# ORIGINAL ARTICLE

# Positive allosteric modulatory effects of a julemic acid at strychnine-sensitive glycine $\alpha_1$ - and $\alpha_1\beta$ -receptors

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Abstract The synthetic cannabinoid ajulemic acid (CT-3) is a potent cannabinoid receptor agonist which was found to reduce pain scores in neuropathic pain patients in the absence of cannabis-like psychotropic adverse effects. The reduced psychotropic activity of ajulemic acid has been attributed to a greater contribution of peripheral CB receptors to its mechanism of action as well as to non-CB receptor mechanisms. Loss of inhibitory synaptic transmission within the dorsal horn of the spinal cord plays a key role in the development of chronic pain following inflammation or nerve injury. Inhibitory postsynaptic transmission in the adult spinal cord involves mainly glycine. As we hypothesised that additional non-CB receptor mechanisms of ajulemic acid might contribute to its effect in neuropathic pain, we investigated the interaction of ajulemic acid with strychnine-sensitive  $\alpha_1$ - and  $\alpha_1\beta$ -glycine receptors by using the whole-cell patch clamp technique. Ajulemic acid showed a positive allosteric modulating effect in a concentration range which can be considered close to clinically

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M. Leuwer Division of Clinical Sciences, The University of Liverpool, Daulby Street, Liverpool L69 3GA, UK relevant concentrations (EC<sub>50</sub> values:  $\alpha_1$ =9.7±2.6 µM and  $\alpha_1\beta$ =12.4±3.4 µM). Direct activation of glycine receptors was observed at higher concentrations above 100 µM (EC<sub>50</sub> values:  $\alpha_1$ =140.9±21.5 µM and  $\alpha_1\beta$ =154.3±32.1 µM). These in vitro results demonstrate that ajulemic acid modulates strychnine-sensitive glycine receptors in clinically relevant concentrations.

**Keywords** Glycine receptor · Neuropathic pain · Cannabinoids · Ajulemic acid (CT-3)

# Introduction

The therapeutic use of  $\Delta^9$ -tetrahydrocannabinol ( $\Delta^9$ -THC) has attracted considerable interest (Costa 2007). However, so far its psychoactive effects which are mediated via neuronal CB1 receptors in the central nervous system (CNS) have limited its therapeutic use as an analgesic (McCarberg and Barkin 2007). Ajulemic acid (AJA, Fig. 1) is a synthetic analog of  $\Delta^9$ -THC. It has anti-inflammatory and analgesic effects in models of acute and chronic pain and inflammation (Burstein et al. 2004; Burstein 2005; Dyson et al. 2005).

In clinical studies, AJA showed strong analgesic effects without marked cannabinoid-like side effects in patients with neuropathic pain (Karst et al. 2003; Salim et al. 2005). The latter finding is supported by the results of animal studies using the tetrad test package (inhibition of locomotor activity, catalepsy, analgesia and hypothermia) where CNS effects were observed at doses five to ten times higher than necessary to achieve analgesia and anti-inflammatory effects (Dyson et al. 2005). Mechanisms identified for these potent analgesic effects of AJA in the absence of central nervous effects comprise, among others, a greater contribution of



Fig. 1 Chemical structure of AJA. *Highlighted structural features* are the non-substituted phenolic hydroxyl group (*circle*) and the alkyl chain (*ellipse*) in meta-position to the hydroxyl group

peripheral CB1 receptors to its mechanism of action (Dyson et al. 2005; Mitrirattanakul et al. 2006; Agarwal et al. 2007).

In recent years, loss of inhibitory synaptic transmission within the dorsal horn of the spinal cord has been established as one of the major mechanisms involved in the development of chronic pain following inflammation or nerve injury (Bolay and Moskowitz 2002; Betz and Laube 2006; Knabl et al. 2008). Inhibitory postsynaptic transmission in the spinal cord involves mainly glycine (Laube et al. 2002) and  $\gamma$ -aminobutyric acid (GABA; Todd et al. 1996; Geiman et al. 2002). Due to its relatively restricted expression in lower areas of the brain and the spinal cord, the strychnine-sensitive glycine receptor family has been suggested as a target site for therapeutic agents aiming at inhibiting pain sensitisation without producing sedation or other central nervous effects (Zeilhofer 2005; Betz and Laube 2006; Lynch and Callister 2006).

We hypothesised that some AJA effects might be mediated via additional targets at the level of the spinal cord dorsal horn. The aim of this study was to investigate potential positive allosteric modulatory as well as directly activating effects of AJA at heterologously expressed  $\alpha_1$  homomeric and  $\alpha_1\beta$  heteromeric strychnine-sensitive glycine receptors.

 $\alpha_1$ - and  $\alpha_1\beta$ -glycine receptor subunits were transiently

transfected into transformed human embryonic kidney

cells (HEK 293). When co-transfecting the glycine

receptor  $\alpha_1$ - and  $\beta$ -subunits, their respective complemen-

tary DNAs (cDNAs) were combined in a ratio of 1:10,

# Materials and methods

## Cell culture and transfection

sensitivity to 1,000  $\mu$ M picrotoxin (Sigma-Aldrich, Steinheim, Germany) in  $\alpha_1\beta$  heteromeric receptors was used as an assay of the efficacy of  $\beta$ -subunit expression (Pribilla et al. 1992; Haeseler et al. 2005).

Cells were cultured in Dulbecco's modified Eagle's medium (Biochrom, Berlin, Germany), supplemented with 10% fetal calf serum (Biochrom), 100 U ml<sup>-1</sup> penicillin and 100  $\mu$ g ml<sup>-1</sup> streptomycin at 37°C in a 5% CO<sub>2</sub>/air incubator. For transfection, cells were suspended in a buffer containing 50 mM K<sub>2</sub>HPO<sub>4</sub> and 20 mM K-acetate, pH 7.35. The corresponding cDNA, each subcloned in the pCIS2 expression vector (Invitrogen, San Diego, USA) was added to the suspension. To visualise transfected cells, they were co-transfected with cDNA encoding for green fluorescent protein (10  $\mu$ g ml<sup>-1</sup>). For transfection, we used an electroporation device by EquiBio (Kent, UK). Transfected cells were replated on glass coverslips and incubated 15–24 h before recording.

#### Solutions

AJA was a kind gift of Prof. Burstein, University of Massachusetts Medical School. AJA was prepared as 100 mM stock solution in dimethylsulfoxide (DMSO; Fluka, Steinheim, Germany), light-protected and stored in glass vessels at 4°C. The AJA stock solution was directly dissolved in bath solution to reach the final drug concentration. Concentrations were calculated from the amount injected into the glass vials. Drug-containing vials were vigorously vortexed for 30 min. Glycine (Sigma-Aldrich) was dissolved directly into the bath solution.

Patch electrodes contained (in mM) KCl 140, MgCl<sub>2</sub> 2, ethylene glycol bis(2-aminoethyl ether)-*N*,*N*,*N'*,*N'*-tetraacetic acid 11, *N*-2-hydroxyethylpiperazine-*N'*-2-ethanesulfonic acid (HEPES) 10 and glucose 10; the bath solution contained (in mM) NaCl 162, KCl 5.3, NaHPO<sub>4</sub> 0.6, KH<sub>2</sub>PO<sub>4</sub> 0.22, HEPES 15 and glucose 5.6.

#### Experimental setup

Standard whole-cell experiments (Hamill et al. 1981) were performed at a holding potential of -30 mV. A tight electrical seal of several G $\Omega$  formed between the cell membrane and a patch-clamp electrode allows inward currents, due to agonist-induced channel activation, to be resolved in the pA range. The electrical resistance of the recording pipettes was ~6 M $\Omega$ , corresponding to a total access resistance in the whole-cell configuration of ~10 M $\Omega$ . An ultra-fast liquid filament switch technique (Franke et al. 1987) was used for the application of the agonist, presented in pulses of 2 s duration. The agonist and/or the drug under investigation was applied to the cells via a smooth liquid filament achieved with a single outflow (glass tubing 0.15 mm inner diameter) connected to a piezo crystal. The cells were placed at the interface between this filament and the continuously flowing background solution. When a voltage pulse was applied to the piezo, the tube was moved up and down, onto, or away from the cell under investigation. The correct positioning of the cell, in respect to the liquid filament, was ensured by applying a saturating (1000  $\mu$ M) glycine pulse before and after each test experiment. Care was taken to ensure that the amplitude and the shape of the glycine-activated current had stabilised before proceeding with the experiment. Test solution and glycine (1000  $\mu$ M) were applied via the same glass-polytetrafluoroethylene perfusion system but from separate reservoirs. The contents of these reservoirs were mixed at a junction immediately before entering the superfusion chamber.

AJA was applied either alone, in order to determine its direct agonistic effects, or in combination with a subsaturating (EC<sub>20</sub>) glycine concentration (10  $\mu$ M), in order to determine its glycine-modulatory effects. A new cell was used for each protocol, and at least four different experiments were performed for each condition. The concentration of the diluent DMSO corresponding to the highest drug concentration used was 0.3%. We have shown that the DMSO itself has no effect at this concentration—neither on glycine-evoked response nor on direct activation of the receptor. The lack of effect of 0.1% DMSO on glycine receptors has also been demonstrated by other investigators (Weir et al. 2004).

# Current recording and analysis

For data acquisition and further analysis, we used the EPC 9 digitally controlled amplifier in combination with Pulse and Pulse Fit software (HEKA Electronics, Lambrecht, Germany). Currents were filtered at 2 kHz. Fitting procedures were performed using a non-linear least-squares Marquardt–Levenberg algorithm. Details are provided in the appropriate figure legends or in the "Results" section.

The modulatory effect of the drugs was expressed as percentage of the potentiation of the current elicited by 10  $\mu$ M glycine according to  $E(\%)=100[(I-I_0)/I_0]$ , where  $I_0$  is the current response to 10  $\mu$ M glycine, respectively. Co-activated evoked currents were normalised to their own maximum response. The concentration–response curves for co-activation or direct activation by AJA were fitted according to  $(I_{norm} = [1 + (EC_{50}/[C])^{n_{\rm H}}]^{-1})$ .  $I_{norm}$  is the current modulated  $(I-I_0)$  by the glycine (10  $\mu$ M) cannabinoid mixture or directly activated by the cannabinoid in the absence of glycine. EC<sub>50</sub> is the concentration required to evoke a response amounting to 50% of their own maximal response, and  $n_{\rm H}$  is the Hill coefficient. Direct activation of  $\alpha_1$ -subunits by the drugs was assessed in the absence of glycine, applying the drugs at concentrations of 1–300  $\mu$ M.

# Results

A total of 33 cells was included in the study. Expression of  $\alpha_1$  and  $\alpha_1\beta$  mRNA in HEK 293 cells generated glycine receptors that showed glycine-activated inward currents with amplitudes of 0.8±0.4 nA in  $\alpha_1$  and 1.1±0.8 nA in  $\alpha_1\beta$ -receptors following saturating (1000  $\mu$ M) concentrations of the natural agonist. Successful co-expression of the β-subunit was verified with picrotoxin 1000 μM co-applied with 1000 µM glycine after each experiment. In this experimental setting, picrotoxin 1,000  $\mu$ M blocked  $\alpha_1$ homometric receptors by 49±8%, while  $\alpha_1\beta$ -receptors were hardly affected by picrotoxin (13 $\pm$ 4% block). When  $\alpha$  and  $\beta$  cDNAs were used at a 1:10 ratio for co-transfection, successful co-expression of the \beta-subunit verified with picrotoxin was 100%. The current transient showed a fast increase, followed by a monophasic decay. The time constant of desensitisation was  $836\pm188$  ms in  $\alpha_1$ homometric and  $1029\pm318$  ms in  $\alpha_1\beta$ -receptors. Experiments with non-transfected HEK cells demonstrated a lack of effect of AJA in these cells (data not shown).

AJA potentiated the current response to glycine 10 µM and directly activated receptor-mediated inward currents in the absence of glycine in both  $\alpha_1$ - and  $\alpha_1\beta$ -receptors in a concentration-dependent manner. The estimates for halfmaximum effect concentrations (EC<sub>50</sub> $\pm$ SD) derived from fits of the Hill equation to the normalised response in  $\alpha_1$ receptors are  $9.7\pm2.6$  µM (co-activation) and  $140.9\pm$ 21.5 µM (direct activation). The corresponding Hill coefficients ( $\pm$ SD) were 1.0 $\pm$ 0.3 and 1.3 $\pm$ 0.5, respectively. Representative current traces and concentration-response curves are shown in Fig. 2. EC<sub>50</sub> values ( $\pm$ SD) at  $\alpha_1\beta$ glycine receptors were 12.4 $\pm$ 3.4  $\mu$ M (co-activation) and  $154.3\pm32.1 \mu$ M (direct activation). The corresponding Hill coefficients were  $0.9\pm0.3$  and  $1.4\pm0.6$ , respectively. Representative current traces and concentration-response curves are shown in Fig. 3. As revealed by the current traces and by the  $EC_{50}$  values displayed in Figs. 2 and 3, AJA co-activates and directly activates currents via  $\alpha_1$ homomeric receptors in a similar concentration range compared to  $\alpha_1\beta$  heterometric receptors.

DMSO itself has no effect at a maximum concentration of 0.3%—neither on glycine-evoked response nor on direct activation of the receptor (data not shown).

# Discussion

In this study, we were able to demonstrate that AJA modulates strychnine-sensitive glycine receptor function in the low micromolar concentration range in vitro. The effects were seen both at homomeric  $\alpha_1$ - and heteromeric  $\alpha_1\beta$ -glycine receptors expressed in HEK 293 cells. The



Fig. 2 Representative current traces and concentration–response plots for co-activated and directly activated currents at  $\alpha_1$ -glycine receptors. *Left panel* Representative current traces elicited by a 2-s application of AJA in the absence of glycine with respect to the current elicited by 1000 µM glycine in the same experiment. AJA directly activated glycine receptor function in a concentration-dependent manner. *Right panel* Representative current traces elicited by a 2-s co-application of 10 µM glycine and AJA with respect to the current elicited by 1000 µM glycine

in the respective control experiment (*upper trace*). AJA increased the amplitude of the response evoked by 10  $\mu$ M glycine (*second trace from top*) in a concentration-dependent manner (*third and next traces from top*). Currents reached a maximum response of ~90% with respect to the current elicited by 1000  $\mu$ M glycine. *Lower diagram* Concentration response plots for co-activated (*triangles*) and directly activated currents (*circles*) plotted against the concentration of AJA (mean ± SD). *Solid lines* are Hill fits to the data with the indicated parameters

concentration range which was effective in vitro can be considered as close to clinically relevant concentrations because AJA plasma concentrations of ~2  $\mu$ M have been measured in blood samples from patients during antineuropathic treatment with AJA (Batista et al. 2005). It is worth noting in this context that tenfold higher doses of AJA have been tried in animal experiments without effects on motor function (rotarod assay), indicating a high margin of safety with regard to analgesic versus  $\Delta^9$ -THC-like central nervous effects of the compound (Burstein 2005; Dyson et al. 2005).

Radioligand binding studies have revealed that AJA binds with high affinity to CB1 (range of  $K_i$ =11 to 52 nM; Yamamoto et al. 1998; Rhee et al. 1997; Dyson et al. 2005) and peripheral CB2 cannabinoid receptors ( $K_i$ =170 nM; Rhee et al. 1997). These binding concentrations at cannabinoid receptors are more than 20-fold lower than the effect concentrations of AJA found for glycine receptor



Fig. 3 Representative current traces and concentration-response plots for co-activated and directly activated currents at  $\alpha_1\beta$ -glycine receptors. *Left panel* Representative current traces elicited by a 2-s application of AJA in the absence of glycine with respect to the current elicited by 1000  $\mu$ M glycine in the same experiment. AJA directly activated glycine receptor function in a concentration-dependent manner. *Right panel* Representative current traces elicited by a 2-s co-application of 10  $\mu$ M glycine in the

respective control experiment (*upper trace*). AJA increased the amplitude of the response evoked by 10  $\mu$ M glycine (*second trace from top*) in a concentration-dependent manner (*third and next traces from top*). Currents reached a maximum response of ~90% with respect to the current elicited by 1000  $\mu$ M glycine. *Lower diagram* Concentration–response plots for co-activated (*triangles*) and directly activated currents (*circles*) plotted against the concentration of AJA (mean  $\pm$  SD). *Solid lines* are Hill fits to the data with the indicated parameters

modulation in this study. Despite these differences in the apparent affinity to cannabinoid receptors and the effect concentrations at glycine receptors, we hypothesise that glycine receptor modulation by AJA might be a mechanism contributing to its analgesic and anti-inflammatory effects for two reasons.

First, high-affinity binding of AJA at CB1 and CB2 in vitro does not translate into high potency of the compound to modulate the transduction pathway through G proteincoupled inhibition of adenylylcyclase activity (Rhee et al. 1997). Despite its high receptor affinity, the AJA concentrations required for half-maximum inhibition of CB1mediated adenylylcyclase activity are around 1  $\mu$ M (Rhee et al. 1997) and, thus, close to the effect concentrations we found for glycine receptor modulation. This difference in binding and effect concentration is apparently absent for the CB2 receptor (EC<sub>50</sub> for CB2-meditated inhibition of adenylylcycase activity 116 nM; Rhee et al. 1997). These results are in line with the assumption that AJA mediates its anti-inflammatory effects primarily via CB2 receptors located in the periphery (Guindon and Hohmann 2008; Ashton 2007). Still, there is experimental evidence for the existence of glycine receptor on leucocytes and macrophages (Froh et al. 2002). Thus, it is conceivable that AJA exerts some of its anti-inflammatory effects via glycine receptors outside the CNS.

Second, the CNS concentration of AJA might be considerably higher at the site of a nerve injury. Under normal conditions, only 30-40% of the AJA plasma concentrations have been found in the CNS (Dyson et al. 2005; Fox and Bevan 2005). However, recent studies have shown that chronic nerve lesions lead to an increase in permeability of the blood-spinal cord barrier (Brooks et al. 2005; Gordh et al. 2006). Thus, the permeation of AJA into the spinal cord CNS might be improved in conditions of neuropathic pain. This might generate spinal concentrations of AJA in a range needed for potentiation of glycinergic inhibition. Increased neuronal excitability in chronic pain states involves loss of inhibition mediated by GABAA or glycinergic neurons in the superficial dorsal horn of the spinal cord that control the relay of nociceptive signals from the periphery to higher areas of the CNS (Ahmadi et al. 2002; Moore et al. 2002; Coull et al. 2003). Thus, potentiation or restoration of glycinergic inhibition at the level of the spinal cord might contribute to the analgesic effects of AJA. However, animal experiments will be needed to show the involvement of glycinergic with respect to cannabinergic mechanisms in the analgesic effects of AJA. The assumption that the effects of AJA at strychninesensitive glycine receptors might complement its cannabinergic effects is indirectly supported by studies in transgenic mice lacking CB1 receptors in peripheral neurons which revealed a major reduction in analgesia produced by systemic cannabinoids like  $\Delta^9$ -THC, indicating that these peripheral CB1 receptors, not those inside the CNS, constitute a prime target for producing cannabinoid analgesia (Agarwal et al. 2007). One potential mechanism underlying this observation is that the CB1-mediated impact on network activity might be considerably different between central nervous and peripheral cannabinoid receptors.

Glycine receptor modulation has previously been shown for  $\Delta^9$ -THC, the endogenous cannabinoid anandamide (Hejazi et al. 2006) and the synthetic cannabinoid WIN55,212-2 (Iatsenko et al. 2007). There is evidence that significant amino acid sequence homologies exist between glycine receptor subunits and putative ligand-binding regions of the CB2 receptor (Tao et al. 1999; Betz and Laube 2006). It is conceivable that strychnine-sensitive glycine receptors and CB2 receptors both are targets for cannabinoid receptor ligands due to structural similarities in the receptor binding site.

Furthermore, we have demonstrated in this study that the interaction of AJA with the glycine receptor is not influenced by the subunit composition of the glycine receptor. In line with these results, we have previously shown that co-expression of the glycine  $\beta$ -subunit does not affect the response of heterologously expressed  $\alpha_1$ subunits to different phenol derivatives including the anaesthetic propofol (Ahrens et al. 2004; Haeseler et al. 2005). Glycine receptors belong to the ligand-gated ion channel superfamily which has a common structure in which five subunits form an ion channel (Jentsch et al. 2002). Initial cross-linking studies using spinal cord glycine receptors suggested that  $\alpha$ - and  $\beta$ -subunits assemble into a pentameric receptor with a proposed in vivo stochiometry of  $3\alpha:2\beta$  (Langosch et al. 1988; Laube et al. 2002). A recent study brought evidence that Xenopus laevis oocytes assemble glycine receptors composed of two  $\alpha$ - and three  $\beta$ -subunits (Grudzinska et al. 2005). Upon activation, these receptors usually inhibit neuronal firing by opening the associated chloride channel and the consequent decrease in neuronal input resistance (Jentsch et al. 2002).  $\alpha_1$ -Glycine receptor subunits efficiently form homomeric receptors in heterologous expression systems. β-Subunits do not form homomeric receptors but affect the function of heteromeric receptors by changing the sensitivity to various agonists (among them the natural agonist glycine) and antagonists (e.g. picrotoxin; Shan et al. 2003; Grudzinska et al. 2005). Apparently, the effect of both AJA and propofol analogues is not affected by coexpression of the  $\beta$ -subunit.

The glycine receptor is positively modulated by anaesthetics and alcohols (Mihic et al. 1997). This effect is supposed to contribute to the anti-nociceptive but not to the hypnotic actions of anaesthetics (Ahrens et al. 2004; Chen et al. 2007). We have recently shown that mutation of the S267 residue at the glycine receptor  $\alpha_1$ -subunit abolished direct receptor activation by propofol and strongly decreased its potency to co-activate the receptor (Ahrens et al. 2008). Further studies are needed to address the question whether the respective amino acids are equally involved in the action of cannabinoids on glycine receptors. A more detailed knowledge of the amino acid residues crucial for the positive allosteric modulatory effect of AJA at strychnine-sensitive glycine receptors may ultimately allow to investigate the contribution of glycinergic mechanisms to the in vivo effect of AJA in a knock in animal model.

In conclusion, our in vitro study shows that AJA positively modulates one of the main inhibitory receptors in the spinal cord, the strychnine-sensitive glycine receptor. This might constitute a synergic mechanism complementing the analgesic and anti-inflammatory effects of AJA which are mediated via peripheral CB1 and CB2 receptors (Dyson et al. 2005; Agarwal et al. 2007; Guindon and Hohmann 2008).

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**Conflict of interest statement** The authors declare that they have no conflict of interest.

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