**RESEARCH ARTICLE** 

# Visual, motor and attentional influences on proprioceptive contributions to perception of hand path rectilinearity during reaching

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**Abstract** We examined how proprioceptive contributions to perception of hand path straightness are influenced by visual, motor and attentional sources of performance variability during horizontal planar reaching. Subjects held the handle of a robot that constrained goal-directed movements of the hand to the paths of controlled curvature. Subjects attempted to detect the presence of hand path curvature during both active (subject driven) and passive (robot driven) movements that either required active muscle force production or not. Subjects were less able to discriminate curved from straight paths when actively reaching for a target versus when the robot moved their hand through the same curved paths. This effect was especially evident during robot-driven movements requiring concurrent activation of lengthening but not shortening muscles. Subjects were less likely to report curvature and were more variable in reporting when movements appeared straight in a novel "visual channel" condition previously shown to block adaptive updating of motor commands in response to deviations from a straight-line hand path. Similarly, compromised performance was obtained when subjects simultaneously performed a distracting secondary task (key pressing with the contralateral hand). The effects compounded when these last two treatments were combined. It is concluded that environmental, intrinsic and attentional

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Department of Physical Medicine and Rehabilitation, Northwestern University Medical School, Chicago, IL 60611, USA factors all impact the ability to detect deviations from a rectilinear hand path during goal-directed movement by decreasing proprioceptive contributions to limb state estimation. In contrast, response variability increased only in experimental conditions thought to impose additional attentional demands on the observer. Implications of these results for perception and other sensorimotor behaviors are discussed.

KeywordsProprioception  $\cdot$  Vision  $\cdot$  Dual task attention  $\cdot$ Multisensory integration  $\cdot$  Arm movement  $\cdot$  Human

# Introduction

Uncertainty pervades our interactions with the world for at least three reasons. Action outcomes are unpredictable because the limb's environment is variable and nonstationary and thus, uncertainty arises from external sources. Internal factors also contribute to uncertainty because repeated application of identical sensory stimuli induce variable neural responses (cf. Cordo et al. 1996; Ribot-Ciscar et al. 2000) and because the intrinsic variability of motor commands increases with effort (Sutton and Sykes 1967; Schmidt et al. 1979; Slifkin and Newell 2000; Hamilton et al. 2004). Finally, people often try to multitask repetitive motor tasks, and so the attention paid to each may vary over time. To what extent do external, internal and attentional factors influence how we perceive and interact with the world?

If performance accuracy is to be preserved despite variably biased noise sources, then the neural mechanisms mediating sensorimotor control must be adaptive. Adaptation requires accurate estimates of the physical state of the moving limb (e.g., joint configuration and its rate of change) so that deviations from desired values may be predicted and corrected (Shadmehr and Mussa-Ivaldi 1994; Lackner and Dizio 1994; Dizio and Lackner 2000; Franklin et al. 2003; Ghez et al. 1995, 1999; Sainburg et al. 1995; Scheidt et al. 2001; Smith et al. 2006; Thoroughman and Shadmehr 2000; Wolpert et al. 1994, 1995a, b). Limb state estimates arise from multiple sensory modalities including vision (Ghez et al. 1995), the set of mechanoreceptors that contribute to proprioception (Gordon et al. 1995), as well as from "efference copy" and a forward model of the limb and its environment (Wolpert et al. 1995a; Nelson 1996; Desmurget and Grafton 2000; Gritsenko et al. 2007). Theory and experiment both suggest that the brain combines information from multiple noisy sources in inverse proportion to their respective variances such that variability in the composite state estimate is minimized. This hypothesis has been supported by several studies of multisensory perception (Ghahramani 1995; Ghahramani et al. 1997; Beers et al. 1999; Ernst and Banks 2002). A similar approach including expectations of environmental variability may contribute to adaptive aiming of goal-directed horizontal planar reaching (Koerding and Wolpert 2004).

Despite the availability of multiple sources of state information, studies of people with impaired or absent proprioception have found this sense to be critical for proper planning and execution of goal-directed reaching (Sainburg et al. 1995; Zackowski et al. 2004; Scheidt and Stoeckmann 2007; see also Sober and Sabes 2003). Muscle spindle afferents are important proprioceptors because they provide a mixed encoding of muscle length and rate of length change (Matthews 1963; Hagbarth and Valbo 1969; Houk et al. 1981; Sittig et al. 1987; Cordo et al. 1994; Roll and Gilhodes 1995; Verschueren et al. 1999; cf. Houk and Rymer 1981; Hasan 1983) and contribute importantly to the sense of limb position and movement (Roll and Gilhodes 1995; Capaday and Cooke 1981; Cordo et al. 1994; McCloskey 1973; Gandevia 1996). External, internal and attentional sources of variability influence muscle spindle activity: Spindle sensitivity varies with kinetic demands of active movements (Dufresne et al. 1980; Matthews 1986; Sinkjaer et al. 1996; Kearney et al. 1999). Spindle activity is sensitive to the activation state (and thus "motor noise") of both the alpha and gamma motor systems (cf. Cordo et al. 1996). Proprioceptive information is subject to inhibition during-and in anticipation of-active movement (Voss et al. 2006, 2008; Williams and Chapman 2000). Animal studies have revealed that the inhibition of input to primary afferent pathways is mediated presynaptically via descending commands during active movement (cat: Ghez and Pisa 1972; monkey: Seki et al. 2003); this may be an important mechanism of central regulation of afferent information transformation within the motor periphery (cf. Perreault et al. 2008). Spindle activity is also modulated by the performance of attention-diverting tasks like mental arithmetic and the execution of an isometric task with another limb (Ribot-Ciscar et al. 2000). Such findings may have widespread behavioral significance because any factor that directly influences mechanoreceptor information transduction must affect all behaviors that depend on these sources for limb state information, including both perception and motor learning (cf. Taylor and Thoroughman 2006, 2007; see also Ingram et al. 2000; Redding et al. 1992).

Here, we examine how external, intrinsic and attentional sources of performance variability influence proprioceptive contributions to limb state perception during rapid, pointto-point, horizontal planar arm movements (i.e., reaching). We do so because hand path is an important regulated feature of horizontal reaching (Scheidt et al. 2000) with trajectories normally being straight and smooth (Morasso 1981): When an unexpected mechanical perturbation displaces the hand from its intended trajectory, path rectilinearity is rapidly recovered by an adaptive, feed-forward control mechanism (i.e., motor adaptation; Lackner and Dizio 1994; Shadmehr and Mussa-Ivaldi 1994). This rectilinearity is sacrificed when visual feedback is distorted such that curved paths appear straight (Wolpert et al. 1995b; Flanagan and Rao 1995; Dingwell et al. 2002) and thus visual influences are thought to dominate proprioceptive cues during adaptation. In one recent adaptation study, subjects effectively ignored proprioceptive cues related to hand path direction errors when vision was manipulated such that the moving hand always appeared on the straight-line path between initial and intended positions (the cursor was constrained within a virtual "visual channel"; Scheidt et al. 2005). Because visual feedback of directional variability was effectively eliminated by the channel, the results support the idea that horizontal planar arm movements are optimized so as to minimize variance in the combined visuo-proprioceptive limb state estimate. Two other explanations are also viable. Because resolution of sensory conflict may have required cognitive processing beyond that typical in reaching, subjects could have attended exclusively to vision as a most efficient directional control solution (a context-dependent switching strategy; Salinas 2004; cf. Haruno et al. 2001; Wolpert and Kawato 1998). Alternatively, the visual channel altered the task such that motions orthogonal to the intended direction did not impede bringing the cursor to the target, and so optimization of only task-relevant control costs (cf. Todorov and Jordan 2002) predicts that directional errors should have remained uncorrected. In this case, it is unclear whether the visual channel should have had any impact on multisensory integration.

We adapted psychophysical techniques previously used to examine haptic sensitivity to curvature during prolonged exploration of environmental surfaces (Henriques and Soechting 2003). Subjects in a primary experiment indicated whether they perceived point-to-point hand trajectories to deviate from a straight-line path during active reaching and passive reach-like movements guided by a robotic device. Subjects were deprived of movement-related visual feedback in some trials, whereas cursor motion was constrained to lie within a visual channel in others. Subjects in a control experiment experienced several different environmental loads during movement, whereas subjects in second control experiment performed a concurrent and unrelated cognitive loading task designed to characterize the time-course of interference between tasks. In all cases, only proprioception was informative of actual curvature. Minimum detectible hand path curvature and the range of curvatures over which subjects exhibited uncertainty in response varied considerably across experimental conditions, thus revealing significant context dependence in the proprioceptive contributions to the perception of hand path during goal-directed arm movements. Implications of these perceptual findings on limb state estimation for other sensorimotor behaviors are discussed. Portions of this work have been presented in abstract form (Lillis and Scheidt 2003).

#### Methods

Forty-two right-hand dominant people (20 women, age: 18–40) gave written, informed consent to participate in this study. All procedures were institutionally approved in accord with the 1964 Declaration of Helsinki. No one had known neurological disorders. Subjects grasped the handle of a low-inertia robot with their right hand and attended to hand motion during active (subject driven) and passive (robot driven) movements between two locations in the horizontal workspace (Fig. 1a). The upper arm was supported against gravity (~85° abduction) by a sling attached to a 2.8 m tall structure. Direct view of the arm, hand and robot was occluded by an opaque, horizontal

screen mounted 1 cm above the robot's handle. A vertical shield blocked view of the shoulder and sling. "Home" and "goal" targets were projected onto the horizontal screen 15 cm apart so that hand movements were directed away from the body along the line passing through the shoulder center of rotation (the Y-axis). All movements were constrained by the robot to follow paths with predefined curvature within the horizontal plane. Subjects were provided two types of visual feedback depending on experimental condition. In the visual channel condition (CHAN), a cursor (0.5 cm dia.) provided visual feedback of ongoing motion projected onto the Y-axis such that all reaches looked straight (thus establishing a discrepancy between visual and proprioceptive feedback of motion). In the no visual feedback condition (NONE), cursor feedback was removed entirely.

The robot was powered by two brushless DC torque motors (M-605-A Goldline; Kollmorgen, Inc. Northampton, MA). A 16-bit data acquisition board (PCI-6031E DAQ; National Instruments Inc., Austin, TX) sampled analog force and acceleration data from a load cell (85M35A-I40-A-200N12; JR3 Inc., Woodland, CA) mounted under the handle. Handle location was resolved within 0.038 mm using joint angular position data from two 17-bit encoders (A25SB17P180C06E1CN; Gurley Instruments Inc., Troy, NY). A stiff PID controller enforced hand trajectories of controlled curvature. Data collection and control were performed at 1,000 sample/s.

We recorded electromyograms (EMGs) in a subset of subjects using differential surface electrodes (DE-2.1 electrodes; Bagnolli 8 amplifier; Delsys Inc., Taunton, MA) to confirm compliance with the ACTIVE/PASSIVE task instructions described later. Monitored muscles included the elbow flexor biceps brachii (short head; BIC) and the elbow extensor triceps (lateral head; TRI). EMGs were hardware band-pass filtered from 10 to 450 Hz, amplified ( $\times$ 1,000) and sampled (16-bit resolution at 1,000 Hz) prior to off-line storage and analysis. EMGs during isometric maximum voluntary contractions (MVCs)



Fig. 1 a Experimental Setup. b Hand paths showing the range of curvatures tested in this study. Maximum deviations from a straight line were  $\sim 4.5$  cm at the greatest curvatures tested (8 m<sup>-1</sup>). Horizontal and vertical calibration: 0.05 m. c Example of the dual

staircase technique as realized for one block of trials. **d** Temporal sequence of finger keystrokes used as a secondary task (distractor) in the DUAL task condition of Control experiment 2

were collected prior to testing to allow estimation of relative muscular effort. The series of MVCs included three each of elbow flexion and extension collected with the hand held at the home position. The peak EMG value for each muscle after signal conditioning (see Sect. "Data Analysis") was taken as the maximal EMG for that muscle. EMGs recorded from the experimental trials were normalized by these maximal, isometric EMG values:  $EMG_{norm}(t) = EMG(t)/EMG_{max}$ .

# Experimental design and predicted results

Three sets of experiments explored how proprioceptive contributions to the perception of hand path curvature are influenced by extrinsic, intrinsic and attentional sources of performance variability during horizontal planar arm movements (Table 1). Subjects were to attend to hand motion either while the robot moved their hand passively through paths of pre-defined curvature or while the subject actively reached for the target as the robot forced the hand along similar curved paths. During robot-generated movements (the PASSIVE case), the imposed Y-axis motion had a bell-shaped speed profile (0.7-s duration), whereas the x-position was constrained to the perimeter of a circle passing through the two targets. The circle's radius  $r = l/\kappa$  determined the curvature  $\kappa$ , which ranged between  $0.0 \text{ m}^{-1}$  (straight) and  $8.0 \text{ m}^{-1}$  (unmistakably curved; Fig. 1b). For subject-generated movements (the ACTIVE case), subjects provided the motive force driving the hand toward the target in the y-direction, while the robot constrained hand position in the x-direction. Immediately upon target acquisition, the visual display was blanked and subjects indicated whether or not they felt the movement to be curved either using a two button yes/no response box (Experiments 1 and 2) or by verbal response (Experiment 3). Subjects were instructed to "Do the best you can using all information available to you." After responding, the robot moved the hand slowly back to the starting point.

Table 1 Experimental conditions

Experiment	Visual condition	Additional bias forces	Movement type	Tasks
Primary	CHAN NONE	NONE	ACTIVE PASSIVE	SINGLE
Control 1	NONE	+10 N ASSIST 0 N NULL -10 N RESIST	ACTIVE PASSIVE*	SINGLE
Control 2	CHAN NONE	NONE	PASSIVE	SINGLE DUAL

\* Seven of 11 subjects in Control Experiment 1 were tested on the passive condition

During this passive return (and only after active movements), subjects were provided visual feedback indicating whether the reach was too fast (<0.6 s duration), too slow (>0.8 s) or just right.

We used a dual-staircase algorithm (Cornsweet 1962; cf. Scheidt and Kertesz 1992) to adjust hand path curvature from trial to trial within a block of movements based on the subject's response in previous trials (Fig. 1c). This method maximizes sampling density about the minimum detectable curvature value (the detection threshold). On each trial, a curvature value was randomly selected from either an up- or a down-staircase. The down staircase began at  $\kappa = 8 \text{ m}^{-1}$  and decremented (step size =  $-1 \text{ m}^{-1}$ ) until the subject indicated they no longer detected curvature. The staircase then reversed and began incrementing at half the previous step size until another change in response occurred, whereupon the staircase reversed and the step size again halved. Curvature never decremented below  $0 \text{ m}^{-1}$  nor above  $8 \text{ m}^{-1}$  to avoid the singular condition wherein the diameter of mechanical constraint is less than the distance between beginning and end positions. A similar algorithm was implemented for the up staircase, which began at  $\kappa = 0$  and an initial step size  $= +1 \text{ m}^{-1}$ . A trial block was complete when both staircases reversed at least five times, which typically required  $\sim 40$  trials and  $\sim 10$  min. Subjects performed 3 trial blocks for each experimental condition described later.

Pilot studies found that detection thresholds obtained using the dual staircase method reported here were statistically indistinguishable from thresholds obtained using a two-alternative forced choice "method of constant stimuli" approach described by Gescheider (1997). This second approach quantifies response bias (a predisposition toward one or the other response options when in fact the subject is merely guessing), but more than quadruples the requisite number of movements per threshold evaluation, thus resulting in excessively long experimental sessions (>5 h). Our pilot data yielded no evidence for task-dependent response bias in subjects performing our task and so we reasoned that it would be acceptable to forego such information in favor of the staircase approach and shorter experimental sessions. Moreover, the impact of non-stationary response bias on our findings is minimal because treatment block order was randomized within subject and counterbalanced across subjects and because we only compared curvature detection thresholds across experimental treatments within subjects.

#### Primary experiment

Twenty subjects performed three blocks each of four trial types exploring how proprioceptive contributions to limb state estimation are influenced by task-relevant motor activity and the presence of visual feedback with minimal task-relevant variability. We tested all combinations of movement type (PASSIVE or ACTIVE) and visual feedback type (NONE or CHAN). Block order was randomized and counterbalanced across subjects. We predict that if proprioceptive feedback is attenuated by central events related to the planning and execution of reaching (cf. Williams and Chapman 2000; Ghez and Pisa 1972; Kakuda and Nagaoka 1998) or compromised by motor noise (Hamilton et al. 2004; Jones et al. 2002), curvature detection capabilities in passive movements should surpass those in active trials. Alternatively, if efference copy and an internal model supplement sensory feedback in estimating limb state (Miall et al. 1993; Wolpert et al. 1995a), detection capabilities in active trials should surpass those in passive trials. If proprioception is discounted when the variability of visual feedback is artificially minimized (cf. Scheidt et al. 2005) as predicted by maximum likelihood estimator models of sensory integration (Beers et al. 1999; Ernst and Banks 2002; Koerding and Wolpert 2004), detection performance should be compromised in CHAN relative to NONE trials. However, if subjects attend only to visual feedback during CHAN trials, then CHAN condition thresholds should encroach on the maximum tested value  $(8 \text{ m}^{-1}).$ 

# Control experiment 1

Eleven subjects performed three blocks each of three types of active arm movements to explore how kinetic task demands influence proprioceptive detection of hand path curvature. The three movement types differed in the amount of steady-state bias force generated by the robot along the +Y-axis: +10 N, -10 N, or 0 N (the NULL load; see also Wolpert et al. 1995a). Non-zero bias forces either ASSISTed (+10 N) or RESISTed (-10 N) motion. Bias forces were applied after the hand was robotically transported to the home target. The subject stabilized the hand at that position with veridical cursor feedback for 1.0 s. The cursor then disappeared and the goal target appeared cueing an ACTIVE movement. Bias forces were eliminated gradually (i.e., over a 250-ms interval) once the hand acquired the goal. As in Exp 1, curvature constraints were imposed during the reach. Subjects were presented with no visual feedback of hand position or trajectory during or after movement. Seven subjects performed additional PASSIVE blocks of trials to obtain comparison EMG data for this condition. Block presentation order was randomized and counterbalanced across subjects.

Because information from both shoulder and elbow joints is necessary to determine whether hand paths are straight, and because lengthening muscles contribute importantly to proprioceptive sense of movement (cf. Capaday and Cooke 1981), we would predict an increase in curvature detection threshold in just the ASSIST condition if the effect were due to reduced spindle fidelity resulting from signal-dependent motor noise. This is because opposition of the +10 N ASSIST bias force requires significant activation of elbow flexor BIC (which lengthens throughout the elbow extension movement studied here), whereas opposition of the -10 N RESIST and NULL bias forces mainly require activation of elbow extensor TRI (which shortens). In contrast, we would predict an equal increase in threshold in all active conditions if proprioceptive feedback were inhibited generally during movement due to central phenomena related to the planning and execution of movements (Voss et al. 2006, 2008; Williams and Chapman 2000; Ghez and Pisa 1972; Seki et al. 2003). Finally, we would predict a change in threshold in only the ASSIST and RESIST conditions if increased afferent feedback from cutaneous sources and tendon organ receptors modulates muscle spindle sensitivity (cf. Chapman et al. 1987), as also suggested by studies of reflex modulation in gait (cf. Nielsen 2004).

## Control experiment 2

Eleven subjects performed three blocks each of four trial types exploring the interaction between visual and proprioceptive feedback and the consequence of varying attentional demands during movement. Experimental treatments included all combinations of visual feedback type (NONE or CHAN) and the presence/absence of a secondary distractor task (DUAL or SINGLE). In each case, the robot moved the subject's dominant hand passively through paths of controlled curvature. In the SINGLE condition, subjects simply performed the passive curvature detection task described in the primary experiment. In DUAL trials, subjects also performed a continuous repetitive sequence of keyboarding movements using four fingers on the nondominant hand (little finger  $\rightarrow$  middle  $\rightarrow$  ring  $\rightarrow$  index; Fig 1d). This was to be done as accurately and as fluently as possible, with key presses performed in time with a metronome (120 beats per minute). Subjects practiced the secondary task before experimentation until comfortable. The secondary task was to be performed throughout the entire testing block asynchronous to the detection task. This facilitated assessment of the time-course of interference between tasks. Custom hardware recorded key press timing and mapped presses onto distinct audible tones that were used to assess accuracy and fluency. Subjects were encouraged to perform better whenever they made sequence errors. Five subjects from whom EMG recordings were collected also performed a block of active movements without visual feedback to facilitate comparison of relative muscle activity in the passive trial blocks. Block presentation order was randomized and counterbalanced across subjects.

If dividing attention increases the sensitivity of Ia spindles as suggested by microneurographic studies in relaxed humans (Ribot-Ciscar et al. 2000), DUAL task sensitivity to curvature should exceed SINGLE task sensitivity regardless of visual feedback condition. If, rather, the most important effect of dividing attention is to increase the variability of Ia spindle spike trains (also shown by Ribot-Ciscar et al. 2000), then optimization of multisensory integration (cf. Ghahramani 1995) predicts that the converse trend should be observed. If division of attention only interferes with complex secondary processes transforming perception into action, we expect a DUAL task increase in the variability of the subjects' responses but no effect on curvature detection sensitivity. A similar sized decrease in curvature detection performance in all cases involving either CHAN or DUAL conditions would suggest that the resolution of sensory discordance and contralateral sequencing compete for a common, limited, attentional resource (cf. Bonnel and Hafter 1998; Driver and Spence 1998).

# Data analysis

Hand paths were low-pass filtered using a second-order Butterworth filter with 20 Hz cutoff prior to computing hand velocities. An identical filter was applied to velocities before computing accelerations. We identified kinematic and kinetic movement features using an automated algorithm within the MATLAB computing environment (Mathworks, Inc., Natick, MA). Trials were aligned by movement onset  $t_0$  (i.e., when hand speed first exceeded 0.05 m/s). Movement termination  $t_t$  was when hand speed last exceeded 0.05 m/s. Each of the following features was verified visually and adjusted manually if necessary: the time  $t_s$  and magnitude of peak hand speed, the time  $t_a$  and magnitude of peak acceleration (within the interval  $t_0$  and  $t_{\rm s}$ ) and hand force magnitude in the x-y plane at  $t_0$ . Movement duration was the interval between  $t_0$  and  $t_t$ . Post-processing of EMGs included band-pass filtering from 30 to 300 Hz (4th-order Butterworth) followed by full-wave rectification and low-pass filtering at 20 Hz (4th-order Butterworth). For visualization purposes, the kinematic, kinetic and EMG time series were aligned by movement onset and averaged across trials within condition and subject.

Each trial block produced a set of data pairs { $\kappa_i$ ,  $\varphi_i$ } where  $\kappa_i$  is the curvature experienced on trial i and  $\varphi_i$  is the subject's decision whether the trajectory was curved ( $\varphi = 1$ ) or not ( $\varphi = 0$ ). A sigmoidal likelihood function (Eq. 1) was fit to the { $\kappa_i$ ,  $\varphi_i$ } data pooled across trial blocks within experimental condition for each subject:

$$\Pr(\varphi_{\kappa}) = \frac{e^{\alpha + \beta * \kappa}}{1 + e^{\alpha + \beta * \kappa}} \tag{1}$$

 $\alpha$  and  $\beta$  define the shape of this psychometric function, which we use to identify a pair of secondary performance measures. Curvature detection threshold ( $\kappa_t$ ) was defined as the value at which the function passed through 0.5 (i.e., where subjects would respond with equal probability that a trajectory was curved or straight). Response uncertainty (RU) quantifies indecision in response selection and was defined as the range of curvatures over which the subject demonstrated variable responses and was estimated as the difference in curvatures yielding likelihoods of 25 and 75%. RU values are low when the slope of the psychometric function is steep, whereas RU is high when the slope is shallow. As shown in the APPENDIX, the ratio of thresholds obtained in two experimental conditions reflects the subjective change in proprioceptive uncertainty ( $\%\Delta\sigma_{\rm prop}$ ) caused by one treatment relative to the other. In contrast, RU is a complex psychological construct likely to include other high-level noises (Kontsevich and Tyler 1999) distinct from those inducing changes in the subject's implicit evaluation of proprioceptive uncertainty.

We evaluated distractor task performance by computing the likelihood of keystroke events within each 50-ms bin spanning the interval  $\{-500 \text{ ms}, +1,500 \text{ ms}\}$  bounding movement onset. The likelihood was calculated for each subject within each trial block by dividing the keystroke bin counts (accumulated across all trials) by the number of keystrokes within that block. We computed sequence error rate by dividing the number of errors in each bin by the keystroke bin count. These raw error rates were then normalized by dividing by the overall sum of the individual bin rates to yield a measure of error event likelihood.

Statistical testing was performed using Minitab software (Minitab, Inc., State College, PA) to examine the impact of extrinsic, intrinsic and attentional sources of performance variability on the perception of hand path kinematics during reaching. General linear model repeated measures ANOVA were used to account for subject-dependent bias in  $\%\Delta\sigma_{\text{prop}}$  and RU when comparing these measures across experimental conditions. Tukey *t*-tests accounted for multiple comparisons. Effects were considered significant at  $\alpha = 0.05$ . Data values are reported as mean  $\pm 1$  SD. Figure error bars represent 95% confidence intervals of the mean.

# Results

Hand movements terminated within the goal and had smooth, unimodal speed profiles in all experiments (Figs. 2a, 3a, 4a; top). Across subjects, movement durations averaged 0.68 s–0.70 s for each condition in each



experiment, well within the desired range (0.6 s–0.8 s). Peak hand speed did not differ between conditions except in the primary experiment, where active movements were slightly faster than passive movements (peak speeds of  $0.38 \pm 0.05$  m/s vs.  $0.35 \pm 0.002$  m/s, respectively). This difference (less than 10%) was accentuated by the great regularity of robotically imposed movements. Because the full range of curvature values was presented in each trial block, this subtle difference in speed was unlikely of functional significance or able to explain differences in the curvature detection threshold and uncertainty we describe.

#### Primary experiment

As shown for a representative subject, hand forces during active movements were directed opposite those during ✓ Fig. 2 Results of Primary Experiment. a Average hand displacements (D), tangential velocities (V), accelerations (A), subjectgenerated Y-axis hand forces  $(F_y)$  and EMG activities in the triceps (TRI) and biceps (BIC) for active (red) and passive (black) trials in a representative subject. Horizontal calibration: 500 ms. Vertical calibration: D: 0.1 m; V: 0.2 m/s; A: 4 m/s<sup>2</sup>; Fy: 20 N; EMGs: 5% MVC. The dotted vertical line indicates movement onset. b Best-fit psychometric function (red) for a representative experimental condition in one subject. Black dots correspond to individual movement hand path assessments. The curvature detection threshold  $\kappa_t$  was estimated as the value at which the fitted psychometric function passed through P(Detection) = 0.5. The *red dots* correspond to the probability of "curved" response computed within narrow (0.5  $m^{-1}$ wide) curvature bins. Response uncertainty (RU, width of the gray band) yields an estimate of the subject's sensitivity to small changes in curvature around  $\kappa_t$ . See text for details. c Average curvature detection thresholds (large white circle) for all four combinations of movement type (ACTIVE: red; PASSIVE: black) and visual feedback type (CHAN: solid; NONE: open bars) in this experiment. Boxes correspond to the ranges spanned by the first and third quartiles of the dataset. Error bars indicate the 95% CI of the mean. The gray connected symbols indicate threshold values obtained from three selected individuals with very different mean values. d Average response uncertainties as in c

passive trials (red vs. black traces; Fig. 2a; bottom). Active movement required modest activation of the elbow extensor TRI and flexor BIC, whereas passive movements elicited little activity in either muscle. These patterns were characteristic of all four subjects from whom EMGs were collected. Figure 2b shows the psychometric function of Eq. 1 (red line) fit to the individual trial response data (black dots) for a representative trial block in one subject. Equation 1 provides a good fit to the response probability computed within narrow (0.5  $m^{-1}$  wide) curvature bins (red dots). All 20 subjects indicated that hand trajectories were straight when curvature values were low and movements to be curved when curvature was at its maximum value  $(8 \text{ m}^{-1})$ . Every subject had a range of curvature values over which their responses demonstrated uncertainty (RU gray band in Fig. 2b). We observed considerable subject-dependent bias both in detection threshold (shown for three selected subjects in Fig. 2c) and RU (individual data not shown). We used a two-way, repeated measures ANOVA to account for subject-dependent differences in mean performance and found that movement type (ACTIVE vs. PASSIVE:  $F_{(1,57)} = 5.66$ ; P = 0.021) and visual feedback type (CHAN vs. NONE:  $F_{(1,57)} = 36.86$ ; P < 0.0005) influenced curvature detection thresholds significantly. No interaction between the factors was found  $(F_{(1,57)} = 1.83; P = 0.181).$ 

Curvature detection thresholds were 42  $\pm$  55% higher in active movements ( $\kappa_t = 3.23 \pm 2.53 \text{ m}^{-1}$ ) than in the passive case (2.43  $\pm$  1.81 m<sup>-1</sup>; ratios computed on a persubject basis prior to computing summary statistics). Therefore, proprioceptive uncertainty increased in active relative to passive movements (i.e.,  $\%\Delta\sigma_{\text{prop}} = 42 \pm 55\%$ ). Thresholds were higher in trials performed with CHAN feedback than in trials performed without ongoing visual feedback ( $\kappa_t = 3.85 \pm 2.66 \text{ m}^{-1}$  vs.  $1.81 \pm 0.89 \text{ m}^{-1}$ ;  $\%\Delta\sigma_{\text{prop}} = 151 \pm 198\%$ ; Fig. 2c): minimizing trial-to-trial variability in visual feedback also reduced the influence of proprioception on the subject's internal estimate of limb state. Thresholds in the CHAN condition consistently encroached on the upper bound of curvature in only two of twenty subjects, providing little support for the idea that visual feedback was used to the exclusion of proprioception in the conscious evaluation of reach kinematics. Repeating the ANOVA after removing these subjects yielded similar results leading to identical conclusions.

A separate two-way, repeated measures ANOVA revealed systematic variation in response uncertainty with visual feedback type ( $F_{(1,57)} = 22.48$ ; P < 0.0005) but not movement type ( $F_{(1,57)} = 2.14$ ; P = 0.149; Fig. 2d). No interaction between the two factors was observed ( $F_{(1,57)} = 0.67$ ; P < 0.417). RU was greater in the CHAN condition than when visual feedback was eliminated entirely ( $2.99 \pm 1.69 \text{ m}^{-1}$  vs.  $1.66 \pm 0.54 \text{ m}^{-1}$ , respectively) and thus, subjects were less decisive in curvature evaluation when conflict between visual and proprioceptive feedback was introduced. Because active movements did not also lead to increased indecision, the two experimental factors impacted perception in dissimilar ways.

#### Control experiment 1

As shown for a representative individual, subjects readily stabilized the hand at the home position against the different bias forces (Fig. 3a). Hand force varied only modestly across time during static stabilization; the standard deviation of instantaneous force was less than 1.75 N in each case for each subject. The across-subject average hand force measured at  $t_0$  was  $-12.5 \pm 3.4$  N,  $-0.5 \pm$ 1.0 N and 11.9  $\pm$  1.2 N in the -10 N RESIST, 0 N NULL and +10 N ASSIST conditions, respectively. When the bias force opposed movement (Fig. 3, blue), TRI was activated both to overcome the load and to accelerate the hand toward the target. BIC activity increased modestly after TRI activity increased. During active reaching without bias force (Fig. 3, gray), much less TRI activity was required to accelerate the hand toward the target and BIC activity was present, but very modest (typically <3% MVC). When the bias force assisted movement (Fig. 3, red), BIC was activated to stabilize the hand at the home target, and movement was initiated by a reduction in BIC activity rather than by a phasic increase in TRI activity. EMG activity in both muscles was minimal during passive, robotically driven movements (Fig. 3, black). Similar activation patterns were observed in all subjects from whom EMGs were collected. We found no difference in



**Fig. 3** Results of Control Experiment 1. **a** Average hand displacements (*D*), tangential velocities (*V*), accelerations (*A*), subjectgenerated Y-axis hand forces ( $F_y$ ) and EMG activities in the triceps (*TRI*) and biceps (*BIC*) for robotic assistive +10 N bias force trials (*red*), resistive -10 N trials (*blue*), no bias force trials (0 N; *gray*) and passive trials (*black*) in a representative subject. Horizontal calibration: 500 ms. Vertical calibration: *D*: 0.1 m; V: 0.2 m/s; A: 4 m/s<sup>2</sup>;  $F_y$ : 20 N; EMGs: 5% MVC. The *dotted vertical line* indicates movement onset. **b** Average curvature detection thresholds (large *white circle*) for all trial types tested in this experiment. *Boxes* correspond to the ranges spanned by the first and third quartiles and the entire dataset. *Error bars* indicate the 95% CI of the mean. The *gray* connected symbols indicate threshold values obtained from three selected individuals. **c** Average response uncertainties as in **b** 

peak movement extent, speed or acceleration across conditions, and therefore feedback of peak speed was effective in promoting consistency across all active movement trial blocks.

Again, we observed subject-dependent bias (Fig. 3b, connected symbols). Detection threshold varied by trial condition (repeated measures ANOVA:  $F_{(3,26)} = 7.17$ , P = 0.002; Fig. 3b). Relative to the 0 N case ( $\kappa_t = 2.2 \pm 1.0 \text{ m}^{-1}$ ; Fig. 3b, gray), thresholds increased 79%  $\pm$  72% in the robotic +10 N ASSIST condition ( $\kappa_t = 3.3 \pm 1.9 \text{ m}^{-1}$ ; Fig. 3b, red), whereas there was no systematic increase or decrease in the -10 N RESIST condition ( $\kappa_t = 1.8 \pm 1.2 \text{ m}^{-1}$ ; Fig. 3b, blue). Thresholds in the 0 N active condition were modestly higher than

those in the passive case for control subjects ( $\kappa_t = 1.8 \pm 1.1 \text{ m}^{-1}$ ; Fig. 3b, black), consistent with the findings of the primary experiment. Response uncertainty did not vary systematically by trial type (a separate repeated measures ANOVA:  $F_{(3,26)} = 1.77$ , P = 0.182; Fig. 3c; grand average RU = 2.55  $\pm 1.12 \text{ m}^{-1}$ ).

# Control experiment 2

As shown for a representative subject, movement kinematics were dictated by the robot and were virtually identical in all the passive conditions examined (Fig. 4a, red and black traces). TRI activity peaked at  $\sim 5\%$  MVC on control block trials requiring subjects to provide motive force (Fig. 4a, blue trace). Passive motion of the hand induced minimal EMG in BIC and TRI. These patterns were characteristic of all five subjects from whom EMGs were collected.

The keyboarding and curvature detection tasks mutually interfered with one another in all but one subject (a piano player of 16 years, who was excluded from further analysis). Distractor task performance in DUAL trial blocks was negatively impacted by curvature detection throughout and after arm movement. The initial likelihood of a keystroke event  $(2.76\% \pm 0.21\%$  at  $t_0 - 300$  ms; Fig. 4b, black) began to decline at the onset of movement and reached a minimum shortly before target acquisition (2.13%  $\pm$ 0.36% at  $t_0 + 300$  ms; Fig. 4b, gray time windows). Sequence error rates were relatively low around time of peak acceleration (1.60%  $\pm$  0.24% at  $t_0$  + 150 ms) and increased to a peak value near the time of target acquisition  $(3.24\% \pm 0.44\%$  at  $t_0 + 650$  ms; Fig. 4b, red). Error rates remained high to the end of the 2.0 s data collection period, during which time the subject made a decision and communicated it to the investigator.

Again, subject-dependent bias contributed to the data set variability (thresholds for three selected subjects are shown in Fig. 4c). Curvature detection was influenced both by the distractor task (two-way repeated measures ANOVA:  $F_{(1,27)} = 9.81$ , P = 0.004) and by visual feedback type  $(F_{(1,27)} = 7.80, P = 0.005;$  Fig. 4c, open bars). There was no interaction between the two factors  $(F_{(1,27)} = 0.01)$ , P = 0.943). Thresholds in the DUAL case ( $\kappa_{\rm t} = 2.82 \pm$  $1.32 \text{ m}^{-1}$ ) exceeded those in the SINGLE case  $(\kappa_{\rm t} = 2.23 \pm 1.26 \text{ m}^{-1})$  by  $42 \pm 56\%$ . Thresholds in the CHAN feedback condition ( $\kappa_t = 2.83 \pm 1.32 \text{ m}^{-1}$ ) exceeded those observed in NONE condition ( $\kappa_t = 2.21 \pm$ 1.25 m<sup>-1</sup>) by 37  $\pm$  29%. The finding of simple main effects for the distractor task and visual feedback condition implies that the effects of the two factors are cumulative (not saturating) in the sense that each treatment leads to a similar change in psychophysical performance and that the



Fig. 4 Results of Control Experiment 2. a Average hand displacements (D), tangential velocities (V), accelerations (A), subjectgenerated Y-axis hand forces  $(F_y)$  and EMG activities in the triceps (TRI) and biceps (BIC) for passive trials performed under SINGLE (black) and DUAL (red) task conditions in a representative subject. Average traces for active (subject-generated) movements are also shown in *blue* for this subject. Horizontal calibration: 500 ms. Vertical calibration: D: 0.1 m; V: 0.2 m/s; A: 4 m/s<sup>2</sup>;  $F_y$ : 20 N; EMGs: 5% MVC. The dotted vertical line indicates movement onset. The dashed vertical line indicates the time of peak acceleration. b Frequency of distractor task keystroke (black) and error events (red) as a function of time relative to movement onset (dotted vertical line). Bin width = 50 ms. An individual subject's data is shown as thin dotted lines, and were compiled from the same subject whose movement data are shown in a, using the same time scale. Acrosssubject average values are shown as thick traces. c Average curvature detection thresholds (large white circle) for all four combinations of task type (DUAL/SINGLE) and visual feedback type (CHAN/NONE) in this Experiment. Boxes correspond to the ranges spanned by the first and third quartiles and the entire dataset. Error bars indicate the 95% CI of the mean. The gray connected symbols indicate threshold values obtained from three selected individuals. d Average response uncertainties as in c

combined effect is larger than either effect alone (Fig. 4c). Response uncertainty increased significantly with the introduction of the distractor task (two-way repeated measures ANOVA:  $F_{(1,27)} = 22.72$ , P < 0.0005; Dual:  $2.34 \pm 0.75 \text{ m}^{-1}$ , Single:  $1.46 \pm 0.41 \text{ m}^{-1}$ ) as well as with the introduction of CHAN feedback (CHAN:  $2.10 \pm 0.85 \text{ m}^{-1}$  vs. NONE:  $1.63 \pm 0.47 \text{ m}^{-1}$ ;  $F_{(1,27)} = 4.58$ , P = 0.042; Fig. 4d). Again, only simple main effects were observed (no interaction between factors:  $F_{(1,27)} = 2.73$ , P = 0.111).

# Discussion

This study found that proprioceptive contributions to perception of hand path curvature are highly context-sensitive during reaching, being modulated by factors that degrade the integrity of muscle spindle transduction in the motor periphery as well as by factors that influence the central integration of multisensory information. Specifically, the primary and first control experiments found that in reaching, proprioceptive contributions to limb state estimation are sensitive to limb loading in a way consistent with the corruption of muscle spindle afference by efferent motor noise (Cordo et al. 1996). The primary experiment also found that minimization of task-relevant variability in the visual feedback reduces the relative importance of proprioception in limb state estimation during movement, supporting the idea that multimodal sensory information is combined so as to minimize uncertainty in the overall perceived limb state (Ghahramani 1995). The second control experiment found the effects of dual tasking and the visual channel to be cumulative-not saturating-and that each treatment alone leads to similar reductions in proprioceptive contributions to limb state estimation during goal-directed reaching.

#### Motor influences on proprioceptive uncertainty

Rectilinearity of hand path depends on the amplitude and timing of motion at both the shoulder and elbow (Sainburg et al. 1995; Scheidt and Rymer 2000). Without vision, the brain must integrate proprioceptive information from both joints to assess whether hand movements are straight. In the primary experiments, curvature thresholds increased 42% when subjects actively moved the limb as opposed to when the robot moved it. As developed in the Appendix (Eq. 3), this corresponds to a 42% change in proprioceptive uncertainty caused by active movement. This trend is opposite that expected if efference copy and a forward model were to augment proprioception in the perception of limb state (Wolpert et al. 1995a; Miall et al. 1993; cf. Gritsenko et al. 2007). Any contribution of efference copy

to limb state estimation must therefore have been dominated by other factors in our experiments.

The ACTIVE/PASSIVE contrast effect in the primary experiment was not likely due to a general inhibition of proprioceptive input related to central planning and/or execution of active movement (cf. Voss et al. 2006, 2008; Ghez and Pisa 1972; Soso and Fetz 1980; Williams and Chapman 2000; Hultborn 2001; Seki et al. 2003). This is because we observed a dramatic asymmetry of effect in the first control experiment, which required active generation of movement against three different environmental bias forces. Although subjects typically activate the elbow flexor BIC a modest amount in active, unloaded elbow extension movements (cf. Figs. 2a, 3a), thresholds increased an additional 79% when the environment required significant activation of lengthening muscle (the ASSIST case). Because a similar increase was not found when the task required strong activation of shortening muscles (the RESIST case), the increase in proprioceptive uncertainty due to activation of stretching muscles substantially exceeds the potential influence of general inhibition on proprioceptive input to limb state estimation during movement.

Because the RESIST condition failed to cause an increase in threshold in the first control experiment, the ASSIST effect was not due to elevated cutaneous or Golgi tendon organ mechanoreceptor activity (cf. Chapman et al. 1987; Nielsen 2004), which were undoubtedly elevated in both cases. Neither was the effect dependent on the direction of hand force, because forces experienced in passive movements (low thresholds) and ASSIST trials (high thresholds) were in the same direction. Similarly, the observed asymmetry of effect in the RESIST and ASSIST conditions precludes the possibility that the findings were due to a potential conflict between realized and expected sensory feedback driven by efference copy (and therefore expected to be present in all active conditions but not in the passive case). Instead, the increased proprioceptive uncertainty evident in the ACTIVE condition (primary experiment) and the ASSIST condition (first control experiment) likely reflect the influence of peripheral phenomena acting to increase variability in the proprioceptive signal itself. Muscle spindles are susceptible to output variability in both  $\alpha$ - and  $\gamma$ -motorneuron systems (cf. Cordo et al. 1996), and so it is reasonable that increasing neural drive to lengthening muscles should increase variability in the transformation between muscle kinematics and afferent spike trains. This finding has relevance beyond mere perception of limb state (as studied here) because factors that degrade or otherwise change the transduction characteristics of muscle spindles must also influence other important sensorimotor behaviors that depend on limb state information (e.g., motor planning and motor adaptation).

#### Multi-task interference and its impact on perception

The contralateral hand key-pressing task and the visual channel both caused an increase in curvature detection threshold and response uncertainty. Both treatments likely shifted attention away from curvature detection, thereby distracting subjects from the task at hand. Distractions can have a profound impact on peripheral transmission of proprioceptive information, which may explain the detrimental effect on detection threshold. In a microneurographic study by Ribot-Ciscar et al. (2000), subjects relaxed as a pedal rotated the left ankle while microelectrodes sampled muscle spindle afferents from the peroneal nerve. After baseline recordings, subjects were to perform either mental calculations (e.g., addition of all odd numbers from 0 to 15) or to clench both fists. Both tasks required redirection of attention from the moving foot, and this increased both the sensitivity and baseline variability of type Ia muscle spindle firing rates in response to passive muscle stretch. If the CHAN and DUAL task treatments were to increase sensitivity and variability of spindle firing as in Ribot-Ciscar et al. (2000), increased thresholds as observed in Control Experiment 2 suggest that the variability effect was more influential in modulating proprioceptive contributions to limb state estimation for perception because the putative increase in Ia spindle sensitivity did not suffice to maintain single-task performance. It is worth noting that prior studies found both treatments (the visual channel and diversion of attention) to reduce the rate and extent of motor adaptation (Scheidt et al. 2005 and Taylor and Thoroughman 2006, respectively), and thus these experimental manipulations may have a common influence on both conscious perception and implicit motor learning.

It is also possible that the DUAL and CHAN treatments have additional effects distinct from those previously reported for motor learning (cf. Wong and Henriques 2009). Separate neural pathways project proprioceptive information to cerebral cortex (the dorsal column-medial lemniscal system) and the cerebellum (the cuneocerebellar tract), and thus different neural systems may be involved in multisensory integration for conscious perception and for the (unconscious) adaptive control of limb motion (cf. Rowland 1985). The primary and second control experiment found that the visual channel had the effect of making subjects less decisive in their responses (the RU range increased). Response uncertainty is thought to reflect indecision in the high-level transformation between percept and action (Kontsevich and Tyler 1999). Results from the motion contrasts (primary and first control experiments) show it is possible to have an increase in proprioceptive uncertainty without an increase in RU and thus the two effects are at least partly independent. Because threshold and RU increased when subjects were required either to resolve an unusual sensory discordance (CHAN) or to simultaneously perform a distracting motor task with the contralateral hand (DUAL), and because threshold and RU increased further still when the treatments were combined, performance was not limited by a "bottleneck" in the allocation of attentional resources for these two treatments (cf. Bonnel and Hafter 1998; Driver and Spence 1998; Treisman and Gelade 1980). We did, however, observe mutual, dual-task interference in that the key press task caused threshold and RU to increase in the curvature detection task (Fig. 4c), whereas key press error rate increased after movement onset and remained high throughout the decision interval (Fig. 4b). These findings implicate central mechanisms of interference because the influence of peripheral events compromising proprioceptive reliability would not likely persist after movement ceased. Future studies testing perception and motor adaptation in the same subjects may be able to identify those factors contributing to proprioceptive uncertainty common to perception and action as well as factors specific to each function.

Optimality of multisensory limb state estimation and its implications

The computational problems that pertain to limb state estimation for perception also pertain to motor control and learning. Studies of motor adaptation to rotation, scaling and other distortions of visual feedback find that people readily adapt their reaches so that endpoint motions appear straight and smooth (Wolpert et al. 1994, 1995b; Flanagan and Rao 1995; Pine et al. 1996; Krakauer et al. 2000; Dingwell et al. 2002). While this compellingly shows that vision also contributes importantly to limb state estimation (Sober and Sabes 2003; Gritsenko et al. 2007), the mechanisms by which multisensory information is combined during reaching are incompletely understood. Vision and the mechanoreceptors contributing to proprioception have different intrinsic encoding and spatiotemporal filtering properties that make them preferentially sensitive to different aspects of motor performance (Beers et al. 1996, 1999; cf. Wolpert et al. 1995b). Vision encodes reach target location in egocentric coordinates (Admiraal et al. 2003; Crawford et al. 2004; Flanders and Soechting 1990; McIntyre et al. 1997; Soechting and Flanders 1989; Vetter et al. 1999; van den Dobbelsteen et al. 2004), whereas proprioceptors inherently encode the length and rate of lengthening of stretched muscles (Cordo et al. 1994; Matthews 1963; Soechting and Flanders 1989; Tillery et al. 1991), muscle force (Matthews 1933; Houk and Henneman 1967), as well as deformations and vibrations of the dermis and hair (see Prochazka 1996 for a review). The different information sources also have different intrinsic feedback delays (cf. Miall et al. 1985; Poladia et al. 2008; Rack 1981), so there will always be "disagreement" between visual and proprioceptive feedback of limb position and movement. Such differences invariably lead to uncertainty in the limb state estimate. Early investigators proposed that people resolve visuo-proprioceptive conflict by ignoring proprioception in favor of visual cues (cf. Gibson 1933; cf. Welch 1978). If we assume that vision typically provides a more reliable estimate of limb state than proprioception, the experimental results are also consistent with models of optimal multisensory integration wherein the relative contributions of the different afferent channels are adjusted so as to favor reliable sensory modes and penalize less reliable ones (cf. Beers et al. 1996; Ghahramani et al. 1997; Ernst and Banks 2002; Koerding and Wolpert 2004; Koerding et al. 2007).

Although proprioception alone contributed directly to curvature detection in these experiments, the visual channel had the indirect effect of increasing the effective proprioceptive uncertainty ( $\%\Delta\sigma_{\text{prop}}$ ) in both the primary and second control experiments. The visual channel provides feedback that is correlated in time with the ongoing movement but devoid of information related to actual hand path curvature and the component of path variability orthogonal to the straight-line reach. If subjects had ignored proprioception, they should have said that nearly all movements were straight. Only two of 20 subjects did so, providing little support for the idea that vision was used to the exclusion of proprioception. Rather, curvature detection thresholds almost always assumed some intermediate value in the channel. So, while multimodal sensory information may be combined to minimize uncertainty in the overall perceived limb state, this optimization appears subject to the constraint that all information sources are treated with at least a modicum of disbelief.

Finally, our findings suggest an alternative way to think about motor performance optimization. When subjects learn to reach in the presence of novel force fields at the hand, they initially rely on muscle co-contraction to stabilize interaction with the environment (Milner and Cloutier 1993; Franklin et al. 2003; Gribble et al. 2003). They gradually learn to anticipate the hand forces required to recover a straight-line reach in the perturbing environment while reducing cocontraction (Takahashi et al. 2001; Franklin et al. 2003). One explanation commonly provided for reduction in co-contraction is that excessive muscle activation is energetically inefficient (e.g., the "wasted contraction" of Thoroughman and Shadmehr 1999), with the implicit assumption that subjects optimize the energetics of movement (Nelson 1983). We suggest instead that reducing co-contraction would improve the quality of proprioceptive feedback, thereby facilitating the evaluation of kinematic performance.

This idea is synergistic with the hypothesis that the CNS modulates descending fusimotor output to increase information transmission within Ia afferents (Bergenheim et al. 1995). Although optimizing either muscle energetics or proprioceptive signal quality would lead to a reduction of co-contraction, there are no clear physiological mechanisms for transducing a measure of "excessive" muscle activity, whereas the quality of feedback could be assessed by evaluating the extent to which spindle responses correlate with other sensory estimates of task performance provided by visual feedback or predicted using efference copy and a forward model of the limb and its sensory organs (cf. Nelson 1996). Maximization of mutual information between sensory (and predictive) information streams may provide a compelling driving force for motor adaptation that could account for the apparent minimizations of effort, co-contraction or other "energetic" costs of control.

Clinical observations of motor control following hemiparetic stroke often observe abnormal muscle synergy patterns that result in a dramatic increase in agonist/ antagonist muscle co-contractions (Dewald et al. 1995), even in subjects with "intact" proprioceptive sense (Scheidt and Stoeckmann 2007; Stoeckmann et al. 2009). The results of Exp 2 suggest that persistent muscle activations would degrade the quality of proprioceptive feedback, and thus, adaptive re-weighting of sensory information would lead to further dependence on reliable visual feedback for control and learning of movement. Because of lengthy delays associated with visual processing, hemiparetic subjects may increasingly resort to cocontraction to stabilize the hand during uncertain and potentially unstable interactions with the environment. This would further marginalize the value of residual proprioceptive function while reinforcing reliance on abnormal cocontraction. Thus, abnormal muscle activation synergies and the agonist/antagonist co-contractions they give rise to may represent a fundamental barrier to optimal sensorimotor integration and the effective re-learning of normal and/or compensatory motor commands post-stroke.

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# Appendix: The ideal observer and decision process model

In the experiments described here, proprioception alone is informative of whether the hand path is actually straight or curved. Each movement produces proprioceptive signals providing information the subject uses to classify his or her percept. We model the percept as a point on an underlying continuous dimension with units of curvature  $[m^{-1}]$  (the discrimination axis; Fig. 5, top). We assume that sensation is imperfect and influenced by noises that are Gaussian with zero mean. By definition, the evidence provided by curved trials is, on average, greater than that provided by straight trials. Figure 5 (top) shows two distribution functions indicating the likelihood of evidence under the two alternatives (curved: C, red; straight: S, black). The subject's task is to decide which distribution the evidence was drawn from. We assume that subjects are stationary in their understanding of "straight" and therefore align the mean of the S distribution with the origin. It seems reasonable to expect that the same noises affect proprioceptive cues regardless of path. We therefore model the task as an equal-variance Gaussian signal discrimination process (Wickens 2002) wherein  $\sigma_{\rm C}^2 = \sigma_{\rm S}^2$ . Finally, we allow that the magnitude of noises influencing perception may vary across experimental treatments.

An ideal observer chooses the distribution (S or C) from which a sensation originated based on whether the ratio of evidence for the two alternatives exceeds some critical criterion value (cf. Green and Swets 1966). Under an equal-variance Gaussian model, the criterion corresponds to a distance from the origin (measured in units of standard deviations) above which the presence of signal is indicated reliably. When fit to experimental data, Eq. 1 (Fig. 5 top,



**Fig. 5** The equal-variance Gaussian model of curvature discrimination used in this study. *Top* the nominal case where proprioceptive signals providing evidence for curvature (*red*, 'C') exceed those supporting a 'straight' response (*black*, 'S') by an unknown critical proportion at detection threshold,  $\kappa_t$ . *Bottom* Applying the same criterion to the case where inherent variability has increased by the same amount in both *C*\* and *S*\* distributions results in an increase in  $\kappa_t$  (i.e., the ratio of red:black shaded areas is the same for both sets of curves)

dashed trace) provides an estimate of  $\kappa_t$ , the value above which movements are identified as curved. The likelihood ratio that defines criterion depends on the unknown variability of the S and C curves, and so the actual criterion is unknown. However, as there is no a priori reason to prefer signal or noise responses, we assume that criterion does not change from one trial block to the next (i.e., the subject does not need more evidence for the presence of curvature in one case over another). As shown below, a change in the underlying distribution variance will shift  $\kappa_t$  proportionally (Fig. 5, bottom), allowing a comparison of relative impact of experimental treatment on the inherent variability of proprioceptive contribution to limb state estimation.

Signal detection theory provides a measure of signal discriminability (d') relating pairs of distributions as in Fig. 5. d' is 0 when the distributions are identical and large when widely separated. For the equal-variance model (Wickens 2002):

$$d' = \frac{\mu_{\rm c}}{\sigma_{\rm s}}.$$
 (2)

 $\mu_{\rm C}$  corresponds to the expected value of evidence observed when the hand path is curved and  $\sigma_{\rm S}^2$  is the variance of noises influencing the proprioceptive estimate of limb state. d' is determined only by the signal strength and the subject's receptivity to that signal; it is not influenced by subjective decision criteria (Green and Swets 1966; Wickens 2002). Because of this invariance, we equate the value of d' across experimental conditions. Under the stationary criterion assumption, we estimate  $\mu_{\rm C}$  as the value  $\kappa_{t}$  for each experimental condition because this is the stimulus intensity sufficient for the signal-to-noise likelihood ratio to just exceed criterion. Using this decision process model, it is easy to show that changes in threshold reflect changes in how subjects use proprioceptive information to detect curvature; the effective change in the subject's internal estimate of the variability of proprioception (% $\Delta \sigma_{prop}$ ) caused by a treatment relative to the variability observed without the treatment is proportional to the ratio of thresholds obtained in the two cases:

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