# ORIGINAL PAPER

# **Preservation of iced refrigerated sea bream (***Sparus aurata***) by irradiation: microbiological, chemical and sensory attributes**

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**Abstract** Quality and shelf life of non-irradiated and irradiated (2.5 and 5 kGy) sea bream in ice conditions and stored at  $+4$  °C were investigated by measurement of microbiological, chemical and sensory analysis. Microbial counts for non-irradiated sea bream samples were higher than respective irradiated fish. Total volatile base nitrogen (TVB-N) values increased value of 38.64 mg/100 g for non-irradiated, sea bream during iced storage whereas for irradiated fish lower values of 13.48 and 12.06 mg/100 g were recorded at 2.5 and 5 kGy, respectively (day 19). Trimethylamine (TMA-N) values and thiobarbituric acid (TBA) values for irradiated samples were lower than non-irradiated samples. Acceptability scores for odour, taste and texture of cooked decreased with storage time. The sensory scores of sea bream stored in control and 2.5–5 kGy at  $+4 °C$  were 13 and 15 days, respectively. The results obtained from this study showed that the shelf life of sea bream stored in ice, as determined by overall acceptability all data, is 13 days for non-irradiated sea bream and 15 days for 2.5 kGy irradiated and 17 days for 5 kGy irradiated sea bream.

**Keywords** Sea bream . Irradiation . Ice storage . Refrigeration . Shelf life . Quality changes

# **Introduction**

Gamma irradiation has been employed for decontamination and/or sterilization of dehydrated vegetables, fruits [\[1,](#page-7-0) [2\]](#page-7-1)

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seasonings  $[3]$ , and animal foods  $[4-8]$  $[4-8]$  and then to prolong the storage period of irradiated food. There is ample published evidence showing the enormous potential of this method for extending shelf life of chicken meat by eliminating certain spoilage and pathogenic organisms [\[9,](#page-7-5) [10\]](#page-7-6). Irradiation of food up to an overall dose of 10 kGy is accepted in several countries for commercial food processing [\[11\]](#page-7-7). Many researchers recognized and reported that gamma irradiation in low doses, below 10 kGy; kill most organisms without deterioration of food quality [\[12\]](#page-7-8). Application of gamma-radiation up to a dose level of 10 kGy can be used to eliminate or greatly reduce the numbers of food spoilage micro-organisms as well as food-borne pathogens in food products without compromising the nutritional or sensory quality [\[10,](#page-7-6) [13–](#page-7-9)[16\]](#page-7-10). A combination of hurdles can ensure stability, microbial safety, and sensory quality of food [\[9\]](#page-7-5). The most important hurdles used in food preservation are temperature (high or low), water activity (aw), acidity, redox potential, preservatives, and irradiation [\[17\]](#page-7-11). Effect of irradiation on shelf life of pork and chicken [\[12,](#page-7-8) [18\]](#page-7-12), poultry [\[19\]](#page-7-13), beef jerky [\[20\]](#page-7-14), and semi-dried seafood [\[4\]](#page-7-3) has been reported.

The effect of gamma-radiation (2.5 and 5 kGy) and postirradiation ice storage on sea bream (*Sparus aurata*) muscle microbiological, chemical and sensory characteristics was studied using analysis.

# **Fish samples and storage conditions**

For preparation of the samples and storage conditions, aquacultured fresh sea bream (*Sparus aurata*) were cultivated in net cages in a Turkish fish farm (PINAR Company) and harvested during the period of May 2005. Thirty kilograms of samples were used for the experiment. The fish

were slaughtered by immersing in ice-cold water (hypothermia) and delivered to the laboratory (whole) within 12 h of harvesting, packed in separate insulated polystyrene boxes with ice. Whole ungutted fishes were divided into three lots; control samples (0 kGy) and the irradiated batches 2.5 kGy and 5 kGy were kept iced in an industrial refrigerator with controlled temperature  $(4 \pm 1 \degree C)$  and the ice replenished when necessary. The ice samples were placed in plastic film bags packaged by vacuum packaging machine (Henkovac model E-173, vacuum-packaging machine, Switzerland). Fish samples were delivered to the irradiation plant in insulated polystyrene boxes with ice within 1.5 h of harvesting.

# **Irradiation**

Samples were irradiated at the GAMMAPAK Company, Çerkezköy, Tekirdağ, Turkey using a <sup>60</sup>Cobalt radiation source (MDS, Nordion, Canada). The applied doses in this study were 2.5 and 5.0 kGy. To minimize variations in radiation-dose absorption, the boxes were turned 180 ◦ halfway through the irradiation process of each experiment. Exposure time was 120 and 240 min. The absorbed dose was monitored by polymethyl methacrylate dosimeters (Harwell Amber Perspex dosimeter, Batch R Type 3042 Range 1– 30 kGy, UK). The absorbance signal was measured using a Camspec M 201 UV spectrophotometer at 640 nm. The treatment was performed at 2–4 ◦C for sample temperature at the beginning and 18–20 ◦C for internal temperature of the facility. Fish samples were maintained at  $2 \pm 1$  °C during irradiation by using ice covering the samples. After irradiation, the fish were transported to the laboratory in ice via insulated polystyrene boxes, within 1.5 h, and maintained at  $4 \pm 1$  °C until microbiological, chemical and sensory analyses were conducted.

#### **Microbiological analysis**

## Sample preparation

Sea bream flesh (25 g) obtained from each fillet, were transferred aseptically to a Stomacher bag (Seward Medical, London, UK) containing 225 ml of 0.1% peptone water (Merck, Cat No.: 107228) and homogenized for 60 s using a Lab Blender 400, Stomacher at high speed, (Stomacher, IUL Instrument, Spain). Microbiological media and enumeration for microbial enumeration 0.1 ml samples of serial dilutions (1:10, diluent, 0.1% peptone water) of fish homogenates were spread on the surface of dry media. Total viable counts were determined using plate count agar (PCA, Merck, Cat No.: 105463) after incubation for 24–48 h at 37 ◦C. Plate count agar was used for psychrotrophic bacteria and incubated at 7 ◦C for 10 days [\[21\]](#page-7-15). Pseudomonads were enumerated on cetrimite agar (Merck, Cat No.: 105284) incubated at 37 ◦C for 2 days; H2S-producing bacteria (including *Shewanella putrefaciens*) were determined on Iron agar (Peptone from casein 5 g; yeast extract 2.5 g; glucose 1 g; agar-agar 14 g, 0.3 g iron(III) citrate; 0.48 g sodium thiosulphate, 3 g NaCl)) after incubation 25 ◦C, 2–3 days. VRGB agar (Merck, Cat No.: 110275) was used for *Enterobacteriaceae* and incubated 37  $°C$ , 1 day  $[22, 23]$  $[22, 23]$  $[22, 23]$ . Results are expressed as a logarithm of colony forming units (log CFU) per gram of sample.

#### **Chemical analysis**

Proximate composition: The fish samples were analysed in triplicate for proximate composition: lipid content of sea bream by Weilmeier and Regenstein [\[24\]](#page-7-18) method, moisture content by Mattissek et al. [\[25\]](#page-7-19) method, the ash content by AOAC [\[26\]](#page-7-20) method, total crude protein by Kjeldhal method [\[27\]](#page-7-21), and carbohydrate content of fish by the Merrill and Watt [\[28\]](#page-7-22) method. pH was determined at room temperature on homogenates of filleted muscle in distilled water (1/10 w/w) [\[29\]](#page-7-23). pH was monitored using a WTW-pH-Meter (ino Lab pH Level 1 model, Weilheim, Germany). Total volatile base nitrogen (TVB-N) was determined according to the method of Antonacopoulos and Vyncke [\[30\]](#page-7-24). Trimethylamine (TMA) analysis was carried out according to the method proposed by AOAC [\[31\]](#page-7-25). Thiobarbituric acid (TBA) was determined according to the method proposed by Weilmeier and Regenstein [\[24\]](#page-7-18).

#### **Sensory assessment**

Sensory evaluation of raw fish: Five experienced panellists analysed fish at days 1, 3, 5, 7, 9, 11, 13, 15, 17 and 19 according to EU fish sensory schema for whitefish [\[32\]](#page-7-26), and for the EU scheme. The mean points of each panellist were calculated and the fish were classified according to the following correspondence between points and quality bands: Extra Quality  $E \ge 2.7$ ; A Quality  $2.0 \le A < 2.7$ ; B Quality  $1.0 \leq B < 2.0$ ; Unacceptable C < 1.0 [\[33\]](#page-7-27).

Sensory analysis of cooked fish: The attributes of cooked fish (filleted) were evaluated by a panel of five experienced judges on each day of sampling. Fish samples (200 g of fish fillets) were cooked individually in a microwave oven at full power (600 W), for 5 min including defrosting time and immediately presented to the panellists. Panellists were laboratory trained. Sensory evaluation was conducted in individual booths under controlled conditions of light, temperature and humidity. Panellists were asked to score odour, taste, and texture of fish using a  $10-9$  = excellent,  $8.9-8$  = very good,  $7.9-6 =$  good,  $5.9-4 =$  sufficient,  $4 =$  limit of acceptable,  $\lt 4$  = unacceptable [\[34\]](#page-7-28).

# **Statistical analysis**

Significant differences between the samples were calculated by Excel XP 2003 by one-way analysis of variance (ANOVA) using a significance level of  $p < 0.05$  by Tukey's test [\[35\]](#page-7-29).

# **Results and discussion**

#### Microbiological analysis

The shelf life of fresh fish is limited by the growth and biochemical activities of Gram-negative, psychrotrophic strains of *Pseudomonas*, *Achromabacter*, *Flavobacterium* and *Moraxellla* species in the presence of atmospheric  $O_2$ [\[36\]](#page-7-30). Initial bacterial population and packaging materials are important factors affecting shelf life of fish in packages. The microbiological condition of fish muscle is directly related to fishing ground and environmental factors [\[37\]](#page-7-31). The present study focused on the monitoring of the following species of micro-organisms: psychrotrophic bacteria count, mesophilic aerobic bacteria count,  $H_2S$ -producing bacteria count, *Enterobacteriaceae* and *Pseudomonad*s (Fig. [1A](#page-3-0)–E). Initial psychrotrophic bacteria counts of non-irradiated and irradiated sea bream were 4.7 log cfu/g, respectively (day 0). Psychrotrophic counts reached 6.2 log cfu/g for nonirradiated samples after 13 days of storage. On day 13 of storage, psychrotrophic bacteria counts of irradiated sea bream were < 4 log cfu/g, respectively. Irradiated fish samples increased after 19 days of storage in ice demonstrated populations of ca. 7.4 and 7.2 log cfu/g, respectively. Nonirradiated and irradiated (2.5 and 5 kGy) samples stored under ice conditions psychrotrophic bacteria counts exceeded the value of 6 log cfu/g), considered as the upper acceptability limit for marine species [\[38\]](#page-7-32), on 13, 15 and 17 storage day at  $+4$  °C.

The initial mesophilic aerobic bacteria count of sea bream was ca 4 log cfu/g (day 0). Total viable count exceeded the value of 7 log cfu/g, which is considered as the upper acceptability limit for freshwater and marine species as defined by ICMSF [\[39\]](#page-7-33), on day 17 (non-irradiated sea bream samples). Non-irradiated and 2.5–5 kGy irradiated sea bream samples did not reach this value throughout the 19-day storage period. After 19 days of storage, the 5 kGy irradiated samples and 2.5 kGy irradiated sea bream had a significantly lower  $(p < 0.05)$  mesophilic aerobic bacteria count than the control samples. Jeevanandam et al. [\[40\]](#page-7-34) reported that initial total

viable count of non-irradiated and irradiated (1 and 2 kGy) sea bream 4.64, 3.36, and 2.75 log cfu/g reached the counts of 8 log cfu/g at day 20 in non-irradiated samples, at day 30 for irradiated group samples. Savvaidis et al. [\[41\]](#page-7-35) reported counts of 7 log cfu/g for vacuum-packed trout after 9, 14 and 24 days for non-irradiated and irradiated samples at 0, 0.5 and 2 kGy, respectively. Total mesophilic counts for salted vacuum-packed, refrigerated control and irradiated sea bream reached an average value of 7 log cfu/g after 14 days (0 kGy), 23 days (1 kGy) and 40 days (3 kGy) days as reported by Chouliara et al. [\[42\]](#page-7-36). Irradiation doses ranging from 1 to 3 kGy have been suggested for shelf-life extension of fresh fish [\[43](#page-7-37)[–45\]](#page-7-38). van Cleemput et al. [\[46\]](#page-7-39), Chen et al. [\[47\]](#page-7-40), Ouattara et al. [\[48\]](#page-7-41), and Mendes et al. [\[49\]](#page-7-42) reported that mesophilic bacteria count of irradiated shrimp, crab and fish are lower than those in non-irradiated samples during the storage at  $4 \degree C$ . Chouliara et al. [\[50\]](#page-7-43) found initial aerobes bacterial counts as 5.4, 2, and 4 log cfu/g in vacuum-packed non-irradiated and irradiated (1 and 3 kGy) sea bream. They also stated that the aerobes bacterial counts increased to value of 7 log cfu/g in control samples in 9 days, 1 kGy irradiated samples in 18 days and 3 kGy irradiated samples in 26 days.

Initial  $H_2S$ -producing bacteria count was ca. 4.4 log cfu/g, while a count of 7 log cfu/g was exceeded on day 9 (nonirradiated samples). The irradiated sea bream samples reach this value throughout the 17- and 19-day storage period. Of the bacteria examined in the present study,  $H_2S$ -producing bacteria (typical *Shwanella putrefaciens*) and *Pseudomonas* spp constituted a large proportion of the microflora of sea bream fillets in agreement with the findings of Koutsoumanis and Nychas [\[51\]](#page-7-44); Savvaidis et al. [\[41\]](#page-7-35); Papadopoulos et al. [\[52\]](#page-7-45) for fresh fish stored aerobically, under vacuum and ice under refrigeration, respectively.

*Pseudomonas* spp. count of non-irradiated sea bream reached 6 log cfu/g after 19 days (limit of acceptability), respectively. After 19 days of storage, irradiation (2.5 and 5 kGy) reduced the *Pseudomonas* spp. from 5.2 and 4.7 log cfu/g by almost 1 and 2 log cycles ( $p < 0.05$ ) respectively. H2S-producing bacteria (including *S. putrefaciens*) were also a dominant bacterial species in fish spoilage. This is in agreement with the elimination of  $H_2S$ -producing bacteria in freshwater and marine fish (tilapia and Spanish mackerel) at a dose of 1.5 kGy [\[13\]](#page-7-9). Chouliara et al. [\[50\]](#page-7-43) also reported that 3 kGy dose was effective in eliminating the growth of H2S-producing bacteria and *Pseudomonas* spp. in vacuum-packed sea bream for 9 days under refrigerated storage.

The initial *Enterobacteriaceae* count of < 4 log cfu/g increased to 5.6, 4.6, and 5.5 log cfu/g after 19 days of storage control and irradiated samples. The contribution of *Enterobacteriaceae* to the microflora of fish and its spoilage potential must be taken into consideration especially in the case of polluted water or delay in chilling after catch [\[42\]](#page-7-36).

<span id="page-3-0"></span>

**Fig. 1** Changes in psychrotrophic counts **A** mesophilic counts **B** H2S-producing bacteria **C** *Pseudomonas* spp. **D** *Enterobacteriaceae* **E** of non-irradiated (C) and irradiated (2.5 and 5 kGy) sea bream stored in ice

Chemical analysis

Increases in pH indicate the accumulation of alkaline compounds, such as ammonia compounds and TMA, mainly derived from microbial action [\[53\]](#page-7-46). The pH of live fish muscle is close to the value 7.0. However, post-mortem pH can vary from 6.0 to 7.1 depending on season, species and other factors [\[54\]](#page-7-47). In our work regarding pH, statistically significant differences  $(p < 0.05)$  were determined between groups control, irradiated sample (2.5 and 5 kGy) at the end of the storage period. pH values of groups non-irradiated and irradiated were 6.69 at the beginning and 7.14, 6.91 and

<span id="page-4-0"></span>

**Fig. 2** Changes in pH values of non-irradiated (C) and irradiated (2.5 and 5 kGy) sea bream stored in ice

6.88 at the end of the storage period (19 days), respectively (Fig. [2\)](#page-4-0). The pH increases are in agreement with the findings of Kyrana et al. [\[55\]](#page-7-48), Kyrana und Lougovois [\[56\]](#page-7-49), Masyinom et al. [\[57\]](#page-8-0), Tejada and Huidobro [\[58\]](#page-8-1), Papadopoulus et al. [\[52\]](#page-7-45), Grigorakis et al. [\[59\]](#page-8-2), and Taliadourou et al. [\[60\]](#page-8-3) for sea bream species stored in ice.

TVB-N content of non-irradiated, 2.5 and 5 kGy irradiated sea bream stored in ice at  $+4$  °C is shown in Fig. [3.](#page-4-1) At the beginning of storage, the TVB-N value was 15.65 mg/100 g flesh for sea bream stored in ice. TVB-N values increased according to time of storage. At the end of the storage period of 19 days, TVB-N values reached  $38.64 \pm 1.57$ ,  $13.48 \pm 0.60$  and  $12.06 \pm 0.67$  mg/100 g for non-irradiated and 2.5–5 kGy irradiated sea bream, respectively. The statistical analysis of the TVB-N data showed that significant differences  $(p < 0.05)$  were found between sea bream stored

<span id="page-4-1"></span>

**Fig. 3** Changes in TVB-N values of non-irradiated (C) and irradiated (2.5 and 5 kGy) sea bream stored in ice

at  $+4$  °C in control  $-2.5$  kGy irradiated, control  $-5$  kGy irradiated samples after 3 days of storage.

TVB-N levels for non-irradiated sea bream exceeded  $25 \text{ mg}/100 \text{ g}$  [\[61\]](#page-8-4), which is considered as the maximum level for acceptability in three *Sparidae* species during refrigerated storage, after 9 and after 8 days, respectively, in agreement with TVB-N levels of sea bream stored in ice [\[62,](#page-8-5) [63\]](#page-8-6). The TVB-N for gilthead sea bream increased with the time of storage. However, the increase was small, from 15 to 25 mg/100 g tissue after 15 days of ice storage [\[59\]](#page-8-2). Chouliara et al. [\[42\]](#page-7-36) found initial TVB-N value of vacuumpacked salted, non-irradiated and 1–3 kGy irradiated sea bream, 25.31, 24.08, and 22.28 mg/100 g. This value increased to 27.22 mg/100 g after 14 days (rejection time) of storage in control samples and 32.34 and 31.87 mg/100 g after 28 days (rejection time) in irradiated samples. Al-Kahtani et al. [\[64\]](#page-8-7) reported TVB-N level of 1.5–10 kGy irradiated tilapia and mackerel are lower than non-irradiated tilapia and mackerel samples during the storage at 2 ◦C. Similarly, von Amin et al. [\[65\]](#page-8-8) determined in irradiated freshwater fish, Jo et al. [\[66\]](#page-8-9) in irradiated fish, and van Cleemput et al. [\[46\]](#page-7-39) in irradiated shrimp lower TVB-N level than control non-irradiated samples. Jeevanadam et al. [\[40\]](#page-7-34) found initial TVB-N value of sea bream, 8 mg/100 g. This value increased to 80 mg/100 g after 29 days of storage in control samples and 44 and 38 mg/100 g in irradiated samples. Chouliara et al. [\[50\]](#page-7-43) reported that initial TVB-N level of vacuum-packed irradiated (1–3 kGy) stored under refrigeration sea bream 27.5, 27.3, and 25.1 mg/100 g, reached the acceptable limits at day 10 in control, at days 21 and 28 for 1 and 3 kGy irradiated sea bream. Mendes et al. [\[49\]](#page-7-42) reported that initial TVB-N level of chilled horse mackerel, which is 15.6 mg/100 g, reached the limit levels of 30–35 mg/100 g at day 12, in 1 and 3 kGy irradiated samples at day 20, 13.6, and 12.7 mg/100 g, respectively.

Trimethylamine-N-oxide (TMAO) is found in most marine fish and can reach high concentrations [\[67\]](#page-8-10). It is reduced to trimethylamine (TMA-N) by spoilage bacteria giving rise to the characteristic pungent smell of iced fish, and TMA is therefore an indicator of spoilage [\[68,](#page-8-11) [69\]](#page-8-12). In marine fish, TMA-N is the main component responsible for an unpleasant "fishy" odour [\[70\]](#page-8-13). The quantitative level of TMA-N in fish is considered to be a major index of the quality of marine fish [\[71,](#page-8-14) [72\]](#page-8-15).

TMA-N content varies with species, season and type of storage [\[73\]](#page-8-16). Initial average value of TMA-N was found to be 3.22 mg/100 g muscle for sea bream, whereas final values of TMA-N were 9.66 (control), 5.70 (2.5 kGy), and 4.97 mg /100 g muscle (5 kGy) (Fig. [4\)](#page-5-0). TMA-N values showed significant  $(p < 0.05)$  increase for all groups during storage. Values of TMA-N showed statistically significant  $(p < 0.05)$  differences between all groups during the post 7day period of storage. TMA-N values were acceptable during

<span id="page-5-0"></span>

**Fig. 4** Changes in TMA-N values of non-irradiated (C) and irradiated (2.5 and 5 kGy) sea bream stored in ice

the first 9 days of storage in control group samples and the 17 days of storage in irradiated (2.5 kGy) sea bream samples. Similar results were found by Cakli et al. [\[62\]](#page-8-5) in ice sea bream after 9 days (5.95 mg/100 g TMA-N) during the storage. Initial value of TMA was in agreement with those found for sea bream and sea bass [\[55,](#page-7-48) [56,](#page-7-49) [74\]](#page-8-17). The slow increase in TMA during the shelf life of gilthead sea bream invalidates this parameter as a freshness indicator for this species. Similar results have been reported by other authors for *Sparidae* species [\[55,](#page-7-48) [75\]](#page-8-18). The level of TMA was typically around 5 mg TMA-N/100 g in aerobically stored fresh fish rejected by sensory panels [\[76\]](#page-8-19). Chouliara et al. [\[42\]](#page-7-36) reported that TMA production was significantly ( $p < 0.05$ ) reduced by 1 and 3 kGy irradiation. The concentration of TMA was found to be 3.92 and 2.96 mg/100 g in sea bream kept in vacuum-packed for 35 days at 4 ◦C. Mendes et al. [\[49\]](#page-7-42) found highest concentration of TMA non-irradiated horse mackerel, followed by horse mackerels stored in refrigerated and the lowest in irradiated samples (1 and 3 kGy) for 24 days at 3–5 ◦C. Chouliara et al. [\[50\]](#page-7-43) also refer that TMA formation is lower in irradiated and cold-stored sea bream than in non-irradiated fish.

The extent of lipid oxidation in the fish during ice storage is depicted in Fig. [5.](#page-5-1) At the beginning of the storage period, TBA values of non-irradiated sea bream and irradiated sea bream were determined as 0.003 mg MA/kg. In the case of non-irradiated fish, the TBA value increased to a maximum during storage up to the ninth day and decreased. The TBA value of irradiated samples increased during the storage. The decrease in TBA values after day 9 of storage may represent the breakdown of the malonaldehyde to tertiary degradation. At the end of the storage period of 19 days, TBA values of 2.5 and 5 kGy irradiated sea bream were found to be  $1.120 \pm 0.05$  and  $0.928 \pm 0.02$  mg MA/kg, respectively.

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**Fig. 5** Changes in TBA values of non-irradiated (C) and irradiated (2.5 and 5 kGy) sea bream stored in ice

Similar results have been obtained in irradiated anchovy and threadfin bream [\[40,](#page-7-34) [42,](#page-7-36) [77\]](#page-8-20).

#### Sensory evaluation

Sensory parameters of raw sea bream were scored as A Quality during the first 9 days of storage and B Quality were obtained between days 9–13 of storage for control group samples (Table 3). The limit of acceptability of quality was reached after 7 days for the control samples and after approximately 9 days for the 2.5 kGy and 13 days for the 5 kGy irradiated samples. Unacceptable limit for quality was reached after approximately 13 days for the control, 17 days (2.5–5 kGy) for the irradiated sea bream (Fig. [6\)](#page-6-0). Acceptability scores for texture, odour, and taste of cooked sea bream stored in ice storage conditions decreased with time of refrigerated storage (Fig. [7\)](#page-6-1). All three sensory attributes showed a similar pattern of decreasing acceptability. The limit of acceptability of texture and taste was reached after 15 days for the control sea bream samples and after ca. 17 days for the irradiated samples. The limits of acceptability of odour were reached after 13 days for the control, after 17 days for 2.5 and 5 kGy irradiated samples.

Food irradiation at a dose of up to 10 kGy has been used in both animal and vegetable foods as an effective, safe and economical method of food preservation posing no nutritional, toxicological or microbiological problems [\[16\]](#page-7-10). The application of low-dose irradiation has been previously reported to extend the shelf life of foods. Low-dose irradiation in the range of 1–3 kGy known as "radurization" has been previously used to extend the shelf life of fishery products [\[43\]](#page-7-37). van Cleemput et al. [\[46\]](#page-7-39) reported that the stored at  $+6^{\circ}$ C and 5 kGy irradiated shrimp was still unacceptable after 8 days,

<span id="page-6-0"></span>

**Fig. 6** Changes in sensory analysis of non-irradiated (C) and irradiated (2.5 and 5 kGy) sea bream stored in ice

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**Fig. 7** Changes in sensory evaluations (means of texture, odour, and taste score) of non-irradiated (C) and irradiated (2.5 and 5 kGy) sea bream stored in ice

although the control sample was unacceptable after 4 days of storage. The shelf life of non-irradiated crab stored in ice was found to be 3 days, and 14 days for 3 kGy irradiated crab in ice [\[47\]](#page-7-40). Ghadi and Venugopal [\[78\]](#page-8-21) reported a shelf life of 12 days for non-irradiated fish under refrigeration, and an extension of shelf life of up to 25 days using low-dose irradiation  $(1.5 \text{ kGy}).$ 

In another study by Icekson et al. [\[79\]](#page-8-22), ionizing radiation in combination with refrigeration (0–2  $\degree$ C) was used for shelf-life extension of carp (*Cyprinus carpio*). Based on sensory evaluation, a shelf life of 31 days  $(1.5 \text{ kGy}, 0-2 \text{ °C})$ was obtained for freshwater carp, compared to a shelf life of 15 days for the non-irradiated fish. Lakshmanan et al. [\[77\]](#page-8-20) studied the bulk preservation of whole anchovy (*Stolephorus commersonii*) using low-dose gamma irradiation (2 kGy) under various storage conditions. The treated fish were stored in ice in insulated boxes that were held at 13 ◦C. Non-packaged irradiated fish had a shelf life of 17 days as compared to a shelf life of 13 days for the non-irradiated (non-packaged) samples. With regard to packaged and irradiated fish, a shelf life of 20 days was obtained; however, packaging caused drip accumulation and resulted in poor appearance of the fish. Jeevanandam et al. [\[40\]](#page-7-34) also reported a shelf-life extension for sea bream in ice from 8 to 12 days (1 kGy) or to 22 days (2 kGy). Ouattara et al. [\[48\]](#page-7-41) determined shelf life of precooked and 3 kGy irradiated shrimp as 11 days, and of nonirradiated shrimp as 5 days. In another study on preservation of whole salted vacuum-packaged trout using low-dose irradiation (0.5 and 2 kGy) in combination with refrigeration  $(4 °C)$ , a shelf life of 28 days was obtained for irradiated (2 kGy), salted, vacuum-packaged trout samples, as compared to a shelf life of 7 days for the salted, non-irradiated sample, as determined by sensory evaluation [\[41\]](#page-7-35). The combined use of salting and gamma irradiation (0–2 kGy) on the shelf-life extension of threadfin bream (*Nemipterus japonicus*) was reported by Jeevanandam et al. [\[40\]](#page-7-34). A shelf life of 14 and 28 days was obtained for salted and irradiated fish (1 and 2 kGy), respectively, in comparison to a shelf life of 9 days for the salted, non-irradiated fish. The storage life of fish is affected by the initial microbial load of the fish, storage temperature and packing methods [\[80\]](#page-8-23). The combined use of vacuum-packed, salting and gamma irradiation (1 and 3 kGy) on the shelf-life extension of sea bream was reported by Chouliara et al. [\[42\]](#page-7-36). A shelf life of 27 and 28 days was obtained for irradiated fish (1 and 3 kGy), respectively, in comparison to a shelf life of 14–15 days for the non-irradiated fish. The combined use of vacuum-packed and gamma irradiation (1–3 kGy) on the shelf-life extension of sea bream (*Sparus aurata*) was reported by Chouliara et al. [\[50\]](#page-7-43). A shelf life of 17 and 28 days was obtained for vacuum-packed and irradiated fish (1 and 3 kGy), respectively, in comparison to a shelf life of 9–10 days for the non-irradiated fish. Irradiated (1 kGy) and non-irradiated horse mackerel were sensorial acceptable on the 12–14th days of storage in refrigerator, respectively [\[49\]](#page-7-42).

The effects of different dose irradiation on microbiological, chemical, and sensory properties of sea bream (*Sparus aurata*) stored in ice storage were studied. In the present study, a shelf life of 15 and 17 days were recorded for sea bream irradiated 2.5 and 5 kGy in ice, compared with a shelf life of 13 days for the non-irradiated sea bream based on sensory, chemical and microbiological evaluation.

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