#### MOLECULAR TOXICOLOGY



# Synergistic effects of Bcl-2 inhibitors with AZD9291 on overcoming the acquired resistance of AZD9291 in H1975 cells

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#### Abstract

Non-small cell lung cancer (NSCLC) patients with epithermal growth factor receptor (EGFR) mutations can be treated with EGFR-tyrosine kinase inhibitors (EGFR-TKIs), however, development of acquired resistance could significantly limit curative effects of EGFR-TKIs. Different mechanisms of acquired resistance to first-generation and second-generation EGFR TKIs have been widely reported, but there were few reports on the resistant mechanism of third-generation EGFR-TKI such as osimertinib (AZD9291). In the present study, significant upregulation of Bcl-2 was found in AZD9291-resistant H1975 cells (H1975AR) compared with H1975, which may constitute an important resistant mechanism of acquired resistance to AZD9291. More importantly, our study showed that synergism between AZD9291 and Bcl-2 inhibitor ABT263 (0.25 μM) or ABT199 (1 µM) could effectively overcome the acquired resistance of AZD9291 in H1975AR in vitro. Flow cytometry analyses demonstrated that AZD9291 + ABT263/ABT199 caused a significantly different cell cycle distribution and produced significantly more apoptosis compared with either AZD9291 or ABT263/ABT199 treatment alone. Further multiscreen/ Western blot analyses revealed that NF-kB was significantly downregulated in AZD9291+ABT263/ABT199 treatment groups compared with AZD9291 or ABT263/ABT199 treatment alone, with a more significant reduction of NF- $\kappa$ B in AZD9291 + ABT199 compared with AZD9291 + ABT263. It is also noticeable that AZD9291 + ABT263 specifically caused a significantly reduced expression of p21 compared with AZD9291 or ABT263 treatment alone while AZD9291+ABT199 specifically caused significantly reduced expressions of SQSTM1 and survivin, but increased expression of autophagosome marker LC3-II compared with AZD9291 or ABT199 treatment alone. Furthermore, cytotoxicity of AZD9291 + ABT199 could be partially reversed by autophagy inhibitor chloroquine. These results suggest that ABT263 and ABT199 may work through different signaling pathways to achieve synergistic cytotoxicity with AZD9291 in H1975AR. These findings suggest that Bcl-2 inhibitor may provide an effective option in combination therapy with EGFR-TKIs to treat NSCLC with EGFR-TKI acquired resistance.

Keywords ABT263 · ABT199 · H1975 · EGFR-TKI · NSCLC

# Introduction

Non-small-cell lung cancer (NSCLC) patients with epidermal growth factor receptor (EGFR) activating mutations such as EGFR exon 19 deletion (delE746-A750) were sensitive to clinical treatments by first-generation of EGFR tyrosine kinase inhibitors (TKIs) such as gefitinib (Yoneda et al. 2019). Osimertinib (AZD9291), as a third-generation EGFR-TKI approved by both Food and Drug Administration (FDA) and the European Commission in 2017 (Santarpia et al. 2017), is designed to treat NSCLC positive for the T790M mutation that may be de novo or acquired after treatment with first or second-generation EGFR-TKI such as gefitinib or afatinib (Xu et al. 2015). However, acquired resistance to AZD9291 also developed in NSCLC patients within approximately 10-month treatment of the drug (Patel et al. 2017) and C797S mutation is regarded as the leading mechanism of resistance (Patel et al. 2017). The fourth-generation EGFR-TKI to combat the C797S EGFR resistance problem is still on the discovery and development stage

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(Patel et al. 2017). Besides, our previous study (Liu and Gao 2019) reported that overexpression of Twsit1 was found in AZD9291-resistant H1975 cell line (H1975AR) compared with parental H1975 but knockdown of Twist1 with shRNA was ineffective for overcoming the acquired resistance of AZD9291 in H1975AR. Therefore, other therapeutic strategies to overcome the acquired resistance of third-generation EGFR-TKIs are worthwhile for further investigations.

B-cell lymphoma 2 (Bcl-2), as a member of anti-apoptotic Bcl-2 family proteins (e.g., Bcl-2, Bcl-XL, Bcl-W, Bfl-1, and Mcl-1), plays an important role in the regulation of apoptosis and cell survival (Siddiqui et al. 2015). The association between Bcl-2 positive expression and prognosis of NSCLC has been widely reported (Zhang et al. 2015). Since Bcl-2 and its family proteins are crucial targets for cancer chemotherapy, it has attracted an increasing interest from medicinal chemists globally for drug discovery using various approaches (Suvarna et al. 2019). Small molecules (e.g., ABT263 and ABT199) or natural compounds as Bcl-2 inhibitors have entered into pre-clinical and clinical trials as monotherapy and in combination therapy (Brown and Taygerly 2012; Suvarna et al. 2019).

Previous research has revealed that Bcl-2 family proteins acted as central controllers of apoptosis promoting tumor initiation, growth, metastasis, and drug resistance to chemotherapy as well as radiotherapy (Oltersdorf et al. 2005; Suvarna et al. 2019). Upregulation of Bcl-2 was found to be associated with acquired resistance against EGFR-TKIs in NSCLC (Cheong et al. 2018), which developed after 8–12 months of EGFR-TKI treatment. Meanwhile, it was reported knockdown of Bcl-2 could increase the sensitivity of first-generation EGFR-TKI gefitinib in NSCLC cell line H1975 harboring T790 mutation with intrinsic resistance to gefitinib (Zou et al. 2013).

ABT199 (Venetoclax) is the only Bcl-2 inhibitor approved by FDA in clinical use to treat chronic lymphocytic leukemia (CLL) or small lymphocytic lymphoma (SLL) (Crombie and Davids 2017). ABT263 (Navitoclax), as a potent and orally bioavailable Bcl-2 family inhibitor, inhibits not only Bcl-2 but also Bcl-XL and Bcl-w proteins (Chen et al. 2011), which displayed more side effects such as reduced platelet lifespans and thrombocytopenia in monotherapy compared to ABT199 that specifically targets Bcl-2. ABT263 showed more potential in combination therapy against different types of cancers including lung cancer (Suvarna et al. 2019). The clinical trial of AZD9291 and ABT263 in treating EGFRpositive patients with previously treated advanced or metastatic NSCLC (ClinicalTrials.gov 02520778) is still ongoing (Wu and Shih 2018). Also, a most recent study (Xu et al. 2019) reported that abivertinib (AC0010), one of the thirdgeneration EGFR-TKIs still in phase II trials in China (Zhou et al. 2019), triggered drug resistance in vitro through Bcl-2 overexpression and combination therapy using AC0010 with Bcl-2 inhibitor ABT-263 could effectively overcome the acquired resistance of AC0010 in vitro. However, whether the highly specific Bcl-2 inhibitor ABT199 has the potential to overcome the acquired resistance of the third-generation EGFR-TKI in NSCLC with T790M remains unknown.

The objective of the present study is to investigate the potential of ABT199 in combination with AZD9291 to overcome acquired resistance of AZD9291 in H1975AR with a significant Bcl-2 upregulation compared to parental H1975. Meanwhile, the synergistic effects of ABT199 + AZD9291 and ABT263 + AZD9291 in H1975AR were compared by MTT assay and flow cytometry analyses. Also, the differences in molecular mechanisms of synergism between ABT199 + AZD9291 or ABT263 + AZD9291 were further investigated by multiscreen/Western blot analyses.

### **Materials and methods**

#### **Cell lines and reagents**

The NSCLC cell line H1975 was purchased from American Type Culture Collection (ATCC). AZD9291-resistant H1975 (H1975AR) was established in our previous study which was found to have T790M but no C797S mutation (Liu and Gao 2019). H1975 (within five passages) or H1975AR were cultured in RPMI 1640 medium (Thermo Scientific, Logan, UT) containing 5% fetal bovine serum (FBS) (Invitrogen, Carlsbad, CA), 100 U/mL penicillin, and 100  $\mu$ g/mL streptomycin in 5% CO<sub>2</sub> incubator at 37 °C.

Osimertinib (AZD9291, 99.87%), ABT-263 (99.53%), and ABT-199 (99.70%) were obtained from selleckchem (Houston, TX, USA). The stocks of AZD9291 (10 mM), ABT263 (10 mM), ABT199 (10 mM) in DMSO was diluted to the required concentrations immediately before used in the growth media. Chloroquine diphosphate (CQ, 98.5-101.0%) was purchased from Sigma-Aldrich (St. Louis, MI, USA). Primary antibodies including EGFR, phospho-EGFR (Tyr1068), p44/42 MAPK (Erk1/2), phosphop-44/42 MAPK (Erk1/2) (Thr202/Tyr204), Akt, phospho-Akt (Ser473), PARP, cleaved-PARP, NF-KB, caspase-3, cleaved-caspase-3, p21, Bcl-2, Mcl-1, LC3 A/B, survivin, and GAPDH were purchased from Cell Signaling Technology (Danvers, MA, USA) and sequestosome 1 (SQSTM1/ p62) was purchased from Santa Cruz (Dallas, TX, USA). Horseradish peroxidase (HRP)-conjugated donkey anti-rabbit IgG or anti-mouse IgG, and chemiluminescence kit were purchased from Santa Cruz (Dallas, TX, USA).

#### Cell viability assay

Cell viability was evaluated by the MTT assay as described previously (Liu and Gao 2017, 2019). Briefly, based on

the non-significant cytotoxicity of ABT263 or ABT199 observed in H1975AR, 0.25  $\mu$ M ABT263 or 1.0  $\mu$ M ABT199 was selected for co-treatment assay. The synergistic effect of AZD9291 and ABT263/ABT199 was evaluated by comparing to vehicle controls for AZD9291 treatments or ABT263 (0.25  $\mu$ M)/ABT199 (1.0  $\mu$ M) alone for AZD9291 + ABT263/ABT199 treatments, respectively. In addition, 5.0  $\mu$ M CQ was chosen for co-treatment with AZD9291 and ABT199 for 48 h. Experiments were repeated independently three times.

# Analysis of apoptosis and cell cycle by flow cytometry

Based on the cell viability assay, a total of nine groups of H1975AR with different treatments for 48 h were analyzed for apoptosis and cell cycle, including control, 2.5  $\mu$ M AZD9291 (AZD2.5), 5  $\mu$ M AZD9291 (AZD5), 0.25  $\mu$ M ABT263 (ABT263), 2.5  $\mu$ M AZD9291 + 0.25  $\mu$ M ABT263 (AZD2.5 + ABT263), 5.0  $\mu$ M AZD9291 + 0.25  $\mu$ M ABT263 (AZD5 + ABT263), 1.0  $\mu$ M ABT199 (ABT199), 2.5  $\mu$ M AZD9291 + 1.0  $\mu$ M ABT199 (AZD2.5 + ABT199), and 5.0  $\mu$ M AZD9291 + 1.0  $\mu$ M ABT199 (AZD5 + ABT199). Cells were stained with Nexin or Guava Cell Cycle reagent (Millipore, Billerica, MA, USA) and run on a Guava Easy-Cyte<sup>TM</sup> Flow Cytometer (Millipore) as previously described (Liu and Gao 2017). Each sample was run in triplicate and each experiment was repeated three times.

#### **Multiscreen bolt and Western blot analyses**

Mini-PROTEAN<sup>®</sup> II Multiscreen Apparatus (Bio-rad, Hercules, CA, USA) was used to detect potential candidate molecules with significantly different protein expression levels in AZD9291 or AZD9291 + ABT263/ABT199 48 h-treated groups. H1975AR exposed to AZD9291 and/or ABT263/ ABT199 co-treatments for 48 h were further analyzed by Western blot as previously described (Liu and Gao 2019). GAPDH was used as an internal control.

#### qRT-PCR analyses

Total RNA was isolated from H1975 and H1975AR using the RNeasy Plus Mini Kit (Qiagen) following the manufacturer protocol. One-step RT-PCR Kit with SYBR green was used for amplification of total mRNA (75 ng) following the manufacturer's protocol (BioRad, Hercules, CA, USA) and our previous study (Liu and Gao 2019). Experiment was performed in triplicate for each group. The PCR primer sequences were as following: Bcl-2 (F): GATGTGATGCCT CTGCGAAG, Bcl-2 (R): CATGCTGATGTCTCTGGA ATCT; Bcl-XL (F): TCCTTGTCTACGCTTTCCACG, Bcl-XL(R): GGTCGCATTGTGGGCCTTT; GAPDH (F): GGT GGTCTCCTCTGACTTCAACA, and GAPDH (R): GTT GCTGTAGCCAAATTCGTTGT.

#### **Statistical analyses**

Factorial ANOVA was performed to test the synergistic effects of AZD9291 and/or ABT263/ABT199 concentrations and incubation times on cell viability. Prism 6.0 was used to calculate the 50% inhibitory concentrations (IC50s). One-way ANOVA was used to determine the difference in the analytical results of flow cytometry among groups followed by a Fisher's LSD test. Differences with p < 0.05 were considered statistically significant.

# Results

# Cytotoxicity of co-treatment of AZD9291 and/ or ABT199/ABT263 in H1975AR

As shown in Fig. 1a, b, the protein and gene expressions level of Bcl-2 in H1975AR has significantly increased compared within H1975, which may account for an important mechanism of acquired resistance to AZD9291 in H1975AR. However, the protein and gene expression levels of Bcl-XL in H1975AR were not significantly changed compared with H1975.

Based on the MTT assays of ABT263 and ABT199 (data not shown), no significantly cytotoxic doses of ABT263 and ABT199, 0.25  $\mu$ M and 1.0  $\mu$ M, respectively, were selected for the combination treatments. As shown in Fig. 1c, d, the simultaneous treatments of AZD9291 (0–12.5  $\mu$ M) and ABT263 (0.25  $\mu$ M) or ABT199 (1.0  $\mu$ M) showed synergistic cytotoxic effects on H1975AR as compared to AZD9291 alone at both 24 h and 48 h (p < 0.05, n = 6). The IC50 of AZD9291 at 48 h was  $8.8 \pm 0.43 \ \mu$ M while it was significantly reduced to  $6.6 \pm 0.41 \ \mu$ M with the combination of 0.25  $\mu$ M ABT263 or  $6.8 \pm 0.13 \ \mu$ M with the combination of 1.0  $\mu$ M ABT199 (p < 0.05). Meanwhile, no synergistic effect of AZD9291 + ABT263/ABT199 was found in H1975 (data not shown).

# Flow cytometry analyses of apoptosis and cell cycle distributions in H1975AR treated by AZD9291 and/ or ABT263/ABT199

Cell cycle analyses were conducted to further investigate the mechanism of the synergistic effects of AZD9291 and/or ABT263/ABT199 on the H1975AR apoptosis and cell cycle arrest. Table 1 and Fig. 2 showed that AZD9291 + ABT263/ABT199 co-treatments caused a significant increased proportion of apoptotic cells compared with AZD9291 or ABT263/ABT199 treatment alone. Table 1 showed that



Fig. 1 Bcl-2 and Bcl-XL proteins (a) and mRNA (b) expressions in H1975AR and H1975, and cytotoxic effects of AZD9291 (AZD) and/or ABT263/ ABT199 in H1975AR at 24 h (c) and 48 h (d). a Protein and (b) mRNA expression levels in H1975AR and H1975AR analyzed by Western blot and real-time PCR, respectively. Asterisk signified significant difference between H1975 and H1975AR (p < 0.05). Cytotoxic effects of AZD alone and AZD+ABT263/ABT199 on the cell viability H1975AR at (c) 24 h and (d) 48 h were determined by the MTT assays. Data are expressed as the percentage by comparing to vehicle controls for AZD treatments or ABT263 (0.25 µM)/ ABT199 (1 µM) for AZD+ABT263/ABT199 treatments. Values are represented as mean  $\pm$  SD, n=6. Mean values at the same concentration containing different letters indicate a significant difference among the treatment groups analyzed by a one-way ANOVA followed by a Fisher's LSD test (p < 0.05). Values bearing the letter "a" indicate no significant differences compared with AZD treatments and those labeled "b" denote a significant difference when compared with AZD treatments

ABT263 + AZD5 treatment group had the highest both early apoptotic (annexin(+) 7-AAD(-),  $14.8 \pm 3.01\%$ ) and late-stage apoptotic (annexin(+) 7-AAD(+),  $16.6 \pm 4.25\%$ ) cell populations (among all the treatment groups (p < 0.05) followed by ABT199 + AZD5 that had significantly a higher late-stage apoptotic [annexin(+) 7-AAD(+)] cell population ( $11.3 \pm 2.45\%$ ) compared with that of all other treatment groups (p < 0.05).

Table 2 and Fig. 3 showed that AZD9291+ABT263/ ABT199 co-treatments caused a significant accumulation of H1975AR in pre-G1 compared with ABT263/ABT199 or AZD9291 treatment alone, which further validated the synergistic effects of AZD9291+ABT263/ABT199 detected by the MTT and Nexin assays. AZD9291 treatment alone increased the numbers of cells in G0/G1 phase and reduced the number of cells in G2/M phase compared with control, which is consistent with the previous report of cell cycle arrest induced by AZD9291 treatment (Liu et al. 2019). On the other hand, ABT263 and ABT199 significantly increased G2/M cell cycle arrest compared with the control. It is noticeable that ABT263 + AZD5 co-treatments induced the highest pre-G1 cell cycle arrest  $(8.8 \pm 1.92\%)$  compared with all other treatment groups while ABT199+AZD5 cotreatments significantly induced the highest G0/G1 cell cycle arrest  $(73.7 \pm 0.86\%)$  in H1975AR compared with all other treatment groups.

# Protein analyses of EGFR signaling, Bcl-2, autophagy and other survival pathways in H1975AR after AZD9291 and/or ABT263/ABT199 treatments

Key molecules reported in our (Liu and Gao 2017, 2019) or other previous studies (Froehlich et al. 2019; Lin et al. 2017; Zhan et al. 2019) that played important roles in synergism between Bcl-2 inhibitors and EGFR-TKIs or other therapeutic agents were screened by multiscreen blot and Western blot (Fig. 4), including p21, p-stat3, Bcl-XL, NF- $\kappa$ B, BIM, SQSTM1, Mcl-1, Twist1, and EGFR and other survival pathways. Among these selected molecules, p21 significantly decreased in AZD5 + ABT263 compared with AZD5 (Fig. 4a), while NF- $\kappa$ B and SQSTM1 significantly decreased in AZD5 + ABT199 compared with AZD5 (Fig. 4b).

Further comprehensive Western blot analyses of all the treatment groups (Fig. 4c) revealed that NF- $\kappa$ B were down-regulated by combined treatments of AZD5 + ABT263/ABT199 compared with AZD5, ABT263/ABT199, and the control, respectively. It is noticeable that AZD5 + ABT199 treatment for 48 h caused an even more reduced expression of NF- $\kappa$ B compared with AZD5 + ABT263 treatment for 48 h, which further confirmed the results of multiscreen blots. Meanwhile, downregulation of p21 was further confirmed in AZD5 + ABT263, and control, respectively. Whereas

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Groups	Cell distribution (%)				
	Annexin(-) 7-AAD(+)	Annexin(+) 7-AAD(+)	Annexin(-) 7-AAD(-)	Annexin(+) 7-AAD(-)	
Control	$0.6 \pm 0.38^{a}$	$5.0 \pm 2.59^{a}$	$91.9 \pm 3.87^{a}$	$2.5 \pm 1.00^{a}$	
AZD2.5	$0.4 \pm 0.13^{a}$	$4.7 \pm 2.32^{a}$	$92.9 \pm 3.20^{a}$	$2.0 \pm 0.99^{a}$	
AZD5	$1.0 \pm 0.59^{a}$	$7.3 \pm 4.22^{a}$	$88.5 \pm 5.76^{a}$	$3.3 \pm 1.84^{a}$	
ABT263 0.25	$0.8 \pm 0.51^{a}$	$5.7 \pm 3.66^{a}$	$89.0 \pm 5.55^{a}$	$4.8 \pm 2.14^{a}$	
ABT263 + AZD2.5	$1.0 \pm 0.97^{a,c}$	$8.4 \pm 4.03^{a,c}$	$84.3 \pm 7.05^{a,c}$	$6.3 \pm 3.86^{a,c}$	
ABT263+AZD5	$2.8 \pm 1.55^{a,c}$	$16.6 \pm 4.25^{b,d}$	$65.8 \pm 11.83^{b,d}$	$14.8 \pm 3.01^{b,d}$	
ABT199 1.0	$0.8 \pm 0.57^{a}$	$6.4 \pm 2.55^{a}$	$89.1 \pm 3.80^{a}$	$3.8 \pm 1.09^{a}$	
ABT199+AZD2.5	$0.5 \pm 0.29^{a,c}$	$5.0 \pm 2.93^{a,c}$	$90.5 \pm 4.45^{a,c}$	$3.5 \pm 1.73^{a,c}$	
ABT199+AZD5	$0.7 \pm 0.54^{a,c}$	$11.3 \pm 2.45^{b,d}$	$82.6 \pm 5.47^{b,d}$	$5.5 \pm 3.51^{a,c}$	

Data are represented as mean  $\pm$  SD (n=3). Mean values within the same column containing different superscript letters indicates significance among the treatment groups analyzed by one-way ANOVA followed by a Fisher's LSD test (p < 0.05)

<sup>a</sup>Indicate no significant differences compared with control, those labeled

<sup>b</sup>Denote a significant difference (p < 0.05) when compared with the control

<sup>c</sup>Denotes no significant difference when AZD9291 + ABT263/ABT199 is compared with either AZD9291 or ABT263/ABT199 treatment alone at the corresponding concentration

<sup>d</sup>Denotes a significant difference (p < 0.05) when AZD9291 + ABT263/ABT199 is compared with AZD9291 as well as ABT263/ABT199 treatment alone at the corresponding concentration

significant downregulations of survivin and SQSTM1 were observed specifically for AZD5 + ABT199 compared with AZD5, ABT199, and the control, respectively. LC3-II was significantly higher in AZD5 and AZD5 + ABT263/ABT199 and the highest in ABT199 + AZD5 treatment group. Another important pro-apoptotic Bcl-2 family member Noxa was also examined by Western blot analyses as it was reported to a mechanism of synergism between ABT263 and EGFR inhibitor apigenin (Zhan et al. 2019), but no change of Noxa was found in AZD5 + ABT263/ABT199 compared with other treatment groups (data not shown).

To explore other mechanisms by which ABT263/ ABT199 synergized with AZD9291 to overcome its drug resistance, phosphorylation status of EGFR and its downstream signaling pathways including EGFR, Akt, and Erk1/2 were examined by Western Blot. The results (Fig. 4c) showed that the expression of EGFR did not change between different treatment groups while p-EGFR (Tyr1068) was downregulated in both AZD5 and AZD5 + ABT263/ABT199 groups compared with control or ABT263/ABT199 treatment alone. Both p-Akt (Ser473) and p-Erk1/2 (Thr202/Tyr204) were upregulated in AZD5 + ABT263/ABT199 compared with control or AZD5 group. On the other hand, Akt and Erk1/2 were downregulated in AZD5 + ABT263/ABT199 compared with control or AZD5 group. Similar with *p*-EGFR (Tyr1068), PARP was downregulated in both AZD5 and AZD5 + ABT263/ABT199 groups compared with control or ABT263/ABT199 treatment alone while cleaved-PARP were downregulated in AZD5 + ABT263/ABT199 compared with AZD5, ABT263/ABT199, and the control, respectively. No significant differences in the expressions of caspase-3 were found in AZD5 + ABT263/ABT199 compared with the control or AZD5 group. However, compared with the control group, ABT263 and ABT199 treatment groups showed significantly increased expressions of cleaved-caspase-3. On the other hand, AZD5, ABT263 + AZD5, and ABT199 + AZD5 showed significantly decreased expressions of cleaved-caspase-3 compared with the control, AB263, and ABT199, respectively.

### CQ inhibitory effect on the cytotoxicity of ABT199 + AZD9291 in H1975AR

The sequel of autophagy inhibitor CQ on the synergistic effects of AZD9291 and ABT199 was examined in H1975AR by MTT assay. Based on our cytotoxic data of CQ using MTT assay (data not shown) and the previous study (Tang et al. 2017), 5  $\mu$ M CQ was selected for autophagy inhibition to evaluate the consequence of autophagy induced by ABT199 + AZD929 after the application of CQ in H1975AR. As shown in Fig. 4d, 5  $\mu$ M CQ could partially but significantly reverse ABT199 + AZD9291-induced cytotoxicity in H1975AR. The cell viability was 71.8 ± 2.04% in ABT199 + AZD5 and 85.8 ± 3.06% in ABT199 + AZD5 + CQ5 compared to AZD5, and 64.6 ± 4.42% in ABT199 + AZD7.5 and 77.1 ± 3.18% in ABT199 + AZD7.5 + CQ5 compared to AZD7.5.

Fig. 2 Apoptosis analyses of H1975AR treated by AZD and/or ABT263/ABT199 by flow cytometry. a Percentage of apoptosis analyzed by the Guava Nexin of H1975AR treated by AZD and/or ABT263/ABT199 for 48 h and (b) examples of H1975AR cells assayed using the Guava Nexin assay which allowed identification of the different apoptotic stages. As labeled in the "control", Q1 represents viable/ non-apoptotic cells [annexin V-PE (-) and 7-AAD (-)]; Q2 represents early-apoptotic cells [annexin V-PE (+) and 7-AAD (-)]; Q3 represents late stage apoptotic/dead cells [annexin V-PE(+) and 7-AAD(+); and Q4 represents nuclear debris [annexin V-PE (-) and 7-AAD (+)]. Experiments performed in triplicate yielded similar results





10e0 10e1 10e2 10e3 1 Annexis V-PE (PM1) ABT199+AZD2.5

ABT199+AZD5

# Discussion

MTT assay showed that ABT199 + AZD5 displayed a similar synergistic effect on H1975AR compared with ABT263 + AZD5. Flow cytometry analyses showed that ABT263 + AZD5 had higher cell populations of early

apoptotic and apoptotic in Nexin assay as well as higher cell population arrested at pre-G1 phase representing apoptotic cells than ABT199 + AZD5. However, ABT199 + AZD9291 induced more G0/G1 arrest in H1975AR. This contrast may be attributed to the different effects of ABT263 and ABT199 alone, in which ABT199 showed more G0/G1 Table 2Effects of AZD9291and/or ABT263/ABT199 oncell cycles of H1975AR

Groups	Cell cycle (%)				
	pre-G1	G0/G1	S	G2/M	
Control	$3.1 \pm 0.25^{a}$	$65.5 \pm 2.31^{a}$	$4.0 \pm 1.19^{a}$	$23.6 \pm 0.54^{a}$	
AZD2.5	$4.6 \pm 1.15^{b}$	$68.2 \pm 1.67^{a}$	$3.0 \pm 0.07^{a}$	$22.0 \pm 3.62^{a}$	
AZD5	$4.3 \pm 0.36^{b}$	$69.3 \pm 0.77^{b}$	$3.9 \pm 0.21^{a}$	$19.8 \pm 2.66^{b}$	
ABT263 0.25	$5.6 \pm 0.31^{b}$	$60.3 \pm 0.82^{b}$	$3.0 \pm 0.38^{a}$	$28.2 \pm 0.38^{b}$	
ABT263 + AZD2.5	$6.3 \pm 0.70^{b,c}$	$63.2 \pm 2.29^{a,c}$	$4.2 \pm 0.44^{a,d}$	$23.2 \pm 2.52^{a,c}$	
ABT263 + AZD5	$8.8 \pm 1.92^{\rm b,d}$	$62.9 \pm 1.14^{a,c}$	$3.9 \pm 1.12^{a,c}$	$22.0 \pm 2.29^{a,c}$	
ABT199 1.0	$4.0 \pm 0.44^{b}$	$64.1 \pm 0.72^{a}$	$3.0 \pm 0.55^{a}$	$27.9 \pm 1.86^{\rm b}$	
ABT199+AZD2.5	$4.7 \pm 0.77^{b,c}$	$69.7 \pm 0.15^{b,c}$	$3.0 \pm 0.22^{a,c}$	$20.0\pm1.94^{\rm b,c}$	
ABT199+AZD5	$6.5 \pm 1.70^{b,d}$	$73.7 \pm 0.86^{b,d}$	$3.0 \pm 0.54^{a,c}$	$14.9 \pm 1.13^{b,d}$	

Data are represented as mean  $\pm$  SD (n=3). Mean values within the same column containing different superscript letters indicates significance among the treatment groups analyzed by one-way ANOVA followed by a Fisher's LSD test (p < 0.05)

<sup>a</sup>Indicate no significant differences compared with control

<sup>b</sup>Denote a significant difference (p < 0.05) when compared with the control

<sup>c</sup>Denotes no significant difference when AZD9291 + ABT263/ABT199 is compared with either AZD9291 or ABT263/ABT199 treatment alone at the corresponding concentration

<sup>d</sup>Denotes a significant difference (p < 0.05) when AZD9291+ABT263/ABT199 is compared with AZD9291 as well as ABT263/ABT199 treatment alone at the corresponding concentration

while ABT263 had a tendency of more pre-G1. In addition, although the selected doses of ABT263 and ABT199 by itself had no significant cytotoxic effect, a relative higher potency and cytotoxicity of 0.25  $\mu$ M ABT263 alone (91.3 ± 2.21% as compared to the control) was found in H1975AR than 1  $\mu$ M ABT199 alone (102.4 ± 6.85% as compared to the control) at 48 h in MTT assays (data not shown). Nevertheless, 0.25  $\mu$ M ABT263 and 1  $\mu$ M ABT199 were taken as controls to calculate cell viabilities of ABT263 + AZD5 and ABT199 + AZD5 in MTT assays, respectively.

The clinical implementation of ABT263 was hampered due to concomitant inhibition of the anti-apoptotic protein Bcl-XL (Bate-Eya et al. 2016). On the other hand, ABT199 showed less activity against Bcl-XL (Ki of 48 nM), Bcl-W (Ki of 245 nM) and Mcl-1 (Ki of >444 nM), and maintained its activity against Bcl-2 (Ki of < 0.01 nM) (Bate-Eya et al. 2016), which made ABT199 exhibited much less toxicity toward platelets that significantly limited the clinical applications of ABT263 in treating lymphoma (Bate-Eya et al. 2016). Although the combination therapy of ABT263 + AZD9291 in treating NSCLC patients of the advanced and metastatic stage is undergoing clinical trials, the new combination of ABT199+AZD9291 presented in this study together with the new findings of ABT263 + AZD9291 showed the great clinical potential to treat NSCLC patients with EGFR-TKI resistance driven by significant Bcl-2 upregulation.

Western blot analyses revealed that the NF- $\kappa$ B is a common signaling pathway through which ABT263 or

ABT199 synergized the cytotoxic effects of AZD9291 in H1975AR. NF- $\kappa$ B has been reported to play a key role in driving acquired resistance to another irreversible EGFR-TKI CNX-2006 and inhibition of NF-κB by either genetic or pharmacologic method could also efficiently overcome the drug resistance in CNX-2006 resistant H1975 cell line (Galvani et al. 2015). The differences in binding activities (Ki) of ABT263 and ABT199 against different isoforms of Bcl-2 family proteins may explain the different inhibitory levels of p21, SOSTM1, and survivin by combined treatment of ABT263 + AZD9291 or ABT199 + AZD9291. Previous studies (Li et al. 2014; Lin et al. 2017) showed that p21 is a critical target of ABT263 or in combined use with other therapeutic agents while knockdown of p21 could significantly inhibit apoptosis in cancer cells caused by ABT263 treatments or ABT263 co-treatments (Li et al. 2014; Lin et al. 2017). Meanwhile, the previous study (Lin et al. 2017) reported ABT263 (5-20 µM) caused apoptosis and autophagy mediated by G0/G1-phase arrest in human esophageal cancer cells in vitro. On the other hand, the results of our study demonstrated that ABT263 synergized the cytotoxic effects of AZD9291 by downregulating p21 compared to AZD9291, ABT263, and the control groups. Moreover, our qRT-PCR analyses revealed that p53, as a major transcriptional regulator of p21 (Bodzak et al. 2008), was significantly downregulated in ABT263 + AZD9291 compared with AZD9291 (data not shown), suggesting that the observed p21 downregulation could be associated with p53 reduction. The same RT-PCR array used in our previous study (Lv et al. 2015) was also applied for screening

Fig. 3 Cell cycle analyses of H1975AR treated by AZD and/ or ABT263/ABT199 by flow cytometry. a Percentage of cell cycle arrest of H1975AR treated by AZD and/or ABT263/ ABT199 and (b) representative histograms of cell cycle analyses in AZD and /or ABT263/ ABT199-treated H1975AR for 48 h were labeled with Guava cell cycle reagent (Millipore) and analyzed by flow cytometry (pre-G1, G0/G1, S, and G2/M as labeled in "control"). The v-axis shows the number of cells counted and the x-axis shows an increasing amount of Guava cell cycle reagent incorporation/ cell (left to right). Experiments performed in triplicate yielded similar results



of potential targets that play important roles in synergism observed in ABT263 + AZD9291 in H1975AR, but no significant changes of signaling molecules were found in the array between ABT263 + AZD9291 and AZD9291 treatment groups. These results indicated that unrecognized important molecular mechanisms other than p53/p21 pathways responsible for synergism between ABT263 and AZD9291 in H1975AR may warrant further research and exploration. It is noticeable that ABT263 treatment alone induced apparent G2/M arrest compared with the control in H1975AR, and ABT263 + AZD9291 co-treatments also induced a relatively higher G2/M arrest compared AZD9291 treatment alone in H1975AR. Interestingly, the previous study (Lin et al. 2017) showed that ABT263 at higher concentration range (1.25–20 µM) caused apoptosis and induced G0/G1 arrest with significant upregulation of p21 in human esophageal cancer cells, which suggest that p21, as an important regulator of cell cycle progression, may play quite different roles in cell cycle arrest induced by ABT263 at different concentrations and/or cell types.

SQSTM1/p62 plays a critical role in autophagy and the accumulation of SQSTM1 induced by AZD9291 could compromise the effectiveness of AZD9291 in NSCLC cells (Yang et al. 2019). On the other hand, inhibition of NF- $\kappa$ B signaling via degradation of SQSTM1 could induce apoptosis and autophagy in cancer cells in vitro (Su et al. 2015). Our study showed that ABT199 + AZD9291 could significantly reduce the expression of NF- $\kappa$ B as well as SQSTM1 compared with all other treatment groups including the control, indicating that this may be a novel pathway

Fig. 4 Multiscreen blot and Western blot analyses H1975AR after AZD and/or ABT263/ABT99 treatments and the effects of CQ on cell viabilities. Multiscreen blots of protein profiles of H1975AR treated by (a) AZD5 and AZD5+ABT263 and (b) AZD5 and AZD5+ABT199. c Western blot analyses of EGFR, Bcl-2, autophagy, and other survival signaling pathways in H1975AR treated by AZD5, ABT263, ABT263 + AZD5, ABT199, and ABT199 + AZD5. d The effects of CO on cell viabilities of ABT199+AZD9291 at 48 h were evaluated by comparing AZD5 for ABT199+AZD5 and ABT199+AZD5+CO5 treatment groups, or by comparing AZD7.5 for ABT199+AZD7.5 and ABT199+AZD7.5+CQ5 treatment groups. Asterisk signified significant difference between with and without CQ in the corresponding treatment groups



with the potential to overcome the acquired resistance of AZD9291 in vitro. LC3-II, as a most important biomarker of autophagosome formations, was significantly increased in AZD9291 + ABT199 group compared with all other treatment groups, which was consistent with the degradation of SQSTM1, demonstrating that autophagy played an important role in synergism between AZD9291 + ABT199 in H1975AR. On the other hand, AZD5 alone could also induce an upregulation of LC3-II compared with the control in H1975AR, which was consistent with the results of previous studies showing that AZD9291 induced autophagy with upregulation of LC3-II and downregulation of SQSTM1 in

H1975 (Tang et al. 2017; Zhang et al. 2019). The cytotoxicity of AZD9291 + ABT199 could be partially reversed by autophagy inhibitor CQ, suggesting that autophagy played an important role in synergism between AZD9291 + ABT199. Survivin, as the smallest member of inhibitors of apoptosis (IAP) family of proteins involved in inhibition of apoptosis and regulation of cell cycle (Garg et al. 2016), is most downregulated in ABT199 + AZD5 treatment groups compared with other treatment or control groups. Survivin was reported to express highly at G2/M phase but decline rapidly in G1 phase of cell cycle (Jaiswal et al. 2015), which was consistent with the observations of our flow cytometry



analyses showing that ABT199 + AZD5 treatment groups had the highest G0/G1 and lowest G2/M cell populations compared with other treatment or control groups.

EGFR and its downstream signaling pathway were also examined, which revealed that *p*-EGFR (Tyr1068) was significantly downregulated in AZD5, AZD5 + ABT263, and AZD5 + ABT199 treatment groups to a similar extent compared with other treatment groups. Meanwhile, *p*-Erk1/2 (Thr202/Tyr204) was observed to be significantly upregulated in AZD5 + ABT263/ABT199 groups compared with other treatment groups and no significant downregulation of *p*-Akt (Ser473) was observed in AZD5 + ABT263/ABT199 groups compared with other treatment groups. The results indicated that inhibition of *p*-EGFR and its downstream pathways can be ruled out as a mechanism of synergistic effects between AZD5 + ABT263/ABT199 on H1975AR. Degradation of PARP and the activation of cleaved-PARP were also important mechanisms underlying the synergism between Bcl-2 inhibitors and other therapeutic agents in cancer treatments revealed by previous studies (Lin et al. 2017; Wang et al. 2015). However, no significant difference of PARP degradation or activation of cleaved-PARP was found in AZD5 + ABT263/ABT199 groups compared with AZD5 treatment group, demonstrating that PARP did not play a critical role for the observed synergistic cytotoxic effects in this study.

Meanwhile, no significant degradation of caspase-3 was found in AZD5 + ABT263/ABT199 groups compared with AZD5 treatment group. However, cleaved-caspase-3 showed different changes among treatment groups. The higher cytotoxicity of ABT263 alone (0.25 µM) than that of ABT199 alone (1 µM) could induce higher apoptosis in H1975AR with higher expression of cleaved-caspase-3 in ABT263 treatment group compared with ABT199 treatment group as well as the control. On the other hand, cleaved-caspase-3 significantly decreased in AZD5 compared with control in this study. This finding is consistent with the previous studies, suggesting that AZD5 could initiate an autophagy process that has an inverse relationship with the activity of caspase-3 (Tsapras and Nezis 2017; Wu et al. 2014). Meanwhile, cleaved-caspase-3 was significantly decreased in ABT263 + AZD5 compared to ABT263 and the control, but was relatively higher than AZD5, indicating that the more pronounced cytotoxic effects of ABT263 + AZD5 as compared to AZD5 may be caused by the combined mechanisms related to autophagy, apoptosis, and/or caspase-independent programmed cell death (Kögel and Prehn 2013; Qi and Liu 2006). Similarly, ABT199+AZD5 also showed reduced expression of cleaved-caspase-3 compared with the control and ABT199, but a relatively lower expression compared to ABT263 + AZD5, together with the findings of LC3-II, suggesting that autophagy-mediated cell death process is more likely to occur in ABT199+AZD5.

Although BIM (L) was found to be significantly upregulated in AZD5 + ABT263/ABT199 compared with AZD5 revealed by multiscreen analyses, it was found that the strongest expression of BIM (EL, L, S) was also found in the control group by subsequent Western blot analyses (data not shown), which indicated that the synergism between ABT263/199 and AZD9291 was not achieved through activation of cytotoxic BIM family proteins. The expressions of the other two anti-apoptotic proteins Bcl-2 and Mcl-1 were not found to be significantly downregulated in AZD5 + ABT263/ABT199 treatment groups compared with control. Taken together, all these results demonstrated that the Bcl-2 family members were less likely to be responsible for the synergistic cytotoxic effects of AZD5 + ABT263/ ABT199 on H1975AR as shown in this study.

# Conclusion

A novel combination therapy regimen ABT199/ABT263 and AZD9291 was firstly reported in our study to effectively overcome the acquired drug resistance of AZD9291 in H1975AR with significant upregulation of Bcl-2 compared with parental H1975. Flow cytometry analyses showed that ABT199 + AZD9291 treatment caused a dramatically decreased G2/M cell population but increased G0/G1 of H1975AR, which could be closely associated with the significant downregulation of survivin compared with ABT199, AZD9291, and control groups, considered as an important synergistic mechanism for ABT199+AZD9291. In contrast, a trend of upregulation of G2/M cell population was seen in ABT263 treatment groups compared with control and this trend was also observed in ABT263 + AZD9291 compared with AZD9291 treatment groups, which could be associated with the downregulation of p53-dependent p21 expression as the synergistic mechanism of ABT263+AZD9291. ABT199 might also synergize with the cytotoxic effect of AZD9291 via enhanced autophagy evidenced by significantly increased expression of LC3-II and downregulation of SQSTM1 in H1975AR even compared with ABT263 + AZD9291. In summary, our study demonstrated that 0.25 µM ABT263 or 1 µM ABT199 combined with AZD9291 showed similar efficiency to overcome the acquired resistance of AZD9291 in H975AR, though the synergism of ABT263 or ABT199 with AZD9291 against H1975AR was achieved by different molecular mechanisms.

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#### Compliance with ethical standard

Conflict of interest The authors that there is no conflict of interest.

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