gene that is highly expressed in inflamed synoviocytes and has been used as one of the marker genes of inflamed synoviocytes in rheumatoid arthritis [34, 35]) (Fig. 1a), but with very low levels of type I collagen mRNA (a marker gene of fibroblasts) (not shown). The foregoing characteristics support our premise that they were bona fide synoviocytes. The expression level of *S100a4* and *Col2a1* mRNA in synoviocytes of the injured inflamed synovium was increased 190- and sevenfold, respectively, compared to control synoviocytes from uninjured synovium (Fig. 1b), indicating that synoviocytes in the injured synovia were highly activated. However, although the expression of α -SMA in synoviocytes is upregulated in rheumatoid arthritis [35], its expression in synoviocytes isolated from injured knee joints was not only not increased but drastically reduced (Fig. 1b), raising the possibility that α -SMA might not be a marker for inflamed synoviocytes in OA.

Isolation of Mouse Articular Chondrocytes

Articular chondrocytes were isolated according to a published procedure [36]. Briefly, untreated C57BL/6J mice were sacrificed and articular cartilages from both knee joints were collected, rinsed in PBS, and incubated with 2.5% trypsin (Atlanta Biologicals, Flowery Branch, GA) in 3 mL of PBS at 37 °C for an hour. The trypsin was removed and the tissue was digested with Pronase (2 mg/mL) in minimal essential medium α medium (α -MEM) containing penicillin and streptomycin at 37 °C for 1 h. The Pronase was removed and the exposed articular cartilage layer was then digested overnight with 0.25 mg/mL of collagenase IV in α -MEM containing 5% heat-inactivated FBS and antibiotics. The digestion was terminated by the addition of α -MEM containing 10% FBS. The released articular chondrocytes were filtered through a 70- μ sterile filter, collected by centrifugation, and expanded in α -MEM supplemented with 10% FBS. The isolated cells expressed predominantly type II collagen (a marker for proliferative chondrocytes) with 400- to 500-fold lower levels of type X collagen (a marker for hypertrophic chondrocytes) or type I collagen (a marker for fibroblasts and osteoblasts) (Fig. 1c), confirming that these are bona fide chondrocytes. These cells also expressed substantial amounts of Sox9 and Rho-associated protein kinase (ROCK), two of the genes that are essential for cartilage matrix production [37].

Acidic Proteoglycan-Expressing Articular Chondrocyte Colony Nodule Assay

Briefly, chondrocytes were plated at a density of 10,500 cells/cm² in a 24-well plate in α -MEM supplemented with 10% FBS and penicillin/streptomycin. At ~80% confluency, the test agent (EfnA4-fc or EphA4-fc, each at 10 ng/mL) or

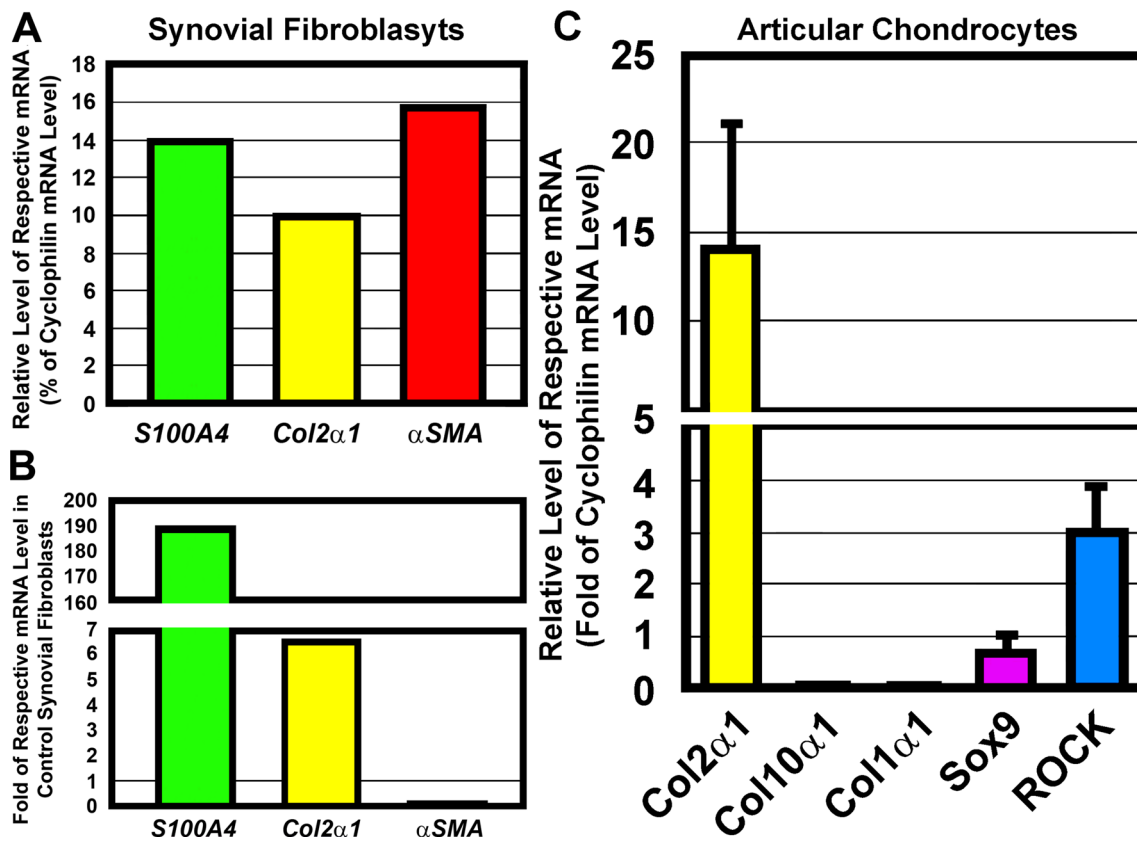


Fig. 1 Primary mouse synovial fibroblasts (synoviocytes) expressed high levels of three known marker gene of synoviocytes, i.e., *S100a4*, *Col2 α 1*, and α SMA (a marker gene of smooth muscle cells but highly expressed in inflamed synoviocytes in rheumatoid arthritis (a), and an intraarticular tibial plateau compression loading-induced injury drastically upregulated *S100A4* and *Col2 α 1*, but not α SMA, in synoviocytes (b). Conversely, primary mouse articular chondrocytes

expressed high levels of *Col2* but very low levels of *Col1* and *Col10*, as well as substantial levels of *Sox9* and *ROCK* (c). In a and b, the assays were performed on a single pooled sample of synoviocytes generated from three adult uninjured, untreated C57BL/6J mice. In c, the assays were performed in four separate preparations of articular chondrocytes each isolated from a single adult untreated, uninjured C57BL/6J mouse. Results are shown as mean \pm SEM ($n=4$)

PBS (vehicle control) was added. The cells were cultured in α -MEM supplemented with 10% FBS for about 4 weeks. To identify acidic proteoglycans, cells were washed once with Tris-buffered saline containing calcium and were fixed for 30 min at room temperature in the modified Kahle's fixative (15% ethanol, 6% formaldehyde, and 1% acetic acid). Acidic proteoglycan-expressing colonies were stained with 1% Alcian Blue 8GX in 3% acetic acid overnight at room temperature. The bluish-stained cells were washed 3 times in distilled deionized water for 2 min each. A light microscope was used to capture images of the colonies for analysis with ImagePro Plus 4.5 to determine the number and area of the colonies.

Quantitative Polymer Chain Reaction (qRT-PCR) Assays

qPCR reactions were carried out with the SYBR Green method on the MJ Research DNA Engine Opticon 2 system (Waltham, MA, USA). Total RNA was extracted from cells or tissues with the Qiagen RNeasy kit. The purified RNA was used as the template for synthesizing cDNA by reverse transcription using oligo dT(20) primers and ThermoScript RT-PCR kit (Invitrogen, Carlsbad, CA, USA). An aliquot of the cDNA was subjected to qPCR amplification using gene-specific primer sets listed in Table 1. The reaction mixture (25 μ L) in each assay consisted of 12.5 μ L of 2 \times GoTag qPCR master mix (Promega, Madison, WI, USA),

Table 1 Sequence of PCR primer sets for the test mouse genes

Gene	Forward primer	Reverse primer	T_m
EfnA1	5'-GTTTAACCAGCCCAACTGTGCCAT-3'	5'-AGGTCCGCACAGCTTGTTCCTTTG-3'	60
EfnA2	5'-TTCCCTGACATTGCTGGTGACACT-3'	5'-ACACAGAAGAAAGGAGCAGCTGGA-3'	60
EfnA3	5'-GTCCGCACTACAACAGCTCA-3'	5'-CTGTCATAGGTAAGGGGCAGA-3'	60
EfnA4	5'-ACAAAGCAAACCACCACCTTGGAG-3'	5'-GCGCATGTGTGTGGCATATCCATT-3'	60
EfnA5	5'-TACTGTTCCCTCTGGCGATGCTTT-3'	5'-ACAAGTCCCTTCTGGGATGAGCA-3'	60
EfnB1	5'-TGGACCCTCATGAGACAATGCTGT-3'	5'-AGGAGATGCCCAAGAATCCCACAA-3'	60
EfnB2	5'-TTCTGCTGGATCAGCCAGGAATCA-3'	5'-ATCCTGATGCGATCCCTGCGAATA-3'	60
EphA1	5'-AGCCTTAGACTTTGCCAGGAACT-3'	5'-TGGCTGTGGAAGGAAATCCACCA-3'	60
EphA2	5'-ATGCCAACAGCTATAATGTGCGCC-3'	5'-TGCCACCACACTGAAGTACTACTGA-3'	60
EphA3	5'-TGGAGAATGGGTCTTGGACAGTT-3'	5'-TAGATCGCTGGCTGAGGTGAAGTT-3'	60
EphA4	5'-TACACCGATCCGAACCTACC-3'	5'-CAGCGTTGCATAGGCAGTT-3'	60
EphA5	5'-AGGCTGCTATTTCGGCACCTCT-3'	5'-ACCAATCTGTTCCCACCCGTT-3'	60
EphB1	5'-ACCATGAGGAGCATCACCTTG-3'	5'-TAGCCCATCGATACGTGCTGT-3'	60
EphB2	5'-AGCAACCTGGTGTGTAAGGTG-3'	5'-ATGACGATGCCATAGGTCCAC-3'	60
EphB3	5'-AGTTCGCCAAGGAGATCGATG-3'	5'-TCAGCGTCTTGATAGCCACGA-3'	60
EphB4	5'-TCTCAGCAAAGCTGGCTTCTA-3'	5'-TGATCAGCCAGGAGCACTTCT-3'	60
IL-1 β	5'-AAGGGCTGCTTCCAAACCTTTGAC-3'	5'-ATACTGCCTGCCTGAAGCTCTTGT-3'	60
IL-6	5'-TCCAGTTGCCCTTCTTGGGAC-3'	5'-GTACTCCAGAAGACCAGAGG-3'	60
TNF α	5'-TAGGACGTCAGGCCAAAGGACAAA-3'	5'-AGGGCCTACTGCCTAAGTGTGTTT-3'	60
Mmp3	5'-AGCTGAGGACTTTCAGGTGTTGA-3'	5'-ACACAGGATGCCTTCCTTGGATCT-3'	60
Mmp9	5'-TGAACAAGGTGGACCATGAGGTGA-3'	5'-TAGAGACTTGCCTGCACGGTTGA-3'	60
Mmp13	5'-TGCTGCATTCTCCTTCAGGT-3'	5'-ATGCATCCAGGGTCTTGGC-3'	60
Col2 α 1	5'-GCTCCAGAACATCACCTACCA-3'	5'-TACATTGGAGCCCTGGATGAG-3'	60
Col10 α 1	5'-ATTGGACCACCAGGTATCCCA-3'	5'-GCCCATGAGGCCCTTAGTTAC-3'	60
Prg4	5'-CCTGTCCTTGTACTTGGCTATT-3'	5'-TGGTAGATCCTGGGTATCCTAAA-3'	60
Acan	5'-CAGCTGCCCTTACATGTAATA-3'	5'-TGGACAAAGCCCTCAGTACTACT-3'	60
<i>Ppia</i>	5'-AATAGAAGCAGCAGGACCTGGGAA-3'	5'-AAAGCAAAGCCTGCCAGAAGACAC-3'	60

which included the Hot Start *Taq* polymerase, and the inclusion of 3 μ M of primers with 3 μ L of cDNA template. The PCR amplification condition consisted of an initial 10-min hot start at 95 °C, followed by 40 cycles of denaturation at 95 °C for 30 s, annealing and extension for 30 s at an appropriate temperature for a given gene, and a final step of melting curve analysis from 60 to 72 °C. The data [normalized against cyclophilin A (*Ppia*) mRNA] were analyzed with Opticon Monitor Software 2.0. Data and the relative folds change were calculated by the threshold cycle ($\Delta\Delta C_t$) method.

Immunohistochemical (IHC) Staining for EphA4 Receptor

Briefly, 5- μ m sections from the formalin-fixed, decalcified tibial joint were cut from a paraffin block medially and sagittally. The sections were baked for 1 h at 60 °C for enhanced attachment and deparaffinized with xylene/graded ethanol. Following washing three-times with PBS, the endogenous peroxidase activities and non-specific binding sites were

then blocked with BLOXALL (endogenous peroxidase and alkaline phosphatase blocking solution, Vector Labs, Burlingame, CA) at room-temperature for 20 min followed by rinsing for three times with PBS. The non-specific binding sites were further blocked with normal horse serum for 30 min at 37 °C. The slides were then incubated with an appropriately diluted control rabbit IgG or rabbit antibody against EphA4 or pY-596-EphA4 (ThermoFisher Scientific, Los Angeles, CA, USA) in PBS containing 1% bovine serum albumin (in 0.05% Tween 20) for 1 h at 37 °C. The slides were rinsed three times with PBST for 3 min each. The appropriately diluted horseradish-conjugated anti-rabbit IgG (in PBS) was then added to each slide and were incubated at 37 °C for 30 min. After washing three times with PBS, the substrate of horseradish peroxidase (DAB) was added to the surface of the slides, incubated in dark for 2 to 10 min. The slides were washed twice with water for 1 min each time and counter-stained with hematoxylin for 18 s. They were then washed gently in running water followed by 95% ethanol, 100% ethanol, and xylene, air-dried and sealed with cytoal.

Assay of Activation of Rac and Rho GTPases

The activation status of Rac or Rho was determined by measuring the relative GTP-bound Rac or Rho levels in 1 mg of each cellular extract proteins of pooled articular chondrocytes or synoviocytes from 3 mice of each EphA4 KO mice and WT littermates using the immune-pulldown-based Rac Activation Assay Kit or Rho Activation Assay Kit (ThermoFisher Scientific), respectively, as instructed by the supplier.

Western Immunoblot Assays

Relative levels of Rac1, RhoA, pY174-Vav1, Vav1, pY87-Ephexin, and Ephexin were determined by Western immunoblots using respective specific antibody (Santa Cruz Biotech., Santa Cruz, CA) as described previously [30]. Briefly, confluent synoviocytes or chondrocytes from EphA4 KO mice or WT littermates were treated with or without the 10 ng/mL EfnA4-fc chimera for 24 h. The protein was extracted with RIPA supplemented with the protease inhibitors mix (Millipore-Sigma), 1 mM PMSF, and 1 mM vanadate. The lysate was boiled in 1× loading buffer containing β-mercaptoethanol. 30 (for Vav1) or 40 μg (for Ephexin) of cellular protein of each sample was separated on 10% SDS-PAGE gels and transblotted onto nitrocellulose membranes. Nonspecific sites were blocked with 5% fetal bovine serum or 10% non-fat milk in Tris-buffered saline Triton (TBST) overnight. The corresponding appropriately diluted antibody was then added to the blots and incubated for 4 h. After extensively washing, the blots were incubated with an appropriate horseradish peroxidase-conjugated secondary antibody for 1 h and chemiluminescent substrates were added. Quantification of chemiluminescence was done with the FluorChem Q imaging system (Proteinsimple, Inc., Santa Clara, CA).

Cell Proliferation/Viability and Apoptosis Assays

Cell proliferation/viability was determined with the MTT[3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide]-based Roche Cell Proliferation Kit I (obtained through Millipore-Sigma) according to the supplier's instruction. Cell apoptosis was measured with the Roche Cell Death Detection ELISA^{PLUS} kit, which was obtained through Millipore-Sigma.

Statistical Analysis

Results are shown as mean ± SEM. Statistical significance was analyzed with two-tailed Student's *t* test between two test groups. Statistical significance of more than two groups was determined by one-way ANOVA followed by the

Tukey Post Hoc test using Systat11 (Systat, Inc., Chicago, IL, USA). The difference was considered significant when $P < 0.05$.

Results

Intraarticular Tibial Plateau Injury Upregulated the Expression and Phosphorylation of EphA4 in Relevant Cells of the Knee Joint

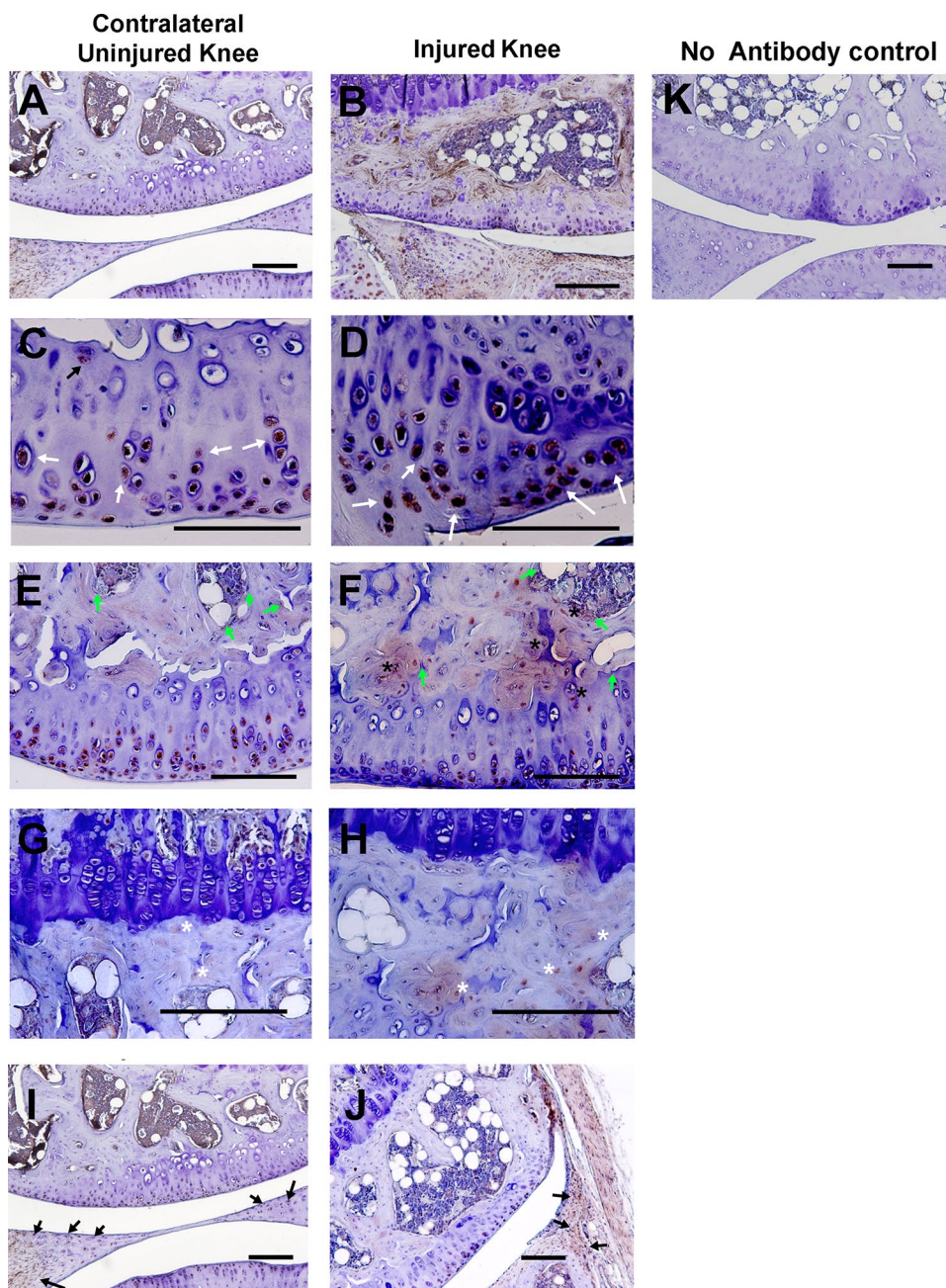
We performed IHC experiments to determine the expression profile of EphA4 protein in the relevant cell types of the knee joint and the effect of an intraarticular knee injury on the EphA4 expression profile within the knee joint. Figure 2 shows that articular chondrocytes, subchondral osteoblasts, osteocytes, meniscal cells, and synoviocytes of the uninjured tibial joint under basal conditions all expressed some levels of EphA4 immunostaining (Fig. 2a, c, e, g, and i, respectively), which was greatly enhanced by an intraarticular tibial plateau injury, as the EphA4 immunostaining level in the relevant cell types of the injured joint at 5 weeks post-injury was much more intense immunostaining (brownish color) than those in the contralateral uninjured joint (Fig. 2b, d, f, h, j). At higher magnifications, highly immunoreactive staining was seen on articular chondrocytes (Fig. 2d), subchondral osteoblasts (Fig. 2f), osteocytes (Fig. 2h), and meniscal and synovial cells (Fig. 2j).

The EphA4 signaling is activated by autophosphorylation of two juxtamembrane tyrosines, tyr-596 (Y596) and Y602 [6]. To determine whether synovial inflammation in response to the joint injury would activate the EphA4 signaling in these cell types, we compared the relative level of the protein-tyrosine phosphorylated (pY)-596 species of EphA4 in the injured joint with that in contralateral uninjured joint. The basal expression levels of total EphA4 (Fig. 3, top left panel) and pY596-EphA (Fig. 3, bottom left panel) in articular chondrocytes, osteoclasts, osteoblasts, osteocytes, and synoviocytes of the uninjured knee joint were confirmed to be low. However, at 5 weeks after the injury, there were large increases in both the levels of immunoreactive total EphA4 (Fig. 3, top right panel) and pY596-EphA4 (Fig. 3, bottom right panel) in all these cells. Thus, the tibial plateau injury not only upregulates the expression of the EphA4 protein but also activates the EphA4 signaling in all relevant cells inside the injured joint.

The EphA4 Signaling is a Negative Regulator in Synovium

During synovial inflammation, large numbers of monocytes infiltrate into the inflamed synovium, where they differentiate into activated M1 macrophages [38], which then secrete

Fig. 2 Immunohistochemical staining of EphA4 in the injured joints (**b, d, f, h, j**) and the corresponding contralateral uninjured (**a, c, e, g, i**) at 5 weeks after the intraarticular tibial plateau injury. All slides were counter-stained with hematoxylin. **a** and **b** Full view of the femoral-tibial gap. **c** and **d** Emphasize the articular chondrocyte layers. Some of the EphA4-expressing articular chondrocytes are indicated by white arrows. **e** and **f** Focus on the subchondral bone layer, and some of the EphA4-expressing osteoblasts are identified by green arrows while EphA4-expressing osteoclasts are depicted by black *. **g** and **h** EphA4-expressing osteocytes, and some of the EphA4-expressing osteocytes are indicated by white *. **i** and **j** Menniscus and synovium, and EphA4-expressing synoviocytes are indicated by black arrows. Immunoreactive EphA4 was stained in brown color. **k** Nonimmune IgG staining, which showed no staining in any of the samples. Scale bars = 200 μ m



pro-inflammatory cytokines to induce synoviocytes to take on an aggressive and invasive phenotype to break down the articular cartilage through increased secretion and activation of degradative enzymes, such as MMPs and ADAMTSs, whilst the increased production of secretory factors, e.g., soluble RANKL, would promote osteoclast differentiation, survival, and resorptive activity, contributing to erosion of perichondral and subchondral bones. To determine whether EphA4 has a regulatory role in the synovial secretion of pro-inflammatory cytokines and degradative enzymes, we compared the mRNA levels of several pro-inflammatory cytokines and matrix degradative enzymes in synovial

membranes of *Epha4* KO mice with those in synovial membranes of age- and sex-matched WT littermates. Figure 4a shows that the level of IL-1 β and TNF α mRNAs (the two major pro-inflammatory cytokines in OA), but not IL-6, was each increased five- to tenfold in the *Epha4* KO synovial membranes compared to WT synovial membranes. The expression levels of *Mmp9* and *Mmp13* (but not *Mmp3*) were 45- to 150-fold greater, respectively, in *Epha4* KO synovial membranes than in WT synovial membranes. To confirm a suppressive role of the EphA4 signaling on synovial secretion of IL-1 β and *Mmp9* proteins, we treated the isolated synovial membranes from WT mice with 10 ng/mL of

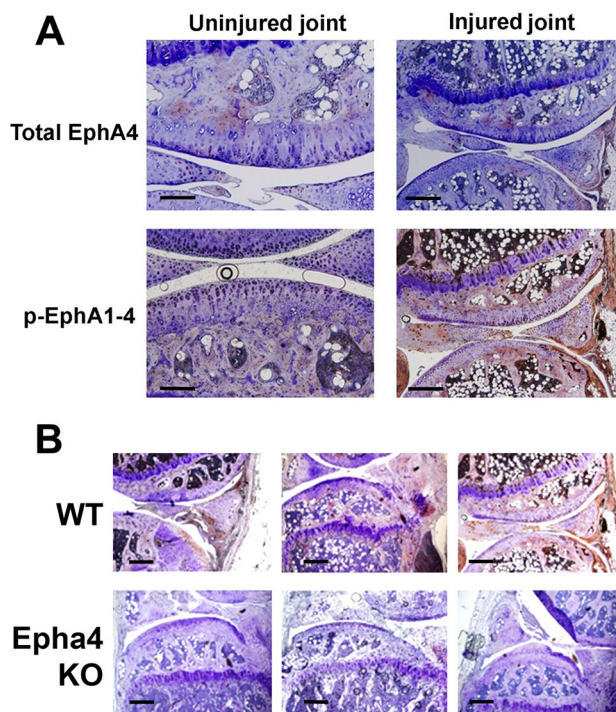


Fig. 3 Immunohistochemical staining of the total (top) and phosphorylated (bottom) species of EphA4 protein in the contralateral uninjured (left) and the injured (right) joints of wild-type littermate mice (**a**), and comparison of immunohistochemical staining of phosphorylated species of EphA4 of WT littermate mice and *Epha4* KO mice (**b**). The slide was counter-stained with hematoxylin. Immunoreactive EphA4 was stained in brown color. Scale bars = 200 μ m

EfnA4-fc for 24 h to activate the EphA4 signaling and then measured the levels of IL-1 β and Mmp9 protein released into conditioned media (CM). The EfnA4-fc treatment reduced the released levels of Mmp9 protein by \sim 25% (Fig. 4b, top panel) and IL-1 β protein to an undetectable level (Fig. 4b, bottom panel). (The CM Mmp13 protein level was not measured in this experiment). Thus, it appears that the EphA4 signaling has a negative regulatory role in inflamed synovia with respect to their releases of pro-inflammatory cytokines and matrix proteases.

The two major cell types in the synovial membrane are synovial macrophages and synoviocytes (also known as synovial fibroblasts) [39]. We have previously shown that the EphA4 forward signaling in cells of the monocyte-macrophage lineage, including macrophages and osteoclasts has potent suppressive actions of their cellular functional activities [22]. Unlike macrophages, synoviocytes are cells of mesenchymal origin and exhibit many characteristics common fibroblasts. Table 2 shows that with the exception of EphB1, which was very low ($\Delta C_t > 33$ cycles), primary mouse synoviocytes under basal conditions expressed abundant amounts of mRNA of all test members of Eph receptors

(including EphA4) and Efn ligands. We next evaluated whether the EphA4 signaling is also a negative regulator of cellular functions of synoviocytes by determining the effects of the activation of EphA4 signaling (through the EfnA4-fc treatment) on the expression of pro-inflammatory cytokine genes and key Mmps in primary mouse synoviocytes by RT-qPCR. Under basal conditions, mouse synoviocytes expressed low (but detectable) levels of mRNA of inflammatory cytokines (i.e., IL-1 β , IL-1 α , IL-4, IL-6, TNF- α , and IL-13), but considerably higher levels of mRNA for *Mmp9* and *Mmp13*, and to a lower level, *Mmp3* (data not shown). The 24-h EfnA4-fc treatment of synoviocytes suppressed the expression of IL-1 β , IL-10, *Mmp9* and *Mmp13* mRNA by \sim 65%, \sim 70%, \sim 90%, and \sim 80%, respectively (Fig. 4c). Thus, similar to that in osteoclasts/macrophages, the EphA4 signaling has suppressive actions in synoviocytes.

EphA4 is a Positive Regulator of the Functional Activity of Articular Chondrocytes

We next determined the potential regulatory role of the EphA4 signaling on the functions of articular cartilage. We compared the relative expression levels of several chondrogenic marker genes in isolated articular cartilage layer of *Epha4* KO mice with those of age-matched WT littermates (Fig. 5a). Deficient *Epha4* expression in articular cartilage layer reduced the expression levels of several key chondrogenic marker genes [i.e., aggrecan (*Acan*), type-2 collagen (*Col2a1*), type-10 collagen (*Col10a1*), and *Sox9*], but it did not alter the expression levels of the ligands of EphA4 receptor, i.e., *Efna4* and *Efnb2* as well as lubricin (*Prg4*). Conversely, the 24-h EfnA4-fc treatment of WT articular cartilage layers significantly upregulated the expression levels of *Acan*, *Prg4*, *Col2a1*, and *Sox9*, while it had no effects on the expression levels of *Col10a1*, *Epha4*, or its ligands, *Efna4* and *Efnb2* (Fig. 5b).

To confirm whether these EphA4-dependent changes in chondrogenic gene expression would alter the functional activity of primary articular chondrocytes, we examined the effect of the 4 weeks of the EfnA4-fc treatment on the ability of articular chondrocytes to form acidic proteoglycan-producing colonies in culture. For comparison, we also treated the same articular chondrocytes with 10 ng/mL of EphA4-fc chimeric protein, which binds and activates the reverse signaling of the cell surface Efn ligands. The EfnA4-fc (but not EphA4-fc) treatment significantly increased the number (Fig. 6a, bottom left) and average size (Fig. 6a, bottom right) of the acidic proteoglycan-producing colonies compared with vehicle-treated articular chondrocytes. The EfnA4-fc treatment in *Epha4* KO articular chondrocytes did not have an effect (Fig. 6b), indicating that the anabolic effect of EfnA4-fc in articular chondrocytes was mediated through the signaling of EphA4.

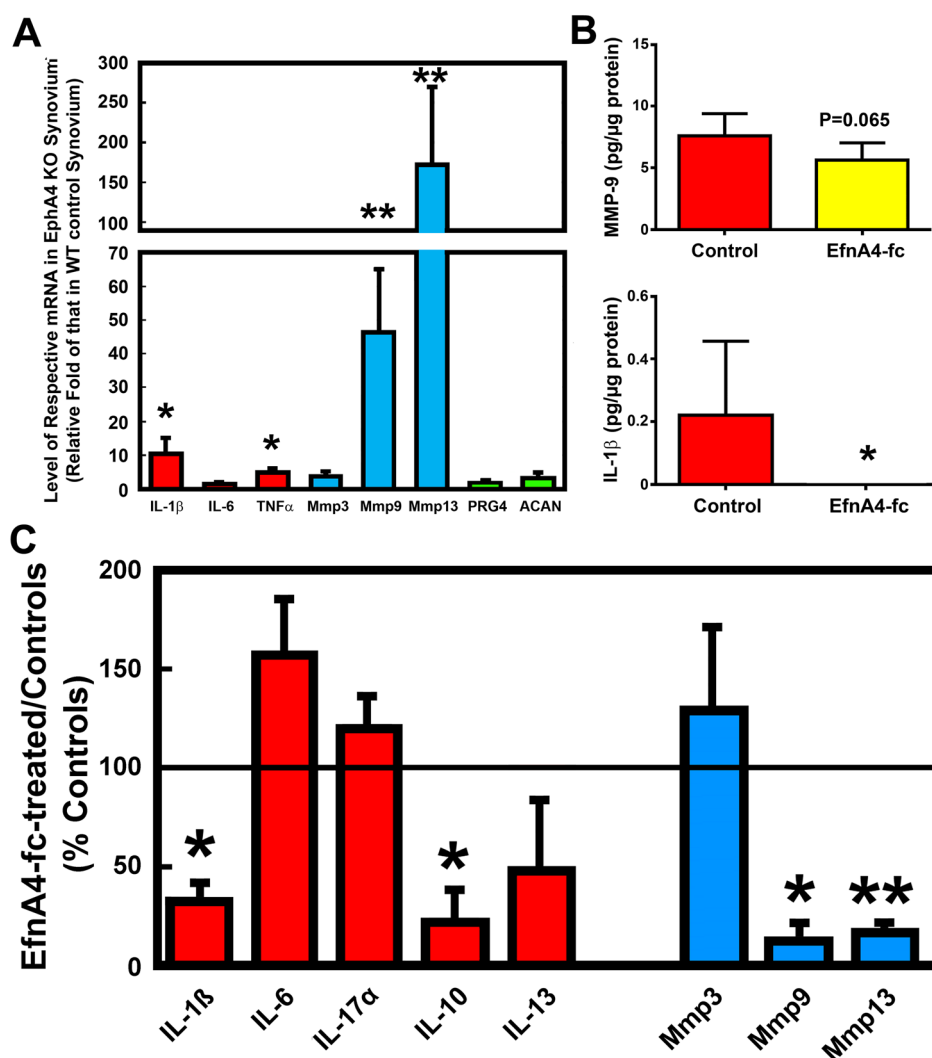


Fig. 4 Deficient EphA4 expression enhanced expression levels of pro-inflammatory cytokines (red bars) and matrix proteases (cyan bars) in synovial membranes (**a**), and the EfnA4-fc-mediated activation of the EphA4 signaling suppressed the synovial secretion of Mmp-9 and IL-1 β proteins (**b**) in vitro. The EfnA4-fc-mediated activation of the EphA4 signaling in mouse synoviocytes also reduced the mRNA expression of certain inflammatory cytokines (IL-1 β and IL-10) and Mmp9 and Mmp13 (**c**). **a** Synovial membranes were isolated from the knee joints of 12 weeks old male EphA4 KO mice and age- and gender-matched WT littermates ($n=6-9$ synovial membranes per group). The relative level of each test gene was measured with RT-qPCR. The results are shown as mean \pm SEM. The relative level of each gene in the EphA4 KO synovial membranes are reported as relative fold of the corresponding mRNA level in WT synovial membranes. * $P < 0.05$ and ** $P < 0.01$. **b** Synovial membranes iso-

lated from 12 weeks old male C57BL/6J mice and treated with or without 10 ng/mL of EfnA4-fc for 24 h to activate the EphA4 signaling. The concentration of Mmp9 and IL-1 β protein in the conditioned media was determined with corresponding ELISA and normalized against respective cellular protein levels. Results are shown as mean \pm SEM ($n=6$ for group). **c** Synoviocytes were isolated from 12 weeks old male C57BL/6J mice and treated with or without 10 ng/mL of EfnA4-fc for 24 h to activate the EphA4 forward signaling. The mRNA expression levels of the test pro-inflammatory cytokines and matrix proteinases were determined by RT-qPCR. Results are shown as percentage of the mean of the corresponding mRNA level of respective vehicle-treated cells (mean \pm SEM, $n=3$ for each group). The solid line indicates the 100% level of respective mRNA of the controls. Statistical significance was determined with the two-tailed Student's *t*-test. * $P < 0.05$ and ** $P < 0.01$

To determine whether the anabolic effects of the EphA4 signaling on the cellular activities of articular chondrocytes were due to increased cell proliferation and/or reduced cell apoptosis, we assessed the effects of the 24-h treatment of primary articular chondrocytes with 10 ng/mL of EfnA4-fc or vehicle on cell viability/proliferation and apoptosis. The

EfnA4-fc treatment did not alter the cell number as indicated by MTT assay or apoptosis (Fig. 7a) of WT articular chondrocytes or those of EphA4 KO articular chondrocytes (Fig. 7b). Since the cell number in a given culture is determined by the balance of cell proliferation rate and cell apoptosis rate, and since there was no significant difference in the

Table 2 Relative expression level of the various ephrins and Ephs in cultured synoviocytes isolated from uninjured knee joints

mRNA species	C_t	ΔC_t (compared to cyclophilin)	Fold of cyclophilin mRNA ^a
Cyclophilin	23.143	–	(1)
<i>Efna1</i>	22.795	–0.348	1.2728
<i>Efna2</i>	24.223	1.080	0.4730
<i>Efna3</i>	29.827	6.684	0.0097
<i>Efna4</i>	24.395	1.252	0.4199
<i>Efna5</i>	25.159	2.016	0.2472
<i>Efnb1</i>	24.148	1.006	0.4979
<i>Efnb2</i>	23.622	0.479	0.7175
<i>Efnb3</i>	22.183	–0.960	1.9453
<i>Efnb4</i>	24.725	1.582	0.3340
<i>Efnb5</i>	22.843	–0.300	1.2311
<i>Epha1</i>	25.211	2.068	0.2385
<i>Epha2</i>	21.233	–1.910	3.7581
<i>Epha3</i>	22.744	–0.399	1.3186
<i>Epha4</i>	28.572	5.429	0.0232
<i>Epha5</i>	27.88	4.737	0.0375
<i>Ephb1</i>	34.452 ^b	11.309	0.0004
<i>Ephb2</i>	22.728	–0.415	1.3333
<i>Ephb3</i>	22.413	–0.730	1.6586
<i>Ephb4</i>	25.478	2.335	0.1982

Synoviocytes were isolated from knee joints of three 6-week-old male C57BL/6J mice and pooled for RT-qPCR. Each assay was performed in triplicate and the means are shown

^aRelative expression of each mRNA species was shown as relative fold of the cyclophilin mRNA levels determined by the ΔC_t method: fold = $2^{-\Delta C_t}$ (C_t of test gene – C_t of cyclophilin)

^b $C_t > 33$ cycles is considered undetectable levels

apoptosis rate in either the EfnA4-fc-treated or untreated WT or EphA4 KO articular chondrocytes, we conclude that the EfnA4-fc treatment also did not affect the proliferation of WT or EphA4 KO articular chondrocytes.

The EphA4 Signaling Has Opposite Contrasting Effects on the Vav/Rac Signaling vs. Ephexin/Rho Signaling in Synoviocytes Compared to Those in Articular Chondrocytes

Previous studies have indicated that the Rho family of small GTPases are key mediators of the EphA4 forward signaling [40–43]. Our previous studies have suggested that the molecular mechanism of the EphA4 signaling to suppress the osteoclast activity is in part mediated through differential actions of the EphA4 signaling on the Vav/Rac signaling versus the Ephexin/Rho signaling [30]. To determine whether the EphA4 signaling has similar differential regulatory effects on the Vav/Rac versus Ephexin/Rho signaling

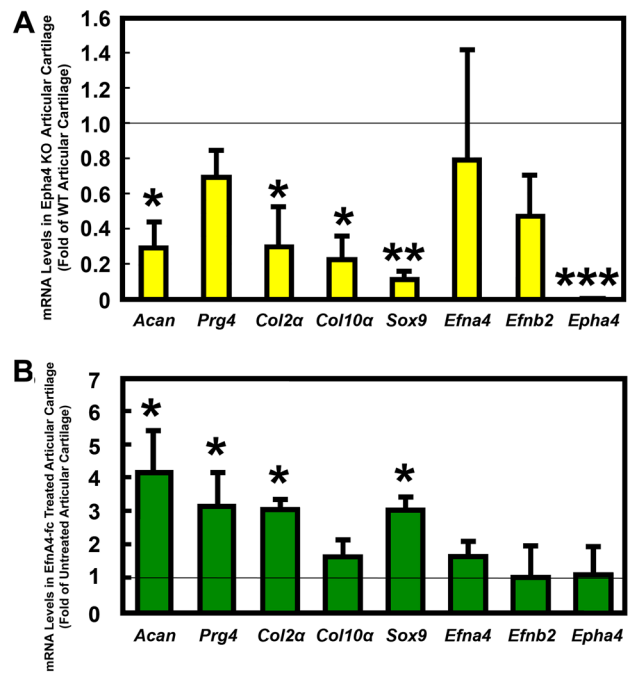


Fig. 5 Deficient EphA4 expression in articular cartilage layers of *Epha4* KO mice downregulated (a), while treatment of articular cartilage layers of WT mice with 10 ng/mL EfnA4-fc chimeric protein for 24 h upregulated (b), articular chondrogenic genes, such as aggrecan (*Acan*), type II collagen (*Col2a1*), type X collagen (*Col10a1*), *Sox9*, and lubricin (*Prg4*). Neither conditions altered the expression of ligand genes of EphA4, such as *Epha4*, *Efna4*, and *Efnb2*. Results are shown as relative fold of the corresponding mRNA level in EphA4 KO articular cartilage layers of age- and gender-matched WT littermates (mean \pm SEM, $n = 3$ per group). * $P < 0.05$, ** $P < 0.01$, and *** $P < 0.001$

in synoviocytes and articular chondrocytes, we compared the effects of the stimulation the EphA4 signaling (with the EfnA4-fc treatment) on activation status of Rho versus that of Rac in synoviocytes with those in articular chondrocytes using respective GTP-Rac or GTP-Rho pull-down activation assay. As shown in Fig. 8a, stimulation of the EphA4 signaling by the EfnA4-fc treatment reduced the amount of the pull-down GTP-Rac protein and increased that of the pull-down GTP-Rho protein from extracts of pooled synoviocytes from three mice. Surprisingly, the same EfnA4-fc treatment had exactly opposite effects on these two members of small G protein family in pooled articular chondrocytes in that it increased the amounts of pull-down GTP-Rac protein but reduced the amounts of pull-down GTP-Rho proteins (Fig. 8b).

Rho and Rac are activated by respective Rho GEFs (GTP exchange factors), e.g., Ephexin, and RacGEF, e.g., Vav, respectively [40, 44]. Both GEFs are activated in part by protein-tyrosine phosphorylation [45, 46]. To evaluate whether the contrasting effects of the EphA4 signaling on synoviocytes as opposed to those on articular cartilage were

Fig. 6 The EfnA4-fc-mediated activation of the EphA4 signaling in the WT articular chondrocytes (a), but not in the EphA4 KO articular chondrocytes (b), increased the number and the average size of acidic proteoglycan-producing colonies after 4 weeks in culture in vitro. Top panels show representative Alcian blue staining of acidic proteoglycan-producing colonies of vehicle-treated control and EfnA4-fc-treated WT (a) or EphA4 KO (b) articular chondrocytes. Bottom panels show the quantitative analyses of the number and average area of the colonies. Significance was determined by two-tailed Student's *t*-test. * $P < 0.05$, $n = 4$ per group. $P = N.S.$ (P is not significant), when $P > 0.05$

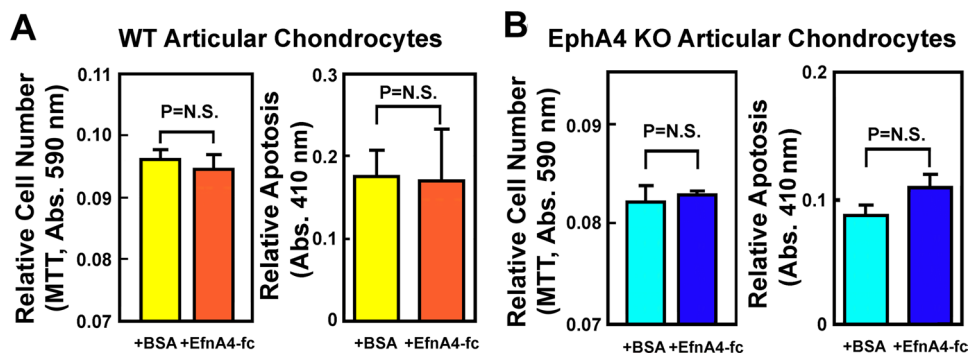
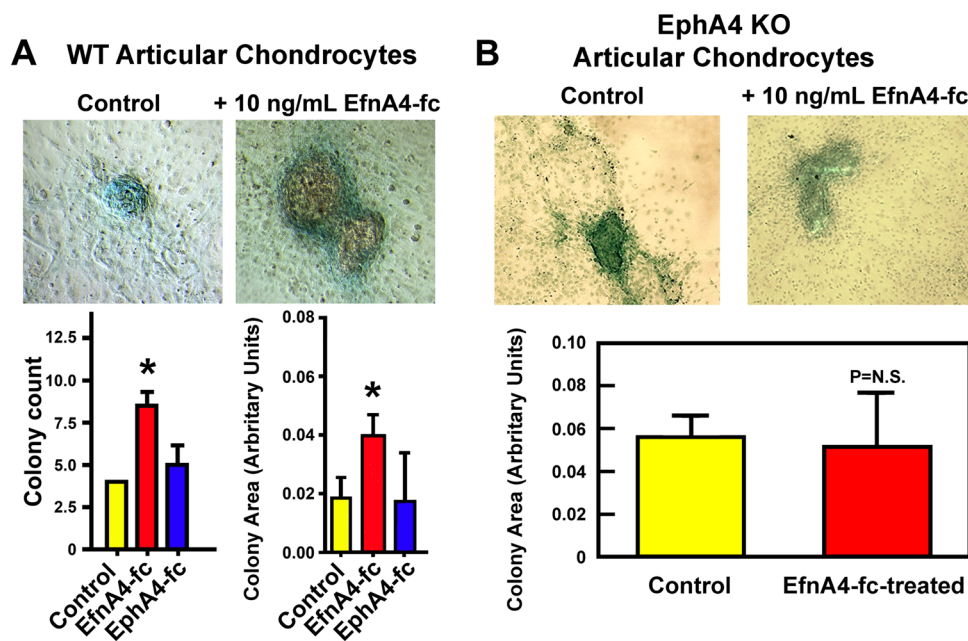


Fig. 7 Activation of the EphA4 signaling by a 24-h treatment with 10 ng/mL of EfnA4-fc did not affect the survival/proliferation or apoptosis of articular chondrocytes of WT mice (a) or those of EphA4 KO articular chondrocytes (b). The survival (total cell number) was measured by the MTT-based Roche Cell Proliferation Kit I and apoptosis was determined with the Roche Cell Death Detection ELISA^{PLUS} kit. Cells treated with 10 ng/mL of EphA4-fc were

included for comparison. Results are shown as mean \pm SEM with $n = 4-8$ per groups. Significance was determined by two-tailed Student's *t*-test. *N.S.* not significant, i.e., $P > 0.05$. Total cell number (survival) is determined by the balance of cell proliferation rate and the apoptosis rate. Since there were no differences in apoptosis in either case. The total cell number determined by the MTT assay can be a relative indicator of cell proliferation

mediated partly by an opposite effect of the EphA4 signaling on the activation of Ephexin and Vav in these two cell types, we determined the effects of the 24-h treatment of EfnA4-fc on the ratio of pY87-Ephexin1/total Ephexin1 and that of pY174-Vav1/total Vav1 in these two cell types. Consistent with suppression of Rac1 activation and RhoA activation in synoviocytes, the EfnA4-fc treatment significantly upregulated Ephexin1 (Fig. 8c) and downregulated Vav1 (Fig. 8d), respectively, in synoviocytes. However, the EfnA4-fc treatment suppressed Ephexin1 (Fig. 8c) and upregulated Vav1 (Fig. 8b) in articular chondrocytes, which is in accordance with the observed activation of Rac1 and suppression of RhoA in articular chondrocytes. Accordingly, the activation

of the EphA4 signaling yielded opposing biological effects in synoviocytes vs. articular chondrocytes in that the EfnA4-fc-induced activation of EphA4 signaling upregulated the Ephexin1/RhoA signaling in synoviocytes but an upregulation of the Vav1/Rac1 signaling in articular chondrocytes.

Discussion

A major function of articular cartilage of the joint surface and synovial fluids is to provide cushion and lubrication for facilitating the natural joint motion [47]. Injuries to the joint as well as chronic or increased joint loading can lead to acute

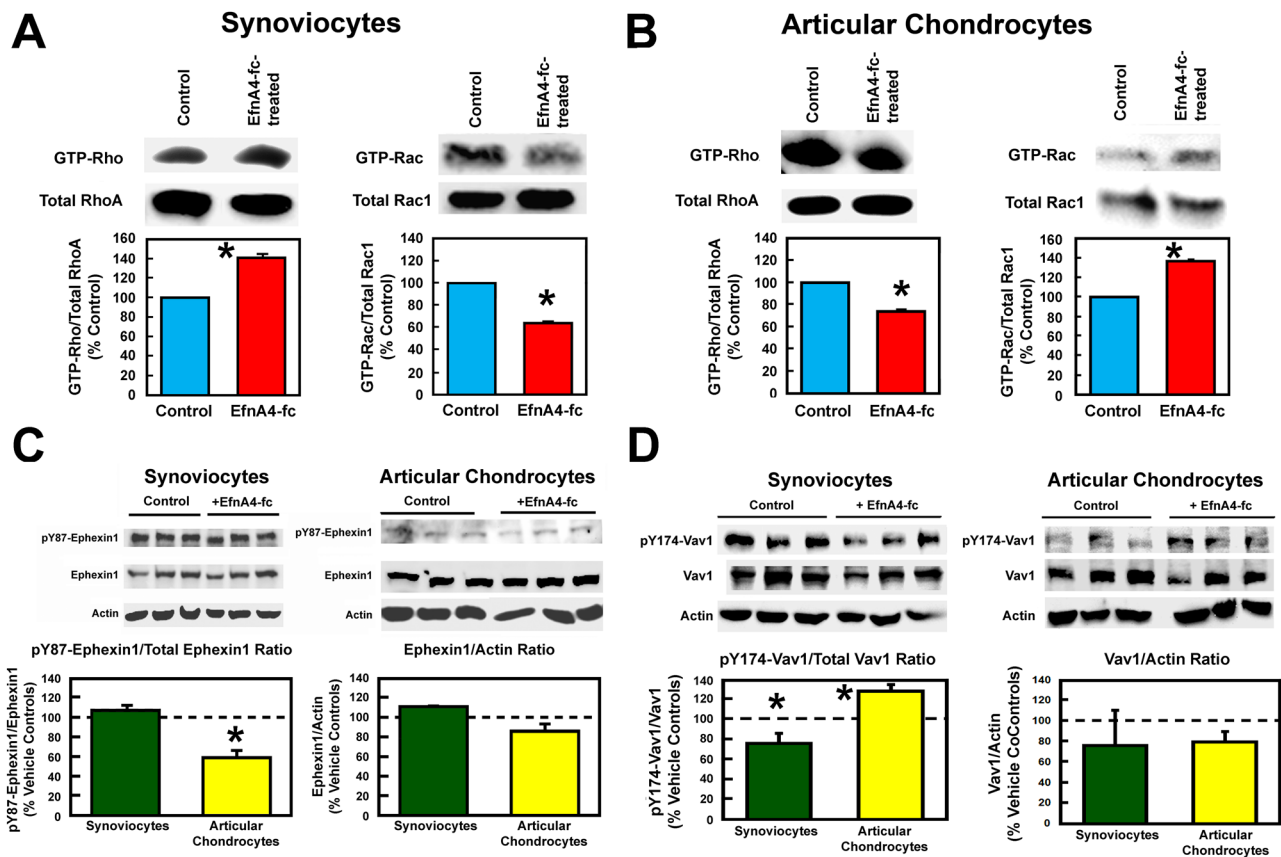


Fig. 8 The EfnA4-fc-induced activation of the EphA4 signaling has opposite differential effects on the Ephexin1/RhoA activation versus the Vav1/Rac1 activation in synoviocytes when compared to those in articular chondrocytes. **a** and **b** The activation status of Rac1 and RhoA determined by relative amounts of GTP-bound Rac or Rho to total Rac or Rho, respectively, in synoviocytes and in articular chondrocytes with or without the 24-h treatment with 10 ng/mL EfnA4-fc. GTP-bound RhoA or Rac1 of each cell type were assayed with respective commercial kits. Total Rac or Rho levels were determined by western blots. Top panels in **a** and **b** show the western of GTP-bound and total RhoA and Rac1, respectively. Each pull-down assay required approximately 1 mg cellular protein. Thus, it was necessary to pool samples from three preparations for each pull-down assay. Each assay was performed twice. Bottom panels in **a** and **b** summarize the relative ratio of GTP-RhoA (or Rac1) to total RhoA (or Rac1) in the synoviocytes and in articular chondrocytes, respectively.

c The pY87-Ephexin1 and total Ephexin1 levels in the EfnA4-fc-treated or vehicle-treated synoviocytes or articular chondrocytes were assayed by western immunoblots using respective specific antibodies. Top panels in **c** show respective western immunoblots of the pY87-Ephexin1 and total Ephexin1 bands, and bottom panels in **c** summarize the relative ratio of pY87-Ephexin1/total Ephexin1 and that of the Ephexin1/actin ratio in each test cell type. Results are shown as mean \pm SEM, $n = 3-4$ for each. **d** The pY174-Vav1 and total Vav1 levels in the EfnA4-fc-treated or vehicle-treated synoviocytes or articular chondrocytes were assayed by western immunoblots using respective specific antibodies. Top panels in **d** show respective western immunoblots of the pY174-Vav1 and total Vav1 bands, and bottom panels in **d** summarize the relative ratio of pY174-Vav1/total Vav1 in and that of the total Vav1/actin in each test cell type. The dotted lines in **c** and **d** represent the 100% of the respective vehicle-treated controls. Results are shown as mean \pm SEM, $n = 3-4$ for each

and chronic synovial inflammation, which activates synoviocytes to release pro-inflammatory cytokines that promote the local releases of MMPs and other matrix degradative enzymes to break down extracellular matrices of articular cartilage [48, 49] that can cause lesions in the articular cartilage and/or synovium, severe joint pain and swelling, muscle weakness, impaired physical function, limited joint movement, and eventually OA. Understanding of the molecular mechanism(s) regulating the local release of cytokines and proteases from synoviocytes and those responsible for the inability of articular chondrocytes to regenerate the damaged

cartilage would not only yield important insights into the pathogenesis of OA but could also offer novel potential therapeutic targets for the development of therapies of OA.

In this report, we presented strong in vitro evidence that the EphA4 signaling in synoviocytes and in articular chondrocytes could play a regulatory role in OA. Specifically, we showed that an intraarticular tibial plateau injury, which eventually developed PTOA [31], rapidly and drastically upregulated the expression and activation of EphA4 in the relevant cell types in the injured knee joint, such as articular chondrocytes, subchondral osteoblasts, osteocytes, meniscal

cells, and synoviocytes. More importantly, we showed for the first time that the EphA4 signaling exerts opposite biological responses on synoviocytes versus articular chondrocytes. Accordingly, we found that activation of the EphA4 signaling in synovium (and synoviocytes) of WT mice suppressed, whereas deficient expression of *Epha4* in synovium of *Epha4* KO mice significantly enhanced, the expression and release of inflammatory cytokines (e.g., IL-1 β and TNF α) and matrix degradative enzymes (e.g., Mmp9 and Mmp13). During OA development, activated synoviocytes in inflamed synovium would promote a major catabolic action of OA by enhancing the local releases of proinflammatory cytokines and matrix proteases to carry out the degradation of articular cartilage surface. Thus, it follows that the EphA4 signaling has anti-catabolic actions on synovium and synoviocytes. Consistent with an anti-catabolic function of the EphA4 signaling in catabolic cells, we have previously shown that the EphA4 signaling in mature osteoclasts is a potent negative regulatory mechanism of their bone resorption activity [22]. On the other hand, we show in this study that activation of the EphA4 signaling in articular chondrocytes enhanced the expression of key cartilaginous genes, such as *Acan*, *Prg4*, *Col2a1*, and *Col10a1* and promoted their cartilage biosynthesis activity. The fact that the EfnA4-fc treatment in *Epha4* KO articular chondrocytes was unable to upregulate the formation of acidic proteoglycan-producing cell colony and their activity to produce cartilage supports our premise that the pro-anabolic action in articular chondrocytes was mediated by the EphA4 signaling. These findings indicate that contrary to synoviocytes and osteoclasts, the EphA4 signaling in articular chondrocytes is of pro-anabolic nature. However, the molecular mechanism responsible for the opposite biological effects of the EphA4 signaling on synoviocytes vs. chondrocytes remains unclear.

Mechanistically, the cellular actions of EphA4 in many cell types are in a large part mediated through differential regulation of various members of the Rho family of small GTPases, which serve as molecular switches to regulate a number of cellular functions [45]. For example, in neurons [50–52], osteoclasts [30], and vascular smooth muscle cells [42], the EphA4 signaling enhances the phosphorylation and activation of a Rho GTP exchange factor (GEF), such as Ephexin, Vsm-RhoGEF, which in turn activates Rho by exchanging GDP on Rho with GTP; but at the same time, it also inhibits the activity of Rac, Cdc42, or Rap, through the suppression of a Rac GEF, such as Vav [43, 50]. We have previously proposed a molecular model, which we termed the “EphA4 phosphorylation switch” mechanism [30], to explain the opposite regulation of Ephexin/Rho and Vav/Rac by the EphA4 signaling in osteoclasts. This model was based on the findings that Vav [53] and Ephexin [45, 51] each binds through their plekstrin-homology domain [42, 54] to the same structural domain of the EphA4 receptor that

contains the Y596/Y602 residues [55, 56]. We postulated that the phosphorylated EphA4 receptor has a higher binding affinity for Ephexin over Vav; a speculation based on the findings that the binding of Vav [53], but not that of Ephexin, to EphA4 [51] in neurons requires the phosphorylation of Y596/Y602. Hence, when the EphA4 receptor is activated and phosphorylated, the binding site of EphA4 assumes the conformation favoring the binding of Ephexin over Vav. Conversely, when Y596/Y602 residues are dephosphorylated or under-phosphorylated, the receptor would prefer Vav over Ephexin for binding.

Our previously proposed “EphA4 phosphorylation switch” model could provide a potential mechanism for the observed EphA4-dependent upregulation of the Ephexin1/RhoA signaling and downregulation of the Vav1/Rac1 signaling in synoviocytes. However, this model would not explain the opposite effects of the EphA4 signaling on the Ephexin/RhoA signaling vs. the Vav/Rac1 seen in articular chondrocytes. It follows that the apparent discrepancy seen in articular chondrocytes vs. synoviocytes would indicate that the determination of the relative binding affinity of a given Rho GEF to the EphA4 receptor is more complicated than that depending merely on the phosphorylation status of the EphA4 receptor as proposed in our “EphA4 phosphorylation switch” model [30] and may involve some type of cell-type-specific components. There is strong evidence that members of the Rho GEF family, including Vav and Ephexin, are dynamically associated with molecular chaperones, such as Hsc70, Hsp90 [57–59]. This association would stabilize the conformation of the Rho GEFs and also prevents the ubiquitin-mediated degradation of Rho GEFs [60, 61]. It is possible that the association of a specific molecular chaperones could also alter their binding affinity of a given Rho GEF for the EphA4 receptor. There is also evidence for cell-type-specific variations in the induced expression of many of these chaperones [62]. Thus, it is conceivable that these Rho GEFs could dynamically associated with different certain yet-to-be-determined cell-type-specific chaperones in different skeletal cell types. For the purpose of description of our revised model, we will refer these cell-type-specific chaperones in synoviocytes and chondrocytes to as “chaperone X” and “chaperone Y”, respectively. We further speculate that the conformation of the Ephexin-“X” complex would assume a greater binding affinity than the Vav-“X” complex for the phosphorylated EphA4 in synoviocytes, whereas the binding affinity of Ephexin-“Y” in chondrocytes has a significantly lower binding affinity for the phosphorylated EphA4 than Vav-“Y”. Accordingly, when the EphA4 receptor is activated and their Y596/Y602 residues are phosphorylated in synoviocytes, the EphA4 protein would favor the binding of the Ephexin-“X” complex over the Vav-“X” complex, which then leads to the subsequent upregulation of the Ephexin/RhoA signaling and downregulation of the Vav/

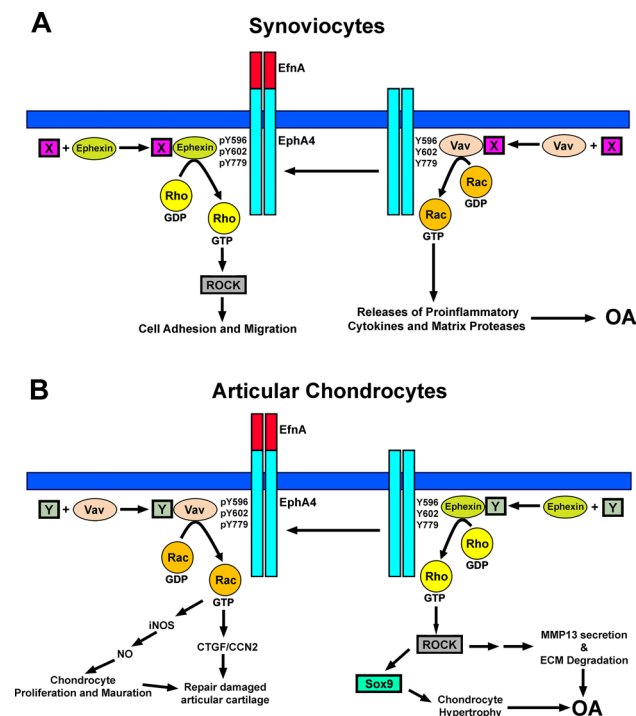


Fig. 9 A proposed model of mechanism of action of the EphA4 signaling to differentially regulate Ephexin/RhoA vs. Vav/Rac1 in synoviocytes as opposed to that in articular chondrocytes. See text for description of the model

Rac1 signaling (Fig. 9a). The Vav/Rac1 pathway is essential for the cellular secretion of inflammatory cytokines, such as IL-1 β [63], and extracellular matrix proteases, e.g., MMPs [64]. Thus, the downregulation of the Vav/Rac1 signaling in synoviocytes would suppress the release of inflammatory cytokines and matrix degradative enzymes and thereby reduces the risk of OA. However, the RhoA signaling plays important roles in multiple cellular processes, such as cell growth, transformation, adhesion, and cytoskeleton remodeling, in many cell types, including synoviocytes [65–67]. Therefore, the EphA4-induced activation of the Ephexin/RhoA signaling promotes cellular activities of the activated synoviocytes, including increased cell adhesion and reduced migration.

In contrast to synoviocytes, an activation of the EphA4 signaling in articular chondrocytes would upregulate the Vav/Rac1 signaling and downregulates the Ephexin/RhoA/ROCK signaling (Fig. 9b). In the context of OA, there is strong evidence that the RhoA/ROCK signaling plays a key role in the pathogenesis of OA [68, 69]. For example, RhoA/ROCK signaling promotes the various OA pathological factors, such as TGF α [70, 71], Wnt/ β -catenin [69], and leptin [72], to induce the degradation of chondrocytes extracellular matrices. Additionally, the RhoA-mediated activation of ROCK in chondrocytes is essential for the activation of

Sox9, which in turn promotes chondrocyte hypertrophy [37, 73]. The combined effects of the RhoA/ROCK-dependent enhanced chondrocyte hypertrophy and increased degradation of the articular cartilage matrices would lead to OA. It follows that the EphA4 signaling-dependent downregulation of the Ephexin/RhoA/ROCK signaling in articular chondrocytes could thereby reduce the OA risk (Fig. 9b). The regulatory role of the Vav/Rac1 signaling in OA pathology is less clear. Nevertheless, there is evidence that targeted disruption of Rac gene in chondrocytes reduced cartilage formation and resulted in chondrodysplasia, suggesting that the Rac1 pathway is important in cartilage development [74]. Moreover, the Rac signaling enhances the expression of the cartilage growth factor gene, CTGF/CCN2, expression via TGF β /Smad signaling in chondrocytes [75]. It has also been reported that a single injection of recombinant CTGF/CCN2 in gelatin hydrogel into the joint cavity of monosodium iodoacetate (MIA)-induced OA model rats possessed the ability to repair damaged articular cartilage [76]. Furthermore, Rac1 promotes endochondral bone growth through increasing chondrocyte proliferation via upregulation of the inducible nitric oxide synthase–nitric oxide signaling [77]. As a result, it is conceivable that the EphA4-dependent upregulation of the Vav/Rac1 signaling in articular chondrocytes could lead to enhanced biosynthesis of cartilage.

We should, however, emphasize that the various members of the Rho small GTPase family can be activated by several different GEFs. For example, it has been reported that a vascular smooth muscle Rho GEF, Vsm-RhoGEF, can mediate the GDP-GTP exchange on RhoA [42]. Therefore, the possibilities that different members of tissue-specific Rho GEFs may mediate the GDP-GTP exchange and activation of different members of Rho small GTPases in synoviocytes vs. chondrocytes and that the binding affinity of these different members of tissue-specific Rho GEFs on EphA4 receptor could also be different should not be ignored. In any event, we should note that there is currently no direct evidence supporting either the cell type-specific chaperones or cell type-specific Rho GEFs. Our future work will address these alternative hypotheses.

In summary, we have demonstrated for the first time that the EphA4 signaling in synoviocytes yielded anti-catabolic actions through the suppression of local release of proinflammatory cytokines and matrix proteases, but yet pro-anabolic actions in articular chondrocytes via the promotion of the biosynthesis of cartilaginous tissues. In conclusion, the fact that the EphA4 signaling appears to have both anti-catabolic and pro-anabolic actions in the context of OA raises the exciting possibility that the EphA4 signaling could be an attractive and novel therapeutic target for the development of an effective therapy for OA/PTOA.

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Author Contributions K-HWL, VS, and MS contributed to the conception and design of the study. Material preparation and data collection were performed by VS, AT, and CR. Data analyses were performed by K-HWL and VS. The first draft of the manuscript was written by K-HWL. All authors commented on previous versions of the manuscript, read and approved the final manuscript.

Data Availability All research data of this study and materials used in this study are stored in the laboratory of Dr. Kin-Hing William Lau, and they may be available to others upon request in writing and approval from the Research Office of the Loma Linda VA Healthcare system.

Compliance with Ethical Standards

Conflict of interest All authors (Virginia Stiffel, Alexander Thomas, Charles H. Rundle, Matilda H.-C. Sheng, and Kin-Hing William Lau) have no conflict of interest to declare.

Human and Animal Rights All animal protocols were reviewed and approved by the Animal Care and Use Committee of the Pettis Memorial VA Medical Center and the Animal Care and Use Review Office (ACURO) of US Army Medical Research and Materiel Command of the Department of Defense. In conducting research using animals, the investigators adhered to the Animal Welfare Act Regulations and other Federal statutes relating to animals and experiments involving animals.

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