



# *Cariniana domestica* fruit peels present topical anti-inflammatory efficacy in a mouse model of skin inflammation

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Received: 14 July 2018 / Accepted: 22 November 2018 / Published online: 7 January 2019  
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## Abstract

To investigate the topical anti-inflammatory activity of the crude extract of *Cariniana domestica* fruit peels (CdE), its dichloromethane, *n*-butanol, and ethyl acetate (EtAc) fractions, and steroids ( $\beta$ -sitosterol, lupeol, and stigmaterol) isolated from the EtAc fraction in models of irritant contact dermatitis (ICD) croton oil-induced in mice. We induced skin inflammation by single (acute; 1 mg/ear) and multiple (chronic; 0.4 mg/ear) croton oil application. We topically applied *C. domestica* (CdE, fractions, and gel formulations) and  $\beta$ -sitosterol, lupeol, and stigmaterol immediately after applying croton oil. HPLC-DAD chromatography of the EtAc fraction and stability of the gel formulations were verified. HPLC-DAD of the EtAc fraction revealed the stigmaterol, lupeol, and  $\beta$ -sitosterol presence. CdE and EtAc fraction gels showed no organoleptic or pH changes at room temperatures. CdE and dichloromethane, *n*-butanol, and EtAc (1 mg/ear) fractions decreased the acute ear edema with maximum inhibition ( $I_{\max}$ ) of  $97 \pm 2$ ,  $86 \pm 1$ ,  $81 \pm 4$ , and  $95 \pm 2\%$ , respectively. CdE and EtAc fraction gel presented similar effects, with respective  $I_{\max}$  of  $85 \pm 6\%$  (3%; 15 mg/ear) and  $82 \pm 2\%$  (1%; 15 mg/ear).  $\beta$ -sitosterol (7.5  $\mu$ g/ear), lupeol (10  $\mu$ g/ear), and stigmaterol (5.7  $\mu$ g/ear) also reduced this parameter by  $46 \pm 8$ ,  $51 \pm 7$ , and  $62 \pm 7\%$ , respectively. All topical treatments reduced the inflammatory cells' infiltration in the acute ICD model. CdE reduced the ear edema by  $77 \pm 4\%$  (1 mg/ear) and the inflammatory cell infiltration in the chronic ICD model. CdE's anti-inflammatory effect was accompanied by a minimum development of adverse effects. *C. domestica* demonstrates a promising potential for the development of a topical anti-inflammatory agent.

**Keywords** Jequitibá-roxo · Dermatitis · Stability · Anti-inflammatory · Steroids · Adverse effects

## Introduction

Skin acts as the first line of defense against several pathogens and other external noxious agents (Di Meglio et al. 2011;

Saraiva et al. 2011). Its primary function is to provide an effective barrier which affords defensive immunological reactions against several insults from the environment (Bangert et al. 2011; Feingold et al. 2007; Pinto et al. 2015). However, a cutaneous barrier abnormality triggers an inappropriate immune activity leading to the development of cutaneous inflammatory diseases, such as irritant contact dermatitis (Chibli et al. 2014; Proksch et al. 2008; Saraiva et al. 2011).

Irritant contact dermatitis is a localized inflammatory reaction caused by direct contact with chemical substances such as detergents, acids, and alkalis, as well as physical agents such as temperature and climatic conditions (Eberling 2014; Lee et al. 2013; Seyfarth et al. 2011). In the skin's inflammatory process, there occurs skin barrier disruption, keratinocyte activation, and pro-inflammatory cytokines release (Lee et al. 2013; Lisby and Baadsgaard 2010). Acute skin inflammation is clinically characterized by edema, erythema, cell infiltration, coalescing vesicles, pustules, ulceration, and even skin necrosis (Lisby and Baadsgaard 2010; Slodownik et al. 2008). In its chronic form, dryness, fissuring, and hyperkeratosis are

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more pronounced. Furthermore, some clinical cases may manifest stinging, burning, or itchy sensations (Eberling 2014; Lisby and Baadsgaard 2010).

Anti-inflammatory agents are quite effective in several forms of skin barrier disruption, with glucocorticoids being the most prescribed drugs for these inflammatory skin conditions (Eberling 2014; Siddiqui et al. 2016; Simpson et al. 2014). Nevertheless, steroid-based therapies cause adverse effects such as hypopigmentation, delayed wound healing, skin atrophy, and dryness, which limit long-term use (Lee et al. 2016; Simpson et al. 2014; Xiao et al. 2015).

The lack of safer and more effective therapies supports the search for therapeutic alternatives to treat inflammatory skin diseases (Horinouchi et al. 2013). An attractive option would be the use of medicinal plant extracts due to their significant sources of biologically active natural products and the promising possibility for drug discovery considering their easy access and relatively low cost (Ibrahim et al. 2012; Mendes et al. 2016). Several studies have proven the effectiveness of extracts or isolated compounds of plants for treating inflammatory skin disease treatment (Brum et al. 2016; Lee et al. 2016; Lim et al. 2015; Piana et al. 2016; Saraiva et al. 2011).

*Cariniana domestica* (Mart.) Miers. belongs to the Lecythidaceae family, is commonly known as “jequitibá-roxo,” and found in Brazil, Bolivia, and Peru. Previous studies have established the presence of triterpenoid, flavonoid, and phenolic compounds in the leaves and fruit peels of this species (Janovik et al. 2011; Janovik et al. 2012a). There are few studies concerning the ethnopharmacological uses of *Cariniana* spp., although the infusion with peels of this species has reportedly been used as an anti-inflammatory and antimicrobial agent (Janovik et al. 2012b). Corroborating these reports, studies have shown that the stem barks of *Cariniana rubra* are a reputed traditional remedy in decoction and infusion forms to treat inflammatory disorders, as confirmed by Santos et al. (2011). However, so far, no studies demonstrate *C. domestica*'s anti-inflammatory activity, although other biological activities have recently been found along with the identification of secondary metabolites (Janovik et al. 2011; Janovik et al. 2012a, b), including phytochemical compounds with anti-inflammatory activities proven in previous studies (Bellik et al. 2012; Chibli et al. 2014; Choi and Kim 2013; Khan et al. 2012; Phanse et al. 2012; Xu et al. 2014).

To contribute to the search for new medicinal plants with anti-inflammatory potential and for better understanding the ethnopharmacological relevance of *C. domestica*, we investigated the effectiveness and preliminary safety of this species as a topical anti-inflammatory agent in an irritant contact dermatitis model induced by croton oil.

## Material and methods

### Chemicals

All chemicals were of analytical grade. Hematoxylin-eosin and paraffin were purchased from Merck (Darmstadt, Germany). Croton oil, hexadecyltrimethylammonium bromide (HTAB), tetramethylbenzidine (TMB), dexamethasone, acetonitrile, ethylenediaminetetraacetic acid (EDTA),  $\beta$ -sitosterol, lupeol, and stigmasterol were acquired from Sigma Chemical Co. (St. Louis, Mo, USA). Isoflurane (Baxter, São Paulo, Brazil), sodium acetate, acetone, absolute ethanol, acetic acid, and formaldehyde (all from Vetec, Rio de Janeiro, Brazil) were used. Methylparaben (Nipagin®; Belga), hydroxyethylcellulose (Natrosol® QP400H; FarmaQuímica), and formylgermanium (Germal®; Delaware) were purchased from local suppliers. The colorimetric kits for alanine aminotransferase (ALT), aspartate aminotransferase (AST), glucose, or creatinine were purchased from Labtest (Minas Gerais, Brazil).

### Plant material and extractions

The same crude extract (CdE) and fractions of *C. domestica* fruit peels used by Janovik et al. (2012a) were stored in hermetically sealed containers, with a temperature of  $5 \pm 2$  °C to maintain the phytochemical quality of these samples. A dried voucher specimen is preserved in the herbarium of the Department of Biology at Federal University of Santa Maria by register number SMBD 11818.

The fruits peel were dried and powdered in a knife mill, it was macerated at room temperature with 70% ethanol for 10 days with a daily shake-up, and this solvent was renewed twice. After filtration, the hydroalcoholic extract was evaporated under reduced pressure to remove the ethanol and was taken to complete dryness, yielding the *C. domestica* crude extract. Another part of the extract was successively partitioned with dichloromethane, ethyl acetate, and *n*-butanol, which also were dried to produce each corresponding fraction. We evaluated the topical anti-inflammatory activity of CdE and its fractions. The later was chosen due to a higher amount of phenolic compounds as described by previous studies (Janovik et al. 2012a).

### Quantification of steroids in the ethyl acetate fraction by HPLC-DAD

Chromatographic analyses were performed under isocratic conditions using C8 column (4.6 mm × 150 mm) packed with 5- $\mu$ m-diameter particles. The mobile phase consisted of acetonitrile and water (95:5 v/v), filtered through a 0.45- $\mu$ m membrane filter and degassed in an ultrasonic bath prior to use. Quantification of stigmasterol, lupeol, and  $\beta$ -sitosterol was

performed by injecting 40  $\mu\text{L}$  volume, flow rate of 1.0 mL/min, with HPLC separation followed by UV detection at 210 nm (Bologn et al. 2015). EtAc fraction was analyzed at a concentration of 10 mg/mL. Stock solutions of standards references were diluted in acetonitrile/water (1:1 v/v) at a concentration range of 0.025–0.500 mg/mL. Calibration curve for  $\beta$ -sitosterol is  $Y = 12,473x + 1186.7$  ( $r = 0.9998$ ), stigmaterol  $Y = 13,045x + 1261.4$  ( $r = 0.9995$ ), and lupeol  $Y = 11,985x + 1362.7$  ( $r = 0.9999$ ), where  $Y$  is the peak area of steroids obtained by HPLC and  $x$  is the concentration in milligrams per gram. All chromatography operations were performed at ambient temperature and in triplicate.

### C. domestica gels

The CdE or EtAc fraction gels were prepared with hydroxyethylcellulose (Natrosols®; 2.8%), EDTA Proquimios (0.10%), methylparaben (Nipagin®; 0.25%), formylgermanium (Germals®; 0.25%), and distilled water (q.s.p) in the concentrations of 0.3, 1, and 3%. Briefly, EDTA, Nipagin, and distilled water were placed in a mortar to heat to 65 °C on a hot plate. After that, Natrosol was incorporated and then cooled down to 40 °C and the Germal and CdE or EtAc fraction was added previously dissolved in distilled water. The homogenization was performed with a pistil during the whole process (Piana et al. 2013). Base gel (without crude extract or fraction) was used in the vehicle group. Dexamethasone gel (0.5%) was used as a positive control.

### Stability study of C. domestica gels

The gel concentration which showed the best results in the topical anti-inflammatory assays were used in the stability study. The evaluations were conducted following the Guide of Stability to Cosmetic Products (National Health Surveillance Agency-Anvisa 2004) with modifications. Organoleptic characteristics and pH measurements of the CdE and EtAc fraction gels were evaluated on the zero time and on the 90th day at room temperature ( $25 \pm 5$  °C) after the preparation of the gels. The tests were performed in triplicate in three batches of each sample. We performed the organoleptic characteristics considering any change of color, smell, and appearance, evaluated at lighting and packaging conditions. The pH measurements of the samples were performed with a laboratory pH meter (Digimed-DM-22, Digicrom Analytical), previously calibrated with buffer solutions of pH 4.0 and 7.0.

### Animals

Adult male Swiss mice (25–30 g) were kept at  $22 \pm 2$  °C (60–80% humidity) under a 12-h light-dark cycle and with standard laboratory food and water ad libitum. Experiments were performed between 8:00 a.m. and 5:00 p.m. and were conducted in

accordance with national and international legislation (guidelines of Brazilian Council of Animal Experimentation—CONCEA—and of U.S. Public Health Service's Policy on Humane Care and Use of Laboratory Animals—PHS Policy), approved by Institutional Committee for Animal Care and Use of the Federal University of Santa Maria (Process number 9475221015/2015) and were reported in compliance with the ARRIVE guidelines (Mcgrath and Lilley 2015). Animals were randomly assigned to different treatment groups and all experimental protocols were performed blindly with respect to drug administration. The number of animals and the intensity of irritant agent topically applied were the minimum necessary to demonstrate the consistent effects of treatments.

### Treatments

CdE and its dichloromethane, *n*-butanol, and ethyl acetate fractions,  $\beta$ -sitosterol, lupeol, stigmaterol, gel formulations of CdE and of EtAc fraction, dexamethasone (solution and incorporated in gel), and croton oil were topically applied to the right ear of each mouse. Dexamethasone was used as a positive control. We chose doses of 7.5, 10, and 5.7  $\mu\text{g}/\text{ear}$  for  $\beta$ -sitosterol, lupeol, and stigmaterol, respectively, to evaluate its anti-inflammatory effects because these doses are equivalent to its concentrations present in 1 g of *C. domestica* EtAc fraction. The animals were divided in experimental groups. In the acute irritant contact dermatitis model, the groups were naive, vehicle (acetone; 20  $\mu\text{L}/\text{ear}$ ), croton oil (1 mg/ear), croton oil plus CdE (0.01; 0.1; 0.3, or 1 mg/ear), croton oil plus dichloromethane fraction (0.001, 0.01, 0.1, or 1 mg/ear), croton oil plus *n*-butanol fraction (0.001, 0.01, 0.1, or 1 mg/ear), croton oil plus ethyl acetate fraction (0.001, 0.01, 0.1, or 1 mg/ear), croton oil plus  $\beta$ -sitosterol (7.5  $\mu\text{g}/\text{ear}$ ), croton oil plus lupeol (10  $\mu\text{g}/\text{ear}$ ), croton oil plus stigmaterol (5.7  $\mu\text{g}/\text{ear}$ ), croton oil plus dexamethasone (0.1 mg/ear), croton oil plus CdE gel (0.03, 0.1, 0.3, 1, and 3%), croton oil plus ethyl acetate gel (0.03, 0.1, 0.3, and 1%), and croton oil plus dexamethasone gel (0.5%). In the chronic irritant contact dermatitis model, the groups were naive, vehicle (acetone; 20  $\mu\text{L}/\text{ear}$ ), croton oil (0.4 mg/ear), croton oil plus CdE (1 mg/ear), and croton oil plus dexamethasone (0.1 mg/ear).

### Ear edema measurement

The irritant contact dermatitis was induced by topical application of croton oil in the right ear of mice. Ear thickness was evaluated before and at 6 h after croton oil application using a digital micrometer (Digimes) in animals anesthetized with isoflurane (Adami et al. 2012; Piana et al. 2016). An increase in the ear thickness after the croton oil application compared to baseline measure was characterized as ear edema. The micrometer was applied near the tip of the ear just distal to the cartilaginous ridges. The ear edema was expressed in micrometer.

## Croton oil-induced acute ear edema

Acute inflammation was induced by a single topical application of croton oil (1 mg/ear, 20  $\mu$ L in acetone) on the right ear of mice. We evaluated the anti-inflammatory effect of the CdE (0.01–1 mg/ear), its fractions (ethyl acetate, *n*-butanol, and dichloromethane) (0.001–1 mg/ear),  $\beta$ -sitosterol (7.5  $\mu$ g/ear), lupeol (10  $\mu$ g/ear), and stigmasterol (5.7  $\mu$ g/ear) or dexamethasone (0.1 mg/ear) which were dissolved in acetone. Moreover, CdE (0.03–3%), its EtAc fraction (0.03–1%), or dexamethasone (0.5%) was also incorporated in a gel formulation (15 mg/ear). Ear thickness was measured prior to and at 6 h after croton oil application. Treatments were performed immediately after croton oil administration. Six hours after croton oil application, the animals were euthanized and the ears were collected for further analyses (Piana et al. 2016).

## Croton oil-induced chronic ear edema

Chronic inflammation was induced by multiple topical applications of croton oil (0.4 mg/ear in acetone) to the right ear for nine alternated days. CdE (1 mg/ear) or dexamethasone (0.1 mg/ear) was applied topically to each right ear (20  $\mu$ L/ear) twice daily, from the fifth up to the ninth day after the topical application first of croton oil. Ear thickness was measured daily. On the last day of the experiment, the animals were euthanized and skin biopsies were taken for further analyses (Adami et al. 2012; Piana et al. 2016).

## Assessment inflammatory parameters

### Measurement of myeloperoxidase activity

Myeloperoxidase (MPO) is an enzyme which is a biochemical marker of polymorphonuclear leukocyte infiltration, more specifically neutrophil. MPO activity was determined as previously described (Oliveira et al. 2014; Piana et al. 2016). MPO enzyme activity was measured after 6 h of croton oil application (acute irritant contact dermatitis) or after 9 days (chronic irritant contact dermatitis). Ear tissue samples were homogenized with a motor-driven homogenizer in acetate buffer (8 mM, pH 5.4) containing HTAB and centrifuged at 11,000 $\times$ g for 20 min and the supernatant was collected. The supernatant was incubated with acetate buffer (8 mM, pH 5.4) and TMB (18.4 mM) at 37  $^{\circ}$ C for 3 min. The reaction was stopped with acetic acid in a cold bath, and the enzyme activity value was assessed colorimetrically at 630 nm using a microplate reader. The results were expressed as optical density (OD)/mL of sample.

### Histology

Separate groups of mice were used to assess histological changes in animal ears at 6 h (acute irritant contact dermatitis) or after

9 days (chronic irritant contact dermatitis) after croton oil alone or croton oil plus treatments. Mice were euthanized and the right ear was removed and fixed in alfac solution (16:2:1 mixture of ethanol 80%, formaldehyde 40%, and acetic acid). Each sample was embedded in paraffin, sectioned at 5  $\mu$ m, and stained with hematoxylin-eosin. A representative area was selected for qualitative light microscopic analysis of the inflammatory cellular response with  $\times$ 20 and  $\times$ 40 objectives (Oliveira et al. 2014; Piana et al. 2016). To minimize a source of bias, the investigator was blinded to the analyzing group.

## Assessment of possible adverse effects caused by *C. domestica*

We also preliminarily assessed a possible toxicity caused by repeated topical treatment with *C. domestica*. Animals were topically treated once a day with the CdE (1 mg/ear), dexamethasone (0.1 mg/ear), or vehicle (acetone, 20  $\mu$ L/ear) during 14 days. Changes in the appearance of hair, behavior (irritability, salivation, and tremors), hair appearance, organs, and body weight were monitored (Cunha et al. 2009).

### Biochemical markers of toxicity

After the 14th day of observation, the animals were deeply euthanized and the blood was collected by cardiac puncture. Hepatic and renal alterations were evaluated through alanine aminotransferase (ALT) and aspartate aminotransferase (AST) enzyme activities and through creatinine levels in the serum, respectively. Glucose levels were also evaluated using Labtest® kits (Labtest Diagnostica, Brazil).

### Open-field and rotarod test

On the 14th day of the experiment, the possible effect of CdE (1 mg/ear), vehicle (20  $\mu$ L/ear), and dexamethasone (0.1 mg/ear) on the forced and spontaneous locomotor activity of animals was evaluated using the rotarod and open-field tests, respectively. Morphine (100 mg/kg; s.c.) was used as a positive control (Trevisan et al. 2013). For the open-field test, the apparatus consisted of a box, measuring (28  $\times$  18  $\times$  12 cm) with a floor that was divided into 15 identical areas. The animals were transferred to the apparatus and observed for 5 min. The number of areas crossed with all paws (crossings) and the number of rearing responses were recorded. For the rotarod test, the animals were placed in an apparatus (3.7 cm in diameter, 8 rpm) and were subjected to the test. The number of falls from the apparatus was recorded during 240 s.

### Statistical analysis

We present the results in the mean  $\pm$  mean standard error (SEM) and mean  $\pm$  standard deviation (SD) formats. We

calculated the maximum inhibitory effect based on each treatment's capability to reduce the evaluated inflammatory parameters with regard to the control group's (croton oil) response, which we considered as 100% of the inflammatory effect. We assessed the statistical significance among the groups employing one or two-way (repeated measures) analysis of variance (ANOVA), followed by a post hoc Newman-Keuls or Bonferroni test. *P* values lower than 0.05 denote significant differences among groups. All tests were carried out using software GraphPad 5.0 (San Diego, CA, USA). We did not employ any statistical methods to determine the sample sizes, but they are similar to those reported in previous studies in the field (Brum et al. 2016; Piana et al. 2016).

## Results

### Ethyl acetate fraction steroids HPLC-DAD analysis

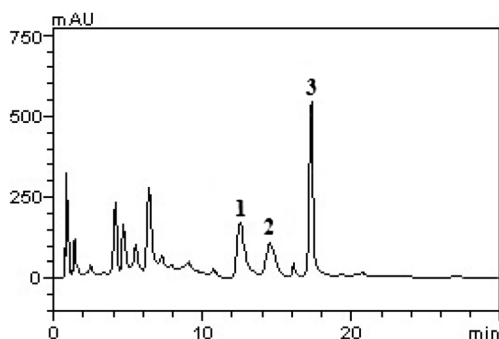
The HPLC-DAD analysis of the EtAc fraction revealed the presence of the lupeol ( $11.09 \pm 0.10$  mg/g), stigmaterol ( $5.68 \pm 0.31$  mg/g), and  $\beta$ -sitosterol ( $7.45 \pm 0.20$  mg/g) (Fig. 1).

### Stability study

We did not detect any relevant changes in color, smell, or appearance in the CdE and EtAc fraction gels. The pH values ranged from 5.89 to 5.54 for the CdE gel and from 5.5 to 5.02 for the EtAc fraction gel, having been evaluated at time 0 and after 90 days of the preparation of the gels, respectively.

### Effect of *C. domestica* CdE and fractions on croton oil-induced acute ear edema

To evaluate the topical anti-inflammatory effect of *C. domestica*, we topically treated the mice ears with the CdE or *C. domestica* fractions (dichloromethane, *n*-butanol, and ethyl acetate)

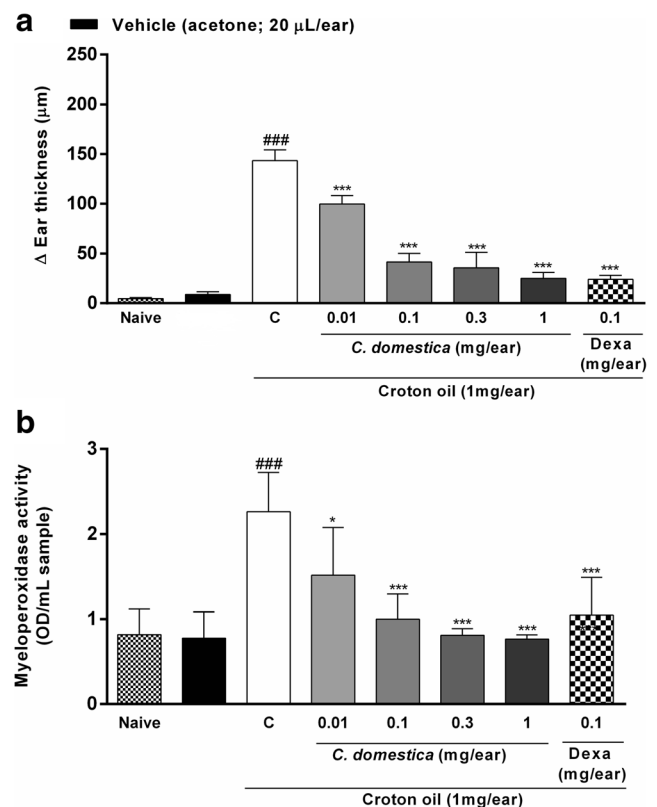


**Fig. 1** Representative high-performance liquid chromatography profile of the EtAc fraction. Lupeol (peak 1;  $t_R = 12.75$  min), stigmaterol (peak 2;  $t_R = 14.19$  min), and  $\beta$ -sitosterol (peak 3;  $t_R = 17.83$  min). The relative amounts of the phytochemical compounds per gram of the EtAc fraction are expressed in the mean  $\pm$  standard deviation (SD) format considering three determinations

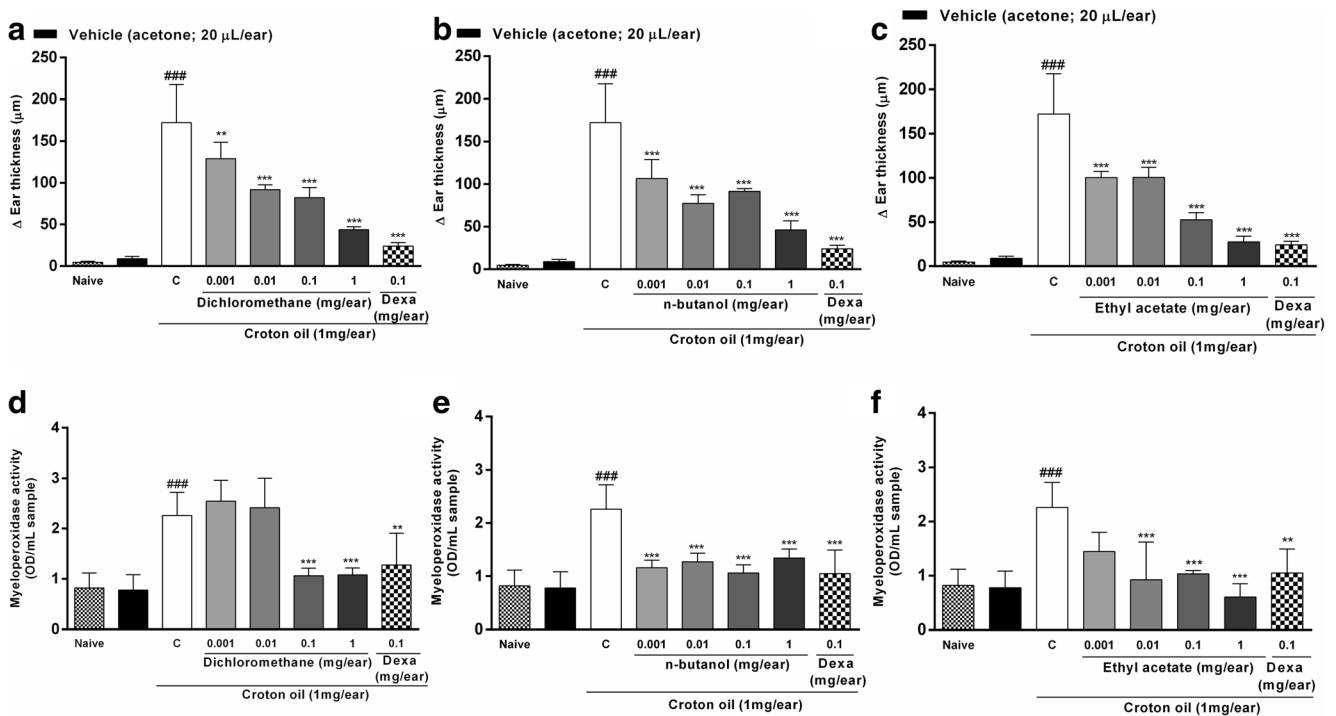
dissolved in acetone, in a skin inflammation model induced by croton oil. The single topical application of croton oil increased ear thickness with a maximum inflammatory effect of  $144 \pm 7$   $\mu$ m 6 h after its application (Figs. 2 and 3). In turn, the topical application of the vehicle (acetone) did not change the thickness of the ears of the mice ( $9 \pm 1$   $\mu$ m).

The CdE (0.01–1 mg/ear) and fractions (0.001–1 mg/ear) reduced the croton oil-induced ear edema, with  $ID_{50}$  values of 0.07 (0.05–0.1), 0.01 (0.008–0.003), 0.02 (0.005–0.06), and 0.05 (0.04–0.07) mg/ear and maximum inhibition ( $I_{max}$ ) values of  $97 \pm 2$ ,  $86 \pm 1$ ,  $81 \pm 4$ , and  $95 \pm 2\%$  (at 1 mg/ear) for the CdE and the dichloromethane, *n*-butanol, and EtAc fractions, respectively, when compared to the vehicle group (Figs. 2a and 3a–c). Dexamethasone (dissolved in acetone), which we used as a positive control, inhibited the croton oil-induced ear edema by  $96 \pm 2\%$ .

We also evaluated the MPO enzyme's activity after 6 h of the single topical application of croton oil. Croton oil caused an increase of neutrophil infiltration in the ear tissue when compared to the naive group. The CdE and the dichloromethane, *n*-



**Fig. 2** Effect of topically administered CdE on acute ear edema (a) and myeloperoxidase (MPO) activity (OD/mL sample) (b) in the ears of mice that received an application of croton oil. We evaluated ear edema and MPO activity 6 h after the croton oil application. We applied the CdE (0.01–1 mg/ear) immediately after the croton oil. Each bar represents the mean  $\pm$  SEM for six animals.  $###p < 0.001$  when compared to the vehicle (acetone) and naive groups;  $*p < 0.05$  and  $***p < 0.001$  when compared to the control (croton oil) group. Statistical analysis was performed using two-way ANOVA followed by a post hoc Bonferroni test



**Fig. 3** Effect of dichloromethane, *n*-butanol, and Cde-isolated EtAc fractions topically administered on acute ear edemas (a–c) and myeloperoxidase (MPO) activity (OD/mL sample) (d–f) in mice ears that received croton oil applications. We evaluated ear edemas and MPO activities 6 h after the croton oil applications. We applied the fractions

(0.001–1 mg/ear) immediately after the croton oil. Each bar represents the mean  $\pm$  SEM for six animals. ### $p < 0.001$  when compared to the vehicle (acetone) and naive groups; \*\* $p < 0.01$ , \*\*\* $p < 0.001$  when compared to the control (croton oil) group. Statistical analysis was performed using two-way ANOVA followed by a post hoc Bonferroni test

butanol, and EtAc fractions decreased the MPO's activity with  $I_{max}$  values of  $69 \pm 1$ ,  $54 \pm 3$ ,  $43 \pm 3$ , and  $76 \pm 5\%$  (at 1 mg/ear), respectively (Figs. 2b and 3d–f). Dexamethasone reduced the neutrophil infiltration in the ear tissue by  $86 \pm 9\%$ .

The histological analysis showed that croton oil caused edema and inflammatory cell infiltration compared to the naïve and vehicle groups. The CdE and different fractions (1 mg/ear) reduced both events compared to the croton oil group, and these effects were comparable to that of dexamethasone (Fig. 4). Quantitatively, the naïve, acetone, and croton oil groups presented  $38 \pm 2$ ,  $48 \pm 2$ , and  $180 \pm 15$  polymorphonuclear cells per field, while the topical treatments showed  $89 \pm 2$  polymorphonuclear cells per field for the CdE,  $135 \pm 1$  for the dichloromethane fraction,  $136 \pm 1$  for the *n*-butanol fraction,  $106 \pm 1$  for the EtAc fraction, and  $73 \pm 1$  for dexamethasone (Fig. 4).

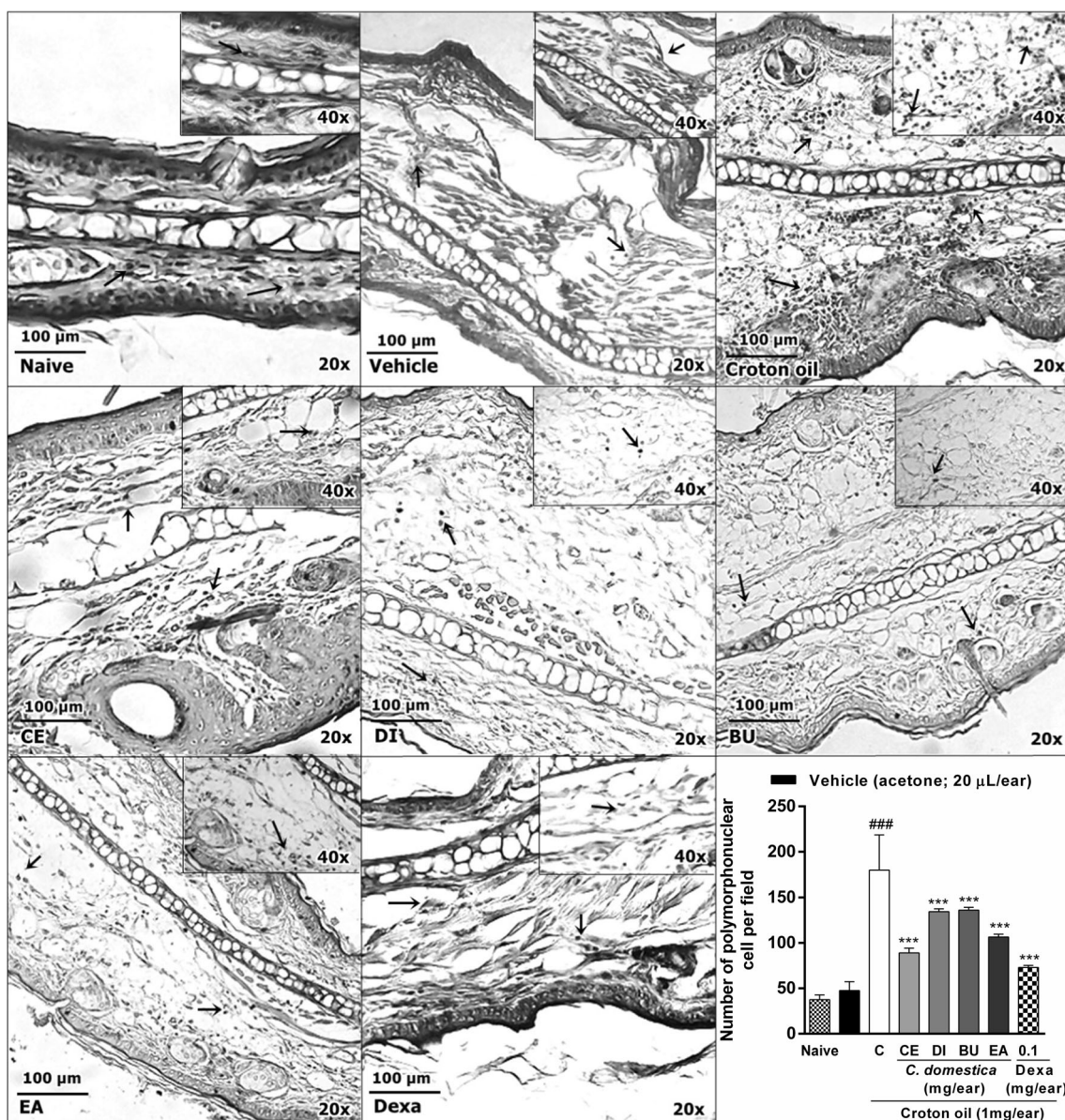
### Effect of steroids quantified in the EtAc fraction of *C. domestica* on the croton oil-induced acute ear edema

We evaluated the topical anti-inflammatory effect of steroids ( $\beta$ -sitosterol, lupeol, or stigmasterol) identified and quantified in the EtAc fraction of *C. domestica* in a skin inflammation model induced by croton oil. The single

topical application of croton oil caused ear edema with a maximum edematogenic effect of  $126 \pm 10$   $\mu$ m after 6 h of its application, when compared to the vehicle and naïve groups (Fig. 5). In turn, the topical application of the vehicle (acetone) did not significantly change the thickness of the mice ears ( $8 \pm 1$   $\mu$ m).

$\beta$ -sitosterol (7.5  $\mu$ g/ear), lupeol (10  $\mu$ g/ear), and stigmasterol (5.7  $\mu$ g/ear) (all dissolved in acetone) reduced the croton oil-induced ear edema, with  $I_{max}$  values of  $46 \pm 8$ ,  $51 \pm 7$ , and  $62 \pm 7\%$ , respectively, when compared to the vehicle group (Fig. 5a). We also evaluated the activity of the MPO enzyme 6 h after the single topical application of croton oil. Croton oil increased the MPO activity in the ear tissue when compared to the naïve group.  $\beta$ -sitosterol, lupeol, and stigmasterol decreased the MPO activity with respective  $I_{max}$  values of  $65 \pm 11$ ,  $60 \pm 9$ , and  $35 \pm 11\%$  (Fig. 5b).

Histologically, the croton oil increased the dermis thickness and the infiltration of inflammatory cells ( $177 \pm 16$  polymorphonuclear cells per field), when compared to the naïve ( $36 \pm 2$  cells) and vehicle ( $50 \pm 3$  cells) groups.  $\beta$ -sitosterol, lupeol, and stigmasterol reduced the ear edema and inflammatory cell infiltration ( $99 \pm 12$ ,  $95 \pm 6$ , and  $80 \pm 8$  polymorphonuclear cells per field, respectively) when compared to the croton oil group (Fig. 5c, d).



**Fig. 4** Effect of topically administered CdE (CE), dichloromethane (DI), *n*-butanol (BU), and EtAc (EA) on histological changes (hematoxylin-eosin  $\times 20$  and  $\times 40$ ) and on the number of polymorphonuclear cells per field in the ears of mice that received croton oil applications. We observed histological changes of topical treatments at 1 mg/ear and evaluated 6 h after the croton oil applications. Each bar represents the mean  $\pm$  SEM for

six animals. The arrows indicate the presence of polymorphonuclear cells in the ear tissue. ### $p < 0.001$  when compared to the vehicle (acetone) and naive groups; \*\*\* $p < 0.001$  when compared to the control (croton oil) group. Statistical analysis was performed using two-way ANOVA followed by a post hoc Bonferroni test

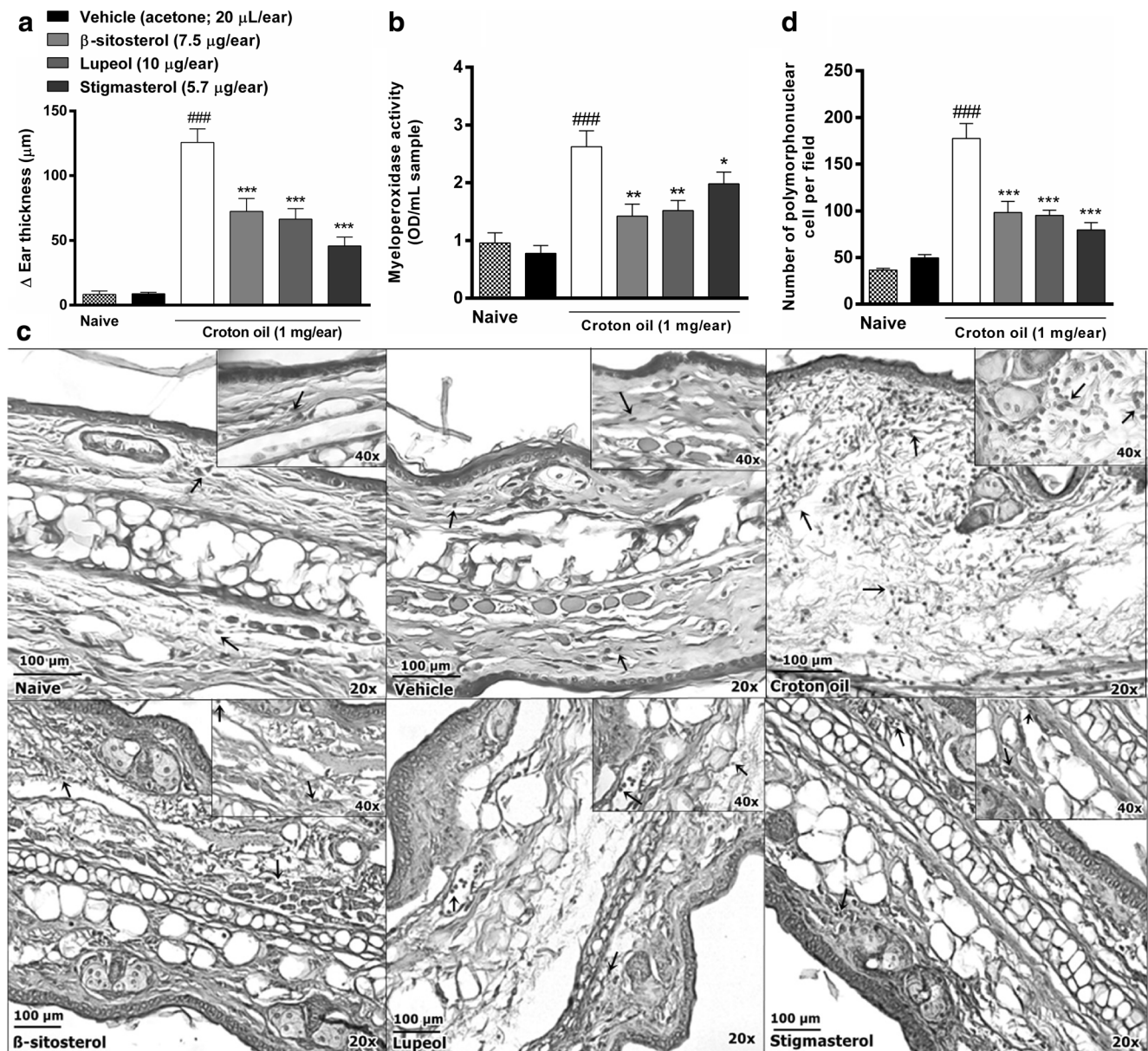
### Effect of *C. domestica* CdE and EtAc fraction gels on croton oil-induced acute ear edema

We also evaluated the topical anti-inflammatory effect of *C. domestica* by incorporating the CdE and EtAc fraction into gel formulations after single topical applications of croton oil.

The *C. domestica* CdE gel (0.03–3%; 15 mg/ear), EtAc fraction gel (0.03–1%; 15 mg/ear), and base gel (15 mg/ear) decreased the acute ear edema induced by croton oil with  $I_{\max}$  values of  $85 \pm 6\%$  (at 3%; 15 mg/ear),  $82 \pm 2\%$  (at 1%; 15 mg/ear), and  $42 \pm 7\%$ ,

respectively, when compared to the vehicle group (Fig. 6a, b). Likewise, the dexamethasone gel reduced the ear edema by 100%.

Moreover, the gel formulations of *C. domestica* CdE and EtAc fraction decreased the MPO enzyme's activity, a marker of inflammatory cell infiltration, by  $77 \pm 3$  and  $67 \pm 7\%$ , respectively (Fig. 6c, d), while the dexamethasone gel inhibited the MPO activity by  $96 \pm 2\%$ . A histological analysis confirmed this effect of the *C. domestica* gel formulations (at 1 and 3%; 15 mg/ear) (Fig. 7). Quantitatively, the naive and croton oil groups presented  $38 \pm 2$  and  $180 \pm 15$



**Fig. 5** Effect of topically administered  $\beta$ -sitosterol (7.5  $\mu\text{g}/\text{ear}$ ), lupeol (10  $\mu\text{g}/\text{ear}$ ), and stigmasterol (5.7  $\mu\text{g}/\text{ear}$ ) on the acute ear edema (a), myeloperoxidase (MPO) activity (OD/mL sample) (b), histological changes (hematoxylin-eosin  $\times 200$  and  $\times 400$ ) (c), and on the number of polymorphonuclear cells per field (d) in the skin of mice ears topically administered with croton oil. We applied the topical treatments immediately after the croton oil. Each bar represents the mean  $\pm$  SEM

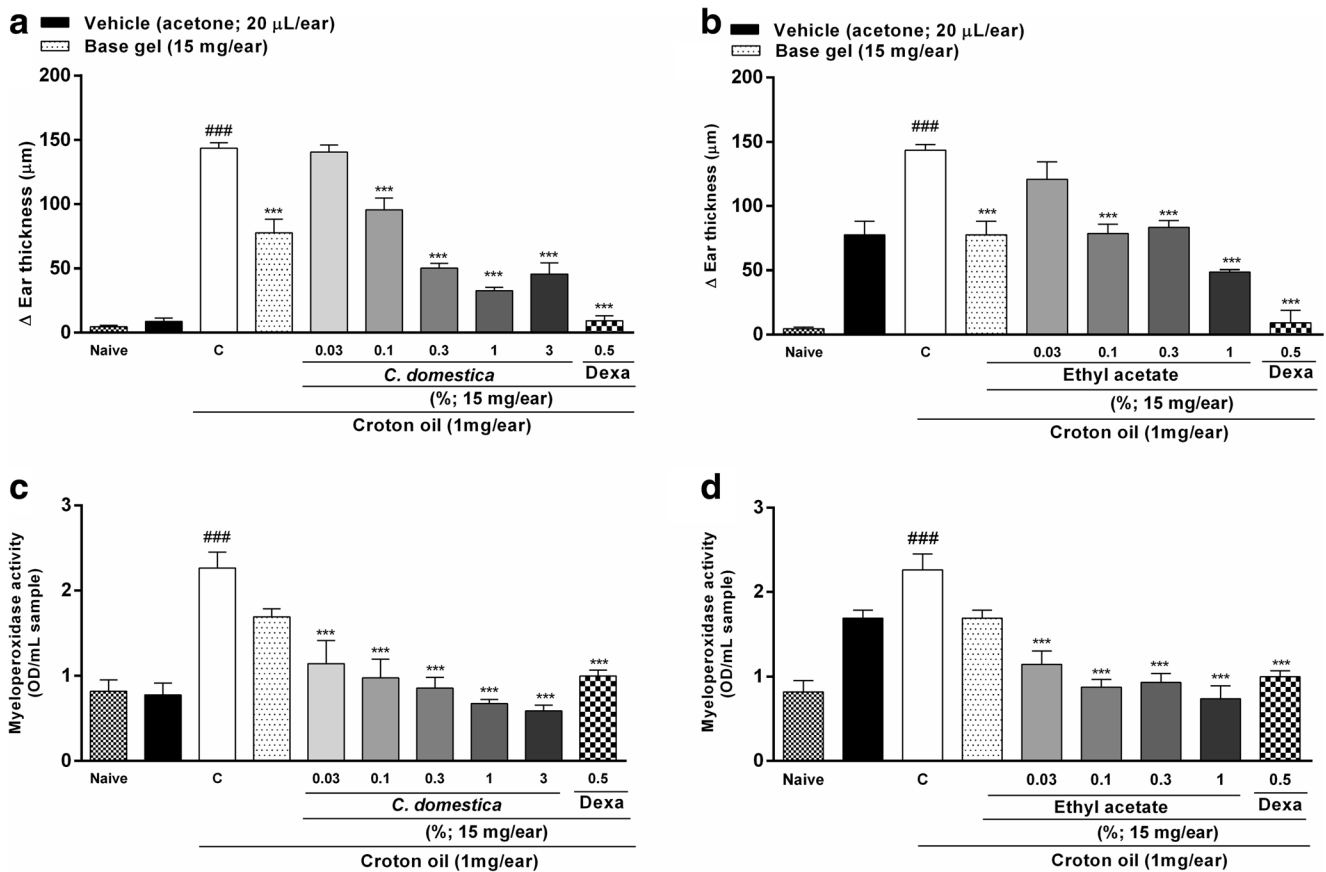
polymorphonuclear cells per field, while the topical treatments showed a number of polymorphonuclear cells per field of  $113 \pm 2$  for the CdE gel,  $96 \pm 2$  for the EtAc fraction gel,  $133 \pm 1$  for the base gel, and  $83 \pm 1$  for the dexamethasone gel (Fig. 7).

### Effect of *C. domestica* CdE on chronic ear edema induced by croton oil

We induced a chronic ear edema through the repeated topical application of croton oil. The multiple applications of croton

oil caused an ear edema which stabilized from the third day of the application until the last day of the experiment (day nine). Furthermore, there was an increase in MPO activity (assessed on the ninth day), when compared to the vehicle group. After 6 days of topical treatment with *C. domestica* CdE or dexamethasone, ear edema was reduced as well as the infiltration of inflammatory cells (observed at the ninth day), with  $I_{\text{max}}$  of  $77 \pm 4\%$  on the last day of the experiment (Fig. 8a). The treatment also decreased the MPO activity by  $77 \pm 7\%$  (Fig. 8b). Dexamethasone inhibited the ear edema from the





**Fig. 6** Effects of the CdE (0.03–3%; 15 mg/ear), EtAc (0.03–1%; 15 mg/ear), and base (15 mg/ear) gel formulations topically administered on the acute ear edema (**a** and **b**) and on myeloperoxidase (MPO) activity (OD/mL sample) (**c** and **d**) in mice ears that received croton oil applications. We evaluated ear edema and MPO activity 6 h after the croton oil application. We applied the topical treatments immediately after the

croton oil. Each bar represents the mean  $\pm$  SEM for six animals. ### $p < 0.001$  when compared to the vehicle (acetone) and naive groups; \*\*\* $p < 0.001$  when compared to the control (croton oil) group. Statistical analysis was performed using two-way ANOVA followed by a post hoc Bonferroni test

sixth day and the MPO activity evaluated on the ninth day with  $I_{max}$  values of  $94 \pm 2$  and  $83 \pm 4\%$ , respectively.

We also assessed histological changes to the ear tissue after the chronic application of croton oil. The repeated topical application of croton oil generated severe ear edema and inflammatory cell migration when compared to the vehicle group. The CdE and dexamethasone reduced these inflammatory parameters when compared to the croton oil plus vehicle group (Fig. 8c). Quantitatively, the naïve and croton oil groups presented  $38 \pm 3$  and  $264 \pm 4$  polymorphonuclear cells per field, while the topical treatments with CdE and dexamethasone reduced the inflammatory cell infiltration to  $110 \pm 1$  and  $87 \pm 2$  cells, respectively (Fig. 8d).

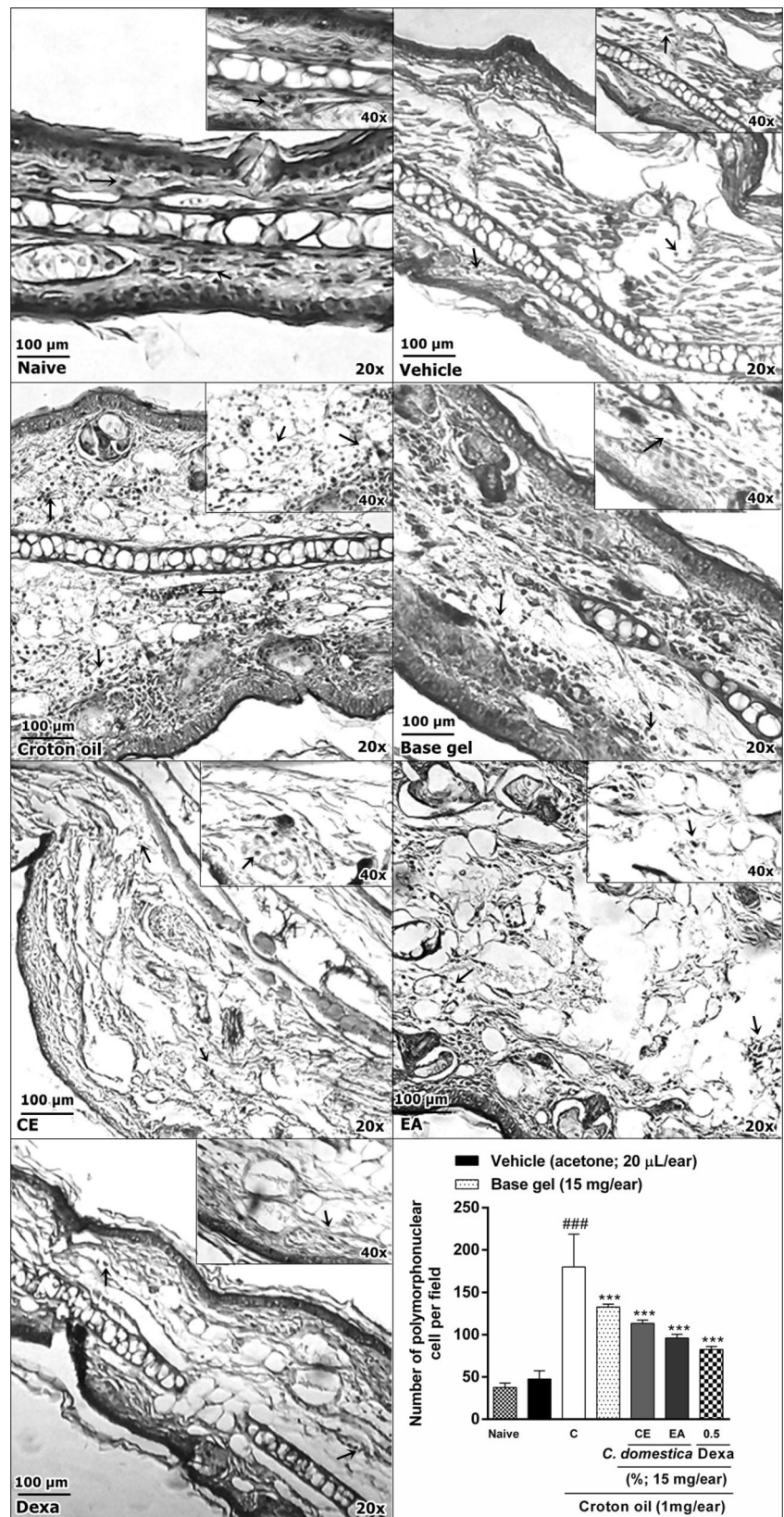
### Effect of *C. domestica* CdE on possible adverse effects

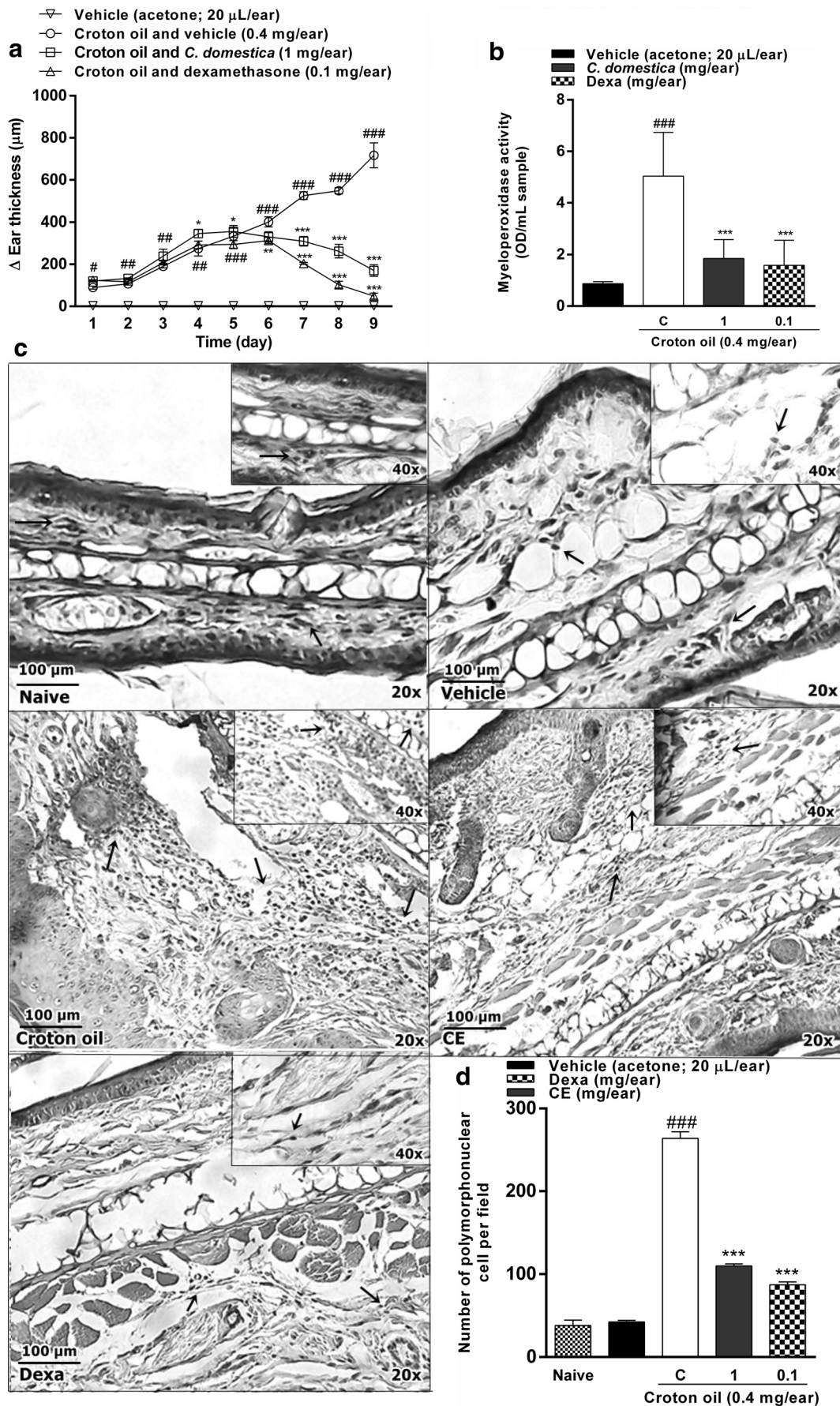
We also assessed the possible adverse effects caused by the repeated topical application of *C. domestica* CdE once a day for 14 days. The repeated topical treatment with *C. domestica* CdE caused neither body weight loss nor behavioral alterations. However, the topical application of dexamethasone

decreased the animals' body weights by  $12 \pm 4\%$  ( $P < 0.05$ ) when compared to the vehicle group. Moreover, the CdE significantly reduced the relative weight of kidneys by  $19 \pm 4\%$  ( $P < 0.05$ ), whereas the dexamethasone reduced the relative weights of kidneys and spleens by  $23 \pm 4\%$  ( $P < 0.01$ ) and  $59 \pm 9\%$  ( $P < 0.001$ ), respectively, when compared to the vehicle group.

To investigate if the *C. domestica* CdE alters the animals' spontaneous and forced locomotor activity, we performed the open-field and rotarod tests. The topical treatments with CdE and dexamethasone neither altered the number of falls in the rotarod test nor the number of crossing and rearing responses in the open-field test (Table 1) when compared to the vehicle group. However, morphine (100 mg/kg; s.c.) changed the forced and spontaneous locomotion of mice when compared to the vehicle group (Table 1). Besides, we analyzed biochemical markers of toxicity through the evaluation of AST and ALT activity as well as glucose and creatinine levels. The topical administration of *C. domestica* CdE and dexamethasone did not alter any biochemical parameters when compared to the vehicle group (Table 2).

**Fig. 7** Effects of the CdE (3%; 15 mg/ear), EtAc (1%; 15 mg/ear), and base (15 mg/ear) gel formulations topically administered on histological changes (hematoxylin-eosin  $\times 20$  and  $\times 40$ ) and on the number of polymorphonuclear cells in mice ears that received croton oil applications. We evaluated the histological changes of the topical treatments 6 h after the croton oil application. Each bar represents the mean  $\pm$  SEM for six animals. The arrows indicate the presence of polymorphonuclear cells in the ear tissue.  $###p < 0.001$  when compared to the vehicle (acetone) and naive groups;  $***p < 0.001$  when compared to the control (croton oil) group. Statistical analysis was performed using two-way ANOVA followed by a post hoc Bonferroni test





**Fig. 8** Effect of CdE topically administered on chronic ear edema (a), myeloperoxidase (MPO) activity (OD/mL sample) (b), histological changes (hematoxylin-eosin  $\times 200$  and  $\times 400$ ) (c), and the number of polymorphonuclear cells per field (d) in the skin of mice ears topically administered with croton oil. We applied the CdE (1 mg/ear) after administering the croton oil. We observed histological changes of the CdE at the 1-mg/ear dose. Each bar represents the mean  $\pm$  SEM for six animals. The arrows indicate the presence of polymorphonuclear cells in the ear tissue.  $^{###}p < 0.001$  when compared to the vehicle (acetone) and naive groups;  $^*p < 0.05$ ,  $^{**}p < 0.01$ , and  $^{***}p < 0.001$  when compared to the control (croton oil) group. Statistical analysis was performed using two-way repeated measures ANOVA followed by a post hoc Bonferroni test

## Discussion

Skin inflammation plays an important role in the development and progress of skin diseases, including irritant contact dermatitis. This type of contact dermatitis is triggered by skin exposure to irritant agents which alter the homeostasis of the cutaneous permeability barrier and activate the innate immunity (Lim et al. 2015; Yeom et al. 2012). Ear edema and inflammation models induced by irritant agents in mice are an interesting way to investigate new therapeutic alternatives with topical anti-inflammatory effects. The increase of skin thickness, indicative of the formation of edema, is the first step for the development of skin irritation and local inflammation, being an effective parameter to define the process that occurs during skin inflammation (Kumar et al. 2011; Saraiva et al. 2011).

We demonstrated for the first time that *C. domestica* fruit peels presented topical anti-inflammatory activity in acute and chronic animal models of irritant contact dermatitis induced by croton oil, thus confirming the information reported by Janovik et al. (2012b), who described the use of peel infusions of the *Cariniana* spp. species as a traditional remedy to treat inflammatory disorders. Thus, *C. domestica* fruit peels

**Table 1** Effect of CdE (1 mg/ear), dexamethasone (0.1 mg/ear), and morphine (100 mg/kg; s.c.) on the fall latency in rotarod test and on the number of crossing and rearing in the open-field test

Groups	Open-field		Rotarod falls
	Crossing	Rearing	
Naïve	55 $\pm$ 4	25 $\pm$ 2	1.5 $\pm$ 0.4
Vehicle (20 $\mu$ L/ear)	45 $\pm$ 3	25 $\pm$ 2	1.3 $\pm$ 0.4
CdE (1 mg/ear)	54 $\pm$ 2	30 $\pm$ 2	1.2 $\pm$ 0.3
Dexamethasone (0.1 mg/ear)	60 $\pm$ 4	31 $\pm$ 3	1.0 $\pm$ 0.4
Morphine (100 mg/kg; s.c.)	177 $\pm$ 18 <sup>***</sup>	0.0 <sup>*</sup>	11 $\pm$ 2.4 <sup>***</sup>

Each value represents the mean  $\pm$  SEM for five to six animals. The symbols denote the significance levels when compared with the vehicle group. The results were analyzed by one-way ANOVA followed by the Bonferroni post hoc test

<sup>\*</sup> $P < 0.001$

become a promising therapeutic strategy for treating skin diseases without causing adverse effects in preliminary tests.

Firstly, we evaluated the efficacy of the *C. domestica* CdE and its different fractions (dichloromethane, *n*-butanol, and ethyl acetate) (all dissolved in acetone) in an acute skin inflammation model induced by croton oil. All treatments presented topical anti-inflammatory activity against a single application of croton oil. Among the fractions, the EtAc presented surprising anti-inflammatory activity with the same efficacy of dexamethasone.

Ear edema induced by croton oil is a widely used model to investigate substances with topical anti-inflammatory effects (Cai et al. 2014; Trivellatograssi et al. 2013). Croton oil is an irritant agent which contains phorbol esters, mainly the 12-O-tetradecanoyl phorbol-13-acetate, a potent activator of protein kinase C and several other signaling pathways, which, in turn, are essential for the activation of pro-inflammatory enzymes and the release of inflammatory mediators (Cabrini et al. 2011; Pinto et al. 2015; Tian et al. 2013).

A single application of croton oil promotes an acute inflammatory process characterized by vasodilatation, edema, and the infiltration of polymorphonuclear leucocytes. Furthermore, skin neutrophil accumulation plays a critical role in cutaneous inflammation disorders, such as irritant contact dermatitis since it releases pro-inflammatory mediators that amplify the inflammatory process (Adami et al. 2012; Piana et al. 2016). Two hours after the application of croton oil, one may observe vasodilatation and ear edema, while an increase in polymorphonuclear leukocyte infiltration occurs after 6 h (Boller et al. 2010).

We demonstrated that a single topical application of croton oil caused ear edema and increased the MPO activity in the skin of mice ears. The *C. domestica* CdE and all its fractions reduced both inflammatory parameters induced by croton oil, indicating its possible application as a herbal medicine to treat skin inflammatory diseases.

The pharmacological action of herbal medicines possibly occurs due to a conjunct action of its constituents present in plant extracts. Therefore, the identification of these compounds is important to explain and justify its biological effects and comprise its action mechanism (Bellik et al. 2012). Since the EtAc fraction of *C. domestica* presented higher effectiveness against the skin inflammation induced by croton oil, we investigated its phytochemical constituents by HPLC-DAD. Among the compounds detected and quantified in the EtAc fraction, we found steroids lupeol,  $\beta$ -sitosterol, and stigmasterol. Thus, we evaluated the possible topical anti-inflammatory effect of these constituents on the same irritant contact dermatitis model. As expected,  $\beta$ -sitosterol, lupeol, and stigmasterol reduced all inflammatory parameters (ear edema and inflammatory cell infiltration) induced by the topical application of croton oil.

**Table 2** Effect of CdE (1 mg/ear) and dexamethasone (0.1 mg/ear) on biochemical parameters (AST, ALT activities, and creatinine and glucose levels)

Groups	ALT (U/L)	AST (U/L)	Creatinine (mg/dL)	Glucose (mg/dL)
Naive	14 ± 4	8 ± 4	1 ± 0.3	105 ± 5
Vehicle (20 µL/ear)	16 ± 3	6 ± 1	2 ± 0.4	107 ± 5
CdE (1 mg/ear)	11 ± 3	11 ± 3	2 ± 1	102 ± 0.7
Dexamethasone (0.1 mg/ear)	7 ± 3	9 ± 2	1 ± 0.2	118 ± 6

Each value represents the mean ± SEM for five to six animals. The results were analyzed by one-way ANOVA followed by the Bonferroni post hoc test

Our results are supported by previous studies which demonstrated the efficacy of these phytochemical compounds in the treatment of inflammatory disorders (Cabrini et al. 2011; Horinouchi et al. 2013; Medeiros et al. 2007; Pinto et al. 2015; Shah and Alagawadi 2011; Vassallo et al. 2013). These anti-inflammatory effects may occur by inhibition of transcriptional factors and/or arachidonic acid metabolism (Chibli et al. 2014; Phanse et al. 2012; Xu et al. 2014).

Besides the mechanism mentioned above, other pathways may be involved in the anti-inflammatory action of these constituents, which should be investigated in subsequent studies. Regarding the results obtained, we believe that the EtAc fraction's anti-inflammatory effect may be due to the combined action of different phytochemical compounds since all constituents tested in this study effectively reduced the inflammatory parameters evaluated. However, we cannot exclude the fact that other phytochemical compounds compose the EtAc fraction and could also contribute to its anti-inflammatory effect.

Previous studies identified the phytochemical constituents of *C. domestica* fruit peels extract (CdE) and its fractions using HPLC. The chromatography profile indicated the presence of constituents with established anti-inflammatory activity such as triterpenoids (lupeol and  $\beta$ -amyrin), sterols (stigmasterol and  $\beta$ -sitosterol), flavonoids (rutin, quercetin, and kaempferol), and phenolic acids (gallic, caffeic, and chlorogenic) (Hwang et al. 2014; Janovik et al. 2012; Pandey and Negi 2016; Tsang et al. 2016). Janovik et al. (2012a) showed that especially the EtAc fraction presented all phenolic acids analyzed. These phytochemical compounds, such as phenolic acids, triterpenoids, sterols, and flavonoids, also exhibit anti-inflammatory actions in inflammation models (Chibli et al. 2014; Brum et al. 2016; Hernández-Valle et al. 2014; Passos et al. 2013; Siddiqui et al. 2016; Tsang et al. 2016).

The anti-inflammatory treatment for skin diseases preferentially occurs through the topical route, which often provides higher effectiveness than other administration routes due to the avoidance of the first-pass hepatic metabolism, besides exerting a local effect that minimizes the possible adverse effects (Chibli et al. 2014; Sigmundsdottir, 2010). We also demonstrate the topical anti-inflammatory effect of the CdE and EtAc fraction of *C. domestica* incorporated into gel formulations on the acute irritant contact dermatitis model induced by croton oil, given that the topical route is the most used to treat

skin inflammatory diseases. We chose the CdE and EtAc to be tested in gel formulations due to previous studies published by Janovik et al. (2012a), who demonstrated that the crude extract and ethyl acetate fraction of *C. domestica* presented higher amounts of polyphenols with well-established anti-inflammatory action (Khan et al. 2012). Besides, our results showed that the CdE and EtAc fraction (dissolved in acetone) reduced more effectively the ear edema and MPO activity, with respective maximum inhibition values of  $97 \pm 2$  and  $95 \pm 2\%$  for ear edema and  $69\% \pm 1$  and  $76 \pm 5\%$  for MPO activity compared to the other fractions evaluated. The *C. domestica* gel formulations also reduced both ear edema and neutrophil infiltration (measured by MPO activity and confirmed by the histological procedure), thus demonstrating that the *C. domestica* CdE and EtAc fraction gels are both also effective when incorporated into a gel formulation.

The pH measurements of the topical formulations (*C. domestica* CdE and EtAc fraction gels), kept at room temperature ( $25 \pm 5$  °C), were stable and compatible with the skin's physiological pH value (4.6–5.8) (Silva et al. 2013). Moreover, the organoleptic characteristics remained unchanged.

We also verified the topical anti-inflammatory effect of the *C. domestica* CdE on a chronic irritant contact dermatitis model induced by croton oil. Repeated applications of croton oil are important to assess the response of compounds with anti-inflammatory and anti-proliferative activity, seeing that it induces epidermal hyperplasia and cutaneous inflammation, increases ear thickness, and causes polymorphonuclear leucocyte infiltration. Moreover, repeated cutaneous barrier perturbations cause a decrease in stratum corneum hydration, causing epidermal hyperplasia and skin inflammation signs. These events are similar to those observed in the chronic subtype of irritant contact dermatitis (Eberling 2014; Saraiva et al. 2011; Yeom et al. 2012). Therefore, in this model, the *C. domestica* CdE reduced all chronic inflammatory parameters evaluated, showing to also be useful in the suppression of already installed skin inflammation.

There is a growing search for new topical anti-inflammatory agents which are more effective and safe than the topical anti-inflammatory drugs currently used. Plant-related compounds and extracts represent a promising alternative for the treatment of inflammatory skin diseases (Sung et al. 2016). Although their effectivity has been proven, their safety must also be established so that the risk/benefit ratio is known and to provide

appropriate information to patients regarding individual protection from possible health hazards (Akindele et al. 2015).

The topical anti-inflammatory treatment with the *C. domestica* CdE proved to be relatively safe in preliminary toxicological tests. We verified that the daily topical application of *C. domestica* CdE during 14 days did not change the body weight of animals but slightly reduced the kidney weight. However, dexamethasone treatment reduced the animals' spleen and body weights. These alterations caused by dexamethasone may indicate toxicity signs after exposure to toxic substances (Akindele et al. 2015).

Moreover, the topical application of *C. domestica* CdE and dexamethasone did not alter the locomotor or biochemical parameters evaluated. As expected, morphine (positive control) demonstrated forced and spontaneous motor activity changes in mice, which is consistent with previous studies (Fialho et al. 2017). Unfortunately, there are few reports about the possible toxicity caused by the use of *C. domestica*. Although the topical application may induce fewer adverse effects than when administered systematically, we preliminarily evaluated the development of possible adverse effects caused by the crude extract of *C. domestica* after its repeated topical application. However, our preliminary results are the first pieces of evidence regarding the toxicological profile of *C. domestica*, and they do not confirm that it is fully safe. To ensure the safety profile of *C. domestica*, it would be interesting to evaluate, in subsequent studies, the toxicity caused by its acute and chronic systemic administration in preclinical assays. Therefore, it is crucial to thoroughly evaluate the notion that therapies with natural products do not present adverse effects, so to avoid the indiscriminate use of natural products with proven pharmacological activity (Akindele et al. 2015).

## Conclusion

Although *C. domestica* did not show superior efficacy to dexamethasone, our results suggest that formulations containing its extract can be an interesting anti-inflammatory prototype for the treatment of inflammatory skin diseases, given that *C. domestica* reduced the inflammatory parameters in acute and chronic irritant contact dermatitis models induced by croton oil.

**Acknowledgments** We thank Professor Margareth Linde Athayde for donating the extract of *C. domestica*. We also thank the professor of the Program in Biological Sciences: Toxicological Biochemistry (Federal University of Santa Maria), Vera Morsh, for loaning equipment.

**Author's contribution** Participated in research design: G.B.M., C.C., C.R.S., S.M.O.

Conducted experiments: G.B.M., C.C., C.R.S., S.M.O.

Plant material and extractions, gel preparation, accelerated stability study, data analysis, writing, and discussion of these: M.P.

Performed data analysis: C.C., C.R.S., S.M.O.

Wrote or contributed to the writing of the manuscript: G.B.M., C.C., C.R.S., S.M.O.

All the authors reviewed the manuscript.

**Funding** This study was supported by the Conselho Nacional de Desenvolvimento Científico e Tecnológico-CNPq, Coordenação de Aperfeiçoamento de Pessoal de Ensino Superior - CAPES/PROEX (process no. 23038.005848/2018-31; grant no. 0737/2018) (Brazil), and the Fundação de Amparo à Pesquisa do Estado do Rio Grande do Sul - FAPERGS and the Conselho Nacional de Desenvolvimento Científico e Tecnológico - CNPq (grant no. 16/2551-0000281-9) and FAPERGS (Grant no. 17/2551-0001082-5). CC is recipient of fellowship from CAPES/PROEX (process no. 88882.182152/2018-01) and SMO is recipient of fellowship from CNPq (Grant no. 307220/2017-6). We also acknowledge fellowships from CNPq and CAPES.

## Compliance with ethical standards

**Conflict of interest** The authors have no conflict of interest to declare.

**Ethical approval** All procedures performed in studies involving animals were in accordance with the ethical standards of the institution (approved by Institutional Committee for Animal Care and Use of the Federal University of Santa Maria, number process 9475221015/2015) and guidelines of Brazilian Council of Animal Experimentation—CONCEA—and of U.S. Public Health Service's Policy on Humane Care and Use of Laboratory Animals—PHS Policy) were also followed.

**Abbreviations** CdE, Crude extract of *C. domestica*; MPO, Myeloperoxidase; NF- $\kappa$ B, Factor nuclear kappa B; ICD, Irritant contact dermatitis;  $ID_{50}$ , Inhibitory dose 50%;  $I_{max}$ , Maximal inhibition; HTAB, Hexadecyltrimethylammoniumbromide; TMB, Tetramethylbenzidine; EDTA, Diaminoethanetetraacetic; ALT, Alanine aminotransferase; AST, Aspartate aminotransferase; s.c., Subcutaneous; SEM, Standard error of the mean; TPA, 12-O-Tetradecanoylphorbol-13-acetate; PKC, Protein kinase C; PLA<sub>2</sub>, Phospholipase A<sub>2</sub>; AP-1, Activating protein-1

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