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Malrotation of the fxed‑bearing posterior stabilized total knee prosthesis causes a postoperative rotational mismatch between the femur and tibia

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Abstract

Purpose This study aimed to identify factors associated with rotational mismatch after total knee arthroplasty (TKA) using fxed-bearing posterior stabilized prosthesis and to evaluate the impact of the rotational mismatch on clinical outcomes.

Methods This retrospective cohort study included 159 cases that underwent TKA. Whole-leg computed tomography images were obtained 2 weeks after TKA, with three-dimensional measures of alignment. Rotational alignment of the femoral and tibial components and rotational mismatch between components and between the femur and tibia bones were evaluated. The new Knee Society Score (KSS) was obtained at the fnal outpatient visit, which was defned as the fnal follow-up timepoint. Predictive factors were identifed for rotational mismatch of the lower extremity and poor new KSS.

Results The mean follow-up period was 42 ± 16 months. Rotational mismatch $\geq 10^{\circ}$ between bones was identified in 56 cases (35%), with a mean mismatch angle of $5.0^{\circ} \pm 9.1^{\circ}$ of external rotation of the tibia relative to the femur. Rotational mismatch $\geq 10^{\circ}$ between components was identified in three cases (2%; mean 0.3° \pm 3.6° of internal tibial rotation). A multivariate regression analysis showed that component malrotation was predictive of post-operative rotational mismatch between bones $(p<0.01)$ and rotational mismatch $\geq 10^{\circ}$ associated with poor new KSS (odds ratio 4.22; $p < 0.01$).

Conclusion Malrotation of the fxed-bearing posterior stabilized TKA causes a rotational mismatch between the femur and tibia bones. Excessive rotational mismatch between bones greater than 10° is a risk factor for poor postoperative functional outcome. Precise component positioning is essential for improving TKA outcomes. **Level of evidence** III

Keywords TKA · 3D · Total knee arthroplasty · Rotation · Mismatch · Malrotation

Introduction

Precise alignment of the components of a knee prosthesis along the three planes of motion is important for obtaining good clinical results after total knee arthroplasty (TKA). Rotational malposition of the components has been associated with knee pain [[17\]](#page-9-0) and stifness [[2\]](#page-9-1), increased pres-sure at the patellofemoral joint [\[28](#page-10-0)], and TKA revision [\[19](#page-9-2)].

Therefore, rotational alignment is especially important for successful TKA outcomes.

The rotational parameters of alignment include the position of the components (femur-to-femoral component or tibia-to-tibial component) and rotational mismatch between the long bones and/or components (femur-to-tibia or femoral-to-tibial component). However, the relationship between each parameter of lower limb alignment and rotational alignment of the prosthesis components has not been clearly established. A systematic review of rotational alignment after TKA highlighted the lack of assessments of rotational mismatch between the prosthesis components and between the long bones of the lower extremity [\[27\]](#page-10-1); therefore, the cause of rotational mismatch is unclear. Because the prosthetic design could affect rotation alignment $[20]$ $[20]$, it is necessary to assess rotational parameters for the same prosthetic

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design. A fxed-bearing posterior stabilized (PS) prosthesis is one of the most commonly used TKA prosthesis globally [\[6](#page-9-4), [8](#page-9-5), [23\]](#page-10-2). As such, understanding the factors associated with malrotation of the components of the fixed-bearing PS prosthesis is clinically relevant. The hypotheses were that malrotation of the TKA components would correlate with post-operative rotational mismatch among bones or components, and that the presence of rotational mismatch would lead to poor clinical outcomes. The aims of this study were to clarify factors associated with rotational mismatch after TKA using a fxed-bearing PS prosthesis and to evaluate the impact of rotational mismatch on clinical outcomes.

Materials and methods

Patient selection

Eligible cases were consecutive TKA procedures performed at our institution between December 2012 and April 2017. Patients who underwent fixed-bearing PS TKA for the treatment of primary knee osteoarthritis (OA) with a varus deformity were included. Of the 357 included cases, 198 were excluded based on exclusion criteria, as follows: use of other design prostheses $(n=153)$; presence of a valgus deformity of the knee $(n=14)$; and TKA for diseases other than primary knee OA, such as rheumatoid arthritis, osteonecrosis, or post-traumatic knee OA (*n*=31). Ultimately, a total of 159 TKAs were analysed in this study (Fig. [1\)](#page-1-0).

Radiological parameters

For all patients, whole-leg plane radiographs and computed tomography (CT) images were obtained 2 weeks after TKA, with CT images obtained with patients in a supine position with the knee in full extension. To minimize radiation exposure, the diaphysis of the femur and that of the tibia were excluded from the CT image range. The hip–knee–ankle (HKA) angle was measured using the standing radiographs and SYNAPSE (version 02.03; FUJI-FILM Medical Co. Ltd., Tokyo, Japan) [\[16\]](#page-9-6). The medial angle between mechanical axis of the femur and the tibia was defned as HKA angle, with a varus deformity defned by an angle $\lt 178.5^\circ$, based on a previous report [[11](#page-9-7)]. Coronal, sagittal, and rotational alignment of the components were measured using reconstructed 3-dimensional (3D) CT images (ZedKnee version 10.5; LEXI Co., Ltd., Tokyo, Japan) according to a previous report [[25](#page-10-3)]. Rotational alignment of each component as well as rotational mismatch between the femur and tibia bones and between the femoral and tibial component were measured as the rotational parameters (Fig. [2](#page-2-0)). The reproducibility of the measurements was confrmed. For intra-observer reliability, each radiological parameter was measured twice, on 20 knees, at an interval \geq 4 weeks by one orthopedic surgeon. For inter-observer reliability, two orthopedic surgeons measured each radiological parameter twice, on 20 knees, at an interval \geq 4 weeks. The intra-class and inter-class

Fig. 2 Schema of the threedimensional (3D) measurement of the rotational parameters. A 3D image reconstructed from whole-leg computed tomography images is shown. Schema indicates the measured rotational alignment of the femoral and tibial components, rotational mismatch between the femur and tibia bones, and rotational mismatch between the femoral and tibial components

correlation coefficients for the radiological measurements, respectively, were as follows: coronal alignment of the femur, 0.91 and 0.87; sagittal alignment of the femur, 0.90 and 0.89; rotational alignment of the femur, 0.91 and 0.84; coronal alignment of the tibia, 0.93 and 0.84; sagittal alignment of the tibia, 0.91 and 0.84; rotational alignment of the tibia, 0.93 and 0.92; rotational mismatch between the femur and tibia bones, 0.94 and 0.89; and rotation mismatch between the components, 0.98 and 0.95.

Defnition of baseline measurements of alignment

Baseline coronal and sagittal alignment of the prosthesis were measured as the angle of a line (relative to the coronal and sagittal plane) from the centre of the hip or ankle joint to the centre femoral and tibial component, respectively [[25](#page-10-3)]. Rotational parameters were defned relative to the trans-epicondylar axis (TEA) of the femur and Akagi's line of the tibia [[1\]](#page-9-8). The TEA was drawn from the lateral epicondyle to the most prominent point on the medial epicondyle of the femur [\[4](#page-9-9)] (Fig. [3a](#page-3-0)). The Akagi's line was drawn from the centre of the attachment of the posterior cruciate ligament to the medial surface of the tibial tuberosity (Fig. [3](#page-3-0)b). Diferences between baseline and component measurements were used to defne the alignment of the prosthesis components. Rotation of the femoral component was measured in the plane perpendicular to the femoral baseline (the line from the femoral head to the femoral component centre), and rotation of the tibial component was measured in the plane perpendicular to the tibial baseline (the line from the ankle centre to the tibial component centre). Rotational mismatch between the femur and tibia bones was defned by the angle between the TEA and Akagi's line (Fig. [3](#page-3-0)c), with the angle between the centreline of the femoral and tibial components providing the rotational mismatch between components (Fig. [3d](#page-3-0)). Rotational mismatch between the femoral and tibial bones or between the femoral and tibial components was measured in the same plane. At frst, the TEA or the centreline of the femoral component was drawn in the plane perpendicular to the femoral baseline. The drawn TEA or the centreline of the femoral component was then projected parallel onto the plane perpendicular to the tibial baseline automatically using software. Akagi's line or the centreline of the tibial component was drawn in this plane. Finally, the rotational mismatch angle could be measured in the same plane (i.e., the plane perpendicular to the tibial baseline). A positive value was indicative of varus alignment with the component in the coronal plane, fexion or posterior tilt in the sagittal plane, or external rotation. A positive value of the angle between the TEA and Akagi's line indicated an external rotation position of the tibia (or tibial component) relative to the femur (or femoral component). Outliers of prosthetic alignment in the coronal and sagittal planes were defined by an angle $\leq 3^{\circ}$ or $> 3^{\circ}$, with excessive rotational mismatch defined as an angle $\leq 10^{\circ}$ or > 10°, as previously described [[29\]](#page-10-4).

Clinical parameters

The conventional Knee Society Score (KSS) was evaluated before surgery and at the fnal follow-up according to previous methods [[12](#page-9-10)]. The patient reported-outcome measurement portion of the new 2011 version of the KSS (new KSS) and the 12-item Forgotten Joint Score (FJS-12) were

Fig. 3 Baseline measurement of each rotational parameter. The Baselines for 3D measurements of each rotational parameter are shown. A positive value indicates the position of the component in external rotation. **a**, **b** The trans-epicondylar axis (TEA) of the femur and Akagi's line of the tibia measured at baseline are shown. The component rotations were measured in the plane perpendicular to each bone baseline. **c** Change in the angular position of the femur and tibia

evaluated at the fnal follow-up [\[3](#page-9-11), [21](#page-10-5)]. The lower quartile of the new KSS subscales was defned as a poor clinical out-come [\[5](#page-9-12)]. The following cut-off values were used: symptom score, \leq 17 points; satisfaction, \leq 20 points; expectations, \leq 9 points; and functional activities, \leq 43 points.

Surgical technique

The same fxed-bearing PS prosthesis (Vanguard PS, Zimmer Biomet, Warsaw, IN, USA) was used for all cases, and all TKA procedures were performed by the same surgical team using a medial para-patellar approach. The target position of the femoral and tibial components in both the coronal and sagittal planes was perpendicular to the mechanical axis. In the rotational plane, the femoral component was aligned to achieve an equal fexion and extension gap, with the position of the tibial component set manually to be parallel to Akagi's line [[15](#page-9-13)].

Statement of ethics

Informed consent was obtained from all patients before enrolment into the study. The protocol of this study was

bones relative to baseline in cases of rotational mismatch between the femur and tibia bones. **d** Angle between the centreline of the femoral and tibial components indicative of rotational mismatch between components. Rotational mismatches were measured in the same plane. The drawn femoral baseline (TEA or the centreline of the component) in the femoral plane was projected parallel onto the tibial plane automatically using software

approved by the Osaka City University Institutional Review Board (ID number: 1280).

Statistical analysis

Continuous variables were described using means and standard deviations. Categorical variables were tabulated with absolute frequencies. All variables were confrmed as parametric using the Kolmogorov–Smirnov test. Baseline lower limb alignment and component alignment measures were compared between patients with and without excessive rotational mismatch using Student's *t* test. The rates of excessive rotational mismatch between the femur and tibia bones and between the femoral and tibial components were compared using McNemar's test, which is appropriate for comparisons of nominal variables within the same population. Correlations between component alignment and rotational mismatch among femorotibial bones and correlations between component rotational alignment and the new KSS subscales were analysed using Pearson's correlation coeffcient. A multivariate linear regression analysis controlling for confounding variables was used to identify factors predictive of rotational mismatch between the femur and tibia.

A multivariate logistic regression analysis was used identify factors predictive of poor clinical outcomes according to the new KSS subscales.

The signifcant digits were set as follows: age, height, weight, follow-up period, the HKA angle, and clinical parameters were reported as integers; radiological parameters, except for the HKA angle, were reported to the frst decimal place; the intra- and inter-class correlation coefficients, as well as correlation coefficients (r) , standard coeffcients, and odd's ratio are reported to two decimal places.

To determine the adequate sample size, a power analysis was performed for each subscale of the new KSS. According to a previous report regarding the new KSS and rotational parameters, the expected diference between those with and without rotational mismatch for each subscale was as follows: symptoms, 3 ± 4 points; satisfaction, 5 ± 5 points; expectations, 2 ± 2 points; and functional activities, 16 ± 17

Table 1 Patient characteristics

Variables	$N = 159$	
Age at operation (years)	$78 \pm 6 (57 - 91)$	
Female, n $(\%)$	135 (85)	
Height (cm)	150 ± 8 (134-179)	
Weight (kg)	$56 \pm 9 (36 - 87)$	
Right knee, n (%)	72(45)	
Follow-up periods (month)	42 ± 16 (11-72)	

Mean, standard deviation, and range were provided

Table 2 Radiological parameters

points [\[13](#page-9-14)]. Based on these diferences in subscale scores, a sample size of 28 patients or more was determined to be adequate to provide appropriate power (β =0.80) with the significance level set at 0.05. Statistical significance was defined as $p < 0.05$. Statistical analyses were performed using the R software package (version 3.1.1, R core team 2014: R Foundation of Statistical Computing, Vienna).

Results

Patient characteristics are presented in Table [1](#page-4-0) and radiological parameters in Table [2](#page-4-1). The histograms of rotational mismatches (Fig. [4](#page-5-0)c, d; Table [3](#page-5-1)) indicated that the incidence of excessive rotational mismatch was more frequent between the femur and tibia bones than between the femoral and tibial components. The functional activity subscore of the new KSS was signifcantly lower among patients with than without excessive rotational mismatch between the femur and tibia bones (Table [3\)](#page-5-1). A signifcant positive correlation was identifed between a rotational mismatch of the femur and tibia bones and the rotational alignment of the femoral and tibial components (Fig. [5c](#page-6-0), f). On multivariate linear regression analysis, malrotation of the femoral and tibial components was an independent risk factor of rotational mismatch between the femur and tibia bones after surgery (Table [4](#page-6-1)). Moreover, excessive rotational mismatch between the femur and tibia bones was an independent risk factor for a poor

Positive degrees meant varus in coronal plane, fexion or posterior tilt in sagittal plane, external rotation in rotational plane. Mean, standard deviation, and range were provided. $p < 0.01$ with McNemar's test

Rotational mismatch between femoral component and tibial component

Fig. 4 Histograms for each of the measured rotational parameters. The distribution of values for each rotational parameter is shown. **a**, **b** The alignments of femoral and tibial components tended to be an internal rotation. **c**, **d** The distribution of rotational mismatch between the femur and tibia bones shows a tendency for an external position of the tibia relative to the femur. The distribution shows the near absence of rotational mismatch between components. The frequency of cases of excessive rotational mismatch (>|10°|) between the femur and tibia bones $(n=56)$ was significantly greater than that for excessive rotational mismatch between the components $(n=3, p<0.01)$

Table 3 Clinical parameters

KSS knee society score, *FJS* forgotten joint score, *HKA* hip knee ankle, *n.s.* not signifcant. Mean and standard deviation were provided

*Parameters were compared using student-*t* test between patients with excessive rotational mismatch and without it

Fig. 5 Correlation between the alignment of each prosthetic component and rotational mismatch between the femur and tibia bones. A signifcant positive correlation was identifed between rotational mismatch of the femur and tibia bones and rotational alignment of the

femoral ($r = 0.43$; $p < 0.01$) and tibial ($r = 0.87$; $p < 0.01$) components. Rotational mismatch between the femur and tibia bones was not correlated with any other alignment parameter of the components

Table 4 Multiple linear regression model for rotational mismatch between femur and tibia bones

Variables	Standardized coefficient (SE)	<i>p</i> value
Intercept	$-2.01(10.6)$	
Age at operation	$-0.06(0.62)$	n.s
Gender (male = 0, female = 1)	$-0.79(1.13)$	n.s
Operation side (right = 0, left = 1)	$-0.35(0.61)$	n.s
Height	0.07(0.06)	n.s
Weight	$-0.04(0.04)$	n.s
Preoperative HKA angle	$-0.10(0.06)$	n.s
Postoperative HKA angle	0.24(0.28)	n.s
Coronal alignment of femoral component	$-0.24(0.19)$	n.s
Coronal alignment of tibial component	$-0.07(0.21)$	n.s
Sagittal alignment of femoral component	$-0.08(0.13)$	n.s
Sagittal alignment of tibial component	0.14(0.16)	n.s
Rotational alignment of femoral component	0.94(0.10)	${}_{< 0.01}$
Rotational alignment of tibial component	$-1.05(0.05)$	< 0.01

This model showed that R^2 was 0.86, adjusted R^2 was 0.85, and p value was < 0.01 . Total of 151 cases was estimated in this model *SE* standard error, *HKA* hip knee ankle, *n.s.* not signifcant

functional activity score after surgery, with an odds ratio of 4.22 (Table [5;](#page-7-0) Fig. [6](#page-8-0)).

Discussion

The most important fnding of the present study was that malrotation of the femoral and tibial components resulted in rotational mismatch between the femur and tibia bones after TKA using a fxed-bearing PS prosthesis. Moreover, the resulting excessive rotational mismatch between the femur and tibia bones was an independent risk factor for a low functional activity KSS after TKA.

The use of 3D measurements is desirable for an accurate assessment of prosthetic alignment in the rotational plane [\[18](#page-9-15)]. To the best of our knowledge, no previous reports have measured rotational mismatch between the femur and tibia bones using 3D measurements and analysed the correlation between rotational mismatch and the clinical outcomes after TKA using fxed-bearing prosthesis in detail. Therefore, the fndings of a greater incidence of excessive rotational mismatch between the femur and tibia bones than that between **Table 5** Multiple logistic regression model for poor new KSS functional activities

P value of this model was 0.04. Total of 138 cases was estimated in this model

KSS knee society score, *HKA* hip knee ankle, *CI* confdence interval, *n.s.* not signifcant

the femoral and tibial component and of a signifcant positive correlation between malrotation of femoral and tibial components and rotational mismatch of the lower extremity is clinically meaningful. It was also important that there were few rotational mismatches between the femoral and tibial components of the fxed-bearing PS prosthesis. This fnding suggested that the fxed-bearing PS prosthesis itself does not have any capacity to absorb rotation mismatch of the lower extremity after TKA, despite the statement in the product manual of $a \sim 15^{\circ}$ tolerance of rotation between the femoral and tibial components. This study highlights the importance of precisely setting the femoral and tibial components when using a fxed-bearing PS TKA to prevent post-operative rotational mismatch between the femur and tibia bones.

The association of internal femoral malrotation and post-operative new KSS for functional activities has been reported [[13](#page-9-14)]. Internal malrotation of the femoral component caused restriction of the natural knee kinematics in a cadaver study; however, its external malrotation caused few changes [\[10](#page-9-16)]. A recent systematic review showed that excessive internal rotation of the tibial component is a risk factor for poor functional outcomes after TKA, but that external rotation does not affect the results [\[19](#page-9-2)]. Rotational mismatch of more than 10° among the femoral and tibial components resulted in worse functional scores because of abnormal knee kinematics [\[14](#page-9-17)]. However, the association of rotational mismatch between the femur and tibia bones has been unclear until this study. Considering previous results and this study fndings, post-operative functional activities could be relatively easily afected by component malrotation and rotational mismatch.

There are three approaches to address the issue of postoperative rotational mismatch. The frst is improving the accuracy of aligning the components at the time of implantation by using computer-assisted navigation and patientspecifc instrumentation to reduce the risk of excessive rotational mismatch [\[9,](#page-9-18) [22](#page-10-6), [30](#page-10-7)]. The second is the adjustment of tibial component rotation according to the rotation of the femur after multiple extension-fexion movements with trial implants (i.e., range of motion technique) [[7](#page-9-19)]. This might help to improve the accuracy of setting the implant rotation. The third is to increase the tolerance of the prosthesis itself to absorb rotational mismatch, as is possible when using a mobile-bearing prosthesis [[24\]](#page-10-8). Therefore, selecting an adequate strategy to prevent post-operative rotational mismatch to improve clinical outcomes after TKA would be advantageous.

The advantages of this study are as follows. First, all radiological parameters of alignment were assessed using 3D measurements with high accuracy [\[26\]](#page-10-9). Second, all procedures were performed by the same surgical team using the same surgical approach and the same TKA prosthesis. Third, we evaluated the relationship between radiological fndings and clinical outcomes at the fnal follow-up.

The clinical relevance of this study is to clarify the importance of avoiding malrotation of fxed-baring PS prosthesis for preventing rotational mismatch between the femur and tibia bones and postoperative poor functional activities.

The limitations of this study should also be acknowledged. First, this study fndings are the result of analysing the fxed-bearing PS prosthesis used for knee osteoarthritis with varus deformity; therefore, they may not be applicable to other prosthesis designs, diseases, or deformities. Second, CT images used for 3D measurements were obtained with patients in the supine position with the knee in full (non-weight-bearing) extension. Because the rotational mismatch between the femoral and tibial components of the fxed-bearing PS TKA was not identifed, the same results would be anticipated in the standing position with weight bearing because the constraint between the components of the prosthesis would only increase under vertical loading during weight bearing. However, this study was not designed to evaluate the rotational parameters in knee fexion; a further study would be warranted to clarify this issue. Third, pre-operative rotational mismatch was not measured in this study. The variations in pre-operative rotational mismatch or anatomical variance could possibly afect the post-operative results.

In conclusion, this study highlights the importance of accurate alignment of the femoral and tibial components of the fxed-bearing PS TKA to prevent post-operative rotational mismatch of the lower extremity. This study fndings of a signifcant positive correlation between rotational mismatch between the femur and tibia bones after TKA and lower patient-reported functional score (measured using the new KSS) are the clinical importance. Precise component positioning is essential for improving TKA outcomes.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conficts of interest.

Ethical approval All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional research committee.

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