#### ORIGINAL ARTICLE



# Empagliflozin, SGLT<sub>2</sub> inhibitor, attenuates renal fibrosis in rats exposed to unilateral ureteric obstruction: potential role of klotho expression

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#### Abstract

Chronic kidney disease (CKD) is a global healthcare problem; however until now, there is no effective treatment that can stop its progression. In this study, we aimed to investigate the effect of empagliflozin, a sodium-glucose linked transporter-2 inhibitor (SGLT2I) in a model of unilateral ureteric obstruction (UUO) in rats, as a model of progressive renal interstitial fibrosis in vivo and the possibility of inclusion of klotho protein. Rats were randomly divided into five groups: group 1: control group, group 2: UUO untreated group, group 3: prophylactic SGLT<sub>2</sub>I treatment before UUO, group 4: immediate SGLT<sub>2</sub>I treatment after UUO, and group 5: delayed SGLT<sub>2</sub>I treatment (this group received distilled water 1 week after UUO then empagliflozin for 2 weeks). At the end of the experiment period, animals were sacrificed, and kidney fibrotic and inflammatory parameters were measured. Also kidney sections were examined histopathologically for CTGF expression. UUO resulted in renal dysfunction and fibrosis through upregulating inflammatory cascade (NF- $\kappa$ B-TLR4) as well as many fibrotic pathways (as TGF- $\beta_1$ ,  $\alpha$ SMA, Wnt, CTGF, and fibronectin) with significant reduction in the klotho protein expression. We hypothesized that both prophylactic and immediate treatment with empagliflozin after UUO in rats exert more renoprotective effect in comparison with delayed treatment via enhancement of renal klotho expression and activity, for further investigations.

Keywords Empagliflozin . Klotho . Renoprotective . Nuclear factor κB . Connective tissue growth factor

#### Abbreviations



# Introduction

Chronic kidney disease (CKD) is a global healthcare problem, and its prevalence in adult over 20 years of age was around

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12% in female and 10% in male in the recent analysis (Mills et al. [2015\)](#page-12-0).

CKD progression is characterized by increased inflammatory and profibrotic cytokines with progressive loss of nephrons as a result of the accumulation of extracellular matrix (ECM) components, resulting in a decline in the renal function over years (Tucker et al. [2015\)](#page-13-0).

CKD often occurs secondary to other disorders including hypertension, infection, aging nephropathy, and diabetes mellitus. Most cases with CKD are well diagnosed before they reach the end stage of renal failure; however until now, there is no effective treatment that can stop the progressive loss of nephrons or retard the progressive decline in renal functions (Lewis et al. [2001](#page-12-0)). Irrespective of the initial cause, accumulation of ECM and interstitial fibrosis are the common pathological alteration in CKD (Roberts et al. [1997](#page-13-0)).

Klotho is a membrane-bound protein expressed mainly in the kidney distal tubule as well as in the sinoatrial node, choroid plexus, and parathyroid gland (Takeshita et al. [2004\)](#page-13-0). Recent data showed that klotho expression depressed with any damage to the kidney. Also it has been discovered that klotho protein plays an important anti-fibrotic effect on several organs (Barker et al. [2015](#page-12-0)).

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In diabetic nephropathy and some models of renal fibrosis, klotho expression is concurrently decreased and possibly exacerbating the development of fibrosis (Deng et al. [2015](#page-12-0)). Indeed, klotho expression is associated with inhibition of TGFB1 and fibronectin induced upregulation of fibrosis and collagen expression which makes klotho as a potential target for prevention of renal fibrosis (Satoh et al. [2012\)](#page-13-0).

Sodium-glucose linked transporter-2 inhibitors  $(SGLT_2I)$ are a novel approach for treatment of diabetes mellitus type 2. At present, only few studies evaluated the effect of  $SGLT_2$ inhibition on renoprotection in CKD.

Several studies suggested that elevation of interstitial glucose concentration contributes to tubular ECM synthesis and consequently development of renal fibrosis in diabetic nephropathy, and according to these findings,  $SGLT<sub>2</sub>$  inhibition is associated with reduction of fibrotic markers (Panchapakesan et al. [2013\)](#page-12-0).

Indeed, some studies demonstrated the renoprotective effect of empagliflozin, one of the  $SGLT_2I$ , in diabetic kidney disease (Wanner et al. [2016](#page-13-0)).

Based on the above, we evaluated the effect of empagliflozin in a model of unilateral ureteric obstruction (UUO) in rats, as a model of progressive renal interstitial fibrosis in vivo and the possibility of inclusion of klotho protein.

# Materials and methods

#### **Materials**

The following materials were used: empagliflozin (Behringer, Ingelheim, Germany); urethane: urethane (Sigma Chemical Co., St. Louis, MO); Quantichrom urea assay kit, Quantichrom creatinine assay kit (Bio Assay systems, Hayward, USA); TGF- $\beta_1$  rat ELISA kit (KAMIYA BIOMEDICAL COMPANY, KT-30309, Seattle, USA); fibronectin rat ELISA kit (My BioSource, USA); NF-κB rat ELISA kit (CUSABIO-Biotech, Co., China); TLR4 rat ELISA kit (CUSABIO-Biotech, Co., China); α-SMA rat ELISA kit (CUSBIO-Biotech, Co., China); Wnt-1 rat ELISA kit (CUSABIO-Biotech, Co., China); PCR Master Mix for klotho (Applied Bio-systems).

#### Animal welfare and ethical statements

Forty adult male Wistar rats weighing 200–220 g were obtained from animal house unit, Faculty of Veterinary Medicine, Zagazig University, Egypt. Animals were allowed to be accustomed for a period of time (1 week) at the animal facility of Faculty of Medicine, Zagazig University. Rats were housed at constant temperature  $(22 \pm 2 \degree C)$  and light-controlled room on alternating 12:12 h and constant humidity (60  $\pm$  10%). Free

access to standard rat food and water ad libitum. The study was in accordance with protocol approved by the local Animal Ethical Committee of Zagazig University, Egypt. Experimental design and animal handling were carried out in accordance with the guidelines of the US national institutions of health on laboratory animals use and care.

### Unilateral ureteric obstruction operation

UUO is one of the established models for chronic renal interstitial fibrosis (Chevalier et al. [2009\)](#page-12-0). It was performed according to Schinner et al. [\(2013](#page-13-0)). The animals were anesthetized with ketamine and chlorpromazine, 100 and 0.75 mg/kg/ i.p., respectively, and each rat's abdominal wall was shaved first; a midline abdominal incision was made. The left kidney was brought to the surface and the ureter was located and tied with surgical silk at transition of proximal to distal ureter. Sham-operated animals were subjected to the same incision and manipulation of the ureter without ligation (Radovic et al. [2014\)](#page-12-0).

#### Experimental design

Animals were divided into five groups  $(n = 8)$ . Group I (control group) is the sham-operated group, and group II UUO untreated group (UUO). Both groups (I and II) received distilled water 1.5 ml/day p.o. for 1 week before operation and 2 weeks after operation. Group III (prophylactic  $SGLT_2I$  treatment before UUO (PT)) received empagliflozin 10 mg/kg/ day/p.o. (Zhou and Wu [2017](#page-13-0)) for 1 week before operation and 2 weeks after operation. Group IV is immediate  $SGLT<sub>2</sub>I$ treatment after UUO (IT). This group received empagliflozin 10 mg/kg/day/p.o. immediately after UUO for 2 weeks. Group V is delayed SGLT<sub>2</sub>I treatment (DT). This group received distilled water 1 week after UUO then empagliflozin 10 mg/ kg/day/p.o. for 2 weeks.

#### Laboratory analysis

At the end of the experiment, fasting blood glucose (FBG) levels using an Accu-check active glucometer (Roche Diagnostics, Manheim, Germany) and body weight (BW) were estimated. Then, the animals were anesthetized with urethane (1.3 g/kg, i.p.) and samples of blood were collected from orbital sinus and serum was separated by centrifugation at 3000 rpm for 10 min. Serum was used for estimation of urea, creatinine, and sodium. The animals were euthanized by decapitation then kidneys were isolated.

Kidneys were dissected into two parts; a part was fixed in 10% neutral formalin to be used for histopathological examination. The second part was submerged in liquid nitrogen and stored at  $-80$  °C until analyzed.

### Measurement of serum urea, creatinine, and sodium levels

Urea level was determined in serum using Quantichrom urea assay kit, and creatinine level was determined in serum using Quantichrom creatinine assay kit respectively (Bio Assay systems, Hayward, USA), according to manufacturer's instructions. For urea, transfer 20 μl water, standard (50 mg/dl), and samples to appropriately labeled tubes. Add 1000 μl working reagent and tap lightly to mix. Incubate 20 min (50 min) and read OD520nm (OD430nm) (Ji and Bachmanov [2007\)](#page-12-0). For creatinine, transfer 100 μl 2 mg/dl standard and serum samples to cuvettes. Add 1000 μl working reagent to each cuvette and pipet briefly to mix. Read OD immediately (OD0) and at 5 min (OD5) at 490–530 nm (Davalos-Misslitz et al. [2007\)](#page-12-0). Serum sodium was estimated by using the colorimetric method Berry et al. ([1988](#page-12-0)).

# Determination of transforming growth factor beta level in kidney homogenates

The level of transforming growth factor beta (TGF- $\beta_1$ ) was detected in the kidney homogenates using rat ELISA kits obtained from KAMIYA BIOMEDICAL COMPANY, KT-30309, Seattle, USA. Bring all reagents and samples to room temperature (18–25 °C). Add standard 50 μl to each standard well, add sample 50 μl to each sample well, and add sample diluent 50 μl to each blank/control well.

Add 100 μl of HRP-conjugate reagent to each well, cover with a closure plate membrane, and incubate for 60 min at 37 °C. Wash the plate four times. Add chromogen solution A 50 μl and chromogen solution B 50 μl to each well successively. Then protect from light to incubate for 15 min at 37 °C. Add 50 μl stop solution to each well. The color in the wells should change from blue to yellow. Read the optical density (OD) at 450 nm using an ELISA reader within 15 min after adding stop solution. Use the professional curve fitting software to make a standard curve and calculate the level.

### Measurement of fibronectin level in kidney homogenates

Fibronectin was measured using ELISA (My BioSource, USA, according to the manufacturers' instructions. This kit was based on sandwich enzyme-linked immune-sorbent assay technology. Add 100 μl standard or sample to each well for 90 min at 37 °C. Add 100 μl biotin-detection antibody working solution to each well for 60 min at 37 °C. Aspirate and wash three times. Add 100 μl SABC working solution to each well. Incubate for 30 min at 37 °C. Aspirate and wash five times. Add 90 μl TMB substrate. Incubate 15–30 min at 37 °C. Add 50 μl stop solution. Read at 450 nm immediately.

# Determination of nuclear factor-kappa B concentrations in kidney homogenates

Nuclear factor-kappa B (NF-κB) levels were detected in the kidney homogenates using commercially available kits according to manufacturer's instructions (CUSABIO-Biotech, Co., China). Bring all reagents and samples to room temperature before use. Centrifuge the sample again after thawing before the assay. Add 100 μl of standard and sample per well. Cover with the adhesive strip provided. Incubate for 2 h at 37 °C. Add 100  $\mu$ l of biotin-antibody (1×) to each well. Incubate for 1 h at 37 °C. Aspirate each well and wash, repeating the process three times. Add 100 μl of HRP-avidin  $(1\times)$  to each well. Cover the microtiter plate with a new adhesive strip. Incubate for 1 h at 37 °C. Repeat the aspiration/ wash process for five times. Add 90 μl of TMB substrate to each well. Incubate for 15–30 min at 37 °C. Protect from light. Add 50 μl of stop solution to each well. Determine the optical density of each well within 5 min, using a microplate reader set to 450 nm.

# Quantitative determination of toll-like receptor 4 level in kidney homogenates

The level of toll-like receptor 4 (TLR4) in kidney homogenates was measured using TLR4 ELISA kit (CUSABIO-Biotech, Co., China). Add 100 μl of standard and sample per well. Incubate for 2 h at 37 °C. Remove the liquid of each well, without washing. Add 100  $\mu$ l of biotin-antibody (1×) to each well. Incubate for 1 h at 37 °C. Aspirate each well and wash, repeating the process two times for a total of three washes. Add 100  $\mu$ l of HRP-avidin (1×) and incubate for 1 h at 37 °C. Repeat the aspiration/wash process for five times. Add 90 μl of TMB substrate to each well. Incubate for 15– 30 min at 37 °C. Protect from light. Add 50 μl of stop solution to each well and gently tap the plate to ensure thorough mixing. Determine the optical density of each well within 5 min, using a microplate reader set to 450 nm.

# Measurement of α-smooth muscle actin level in kidney homogenates

α-Smooth muscle actin (α-SMA) level was determined in kidney tissue homogenates using  $\alpha$ -SMA ELISA kit of rat which was obtained from CUSBIO-Biotech, Co., China. This assay employs the quantitative sandwich enzyme immunoassay technique. Antibody specific for  $α$ -SMA has been pre-coated onto a microplate. Standards and samples are pipetted into the wells and any  $\alpha$ -SMA present is bound by the immobilized antibody. After removing any unbound substances, a biotin-conjugated antibody specific for  $\alpha$ -SMA is added to the wells. After washing, avidin-conjugated horseradish peroxidase (HRP) is added to the wells. Following a

wash to remove any unbound avidin-enzyme reagent, a substrate solution is added to the wells and color develops in proportion to the amount of α-SMA bound in the initial step. The color development is stopped and the intensity of the color is measured. Determine the optical density of each well within 5 min, using a microplate reader set to 450 nm.

#### Protein Wnt-1 assay

Protein Wnt-4 level was determined by using Wnt-1 ELISA kit (an enzyme-linked immunosorbent assay for quantitative determination of Wnt-4 level in tissue homogenates). The kits were purchased from CUSABIO-Biotech, Co., China. Bring all reagents and samples to room temperature before use. Centrifuge the sample again after thawing before the assay. Antibody specific for Wnt-4 has been pre-coated onto a microplate. Standards and samples are pipetted into the wells and any Wnt-4 present is bound by the immobilized antibody. After removing any unbound substances, a biotin-conjugated antibody specific for Wnt-4 is added to the wells. After washing, avidin-conjugated HRP is added to the wells. Following a wash to remove any unbound avidin-enzyme reagent, a substrate solution is added to the wells and color develops in proportion to the amount of Wnt-4 bound in the initial step. The color development is stopped and the intensity of the color is measured. Determine the optical density of each well within 5 min, using a microplate reader set to 450 nm.

#### Real-time PCR analysis for measurement of klotho

Total RNA was extracted from tissue homogenate using SV (spin or vacuum) total RNA isolation system (Promega, Madison, WI, USA) according to manufacturer's instruction. Complementary DNA (cDNA) was synthesized using superscript III first-stand synthesis system as described in the manufacturer's protocol (#K1621, Fermentas, Waltham, MA, USA). PCR reaction were done using SYBR Green Master Mix (Applied Bio-systems) gene-specific primers which are shown in Table 1 and were designed with gene Runner Software (Hasting Software, Inc., Hasting, NY) from RNA sequences from the gene bank.

Quantitative RT-PCR was performed in a 25-μl reaction volume consisting of 2X SYBR Green PCR Master Mix (Applied Bio-systems), 900 nM of each primer, and 2 μl of cDNA in which all values were normalized to beta actin which was used as the control housekeeping gene and reported as fold change over background levels detected in the diseased groups.

Kidney samples were fixed in 10% buffered formalin then embedded in paraffin. Five-micrometer-thick paraffin sections

### **Histology**



were stained with hematoxylin and eosin stain (Bancroft and Gamble [2002](#page-12-0)).

# Immunohistochemical staining of connective tissue growth factor

Immunohistochemical staining was carried out using the En Vision (USA) method. Tissue sections  $(3-5 \mu m)$  were deparaffinized in xylene and rehydrated in graded alcohol. Slides were incubated for 10 min in 3% hydrogen peroxide in order to block endogenous peroxidase activity. Dako target retrieval solution (pH 6.0) was used for 20 min. Antibody binding was detected by Dako's HRP envision kit (Dako Cytomation, Denmark). Tissue samples were incubated with goat anti-mouse CTFG antibody (Santa Cruz Biotechnology, USA), then incubated for 1 h at room temperature (Song et al. [2004\)](#page-13-0). Connective tissue growth factor (CTGF) is expressed in the cytoplasmic compartment with membranous accentuation. Based on the intensity of immunoreactivity and according to the extent of cortical interstitial fibrosis, a semiquantitative scale of 1–4 was used to score the reactivity of the samples (scale 1, normal, all cells are negative; scale 2, weak positive cells, involvement up to 25%; scale 3, moderate, involvement of 26 to 50%; 4, strong diffuse positive staining more than 50%) (Solez et al. [1993](#page-13-0)).

# Statistical analysis

Data were given as mean  $\pm$  SD. One-way analysis of variance (ANOVA test) was used for analysis of data, followed by Tukey's post hoc multiple comparison tests using SPSS software Version 19 (IBM, Armonk, NY, USA). The difference in the severity of renal fibrosis score among the treatment groups was performed by using the Kruskal-Wallis rank test. Statistically, significant difference was considered when  $P \leq$ 0.05.

### **Results**

# Body weight changes and fasting blood glucose levels

Regarding body weight, it was examined at the beginning of the experiment, at the end of the experiment, and also weekly

but there was no significant difference detected between all groups (Table [2\)](#page-5-0). Also blood glucose levels at the beginning of the experiment and at the end of the experiment were measured and there was no significant difference detected between all groups (Table [2](#page-5-0)).

# The effect of empagliflozin treatment on kidney function tests and serum sodium

UUO in rats significantly  $(P < 0.05)$  increased the serum level of urea and creatinine from  $28.75 \pm 0.96$  and  $0.67 \pm 0.096$  mg/ dl in the control group to  $68.25 \pm 2.75$  and  $2.025 \pm 0.22$  mg/dl respectively. Protective treatment (PT), immediate treatment (IT), and delayed treatment (DT) with empagliflozin significantly ( $P < 0.05$ ) reduced serum levels of urea to  $30.5 \pm 2.38$ ,  $30 \pm 2.94$ , and  $35.25 \pm 3.3$  mg/dl respectively when compared to UUO group II. Also protective, immediate, and delayed treatment with empagliflozin significantly  $(P < 0.05)$  decreased serum levels of creatinine to  $0.925 \pm 0.15$ ,  $0.925 \pm 0.19$ , and  $1.375 \pm 0.21$  mg/dl respectively compared with UUO group II (Table [3\)](#page-5-0). Our results showed significant reduction of the serum urea and creatinine levels in both group III (PT) and group IV (IT) compared to group V(DT). Table [3](#page-5-0) shows that there was no significant difference in the serum sodium levels between all groups.

# The effect of empagliflozin treatment on TGF- $\beta_1$ in renal homogenates

UUO induced significant increase of TGF- $\beta_1$  level in renal homogenate to  $74.93 \pm 1.99$  ng/ml compared to the control group. Treatment with empagliflozin (PT, IT, and DT) significantly ( $P < 0.05$ ) reduced TGF- $\beta_1$  level to 29.08  $\pm$  3.47,  $30.4 \pm 4.24$ , and  $45.35 \pm 0.82$  ng/ml respectively in relation to UUO group II (Figs. [4](#page-9-0) and [5\)](#page-10-0).

# The effect of empagliflozin treatment on NF-κB in renal homogenates

UUO significantly  $(P < 0.05)$  increased the level of NF- $\kappa$ B in renal homogenate from  $1.81 \pm 0.084$  ng/ml in the control group to  $6.305 \pm 0.87$  ng/ml. Treatment with empagliflozin significantly reduced NF-κB level (in the three treated groups) to  $2.87 \pm 0.12$ ,  $2.70 \pm 0.62$ , and  $3.84 \pm 0.27$  ng/ml (respectively) compared to UUO group II (Figs. [4](#page-9-0) and [5\)](#page-10-0).

### The effect of empagliflozin treatment on  $TLR<sub>4</sub>$  in renal homogenates

UUO induced significant increase of  $TLR<sub>4</sub>$  levels in renal homogenate from  $6.55 \pm 0.81$  ng/ml in control group to  $14.75 \pm 0.74$  ng/ml. Treatment with empagliflozin in the three groups significantly ( $P < 0.05$ ) reduced TLR<sub>4</sub> levels to

 $7.68 \pm 0.67$ ,  $8.33 \pm 0.32$ , and  $11.375 \pm 0.82$  ng/ml (respectively) in relation to UUO group II (Figs. [4](#page-9-0) and [5](#page-10-0)).

# The effect of empagliflozin treatment on α-SMA level in renal homogenates

UUO significantly ( $P < 0.05$ ) increased  $\alpha$ -SMA level in renal homogenate from  $3.4 \pm 0.497$  ng/ml in control group to  $16.88 \pm 0.82$  ng/ml. Treatment with empagliflozin (PT, IT, and DT) showed significant reduction of  $\alpha$ -SMA level to  $6.53 \pm 0.97$ ,  $6.85 \pm 0.79$ , and  $10.15 \pm 0.82$  ng/ml respectively in relation to UUO group II (Figs. [4](#page-9-0) and [5\)](#page-10-0).

# The effect of empagliflozin treatment on Wnt-1 level in renal homogenates

UUO significantly  $(P < 0.05)$  increased Wnt-1 level in renal homogenate from  $29.18 \pm 0.91$  pg/ml in the control group to  $70.33 \pm 1.18$  pm/ml. Treatment with empagliflozin in the three groups significantly decreased Wnt-1 in comparison with UUO group II to  $36.73 \pm 1.27$ ,  $39.23 \pm 2.92$ , and  $51.15 \pm 0.82$  pm/ml respectively (Figs. [4](#page-9-0) and [5\)](#page-10-0).

### The effect of empagliflozin treatment on fibronectin level in renal homogenates

UUO significantly ( $P < 0.05$ ) increased the level of fibronectin in renal homogenate to  $13.5 \pm 0.82$  ng/ml compared to the control group  $2.01 \pm 0.82$  ng/ml. Treatment with empagliflozin in the three groups significantly  $(P < 0.05)$  reduced fibronectin level in comparison with UUO group II to  $5.75 \pm 0.68$ ,  $6.75 \pm 0.54$  $6.75 \pm 0.54$ , and  $8.69 \pm 0.51$  ng/ml (Figs. 4 and [5\)](#page-10-0).

# The effect of empagliflozin treatment on klotho expression in renal homogenates

UUO significantly ( $P < 0.05$ ) reduced klotho expression in the renal homogenate to  $0.23 \pm 0.008$  compared to the control group. Empagliflozin administration (PT, IT, and DT) significantly increased klotho expression to  $0.88 \pm 0.017$ ,  $0.7 \pm 0.045$ , and  $0.55 \pm 0.029$  respectively in relation to the UUO group II (Figs. [4](#page-9-0) and [5\)](#page-10-0). Our results showed that prophylactic treatment with empagliflozin in group III significantly increased klotho expression compared to both immediate and delayed treatment groups.

#### Kidney histology

The alterations in kidney tissue structure were examined under light microscopy. As presented in Figs. [1](#page-6-0) and [2](#page-7-0), normal group showed normal architecture of renal capsules, glomerulus, and tubules. No apparent degeneration, inflammation, or necrosis. The UUO group showed interstitial fibrosis, cystic dilatation,

Groups	BW before starting the experiment $(g)$	BW at the end of the experiment $(g)$	Blood glucose before starting the experiment (mg/dl)	Blood glucose at the end of the experiment $(mg/dl)$	
Group I (control)	$207.3 \pm 8.08$	$206.7 \pm 5.77$	$121.6 \pm 7.64$	$123.3 \pm 7.02$	
Group II (UUO)	$206.7 \pm 7.64$	$207.3 \pm 6.35$	$125.0 \pm 7.00$	$124.3 \pm 5.03$	
Group III (prophylactic SGLT <sub>2</sub> I treatment before UUO)	$207.0 \pm 7.55$	$205.3 \pm 8.38$	$122.6 \pm 7.02$	$123.3 \pm 5.77$	
Group IV (immediate SGLT <sub>2</sub> I) treatment after UUO)	$207.0 \pm 7.54$	$209.3 \pm 9.50$	$125.0 \pm 5.00$	$123.0 \pm 5.19$	
Group V (delayed SGLT <sub>2</sub> I) treatment after UUO)	$206.0 \pm 7.21$	$203.6 \pm 5.51$	$122.0 \pm 6.24$	$124.0 \pm 7.81$	

<span id="page-5-0"></span>Table 2 The effect of empagliflozin treatment on the body weight (BW) and the blood glucose levels of rats subjected to UUO

Data represent mean  $\pm$  SD,  $n = 8$ . ( $P < 0.05$ )

UUO unilateral ureteric obstruction

and inflammation. Group III (PT) showed normal kidney tissues with only features of minimal cell injury such as cystic dilatation. In group IV (IT), kidney tissues showed minimal cystic dilatation, minimal tubular necrosis, and minimal inflammation with absence of fibrosis. In group V (DT), renal tissue showed moderate tubular necrosis, cysts, tubular casts, moderate fibrosis, and inflammation.

### The expression level of CTGF in kidney tissue

CTGF expression levels in the kidney following UUO were evaluated by immunohistochemical analysis as represented in Fig. [2.](#page-7-0) In the UUO group, there is marked expression of the CTGF protein (staining score 4). By contrast, there are weak expressions of CTGF in the empagliflozin pretreated and treated groups compared with the UUO group (Fig. [3](#page-8-0); Table [4\)](#page-8-0).

# **Discussion**

Chronic kidney disease (CKD) has become a major health problem as it usually progresses to end-stage renal disease (Mills et al. [2015](#page-12-0)).

CKD is characterized by functional and/or structural abnormalities of the kidney, and the development of gradual loss of the kidney function with fibrosis in the glomeruli and interstitial space is a common pathological alteration (Hodgkins and Schnaper [2012\)](#page-12-0). Despite the prevalence of this problem, the current therapeutic agents for CKD are mostly ineffective (Figs. [4](#page-9-0) and [5](#page-10-0)).

Among the recent developed antidiabetic drugs, sodiumglucose co-transporter-2 inhibitors ( $SGLT<sub>2</sub>I$ ) were found to elicit renoprotective properties in diabetic kidney diseases of some animal models (Gembardt et al. [2014;](#page-12-0) Gallo et al. [2016\)](#page-12-0). Experimental studies focused on SGLT2I renoprotective role in the nondiabetic kidney disorders are limited. Accordingly, this study was designed to examine the possible renoprotective effects of empagliflozin (one of the  $SGLT<sub>2</sub>I$ ) as a novel pharmacological target against unilateral ureteric obstruction (UUO)-induced kidney fibrosis in rats.

In the current study, we found that empagliflozin treatment significantly decreased serum urea and creatinine levels compared to UUO group whether prophylactic or curative treatment. Furthermore, we observed that NF-κB expression in the renal tissues significantly decreased with empagliflozin treatment whether (prophylactic or curative). The NF-κB is an important transcription factor minimally expressed in the cell cytoplasm. However, when cells were stimulated by oxidative stress or cytokines, NF-κB was activated and translocated to the nucleus to regulate gene transcription (Qi et al. [2016\)](#page-12-0). NF-κB activation plays an important role in inflammatory

Table 3 The effect of empagliflozin treatment on urea, creatinine, and sodium levels in the serum of rats subjected to UUO

Groups	Urea $(mg/dl)$	Creatinine $(mg/dl)$	Serum sodium (mmol/l)
Group I (control)	$28.75 \pm 0.96$	$0.67 \pm 0.096$	$159.7 \pm 1.15$
Group II (UUO)	$68.25 \pm 2.75^{\circ}$	$2.025 \pm 0.22^{\text{a}}$	$158.3 \pm 2.67$
Group III (prophylactic $SGLT_2I$ treatment before UUO)	$30.5 \pm 2.38$	$0.925 \pm 0.15$	$158.9 \pm 3.24$
Group IV (immediate SGLT <sub>2</sub> I treatment after UUO)	$30 \pm 2.94$	$0.925 \pm 0.19$	$157.4 \pm 1.54$
Group V (delayed SGLT <sub>2</sub> I treatment after UUO)	$35.25 \pm 3.3^b$	$1.375 \pm 0.21^{\rm b}$	$157.3 \pm 2.68$

Data represent mean  $\pm$  SD,  $n = 8$ . Means bearing different superscripts within the same column were significantly different ( $P$  < 0.05) UUO unilateral ureteric obstruction

<span id="page-6-0"></span>

Fig. 1 Histopathological examination of the kidney tissues stained with H&E × 100). a Control group I—normal tubules and glomeruli. b Group II exposed to UUO—showed interstitial fibrosis, cystic dilatation, and inflammation (arrows). c Group III (PT)—normal kidney tissues showed only features of minimal cell injury such as cystic dilatation. d

signals and fibrosis; therefore, its activation can directly contribute to fibroblast activation and renal fibrosis (Huang et al. [2017\)](#page-12-0).

Group IV (IT)—kidney tissues with minimal cystic dilatation, tubular necrosis, and inflammation with absence of fibrosis. e Group V (DT) renal tissue with moderate tubular necrosis, cysts, tubular casts, fibrosis, and inflammation

Panchapakesan et al. [2013](#page-12-0) demonstrated that diabetic nephropathy resulted in increased NF-κB levels which in turn resulted in increased expression of toll-like receptor-4 (TLR4)

<span id="page-7-0"></span>

Fig. 2 Representative CTGF immunohistochemistry in different groups (magnification  $\times$  400). a Control group I no staining was present. **b** Group II exposed to UUO showed diffuse CTGF staining score 4. c Group III

(PT) renal tissues stained positive for CTGF score 2. d Group IV (IT) kidney tissues stained positive for CTGF score 2. e Group V (DT)—renal tissue stained positive for CTGF score 3

and enhanced interleukin-6 secretion in human proximal tubule cell line.

TLR4 is an important regulatory factor for immunological and inflammatory response. In addition, Zhou et al. [2015](#page-13-0)

<span id="page-8-0"></span>

Fig. 3 Histopathological examination of the kidney tissues stained with H&E × 100. a Group II exposed to UUO showed marked necropsy, cysts, tubular casts, fibrosis, and inflammation ( $H&E \times 100$ ) (arrows). **b** Group III (PT) showed section of improved nearly normal renal tissues (H&E  $\times$ 

addition, our work revealed that oral administration of empagliflozin either prophylactic or curative can

400). c Group IV (IT) showed renal section of improved tissue with mild tubular necrosis and inflammation (H&E  $\times$  100). d Group V (DT) showed renal tissue section with mild necropsy and tubular necrosis  $(H&E\times100)$ 

downregulate the TLR4/NF-κB signaling pathway indicating that empagliflozin can indirectly suppress renal fibrosis.

Table 4 Comparisons between degrees of immuno-histochemical staining of CTGF in the different studied groups

Variable	Group I (control), $N=8$		$N=8$	Group II (UUO),	Group III (prophylactic SGLT <sub>2</sub> I treatment before $UUO$ ), $N=8$		Group IV (immediate) SGLT <sub>2</sub> I treatment after $UUO$ ), $N=8$		Group V (delayed SGLT <sub>2</sub> I $P$ value <sup><math>\hat{ }</math></sup> treatment after UUO), $N=8$		
	$\boldsymbol{N}$	$\%$	N	$\%$	$\boldsymbol{N}$	$\%$	N	$\%$	$\boldsymbol{N}$	$\%$	
No staining	$\mathbf{0}$	100.0	$\Omega$	100.0	-2	25.0		12.5		12.5	$0.001**$
Weak staining	$\mathbf{0}$	0.0		12.5	$\overline{4}$	50.0	5	62.5	3	37.5	$0.04*$
Moderate staining 0		0.0	3	37.5	$\overline{2}$	25.0	2	25.0	2	25.0	0.5
Strong staining	$\mathbf{0}$	0.0	4	50.0	$\theta$	0.0	$\mathbf{0}$	0.0	2	25.5	$0.014*$

Data represent mean  $\pm$  SD,  $n = 8$ 

UUO unilateral ureteric obstruction

^Chi-square test

\*Significant

\*\*Highly significant

<span id="page-9-0"></span>Fig. 4 The effect of empagliflozin treatment on a NFκB, b TLR4, c α-SMA, d TGF- $\beta_1$ , e Wnt-1, f klotho (mRNA), and g fibronectin levels in renal homogenates of rats subjected to UUO. Data represent mean ± SD;  $n = 8$ ; ( $P < 0.05$ ). UUO unilateral ureteric obstruction. (a) means significant with the control group. (b) means significant with the UUO group. (c) means significant with prophylactic SGLT<sub>2</sub>I treated group. (d) means significant with immediate SGLT<sub>2</sub>I treated group



Consistent with our results, Compbell et al. [\(2011](#page-12-0)) have suggested that TLR4 expressed in macrophage and renal epithelial cells can dramatically increase in UUO, therefore promoting renal fibrosis. Also, in parallel to our results, Panchapakesan et al. ([2013](#page-12-0)) showed that empagliflozin can attenuate TLR/4- NF-κB pathway in human proximal tubule cell line exposed to high glucose level. In addition, Lei et al. [\(2017\)](#page-12-0) showed that relaxin can suppress renal interstitial fibrosis in mice by downregulating the TLR4-NF-κB signaling pathway.

Our results revealed marked increase in renal TGF- $\beta_1$  content associated with activation of extracellular matrix (ECM) and development of renal fibrosis as indicated also by elevated renal α-SMA and fibronectin expression in rats subjected to UUO. Notably, after kidney injury, kidney tissues undergo a series of events including cellular activation with production and secretion of pro-inflammatory cytokines. These cytokines provide signaling for guiding infiltration of inflammatory cells to the injured sites. These inflammatory cells produce ROS as well as more inflammatory and fibrogenic cytokines (Eddy [2000\)](#page-12-0). These effects, in turn, stimulate tubular epithelial cells, mesangial cells, and fibroblasts to produce large amount of ECM.

<span id="page-10-0"></span>Fig. 5 The effect of empagliflozin treatment on a NFκB, b TLR4, c α-SMA, d TGF- $\beta_1$ , e Wnt-1, f klotho (mRNA), and g fibronectin levels in renal homogenates of rats subjected to UUO. Data represent mean  $\pm$  SD;  $n = 8$ ;  $P < 0.05$ . (a) means significant with the control group. (b) means significant with the UUO group. (c) means significant with prophylactic SGLT<sub>2</sub>I treated group. (d) means significant with immediate SGLT<sub>2</sub>I treated group



The hallmarks of fibroblasts and mesangial cellular activation increase the expression of  $\alpha$ -smooth muscle actin ( $\alpha$ -SMA) and fibronectin.  $\alpha$ -SMA level closely correlates with the degree of fibrosis in the kidney and predicts the severity of the decline in the kidney function (Hewitson [2009](#page-12-0)).

Transforming growth factor  $\beta_1$  (TGF- $\beta_1$ ) and connective tissue growth factor (CTGF) play a critical role in ECM accumulation and renal fibrosis. Upregulation of TGF- $\beta_1$  and CTGF can also stimulate mesangial cells and fibroblast differentiation to myofibroblasts expressing more ECM (Schnaper et al. [2003](#page-13-0)).

Deposition of large amount of ECM led to tubular atrophy, microvascular retraction, destruction of renal parenchyma, and finally loss of kidney function (Zeisberg and Nelison [2010\)](#page-13-0).

In this work, renal TGF- $\beta_1$  content and renal expression of α-SMA and fibronectin were reduced in the three empagliflozin treated groups. These results are in accordance with the previous study of Wetzl et al. ([2017](#page-13-0)) who reported that zaprinast and serelaxin have beneficial effects on kidney fibrosis by modulating  $\alpha$ -SMA and fibronectin in UUO in mice. In addition, Zhang et al. ([2010](#page-13-0)) demonstrated that

low-dose paclitaxel can lessen the interstitial fibrosis in the kidney of rat UUO model by reduction of TGF- $\beta_1$  expression.

The present immunohistochemical findings showed that the fibrogenic factor CTGF protein expression was significantly elevated by the UUO in relation to the control group. On the other hand, empagliflozin (treatment and pretreatment) significantly decreased the expression of CTGF compared to the UUO group. Similar findings were observed by Ojima et al. [\(2015\)](#page-12-0) who reported that empagliflozin treatment for 4 weeks significantly blocked the increased CTGF expression in diabetic rats. In the same context, Libin et al. [\(2018\)](#page-12-0) reported that emodin (a natural active component from Chinese herbs) prevented surgery-induced renal fibrosis in rats through downregulating the expression of TGF- $\beta_1$  and CTGF.

Wnt protein plays an important role in the formation of renal fibrosis (Mesar et al. [2012](#page-12-0)), and disturbance of Wnt signaling is linked to some human diseases including tissue fibrosis and tumorigenesis (Zhou and Liu [2015\)](#page-13-0).

Zhou et al. ([2017](#page-13-0)) demonstrated that Wnt ligands were upregulated in kidney fibrosis associated with UUO; in the same study, they also showed that blockade of Wnt secretion from renal tubules ameliorated kidney fibrosis and downregulated fibroblast activation. Wang et al. ([2011](#page-13-0)) also showed that activation of Wnt/β catenin pathway resulted in podocyte dysfunction and injury with development and progression nephropathy.

In the same context, MacDonald et al. [\(2009\)](#page-12-0) demonstrated that Wnt signaling pathway has been activated by diabetic nephropathy leading to increased expression of downstream signaling β-catenin factor and contributed to cell proliferation, migration, apoptosis, and other dysfunctions.

This work revealed that oral administration of prophylactic and curative empagliflozin showed significant reduction in renal Wnt expression compared with UUO group.

Klotho is an important membrane-bound protein expressed primarily in the kidney tubules. It represents one of the most promising anti-fibrotic strategies in renal fibrosis (Asai et al. [2012\)](#page-12-0).

In 2015, Barker et al. demonstrated that any damage or injury to the kidney resulted in depression of klotho expression. Deficiency of klotho in mice results in many disorders including osteoporosis, gonadal atrophy, pulmonary emphysema, and vascular calcification (Kuro et al. [1997](#page-12-0)). On the other aspect, normalization of klotho expression protects against cardiac diseases (Yang et al. [2015\)](#page-13-0), pulmonary damage (Ravikumar et al. [2014](#page-12-0)), renal disease (Hu et al. [2017\)](#page-12-0), neurodegenerative disease (Brobey et al. [2015\)](#page-12-0), and diabetes (Lin and Sun [2015](#page-12-0)). Many effects of klotho protein are mediated through modulation of several signaling pathways including TGF- $\beta_1$  (Doi et al. [2011\)](#page-12-0), IGF-1 (Wolf et al. [2008\)](#page-13-0), and Wnt (Zhou et al. [2013](#page-13-0)).

Klotho protein exerts marked anti-fibrotic effects through these pathways. Sugiura et al. ([2012\)](#page-13-0) found that klothodeficient mice have been shown increased ECM deposition by mesangial cells. They also found that klotho-deficient mice exhibited marked renal fibrosis and higher expression of α-SMA, fibronectin, and TGF- $\beta_1$ . In addition, Deng et al. [\(2015\)](#page-12-0) found that in diabetic nephropathy, klotho expression is markedly decreased with exacerbated renal fibrosis.

In the same context, Wu et al. ([2017](#page-13-0)) and Doi et al. ([2011](#page-12-0)) found that when UUO was performed in mice and they treated with different concentrations of recombinant klotho protein, klotho resulted in a dose-dependent reduction of renal fibrosis as well as decreased α-SMA and collagen I expression. Another line of evidence demonstrated klotho expression as a treatment of renal fibrosis was introduced by Hu et al. [\(2010](#page-12-0)) and Shi et al. [\(2015\)](#page-13-0) who found that bilateral ischemia reperfusion injury (IRI) in mice with over expression of klotho resulted in less fibrosis and less expression of pro-fibrotic markers like  $\alpha$ -SMA, collagen I, and CTGF compared to klotho-deficient mice. Taken together, it is well established that development and exacerbation of renal fibrosis in many different models are mainly associated with klotho deficiency.

The results of the present work demonstrated that prophylactic and curative treatment with empagliflozin resulted in a significant upregulation of renal klotho expression when compared to UUO group.

# Conclusion

Considering all previous findings, we can hypothesize that UUO resulted in renal dysfunction and fibrosis through many mechanisms including upregulating inflammatory cascade (NF-κB-TLR4) as well as many fibrotic pathways (as TGF-β1, αSMA, Wnt, CTGF, and fibronectin) with significant reduction in klotho expression.

We also hypothesized that treatment (prophylactic and curative) with empagliflozin could protect against UUO-induced renal dysfunction and fibrosis in rats via reduction of inflammatory and fibrotic cascades as well as via enhancement of renal klotho expression and activity. These results also demonstrated that prophylactic and immediate treatment with empagliflozin after UUO in rats exerted more renoprotective effect in comparison with delayed treatment with the same drug, for further investigations.

To our knowledge, this study gives us novel insights into the renal protective effect of empagliflozin as  $SGLT<sub>2</sub>I$  drug via upregulating klotho expression in UUO in rats.

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Author contributions Noha A.T. Abbas, Mohammed M. Awad, and Amal El. Salem designed experiments. Noha A. T. Abbas and Amal El. Salem performed the experiments. Noha A. T. Abbas and Amal El. Salem wrote the paper. Mohammed M. Awad revised and finalized the manuscript.

#### <span id="page-12-0"></span>Compliance with ethical standards

All experimental protocols were approved by the ethics committee of Zagazig University. The study was approved by the local Animal Ethical Committee of Zagazig University, Egypt. All experimental procedures were carried out in accordance with the guidelines set forth by the National Institutes of Health (USA).

Conflict of interest The authors declare that they have no competing **interests** 

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