#### **RESEARCH PAPER**



# Antifouling and ultrasensitive biosensing interface based on self-assembled peptide and aptamer on macroporous gold for electrochemical detection of immunoglobulin E in serum

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# Abstract

Accurate detection of protein biomarkers in complex media remains a challenge due to severe nonspecific adsorption and biofouling, and sensing interfaces that combine the high sensitivity and antifouling ability are highly desirable. Herein, an antifouling sensing interface capable of sensitively assaying immunoglobulin E (IgE) in biological samples was constructed. The sensing interface was fabricated through the self-assembly of a zwitterionic peptide and the IgE aptamer onto a macroporous Au substrate, which was electrochemically fabricated with the aid of multilayer polystyrene nanospheres self-assembled on glassy carbon electrode. Due to the huge surface area arising from porous morphology and high specificity of aptamer, the developed electrochemical biosensor exhibits ultrahigh sensitivity and selectivity towards IgE, with the linear range of  $0.1-10 \text{ pg mL}^{-1}$ , and a very low limit of detection down to 42 fg mL<sup>-1</sup>. Interestingly, owing to the presence of the zwitterionic peptide, the biosensing interface can satisfyingly reduce the nonspecific adsorption and fouling effect. Consequently, the biosensor was successfully applied to detect IgE in complex biological samples, indicating great promise of this peptide-based sensing interface for antifouling assays.

Keywords Antifouling · Aptamer · Immunoglobulin E · Peptide · Electrochemical biosensor

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# Introduction

Human immunoglobulin E (IgE), owning a short half-life and extremely low concentration in human serum (normally 50- $500 \text{ ng mL}^{-1}$ ), plays a very important role in allergic reactions and parasitic diseases [1, 2]. The elevated concentration of IgE has been demonstrated to be closely related to allergic reactions [3]. Therefore, the rapid and accurate detection of IgE via bioanalytical method is of great significance for the diagnosis of allergy [4, 5]. In principle, antibody-antigen complexes (enzyme-linked immunosorbent assay, ELISA) can be applied to the detection of IgE due to its specific binding to antigens [6]. However, conventional antibody (Ab)-based immunoassays are limited in complicated washing steps and employing reagents that are both temperature sensitive and expensive [7]. In contrast, aptamers are known to be chemically stable and easily synthesized, and aptamer-based sensors thus provide a number of advantages over Ab-based immunoassays including high stability against temperature and low cost [8, 9]. Consequently, extensive researches have been carried out using aptamer as recognition probes for the rational

design of biosensors [10-12]. In the past few years, IgE aptamers have also been adopted to develop specific biosensors [13]. Nevertheless, the sensitivity of the sensors for IgE remains to be further improved, and the development of highly sensitive, specific, and facile sensing strategy for precise detection of IgE is still highly desirable.

Among various sensing strategies employed so far, the electrochemical sensing method is highly sensitive, simple to operate, and non-destructive with respect to the detection of target biomolecules [14–16]. Hence, electrochemical biosensors have been intensively investigated, and many efforts have been devoted into improving the sensitivity by employing advanced nanomaterials with superior physicochemical properties [17]. One of the most successful examples is that porous nanostructures were introduced onto the electrode surface to enlarge the specific surface area, thus to improve the sensitivity of the biosensors [18-20]. In fact, the three-dimensional (3D) nanoporous gold has become an attractive candidate for the construction of electrochemical biosensors, not only because of the efficiently increased surface area, but also due to the abundant sites for the immobilization of recognition probes, thus enhancing the capturing of the targets [21-23].

For real biological sample analysis, a considerable issue is that the nonspecific adsorption of serum proteins can severely influence the reliability and accuracy of the biosensor. Therefore, reducing the nonspecific adsorption on the sensing interface is essential for the practical application of biosensors, and numerous efforts have been devoted to solving this problem [24]. One efficient solution is to construct antifouling biosensing interfaces employing anti-nonspecific adsorption materials such as polyethylene glycol (PEG) [25-27], zwitterionic molecules [28], and peptide [29-32]. Due to its good biocompatibility and ease for design and synthesis, peptide has become a promising candidate material for antibiofouling application [33, 34]. For example, it has been demonstrated that a designed peptide comprising alternating negatively charged glutamic acid (E) and positively charged lysine (K) residues shows satisfying performance in preventing nonspecific protein adsorptions [35]. Particularly, peptides with strong hydrophilicity and neutral charge behave well against biofouling [35, 36], as these properties help to prevent nonspecific protein adsorption through hydrophobic interaction and charge attraction, respectively.

Herein, we report an ultrasensitive and antifouling IgE aptasensor based on macroporous Au self-assembled with aptamer and zwitterionic peptide. The macroporous Au nanostructure was electrochemically deposited onto the electrode surface with the aid of multilayer polystyrene nanospheres self-assembled onto glassy carbon electrode. Then, the aptamer and peptide were self-assembled separately onto the surface via the Au–S bonding. Owing to the large surface area of the macroporous Au and the high bioaffinity of the aptamer, the electrochemical aptasensor is highly sensitive towards IgE. Moreover, the aptasensor is capable of sensing target in complex biological samples without significant fouling effect, thanks to the presence of zwitterionic peptide on the biosensing interface.

# **Materials and methods**

#### Chemicals and apparatus

Chloroauric acid, chloroform, and monodisperse aminemodified polystyrene (PS, diameter ~ 0.25  $\mu$ m, 2.5% w/v) nanospheres were purchased from Aladdin Reagents (Shanghai, China, http://www.aladdin-e.com/). Human serum albumin (HSA), immunoglobulin G (IgG), and lysozyme (Lyz) were purchased from Taitan Sci. Co. Ltd. (Shanghai, China, http://www.tansoole.com/). Fetal bovine serum (FBS) was purchased from Tianhang Biotechnology Co., Ltd. (Zhejiang, China, http://hzsjq.cnbio.net/). IgE aptamer (5'SH-GGGGCACGTTTATCCGTCCCTCGTAG TGGCGTGCCCC3'), DNA sequence 5'GAACAAAA GGAAGAAAATC3', and the peptide with the sequence of EKEKEKE-PPPPC were synthesized and purified from Sangon Biotech Co., Ltd. (Shanghai, China, http://www. sangon.com/), with the confirmation report of HPLC, mass spectra, or PCR. Phosphate-buffered saline (PBS, 0.2 M, pH 7.4) was used to prepare stock solutions of oligonucleotides and peptide in all related experiments. All other reagents used were of analytical grade. All solutions used for experiments were prepared with ultrapure water produced from the Milli-O purification system.

All electrochemical measurements were performed on a CHI660E electrochemical workstation (Shanghai CH Instruments Co., Ltd., China, http://www.chinstr.com/). A conventional three-electrode system was applied with a platinum wire as the counter electrode, a saturated calomel electrode (SCE) as the reference electrode, and a bare or modified glassy carbon electrode (GCE, diameter 3.0 mm) as the working electrode. Scanning electron microscopy (SEM) was performed to characterize the nanostructures and morphologies of the modified materials by a JEOL JSM-7500F SEM instrument (JEOL, Ltd., https://www.jeol.co.jp/en/). X-ray photoelectron spectroscopy (XPS) analysis was performed on glassy carbon piece using an AXIS Ultra spectrometer, with a high-performance Al monochromatic source operated at 15 kV. Static water contact angle tests were carried out with the JC2000 Instrument (Shanghai Zhongchen Instrument Co., Ltd., China, http://www.powereach.com/) to determine the hydrophilicity of various surfaces.

Cyclic voltammogram (CV) and differential pulse voltammetry (DPV) of the bare electrode and the modified electrodes were recorded in PBS (0.2 M, pH 7.4, if not otherwise stated) containing 5.0 mM redox probe  $[Fe(CN)_6]^{3-/4-}$  and 0.1 M KCl. CV conditions are scanning range from – 1.2 to 1.2 V with scan rate of 0.10 V/s. Electrochemical impedance spectroscopy (EIS) measurements were conducted in PBS (0.2 M, pH 7.4) with a frequency range of 1 to 100,000 Hz, a waveform magnitude of 5.0 mV, and the current potential of 0.20 V.

### Preparation of the porous Au-modified electrode

The process of preparing the macroporous Au and the biosensor is shown in Scheme 1. Firstly, PS nanospheres were assembled onto the GCE surface by the vertical deposition technique according to our previous report [23]. The detailed procedure can be found in the Electronic Supplementary Material (ESM). Secondly, Au was deposited into the interstitial spaces of PS nanospheres by electrodeposition from a solution of 0.01 M chloroauric acid, using an amperometric i-t method with the applied potential of -0.1 V for 200 s. The deposition time was optimized to achieve the best electrochemical response as shown in Fig. S1 (see ESM). Thirdly, the electrode modified with a nanocomposite film of Au and PS nanosphere was rinsed with alcohol, dried with a flow of nitrogen stream, and soaked in chloroform for 3 h to remove the PS templates. As a result, the electrode surface modified with macroporous Au film was obtained, and the macroporous Au/GCE was thoroughly rinsed with ethanol and water.

### Preparation of the sensing interface

To immobilize the IgE-specific aptamer and peptide onto the electrode surface, the self-assembly strategy was used as shown in Scheme 1. Firstly, the fabricated porous Au/GCE was immersed into 0.2  $\mu$ M of IgE aptamer solution and kept incubated for 12 h at room temperature to self-assemble the aptamer. The sequence of the aptamer for specific binding with IgE was adopted according to literature [5]. Secondly, the modified electrode was immersed into a 0.2 mg mL<sup>-1</sup> of peptide solution and kept incubated for 12 h at room temperature to immobilize the

peptide, serving as the antifouling layer on Au substrate. As a result, the antifouling aptasensor was obtained.

### Characterization of the antifouling ability

To assess the antifouling performance of the peptide-based biosensing interface, different dilution ratios of FBS were used. FBS was diluted with PBS (10 mM, pH 7.4) to different dilution ratios (V/V) of 1, 2, and 5%. The EIS responses of modified electrodes before and after incubation in serum for 30 min (followed by washing with PBS and water) were recorded in PBS (0.2 M, pH 7.4) containing 5.0 mM redox probe [Fe(CN)<sub>6</sub>]<sup>3-/4-</sup> and 0.1 M KCl.

# Detection of target protein IgE

The prepared aptasensor was incubated in PBS containing different concentrations of target protein IgE for 30 min at room temperature. The DPV signals of the sensor before and after target binding were measured in PBS (0.2 M, pH 7.4) containing 5.0 mM redox probe  $[Fe(CN)_6]^{3-/4-}$  and 0.1 M KCl. To investigate the specificity of the assay, other biomolecules such as DNA, HSA, IgG, and Lyz were used as possible interferents.

# **Results and discussion**

# Characterization of the modified electrode

# Morphology of the porous Au/GCE

The morphologies of the PS template and porous Au-modified electrode surfaces were characterized by SEM. As shown in Fig. 1a, the PS nanospheres are rather monodisperse with an average diameter of around 250 nm and closely packed on the electrode surface. In addition, the PS nanospheres are



Scheme 1 Sketch of the fabrication process of the IgE sensor based on porous Au/GCE, zwitterionic peptide, and IgE aptamer



Fig. 1 SEM images of the PS template (a and b) and macroporous Au film (c) on the surface of GCE under different magnifications

multilayer as shown in Fig. 1b. The uniformly compact PS template is essential for the following preparation of a wellordered porous Au film. The Au film was deposited into the interstitial spaces of PS spheres on the electrode surface by the electrochemical reduction of chloroauric acid, and then the PS nanospheres were removed by immersing the electrode in chloroform. Typical SEM image of the resulting porous Au film is shown in Fig. 1c. Clearly, the macroporous Au was formed on the electrode surface, with relatively uniform pores with diameters of 200–300 nm. Such a nanostructure can not only offer large specific surface area for the construction of a sensitive electrochemical biosensing interface, but also provide a reliable Au substrate for subsequent conjugation of biomolecules.

# Electrochemical characterization of the biosensor fabrication process

CV and DPV are effective methods to investigate the interface properties of modified electrodes. To characterize the stepwise fabrication of the biosensor, CV and DPV of the bare GCE and different modified electrodes were recorded and are shown in Fig. 2A, B, respectively. As shown in curve (a), the bare GCE shows a pair of well-defined redox peaks with the peak potentials centered at 0.15 and 0.25 V, respectively, because of the presence of electrochemical redox probe  $[Fe(CN)_6]^{3-/4-}$ . An obvious decrease (nearly 94%) of peak current was observed for PS/GCE (curve b) after PS nanospheres were modified onto the electrode surface, as the non-conductive PS nanospheres can block the electron transfer between the  $[Fe(CN)_6]^{3-/4-}$ probe and the electrode surface. As expected, the peak current of Au/PS/GCE (curve c) increases after Au was electrodeposited onto the interspace of the PS nanospheres. After the nonconductive PS nanospheres were removed, the porous Au/GCE (curve d) presents a six times larger peak current. Subsequently, the aptamer terminated with a thiol group was modified onto the Au surface via the Au-S bonding. The resulting aptamer/ porous Au/GCE (curve e) shows a drastic decrease (about 27%) of the peak current, because the aptamer significantly prevents the electron transfer between the redox probe and the electrode surface. The zwitterionic peptide containing cysteine, which is as expected. The consistent CV and DPV results demonstrate that the peptide/aptamer/porous Au-modified electrode was successfully fabricated. Furthermore, XPS was used to characterize the surface modification process. As shown in Fig. S2 (see ESM), the existence of Au<sub>4f</sub> (84 and 88 eV) and Au<sub>4d</sub> (335 and 353 eV) demonstrates the successful deposition of Au film. After aptamer immobilization, two characteristic peaks appear, i.e., 134 and 169 eV, ascribed to phosphorus 2p (P<sub>2p</sub>) and sulfur 2p (S<sub>2p</sub>) from aptamer. Further assembly of the peptide enhances the signal intensity of S<sub>2p</sub>, demonstrating the successful

rich in thiol group, was further assembled onto the macroporous

Au surface via Au-S bonding, and the peptide/aptamer/porous

Au/GCE (curve f) exhibits further decrease of the peak current



**Fig. 2** CV (**A**) and DPV (**B**) of the different electrodes in 0.1 M KCl aqueous solution containing 5 mM  $[Fe(CN)_6]^{3^{-/4^-}}$  as redox probe. (a) bare GCE, (b) PS/GCE, (c) Au/PS/GCE, (d) porous Au/GCE, (e) aptamer/porous Au/GCE, and (f) peptide/aptamer/porous Au/GCE

modification of peptide onto the substrate. On the contrary, the  $P_{2n}$  signal slightly reduces after covering the peptide because there is no P element in the peptide. Moreover, the Au signals gradually decrease as growing the modifiers, revealing the successive cover of aptamer and peptide. To verify the reproducibility of the preparation process, the electrochemical responses of five independently prepared biosensors were recorded and shown in Fig. S3 (see ESM). The small relative standard deviation (RSD) value of 2.9% strongly demonstrates the reliability of the preparation method.

# Hydrophilic property of the modified interface

The water contact angle is commonly used to characterize the surface wettability. Figure 3 shows the change of water contact angle along with the electrode surface modification. The water contact angle of the porous Au electrode surface (about 82.0°, Fig. 3b) is larger than that of the bare GCE (about 63.5°, Fig. 3a), indicating poor wettability of the macroporous Au surface, because of many pores with the diameter not suitable for water filling [37]. As shown in Fig. 3c, the surface modified with aptamer shows a decreased contact angle of 60.2° due to the hydrophilicity of the aptamer chain backbone. Further assembly of peptide onto the electrode surface resulted in a contact angle of 35.8° (Fig. 3d), demonstrating a remarkably improved hydrophilicity due to the zwitterionic structure of the peptide carrying abundant amino (-NH<sub>2</sub>) and carboxyl (-COOH) groups. This high hydrophilicity meanwhile improves the antifouling ability of the biosensor, as the hydrophilic surface can prevent the nonspecific protein adsorption through the steric repulsion of hydration shell.

#### Antifouling property of the sensing interface

EIS has been proven to be one of the most powerful tools for interfacial investigation, and the electron transfer resistance  $(R_{\rm ct})$  is a directive and sensitive parameter that responds to the change of the electrode interface, including the nonspecific adsorption on the electrode surface. The zwitterionic peptide with the sequence of EKEKEKE-PPPPC, possessing excellent hydrophilicity and nearly neutral charge, was selected as the antifouling material according to previous report in which the sequence has been demonstrated to show ultra-low fouling to protein adsorption with small variation compared with other sequences [35]. Particularly, the -PPPPC linker can provide a well-defined secondary structure needed to promote closely packed monolavers with ultra-low fouling property. In order to assess the antifouling ability of the biosensor, contrast experiments were conducted with electrodes modified with and without peptide. After incubation in 0, 1, 2, and 5% FBS, nearly no EIS change was observed for the peptide-modified electrode, as shown in Fig. 4b. While for the control experiments of the electrode without peptide,  $R_{ct}$  shows a continuous increment along with the increase of FBS concentration (Fig. 4a), by 103.0, 131.1, and 181.6% compared with that of the sensor in absence of FBS. The noticeable resistance increment was caused by the nonspecific protein adsorption. This result indicates that the constructed biosensor with the zwitterionic peptide possesses satisfying antifouling ability.

# **Biosensing performance**

To assess the sensing performance of the prepared biosensor, DPV was employed to record the signal responses in 5.0 mM  $[Fe(CN)_6]^{3-/4-}$ . As shown in Fig. 5a, the peak current of the biosensor decreases along with the increased concentration of IgE, owing to the specific binding of the aptamer and the target protein IgE. The DPV response change  $(-\Delta I_p/I_{p0})$  behaves as a good linear correlation ( $R^2 = 0.997$ ) with the logarithmic value of IgE concentration, as shown in Fig. 5b, and the linear range lies between 0.1 and 10 pg mL<sup>-1</sup>. The limit of detection (LOD) was calculated to be 42 fg mL<sup>-1</sup> (S/N=3), which is much lower than that of previous reports, as summarized in Table S1 (see ESM). The ultrasensitive performance of the fabricated biosensor is mainly attributed to the large surface area of the macroporous Au and the excellent antifouling property of the peptide, as well as the high bioaffinity of the aptamer to IgE. For clarifying the advantage of the macroporous structure of the Au substrate, the sensing performances of the electrode without modification of macroporous Au were investigated as contrast. As shown in Fig. S4 (see ESM), the biosensor without porous Au film always shows less DPV response changes towards IgE in a concentration range of 0.5–5.0 pg/mL compared with the sensor with porous



Fig. 3 Images of water droplets on bare GCE (a), porous Au/GCE (b), aptamer/porous Au/GCE (c), and peptide/aptamer/porous Au/GCE (d). The contact angles were determined via a goniometer by averaging three measurements



**Fig. 4** EIS of aptamer/porous Au/GCE (**a**) and peptide/aptamer/porous Au/GCE (**b**) in PBS containing 5.0 mM redox probe  $[Fe(CN)_6]^{3-/4-}$  and 0.1 M KCl after incubation in different concentrations of FBS solutions (0, 1, 2, 5%)

Au, manifesting the macroporous structure indeed enhances the sensing performance.

To assess the reproducibility of the aptasensor, the same sensor was employed to detect 5.0 pg/mL IgE for three reduplicate measurements, and the resulting electrochemical responses are shown in Fig. S5 (see ESM). The small RSD value of 1.1% indicates the excellent reproducibility of the aptasensor.

To evaluate the selectivity of the developed biosensor towards IgE, the response of the biosensor was tested in different solutions containing HSA, DNA, and Lyz separately. IgG, structurally similar to IgE, was also selected as a possible interfering protein to test the specificity of the biosensor. As shown in Fig. 6, the relative responses of the biosensor to other biomolecules with 100 times higher concentration are negligible, in comparison to those of the biosensor response to IgE. The low aptamer crossreactivity towards HSA, DNA, Lyz, and even structurally similar IgG assures the excellent selectivity of the biosensor towards IgE. This can be ascribed to the high specificity of the aptamer and the antifouling ability of the peptide which can effectively prevent the nonspecific adsorption onto the sensing interface. This result demonstrates that the current biosensor is favorable for the accurate detection of IgE in complicated biological samples.



**Fig. 5 a** DPV curves of the aptasensor after incubation in different concentrations of IgE in PBS (0.2 M, pH 7.4). **b** The DPV response changes  $[-\Delta I_p/I_{p0} (\%)]$  of the aptasensor as a function of IgE concentration. The inset shows the corresponding calibration curve. Error bars represent the standard deviations across three repeated measurements

In order to investigate the accuracy of the biosensor in real samples, different concentrations of IgE were added into 5% (V/V) bovine serum solutions and then measured with the prepared biosensor. The results are listed in Table S2 (see ESM), and the results show satisfying recoveries of IgE (vary from 97.83 to 101.18%), with the RSD between 1.2 and 5.2%. This further reveals the low cross-reactivity of the aptasensor for IgE even in FBS, indicating that the antifouling aptasensor has a promising potential for practical applications.



**Fig. 6** Responses of the IgE biosensor to 0.01 ng  $mL^{-1}$  of IgE, 1 ng  $mL^{-1}$  of HSA, IgG, and Lyz, and 1.0 nM DNA, respectively

# Conclusion

An ultrasensitive and specific electrochemical biosensor based on macroporous Au and zwitterionic peptide for IgE detection was developed. The macroporous Au film can greatly increase the specific surface area and thus improve the sensitivity of the biosensor. The selected aptamer well ensures the high selectivity of the biosensor towards IgE. Furthermore, the presence of the zwitterionic peptide on the biosensing interface exhibits satisfying antifouling ability, which enables the designed biosensor to achieve accurate detection of targets within complex biological samples. Notably, the fabricated biosensor shows ultrahigh sensitivity for the detection of IgE with the LOD of 42 fg mL<sup>-1</sup>, and it is capable of sensing target in 5% serum without significant biofouling. The current investigation has provided an effective and reliable approach to construct sensitive and specific antifouling biosensors, especially for the detection of biomarkers in complex biological samples.

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# **Compliance with ethical standards**

**Conflict of interest** The authors declare that they have no competing interests.

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