

Occupational exposure to polycyclic aromatic hydrocarbons and lymphatic and hematopoietic neoplasms: a systematic review and meta-analysis of cohort studies

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Abstract Data on the risk of lymphatic and hematopoietic neoplasms among workers whose jobs entail high exposure to polycyclic aromatic hydrocarbons (PAH) are sparse, and mainly based on small-size studies. We carried out a systematic review of occupational cohort studies that reported results on incidence or mortality from Hodgkin lymphoma (HL), non-Hodgkin lymphoma (NHL), leukemia or multiple myeloma (MM) among workers exposed to PAH. We computed meta-analytic estimates using a random effect model. Meta-relative risk (meta-RR) was computed separately by each type of neoplasm, job or industry. We identified 41 studies (12 in iron and steel foundries, 11 in aluminum plant, 6 in cokerries, 6 in carbon electrode manufacturing, 2 on asphalt workers, 2 on creosote-exposed workers, 1 on tar distillery workers and 1 evaluating both tar distillery workers and roofers). No significant excess risk of any lymphatic and hematopoietic neoplasms was found among workers employed in jobs or industries entailing high PAH exposure. Among 18 meta-analytic estimates by job or industry and type of neoplasm, 16 were close to unit, i.e., between 0.72 and 1.27, whereas the meta-RR was

1.38 [95 % confidence interval (CI) 0.95–2.01] for HL in foundry workers and 2.01 (95 % CI 0.96–4.22) for NHL in workers exposed to creosote. There was no association between occupation entailing high PAH exposure and risk of MM or leukemia.

Keywords Occupational exposure · Polycyclic aromatic hydrocarbons · Lymphatic and hematopoietic neoplasms · Leukemia · Hodgkin lymphoma · Non-Hodgkin lymphoma · Multiple myeloma

Introduction

Polycyclic aromatic hydrocarbons (PAH) are a group of widespread environmental contaminants with genotoxic, mutagenic, teratogenic and carcinogenic effects (IARC 2010). PAH exert their effects binding to a specific aromatic hydrocarbon receptor and through the formation of reactive metabolites that cause genotoxicity and oxidative stress. These pathways are linked to altered Ca²⁺ homeostasis in T and B cells, leading to disruption of antigen and mitogen signaling as well as initiation of pro-apoptotic events (Burchiel and Luster 2001). In addition, several PAH have immunotoxic activity and may interfere with lymphocytic subpopulations and contribute to promoting lympho-hematopoietic carcinogenesis (Burchiel and Luster 2001).

Occupational exposure to PAH occurs primarily through inhalation, though uptake of PAH through the skin is substantial (Jongeneelen 2001), and high levels were found in biological samples of workers whose jobs entail pyrolysis of coal or use of coal-derived products (Carta et al. 2004; IARC 2010). These workers have an excess risk of respiratory tract, urinary system and skin cancers (Boffetta et al. 1997; Rota et al. 2014; Wagner et al. 2014), but there

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is only limited evidence of excess risk of lymphatic and hematopoietic neoplasms (Gibbs and Labrèche 2014).

We therefore conducted a systematic review and meta-analysis of the available cohort studies aimed to quantify the relationship between occupational PAH exposure and risk of lymphatic and hematopoietic neoplasms.

Methods

Study identification and data collection

We conducted a meta-analysis in compliance with the guidelines for Meta-analyses and Systematic Reviews of Observational Study (MOOSE) (Stroup et al. 2011). Two authors (PB and GA) carried out a comprehensive literature search in PubMed and EMBASE for articles on cohorts of workers employed in occupational activities related to high PAH exposure, i.e., aluminum production, foundries, coke workers, asphalt-exposed workers, tar distilleries, carbon electrode manufacturing and workers exposed to creosote. We identified relevant articles by searching the following keywords in the title or abstract: cancer, tumor, neoplasm, incidence, mortality, risk, occupation, work, polycyclic aromatic hydrocarbons, PAH, foundry, coke, asphalt, roofing, paving, carbon electrode, creosote, coal, tar and bitumen. The search was conducted on February 24, 2016, without restriction for publication time and languages. Details on the search strategy are reported in the Online resource 1. We identified additional studies manually by searching the references of the articles retrieved by electronic search.

Original articles published in English, Italian or French aiming to evaluate the incidence or mortality risk from Hodgkin lymphoma (HL), non-Hodgkin lymphoma (NHL), multiple myeloma (MM) or leukemia in workers employed in occupational activities related to high PAH exposure were eligible for inclusion in the meta-analysis. When more than one article reported results from the same cohort, we used the most recent and informative one. The quantitative synthesis was performed only if at least two studies were available for a given exposure-outcome association.

We used the International Classification of Diseases (ICD), Revisions 7th, 8th, 9th and 10th to identify cases to be included in the meta-analysis, i.e., all diagnosis or deaths classified as HL (ICD7–9 codes: 201 or ICD10 code: C81), NHL (ICD7–9 codes: 200, 202 or ICD10 codes: C82–C86, C96), MM (ICD7–9 codes: 203 or ICD10 code: C90), or leukemia (ICD7–9 codes: 204–207 or ICD10 codes: C91–C95).

From the selected studies, we extracted information on the population size, country, occupational activity, period of employment, follow-up duration, reference population, outcome measure (incidence or mortality), number

of observed cases or deaths, effect estimates (Standardized Incidence Ratio, SIR, Standardized Mortality Ratio, SMR, Relative risk, RR) and the corresponding 95 % confidence intervals (CIs).

Statistical analysis

The analysis was stratified by job and industry, and whenever possible, by type of lymphatic and hematopoietic neoplasm.

Most studies were based on mortality data. However, some studies reported only results on cancer incidence, and we combined incidence and mortality data in the meta-analysis, under the assumption that PAH exposure does not affect survival from this group of neoplasms.

If original articles did not report risk estimates or confidence intervals, we computed them using raw data.

We considered SMRs, SIRs or RRs as comparable estimates of the relative risk (RR).

As some degree of between-study heterogeneity was anticipated, we computed the meta-RR and the corresponding 95 % CIs through a random effect model. Briefly, each study-specific $\log(\text{SMR})$, $\log(\text{SIR})$ or $\log(\text{RR})$ was weighted by the inverse of its variance plus the between studies variance component τ^2 estimated through the moment estimator (DerSimonian and Laird 1986).

Between-study heterogeneity was assessed by Q statistics based on a Chi-squared test, and inconsistency was measured through the I^2 statistic, representing the proportion of total variation due to between-study variance (Higgins et al. 2003).

When significant between studies heterogeneity ($P \leq 0.20$) occurred, we made a sensitivity analyses excluding one study at a time in order to assess the influence of single studies on the final meta-analytic estimate. Moreover, we carried out a separate analysis according to the outcome measure, i.e., incidence and mortality separately.

Publication bias was assessed by visual inspection of funnel plot and by using the Egger's test (Egger et al. 1997) for asymmetry when at least 10 studies by job or industry and neoplasm type were available (Higgins and Green 2011).

Results

The detailed flow chart of the selection of studies is reported in Fig. 1. A total of 1183 unique papers were identified through database searching. After the exclusion of non-relevant references, 91 articles were assessed for eligibility. Among them, 41 original articles were included in the meta-analysis. A list of excluded articles with reasons for exclusion is given in the Online resource 2.

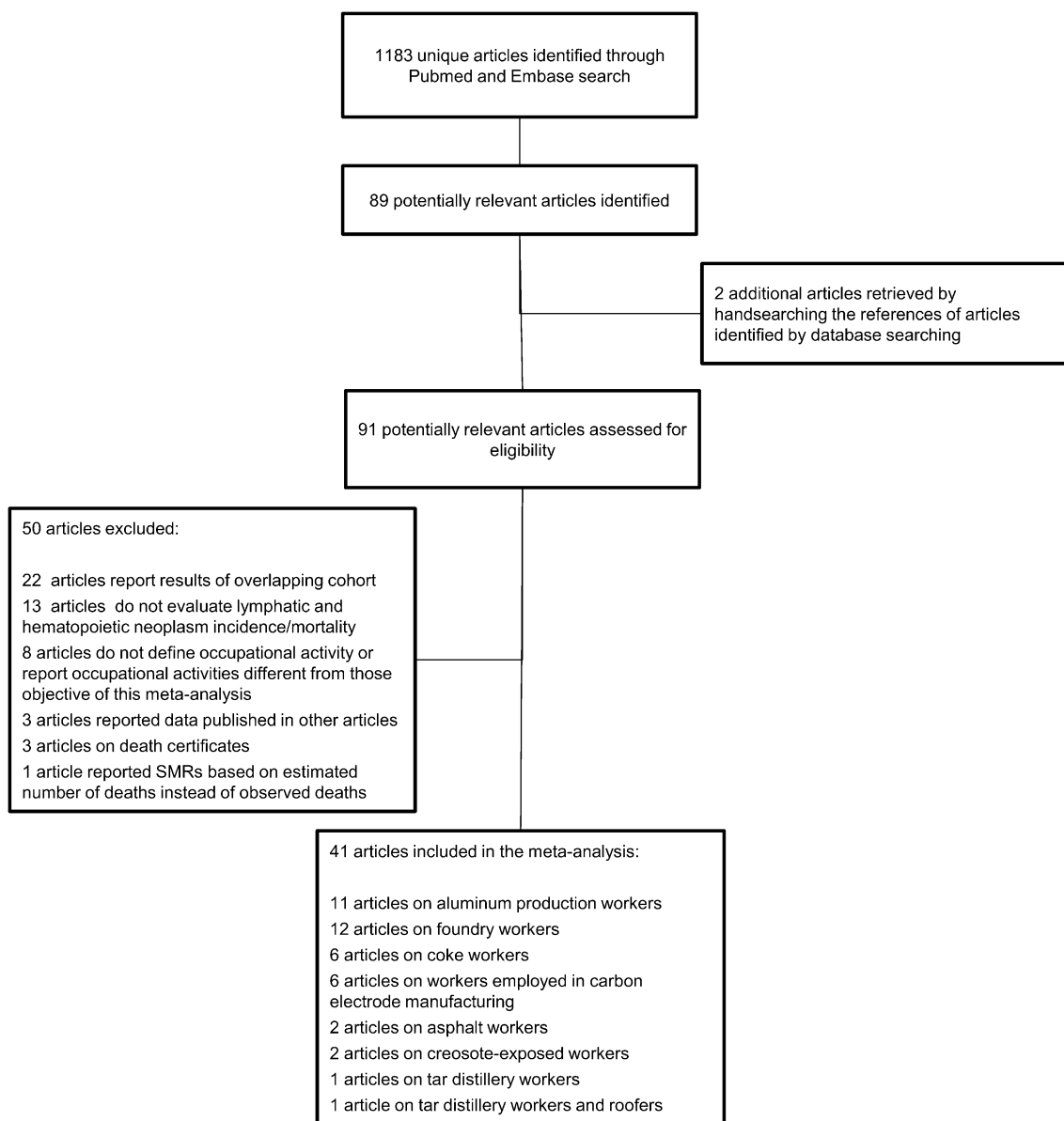


Fig. 1 Flow chart of study selection

Aluminum production

Table 1 gives the main characteristics of 11 studies (Milham 1979; Rochette 1983; Mur et al. 1987; Seldén et al. 1997; Romundstad et al. 2000; Carta et al. 2004; Spinelli et al. 2006; Björ et al. 2008; Sim et al. 2009; Scarnato 2013; Gibbs et al. 2014) reporting incidence or mortality from lymphatic and hematopoietic neoplasms in workers employed in aluminum production plants. Two out of eleven studies found a significant excess risk. Milham (1979) reported a significant increased mortality from NHL (7 cases, SMR 3.16, 95 % CI 1.28–6.55) among 2103 US workers employed in a prebake-type aluminum reduction

plant between 1946 and 1962 and followed-up until 1976. Carta et al. (2004) found a significant excess mortality from all lymphatic and hematopoietic neoplasms (8 cases, SMR 2.03, 95 % CI 1.03–4.00) in a cohort of 1152 Italian men workers employed for at least 1 year between 1972 and 1980 in a prebake smelter and followed-up until 2001.

Overall, there were 30 HL cases, 167 NHL cases, 68 MM cases and 112 leukemia cases. Meta-analytic estimates showed a slight borderline significant excess risk of NHL (meta-RR 1.19, 95 % CI 0.98–1.44) among workers employed in aluminum production, while the results for HL (meta-RR 1.20, 95 % CI 0.84–1.72), MM (meta-RR 1.18, 95 % CI 0.93–1.50) and leukemia (meta-RR 1.10, 95 % CI

Table 1 Main characteristics of the studies on aluminum production workers

References	Country and study population	Period of employment	Follow-up	Controls	Outcome	Neoplasm type	Observed cases/death	Outcome measure	Estimate (95 % CI)
Milham (1979)	US, 2103 workers	1946–1962	1946–1976	National population	Mortality	HL NHL Leukemia Other LH neoplasms All LH neoplasms	4 7 4 2 17	SMR	1.40 (0.78–7.31) ^a 3.16 (1.28–6.55) ^a 1.09 (0.29–2.78) ^a 1.02 (0.12–3.61) ^a 1.84 (1.06–2.93) ^a
Rochette (1983)	US, 21,829 workers	1946–1977	1946–1977	National population	Mortality	NHL Leukemia Other LH neoplasms	22 43 29	SMR	1.11 (0.68–1.65) ^a 1.28 (0.90–1.68) ^a 0.90 (0.59–1.27) ^a
Mur et al. (1987)	France, 6455 workers	1950–1976	1950–1976	National population	Mortality	Leukemia	9	SMR	1.56 (0.81–2.61)
Seldén et al. (1997)	Sweden, 6454 workers	Before 1992	1958–1992	National population	Incidence	HL NHL MM Leukemia Lymphatic tissue cancers (excluded leukemia)	6 15 4 6 25	SIR	1.18 (0.55–2.28) 1.84 (0.67–3.99) 1.38 (0.77–2.27) 0.83 (0.22–2.10) 0.83 (0.30–1.80) 1.31 (0.85–1.94)
Romundstad et al. (2000)	Norway, 11,103 workers	1953–1996	1953–1996	National population	Incidence	HL	10	SIR	1.10 (0.50–1.90)
Carta et al. (2004)	Italy, 1152 workers	1972–1980	1972–2001	Regional population	Mortality	NHL MM Leukemia	35 33 36	SMR	0.90 (0.60–1.20) 1.40 (0.90–1.90) 1.00 (0.70–1.40)
Spinelli et al. (2006)	Canada, 6423 workers	1954–1997	1954–1997	National population	Incidence	All LH neoplasms HL NHL MM Leukemia	8 2 27 8 13	SIR	2.03 (1.03–4.00) 0.49 (0.06–1.65) 0.93 (0.61–1.85) 0.93 (0.40–1.83) 0.89 (0.47–1.51)
					Mortality	HL NHL MM Leukemia	2 14 5 12	SMR	0.99 (0.12–3.57) 1.10 (0.60–1.85) 0.84 (0.27–1.95) 1.00 (0.52–1.75)

Table 1 continued

References	Country and study population	Period of employment	Follow-up	Controls	Outcome	Neoplasm type	Observed cases/death	Outcome measure	Estimate (95 % CI)
Björ et al. (2008)	Sweden, 2264 workers	1942 on	1942–2000	General population of 7 municipalities in Northern Sweden	Incidence	NHL	10	SIR	0.94 (0.45–1.72)
Sim et al. (2009)	Australia, 4396 workers	1983 on	1983–2002	National population	Incidence	All lymphomas	12	SIR	0.93 (0.51–1.86)
Scarnato (2013)	Italy, 618 workers	1973–2003	1973–2009	Regional population	Mortality	Leukemia	2		0.28 (0.06–2.82)
Gibbs et al. (2014)	Canada, cohort A (fixed cohort) 5977 workers	1950–2004	1950–2004	General population of Quebec province	Incidence	All LH neoplasms	4	SMR	1.71 (0.60–4.60)
						HL	5	SIR	1.31 (0.42–3.05)
					Mortality	NHL	38		0.95 (0.67–1.31)
						MM	13		0.74 (0.39–1.26)
						Lymphoid tissue cancers	66		0.50 (0.24–0.93)
					Mortality	HL	7	SMR	1.13 (0.46–2.39)
						NHL	43		1.23 (0.89–1.65)
						MM	18		1.02 (0.61–1.61)
						Lymphoid tissue cancers	68		1.15 (0.90–1.46)
	Canada, cohort B (dynamic cohort) 9284 workers	1950–2004	1950–2004	General population of Quebec province	Incidence	HL	10	SIR	1.22 (0.58–2.24)
						NHL	44		1.14 (0.83–1.53)
						MM	11		1.13 (0.56–2.01)
						Lymphoid tissue cancers	77		1.38 (0.72–2.42)
					Mortality	HL	1	SMR	0.28 (0.07–1.55)
						NHL	21		1.24 (0.77–1.89)
						MM	8		1.22 (0.53–2.40)
						Lymphoid tissue cancers	30		1.11 (0.75–1.56)

LH neoplasms lymphatic and hematopoietic neoplasms, SIR age-standardized incidence ratio, SMR age-standardized mortality ratio

^a Confidence intervals of the SMR were not reported in the original paper. Data shown in table were calculated assuming a Poisson distribution of the observed deaths

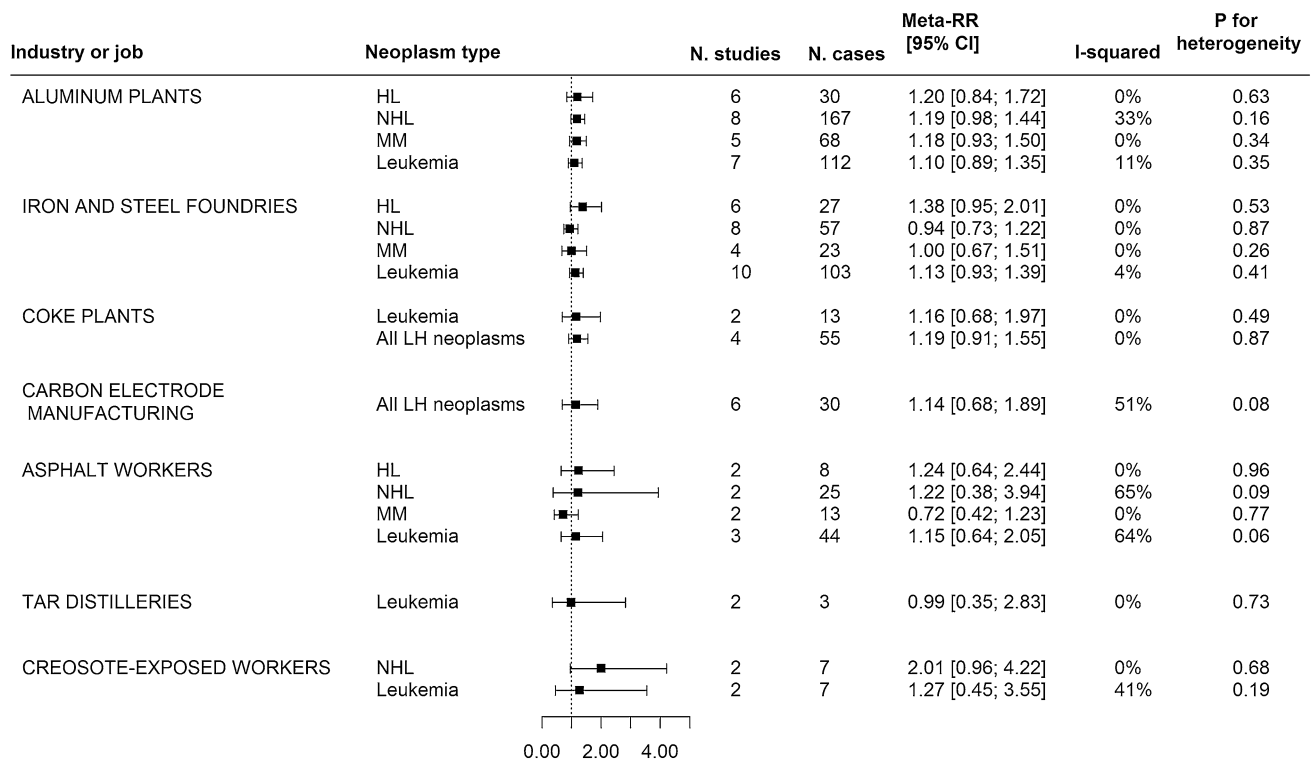


Fig. 2 Results of the meta-analysis: meta-analytic relative risk of lymphatic and hematopoietic neoplasms by job or industry

0.89–1.35) were less indicative of a possible association (Fig. 2).

A moderate between-study heterogeneity was found only for NHL ($I^2 = 33\%$, $P = 0.16$). The exclusion of the study by Romunstad et al., reporting 35 incident cases of NHL led to a significant meta-analytic estimate (meta-RR 1.26, 95 % CI 1.03–1.53) (Online resource 3).

Stratified analysis by outcome measure showed no significant increased risk of HL, multiple myeloma and leukemia for both incidence and mortality (Online resource 4). In contrast, a moderate excess risk of NHL of borderline significance was observed from studies based on mortality (meta-RR 1.30, 95 % CI 1.00–1.68, based on 107 deaths), whereas no association emerged from studies based on incidence (meta-RR 1.01, 95 % CI 0.87–1.18, based on 169 cases).

Iron and steel foundry workers

Table 2 shows the main characteristics of the 12 studies (Decoufle 1979; Andjelkovich 1990; Moulin et al. 1990; Sherson et al. 1991; Rotimi et al. 1993; Sorahan et al. 1994; Hansen 1997; Firth et al. 1999; Park et al. 2005; Hoshuyama 2006; Westberg et al. 2013; Yoon and Ahn 2014) investigating incidence or mortality from lymphatic and hematopoietic neoplasms in foundry workers. An excess risk of leukemia was reported in a cohort study of 5245 workers

hired before 1980 at the Anshan Iron and Steel Company located in the northeastern China and followed-up until 1993 (12 cases, SMR 1.98, 95 % CI 1.09–3.60) (Hoshuyama 2006).

Overall, these studies reported 27 HL cases, 57 NHL cases, 23 MM cases and 103 leukemia cases. Meta-analytic estimates indicate a possible association, although non-significant, for HL (meta-RR 1.38, 95 % CI 0.95–2.01), while no association for NHL (meta-RR 0.94, 95 % CI 0.73–1.22), MM (meta-RR 1.00, 95 % CI 0.67–1.51) and leukemia (meta-RR 1.13, 95 % CI 0.93–1.39) (Fig. 2).

No significant between-study heterogeneity was observed for all the meta-analytic estimates.

Visual inspection of the funnel plot and the Egger's test ($P = 0.95$) did not suggest publication bias in the meta-analytic estimate of leukemia risk (Online resource 5).

Meta-analytic estimates obtained by excluding the only one study (Westberg et al. 2013) reporting incidence did not significantly change the results of the main analysis (Online resource 4).

Coke workers

The main characteristic of the 6 studies (Davies 1977; Redmond 1979; Swaen et al. 1991; Franco 1993; Costantino 1995; Bye et al. 1998) on coke workers are reported in Table 3.

Table 2 Main characteristics of studies on iron and steel foundry workers

References	Country and Study population	Period of employment	Follow-up	Controls	Outcome	Neoplasm type	Observed cases/death	Outcome measure	Estimate (95 % CI)
Decoufle (1979)	US, 2861 workers	1938–1967	1938–1967	National population	Mortality	NHL	0	SMR	0 (0–3.35)
						Leukemia	3		1.43 (0.29–4.17) ^a
Andjelkovich (1990)	US, 8774 workers	1950–1979	1950–1984	National population	Mortality	HL	1	SMR	0.45 (0.10–2.48)
						NHL	3		0.84 (0.17–2.45)
						Leukemia	5		0.67 (0.22–1.57)
Moulin et al. (1990)	France, 2269 workers	1952–1982	1952–1982	National population	Mortality	All LH neoplasms	13	SMR	0.70 (0.37–1.21)
						NHL	1		0.62 (0.02–3.48)
						Leukemia	0		0 (0–2.38)
Sherson et al. (1991)	Denmark, 6140 workers	Not reported	1967–1985	National population	Mortality	HL	7	SMR	1.85 (0.74–3.80)
						NHL	11		0.97 (0.48–1.74)
						MM	4		0.64 (0.18–1.64)
						Leukemia	17		1.12 (0.65–1.79)
Rotimi et al. (1993)	US, 21,013 workers	Before 1973	1973–1987	National population	Mortality	HL	7	SMR	1.89 (0.76–3.89)
						NHL	9		1.34 (0.61–2.54)
						Leukemia	17		0.89 (0.52–1.42)
						All LH neoplasms	48		0.98 (0.72–1.30)
Sorahan et al. (1994)	UK, 10,438 workers	1946–1965	1946–1990	National population	Mortality	HL	7	SMR	0.94 (0.38–1.93)
						NHL	14		0.78 (0.43–1.31)
						MM	9		0.84 (0.39–1.60)
						Leukemia	20		0.90 (0.55–1.38)
Hansen (1997)	Denmark, 3056 workers	1970 on	1970–1992	Non-exposed workers	Mortality	All LH neoplasms	26	SMR	1.49 (0.97–2.19)
Firth et al. (1999)	New Zealand, 3522 workers	1945–1991	1945–1991	National population	Mortality	HL	3	SMR	1.66 (0.31–4.91)
						NHL	3		0.55 (0.10–1.64)
						MM	2		0.67 (0.06–2.48)
						Leukemia	6		0.87 (0.31–1.92)
Park et al. (2005)	Korea, 44,974 workers	1968–2001	1968–2001	National population	Mortality	Leukemia	16	SMR	1.45 (0.85–2.28)
Hoshuyama (2006)	China, 5245 workers	Before 1980	1980–1993	Non-exposed workers	Mortality	Leukemia	12	SMR	1.98 (1.09–3.60)
Westberg et al. (2013)	Sweden, 3045 workers	1913–2005	1958–2004	National population	Incidence	HL	2	SIR	0.85 (0.10–3.08)
						NHL	16		1.05 (0.60–1.70)
						MM	8		1.58 (0.68–3.11)
						Leukemia	7		1.51 (0.61–3.11)

Table 2 continued

References	Country and Study population	Period of employment	Follow-up	Controls	Outcome	Neoplasm type	Observed cases/death	Outcome measure	Estimate (95 % CI)
Yoon and Ahn (2014)	Korea, 17,098 workers	1992–2000	1992–2008	Non-production workers	Mortality	Lymphatic tissue neoplasms (excluded leukemia)	26	SMR	1.15 (0.75–1.68)
						All LH neoplasms	16	SMR	1.91 (0.44–8.29)

LH neoplasms lymphatic and hematopoietic neoplasms, SMR age-standardized mortality ratio

^a Confidence intervals of the SMR were not reported in the original paper. Data shown in table were calculated assuming a Poisson distribution of the observed deaths

Only one study from Netherlands, that evaluated the risk of lymphatic and hematopoietic neoplasms in 5659 workers, reported a non-significant excess risk for NHL (4 cases, SMR 3.07, 95 % CI 0.84–7.86) and leukemia (6 cases, SMR 1.63, 95 % CI 0.60–3.55) in coke oven workers and an increased risk for HL in by-products workers (6 cases, SMR 1.86, 95 % CI 0.68–4.05) (Swaen et al. 1991).

Our meta-analysis did not suggest an excess risk either for leukemia (meta-RR 1.16, 95 % CI 0.68–1.98) or for all hematopoietic neoplasms (meta-RR 1.19, 95 % CI 0.91–1.55), although results are based on only 13 leukemia cases and 55 cases of all lymphatic and hematopoietic neoplasms. No significant heterogeneity among studies was found (Fig. 2).

When we omitted the study by Bye et al. (1998) reporting incidence data, the results did not materially change (meta-RR for all lymphatic and hematopoietic neoplasms: 1.22, 95 % CI 0.92–1.60) (Online resource 4).

Workers in plant of carbon electrode manufacturing

The main characteristic of the 6 studies (Teta et al. 1987; Moulin et al. 1989; Gustavsson 1995; Donato et al. 2000; Mori 2002; Merlo et al. 2004) on carbon electrode manufacturing workers are reported in Table 3. A non-significant excess risk of lymphatic and hematopoietic neoplasms was reported in a cohort of 2213 US workers at work in 1974 and followed-up until 1983 (Teta et al. 1987) (12 cases, SMR 1.76, 95 % CI 0.91–3.08) and in a small cohort of 332 Japanese workers employed for more than 5 years between 1951 and 1974 in a graphite electrode manufacturing plant which had been in operation since 1934 in Nishinomiya City and followed-up until 1988 (4 cases, SMR 3.46, 95 % CI 0.94–8.86) (Mori 2002).

Meta-analytic estimate did not show a significant excess risk of all lymphatic and hematopoietic neoplasms (meta-RR 1.14, 95 % CI 0.68–1.89, based on 34 cases). However, the I^2 statistic ($I^2 = 51 %$, $P = 0.08$) and the leave-one-out sensitivity analysis indicated a moderate between-study heterogeneity. In fact, the exclusion of the study by Moulin et al. (1989), reporting incidence, resulted in a borderline significant increased risk of all lymphatic and hematopoietic neoplasms (meta-RR 1.53, 95 % CI 0.99–2.37, based on 33 deaths) (Online resource 3). Similarly, excluding the study by Donato et al. (2000), the meta-RR for all lymphatic and hematopoietic neoplasms was 1.67 (95 % CI 0.98–2.85) (Online resource 3).

Asphalt workers and roofers

Table 4 gives the main characteristic of the 3 studies (Hammond et al. 1976; Swaen and Slangen 1997; Boffetta et al. 2003) focused on asphalt workers and roofers included in

Table 3 Main characteristics of studies on carbon electrode manufacturing and coke production workers

Industry	References	Country and study population	Period of employment	Follow-up	Controls	Outcome	Neoplasm type	Observed cases/death	Outcome measure	Estimate (95 % CI)
Coke production	Davies (1977)	Wales, 601 workers	1954	1954–1965	National population	Mortality	Leukemia	0	Reported only obs. and exp. cases	0
	Redmond (1979)	US, 2543 workers	Prior to and during 1953	1953–1961	Non-exposed workers	Mortality	All LH neoplasms	7	RR	0.96 (0.36–2.11) ^a
Carbon electrode manufacturing	Swaen et al. (1991)	Netherlands, 5659 workers	1945–1969	1945–1984	National population	Mortality	HL	1	SMR	1.04 (0.03–5.79) ^a
	Franco (1993)	Italy, 538 workers	1960–1985	1960–1990	Regional population	Mortality	NHL	4	SMR	3.07 (0.84–7.86) ^a
							MM	2	SMR	1.18 (0.14–4.26) ^a
	Costantino (1995)	US and Canada, 5321 coke oven workers	1951–1955	1951–1982	Non-oven workers	Mortality	Leukemia	6	RR	1.63 (0.60–3.55) ^a
							HL	6	SMR	1.86 (0.68–4.05) ^a
	Bye et al. (1998)	Norway, 888 workers	1962–1988	1962–1993	National population	Incidence	NHL	2	SMR	0.67 (0.08–2.42) ^a
							MM	4	SMR	1.15 (0.31–2.94) ^a
	Teta et al. (1987)	US, 2213 workers	1974	1974–1983	National population	Mortality	Leukemia	7	SMR	0.85 (0.34–1.75) ^a
							All LH neoplasms	3	SMR	1.30 (0.27–3.80) ^a
	Moulin et al. (1989), plant A	France, 1302 workers	1975	1975–1985	National population	Incidence	All LH neoplasms	5	SMR	0.95 (0.31–2.22)
All LH neoplasms							12	SMR	1.76 (0.91–3.08)	
Moulin et al. (1989), plant B	France, 1115 workers	1957	1975–1985	National population	Incidence	All LH neoplasms	1	SIR	0.34 (0.01–1.92)	
						All LH neoplasms	4	SMR	1.25 (0.34–3.20)	
Gustavsson (1995)	Sweden, 901 workers	1968–1988	1968–1988	National population	Mortality	All LH neoplasms	0	SMR	0 (0–5.12)	
						All LH neoplasms	9	SMR	0.94 (0.43–1.78)	
Donato et al. (2000)	Italy, 1006 workers	1945–1971	1955–1996	National population	Mortality	All LH neoplasms	2	SMR	13.4 (1.62–48.3)	
						Leukemia	2	SMR	4.02 (0.49–14.5)	
Mori (2002)	Japan, 332 workers	1951–1974	1951–1988	National population	Mortality	MM	4	SMR	3.46 (0.94–8.86)	
						All LH neoplasms	4	SMR		

Table 3 continued

Industry	References	Country and study population	Period of employment	Follow-up	Controls	Outcome	Neoplasm type	Observed cases/death	Outcome measure	Estimate (95 % CI)
	Merlo et al. (2004)	Italy, 1291 workers	1950–1989	1950–1997	Regional population	Mortality	Lymphomas	3	SMR	0.96 (0.20–2.80)
							Leukemia	1		0.30 (0.01–1.65)

LH neoplasms lymphatic and hematopoietic neoplasms, *SIR* age-standardized incidence ratio, *SMR* age-standardized mortality ratio, *RR* relative risk

^a Confidence intervals of the SMR were not reported in the original paper. Data shown in table were calculated assuming a Poisson distribution of the observed deaths

the meta-analysis. Notably, an international epidemiological studies carried out in seven European countries and in Israel (Boffetta et al. 2003) including a total of 29,820 male asphalt workers did not find an excess significant risk of all lymphatic and hematopoietic neoplasms considered (SMR for HL, 1.24 95 % CI 0.54–2.45, SMR for NHL, 0.78 95 % CI 0.49–1.17, SMR for multiple myeloma, 0.70 95 % CI 0.36–1.22, SMR for leukemia, 0.78, 95 % CI 0.52–1.12).

No significant excess risk was observed (Fig. 2) when pooling the results of 2 studies for HL (Swaen and Slangen 1997; Boffetta et al. 2003) (meta-RR 1.24, 95 % CI 0.64–2.44, based on 8 cases), 2 studies for NHL (Swaen and Slangen 1997; Boffetta et al. 2003) (meta-RR 1.22, 95 % CI 0.38–3.94, based on 25 cases), 2 studies for MM (meta-RR 0.72, 95 % CI 0.42–1.23, based on 13 cases) and 3 studies for leukemia (meta-RR 1.15, 95 % CI 0.64–2.05, based on 44 cases).

A between-study heterogeneity was found for NHL and leukemia, but data were scanty and did not allow to investigate possible sources of between-study heterogeneity.

Workers in tar distilleries

The main characteristics of the two studies (Moulin et al. 1988; Swaen and Slangen 1997) n tar distillery workers are reported in Table 4. A study from France on 983 workers employed before 1970 and followed-up until 1984 did not report any cases of leukemia (Moulin et al. 1988). Three leukemia cases and no cases of HL, NHL or MM were observed in a study from Netherlands on 907 workers employed between 1947 and 1980 and followed-up until 1988 (Swaen and Slangen 1997).

No significant excess risk was found pooling the results of two studies that reported a total of 3 cases of leukemia among tar distillery workers (meta-RR 0.99, 95 % CI 0.35–2.83) (Fig. 2).

Workers exposed to creosote

The main characteristics of the two studies (Karlehagen et al. 1992; Wong and Harris 2005) on creosote-exposed workers are reported in Table 4. The study by Karlehagen et al. included 922 men workers employed for least 1 year during the period 1950–1975 at 13 plants in Sweden and Norway. A non-significant excess risk of HL (2 observed cases, SIR 2.00, 95 % CI 0.24–7.23) and NHL (6 observed cases, SIR: 1.89, 95 % CI 0.69–412) were found, while no increased risk of leukemia was reported on the basis of 2 observed cases (SIR 0.64, 95 % CI 0.08–2.31). The more recent retrospective cohort study by Wong et al. conducted on 2179 employees in 11 US plants observed a non-significant excess risk of all lymphatic and hematopoietic neoplasms combined (13 observed deaths, SMR 1.80, 95 % CI

Table 4 Main characteristics of studies on asphalt workers, workers in tar distilleries and creosote-exposed workers

Job or industry	References	Country and study population	Period of employment	Follow-up	Controls	Outcome	Neoplasm type	Observed cases/death	Outcome measure	Estimate (95 % CI)	
Asphalt workers and roofers	Hammond et al. (1976)	US, 5939 workers	1960	1960–1971	National population	Mortality	Leukemia	13	MR	1.68 (0.89–2.87) ^a	
	Swaen and Slan- gen (1997)	Netherlands, 866 roofers	1947–1980	1947–1988	National population	Mortality	HL	0	SMR	0 (0–6.15) ^a	
	Boffetta et al. (2003)	Denmark, Finland, France, Germany, Israel, the Netherlands, Norway, and Sweden, 29,820 workers	1913–1999	1953–2000	National population	Mortality	HL	8	SMR	1.24 (0.54–2.45)	
Tar distilleries	Moulin et al. (1988)	France, 983 workers	Before 1970	1970–1984	National population	Mortality	Leukemia	0	SMR	0 (0–4.61)	
	Swaen and Slan- gen (1997)	Netherlands, 907 workers	1947–1980	1947–1988	National population	Mortality	HL	0	SMR	0 (0–5.27) ^a	
	Creosote-exposed workers	Karlehagen et al. (1992)	Sweden and Norway, 922 workers	1950–1975	1953–1987 in Sweden and 1958–1985 in Norway	National population	Incidence	Leukemia	3	SIR	1.07 (0.22–3.13)
							Mortality	HL	2	SIR	2.00 (0.24–7.23)
Creosote-exposed workers	Wong and Harris (2005)	US, 2179 workers	1979–1999	1979–2001	National population	Mortality	NHL	6	SMR	1.89 (0.69–4.12)	
						Mortality	Leukemia	2	SMR	0.64 (0.08–2.31)	
						Mortality	HL	0	SMR	0 (0–10.4)	
						Mortality	NHL	1	SMR	2.94 (0.07–16.4)	
						Mortality	Leukemia	5	SMR	1.90 (0.62–4.44)	
Mortality	MM	6	SMR	4.01 (1.47–8.73)							
Mortality	All LH neoplasms	13	SMR	1.80 (0.96–3.08)							

LH neoplasms lymphatic and hematopoietic neoplasms, MR mortality ratio, SIR age-standardized incidence ratio, SMR age-standardized mortality ratio

^a Confidence intervals of the SMR were not reported in the original paper. Data shown in table were calculated assuming a Poisson distribution of the observed deaths

0.72–3.71) and a significant excess risk of MM only in a cohort of hourly workers (6 observed deaths, SMR 4.01, 95 % CI 1.47–8.73). These workers were involved in a broad range of production and maintenance activities, with a higher potential for exposure to wood preservatives than the salaried employees.

The meta-analytic estimates did not indicate any increased risk of leukemia (meta-RR 1.27, 95 % CI 0.45–3.55, based on 5 cases), while it suggested a borderline significant excess risk of NHL (meta-RR 2.01, 95 % CI 0.96–4.22, based on 7 cases) (Fig. 2).

Discussion

Our meta-analysis indicates that in general workers whose jobs entail a high PAH exposure did not have a significant excess risk of lymphatic and hematopoietic neoplasms.

Meta-analytic estimates suggest a possible association for some combinations of neoplasm and job or industry, such as workers exposed to creosote or aluminum workers and risk of NHL, or foundry workers and risk of HL. However, these associations did not reach the level of statistical significance.

To our knowledge, this is the first attempt to pool quantitatively the existing data on the association between occupational activities related to high PAH exposure and lymphatic and hematopoietic neoplasms. The existing data come from individual studies that for the most part have low power to detect any association, since the incidence of these neoplasms is relatively low. Therefore, our meta-analysis was able to quantify an association that single studies could not adequately estimate by substantially increasing the number of cases.

Only 4 studies out of the 41 studies identified in this meta-analysis found a significant increased risk of lymphatic and hematopoietic neoplasms: 2 articles that reported excess risk of all lymphatic and hematopoietic neoplasms in aluminum plant workers (Milham 1979; Carta et al. 2004), one study that found increased risk of leukemia in iron and steel foundry workers (Hoshuyama 2006) and one study that found excess risk of MM in creosote-exposed workers (Wong and Harris 2005). Moreover, in the study by Spinelli et al. (2006) on aluminum plant workers NHL risk increased with increasing levels of benzo-(*alpha*)-pyrene (BaP) in workplace air, suggesting a dose-risk relationship.

In our meta-analysis, we could not verify a dose-risk relationship because only a minority of the studies included in the meta-analysis quantified PAH exposure through environmental or biological monitoring (Moulin et al. 1989; Gustavsson 1995; Bye et al. 1998; Romundstad et al. 2000; Mori 2002; Carta et al. 2004; Spinelli et al. 2006). However, a reliable quantification of PAH exposure on

individual basis is challenging since exposure levels vary depending on industry, work category, country and time period. Some workers may have changed their work category even in the same industry and then may have been exposed to different amount of PAH during the period of observation.

Air sampling data from some of the studies included in the meta-analysis showed a high inhalation exposure in the aluminum production industry, with air PAH concentrations up to 1000 $\mu\text{g}/\text{m}^3$ in the work environment of some job categories employed in plant operating the Soderberg process prior to 1985 (Romundstad et al. 2000), while levels ranged up to 41.8 $\mu\text{g}/\text{m}^3$ for total PAHs and 1.9 $\mu\text{g}/\text{m}^3$ for BaP in an aluminum production plant operating in Italy since 1972 (Carta et al. 2004). In a coke plant in Norway that operated from 1964 to 1988, the PAH levels ranged between 0 and 300 $\mu\text{g}/\text{m}^3$ (Bye et al. 1998), and there was some evidence of a trend toward lower exposures over time in western Europe and the US, but no adequate estimates were available from Asian and eastern European countries (IARC 2010). Exposure to PAH differed considerably between and within graphite electrode plant. BaP mean levels have been reported to vary between 0.46 $\mu\text{g}/\text{m}^3$ in one French plant (Moulin et al. 1989), 11.5 $\mu\text{g}/\text{m}^3$ in a Japanese plant (Mori 2002), and 40 $\mu\text{g}/\text{m}^3$ a Swedish plant (Gustavsson 1995).

Studies not included in the meta-analysis suggest high PAHs exposure also in foundry workers, with a Danish study reporting a mean total PAHs air concentration of 10.5 $\mu\text{g}/\text{m}^3$ (Omland et al. 1994), and in paving and roofing involving coal-tar pitch, where exposures varied widely between sites. In one study, the majority of exposures were below the limits of detection; in another study, exposures ranged up to 64.5 $\mu\text{g}/\text{m}^3$ for BaP (IARC 2010).

The advances in technology reduced considerably PAH exposure (Romundstad et al. 2000), however, some job categories are still exposed to high PAH levels, even in a recent period (Unwin et al. 2006).

Moreover, some industries, such as iron, steel, aluminum and asphalt industry, entail exposure to other carcinogens beyond PAH, including formaldehyde, aromatic amines, benzene and asbestos (Seldén et al. 1997; Westberg et al. 2013).

We were unable to control for potential confounding factors, such as socioeconomic status, infections and other environmental factors, or because the information was not available or because was not used in the analysis due to the small number of cases (Spinelli et al. 2006). Socioeconomic conditions and prevalence of lifestyle and environmental risk factors are likely to differ among local areas, and the choice of regional or national population as reference might have biased the results. To avoid potential problems related to the use of the national population as reference, a few studies used workers who had the

same employment process but a different exposure status: from three of these studies on foundry workers generally emerged an excess risk (Hansen 1997; Hoshuyama 2006; Yoon and Ahn 2014) while three studies on coke workers reported inconsistent results (Redmond 1979; Swaen et al. 1991; Costantino 1995).

Despite including all available studies, the limited number of cases gathered in this meta-analysis might have not allowed to detect relatively small risk differences among workers exposed to PAHs. This is particularly true for the risk of MM in foundries, leukemia in coke plants and tar distilleries and NHL and leukemia in creosote-exposed workers, where the number of observed cases was below 20. The small number of cases prevented us to carry out subgroup analyses by country, time period, reference population, period of employment, duration of exposure or job category.

Although we did not find definite evidence of an association between any occupational exposure to PAH and risk of any lymphatic and hematopoietic neoplasm, future studies should evaluate dose-risk relationships on the basis of additional follow-up and should be focused on those workers with very high PAH exposure.

In conclusion, the results of our meta-analysis and the epidemiological evidence available up to date do not support a significant excess risk of lymphatic and hematopoietic neoplasms among workers whose job entails a high PAH exposure.

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