



Combination therapy for cerebral ischemia: do progesterone and noscipine provide better neuroprotection than either alone in the treatment?

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Abstract

Ischemic stroke presents multifaceted pathological outcomes with overlapping mechanisms of cerebral injury. High mortality and disability with stroke warrant a novel multi-targeted therapeutic approach. The neuroprotection with progesterone (PG) and noscipine (NOS) on cerebral ischemia–reperfusion (I-R) injury was demonstrated individually, but the outcome of combination treatment to alleviate cerebral damage is still unexplored. Randomly divided groups of rats ($n=6$) were Sham-operated, I-R, PG (8 mg/kg), NOS (10 mg/kg), and PG+NOS (8 mg/kg+10 mg/kg). The rats were exposed to bilateral common carotid artery occlusion, except Sham-operated, to investigate the therapeutic outcome of PG and NOS alone and in combination on I-R injury. Besides the alterations in cognitive and motor abilities, we estimated infarct area, oxidative stress, blood–brain barrier (BBB) permeability, and histology after treatment. Pharmacokinetic parameters like C_{max} , T_{max} , half-life, and AUC_{0-t} were estimated in biological samples to substantiate the therapeutic outcomes of the combination treatment. We report PG and NOS prevent loss of motor ability and improve spatial memory after cerebral I-R injury. Combination treatment significantly reduced inflammation and restricted infarction; it attenuated oxidative stress and BBB damage and improved grip strength. Histopathological analysis demonstrated a significant reduction in leukocyte infiltration with the most profound effect in the combination group. Simultaneous analysis of PG and NOS in plasma revealed enhanced peak drug concentration, improved AUC, and prolonged half-life; the drug levels in the brain have increased significantly for both. We conclude that PG and NOS have beneficial effects against brain damage and the co-administration further reinforced neuroprotection in the cerebral ischemia–reperfusion injury.

Keywords Stroke · BCCAO · HPLC · AUC · Half-life · Inflammation

Introduction

Ischemic stroke disables more than it kills. High morbidity with stroke puts an enormous social and economic burden on the patient (Rajsic et al. 2019). The clinical spectrum of stroke is diverse, and multiple molecular mechanisms drive neuronal damage after brain injury (Diaz-Arrastia et al. 2014; Gruenbaum et al. 2016). Exacerbated vascular permeability, elevated free radical generation, enhanced inflammatory reactivity, and ionic imbalance are some of the

key pathobiological changes following brain injury (Jiang et al. 2017; Katan and Luft 2018) that culminate in the destruction of neurons and hamper brain functioning (Margaritescu et al. 2009). Therapeutic intervention to mitigate brain damage following ischemia focuses on restoration of obstructed blood flow to the brain, but this sudden burst of oxygen paradoxically instigates cellular damage termed as reperfusion injury. The tissue plasminogen activator (tPA), a thrombolytic agent, is the only approved therapy following stroke and yields the best outcomes if administered within the “golden window” after stroke (Ali-Ahmed et al. 2019). The enormity of post-stroke consequences and high unmet medical needs presents an active research opportunity.

Ischemic stroke presents multifaceted pathological outcomes with overlapping mechanisms of cerebral injury. The need to diffuse through the blood–brain barrier and alleviate neuronal damage warrants novel multi-targeted

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therapeutic approach (Chodobski et al. 2011; Jiang et al. 2017). Although ischemia–reperfusion injury causes blood–brain barrier (BBB) dysfunction, it allows molecules that normally do not penetrate the BBB to enter the brain. A sustained concentration of drugs in the brain is a prerequisite for therapeutic effect (Chodobski et al. 2011). Achieving optimum availability of the drug in the brain has remained a challenge that hampered, to some extent, the successful translation of many promising neuroprotective agents to the clinic (O'Collins et al. 2006; Pardridge 2012; Thompson and Ronaldson 2014). Since ischemia–reperfusion injury presents a wide spectrum of cellular damage, the monotherapy may not work as expected, whereas combination therapeutic approaches targeting different stages of an acute stroke may provide an ideal strategy (O'Collins et al. 2011; Zhang et al. 2012; Liang et al. 2016). Despite the promise, the combination therapy needs optimization of effective dose, appropriate drug availability in the brain, and robust binding to multiple target proteins to extract desirable outcomes. Severe physiological responses to ischemic injury may vary the individual outcomes after stroke, and hence, pharmacokinetic profile of the therapeutic agents may provide vital inputs to evaluate the treatment outcomes.

As mentioned earlier, most treatment fails due to lack of transport across BBB; we designed a multipronged strategy using two agents (progesterone and noscapine) with proven ability to cross BBB and target more than one underlying mechanism responsible for brain damage. The estimation of pharmacokinetic parameters in the brain and the plasma substantiates the pharmacological outcomes of the co-administration.

Progesterone (PG) exhibits neuroprotection effects by modulating the transcription of target genes by interacting with intracellular progesterone receptors (PR) and neural PR (Gruenbaum et al. 2016; Gaignard et al. 2017; Zhu et al. 2017; Moscote-Salazar et al. 2018; Guenoun et al. 2019). PG promotes regeneration of central myelin and regulates inflammation by microglia stabilization (Ghoumari et al. 2005; El-Etr et al. 2015). BBB restoration is mediated by downregulating the expression of aquaporin-4 (AQP-4) in the brain cortex (Wang et al. 2013) to reduce neuronal injury (González-Orozco and Camacho-Arroyo 2019). Similarly, noscapine extends its therapeutic effect on ischemic injury by antagonizing bradykinin receptors (Hashimoto et al. 2004; Arakawa et al. 2005; Khanmoradi et al. 2014). Noscapine, an alkaloid, attenuates oxidative stress and inhibits inflammation to reduce cerebral damage in rats and prevent cell destruction in yeast (Rida et al. 2015; Kawadkar et al. 2021). It readily crosses BBB (Landen et al. 2004) and decreases brain edema against hypoxic/ischemic insult in neonatal rats (Mahmoudian et al. 2003). Moreover, the oral administration of noscapine (NOS) to acute ischemic stroke patients improves clinical prognosis and reduces mortality rates (Mahmoudian et al. 2015).

It is imperative to give the rationale to select NOS for combination with PG in reperfusion injury. We contemplated various aspects of NOS: the ability to cross BBB, antagonism of bradykinin receptors, the effect of bradykinin antagonism, and ultimately reduced inflammation upon ischemia. The high safety profile, cytoprotective activity, ease of administration, and inexpensive use in other pathological conditions are vital contributors (Souza et al. 2003; Landen et al. 2004). Moreover, PG and NOS have exhibited their beneficial effect on the ischemic injury, but both agents modulated different mechanisms to reduce brain damage (Mahmoudian et al. 2003, 2015; Moscote-Salazar et al. 2018; Guenoun 2019).

Combining two promising neuroprotective agents (PG and NOS), we aimed to explore the additive benefits of co-administration to potentiate therapeutic outcomes and estimated the pharmacokinetic profile responsible for its pharmacological actions. Earlier, pharmacokinetic studies have helped explain and predict the distribution and metabolism of components in vivo (Derendorf et al. 2000; Danhof et al. 2008; Ritter 2008; Gallo 2017). Few studies reported the pharmacokinetic profile of PG in the brain and plasma (Wong et al. 2012; Coomber and Gibson 2010), but none has evaluated the combination of PG with any other agent to correlate its therapeutic effect on reperfusion injury.

We developed a simultaneous method to analyze PG and NOS and establish a correlation between efficacies and plasma drug concentration. The ability of both drugs to penetrate the brain could be an advantage to streamline the dosing schedule in post-stroke recovery using a combination approach. Given the proven neuroprotective potential of PG and NOS, the pretreatment with co-administration may equip the brain to respond better or even extend the latter's neuroprotective effect (or vice versa) following reperfusion injury. Establishing the pharmacokinetic profile of PG and NOS immediately after cerebral injury and up to 1–2 days following reperfusion may provide valuable inputs to study therapeutic outcomes.

Hence, we investigated the combination of PG and NOS using the bilateral common carotid artery occlusion (BCCAO) model of ischemia–reperfusion (I-R) injury in rats. Further, the pharmacokinetic profile of both drugs, alone and in combination, was estimated using plasma and brain samples to correlate drug concentrations with pharmacological effects following reperfusion injury in rats.

Materials and methods

Chemical and reagents

Progesterone was obtained as a gift sample from Symbiotec Pharmed Pvt. Limited, Indore. Noscapine was purchased from the Government Opium and Alkaloid Works undertaking, Neemuch, M.P. (Drug license no.20/75) as suggested

by the chief controller, Government Opium and Alkaloid Works, New Delhi. All other chemicals and reagents used in this work were of analytical grade and commercially availed from regular drug and reagents suppliers.

Animals and ethical approval

Wistar rats (250–280 g) were obtained from the Central Animal Facility of the institute and used for the experiment. Animals were housed in polypropylene cages and maintained under standard laboratory environmental conditions: temperature 25 ± 2 °C, 12-h light and 12-h dark cycle with free access to food and water ad libitum. The experimental protocol (Protocol No. PH/IAEC/2K16/010) of the study was approved by the Institutional Animal Ethics Committee.

Bilateral common carotid artery occlusion model

The bilateral common carotid artery occlusion (BCCAO), the procedure was adapted from the method of (Iwasaki et al. 1989). After 7 days of pretreatment with PG and NOS, rats were anesthetized with chloral hydrate (350 mg/kg ip). Subsequently, a ventral midline cervical incision was performed to expose both common carotid arteries (CCAs), and they were freed from their sheaths and carefully separated from the adjacent vagus nerves. Occlusion of CCAs reduced cerebral blood flow to about 70% (Li et al. 2016). After 30 min of CCA occlusion, reperfusion began by removing the carotid clips and was continued up to 24 h at which time measurements of the different parameters were made. It has been reported that BCCAO causes significant cerebral ischemia in rats (Yanpallewar et al. 2004).

Study design for in vivo studies

Male Wistar rats weighing 250–280 g were randomly distributed into five groups containing 30 rats in each group and administered with respective treatment. Group 1, Sham-operated control group, received saline 2 ml/kg PO as a vehicle; group 2, ischemia–reperfusion (I-R) (i.e., BCCAO rats) received saline vehicle; group 3 received progesterone (PG) 8 mg/kg PO; group 4 received noscapine (NOS) 10 mg/kg PO; group 5, PG+NOS (8 mg/kg + 10 mg/kg) in combination, 7 days pretreatment and on the day after surgery (8th day). Experiments were performed on five sets of animals ($n=6$) within each group. The post-ischemic behaviors were recorded 3 days after reperfusion in the Morris water maze and an open field was also performed to assess spatial learning memory and general locomotor activities. The first set was used for observation of physiological parameters and determination of infarct volume. The second set was used for the estimation of behavioral parameters. The third set was used for the estimation of oxidative stress parameters:

superoxide dismutase, glutathione reductase (SOD, GSH), lipid peroxidation, and myeloperoxidase (MPO) activity. The BBB permeability was evaluated in the fourth set, while a fifth set was for observation of histological changes (Fig. 1).

Infarct analysis

For infarct, analysis was performed in coronal slices (2 mm) of the promptly isolated brain and stained with 2% 2,3,5-triphenyltetrazoliumchloride (TTC) for 30 min at room temperature. A 10% formalin solution was used to fix the slices for the overnight period and evaluate the infarct area using Image J software 1.30 V (<http://www.rsb.info.nih.gov/ij/>). The infarct area was added together for all sections, to obtain the total infarct area, which was multiplied with the thickness of the brain slice to obtain infarct volume per brain (mm^3) and corrected for edema (Thiyagarajan and Sharma 2004).

Brain water content

After the measurement of infarct volume, brain tissue was dried in an oven at 100 °C for 24 h and reweighed to obtain the dry weight (Schwab et al. 1997). The brain water content indicating brain swelling volume was expressed as the percentage of the wet tissue weights as follows:

$$\% \text{ of water content in brain} = \frac{\text{Wet weight} - \text{Dry weight}}{\text{Wet weight}} \times 100$$

Evaluation of motor function

The rotarod is one of the most frequently used tests of motor function after 24 h of injury in the rats. The speed selector was set so that the roller rod makes 15 rpm. Before the test, each animal was given 1-min exposure to the moving rod. The animals were placed on the roller for 3 min. Latency to fall from the rolling rod was recorded. A normal animal could maintain its equilibrium for an indefinite period (Rogers et al. 1997).

Morris water maze test

The cognitive function of rats was assessed by using the Morris water maze test (MWM) as described earlier (Morris et al. 1982; Tiwari et al. 2009; Tuzcu and Baydas 2006). The test apparatus was a circular water tank (180 cm in diameter and 60-cm high) that was partially filled with water (24 ± 1 °C). Full cream milk (1.5 l) was used to render the water opaque. The pool was divided virtually into four equal quadrants, labeled A–B–C–D. A platform (12.5 cm in diameter and 38-cm high) was placed in one of the four maze quadrants (the target quadrant) and submerged 2.0 cm below the water surface. The

platform remained in the same position during training days (reference memory procedure). All animals followed this sequence for the session. Each rat was placed in the water facing the wall at the start location and was allowed 120 s to find the hidden platform. The animal was allowed a 20-s rest on the platform. The latency to reach the platform was recorded. If the rat was unable to locate the hidden platform, it was lifted out and placed on the platform for 20 s. The procedure was repeated for all four start locations. Two sessions of four trials each were conducted on each day of testing separated by 4 h. After that, the platform was removed and a probe trial (without platform) was conducted. Each rat was placed in the pool at the same randomly selected starting pole and the swimming path was observed and time spent in the quadrant of the pool which initially contained the platform was measured. On completion of the probe trial, a black platform that extended 1 cm above the surface of the water was placed in a quadrant other than that chosen for the submerged platform. Each rat was then given four trials of 120 s to locate it. The latency to reach the platform was recorded (working memory procedure) (Patil et al. 2015; Yanpallewar et al. 2004; Wang et al. 2017).

The open-field test

Locomotor function and anxiety were assessed using the open-field test, as described previously (Lu et al. 2016). A square wooden open field (44 × 44 × 32 cm) was subdivided into 16 even squares with thin white stripes. Each rat was placed next to the wall of the arena, facing away from the experimenter. Behavior was recorded for 10 min. Outcome measures were observed for the time spent in each square (number of squares crossed), the total period of immobility (in seconds), number of rearings, and groomings at the end of each trial; the arena was cleaned using 70% ethanol to prevent olfactory cue bias (Yanpallewar et al. 2004; Almahozi et al. 2019).

Assessment of oxidative stress

The brain tissue (1 g) was homogenized in ice-cold 10% trichloroacetic acid (TCA) using a tissue homogenizer. Malondialdehyde (MDA) levels were assayed as an index of lipid peroxidation by monitoring the formation of thiobarbituric acid–reactive substances at 532 nm and expressed as malondialdehyde (MDA) content, mmol MDA/mg of tissue protein (Slater and Sawyer 1971). Superoxide dismutase (SOD) activity was measured by the inhibition of pyrogallol autoxidation at 420 nm for 5 min (Marklund and Marklund 1974). One unit activity was determined as the amount of enzyme that inhibited the oxidation of pyrogallol by 50%.

Similarly, reduced glutathione (GSH) was determined using 5,5'-dithiobis (2-nitrobenzoic acid) (DTNB) reagent at 412 nm and expressed as μg of GSH/mg of protein (Moron et al. 1979). Tissue protein was estimated in each sample with the method reported by Lowry et al. (1951).

Evaluation of BBB dysfunction

The integrity of BBB was investigated by Evans blue (EB) extravasation due to leakage in the brain. Permeability of the BBB was quantified as μg of EB/hemisphere and considered an index of vascular permeability. At the commencement of reperfusion, EB (0.1 ml of a 4% solution) was injected into the tail vein. The rat was anesthetized and perfused transcardially with 100 ml heparinized saline solution (10 IU/ml) after reperfusion. Once sacrificed, the rat brain was removed. Rat brain was homogenized in 1 ml of 0.1 mol/l PBS and then centrifuged at 1000 g for 15 min. Trichloroacetic acid (0.7 ml of a 100% solution) was added to the 0.7 ml supernatant. The mixture was allowed to incubate at 14 °C for 18 h and then centrifuged again at 1000 g for 30 min. The amount of EB in the supernatant was determined spectrophotometrically at 610 nm by comparison against readings obtained from standard solutions (Gursoy-ozdemir et al. 2000).

Estimation of myeloperoxidase activity

The myeloperoxidase enzyme was extracted, and its activity was measured using a method described by Bradley et al. Briefly, plasma samples were homogenized in 50 mmol/l potassium phosphate buffer, pH 6, containing 0.5% hexadecyltrimethylammonium bromide. The homogenate was freeze-thawed three times and then centrifuged for 20 min at 11,000 g and 4 °C. The supernatant (34 ml) was mixed with the same phosphate buffer (986 ml) containing 0.167 mg/ml ortho-dianisidine dihydrochloride and 0.0005% hydrogen peroxide. The change in absorbance at 460 nm was recorded using a spectrophotometer. One unit of MPO activity was defined as that consuming 1 μmol peroxide/min at 25 °C. Results were expressed as unit/mg of tissue protein (Bradley et al. 1982).

Tissue and plasma distribution study

We studied the pharmacokinetics of the drugs using 36 rats. Herein, the rats were divided into three different groups ($n = 12$); each group was divided into two sets, the first set ($n = 6$) was used for plasma sample analysis, and the second set ($n = 6$) was used for brain homogenate analysis. In each group, rats were administered with respective treatment. The animals were pretreated for 7 days with PG (8

mg/kg, i.p); NOS (10 mg/kg PO); and combination treatment PG (8mg/kg) + NOS (10mg/kg) in respective groups. The treatment was continued for next day (8th day) after surgery and the blood samples were collected. The blood sample was collected at different time points from the time of administration as 0, 0.5, 1, 2, 4, 8, 16, 24, 48, and 72 h. For drug distribution study in the brain after 24 h of reperfusion, rats were sacrificed and the brain was collected for further analysis. The levels of drugs in rat plasma and brain were analyzed using HPLC (Singh and Pai 2013; Xu et al. 2014). Pharmacokinetics parameter evaluation of PG and NOS including C_{max}, T_{max}, t_{1/2}, and AUC_{0-t} were calculated by non-compartmental analysis using the excel add-in PK Solver (Version 2.0) (Zhang et al. 2010) (Fig. 1).

Simultaneous RP-HPLC bio-analytical method development

A series of the trial has been done to obtain good peak shape and resolution between analytes at Agilent 1260 HPLC system consisting of the analytical column Kromasil C8 (150*4.6 mm, 5μm). HPLC grade methanol, acetonitrile, and water were used as mobile phase and diluent at different ratios. The elute was monitored through UV based detector set at 241 nm (Karlsson et al. 1990; Zhang and Chao 2004; Aneja et al. 2007; Liu et al. 2008; Yan et al. 2014).

Plasma/brain sample preparation

Plasma samples were obtained after centrifugation of blood samples at 10,000 rpm, 2–4 °C, and supernatant was collected. To 100 μl of rat plasma collected at each study point, 300 μl of methanol was added and centrifuged at 10,000 rpm, 2–4 °C, for 10 min. The supernatant was collected and stored at –20 °C for HPLC analysis.

The brain tissue was homogenized with isotonic buffer solution (pH 7.4) and centrifuged at 10,000 rpm, 2–4 °C; the supernatant was collected in an Eppendorf tube. One hundred microliter of brain homogenate was mixed with 300 μl of methanol and further centrifuged at 10,000 rpm, 2–4 °C; the supernatant was collected and stored in –20 °C for HPLC analysis (Wang et al. 2011; Feng et al. 2017; Liao et al. 2013).

Standard and quality control sample preparation

Noscapine and progesterone standard solution was prepared in HPLC grade methanol; similarly a combination of both drugs and a quality control sample were also prepared in HPLC grade methanol. Appropriate dilutions of the standard were prepared in HPLC grade methanol to produce 2, 4, 6, 8, and 10 μg/ml.

Plasma and brain homogenate calibration samples were prepared by spiking 100 μl of standard solution with 100 μl of rat plasma and 100 μl of brain homogenate, respectively. This mixture was further vortexed for 2 min, and 300 μl of methanol was added in this mixture and vortexed for 2 min and finally centrifuged at 10,000 rpm for 10 min under cold conditions. The supernatant was collected and injected into HPLC. Samples for the determination of recovery, precision, and accuracy were prepared by spiking control rat plasma and brain homogenate in at appropriate concentrations and were stored at –80 °C until analysis (Karlsson et al. 1990; Zhang and Chao 2004; Aneja et al. 2007). Bioanalytical method validation parameters were also performed (Supplemental Data-II).

Histological examination

The rat was decapitated; the brain was rapidly dissected out, washed immediately with saline, and fixed in 10% buffered formalin. Cerebral hemispheres were embedded in paraffin and sections were cut and stained using hematoxylin and eosin to observe under a microscope for histological change (Mărgăritescu et al. 2009).

Statistical analysis

The results were calculated as mean ± standard error of the mean (SEM); the analysis of variance (ANOVA) was applied to calculate the statistical difference. The changes in the oxidative biomarker, infarct area, and vascular permeability were compared with the Sham-operated group by using one-way ANOVA followed by Tukey's test. Morris water maze data were analyzed separately by two-way ANOVA followed by Tukey's test. The data were presented as mean ± SEM; *p* < 0.05 was considered for statistical significance using Prism GraphPad software (GraphPad Software, San Diego, CA, 409 USA).

Results

Effect on cerebral infarct

Quantitative comparisons of total cerebral infarction volumes are shown in Fig. 2a, b. The rats in the Sham group had no cerebral infarction. The total cerebral infarct volume of the treatment group PG (40.94 ± 1.00 mm³), NOS (36.92 ± 2.30 mm³), and PG + NOS (30.02 ± 0.52 mm³) was significantly lower than I-R group (73.10 ± 2.28 mm³). However, all of the treatment groups could reduce the size of infarction especially when the rats were treated with the combination of PG + NOS (30.02 ± 0.52 mm³) (Supplemental Data-I).

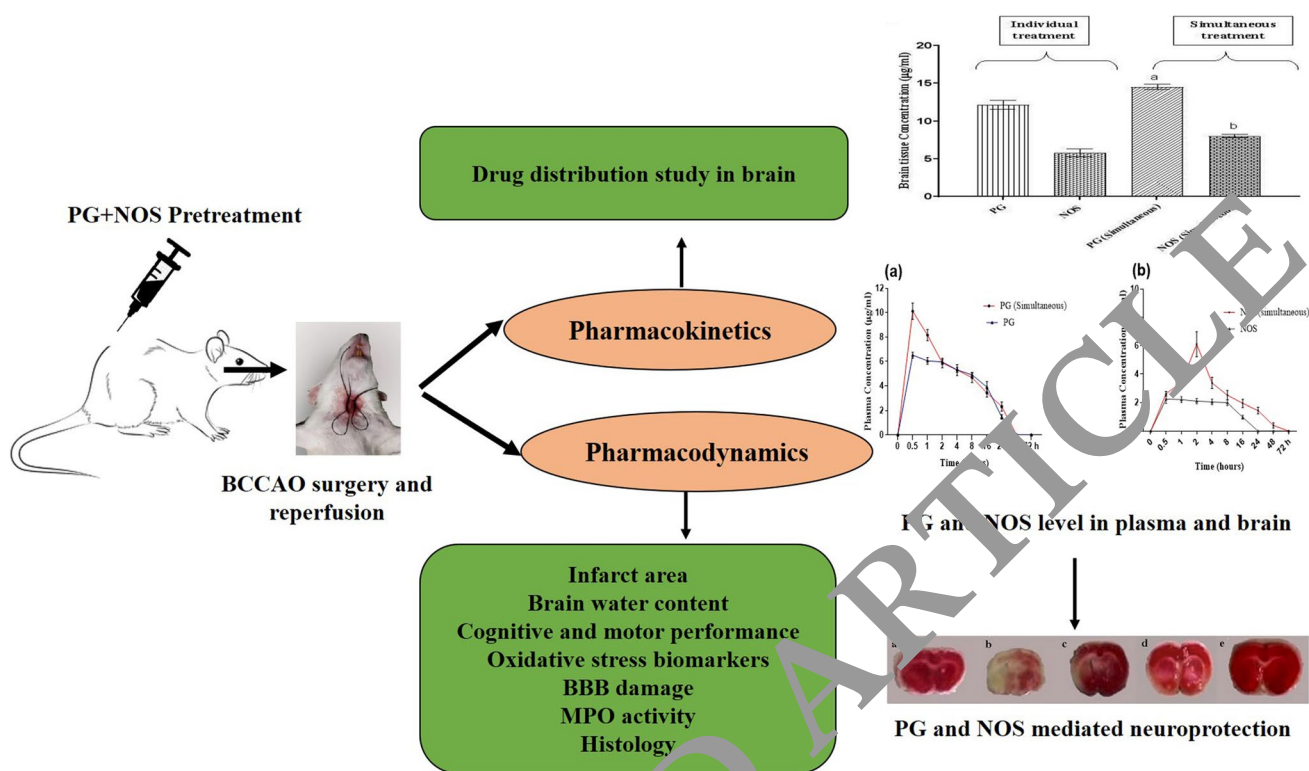


Fig. 1 Graphical abstract for the study

Reduction in brain edema

Swelling of the brain was caused by ischemic edema as shown in Fig. 3a. The volume of the brain in the I-R group ($84.49 \pm 1.84\%$) was significantly higher in comparison with the treatment groups. Treatment with PG ($71.67 \pm 2.26\%$) and NOS alone ($71.99 \pm 1.90\%$) showed reduced swelling, and the combination treatment with PG+NOS further reduced the brain swelling volume ($60.74 \pm 1.13\%$). The difference in the groups for brain water content was significantly different between the groups (Supplemental Data-I).

Improved grip strength

Grip strength performance in the rotarod test was impaired after reperfusion injury in the animals. Pretreatment for 7 days of PG and NOS significantly improved muscle grip strength performance as compared with the I-R (30.33 ± 4.00 s) group of rats with the increase in falling latency (71.00 ± 2.63 s and 69.00 ± 1.77 s, respectively). The combination of PG and NOS had further increased the latency of the fall in treated animals, which was better than individual treatment groups. The increase in falling latency (89.17 ± 4.45 s) indicated a significant ($p < 0.05$)

improvement in grip strength of the treated rats as compared with the I-R group of rats (Fig. 3b) (Supplemental Data-I).

Morris water maze: treatment limits memory deficit

We used MWM to investigate spatial learning and memory. We examined the performance of each rat for 3 days in the hidden platform test of MWM. As shown in Fig. 4a, the escape latency in the I-R group increased significantly in comparison with the Sham group on day 3. Interestingly, the escape latency of the PG and NOS group was significantly ($p < 0.05$) lesser than that of I-R rats by day 3. In addition, the distance travelled to reach the hidden platform by PG and NOS rats was significantly lesser than that of I-R rats by day 3 (Fig. 4b). After 3 days of training, the probe trial was performed on the fourth day; the number of crossing and the percentage of total time spent in the previous platform location indicated a preference for the target quadrant by the sham group rats it indicates the development of reference memory. As shown in Fig. 4c, d, e, the I-R group exhibited a reduction in the target crossing numbers and the percentage of total time spent in the target quadrant compared with the

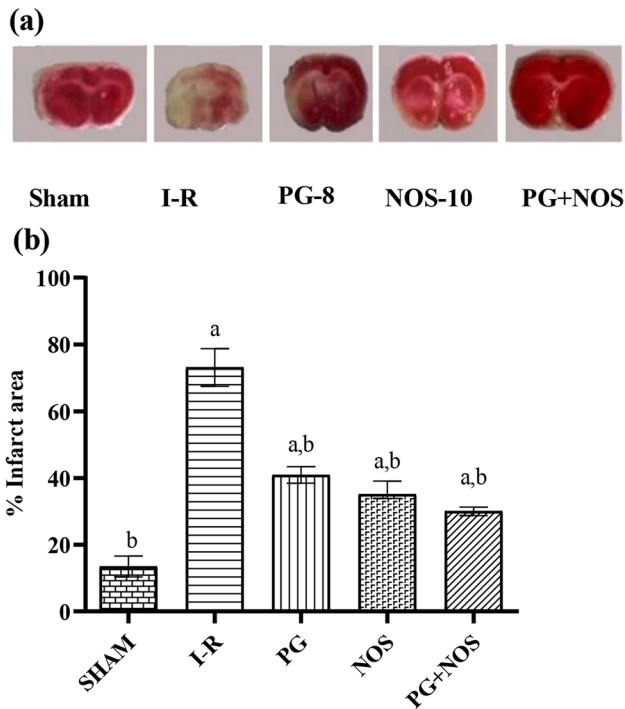
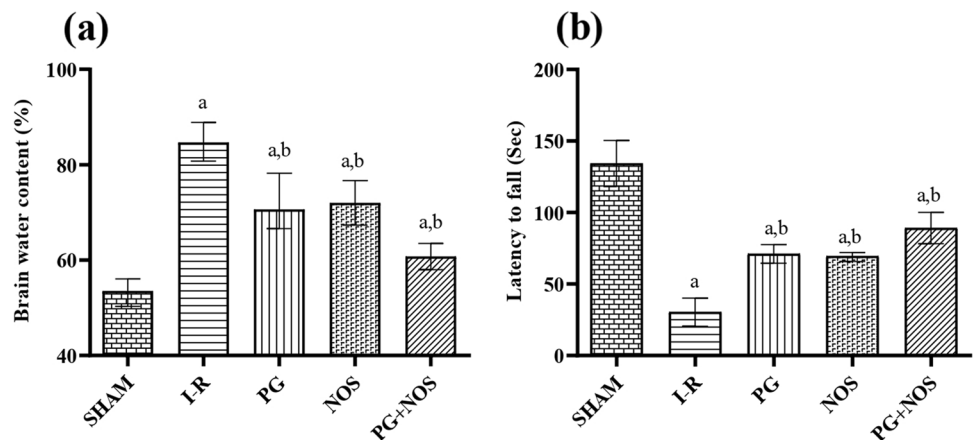


Fig. 2 **a** Coronal brain Sects. (2 mm), stained with 2% triphenyl tetrazolium chloride, showing infarction: Sham group, I-R group, PG-8, NOS-10, PG+NOS (8+10 mg/kg). The red area represents the non-ischemic area, whereas the pale area indicates ischemic areas in the coronal sections. **b** % infarct after 30-min bilateral common carotid cerebral artery occlusion and 24-h reperfusion in vehicle treated reperused PG- and NOS-treated rats. All values represent the mean \pm SEM ($n=6$). Statistical analysis was carried out by one-way ANOVA followed by Tukey's test. Significant difference from Sham-operated group at ^a $p < 0.05$. Significant difference from the I-R group at ^b $p < 0.05$

Sham group ($p < 0.05$). Distance travelled in the target quadrant was also significantly decreased in I-R rats ($P < 0.05$) compared with Sham operated rats (Fig. 4d), but it was increased in PG- and NOS-treated groups compared with I-R rats. Pretreatment with PG and NOS in comparison to the

Fig. 3 **a** Effect of PG, NOS, and PG+NOS combination on the brain water content of rat brain. **b** Effect of PG, NOS, and PG+NOS combination on latency to fall on rotarod. All values represent the mean \pm SEM ($n=6$). Significant difference from Sham-operated group at ^a $p < 0.05$. Significant difference from I-R group at ^b $p < 0.05$



I-R group exhibited a significantly greater preference to the target quadrant (Fig. 4c) ($p < 0.05$). Therefore, PG and NOS pretreatments attenuate spatial learning and memory damage after I-R injury, and the best improvement was observed in the combination group (Supplemental Data-I).

Open field: improved motor coordination

The reduction in motor activities {ambulation, rearing, and grooming} and increase in freezing time of the rats in the I-R group were significantly ($p < 0.05$) higher as compared with the Sham group suggesting anxiety-like effects due to ischemia in rats. Post-treatment of rats with the PG + NOS group showed a significant increase in the motor activity demonstrated by a increased number of line crossing, grooming ($p < 0.05$), and decrease in the period of immobility as compared with the I-R group (Fig. 5a, b, c, d) (Supplemental Data-I).

Progesterone and noscapine alleviated oxidative injury

Challenging the animals with 30 min of BCCAO followed by 24 h of reperfusion caused oxidative damage as indicated by increased lipid peroxidation, decreased superoxide dismutase activity, and reduction in glutathione levels in the brain as compared with sham treated rats. Seven days of pretreatment with PG and NOS alone had significantly restored depleted superoxide dismutase (4.93 ± 0.35 IU vs 7.53 ± 0.42 IU and 8.04 ± 0.21 IU, respectively) activity and glutathione levels (4.47 ± 0.19 μ g vs 10.29 ± 0.48 μ g and 12.41 ± 0.43 μ g respectively). It also restricted the elevation in lipid peroxidation (11.45 ± 0.25 nmol vs 5.25 ± 0.36 nmol and 3.47 ± 0.33 nmol, respectively) in the brain, as compared with the control group. Furthermore, the combination treatment with PG and NOS significantly ($p < 0.05$) enhanced the scavenging activity of

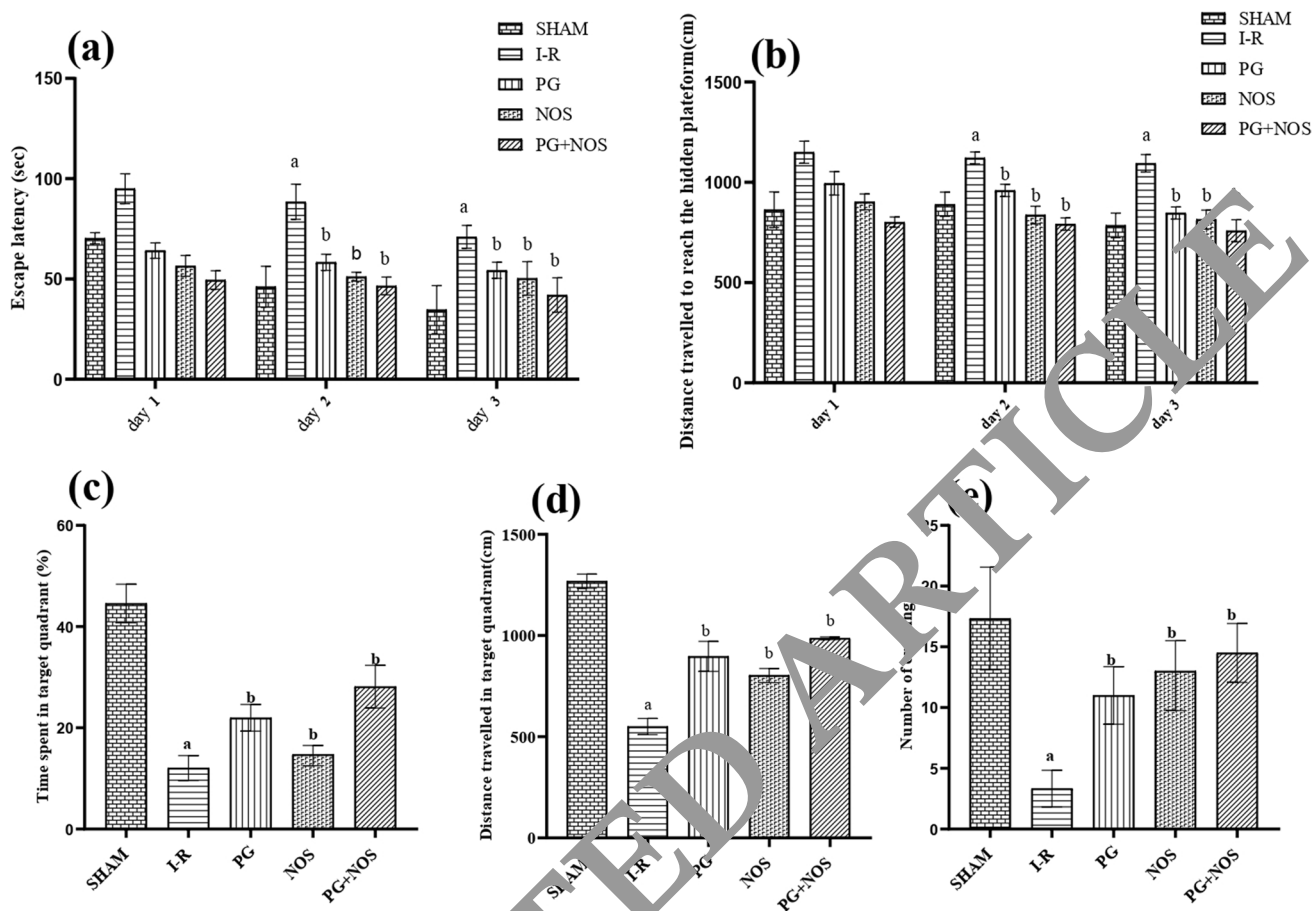


Fig. 4 **a** Latency in the Morris water maze test. The time that each rat spent to reach the hidden platform (latency) during the 3 days was recorded and compared. **b** Distance travelled to reach hidden platform during the 3 days was recorded. **c** Behavior in the Morris water maze without a platform (probe trial). On the 4th day, the platform was removed for the memory test. The percentage of time spent in the

quadrant where the platform was located was calculated. **d** Distance travelled in the target quadrant. **e** The number of crossings that rats crossed the previous platform location in each group was presented. All values represent the mean \pm SEM ($n=6$). Significant difference from Sham-operated group at ^a*p* < 0.05. Significant difference from I-R group at ^b*p* < 0.05

SOD (4.93 ± 0.35 IU vs 9.05 ± 0.05 IU), restored the levels of GSH (4.47 ± 0.19 μ g vs 13.27 ± 0.29 μ g), and attenuated lipid peroxidation (11.45 ± 0.25 nmol vs 2.60 ± 0.31 nmol) in the brain (Fig. 6a, b, c) (Supplemental Data-I).

Reduce BBB dysfunction

The permeation of EB across BBB was considered as an index to measure the change in vascular permeability in the brain. PG- and NOS-treated groups showed potent neuroprotective effects by preserving the integrity of the BBB as compared with the control group. The extravasation of EB was significantly ($p < 0.05$) higher in the I-R group as compared with Sham, PG, NOS, and the combination-treated groups (Fig. 7a) (Supplemental Data-I).

Treatment reduced the MPO activity

The activity of MPO was used as an indicator of brain inflammation. MPO activity more in the I-R group (0.38 ± 0.007 units/mg protein) compared with the Sham group (0.17 ± 0.01 units/mg protein). This ischemia-induced increase in MPO activity was reduced in the ischemic group that was treated with PG (0.30 ± 0.01 units/mg protein), NOS (0.27 ± 0.01 units/mg protein), and PG + NOS (0.24 ± 0.01 units/mg protein). The significant difference ($p < 0.05$) brought in combination treatment in comparison with the I-R group indicated reduced inflammation (Fig. 7b) (Supplemental Data-I).

Fig. 5 Effects of treatment with PG, NOS, and PG+NOS on the open field activity. **a** Immobility. **b** Number of rearing. **c** Grooming. **d** Number of line crossing. All values represent the mean \pm SEM ($n=6$). Significant difference from Sham-operated group at $^a p < 0.05$. Significant difference from I-R group at $^b p < 0.05$

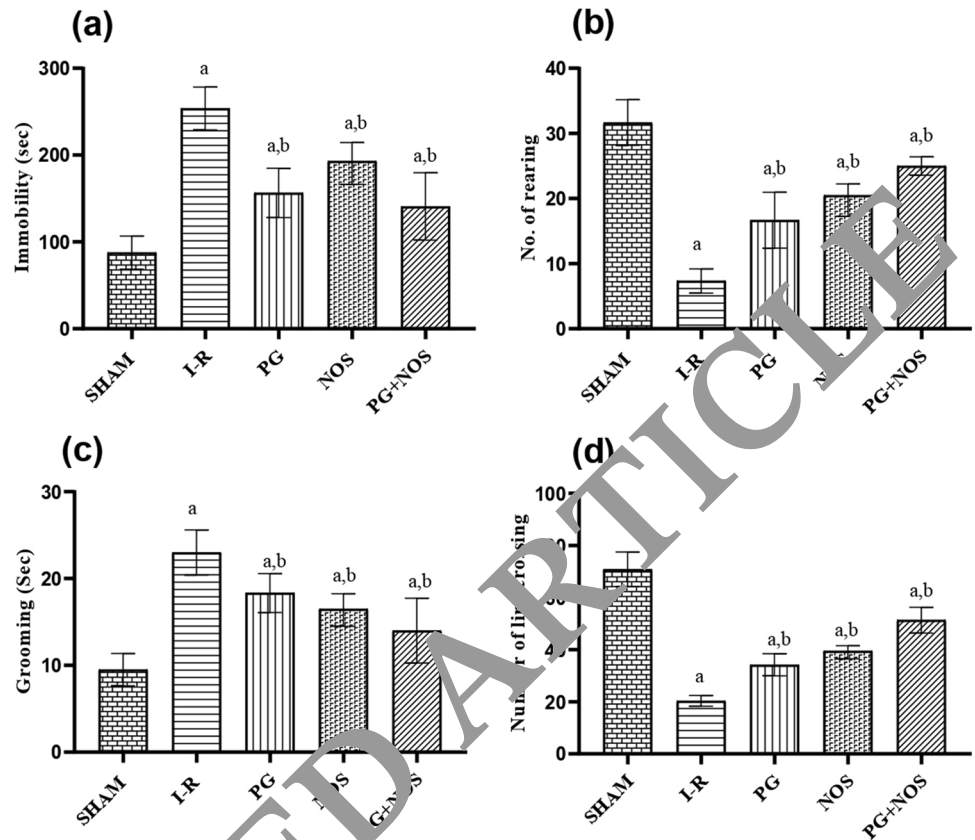
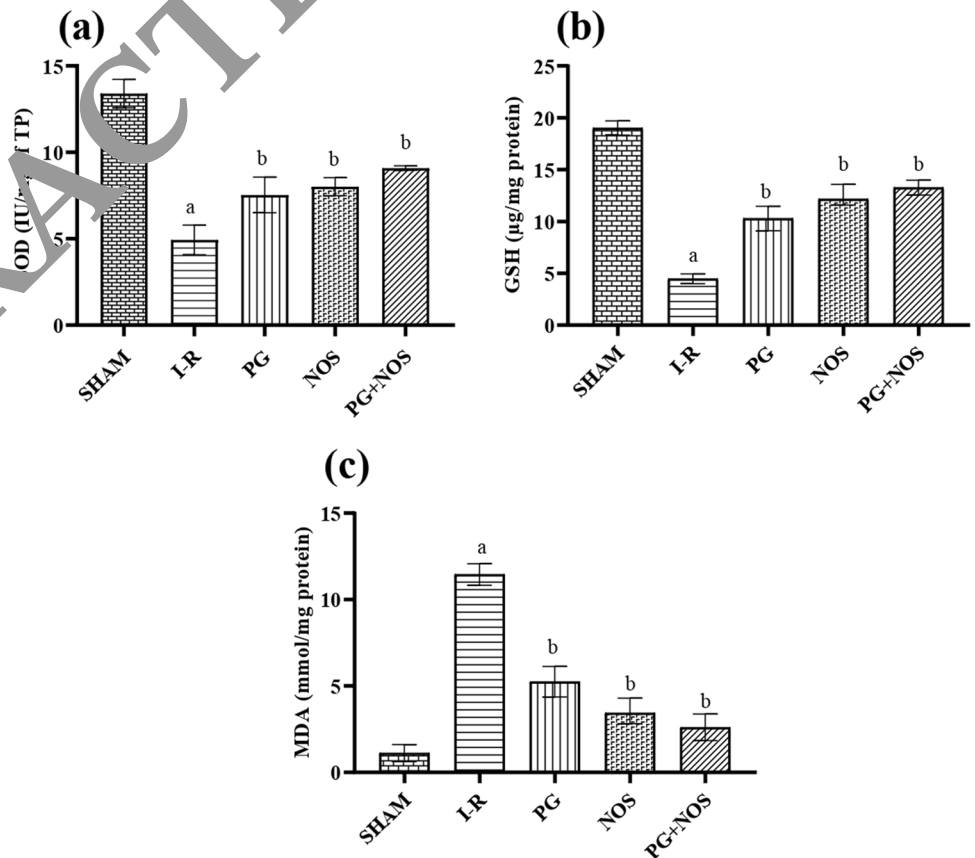


Fig. 6 **a** Effect of PG, NOS, and PG+NOS on superoxide dismutase (SOD) in the brain homogenates of rats. **b** The effect of PG, NOS, PG+NOS on GSH levels in the brain homogenates of rats. **c** Effect of PG, NOS, and PG+NOS on brain MDA levels following cerebral ischemia reperfusion. All values represent the mean \pm SEM ($n=6$). Significant difference from Sham-operated group at $^a p < 0.05$. Significant difference from I-R group at $^b p < 0.05$



Pharmacokinetic study

After a series of trials, we have found good resolution and peak shape of analytes at Kromasil C8 (150*4.6 mm, 5µm) column, with the binary mode of methanol and water at a ratio of 50:50. The NOS and PG were detected at 241 nm, and retention time was found to be 7.97 and 10.61 min, respectively. The representative chromatograms for plasma samples and brain samples originating from the pharmacokinetic study in the rat are shown in (Fig. 8a, b, c, d); the results of bioanalytical method validation parameters are enclosed as supplementary data (Supplemental Data-II and III).

The validated method was then successfully applied to simultaneously quantitate the concentrations of PG and NOS in rat plasma and brain homogenate. The pharmacokinetic (PK) parameters like C_{max} , T_{max} , half-life, and AUC_{0-t} were estimated by a non-compartmental analysis using PK solver add-in provided in Microsoft Excel. As shown in Fig. 9a, b and Table 1, C_{max} of PG and NOS increased significantly in combination treatment as compared with individual treatment, i.e., PG ($10.11 \pm 0.66 \mu\text{g/ml}$ vs $6.50 \pm 0.24 \mu\text{g/ml}$) and NOS ($6.10 \pm 0.97 \mu\text{g/ml}$ vs $2.35 \pm 0.26 \mu\text{g/ml}$), at the T_{max} for PG and NOS was $0.5 \pm 0.00 \text{ h}$ and $0.66 \pm 0.11 \text{ h}$ in individual treatment and combination $0.5 \pm 0.00 \text{ h}$ and $2 \pm 0.00 \text{ h}$, respectively. Half-life ($t_{1/2}$) was elongated in combination groups as compared to individual groups, but the change was not significant. Meanwhile, the AUC in the combination group was also increased with both the drugs as compared (Table 1), with an individual group and significant difference shown in the AUC of NOS ($74.79 \pm 10.74 \mu\text{g/ml}\cdot\text{h}$ vs $27.84 \pm 3.14 \mu\text{g/ml}\cdot\text{h}$). Figure 10 shows the concentration in the brain was also significantly increased after combination treatment (at 24 h) as compared to individual administration of the drug, i.e., PG ($14.53 \pm 0.32 \mu\text{g/ml}$ vs $12.15 \pm 0.59 \mu\text{g/ml}$) and NOS ($8.03 \pm 0.19 \mu\text{g/ml}$ vs

$5.80 \pm 0.54 \mu\text{g/ml}$); further investigation at 72 h shows that none of the drugs was detected in the brain (Supplemental Data-II and Data-III).

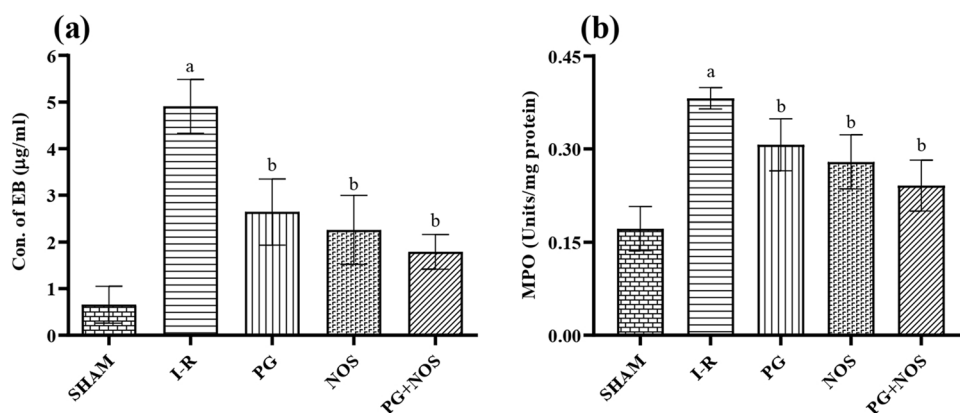
Histopathological examination

The histological outcome demonstrated neuronal swelling, dilated blood vessels with neuronal damage, pyknotic nuclei, and shrinkage of nucleus following reperfusion injury. Swelling of vacuolations, disruption of cell membrane, and increase in intracellular space were observed in the I-R control group of rats (Fig. 11b). While histopathological observations of the brain slices from rats in the Sham group showed intact, neuronal cell structure with the continuous cell membrane (Fig. 11a). PG (Fig. 11c) and NOS (Fig. 11d) reduced disruption of cell membrane but had little effect on vacuolations. However, PG and NOS in combination (Fig. 11e) pretreatment improved cell structure indicated by intact cell membrane and reduced neuronal damage.

Discussion

The objective of this study was to investigate the outcomes of the pretreatment schedule with a combination of two pharmacological agents (PG and NOS) on reperfusion injury-induced brain damage in rats. We evaluated the effect of PG and NOS on (1) oxidative stress and behavioral deficit, (2) muscle strength, (3) vascular permeability (BBB damage), (4) inflammatory reactivity, and (5) infarct volume. To substantiate the findings, we determined the pharmacokinetic profile of individual drugs alone and in combination in plasma and the brain. This study demonstrated that the combination of PG and NOS has beneficial effects on various outcomes of reperfusion injury, and optimum levels of both agents in the brain immediately after ischemia were critical to achieving neuroprotection in rats.

Fig. 7 **a** Outflow of Evans blue extravasations from BBB in the different experimental groups in rat brain. **b** The effect of PG, NOS, and PG+NOS on myeloperoxidase activity in rats following cerebral ischemia reperfusion. All values represent the mean \pm SEM ($n=6$). Significant difference from Sham-operated group at $^a p < 0.05$. Significant difference from I-R group at $^b p < 0.05$



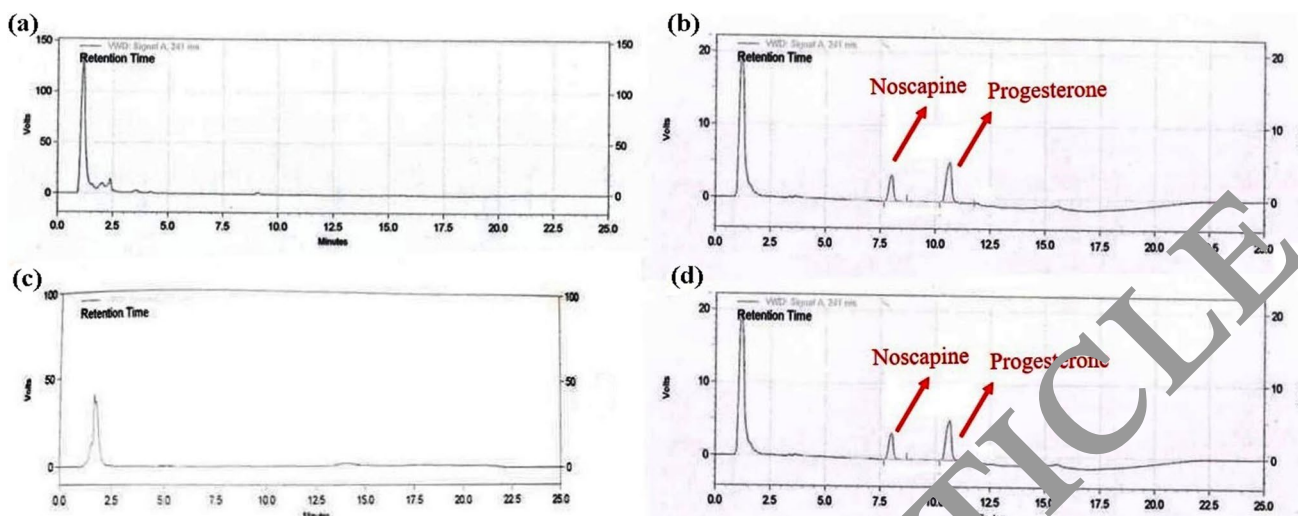


Fig. 8 **a** The representative chromatogram for blank plasma. **b** The representative chromatogram for noscapine and progesterone spiked in plasma. **c** The representative chromatogram for blank brain homogenate. **d** The representative chromatogram for noscapine and progesterone spiked in brain homogenate

Fig. 9 Plasma PG and NOS concentration profiles. **a** Shows the mean plasma concentrations vs. time curve for PG. **b** shows the mean plasma concentrations vs. time curve for NOS

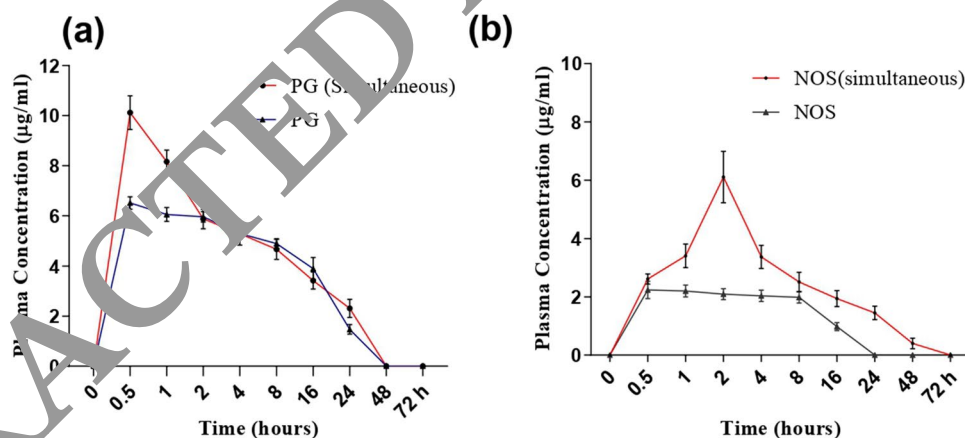


Table 1 Pharmacokinetic parameters of PG and NOS individual and simultaneous treatment

Parameters	Individual treatment		Simultaneous treatment	
	PG	NOS	PG	NOS
Cmax (µg/ml)	6.50 ± 0.24	2.35 ± 0.26	10.11 ± 0.66 ^a	6.10 ± 0.97 ^b
Tmax (h)	0.5 ± 0.00	0.66 ± 0.11	0.5 ± 0.00	2.00 ± 0.00 ^{a,b}
t _{1/2} (h)	12.80 ± 1.34	13.07 ± 1.12	16.85 ± 2.61	19.46 ± 2.93
AUC _{0-t} (µg/ml*h)	99.10 ± 4.77 ^b	27.84 ± 3.14 ^a	100.42 ± 10.41	74.79 ± 13.74 ^{a,b}

Cmax, Peak concentration; Tmax, time to peak concentration; t_{1/2}, terminal half-life; AUC, area under the concentration time curve. All values represent as mean ± SEM. Statistical analysis was done using one-way ANOVA followed by Tukey's test. Significant difference from PG individual group at ^ap < 0.05. Significant difference from NOS individual group at ^bp < 0.05

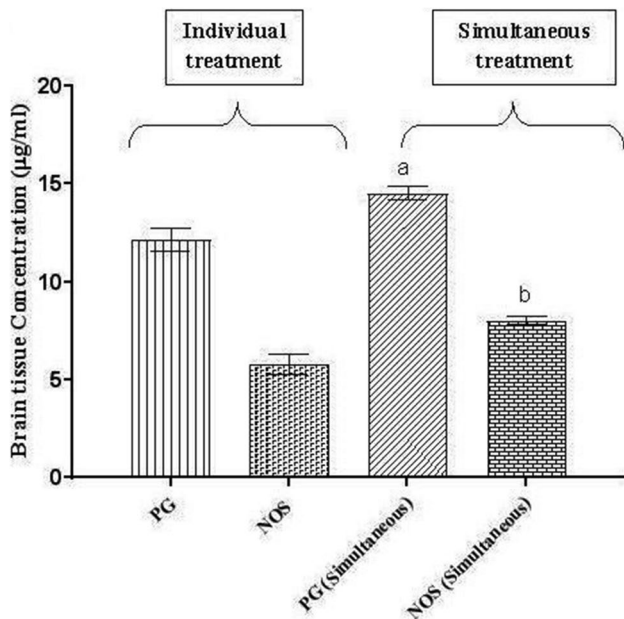
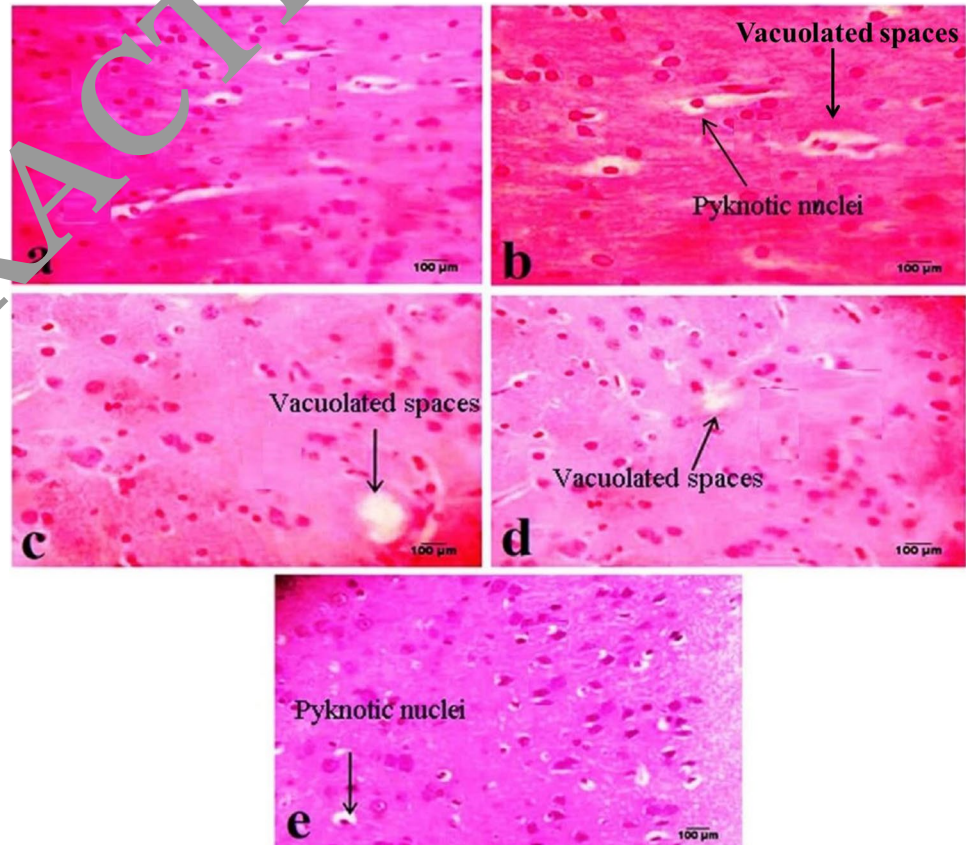


Fig. 10 PG and NOS concentration in rat brain. All values represent the mean \pm SEM ($n=6$). Significant difference from PG individual group at ^a $p < 0.05$. Significant difference from NOS individual group at ^b $p < 0.05$

Fig. 11 Histopathological observations of brain tissue: **a** Sham-operated group showing normal histological picture and no neuronal loss was observed. **b** Marked infiltration of neutrophils, increased intracellular space, pyknotic nuclei, vacuolations, and neuronal loss was observed. **c** PG-8 mg/kg showing moderate reversal of neuronal damage and few vacuolations. **d** NOS-10 mg/kg showing marked reversal of neuronal damage and partial neuronal loss was observed. **e** PG+NOS (8 mg/kg + 10 mg/kg) showing protection of brain cells from ischemic damage, improvement in cellular structure and more effective in combination as compared to individual treatment



Earlier neuroprotective potential of PG, upon intraperitoneal administration of low dose (8 mg/kg), was reported. The relatively high concentration in the brain, within 15 min of administration, was sustained during an ischemic period (Wong et al. 2012). PG as a pleiotropic agent ameliorated cerebral damage by reducing edema formation through the expression of AQP4 (Wang et al. 2013), resorted BBB dysfunction, and attenuated apoptosis (Guo et al. 2006; Ishrat et al. 2009; Ishrat et al. 2010). Similarly, NOS, a brain thrombin receptor antagonist, exhibited marked free radical scavenging ability and inhibition of inflammation in ischemia–reperfusion injury (Mahmoudian et al. 2015; Kawadkar et al. 2021). The correlation between pharmacokinetic profiles and observed neuroprotection of both (PG and NOS) was missing. We report a unique aspect of combination therapy by simultaneously estimating the levels of PG and NOS in the brain and plasma after pre and post-administration in ischemia–reperfusion injury.

The combination of PG with NOS has had better behavioral outcomes than that of individual administration of PG and NOS in functional tests like Morris water maze and open-field investigations. The decrease in infarct volume and induced neuronal cell damage in the hippocampal and frontal cortex is linked with cognitive and behavioral deficits (Grousuf et al. 2014). Behavioral examination showed a

significant improvement in memory and locomotor activity. The decreased latency to find the hidden platform in treated animals could be attributed to the enhanced effect of the combination treatment to attenuate infarct formation in vital regions of the brain (Gibson and Murphy 2004; Yousuf et al. 2014; Hedayatpour et al. 2018; Qin et al. 2019; Kawadkar et al. 2021). According to our results, the number of crossing and the percentage of time spent in the target quadrant significantly increased in all treatment groups compared with the I-R group in the probe trial.

The effect of PG on cerebral damage was earlier evaluated using multiple dose levels (4, 8, 16, and 32 mg/kg) following stroke injury (Chen et al. 1999; Sayeed and Stein 2009; Ishrat et al. 2010). A lower dose (8 mg/kg) exhibited best neuroprotection than the higher dose (32 mg/kg) on various aspects of brain damage after stroke (Chen et al. 1999; Cutler et al. 2007; Yousuf et al. 2014). The rationale for choosing the low dose of PG is associated with the unique inverted U-shaped correlation (hormesis phenomenon) between neuroprotection and the dose of PG in animal experimentation (Goss et al. 2003; Yousuf et al. 2014), which is reflected in clinical investigation (Pan et al. 2019). We report improved functional outcomes with PG treatment, an increase in time spent by rats on accelerating rotarod indicates improved balance and cognitive ability; the results are in agreement with earlier findings (Gibson and Murphy 2004; Ishrat et al. 2009).

Besides inhibiting inflammatory reactivity, PG attenuates infarct volume, which may be linked to an increase in neurotrophic factor VEGF in the hippocampal and cortical region (Ishrat et al. 2009; Uysal et al. 2013). Similarly, NOS was reported to suppress inflammation, induced by MPO activity reduction, and free radical in cerebral reperfusion injury, and contributes to restriction of infarct formation in the cortical region (Khanmoradi et al. 2014; Kawadkar et al. 2021). These two agents, PG and NOS, improve spatial memory through different signaling pathways to reduce cortical infarct in the treated animals.

The pro-inflammatory mediators instigated due to lipid peroxidation trigger brain damage (Kalogeris et al. 2014; Kawabori and Yenari 2015). Infiltrated neutrophils, a result of free radical generation, contribute to the myeloperoxidase in the endothelium (Bradley et al. 1982). We report inhibition of myeloperoxidase activity by PG and NOS treatment (Fig. 7d); it regulates cerebral inflammation and restores the blood–brain barrier (BBB) after reperfusion injury (Ding-Zhou et al. 2003; Ishrat et al. 2009).

Cytokine action on BBB dysfunction gets augmented by neutrophil infiltration; the passive diffusion of water through disorganized BBB swells the brain and increases the volume (Ishrat et al. 2009; Elali et al. 2011; Kawabori and Yenari 2015). These sequential events following free radical generation and ensuing inflammation in endothelium alters

the permeability of the vascular system (Nour et al. 2013). Vascular disorganization disrupts the integrity of BBB and permeates fluid to form edema in the brain (Rosenberg and Yang 2007). Noscapine inhibits both inflammation and stress, whereas PG downregulates expression of AQ4 to reduce edema and decrease BBB permeability (Ishrat et al. 2010; Khanmoradi et al. 2014; Vahabzadeh et al. 2015; Kawadkar et al. 2021). The current investigation revealed that combination treatment of two potent neuroprotective agents significantly affected vascular permeability, inflammation, and oxidative stress biomarkers. The evidence suggests NOS and PG elicit these beneficial effects by targeting different mechanisms. However, overlapping activity on some underlying mechanisms cannot be denied while employing the strategy to simultaneously target multiple injury factors (Uysal et al. 2013; Hedayatpour et al. 2018; Qin et al. 2019).

In addition, the uptake of the drug through efflux transporters influences the therapeutic effect. The efflux protein-mediated transport across BBB regulates the intracerebral concentration of drugs and endogenous steroids. We contemplated the role of transport proteins on progesterone and noscapine while choosing the doses for combination therapy. The available literature indicated a minimal effect of various efflux proteins on the transport of both progesterone and noscapine. Similarly, these agents too had a negligible impact on the expression of these proteins. Drug uptake into the brain is dependent on a variety of factors, including the physical barrier presented by BBB and the blood-cerebrospinal fluid (CSF) barrier, and the affinity of the substrate for specific transport systems located at both of these interfaces (Cornford and Hyman 1999).

The multidrug-resistance gene 1-type P-glycoproteins (MDR1-type P-gps) in the BBB regulates the accumulation of progesterone in the brain, but the efflux of intracerebral progesterone is very small to affect its effective concentration in the brain (Shapiro et al. 1999; Uhr et al. 2002). But, noscapine transport in the brain is noteworthy, as it achieves optimal intracerebral concentration. The P-gp is expressed in endothelial cells of the BBB, where it regulates the exchange of compounds in the central nervous system (Jetté et al. 1993; Agarwal et al. 2011; Auvity et al. 2018). The substrates for P-gp are prevented from entering the central nervous system, while other agents may not have any effect. Noscapine readily crosses BBB to indicate that noscapine transport in the brain is independent of P-gp efflux activity. Moreover, noscapine derivatives may “bypass” the actions of P-gp if their permeability is sufficiently high, resulting in rapid and extensive intracellular accumulation (Muthiah et al. 2019). The availability of NOS in the brain, for an extended period, would assist in the binding of NOS to its numerous binding sites in the thalamus (Karlsson et al. 1990). It suggests that NOS has a site-specific effect and its

ability to cross BBB (Landen et al. 2004) further strengthens its neuroprotective claim in reperfusion injury.

In addition, PG has reinforced the recovery process in the post-ischemic milieu (within 72 h) owing to its pleiotropic properties as a neuroprotective agent (Roof and Stein 1992; Sayeed et al. 2007; Sayeed and Stein 2009; Ishrat et al. 2010). The correlation between plasma and brain levels, observed in simultaneous estimation, substantiated the therapeutic outcomes of the combination treatment of post-ischemia–reperfusion injury with NOS and PG.

The half-life of PG is short, but it accumulates quickly in the brain owing to its lipophilic nature (Wong et al. 2012). The levels of PG in the brain plummeted as it got metabolized by a 5α -reductase enzyme in neurons but not before exerting its protective effect during the ischemic period (Frye et al. 1998; Wong et al. 2012). Our study demonstrated that PG levels were significantly higher when co-administered with NOS than individual (alone PG) treatment for an overall duration of ischemia; it reduced subsequently in the reperfusion period. But the presence of PG, in higher concentration during ischemia, would attenuate deleterious effects of ischemia on the brain resulting in apoptosis and BBB destruction (Chen et al. 1999; Cutler et al. 2007; Youssuf et al. 2014). Interestingly, plasma levels of PG peaked late, after 4 h of ischemia, and stayed relatively higher than brain levels (Wong et al. 2012).

Apart from the brain, the liver and spleen also metabolize PG but a delayed release of PG from adipose tissues may explain the higher levels in plasma after a few hours of administration (Lobo et al. 2002). In addition to PG, we estimated NOS levels in the brain and plasma during ischemia and reperfusion injury. Although NOS readily crosses BBB, its rapid elimination and short half-life limit the ability to sustain its concentration in the brain for long (Landen et al. 2004). The emergence of understanding of multiple binding sites, especially in the brain, paved the way for the investigation of NOS for pathological conditions other than its previously known vasodilative activity (Karlsson et al. 1990). We report higher concentration in the plasma even after 4–6 h of administration, especially in the combination group. It is not yet clear what led to such prolonged availability of NOS in the plasma, but the preferential metabolism of PG in the brain may explain the observed levels of NOS. Moreover, the enhanced half-life of NOS could be the outcome of this accumulation in the brain.

In support, we propose a potential mechanism for pharmacokinetic interactions of PG and NOS, which, likely, the superiority of the combination treatment may result from increased PG/NOS plasma and brain concentrations rather than from the two compounds targeting different mechanisms. The cytochrome P450 (CYP) superfamily comprises vital phase I drug-metabolizing enzymes that oxidize more than 90% of current therapeutic drugs (Hirota et al. 2013).

The CYP2C9 and CYP2C19 variants are biomarkers in monitoring drug responses and adverse effects (Hirota et al. 2013). The CYP2C9 and CYP2C19 polymorphism impacts patients due to modulation of clearance and therapeutic response of drugs or substrates of CYP2Cs (Yamazaki and Shimada 1997). Progesterone is a competitive inhibitor of both, CYP2C19 although it is lesser than that catalyzed by CYP2C9 (Yamazaki and Shimada 1997). In addition, nescapine inhibits CYP2C9 and CYP2C19; it also serves as a substrate to these enzymes, ultimately modulating drug metabolism (Rosenberg et al. 2010; Zhang et al. 2013). Interestingly, these enzymes are known for drug–drug interactions where the metabolism of one drug, by CYP, is inhibited by the other (Dev et al. 2020). Hence, we propose that PG and NOS may reduce each other's elimination and lead to an increase in C_{max} and AUC. The outcome, the improved AUC (C_{max} when PG and NOS were co-administered, coincides with the proposed mechanism. The area under the plot of a plasma concentration versus time gives better insight into the extent of exposure to a drug and its clearance rate from the body; these estimations are meant to assess the net pharmacologic response to a given dose (Krzyszanski and Jusko 1998).

Nevertheless, there are some limitations to the current investigation associated with the initiation of treatment and the age group of the rats used. Although the initiation of any treatment before the ischemia–reperfusion injury may not have clinical relevance, we pretreated animals to exploit the ability of endogenous hormones to prime or precondition neurons, which may increase the neuronal endurance when exposed to reperfusion injury. Although pretreatment could not produce successful outcomes in clinical setup, multiple preclinical studies highlighted the benefits of pre-injury (Xiao et al. 2019; Liu et al. 2009).

The other limitation could be associated with the age group of the animals and their reciprocation to the ischemic patients. Young, healthy animals may not fully represent the elderly patient population stroke; we chose young rats instead of aged because the older rats are less tolerant to anesthesia. These rats may display higher mortality after stroke due to frailty, immunosuppression, and other co-morbidities. Moreover, aged rats had enhanced mortality and reduced self-healing capacity of the brain (Kim and Vemuganti 2015; Yang and Paschen 2017; Zhang et al. 2019). The advancing age of the rat leads to progressive deterioration of multiple body systems and alteration into immunological responses. Hence, the current study was designed with young adult rats to complete the protocol and investigate the post-recovery outcomes. But, in the recent past, the incidences of stroke in young adult (18–50 years old) patients are on the rise and amounts to 10–15% of the total ischemic stroke count (Boot et al. 2020). These incidences are more devastating than those experienced by old age patients as the

disability to young adults profoundly affect productive years of the patient's life (Boot et al. 2020). Moreover, this study may also correlate some preclinical outcomes with clinical observations of increased stroke incidences in young adult patients.

The co-administration of PG and NOS had beneficial outcomes in the rats exposed to ischemia–reperfusion injury. Herein, we explored the correlation between the pharmacokinetic profile of both (PG and NOS) and their observed neuroprotective effect—a missing link. The simultaneous estimation of PG and NOS in the brain and plasma suggested a possibility of drug–drug interaction and its implication on the outcomes of ischemia–reperfusion injury.

Conclusion

In conclusion, we demonstrate an improved therapeutic outcome on behavioral, functional, and cognitive disturbances following reperfusion injury with the combination of NOS and PG in rats; the outcomes were better than those observed after individual treatment of each drug. To maximize the translation of preclinical outcomes of a complex disorder like ischemic-reperfusion injury, a combination of proven neuroprotective agents targeting multiple delayed secondary injury mechanisms is needed. Both PG and NOS modulate vital mechanisms and may have a complementary effect on some of them when administered simultaneously. This rationale approach of harnessing the therapeutic potential of two promising neuroprotective agents may enhance the likelihood of developing a clinical strategy to limit cerebral damage caused by ischemic-reperfusion injury. However, further studies will be required to shed more light on the dose–response profile, duration of the combination treatment, and exploring this promising combination in multiple models of ischemic brain injury to ensure its translation in clinical trials.

Supplementary information The online version contains supplementary material available at <https://doi.org/10.1007/s00210-021-02187-y>.

Author contributions MK performed the experiments, data analysis, and wrote the manuscript. VD and ASM helped with the data analysis and contributed to the correction of the manuscript. NS and RM helped in conducting experiments throughout the study. VD supervised the entire project. All authors read and approved the manuscript. The authors declare that all data were generated in-house and that no paper mill was used.

Availability of data and material Supplemental source data generated or analyzed during this study presented in the form of a prism and excel files.

Code availability Not applicable.

Declarations

Ethics approval All animal procedures were approved by the Institutional Animal Ethics Committee of the VNS Institute of Pharmacy, Bhopal (Madhya Pradesh, India). (Protocol No. PH/IAEC/2K16/010).

Consent to participate Not applicable.

Consent for publication All authors gave their consent for the publication of this manuscript.

Conflict of interest The authors declare no competing interests.

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