



# A novel peptide-based electrochemical biosensor for the determination of a metastasis-linked protease in pancreatic cancer cells

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## Abstract

Proteases are involved in cancer, taking part in immune (dis)regulation, malignant progression and tumour growth. Recently, it has been found that expression levels of one of the members of the serine protease family, trypsin, is upregulated in human cancer cells of several organs, being considered as a specific cancer biomarker. Considering the great attention that electrochemical peptide sensors have nowadays, in this work, we propose a novel electroanalytical strategy for the determination of this important biomolecule. It implies the immobilization of a short synthetic peptide sequence, dually labelled with fluorescein isothiocyanate (FITC) and biotin, onto neutravidin-modified magnetic beads (MBs), followed by the peptide digestion with trypsin. Upon peptide disruption, the modified MBs were incubated with a specific fluorescein Fab fragment antibody labelled with horseradish peroxidase (HRP-antiFITC) and magnetically captured on the surface of a screen-printed carbon electrode (SPCE), where amperometric detection was performed using the hydroquinone (HQ)/HRP/H<sub>2</sub>O<sub>2</sub> system. The biosensor exhibited a good reproducibility of the measurements (RSD 3.4%,  $n = 10$ ), and specificity against other proteins and proteases commonly found in biological samples. This work reports the first quantitative data so far on trypsin expression in human cell lysates. The developed bioplatfrom was used for the direct determination of this protease in lysates from pancreatic cancer, cervix carcinoma and kidney cells in only 3 h and 30 min using low amounts (~0.1 µg) of raw extracts.

**Keywords** Cancer · Peptide-magnetic bioconjugate · Screen-printed carbon electrodes · Trypsin · Cell lysates

## Introduction

Proteases are enzymes whose activity is expressed in proteolysis processes hydrolyzing peptide bonds by attacking the carbonyl groups of peptides [1, 2]. Although they are essential in fundamental biological processes in normal cells regulating cellular processes as gene expression, differentiation, and cell

death, proteases are also involved in tumour growth and progression, both at primary and metastatic sites. Around one-third of all proteases are classified as serine (Ser) proteases containing a nucleophilic Ser residue at their active site. These proteases play a very important role in a variety of pathological processes like inflammation, atherosclerosis and cancer. Through a catalytic mechanism, the hydroxyl group of the active site Ser residue shows nucleophilic activity against the peptide bond resulting in the dissolution of some proteins implicated in vital activities [3, 4]. Trypsinogens and their corresponding active forms, trypsin from various sources, are Ser proteases that not only are involved in the digestion of dietary proteins but also induce proteolytic cascades by activating other proteases, such as metalloproteinases, and degrade many extracellular matrix components, thus playing a significant role in tumour progression [3, 5, 6]. Trypsin, produced in the pancreas by trypsinogen, is a well-characterized serine digestive enzyme that catalyses the selective hydrolysis of polypeptide chains of arginine or lysine amino acids in the

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C-terminal and has an important role in the regulation of pancreatic exocrine function [2, 7]. Owing to its anti-inflammatory and anti-swelling properties, it is used for surgical inflammation, ulcers and traumatic injuries [8, 9]. However, changes in trypsin levels are related to pathological processes as pancreatitis, vesicular or cystic fibrosis and cancer progression metastasis [3, 4, 6, 7, 9–15]. From an estimated and 18 million cancer cases around the world in 2018, 2.7% corresponded to pancreas cancer with a somewhat higher incidence in men (243,033 new cases) than in women (215,885 new cases) [16]. This cancer, almost always fatal, causes around 4% of all cancer deaths. In particular, trypsin participates in the invasion and metastasis of pancreatic cancer through promotion of the extracellular matrix degradation and may activate protease-activated receptor 2 (PAR-2) to stimulate pancreatic cancer cell proliferation and adhesion [5, 11]. Moreover, trypsin expression has been associated with colorectal cancers with a poor prognosis and shorter disease-free survival [10]. Consequently, trypsin is quantified in serum and urine as a reliable noninvasive biomarker and/or prognosticator for acute pancreatitis, cystic fibrosis, cancer and other pathological diseases screening [4, 17]. Clinically relevant ranges for trypsin in serum samples have been set at 5–15 nM for healthy individuals and 34–85 nM for pancreatic conditions patients [14, 18, 19]. Trypsin overexpressed levels of 26–281 nM have also been reported for cystic fibrosis, pancreatic carcinoma, and meconium ileus patients [20]. Detection of trypsin in pancreatic cell lysates has been reported as an important means for the diagnosis of chronic pancreatic diseases [21].

Therefore, the quantification of trypsin levels has attracted wide attention in recent years. However, there are still many challenges to overcome in this field and the development of sensitive, selective and noninvasive methods for the efficient and cost-effective determination of trypsin for monitoring of high-risk individuals and for clinical diagnoses and therapies is highly demanded nowadays [2, 9, 11, 13, 15, 20]. In this context, different techniques have been used for the detection of trypsin including (in alphabetical order): capacitance [12], chronocoulometry [22], colorimetry [2, 4], cyclic voltammetry [11], differential pulse voltammetry (DPV) [15], impedimetric measurements [23], fluorescence [2, 9, 17, 20, 24], phosphorescence [13, 21], photoelectrochemistry [7], photoluminescence [14], piezoelectric measurements [8], potentiometry [25] and square-wave voltammetry (SWV) [19, 26].

Seeking for a methodology for routine trypsin determination in an affordable way, implying simple and fast protocols, compatible with decentralized environments, this work reports the first peptide-modified MB-assisted electrochemical biosensing approach for such purpose. Biomedical peptide-based biosensing is a booming research field due to inherent peptide properties such as the possibility to be used as probes

taking advantage of their capability to form tertiary structures and recognize a diversity of target analytes. In addition, the easy conjugation with signal and/or immobilizations tags results in versatile sensors applicable in many fields [27]. Electrochemical peptide-based biosensors have been proposed for the determination of trypsin [15, 19, 26]. In fact, the use of electrochemical detection and peptides as bioreceptors make these biotools competitive compared to the conventional ELISA long adopted in centralized laboratories for the analysis of protein antigens (such as proteases). ELISA requires relatively expensive (plate readers), hardly portable and miniaturizable instrumentation as well as the use of antibodies, bioreceptors less favourable than peptides in terms of size, production, versatility of functionalization and stability [27, 28]. However, the peptide-based electrochemical biosensors reported so far for trypsin determination involve quite complex or time-consuming protocols for the modification of the conventional electrode surfaces and only one of them showed applicability for the analysis of spiked human serum samples [15].

Unlike the reported electrochemical biosensors, the strategy described in this paper involves a simpler and shorter protocol implemented on the surface of MBs and amperometric detection at unmodified SPCEs. The strategy is based on the immobilization of a dually FITC and biotin-modified peptide probe on the surface of magnetic microbeads (MBs), its further cleavage by the target enzyme and enzymatic labelling with Fab fragments from anti-fluorescein antibody conjugated with horseradish peroxidase (HRP-anti-FITC Fab fragments). Therefore, the method is an “on-off” approach because of the lower number of HRP-anti-FITC Fab fragments attached upon the loss of the peptide fragment bearing the FITC moiety from the MBs surface due to the trypsin enzymatic cleavage. The modified MBs were magnetically captured on the surface of the working SPCE and the activity of the HRP attached to the MBs was amperometrically measured at a potential of  $-0.20$  V vs. the Ag pseudoreference electrode, in the presence of the enzymatic substrate ( $\text{H}_2\text{O}_2$ ) and hydroquinone (HQ) as redox mediator.

## Materials and methods

### Apparatus and electrodes

A CHI1140A (CH Instruments, Inc.) potentiostat controlled by the software CHI1140A, and a Magellan V 7.1 (TECAN) ELISA plate reader were used to make the amperometric and spectrophotometric measurements, respectively. Screen-printed carbon electrodes (SPCEs) (DRP-110) and the specific cable connector (DRP-CAC) were purchased from Metrohm DropSens, S.L. All measurements were carried out at room temperature. Other instruments used were as follows: Vortex

(Velp Scientifica), BioSan TS-100 constant temperature incubator shaker (Thermo), magnetic separator DynaMag@2 (Invitrogen – ThermoFisher Scientific), magnetic stirrer (Inbea S.L.) and Basic pH-meter (Basic 20+, Crison). The capture of the modified MBs onto the SPCE surface was controlled by a neodymium magnet (AIMAN GZ) embedded in a home-made polymethacrylate casing.

## Reagents and solutions

Neutravidin-modified magnetic microbeads (neutravidin-MBs,  $\varnothing = 1 \mu\text{m}$ ,  $10 \text{ mg mL}^{-1}$ ) were purchased from SpeedBeads™ (GE Healthcare, ref. 78,152,104,010,350). The dually labelled peptide (FITC-[AEEA]FRR[AEEA]-Btn, sequence adapted from [19, 26]) was synthesized and provided by Pepsan. The peptide consisted of three amino acids (two L-arginine (R) and one L-phenylalanine (F)) with spacers on each side ((2-[2-(Fmoc-amino)ethoxy]ethoxy)acetic acid (AEEA)) and labelled with biotin (Btn) on C-terminus and fluorescein isothiocyanate (FITC) at the other end. A small ethylenediamine spacer was used in front of the biotin functionalization on the C-terminus as well as in front of the FITC to prevent cleavage of the FITC from a so-called Edman degradation reaction. Blocker casein solution (BB solution: phosphate-buffered saline (PBS) containing 1% w/v casein, pH 7.4) and trypsin-EDTA (0.05%, ref. 25,300,054) were purchased from Thermo Fisher Scientific, and sodium hydroxide (NaOH) from Labkem. Sodium chloride (NaCl), potassium chloride (KCl), sodium di-hydrogen phosphate dihydrate ( $\text{NaH}_2\text{PO}_4 \times 2\text{H}_2\text{O}$ ) and anhydrous disodium hydrogen phosphate ( $\text{Na}_2\text{HPO}_4$ ) were purchased from Scharlab. Calcium nitrate tetrahydrate ( $\text{Ca}(\text{NO}_3)_2 \times 4\text{H}_2\text{O}$ ) was acquired in Panreac (ref. 141,231.1211). Casein, hydroquinone (HQ), hydrogen peroxide ( $\text{H}_2\text{O}_2$ ) (30%, w/v), trypsin (ref. T0303) and  $\alpha$ -chymotrypsin from porcine pancreas (ref. C3142), lysozyme human (ref. L1667), pepsin from porcine gastric mucosa (ref. P6887), proteinase K from Tritirachium album (ref. P2308), human haemoglobin (ref. H7379) and IgG from human serum (ref. I2511) were purchased from Sigma-Aldrich. Fab fragments from anti-fluorescein antibody conjugated with horseradish peroxidase (HRP-anti-FITC Fab fragments) were purchased from Roche Diagnostics GmbH (ref. 11,426,346,910). Bovine serum albumin (BSA from GERBU Biotechnik GmbH, ref. 1507.0025), recombinant full length human p53 protein from EMD Millipore Corporation (ref. P6249) and recombinant human TNF $\alpha$  protein from BD Pharmingen (ref. 55,618) were also used. All reagents were of the highest available grade.

The following buffer solutions, prepared with deionized water from a Milli-pore Milli-Q purification system ( $18.2 \text{ M}\Omega \text{ cm}$ ), were employed: 0.05 M phosphate buffer, pH 6.0; and phosphate-buffered saline (PBS) consisting of 0.01 M phosphate buffer solution containing 137 mM NaCl and

2.7 mM KCl, pH 7.5. In both cases, pH was adjusted with 2 M NaOH.

Other solutions used were as follows: 0.01  $\mu\text{M}$  peptide solution in PBS (pH 7.5); 1/1000 HRP-anti-fluorescein diluted in 1:1 mixture of BB and PBS (1:1 PBS/BB); trypsin and trypsin mixed with potential interferences solutions in PBS (pH 7.5); and freshly prepared 0.1 M HQ and 0.1 M  $\text{H}_2\text{O}_2$  solutions in 0.05 M phosphate buffer (pH 6.0).

## Peptide-based biosensing

A 2- $\mu\text{L}$  aliquot of neutravidin-MBs was transferred into a 1.5-mL Eppendorf tube and washed twice with 50  $\mu\text{L}$  of PBS solution, pH 7.5. MBs were placed in the magnetic separator and concentrated for 3 min before removing the supernatant. Thereafter, neutravidin-MBs were functionalized by incubation with 25  $\mu\text{L}$  of 0.01  $\mu\text{M}$  peptide solution under continuous stirring for 15 min ( $37^\circ\text{C}$ , 950 rpm). Subsequently, MBs were washed twice with 50  $\mu\text{L}$  of PBS and incubated for 3 h ( $37^\circ\text{C}$ , 950 rpm) in 25  $\mu\text{L}$  of a solution containing variable concentrations of the target protease (or the sample to be analysed) to allow the peptide digestion process. After two further washings, with 50  $\mu\text{L}$  of a 1:1 PBS/BB mixture solution, the peptide-MBs conjugates were labelled by incubation in 25  $\mu\text{L}$  of a 1/1000 HRP-anti-FITC Fab fragments solution for 15 min ( $37^\circ\text{C}$ , 950 rpm). The resulting MBs were washed twice with a 1:1 PBS/BB mixture solution and re-suspended in 50  $\mu\text{L}$  of 0.05 M phosphate buffer (pH 6.0) to perform the amperometric measurements. Amperometric detection was carried out as described previously [29].

## Analysis of a commercial trypsin standard and cell lysates

The developed peptide-based biosensing method was used for the analysis of a trypsin-EDTA standard with a known concentration (0.05% w/v) of the enzyme. The trypsin standard was composed by trypsin, Phenol Red, EDTA, D-glucose and some inorganic salts (KCl,  $\text{KH}_2\text{PO}_4$ ,  $\text{NaHCO}_3$ , NaCl and  $\text{Na}_2\text{HPO}_4 \times 7\text{H}_2\text{O}$ ), and it is commonly used for cell and tissue dissociation and routine cell culture passage. The determination of trypsin was carried out by applying the standard additions method in the presence of a 1/200 diluted reference pattern in PBS by spiking it with increasing concentrations (25–100 nM) of trypsin standard solutions.

In addition, the developed peptide-based biosensor was used to analyse lysates from human embryonic kidney cell line, which expresses a mutant version of the SV40 large T antigen (HEK293T), as well as lysates from cervical (HeLa) and pancreatic (BxPC3 and PANC-1) cancer cells. All these cells, obtained from the ATCC cell line repository, were cultured and lysed as described previously [30, 31] and stored at

– 80 °C till used. The quantification of trypsin in the cell lysates was performed by applying the standard additions method by adding increasing concentrations of trypsin standard solutions (25–100 nM) in the presence of 0.1 µg of each cell lysate.

## Results and discussion

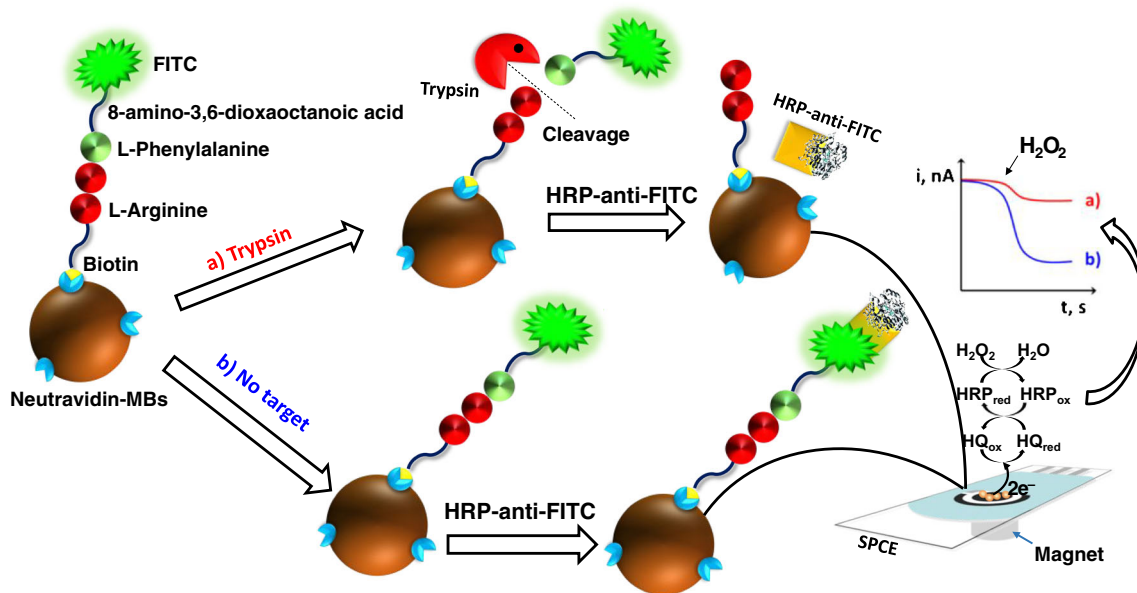
Figure 1 shows a scheme of the on-off peptide-based biosensing platform developed for the determination of trypsin. The preparation protocol involved a first step where a FITC and biotin double-labelled peptide was immobilized through the biotinylated end on the surface of neutravidin-MBs. This type of MBs were chosen as solid supports because they possess advantages in terms of lower non-specific adsorptions and higher affinity toward biotin over the most commonly used Streptavidin-MBs [32, 33]. After incubation in the presence of the target trypsin, which selectively cleaves the peptide on the C-terminal end of arginine, the peptide portion containing the FITC moiety was released and washed away from the modified MBs. Subsequently, the modified MBs were incubated in the presence of HRP-anti-FITC Fab fragments, and the on-off electrochemical biosensing procedure was implemented through magnetic capture of the MBs on the SPCE surface where amperometric transduction was carried out using the hydroquinone (HQ)/HRP/ $H_2O_2$  system at a detection potential of –0.20 V (vs the Ag pseudoreference electrode). In the absence of trypsin, the peptide probe is intact and a high number of HRP-anti-FITC Fab fragments were attached to the MBs providing a large amperometric response (amperogram b) in Fig. 1). However, the higher the trypsin concentration in

the sample, the higher number of peptide molecules are cleaved and a lower amount of HRP-anti-FITC Fab fragments were attached to the MBs resulting in smaller amperometric responses (amperogram a) in Fig. 1).

## Optimization of the experimental variables

The working variables involved in the preparation and behaviour of the peptide-based biosensing platform, together with the tested ranges and the selected values, are summarized in Table 1 and the corresponding experimental results shown in Fig. 2. The respective variable value was selected according to the ratio obtained at –0.20 V (vs. the Ag pseudoreference electrode) between the amperometric signals measured for 0.0 (blank, B) and 250 (signal, S) nM trypsin (blank-to-signal, B/S, ratio). The detection potential and the HQ/ $H_2O_2$  concentrations were the same that those previously optimized [34, 35].

A higher reaction efficiency was observed when the peptide-modified MBs/trypsin mixture was incubated at 950 rpm and 37 °C, close to the physiological temperature. This is in agreement with previous reports that showed an increase of the trypsin digestive activity at 37 °C [13, 15, 20]. As it can be seen in Fig. 2a, a volume of 2 µL MBs provided larger B/S ratios. Larger volumes provoked a decrease in such ratio due to an increase of the blank signals, as expected for a higher amount of immobilized peptide, but also because of an increase in the amperometric signals measured after incubation with trypsin, which was probably due to steric hindrance hampering trypsin digestive action in the presence of large amounts of immobilized peptide. In fact, the same effect was observed for increased concentrations of



**Fig. 1** Scheme showing the stepwise experimental procedure and reactions involved in the preparation of a peptide-based amperometric biosensing platform for the determination of trypsin



**Table 1** Working variables involved in the preparation of the peptide-based biosensing platform developed for the amperometric determination of trypsin

Working variable	Tested range	Selected value
$T$ , °C	25 and 37	37
$v$ , rpm	250 and 950	950
[Peptide], $\mu\text{M}$	0–0.15	0.01
$V_{\text{MBs}}$ , $\mu\text{L}$	1–10	2
$t_{\text{peptide immobilization}}$ , min	0–60	15
$t_{\text{trypsin incubation}}$ , h	0–16	3
HRP-anti-FITC Fab fragments dilution factor	1/5000–1/250	1/1000
$t_{\text{HRP-anti-FITC Fab fragments incubation}}$ , min	15–60	15
Step number	2–3	3

the peptide at a fixed MB volume (Fig. 2b). Moreover, the amperometric signals were stabilized from a peptide immobilization time of 30 min (Fig. 2c). Figure 2d shows a larger B/S ratio was obtained when a digestion time of 3 h was used. It is assumed that trypsin cannot act with the same efficacy for shorter times, leaving more undigested peptide and, therefore, more FITC to bind the signal tags (HRP-anti-FITC Fab fragments), thus providing larger amperometric signals. Moreover, if longer trypsin incubation times were employed, a progressive increase in the target signal was observed which again could be due to steric hindrance, preventing proteolysis of some peptide bonds by trypsin.

The influence of the HRP-anti-FITC Fab fragments concentration on the amperometric signals through dilution of the commercial solution with a 1/1 PBS:BB solution in the range between 1/5000 and 1/250 is shown in Fig. 2e. Although both the blank and the current measured in the presence of trypsin increased progressively with the concentration of HRP-anti-FITC Fab fragments, the values of the B/S ratio did not change significantly. It was decided to select a 1/1000 HRP-anti-FITC Fab fragments dilution because this value allowed precise measurements in the presence of trypsin and provided convenient B/S ratios. The influence of the HRP-anti-FITC Fab fragments incubation time on the amperometric responses was evaluated in the range between 15 and 60 min using a 1/1000 HRP-anti-FITC Fab fragments dilution. As can be seen in Fig. 2f, the B/S ratio decreased as this incubation time increased which may be due to an increase of nonspecific adsorptions with long HRP-anti-FITC Fab fragments incubation times. Therefore, 15 min HRP-anti-FITC Fab fragments incubation was selected.

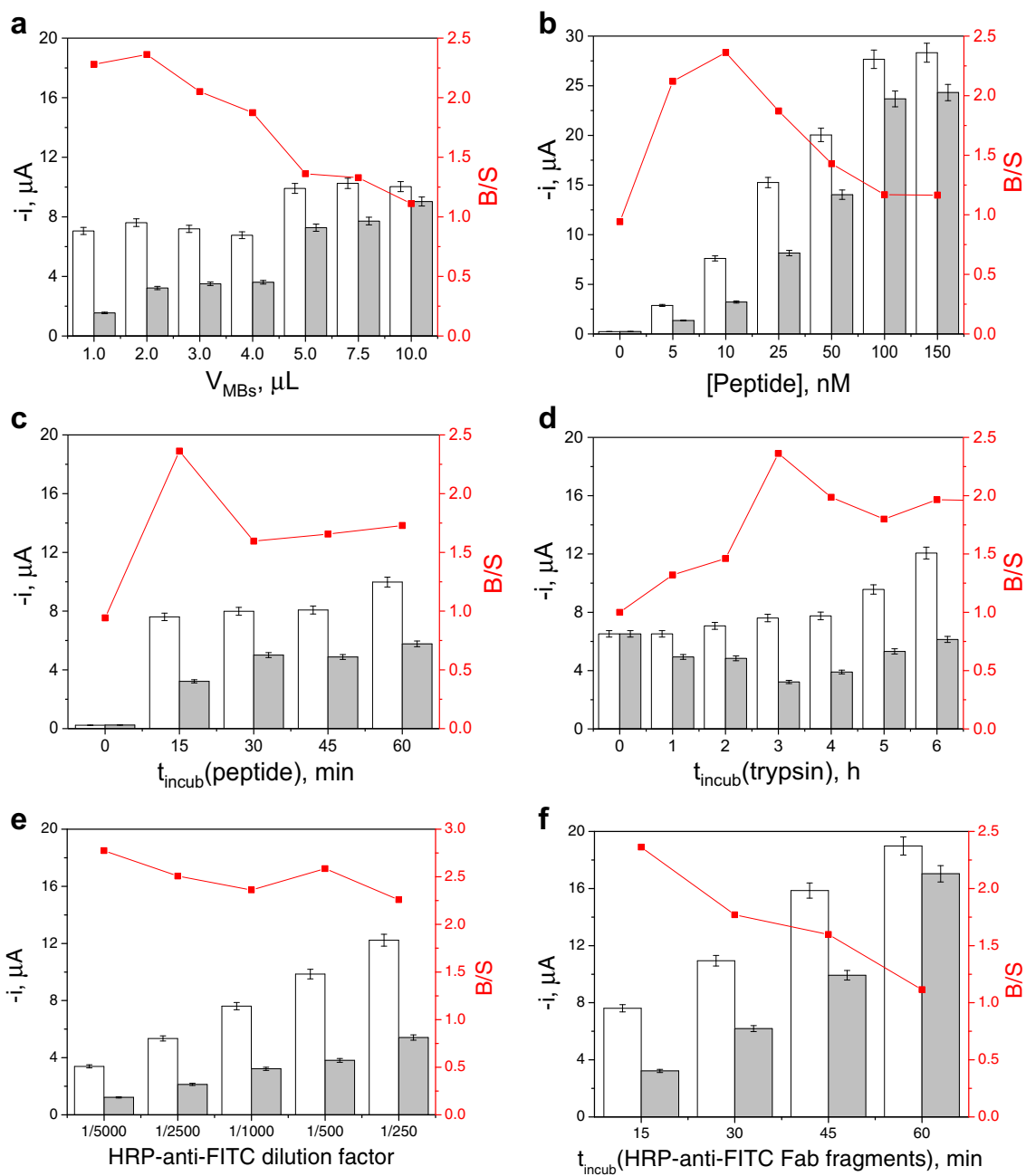
In stepwise procedures, it is important to reduce the assay time by lowering the number of the involved steps. Thus, two procedures involving a different number of incubation steps were tested. A three-step protocol with successive incubations for the immobilization of the peptide on MBs (15 min), followed by trypsin digestion (3 h) and subsequent labelling by incubation of the modified MBs for 15 min in the HRP-anti-FITC Fab fragments solution. A two-step procedure where, after the 15 min peptide immobilization on the MBs,

the modified MBs were incubated for 3 h in a mixture solution of trypsin and the HRP-anti-FITC Fab fragments. A significant increase in the B/S ratio was observed when changing from the two to the three steps protocol (not shown). This fact was attributed to the steric hindrance produced when the HRP-anti-FITC Fab fragments and trypsin were incubated together in the same solution most likely because the proteolytic efficiency of the target protein is lower for HRP-anti-FITC Fab fragments-tagged peptides than for the free peptide.

### Calibration graph, analytical characteristics, stability and selectivity

Under the optimized experimental variables listed in Table 1, the developed amperometric peptide-based biosensing platform provided a linear calibration plot over the 23 to 250 nM trypsin concentration range (Fig. 3a), with a slope value of  $(-14.7 \pm 0.5) \text{ nA nM}^{-1}$ , an intercept of  $(7.58 \pm 0.07) \mu\text{A}$  and a correlation coefficient ( $R^2$ ) of 0.9996. As can be observed, the decreasing signal tended to level off without reaching zero which has been attributed to some redox-tagged peptides were not accessible to trypsin cleavage [26]. Limits of detection (LOD) of 7 nM (calculated as  $3 \times s_b/\text{slope}$ ) and quantification (LQ) of 23 nM ( $10 \times s_b/\text{slope}$ ) were obtained. These values are lower than the established clinical threshold trypsin level in serum of patients with pancreatic cancer [19], which advanced the possible usefulness of this bioplatfrom for the analysis of clinical samples. In addition, a relative standard deviation value of 3.4 % was calculated for ten assays, thus showing the good reproducibility of the developed methodology allowing the determination of trypsin in about 3 h. Moreover, the bioconjugates formed by the double-labelled peptide-modified MBs could be stored in 10 mM filtered PBS (pH 7.5) at 4 °C for 7 days without a significant loss of sensitivity in the further measurements.

Table 2 shows a comparison of the fundamentals and main analytical characteristics of the developed method with those reported in the last 5 years for the determination of trypsin. As it can be seen, most of the recently reported methodologies have been tested in spiked serum and urine samples from

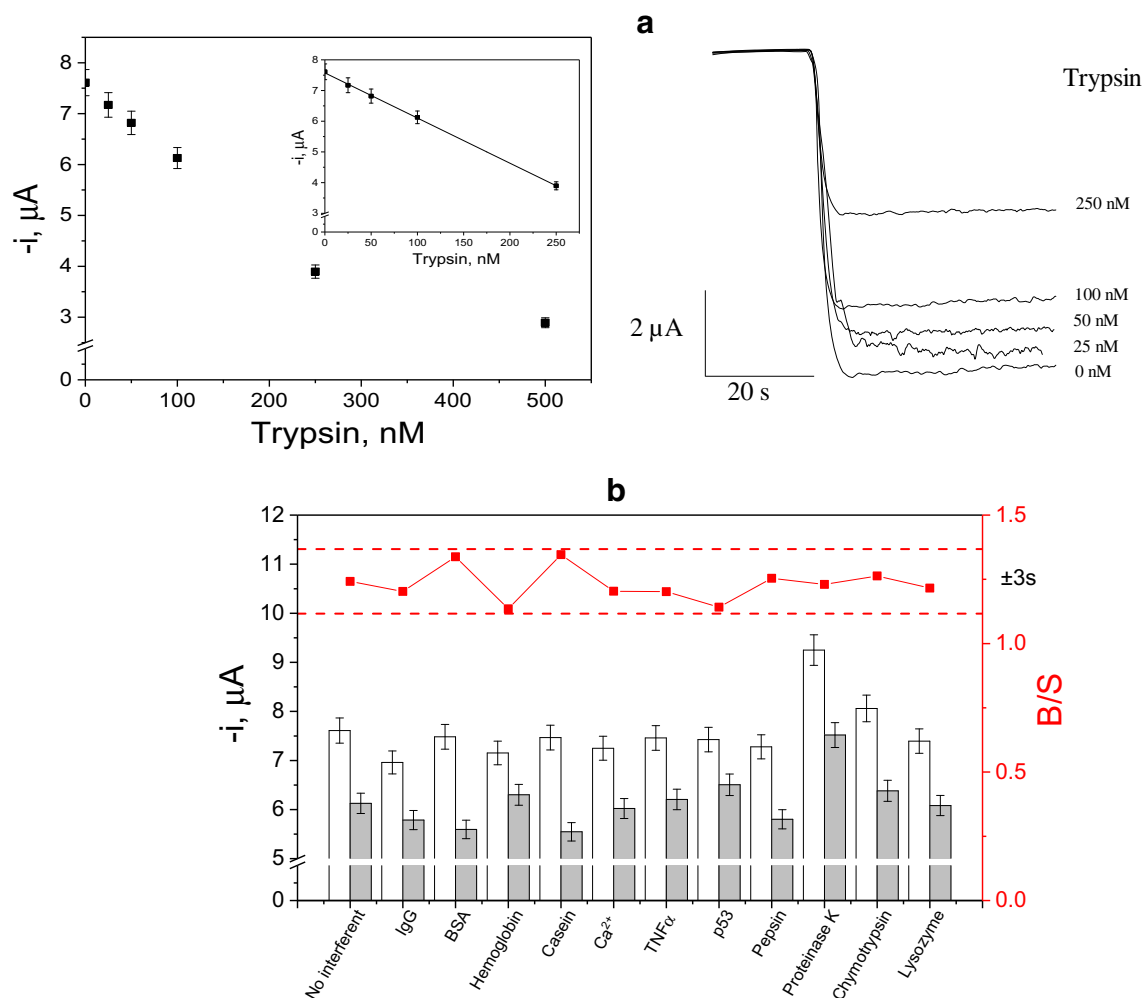


**Fig. 2** Optimization of the experimental variables involved in the construction of the peptide-based biosensing platform developed for the determination of trypsin. MBs volume (**a**); peptide concentration (**b**); peptide incubation time (**c**); trypsin incubation time (**d**); HRP-anti-FITC Fab fragments dilution factor (**e**); HRP-anti-FITC Fab fragments

incubation time (**f**). Amperometric responses measured in the absence (white bars) or in the presence (grey bars) of 250 nM trypsin standard solutions, and the resulting blank-to-signal ratios (B/S, red lines). Error bars estimated at triple of the standard deviation ( $n = 3$ )

healthy individuals. Only Wu et al. [21] assayed their phosphorescence-based sensor in cell lysates but, although their method could differentiate between pancreatic and non-pancreatic cells, no quantitative data of trypsin concentration were given. Furthermore, most of the reported methodologies need long and laborious synthesis and fabrication procedures to prepare the sensing systems, either optical or electrochemical, while the approach described in this work only needs 15 min to prepare the peptide-MBs. Moreover, although

several methods based on proteins hydrolysis by trypsin have been described, only two groups have reported peptide-based electrochemical sensors [15, 19, 26]. Although they obtained lower LODs than that achieved in this work, none of such sensors used disposable electrodes, and demanded relatively complex or time-consuming protocols ( $\sim 13$  h) for the modification of the conventional electrode surfaces. In addition, these methods were not tested in real samples [19, 26] or were applied to spiked human serum samples [15]. Moreover, as it



**Fig. 3** Calibration graphs and amperometric traces recorded with different trypsin concentrations (**a**). Peptide-based biosensor selectivity toward trypsin (**b**); current values measured for 0.0 (white bars) and 100 (grey bars) nM trypsin in the absence (buffer) and in the presence of: 1.0 mg mL<sup>-1</sup> IgG, 5.0 mg mL<sup>-1</sup> BSA, 5.0 mg mL<sup>-1</sup> haemoglobin, 100 nM casein, 1 mM Ca<sup>2+</sup>, 10 ng mL<sup>-1</sup> TNF $\alpha$ , 200 ng mL<sup>-1</sup> p53, and

0.4  $\mu\text{M}$  pepsin, proteinase K,  $\alpha$ -chymotrypsin and lysozyme. Supporting electrolyte, 0.05 M sodium phosphate solution, pH 6.0;  $E_{\text{app}} = -0.20$  V vs. the Ag pseudoreference electrode. Other conditions are as described in Table 1 (selected values column). B/S ratios (red line) are those obtained for each experimental point. Error bars estimated as triple that of the standard deviation ( $n = 3$ )

is shown below, the sensitivity achieved with the peptide-based biosensor reported here, which compares favourably with that of most of the reported methods, is enough for the direct determination of the target enzyme in a low amount of cell lysates.

The biosensor selectivity was evaluated by measuring the B/S ratios for 0 and 100 nM trypsin standards prepared in the absence and in the presence of potential interferences produced by other proteins (IgG, BSA, haemoglobin, casein), ions (Ca<sup>2+</sup>), cancer biomarkers (TNF $\alpha$ , p53) or proteases (pepsin, proteinase K,  $\alpha$ -chymotrypsin and lysozyme) that coexist with trypsin in biological fluids. Figure 3b shows that the calculated B/S ratios at the high non-target concentration levels considered (1.0 mg mL<sup>-1</sup> IgG, 5.0 mg mL<sup>-1</sup> BSA, 5.0 mg mL<sup>-1</sup> haemoglobin, 100 nM casein, 1 mM Ca<sup>2+</sup>, 10 ng mL<sup>-1</sup> TNF $\alpha$ , 200 ng mL<sup>-1</sup> p53, and 0.4  $\mu\text{M}$  pepsin, proteinase K,  $\alpha$ -chymotrypsin and lysozyme) were always

within the experimental error range. Therefore, we can conclude that the developed biosensing strategy is highly selective to the target protease which can be attributed to the specific trypsin-triggered peptide proteolysis.

### Determination of trypsin in a commercial standard and cell lysates

Firstly, the developed peptide-based biosensor was validated by determining the trypsin content in a commercial standard of known concentration (0.05 %) commonly used in cell and primary tissue dissociation. Three replicates were analysed after a simple 1/200 dilution in PBS (pH 7.5) by using the standard additions method. A trypsin concentration of (0.049  $\pm$  0.002) % ( $n = 3$ ,  $\alpha = 0.05$ ) was obtained indicating the great precision and accuracy of the measurements carried out with the bioplatfrom.

**Table 2** Main features of the biosensing methods reported in the last five years for the determination of trypsin

Sensing fundamentals	Sensing system	Transduction technique	LOD	Preparation time	Sample	Ref.
In the presence of trypsin, the phosphorescence of Mn-ZnS QDs is activated due to the enzymatic digestion of surface Cyt C ligand.	Mn-ZnS QDs / Cyt	Phosphorescence	2 nM	Mn-ZnS QDs: > 2 h Trypsin incubation: 1 h	Human pancreatic carcinoma cell lysates	[21]
[Fe(CN) <sub>6</sub> ] <sup>3-/4-</sup> DPV current decrease following immune-reaction	AuNPs-MWCNT/PDDA-AuE	DPV	0.002 ng mL <sup>-1</sup>	PDDA-MWCNTs: > 25 h Immunosensor: > 19 h MIP: 15 h	Serum	[11]
Trypsin MIP	MIP-AuE	Capacitance	3.0 × 10 <sup>-13</sup> M	Sensor: 5 h	–	[12]
The peptide affinity binding to IgG reduces the signal, and the selective proteolytic reaction by trypsin increases the redox-active species concentration close to the electrode.	IgG-Av-rGO-I/O p-aminophenol liberated from an oligopeptide as the redox-active species.	Coulometry	0.5 pg mL <sup>-1</sup>	IgG-Av-rGO-I/O: 6 h Trypsin incubation: 30 min	Artificial serum	[22]
BSA acts as fluorescence enhancer of the QDs and CMR2 (acceptor). The FRET system is destroyed when trypsin digests BSA.	FRET-based modified QDs	Fluorescence	0.7 µg mL <sup>-1</sup>	QDs modification: > 4 h Trypsin incubation: 1 h	Urine	[17]
Cleavage of methylene blue tagged peptides by trypsin	Ternary SAM-modified AuE	SWV	250 pM	13 h + 70 min trypsin incubation	–	[19]
Blocking of the current-induced ion transfer of heparin ion by trypsin MIP	MIP-ISE	Potentiometry	0.03 U mL <sup>-1</sup>	MIP: > 24 h Electrode modification: > 12 h	–	[25]
In the presence of trypsin, Cyt c is hydrolysed and the quenched Mn-ZnS QDs phosphorescence goes back.	Mn-ZnS QDs/Cyt	Phosphorescence	42 ng mL <sup>-1</sup>	Mn-ZnS QDs: > 3 h Trypsin incubation: 30 min	Normal and fresh adult human blood samples	[13]
Anti-HAS digestion by trypsin results in separation of QDs from the nanohybrid surface, and recovering of the QDs photoluminescence intensity.	MNP-PDA-HSA/anti-HSA-QDs nanohybrid	Photoluminescence	0.25 µg mL <sup>-1</sup>	MNPs-PDA-HAS: > 14 h MNP-PDA-HSA/anti-HSA-QDs: 1 h Trypsin incubation: 1 h	Urine	[14]
Cleavage of methylene blue tagged peptides by trypsin	Ternary SAM-modified AuE	SWV	88 pM	13 h	–	[26]
Gelatin hydrolysis in the presence of trypsin	Crosslinked gelatin films on IDE	EIS	–	17 h	–	[23]
Signal decrease after peptide anchoring on the WE followed by restoration on adding trypsin.	NiCo <sub>2</sub> O <sub>4</sub> -PAMAM/GCE 0.1 mM [Ru(NH <sub>3</sub> ) <sub>6</sub> ] <sup>3+</sup>	DPV	10 <sup>-10</sup> mg mL <sup>-1</sup>	NiCo <sub>2</sub> O <sub>4</sub> -PAMAM/GCE: > 1 h Peptide attachment: 2 h Trypsin incubation: 45 min	Healthy human serum	[15]
In the presence of trypsin fluorescence of PdNPs is recovered	Peptide-coated PdNPs	Fluorescence	0.18 µg mL <sup>-1</sup>	Trypsin incubation: 100 min	Urine from healthy individual volunteers	[24]
Trypsin MIP	MIP-AuE	QCM	0.07 µg mL <sup>-1</sup>	MIP: 22 h	Pharmaceutical formulations	[8]
Apo ferritin decomposition by trypsin	Apo ferritin/MoS <sub>2</sub> -TiO <sub>2</sub> /ITO	PEC	0.82 ng mL <sup>-1</sup>	Apo ferritin/MoS <sub>2</sub> -TiO <sub>2</sub> /ITO: 6 h	Healthy human serum	[7]
Hydrolysis of Cyt c, which quenches AuNCs fluorescence, catalysed by trypsin	AuNCs-based system	Fluorescence	0.08 µg mL <sup>-1</sup>	AuNCs: 24 h Trypsin incubation: 1 h	Human blood	[20]
Protamine hydrolysis in the presence of trypsin results in a decrease of catalytic activity and of solution colour.	Protamine-PtNPs	Colorimetry	0.03 µg mL <sup>-1</sup>	Protamine-PtNPs: > 26 h Trypsin incubation: 2 h	Healthy human serum	[4]



**Table 2** (continued)

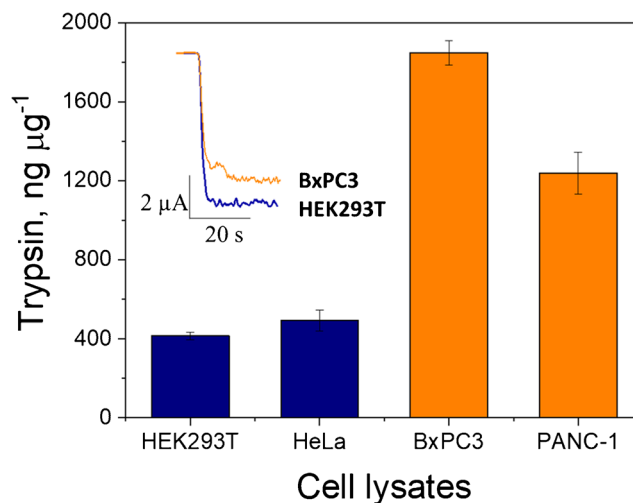
Sensing fundamentals	Sensing system	Transduction technique	LOD	Preparation time	Sample	Ref.
Added trypsin catalyses protamine hydrolysis leading to less MPA-AgInZnS QDs/protamine complex formation and lowering the fluorescence intensity	MPA-AgInZnS QDs/protamine	Fluorescence	0.04 $\mu\text{g mL}^{-1}$	MPA-AgInZnS QDs: > 5 h Trypsin incubation: 1 h	Real human serum	[9]
Hb-AuNP's quench the fluorescence of AuNCs. When trypsin hydrolyses Hb, AuNPs aggregate in the presence of AuNCs, colour changes from red to blue and the blue fluorescence of the AuNCs is recovered.	AuNC/Hb-AuNPs	Colorimetry Fluorescence	4.6 ng $\text{mL}^{-1}$ (fluorometry) 8.4 ng $\text{mL}^{-1}$ (colorimetry)	Trypsin incubation: > 65 min	Human serum	[2]
After trypsin cleavage of a peptide sequence labelled with FITC attached to MBs, and incubation with HRP-anti-FITC the amperometric signal in the presence of HQ/HRP/H <sub>2</sub> O <sub>2</sub> decreases.	HRP-anti-FITC/peptide/ Neutravidin-MBs/SPCE	Amperometry	7 nM (0.16 $\mu\text{g mL}^{-1}$ )	MBs modification: 15 min Trypsin incubation: 3 h Final labelling: 15 min	Human cell lysates and trypsin standard	This

*Av*: avidin; *AuNCs*: gold nanooclusters; *AuE*: gold electrode; *BSA*: bovine serum albumin; *CMR2*: coumarin derivative; *Cyt*: cytochrome; *DPV*: differential pulse voltammetry; *FITC*: fluorescein isothiocyanate; *FRET*: fluorescence resonance energy; *GCE*: glassy carbon electrode; *GQDs*: graphene quantum dots; *Hb*: haemoglobin; *HQ*: hydroquinone; *HRP*: horseradish peroxidase; *HSA*: human serum albumin; *IDE*: interdigitated finger electrode; *ISE*: ion-selective electrode; *ITO*: indium tin oxide; *LOD*: limit of detection; *MBs*: magnetic particles; *MIP*: molecularly imprinted polymer; *MNP*: magnetic nanoparticle; *MWCNTs*: multiwall carbon nanotubes; *NPs*: nanoparticles; *PAMAM*: poly(amidoamine); *PDA*: polydopamine; *PEC*: photoelectrochemical; *QCM*: quartz crystal microbalance; *QDs*: quantum dots; *rGO*: reduced graphene oxide; *SAM*: self-assembled monolayer; *SPCE*: screen-printed carbon electrode; *SWV*: square-wave voltammetry; *WE*: working electrode

Furthermore, the peptide-based biosensor was used to analyse lysates from pancreatic cancer (BxPC3 and PANC-1), cervix carcinoma (HeLa) and kidney (HEK293T) cells. The determination of trypsin in this type of complex biological samples was carried out by the standard additions method, using only 0.1  $\mu\text{g}$  of sample in each case. As can be seen in Fig. 4, a remarkably larger trypsin concentration was found in pancreatic cancer cell lysates ( $1850 \pm 60 \text{ ng } \mu\text{g}^{-1}$  for BxPC3 cells, and  $1200 \pm 100 \text{ ng } \mu\text{g}^{-1}$  for PANC-1 cells) in comparison with kidney ( $410 \pm 20 \text{ ng } \mu\text{g}^{-1}$  for HEK293T) and cervical ( $490 \pm 50 \text{ ng } \mu\text{g}^{-1}$  for HeLa) cell lysates. The results obtained in the analysis of PANC-1, HEK293T and HeLa cells were in agreement with those found by Wu et al. using a label-free phosphorescent sensing method involving cytochrome C-capped Mn:ZnS quantum dots [21]. These findings show the ability of the developed biosensor to discriminate between pancreatic and non-pancreatic cancer cells providing as far as we know the first quantitative data of the target protease in this type of sample. However, it is important to mention that future efforts should focus on a more exhaustive validation by analysing more samples, by different users at different environments and using different methodologies.

### Conclusions

This work describes the first peptide-MBs based biosensing method for the on-off amperometric determination of trypsin. This selective, precise, accurate and low-cost method has competitive advantages compared to other previously reported peptide-based electrochemical methodologies to be adapted for routine trypsin determination at the point-of-care



**Fig. 4** Determination of trypsin determination in cancer cell lysates (0.1  $\mu\text{g}$ ) with the developed peptide-based biosensing platform (inset: representative examples of amperometric responses obtained for pancreatic cancer (BxPC3) and kidney (HEK293T) cell lysates). Error bars estimated as triple that of the standard deviation ( $n = 3$ )

due to the use of simpler, shorter and requiring fewer reagent protocols.

The high sensitivity of this bioplatfrom allows the determination of trypsin in real clinical samples and the quantification of the trypsin content in cell lysates with the ability to discriminate between pancreatic and non-pancreatic cancer cells. This research opens the way to future development of multiplexed systems allowing the simultaneous determination of various proteases in a single sample and integration of this kind of bioplatfroms in automatic point-of-care systems. These advances would result in great advantages for diagnosis and routine clinical follow-up of prevalent diseases. It is important to note also that the developed method can easily be transferred to the determination of other biomarkers such as hydrolytic abzymes of great clinical relevance in neurodegenerative diseases such as multiple sclerosis.

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## Compliance with ethical standards

**Conflict of interest** The authors declare that they have no conflict of interest.

**Disclaimer** The funders had no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the manuscript, or in the decision to publish the results.

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