#### **ORIGINAL INVESTIGATION**



# Glibenclamide alters serotonin and dopamine levels in the rat striatum and hippocampus, reducing cognitive impairment

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### Abstract

**Rationale** Glibenclamide (GD) is a widely used medical drug; therefore, identifying the mechanisms underlying its pleio-tropic effects in the central nervous system is urgent.

**Objectives** The aim of this work was to determine the ability of GD to modulate serotonin (5-hydroxytryptamine, 5-HT) and dopamine (DA) transmission and to assess the dose-dependent effect of GD on cognitive function in rats during natural ageing.

**Methods** In Experiment 1, rats received 10, 25, or 50  $\mu$ g/kg GD intraperitoneally for 10 days. In Experiment 2, rats received 50  $\mu$ g/kg GD intraperitoneally for 30 days. Spatial and working memory was assessed in the MWM and Y-maze tests, respectively. In both experiments, the levels of DA and 5-HT, their metabolites, and turnover rate were analysed by HPLC-ED in the rat hippocampus and striatum.

**Results** Changes in DA and 5-HT levels occurred only with a dose of 50 µg/kg GD. Therefore, in the second experiment, we administered a dose of 50 µg/kg GD. At this dose, GD prevented the development of impairments in spatial and working memory. The hippocampal concentrations of DA and DOPAC decreased, and the striatal concentrations of DA, DOPAC, 5-HT, and 5-HIAA increased.

**Conclusion** One of the possible mechanisms of the precognitive effect of GD is its ability to modulate monoamine transmission. Thus, in translating our results to humans, GD can be recommended as a prophylactic agent for natural ageing to reduce the risk of developing cognitive impairments.

Keywords Cognitive impairment · Dopamine · Glibenclamide · Hippocampus · Serotonin

## Introduction

Cognitive function is realized through integrated brain activity (Hugo and Ganguli 2014), and cognitive impairments develop in a variety of focal and diffuse brain lesions (Kalaria et al. 2016; Solé et al. 2017; Lao et al. 2021; Paitel et al. 2021; Sood and Raji 2021). According to the World Health Organization, more than 20 million people worldwide suffer from dementia and cognitive impairment, and this number is constantly increasing, both in older people and also in the working-age population (WHO 1948). Therefore, the preservation and restoration of impaired cognitive function are global problems for modern medicine.

Practically, all neurotransmitter systems are involved in the biochemical processes of memory (Stern and Alberini 2013; Atherton et al. 2015; Alhowail 2021). For example, cognitive impairment is associated with 5-HT system dysfunction, which leads to impaired glutamate and GABA transmission in the hippocampus and frontal cortex (Nazar et al. 1999). The modulatory effects of various 5-HT receptors on cognitive function are also mediated by the influence of 5-HT on other neurotransmitter systems. For example, the activation of 5-HT1A, 5-HT2A, 5-HT4, and 5-HT6 receptors enhances cognition and memory (Roth et al. 2004), and the activation of 5-HT1B and 5-HT3 receptors in the hippocampus causes memory impairment (Buhot et al. 2003). Recent studies have shown that activation of 5-HT receptors in the CA1 region of the hippocampus potentiates excitatory

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signalling at CA3-to-CA1 synapses and enhances spatial memory, while suppression of 5-HT synapse activity in CA1 leads to memory impairment (Teixeira et al. 2018). These data show a significant modulatory effect of 5-HT on memory processes. Dopamine (DA) is implicated in the regulation of cognitive function, including cognitive control processes and working memory (Cools and D'Esposito 2011). Traditionally, the cognitive effects of DA have been attributed to the mesocortical DA pathway. However, the involvement of striatal DA in working memory and cognitive control has recently received increasing attention (McNab and Klingberg 2008). However, no consistent conclusion has been reached. The involvement of DA in modulating cognitive function is associated with the innervation of the hippocampus by dopaminergic mesencephalic neurons from the ventral tegmental area and the substantia nigra (Atherton et al. 2015). In addition, DAT-KO rats, which cannot reuptake dopamine and thus have elevated extracellular striatal dopamine levels, demonstrate a deficit in working memory (Kurzina et al. 2020).

Serotonergic/dopaminergic drugs are assumed to positively influence cognition, but their effects appear to be dependent on baseline serotonin/dopamine levels (Gibbs and D'Esposito 2005); thus, they cannot be prescribed for preventing cognitive dysfunction. Drugs that modulate 5-HT and DA transmission through indirect effects may be useful for preventing or correcting cognitive impairment. In particular, glibenclamide (GD) is an attractive option. This drug was introduced into clinical practice in 1969 (for treating type 2 diabetes mellitus) and has an established neuroprotective effect. A few studies have reported that GD has a procognitive effect on a model of type 2 diabetes and Alzheimer's disease in rats (Esmaeili et al. 2020) and attributes its effect to a decrease in neuroinflammation in the hippocampus. However, studies have yet to investigate the effects of GD during natural ageing. Moreover, the mechanism underlying GD's procognitive effect may be much more complex. Given that GD modulates DA (Patel et al. 2010; Zubov et al. 2020) and 5-HT transmission (Soliman et al. 2020) and the evidence that the striatum is involved in cognition (Cools 2011), the aim of this work was to demonstrate the ability of glibenclamide to modulate 5-HT and DA transmission and to assess the dose-dependent effect of glibenclamide on the cognitive function of rats during natural ageing.

### Materials and methods

#### Animals

Adult male Wistar rats  $(180 \pm 20 \text{ g})$  were used in all experiments. The rats were purchased from the Rappolovo nursery (Leningrad Region, Russia). The animals were housed in cages (4–5 animals/cage) in a room with controlled conditions (temperature of  $24 \pm 1$  °C, 45-65% humidity, and a 12 h light/12 h dark cycle). In the experimental period, pelleted rat chow and water were available ad libitum. All procedures with rats were carried out according to institutional guidelines and in compliance with the National Institutes of Health (NIH) Guide for the Care and Use of Laboratory Animals as well as national laws (Ministry of Health of Russian Federation N267, June 19, 2003; Guide for the Use of Laboratory Animals, Moscow, 2005).

#### **Experimental design**

The experiments were carried out in two stages. A schematic diagram of the experiments is shown in Fig. 1.

**Stage 1** Forty male rats were divided into 4 groups of 10 animals each by the block randomization method; the groups were as follows: GD-10, GD-25, GD-50, and the control group. The rats in the GD-10 group received an intraperitoneal injection of  $10 \mu g/kg$  GD daily for 10 days. The GD-25





and GD-50 groups received intraperitoneal injections of 25 µg/kg and 50 µg/kg GD, respectively, daily for 10 days. The control group received an intraperitoneal injection of 1 ml of saline. At the end of the experiment, the rats were deeply anaesthetized by intraperitoneal administration of Zoletil (15 mg/kg) and decapitated with a guillotine (Open-Science AE1601, RPC OpenScience Ltd, Russia). The rat brains were quickly excised and dissected from the skull according to previously described methods (Paul et al. 2008). Using a brain slicer matrix, the whole hippocampus and striatum were collected. Brain areas were identified with a brain atlas (Paxinos and Watson 2013). All collected tissue was immediately frozen and stored at -80 °C until analysis. The monoamine levels in the samples were analysed by HPLC-ED.

**Stage 2** At the age of 4 months, twenty Wistar males were tested in the Morris water maze test and in the Y-maze test (as described below). At the age of 7 months, the rats were divided into two groups of 10 animals each by the block randomization method, forming the GD-50 and control groups. The rats in the GD-50 group received an intraperitoneal injection of 50  $\mu$ g/kg GD daily for 30 days. The control group received an intraperitoneal injection of saline on the same schedule. At the age of 8 months, the cognitive function of the rats was re-assessed with the MWM and Y-maze tests. At the end of the experiment, the animals were decapitated, and striatum and hippocampus samples were collected as described above.

# Evaluation of behaviour in the Morris water maze (MWM) test

Spatial learning and memory were investigated using the MWM test. In the MWM, rats are placed in a large circular pool of water from which they can escape onto a hidden platform located in the middle of one of the four quadrants of the pool. The dimensions of the pool were 150 cm in diameter by 60 cm high, with the water level set at a height of 43 cm above the base. The pool was filled with water at a temperature of  $22 \pm 1$  °C. The dimensions of the platform were  $10 \times 10$  cm. Four points around the circumference of the pool were arbitrarily designated north, south, east, or west, and on this basis, the pool area was divided into 4 quadrants (NW, SW, etc.). Geometric shapes on the walls of the pool in the positions NW, NE, SE, and SW serve as cues for the animal.

The platform was located in the centre of the northwestern (NW) sector. The platform was rendered invisible by ensuring that its surface was just beneath the water surface (at a depth of 1.0-1.5 cm) and by making the water opaque (by adding a small quantity of milk). Thus, there were no local cues to guide escape behaviour. The northeastern (NE), eastern (E), southern (S), and southwestern (SW) regions of the pool were chosen as the starting positions. Normal rats very quickly learned to swim directly towards the platform from any starting position at the circumference of the pool.

Over 4 days, each rat was given 4 trials to find the platform, each trial from a different position. The attempt ended when the rat found the platform or if the rat did not find the platform within 90 s. In the latter case, the rat was carefully directed to the platform, where it was allowed to sit for 30 s. The new trial started 90–120 s after removing the rat from the platform in the previous trial. The final test without a platform (the probe trial) was carried out on the 5th day for 90 s. Several measures were used to estimate the efficiency of the rat's performance: directionality, latency to find the platform on each trial, length of the swim path, and the distribution of swimming time and path in the four quadrants of the pool during the probe trial, in which the platform was removed from the pool.

Animals were recorded, and path processing was carried out in the "Pavlovian Tracking" program, developed by employees of the I.P. Pavlov Department of Physiology, FSBSI "Institute of Experimental Medicine". The time the animal spent in the platform area was recorded.

#### Y-maze preference test

Spontaneous alternation behaviour was tested in the Y-maze to evaluate the working memory performance of animals as described elsewhere (Yoon et al. 2013). A rat was placed into the Y-maze (arms angled at  $120^\circ$ ,  $10 \text{ cm width} \times 45 \text{ cm}$ length  $\times$  30 cm wall height) for 8 min and video recorded. The sequence of arm entries was registered, and alternation was defined as consecutive entry into three different arms without repeats. The percentage of alternation behaviour was calculated relative to the maximal number of alternations (number of arm entries minus 2).

# Measurements of brain monoamines and their metabolites

Measurement of monoamine levels was carried out as previously described (Tseilikman et al. 2020). Briefly, brain tissue was homogenized in 0.1 M perchloric acid. After homogenization, the samples were centrifuged (7000×g for 15 min at 4 °C), and the supernatants were filtered through a Whatman 0.2-micron pore size syringe filter (Millipore Sigma, Burlington, USA). High-performance liquid chromatography (HPLC) was performed on a Hypersil BDS C18 reversed-phase column (250×4.6 mm, 5  $\mu$ m) under isocratic conditions with electrochemical detection. The mobile phase consisted of 75 mM phosphate buffer containing 2 mM citrate acid, 0.1 mM octane sulfonic acid, and 15% (v/v) acetonitrile (pH 4.6). Electrochemical detection was achieved by setting a glassy carbon working electrode at + 780 mV. Twenty microlitres of supernatant was injected directly into the HPLC system. Each sample was injected 3 times, and the results were averaged. Monoamine levels were corrected for the total protein concentration of the final sample, as assessed by the Pierce bicinchoninic acid (BCA) assay according to the manufacturer's instructions (Thermo Fisher Scientific, Inc), and were expressed in ng/mg of total protein content using an external calibration curve. The turnover of 5-HT was calculated as follows:

$$5 - \text{HTturnover} = [5 - \text{HIAA}]/[5 - \text{HT}]$$
(1)

The turnover of dopamine was calculated as follows:

$$Dopamineturnover = ([HVA] + [DOPAC]) / [Dopamine]$$
(2)

The minimum detectable monoamine concentration was 5 ng/20  $\mu$ l. The coefficient of monoamine variation in a single sample did not exceed 5%. Quality control of the measurement results was carried out by an internal quality control service.

#### **Statistical analysis**

Statistical analysis was conducted using Statistica 8.0 (Stat-Soft). Sample size calculation was performed with G\*Power 3.1.9.2 software with an effect size of 0.55, a 5% significance level, and a power of 0.8. The normality of the distribution was verified by the Shapiro–Wilk test. Data are expressed as the mean  $\pm$  standard error of the mean (SEM) for mono-amines and the median (q1/4; q3/4) for behavioural assessment data. A one-way ANOVA (factor, GD dose (0, 10, 25, 50)) was used to detect the dose-dependent effect of GD. The effect of GD on spatial memory and working memory was determined by two-way ANOVA including time (4 or 8 months) as the dependent variable and group (control versus GD) as the independent variable. Statistical significance of differences in behavioural assessment data was determined with the Wilcoxon signed-rank test. To find a

linear relationship between the changes in monoamine levels and cognitive performance, the Spearman correlation coefficient was calculated. p < 0.05 was considered a statistically significant value.

#### Results

# Dose-dependent effect of GD on brain monoamines, their metabolites, and turnover rates

Figure 2 shows the dose-dependent effect of GD on the concentration of DA and its metabolites (DOPAC and HVA) in the hippocampus (A) and striatum (B). Exposure to GD led to a change in the DOPAC concentration in the hippocampus (F(3,36) = 3.00, p = 0.044). Hippocampal DOPAC concentrations were significantly decreased in GD-50 rats compared to those in controls (p=0.034, Tukey post hoc test) but not those in GD-10 and GD-25 rats. Hippocampal DA and HVA concentrations were not altered by GD. In the striatum, exposure to GD led to a change in DA concentration (F(3,36) = 4.71, p = 0.007) and DOPAC concentrations were significantly increased in GD-50 rats compared to those in controls (p=0.018 and p=0.002, respectively, Tukey post hoc test) but not those in GD-10 and GD-25 rats.

Figure 3 shows the dose-dependent effect of GD on the concentration of 5-HT and its metabolite 5-HIAA in the hippocampus (A) and striatum (B). Hippocampal concentrations of 5-HT and 5-HIAA were not altered by GD. Striatal 5-HT concentrations were significantly different (F (3,36)=3.57, p=0.023). The concentration of 5-HT was significantly increased in GD-50 rats compared to that in controls (p=0.024, Tukey post hoc test) but not that in GD-10 and GD-25 rats.

Figure 4 shows the lack of an effect of GD on monoamine turnover rates in the hippocampus (A) and striatum (B). The one-way ANOVA did not detect significant differences among the groups.

Fig. 2 Dose-dependent effect of GD on the levels of DA and its metabolites in the hippocampus (A) and striatum (B). Data are expressed as the mean  $\pm$  SEM, n = 10 for each group, one-way ANOVA, Tukey post hoc test





Fig. 3 Dose-dependent effect of GD on the levels of 5-HT and its metabolite 5-HIAA in the hippocampus (A) and striatum (B). Data are expressed as the mean  $\pm$  SEM, n = 10 for each group, one-way ANOVA, Tukey post hoc test

Fig. 4 Dose-dependent effect of GD on the turnover of DA and 5-HT in the hippocampus (A) and striatum (B). Data are expressed as the mean  $\pm$  SEM, n = 10 for each group





# Effect of chronic intraperitoneal injection of GD on spatial memory

In the MWM test, the time spent in the target quadrant was 41.0 (35.3; 45.3) s in 4-month-old animals. Three months after the random division of these animals into two groups, this indicator was retrospectively recalculated for each subgroup and amounted to 40.4 (35.9; 45.4) s in the control group versus 41.0 (32.8; 45.2) s in the GD-50 group (U=50.0, p=0.999). Thus, the groups did not differ in this indicator before the onset of exposure.

The effect of chronic GD injection on spatial memory in rats is summarized in Fig. 5A and B. A two-way ANOVA (on time and GD administration) showed that GD administration during ageing changed the time spent in the target quadrant during the MWM test (F(1,18) = 11.3, p = 0.003). The contribution of each factor is presented in Fig. 5B.

With normal ageing, the time spent in the target quadrant decreased from 40.4 (35.9; 45.4) s at 4 months to 36.6 (27.8; 36.6) s at 8 months, p = 0.019. Administration of GD negates this effect, as the time spent in the target quadrant was 41.0 (32.8; 45.2) s at 4 months vs. 44.7 (39.3; 47.7) s at 8 months, p = 0.222. The control group of 8-month-old rats spent less time in the target quadrant than the GD-50 group, p = 0.008.

# Effect of chronic intraperitoneal injection of GD on working memory

In the Y-maze test, the percentage of spontaneous alternation was 66.1 (65.3; 72.7)% in 4-month-old animals. Three months after the random division of these animals into two groups, this indicator was retrospectively recalculated for each subgroup and amounted to 67.7 (64.3; 70.6)% in the control group vs. 66.1 (65.0; 72.7)% in the GD-50 group (U=47.0, p=0.859). Thus, the groups did not differ in this indicator before the onset of exposure. The effect of chronic GD injection on the working memory of rats is summarized in Fig. 5C. A two-way ANOVA (including time and GD administration) showed that GD administration during natural ageing changed the rate of spontaneous alternation (F(1,18) = 7.6, p = 0.013). The contribution of each factor is presented in Fig. 5D. With normal ageing, the percentage of spontaneous alternation decreased from 67.7 (64.3; 70.6)% at 4 months to 53.3 (41.8; 61.7)% at 8 months, p = 0.044. The administration of GD negates this effect, as the percentage of spontaneous alternation was 66.1 (65.0; 72.7)% at 4 months vs. 73.5 (61.1; 84.4)% at 8 months, p = 0.429. The percentage of spontaneous alternation of 8-month-old animals in the control was lower than that in the GD-50 group, p = 0.007.

**Fig. 5** The effect of GD on spatial memory in the MWM test (**A**, **B**) and on working memory in the Y-maze test (**C**, **D**). Data are expressed as the median with 95% CI (**B**, **D**) and as the median ( $q_{1/4}$ ;  $q_{3/4}$ ) (**A**, **C**), n = 10 for each group, two-way ANOVA, Newman–Keuls range test



### Effect of chronic intraperitoneal injection of GD on brain monoamines, their metabolites, and turnover rates

Figure 6 shows the effect of chronic intraperitoneal injection of 50  $\mu$ g/kg GD on DA concentration and its metabolites (DOPAC and HVA) in the hippocampus (A)

and striatum (B). Exposure to GD resulted in a twofold decrease in DA concentration in the hippocampus (t=3.6, p=0.002) and a 2.1-fold decrease in DOPAC concentration (t=3.7, p=0.002 compared to control). In the striatum, the opposite changes were observed: the concentrations of DA and DOPAC increased by 1.8 (t=7.7,

**Fig. 6** Effect of chronic intraperitoneal injection of GD on the levels of DA and its metabolites in the hippocampus (**A**) and striatum (**B**). Data are expressed as the mean  $\pm$  SEM, n = 10 for each group, independent samples *t* test





p = 0.000 compared to the control) and 2.4 times (t = 6.7, p = 0.000 compared to the control), respectively.

Figure 7 shows the effect of chronic intraperitoneal injection of GD on the concentration of 5-HT and its metabolite 5-HIAA in the hippocampus (A) and striatum (B). Hippocampal concentrations of 5-HT and 5-HIAA were not altered by GD. Striatal 5-HT concentrations were 1.6 times higher in the GD-50 group (t=4.1, p=0.001 compared to control). The concentration of 5-HIAA in the GD-50 group was 1.4 times higher than that in the control group (t=3.2, p=0.005 compared to the control).

Chronic intraperitoneal injection of GD had no effect on monoamine turnover rates in the hippocampus (Fig. 8A) and striatum (Fig. 8B).

#### Correlation between changes in monoamine levels and cognitive performance

The most notable correlations between changes in monoamine levels and time spent in the target quadrant during the MWM (A, B, C) or the percentage of spontaneous alternation in the Y-maze (D, E, F) are presented in Fig. 9. There was a moderate negative correlation between hippocampal DA concentration and the time spent in the target quadrant during the MWM (p=0.014, R=-0.536). Moderate positive correlations were found between striatal DA concentration and the time spent in the target quadrant during the MWM (p = 0.002, R = 0.653) and between 5-HT concentrations and the MWM indicator (p = 0.015, R = 0.536). A similar pattern was observed when comparing the changes in monoamine levels with changes in the percentage of spontaneous alternation during the Y-maze test. The *R* values of all other indicators can be found in Supplemental Table 1.

### Discussion

This research examined the dose-dependent effect of chronic intraperitoneal administration of GD on the concentrations of dopamine and serotonin, their metabolites, and their turnover rate in the hippocampus and striatum of Wistar rats. It also examined the cognitive performance of animals under chronic administration of GD. Of all the analysed doses of GD, only the dose of 50 µg/kg led to significant changes in DA and 5-HT concentrations. After intraperitoneal administration, the DOPAC level decreased in the hippocampus, and the DA, DOPAC, and 5-HT levels increased in the striatum, though the turnover rate of these monoamines remained unchanged. Therefore, for the subsequent experiment, we administered a dose of 50 µg/kg GD. The administration of GD over 30 days prevented cognitive decline in rats at 8 months of life. The procognitive effect of GD was exhibited in the MWM and Y-maze tests. Therefore, GD prevented the development

**Fig. 7** Effect of chronic intraperitoneal injection of GD on the levels of 5-HT and its metabolite 5-HIAA in the hippocampus (**A**) and striatum (**B**). Data are expressed as the mean  $\pm$  SEM, n = 10 for each group, independent samples *t* test

**Fig. 8** Effect of chronic intraperitoneal injection of GD on the turnover of DA and 5-HT in the hippocampus (**A**) and striatum (**B**). Data are expressed as the mean  $\pm$  SEM, n = 10 for each group





Fig. 9 Correlation between changes in hippocampal DA (A), striatal DA (B), and striatal 5-HT (C) concentrations and cognitive performance during the MWM and between changes in hippocampal DA

of impairments in spatial and working memory. In animals that received 50  $\mu$ g/kg GD for 30 days, there was a decrease in DA and DOPAC levels in the hippocampus and an increase in DA, DOPAC, 5-HT, and 5-HIAA levels in the striatum. The turnover rates of DA and 5-HT in both structures remained unchanged. We also found a moderate negative correlation between hippocampal dopamine concentration and the time spent in the target quadrant during the MWM and moderate positive correlations between striatal dopamine and the time spent in the target quadrant

 $(\mathbf{D})$ , striatal DA  $(\mathbf{E})$ , and striatal 5-HT  $(\mathbf{F})$  concentrations and cognitive performance during the Y-maze

during the MWM as well as between 5-HT concentrations and the MWM indicator.

All higher cognitive functions are regulated by complex circuits that span multiple areas of the brain. Ascribe a certain functional ability to any particular region, or even several regions, would be an oversimplification. However, the basic brain structures for each function can be identified. The hippocampus is one of the regions critical for spatial memory (Vorhees and Williams 2014; Zameer et al. 2019). Therefore, in this research, we analysed the dose-dependent effect of GD on DA and 5-HT, their metabolites, and their turnover rate in the hippocampus. The hippocampus is innervated by dopaminergic neurons from the ventral tegmental area, the region that also innervates the striatum. In addition, dopamine is released from the locus coeruleus (LC) to the dorsal hippocampus (Kempadoo et al. 2016). The striatum has been shown to mediate associations between stimuli and responses (Goodman and Packard 2018; Packard and Knowlton 2002). According to recent studies, the striatum, along with the hippocampus, promotes extinction through various learning mechanisms (Goodman and Packard 2018). Thus, the influence of GD on DA, 5-HT and their metabolite concentrations was analysed not only in the hippocampus but also in the striatum.

GD has long been used in clinical practice as a hypoglycaemic drug, but its pleiotropic effects on the brain have recently been demonstrated (Zubov et al. 2020; Pestereva et al. 2021; Rosado et al. 2021; Qiu et al. 2021). According to classic theories, the target of GD is KATP channels (Babenko et al. 1998). GD causes KATP channels to close, but its effect is dose-dependent (Groop et al. 1991). In the clinic, drugs based on GD are administered in a narrow dose range, so the additional effects may not be apparent. Therefore, we tested three doses of GD: 10, 25, and 50 µg/ kg (Fig. 1A). Only 50 µg/kg GD had a modulating effect on monoamines (Figs. 2B, 3B, 4B). The effect we found can be explained as follows: KATP channels are found in the brain, particularly in the basal ganglia (Dunn-Meynell et al. 1998), and their opening leads to inhibition of dopamine release from nerve endings in the striatum (Avshalumov and Rice 2003) but not an overall decrease in dopamine in this area of the CNS (Bao et al. 2005). Therefore, by promoting the closure of KATP channels, GD can activate dopamine release. However, in the striatum, we found an increase in DA and DOPAC concentrations without changes in their turnover rate (Figs. 2B, 4B), which most likely indicates an increase in dopamine synthesis. An increase in DA synthesis is possibly postsynaptically mediated via D1/D2 dopamine receptors on medium spiny GABA neurons or through activation of 5-HT2A receptors (by a GD-induced increase in 5-HT (Fig. 3B)), which are located on glutamatergic neurons projecting from the striatum or nucleus accumbens to nigral or VTA regions (Di Matteo et al. 2008). Indeed, in our study, it was shown that with the administration of 50 µg/kg GD in the striatum, an increase in 5-HT concentration was observed without changes in its turnover rate (Figs. 3B, 4B). This increase may be a direct effect of GD since inhibitors of various K+channels have previously been shown to increase the concentration of 5-HT in the striatum (Dawson and Routledge 1995). 5-HT in the striatum originates from the raphe nuclei and can have both inhibitory and excitatory effects on DA neurons, depending on the type of receptor it interacts with (Moukhles et al. 1997).

For example, an increase in DA levels in the dorsal striatum may be observed in response to stimulation of the 5-HT1B receptor by 5-HT, which modulates L-DOPA metabolism to produce DA (Knobelman et al. 2000). When comparing the concentrations of DA and 5-HT and the results on the behavioural tests, we discovered moderate positive correlations between striatal dopamine concentration and the time spent in the target quadrant during the MWM as well as between striatal dopamine concentration and the percentage of spontaneous alternation during the Y-maze test. Additionally, we compared 5-HT concentrations and the MWM/Ymaze indicators (Fig. 9). These findings are similar to those previously described. For example, lower dopamine release in the striatum was found to be correlated with worse working memory and performance during probabilistic category learning (van de Giessen et al. 2017), and higher striatal dopamine release predicted better working memory performance (Landau et al. 2009) and probabilistic category learning (Wilkinson et al. 2014). Methamphetamine was shown to reduce striatal 5-HT and impair learning and memory in adult male rats (Gutierrez et al. 2018). Therefore, our results are consistent with these reports, suggesting a positive relationship between striatal dopamine/5-HT concentrations and the preservation of cognitive function.

In the hippocampus, 50 µg/kg GD caused a decrease in the DOPAC concentration but did not result in changes in the turnover rate of hippocampal DA (Fig. 3A), which indicates a possible decrease in the rate of DA synthesis in dopaminergic terminals. The opposite effects of GD on DA content in the striatum and hippocampus can be explained by the following two reasons, both of which are based on the fact that DA enters the hippocampus from the ventral tegmental area, substantia nigra pars compacta, and from LC (Kempadoo et al. 2016; McNamara and Dupret 2017); thus, the sources of DA in the striatum and hippocampus partially overlap. First, the administration of GD may cause a redistribution of the DA flow, with predominant outflow into the nigrostriatal pathway. Second, GD could directly or indirectly increase the activity of dopamine-beta-hydroxylase (DBH), the enzyme that converts dopamine to norepinephrine (NE). An increase in DBH activity will lead to an increase in NE and a corresponding decrease in DA, which is consistent with our findings. Increased NE in the hippocampus has a positive effect on spatial and working memory (Mei et al. 2015; Guerrero et al. 2020; Wang et al. 2020). While this assumption requires further verification, it is supported by studies showing an increase in DBH activity in the hippocampus during cognitive load (Murata 2013; Xiao et al. 2018). When we compared the levels of DA and 5-HT and the results of the behavioural tests, moderate negative correlations were observed between hippocampal dopamine concentration and the time spent in the target quadrant during the MWM as well as between hippocampal dopamine concentration and the percentage of spontaneous alternation during the Y-maze test (Fig. 9). This pattern persisted for both control rats and animals receiving GD (Fig. 9). Other authors have shown that, in contrast, an increase in dopamine (and norepinephrine) release from the LC to the hippocampus promotes spatial learning and memory (Kempadoo et al. 2016). After comparing our data with those from Kempadoo et al. (2016), Guerrero et al. (2020) and Wang et al. (2020), we believe that the procognitive effect of GD is explained by its effect on hippocampal DBH activity, as discussed above.

Thus, despite the opposite effects of GD on the levels of DA in the hippocampus and striatum, its cumulative effect is procognitive. Moreover, since we found that chronic administration of GD leads to an increase in DA in the striatum, GD can likely be used to treat Parkinson's disease. Experimental confirmation of this assumption has previously been obtained (Ren et al. 2016; Sarookhani et al. 2018).

The raphe nuclei are the source of hippocampal 5-HT; therefore, as in the striatum, we expected an increase in the concentration of 5-HT in the hippocampus. However, this did not occur (Figs. 3A, 4A), probably because 5-HT was redistributed to the striatum.

In this study, we showed that chronic (30-day) intraperitoneal administration of GD prevented memory impairment during natural ageing in the MWM and Y-maze tests (Fig. 5), which was associated with changes in the concentration of monoamines in the hippocampus and striatum. The procognitive effect of GD has previously been experimentally demonstrated (in a model of type 2 diabetes, a model of Alzheimer's disease, and a model of traumatic brain injury) (Stokum et al. 2017; Esmaeili et al. 2020) and demonstrated in the clinic (Slingerland et al. 2008). However, the mechanism underlying the effect of GD on cognitive function remains unclear. According to reports, GD treatment reduces glial activation in the dentate gyrus of the hippocampus (Stokum et al. 2017) by increasing insulin levels in the brain (Esmaeili et al. 2020). At the same time, it is undeniable that monoamine neurotransmitters are essential for the formation and retention of memory (Kurian et al. 2011). Dopamine is involved in many processes, such as executive function, learning, reward, and motivation. 5-HT is involved in the modulation of many CNS-mediated functions, including arousal, motor activity, and stress; therefore, it is not surprising that the GD-induced modulation of monoamine transmission that we identified (Figs. 6, 7, and 8) affected cognition. This effect was confirmed by a correlation analysis between working and spatial memory and monoamine content in the hippocampus and striatum (Fig. 9). We expected to see a preferential effect of GD on hippocampal monoamine concentrations but found only a decrease in DA and DOPAC concentrations (Fig. 6A). Moreover, some authors believe that the cause of cognitive impairment may be a decrease in DA and 5-HT levels in the hippocampus (Zhang et al. 2020). The concentration of monoamines in the striatum under such conditions has not yet been studied. We believe that the demonstrated changes in the monoamine levels in the striatum can reduce extinction in learning and reduce memory impairment.

#### Conclusions

GD is widely administered; therefore, identifying the mechanisms underlying its pleiotropic effects in the CNS is urgent. We showed that administration of 50  $\mu$ g/kg GD to rats for 30 days during natural ageing leads to reduced memory impairment, which was associated with an increase in DA and 5-HT concentrations in the striatum and a decrease in DA concentration in the hippocampus. Therefore, one of the possible mechanisms of the procognitive effect of GD is its ability to modulate monoamine transmission. Thus, translating our results to humans, GD is recommended as a prophylactic agent in natural ageing to reduce the risk of developing cognitive impairments.

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**Data availability** The data that support the findings of this study are available from the corresponding author, D. S. Traktirov, upon reasonable request.

#### Declarations

Conflict of interest The authors declare no competing interests.

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