ORIGINAL RESEARCH



Recombinant Human Bone Morphogenetic Protein 7 Exerts Osteo-Catabolic Effects on Bone Grafts That Outweigh Its Osteo-Anabolic Capacity

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Abstract

This study aimed to investigate the effects of recombinant human bone morphogenetic protein (rhBMP-7) on human cancellous bone grafts (BGs) while differentiating between anabolic and catabolic events. Human BGs alone or supplemented with rhBMP-7 were harvested 14 weeks after subcutaneous implantation into NOD/Scid mice, and studied via micro-CT, histomorphometry, immunohistochemistry and flow cytometry. Immunohistochemical staining for human-specific proteins made it possible to differentiate between grafted human bone and newly formed murine bone. Only BGs implanted with rhBMP-7 formed an ossicle containing a functional hematopoietic compartment. The total ossicle volume in the BMP⁺ group was higher than in the BMP⁻ group (835 mm³ vs. 365 mm³, respectively, p < 0.001). The BMP⁺ group showed larger BM spaces (0.47 mm vs. 0.28 mm, p = 0.002) and lower bone volume-to-total volume ratio (31% vs. 47%, p = 0.002). Immuno-histochemical staining for human-specific proteins confirmed a higher ratio of newly formed bone area (murine) to total area (0.12 vs. 0.001, p < 0.001) in the BMP+ group, while the ratio of grafted bone (human) area to total area was smaller (0.14 vs. 0.34, p = 0.004). The results demonstrate that rhBMP-7 induces BG resorption at a higher rate than new bone formation while creating a haematopoietic niche. Clinicians therefore need to consider the net catabolic effect when rhBMP-7 is used with BGs. Overall, this model indicates its promising application to further decipher BMPs action on BGs and its potential in complex bone tissue regeneration.

Keywords Bone morphogenetic protein \cdot Bone grafts \cdot Bone marrow \cdot Xenograft model \cdot Osteoinduction

Introduction

Ever since 1965, when Urist described the biological foundation for bone morphogenesis, the regenerative capacity of human bone has been a field of extensive research [1]. His work ultimately led to the isolation of bone morphogenetic

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proteins (BMPs) from mammalian demineralised bone [2] and the later characterisation of recombinant human BMP (rhBMP) [3].

BMPs are a subclass of growth factors in the transforming growth factor beta superfamily exhibiting major osteoinductive properties while facilitating intramembranous and endochondral bone formation [3, 4]. The pleiotropism of BMPs and their crucial role in cell differentiation, bone development and fracture healing has been well characterised [5, 6].

Despite ongoing debate about their side effects [7, 8], rhBMPs are still widely used in procedures like non-union surgeries, spinal fusion and fracture healing with a rising interest in fields such as implant device stabilisation, critical size-defect reconstruction, treatment of femoral head necrosis or bone impaction grafting [9–11].

For the treatment of large bone defects, allogenic bone grafting is widely used [12, 13] as autologous grafting can be associated with limited availability and significant donor

site morbidity [14]. However, the use of allogenic bone has inherent disadvantages and side effects such as the potential transmission of infectious diseases [15, 16] and relatively high costs [17]. Moreover, allogenic bone grafts (BGs) only act as an osteoconductive scaffold with more or less absent osteoinductive properties [18]. To transfer osteoinductive properties to an osteoconductive scaffold, BGs can be combined with rhBMPs in order to improve graft remodelling and eventually clinical outcome [19, 20].

However, it is well known that BMPs not only induce new bone formation but at the same time stimulate osteoclastogenesis [21, 22], indicating its role in both anabolic and catabolic pathways (Fig. 1). Within this context, Magnus Tagil and co-workers have long shown that adding rhBMP to BGs accelerates their resorption rate, suggesting the application of anti-resorptive drugs to contain this effect [23]. These syngeneic transplantation studies provided the surgical community with insights into how rhBMPs affect BG remodelling and how this process could be further manipulated by anti-resorptive drugs. Yet, these models did not allow to clearly determine the individual rates of new bone formation and BG resorption under the influence of rhBMP, as syngeneic transplantation studies impede clear differentiation and hence quantification of newly formed bone versus grafted bone.

The present study was designed to uncover the effects of rhBMP-7 on BGs remodelling, osteoclastogenesis and haematopoiesis in vivo. To decipher and quantify the remodelling process, we employed a mouse xenograft model, providing the unique ability to differentiate between the fate of the transplanted human bone graft and the rate of new murine bone formation. The subcutaneous transplantation site was chosen to prevent any effects of biomechanical loading on the BG remodelling process and therefore to analyse the impact of rhBMP-7 on BGs alone.

Material and Methods

Cancellous bone chips were harvested during elective hip arthroplasty from an otherwise healthy male patient (76 years) without comorbidities or documented medication. During the reaming process of the acetabulum, only chips gained from the last of ascending reamer sizes were used in order to ensure a homogenous dispersal of the graft fragments without any cartilage remnants.

The harvested cancellous fragments were washed several times with phosphate buffer saline (PBS, Life Technologies, Australia) to remove any human bone marrow components and then packed into a cylindrical plastic mould with a volume of 0.5 cm³ while adding 60 μ L Fibrin Glue (TISSEEL Fibrin Sealant, Baxter Healthcare International, USA) with or without 20 μ L rhBMP-7 (1 μ g/ μ L, Olympus Biotech Corporation, USA).

12 male non-obese diabetic-severe combined immunodeficient mice (NOD/scid; strain name: NOD.CB17-*Prkdc* scid/J) were ordered from the Animal Resource Centre (Canning Vale, Western Australia) and housed in a temperaturecontrolled and pathogen-free environment according to The University of Queensland animal-housing standards.

Fig. 1 Schematic of anabolic and catabolic events induced by rhBMP-7: osteoblast differentiation results in new bone formation from monomers such as amino acids, calcium and phosphates. At the same time the haematopoietic cell expansion induces recruitment of osteoclasts, eventually triggering the reverse process



Bone grafts were subcutaneously implanted into both flanks of the mice (each mouse received 2 transplants), whereas one group (n=6 mice \times 2 implantation sites) received BGs with Fibrin Glue only (BMP⁻) while in the other group ($n=6 \times 2$) the BGs were supplemented with Fibrin Glue and rhBMP-7 (BMP⁺; Fig. 2). To ensure postsurgical animal welfare, subcutaneous injections of Temgesic[®] (0.1 mg/kg body weight; Buprenorphine 0.3 mg/ mL) were conducted.

14 weeks post-implantation, mice were sacrificed via CO_2 asphyxiation. Transplants were harvested and analysed via visual inspection, micro-computed tomography (μ CT), histology, histomorphometry and flow cytometry (Fig. 2). Samples were fixed in 4% paraformaldehyde (PFA) for 24 h hours before transfer into 70% methyl carbinol.

µCT Analysis

After fixation, specimens were scanned via high-resolution μ CT (μ CT 40, Scanco Medical AG, Switzerland) and evaluated according to guidelines described by Bouxsein et al. [24] (six transplants per group).

Flow Cytometry

Flow cytometry analysis was performed as previously reported using BD LSRFortessa X-20 cytometer (BD Biosciences, USA) [25, 26]. In brief, bone transplants were harvested and gently crushed with a pestle and mortar in PBS (4 °C) containing 2% fetal calf serum (FCS, Life Technologies, Australia). To collect the femoral bone marrow, mice femora were flushed with PBS with subsequent centrifuging at 400×g for 5 min at 4 °C. A cell strainer (40 μ m, FALCON, USA) was used to make a single-cell suspension. Singlecell suspensions were stained with mouse CD11b-PECY7, B220-APCCY7, CD3E-FITC, F4/80Alexa647, CD45-Pacific Blue, Ly6G-PE (BioLegend, Australia) to determine the mouse hematopoietic lineage. Dead cells were excluded by staining for 7-amino actinomycin D (Life Technologies, Australia). Data were analysed using FlowJo software (Tree Star Inc., San Carlos, CA).

Histological Analysis and Immunohistochemistry

Standardised protocols optimised for paraffin sections were followed. In order to differentiate between human bone (BG) and mouse bone (newly formed bone, NB), IHC was performed for human-specific Collagen 1 (hsCol-1) (Abcam, Australia).

Histomorphometry/Osteomeasure

Osteomeasure (Osteometrics, Atlanta, GA, USA) was used on three representative tissue sections, each 20 sections apart from each other (in six transplants of every group), to quantify total bone tissue area, area of intertrabecular spaces and the number of osteoclasts per total area. Hs-Col1 staining made it possible to quantify the area of grafted bone (human) and the area of newly formed bone (murine), respectively. Tartrate-resistant acid phosphatase (TRAP) staining revealed the number of osteoclasts per area. Four independent sections of each biological replicate were analysed.

Statistical Analysis

SigmaPlot 13.0 (Systat Software Inc., CA, USA) was used for statistical analyses and graph design. Data were tested for normal distribution using the Shapiro–Wilk test and then further analysed with the student's *t* test or Mann–Whitney *U* test to determine differences between groups. The level of significance was set at $p \le 0.05$.

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Fig. 2 Experimental outline. Human cancellous bone fragments (volume = 0.5cm3) supplemented with fibrin glue were subcutaneously implanted with or without rhBMP-7 in both flanks of NOD/Scid mice. After 14 weeks of bone remodelling, transplants were harvested and subject of further investigation



Results

rhBMP-7 Induces BG Remodelling and the Development of a Morphologically Intact Organ Bone

Gross macroscopic examination revealed neoangiogenesis in both groups with and without rhBMP-7 (Fig. 3, macroscopic). The BMP⁺ group appeared with a purplelike outer structure indicating a highly vascularised bone organ, while the BMP⁻ group showed a sallow-rubble like outer appearance. Surface morphology of the BMP⁺ group appeared smooth in 3D-reconstructed µCT images, while looking rough in the BMP⁻ group (Fig. 3, μ CT). BG implanted together with rhBMP-7 resulted in a remodelled bone resembling a physiological organ bone that featured a bone marrow (BM) compartment, while omitting rhBMP-7 resulted in loose fibrous tissue (FT) expanding between the trabeculae (Fig. 3, H&E). Histological examination of the samples further revealed a cortex-like outer structure (Fig. 3, H&E) as well as an inner trabecular network for the group receiving rhBMP-7. Without the influence of rhBMP-7, however, trabeculae appeared unorganised and larger with smaller intertrabecular spaces occupied by loose connective tissue (Fig. 3, H&E). On higher magnifications H&E staining revealed empty lacunae, while the addition of rhBMP-7 showed empty lacunae of the BG coexisting with osteoblasts residing in lacunae of the newly formed bone (Fig. 3, H&E).

rhBMP-7 Exerts Osteo-Catabolic Effects on BGs That Outweigh Its Osteo-Anabolic Capacity

Volumetric and histomorphometric analyses showed that the total volume of the ossicles was significantly higher in the BMP⁺ group compared to the BMP⁻ group (835.5 mm³ ± 88.3 vs. 365 mm³ ± 101.6, respectively, $p \le .001$). Moreover, the level of bone volume (258.7 mm³ ± 39.4 vs. 162.4 mm³ ± 35.7, p = .001) and the BM spaces (0.47 mm ± 0.09 vs. 0.28 mm ± 0.06, $p \le .002$) in the BMP⁺ group was significantly higher than in the BMP⁻ group (Table 1). While the total ossicle volume was 2.3 times higher in the BMP⁺ group, the bone volume only increased by 1.6 compared to the BMP⁻ control.

Immunostaining using hsCOL-1 confirmed the presence of human-grafted bone and revealed the presence of newly formed murine bone in the BMP⁺ group, while in the absence of rhBMP-7 almost no new bone formation was observed (Fig. 4). Histomorphometric analysis revealed that the ratio of BG to total bone organ area (TA) was significantly lower in the BMP⁺ group compared to the

Table 1 Volumetric µCT analysis of ossicles

	BMP+	BMP-	p-value
Weight (g)	1.26 ± 0.06	0.64 ± 0.10	≤0.001
Bone volume (mm ³)	258.7 ± 39.4	162.4 ± 35.7	0.001
Total volume (mm ³)	835.5 ± 88.3	365.7 ± 101.6	≤ 0.001
BV/TV (%)	31.0 ± 3.9	47.3 ± 8.6	0.002
Trabecular spaces (mm)	0.47 ± 0.09	0.28 ± 0.06	0.002
Trabecular thickness (mm)	0.18 ± 0.005	0.19 ± 0.01	0.072
Density of BV (mg HA/cm ³)	788.4 ± 14.1	764.3 ± 17.6	0.02
Density of TV (mg HA/cm ³)	239.1 ± 30.4	357.9 ± 52.8	≤ 0.001



Fig. 3 rhBMP-7 induces new bone formation as well as the creation of a haematopoietic niche. Results of BMP⁺ versus BMP⁻ groups; macroscopic (1st column), μ CT(2nd column); Hematoxylin & Eosin staining (low and high power views) showing intertrabecular spaces filled with fibrous tissue (FT) or bone marrow (BM)—black arrow heads demonstrate the presence of a cortical shell (3rd column); bone transplanted without rhBMP-7 exhibited empty lacunae (red arrow heads), whereas rhBMP-7 resulted in the formation of vital new bone with osteoblasts residing within lacunae (green arrow heads) (column 4 & 5)



Fig. 4 IHC—human-specific collagen-1 staining depicting newly formed murine bone (pale blue, black arrow heads) and human bone grafts (brown, white arrow heads) (*BM* bone marrow, *FT* fibrous tissue)

BMP⁻ control (n=6 biological replicates; $p \le 0.001$). After 14 weeks in vivo, only 14% of the TA was occupied by the implanted human BGs in the BMP⁺ group while omitting rhBMP-7 resulted in 34% BG/TA. NB apposition was also

higher in the BMP⁺ group compared to the BMP⁻ group (p=0.002). 12% of the TA was occupied by new bone in the group receiving BMP⁺ while the BMP⁻ group barely showed any new bone formation (0.1%). Causing a 12% higher new bone formation rate and 20% higher BG resorption rate, the application of rhBMP-7 exerted a significant osteo-catabolic effect on the BG, that overall outweighed its anabolic effects.

The newly formed BM as seen in the BMP⁺ group only, created a local niche for osteoclasts, as depicted by TRAP staining (Fig. 5). In accordance with the volumetric evidence for bone graft resorption, quantification of osteoclasts (N.Oc/mm²) demonstrated significantly higher numbers in the group receiving rhBMP-7 (p = 0.002), indicating the involvement of osteoclasts in the remodelling process of the ossicles (Fig. 5). Without the presence of a local BM niche (BMP⁻ group), no relevant osteoclast activity was seen (Fig. 5).

rhBMP-7 Induces the Development of a Physiological Bone Marrow Compartment via Haematopoiesis

In contrast to the BMP⁻ group, flow cytometry of the BMP⁺ ossicles showed similar patterns (Ly6G, CD11b, B220 and Sca-1) compared to the control NOD/Scid mouse femur (Fig. 6), resembling features of a remodelled bone marrow niche. Though, the ratio of bone volume to total volume was significantly higher (47% vs. 31%, p = 0.002) without the influence of rhBMP-7, the concomitant lack of a physiological remodelling process caused no BM niche formation.



Fig. 5 TRAP staining shows osteoclastic activity (red) at the interface of the bone marrow compartment to bone tissue (BMP⁺ group only); significantly higher numbers of osteoclasts were observed in BGs supplemented with rhBMP-7 (n = 6 biological replicates)



Fig. 6 Flow cytometry data demonstrate that rhBMP-7 triggers the formation of a physiological haematopoietic cellular compartment similar to the haematopoietic compartment in the mouse femur

Immunohistochemical staining for murine B-Cells (B220) and T-Cells (CD3) demonstrated a similar pattern when comparing the BMP⁺ group to the mouse femur (Fig. 7). Ly6G and F4/80 staining uncovered cells of the myeloid linage with again high histomorphological similarity to the

mouse femur, suggesting the formation of a haematopoietic niche. Also, TRAP staining revealed the presence of osteoclasts in the BMP⁺ group, mirroring what was found in the mouse femur control. Without the influence of rhBMP-7 a local infiltrate of macrophages appeared within the ossicles



Fig. 7 Immunohistochemistry demonstrating a mature haematopoietic niche within the specimens. In contrast to the BMP⁻ group, TRAP, F4/80, Ly6G, CD3 and B220 staining demonstrate similar patterns in the BMP⁺ group and in the control femur

(Fig. 7—F4/80 staining). Yet, IHC staining did not reveal an active remodelling process mediated via osteoclastic activity (Fig. 7—TRAP staining). Altogether, only the BMP⁺ group established an ectopic hematopoietic niche within the ossicles, similar to what can be found in the mouse femur.

Discussion

To date, various in vivo models have employed rhBMPs to investigate bone regeneration and disease [27–29], including its effects on bone marrow expansion of tissue-engineered bone implants [25, 30–40]. Using a well-established ectopic humanised xenograft mouse model this study untangles the remodelling process induced by rhBMP-7 and demonstrates its anabolic and catabolic effects on the transplanted tissue (BG). Ultimately, we demonstrate the unique feature of this

model unmasking the faith of the implanted BG and show individual rates of BG resorption and new bone apposition, with and without the influence of rhBMP-7.

Due to BMPs osteoinductive properties, its application in combination with BG to treat bone defects became increasingly popular. Pioneers in the field have investigated the remodelling response of transplanted BG's after supplementation with rhBMPs, with and without the coadministration of common bone resorption inhibitors such as zoledronate [41] and denosumab [42]. Until now the isolated effect of BMPs on the BG and on new bone formation has not been separately demonstrated due to the syngeneic nature of current models. However, a detailed understanding of BMP's effects on bone metabolism is of crucial clinical relevance as shown in a study of patients who underwent acetabular and femoral revision surgery [43]. Karrholm et al. compared patients receiving either allograft only or a combination of allograft and osteogenic protein-1 (OP-1, BMP-7) [43]. After 2-year follow-up, an increase in posterior stem tilt in the patients receiving rhBMP-7 was observed with subsequent need for surgical revision [43]. This could have been the result of local bone resorption due to rhBMP-7 application. In contrast, another study has shown an increased bone formation rate and bone density when combining BGs with rhBMP-7 and zoledronate [41]. Though bisphosphonates such as zoledronate seem to counteract the catabolic process triggered by BMPs [41], it cannot be concluded whether drugs like zoledronate only affect the newly formed bone or also the grafted tissue itself. Experimentally, a clear differentiation between newly formed bone and the fate of the grafted bone has not been shown yet and therefore the detailed effects of rhBMP-7 on BG remodelling remain largely speculative.

Consequently, we chose to perform our experiments in a xenograft model allowing us to individually analyse the rate of bone graft resorption and new bone apposition mediated by rhBMP-7. Our results showed that the rate of BG resorption was significantly higher when the bone graft was supplemented with rhBMP-7. Also, demonstrating individual rates for BG resorption and new bone formation revealed the net osteo-catabolic effect of rhBMP-7. In accordance with that, the increase in total volume in the BMP⁺ group was higher than the increase in actual ossicle volume. Both phenomena are the results of the remodelling process induced by rhBMP-7, creating a physiological BM compartment while locally inducing osteoclastogenesis and recruiting hematopoietic cells of the murine host.

In this context it was demonstrated that the addition of rhBMP-7 to the BGs induces the development of a morphologically intact bone organ including a functional BM compartment, with cellular composition comparable to the native adult mouse femur. This development of a highly vascularised physiological BM compartment with all its myeloid and lymphoid cellular components might be considered as beneficial in the clinical setting for contaminated or avascular tissue defects.

However, while the remodelling process induced by rhBMP-7 filled the intertrabecular spaces with haematopoietic cells, it also caused a decrease in bone volume-to-total volume ratio. The result is a lower volumetric density of the grafted mass in the BMP⁺ group as BMPs not only stimulate new bone formation but also promote osteoclastogenesis and thereby graft resorption.

Due to the lack of mature T- and B-cells in NOD/scid mice, this model does not allow to study BMPs role of regulating T-cell development [44] nor the involvement of the adaptive immune system on bone graft resorption. However, a remaining macrophage population within these mice have been shown to be involved in the resorption process (Fig. 7; F4/80). Here, the capacity of BMP-7 to polarise macrophages towards M2 macrophage subpopulation [45, 46] further indicates its importance in tissue repair and the remodelling process.

Overall, bone homeostasis is a fine balance between anabolic and catabolic events influenced by systemic hormones and local secretion of cytokines and growth factors such as BMPs. As this and other studies have shown, BMPs stimulate both anabolic and catabolic processes. This seems self-evident as BMPs induce osteoblastic differentiation and maturation which in turn increases RANK ligand (RANKL) and osteoprotegerin (OPG) expression, the balance of which regulates osteoclast differentiation and activation [47]. In general, BMPs, depending on their subtype and dosage, appear to have different impacts on complex regulatory pathways such as RANKL/OPG or WNT signalling pathways, both of which play a crucial role regulating bone haemostasis [48]. BMP-5 and BMP-6, for example, show a biphasic dose-dependent curve stimulating osteoclastogenesis with an increased osteoclast activity only in a defined dose range [49]. While both BMP-5 and 6 display an overall lower osteoclast activity compared to BMP-2, BMP-5 exhibits a higher osteoblast stimulation compared to BMP-2, initiating mesenchymal stem cell differentiation towards the osteoblast lineage [49]. Drugs that can modulate these regulatory pathways which are initially stimulated by BMP can thus be of utmost interest to improve bone regeneration. In a murine critical size femoral defect model, BMP-2 in combination with systemic OPG application has been shown to induce increased bone volume and a lower rate of osteoclast response, compared to a BMP-2-only control [42]. This, in accordance with studies using bisphosphonates to prevent bone resorption, clearly indicates how controlling osteoclast activity could improve bone healing responses.

Eventually, the model described here could be used to identify the effects of substances like bisphosphonates, OPG or BMP antagonist such as Noggin [50], more meticulously and measure their specific influence on bone remodelling, osteoclastogenesis and ultimately bone graft resorption. The chosen design of this study successfully revealed several effects of rhBMP-7 devoid of external stimuli and most importantly allowed differentiation between catabolic and anabolic events. Excluding load as a relatively inconstant variable can be beneficial in an experimental setting. On the other hand, the implantation at an orthotopic/load bearing site could bring additional valuable insights for the clinic as this setting more closely represents a clinical scenario where external forces influence the process of bone remodelling. Additional biomechanical and molecular analysis could further reveal the impact of BMP and coadministered drugs on biomechanical stability and enhance the knowledge on its multitude of effects on osteoclast homeostasis.

Ultimately, we will use this model to test and find new medications that will favour an anabolic response and attenuate the concomitant catabolic process initiated by BMPs, to decrease bone graft resorption and improve patient outcome. It appears that even 50 years after Urist's findings on bone morphogenesis, we are still only at the beginning of comprehending the potential of an osteogenic protein with high hopes for complex bone tissue regeneration.

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Conflict of interest Christoph A. Lahr, Ferdinand Wagner, Abbas Shafiee, Maximilian Rudert, Dietmar W. Hutmacher and Boris Michael Holzapfel declare that there is no conflict of interest.

Human and Animal Rights and Informed Consent This study was approved by the University Animal Ethics Committee (Approval No. 130/025). All animal experiments were executed in conformity with the national animal care guidelines.

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