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Inhalation of NO during myocardial ischemia reduces infarct size and improves cardiac function

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Abstract *Purpose:* Bioactive NO carriers in circulating blood formed during NO inhalation selectively distribute blood flow to areas in need, and may thus improve collateral perfusion to the area-at-risk in acute myocardial infarction (AMI). Here, we tested the hypothesis that NO inhalation during the ischemic phase of AMI may improve left ventricular function and reduce infarct size in rats. *Methods:* Following left anterior descending coronary artery (LAD) occlusion, rats received 50 ppm NO for 2 h of ischemia, during subsequent 3 h of reperfusion, or for 5 h of ischemia and reperfusion. Effects of inhaled NO were compared to those of intravenous nitrite as a putative carrier formed during NO inhalation. Downstream signaling via soluble guanylate

cyclase was tested by inhibition with 1*H*-[1,2,4]oxadiazolo[4,3-*a*]quinoxalin-1-one (ODQ). *Results:* NO inhalation during myocardial ischemia increased left ventricular systolic pressure, contractility, relaxation, and cardiac output, and reduced myocardial infarction size and area-at-risk as compared to untreated controls. NO inhalation during the reperfusion phase caused a comparable protective effect. Combined inhalation during ischemia and reperfusion did not further improve left ventricular hemodynamics, but had an additive protective effect on the myocardial area-at-risk. NO inhalation increased circulating nitrite levels, and mimicking of this effect by intravenous nitrite infusion achieved similar protection as NO inhalation during myocardial ischemia, while ODQ blocked the protective NO effect. *Conclusions:* Inhalation of NO during myocardial ischemia improves left ventricular function and reduces infarct size by mechanisms that increase levels of circulating nitrite and involve soluble guanylate cyclase. NO inhalation may represent a promising early intervention in AMI.

Keywords Nitric oxide · Inhalation · Myocardial infarction · Collateral perfusion · Nitrite

Introduction

In acute myocardial infarction (AMI), the time lag between ischemic insult and onset of reperfusion predicts myocardial infarct size (IS) and hence prognosis. Frequently, however, revascularization cannot occur within the critical interval of 12 h [1]. Current strategies to reduce morbidity and mortality from AMI therefore focus on logistic measures to shorten the time between AMI and revascularization, and on cardioprotective approaches to attenuate myocardial necrosis up to the time of revascularization. Yet, therapeutic interventions initiated after the onset of ischemia are hampered by the problem that systemically delivered drugs will not reach the infarcted tissue because of inadequate perfusion.

Increasing collateral perfusion to the infarcted area provides a promising alternative strategy, as it will increase oxygen and substrate delivery to the area-at-risk (AAR) surrounding the initial infarct core and thus attenuate the progression of IS. However, systemic vasodilators are contraindicated in AMI, as they will not selectively increase collateral perfusion, but instead redistribute blood flow from ischemic to healthy myocardium ("steal effect") [2] while reducing coronary perfusion pressure [3].

Conversely, early interventions in AMI should aim to selectively improve perfusion to the AAR, thus causing an inverted steal adequately termed the Robin Hood effect [4]. In murine and ovine models of ischemic stroke, we recently realized this effect through inhalation of NO [5]. Inhaled NO (NO_i) results in the formation of stable NO carriers in blood, namely nitrite [6, 7], which may conserve and circulate NO bioactivity and release NO when hemoglobin desaturates [8–10], thus redistributing blood flow preferentially to hypoxic tissues. Hence, we hypothesized that NO_i may provide a novel and attractive therapeutic option for the treatment of AMI, and tested this concept in a rat model of AMI.

Materials and methods

Animals

Male Sprague–Dawley rats (375 ± 25 g body weight (bw)) were from Charles River (Sulzfeld, Germany). All animals received care in accordance with the *Guide for the Care and Use of Laboratory Animals* (National Academy Press, Washington, DC 1996). The study was approved by the Animal Care and Use Committee of the local government authorities.

Materials

All substances were from Sigma-Aldrich (Taufkirchen, Germany) unless stated otherwise.

Surgical preparation

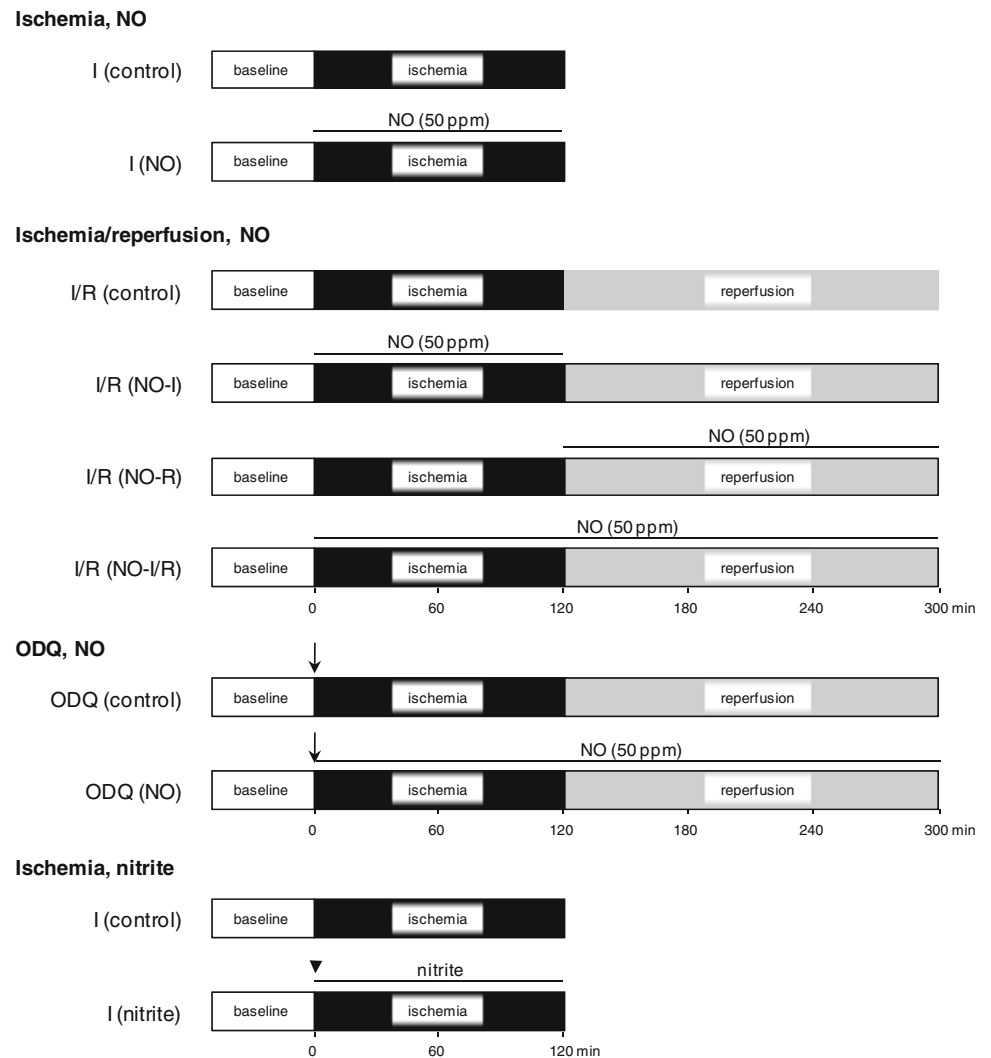
Rats were anesthetized as described [11] and placed in supine position on a thermostatic blanket to maintain body temperature at 37.5 °C. Following tracheostomy, rats were ventilated at 70 breaths/min with peak inspiratory and positive end-expiratory pressures of 13.1 ± 1.1 and 5 cmH₂O. Right carotid artery and left jugular vein were cannulated for hemodynamic monitoring, blood sampling, and drug delivery. A Mikro-Tip 2-F catheter was advanced from the carotid artery into the left ventricle for continuous recording of left ventricular pressure (LVP) and maximal and minimal rate of LVP change (dp/dt max and dp/dt min). For cardiac index (CI) measurements, a 250-μL bolus of 4 °C cold 0.9 % saline was injected into the right atrium via a catheter inserted from the right jugular vein, and detected by a thermocouple (IT-24P-Microprobe, Physitemp Instruments, Clifton, NJ) positioned in the aorta [12]. Thermodilution measurements were performed in triplicate. Following a midline thoracotomy, the pericardium was opened for left anterior descending coronary artery (LAD) ligation.

Experimental protocol

After 15 min stabilization, baseline hemodynamics were recorded, and arterial blood samples obtained. The LAD was reversibly ligated 2–3 mm from its origin [13], and AMI was evident as acute discoloration of the left ventricle. In experimental groups undergoing reperfusion, the ligature was removed after 120 min. Thirty minutes prior to euthanasia, a bolus of 30 mg Evans Blue (EB) was injected intravenously. Animals were euthanized by exsanguination, and hearts were excised for determination of AAR and IS.

The effects of NO_i were studied first in myocardial ischemia alone, then in a model of 2 h of ischemia and 3 h of reperfusion, and finally in the presence of the soluble guanylate cyclase (sGC) inhibitor 1*H*-[1,2,4]oxadiazolo[4,3-*a*]quinoxalin-1-one (ODQ) [14] (Fig. 1). Nitric oxide was inhaled at 50 ppm for indicated time intervals and the inspiratory NO concentration was continuously monitored (Dräger Pac 3, Dräger, Lübeck). ODQ (10 μg/kg bw) was administered intravenously [15] with the start of NO inhalation. In a subset of experiments, we mimicked the effects of NO_i by intravenous nitrite infusion. To this end, we assessed nitrite concentrations in arterial blood during inhalation of 50 ppm NO using an ozone-based chemiluminescence detector (Model 280 nitric oxide analyzer; Sievers Instruments, Boulder, CO) [16–18]. Next, we tested different intravenous nitrite dosing strategies for their ability to reproduce similar plasma levels.

Fig. 1 Schematic diagram of the experimental design. The effects of inhaled nitric oxide were assessed in models of myocardial ischemia (2 h), in myocardial ischemia (2 h) with subsequent reperfusion (3 h), and in the presence of the soluble guanylate cyclase inhibitor ODQ, respectively. Similarly, the effects of intravenous nitrite in acute myocardial ischemia (2 h) were determined. Time intervals of NO inhalation and nitrite infusion, respectively, are indicated by *horizontal bars*. Arrows indicate infusion of ODQ, *arrowhead* infusion of initial nitrite bolus



Quantification of myocardial area-at-risk and infarct size

Infarct size, i.e., the area in which the myocardium has succumbed to irreversible cell death, and AAR, i.e., the still viable yet unperfused myocardium surrounding the infarct core, were quantified by the EB and tetrazolium chloride staining techniques [19–21]. The left ventricle was cut into 5–6 horizontal slices (each 1.5 mm thick) perpendicular to the LAD axis. Each slice was weighed, immersed in 1 % triphenyl-tetrazolium chloride (TTC) for 20 min, and then bleached with 4 % formaldehyde for 30 min. Pre mortem infusion of EB stained perfused myocardium in blue, demarcating the border of the AAR, while TTC stains viable myocardium red. Consequentially, intact myocardium appears in dark violet, the AAR in red and the infarct core in white. AAR and IS were quantified as surface area in each slice by Image-J (NIH, Bethesda, MD), referred to slice weight, and expressed as percentage of left ventricular mass [22].

Statistical analyses

Data are presented as means \pm SEMs. Values of different groups were compared by Mann–Whitney *U* test for two and Kruskal–Wallis and post hoc Dunn’s multiple comparison test for more than two independent groups, and by two-way repeated measures ANOVA for multiple testing at different time points. Statistical significance was assumed at $P < 0.05$.

Results

NOi improves left ventricular function in AMI

First, we tested the effect of NOi during 2 h of ischemia without reperfusion (Fig. 2, solid lines). In untreated controls, LAD occlusion caused an instantaneous decline in left ventricular function that was followed by a further

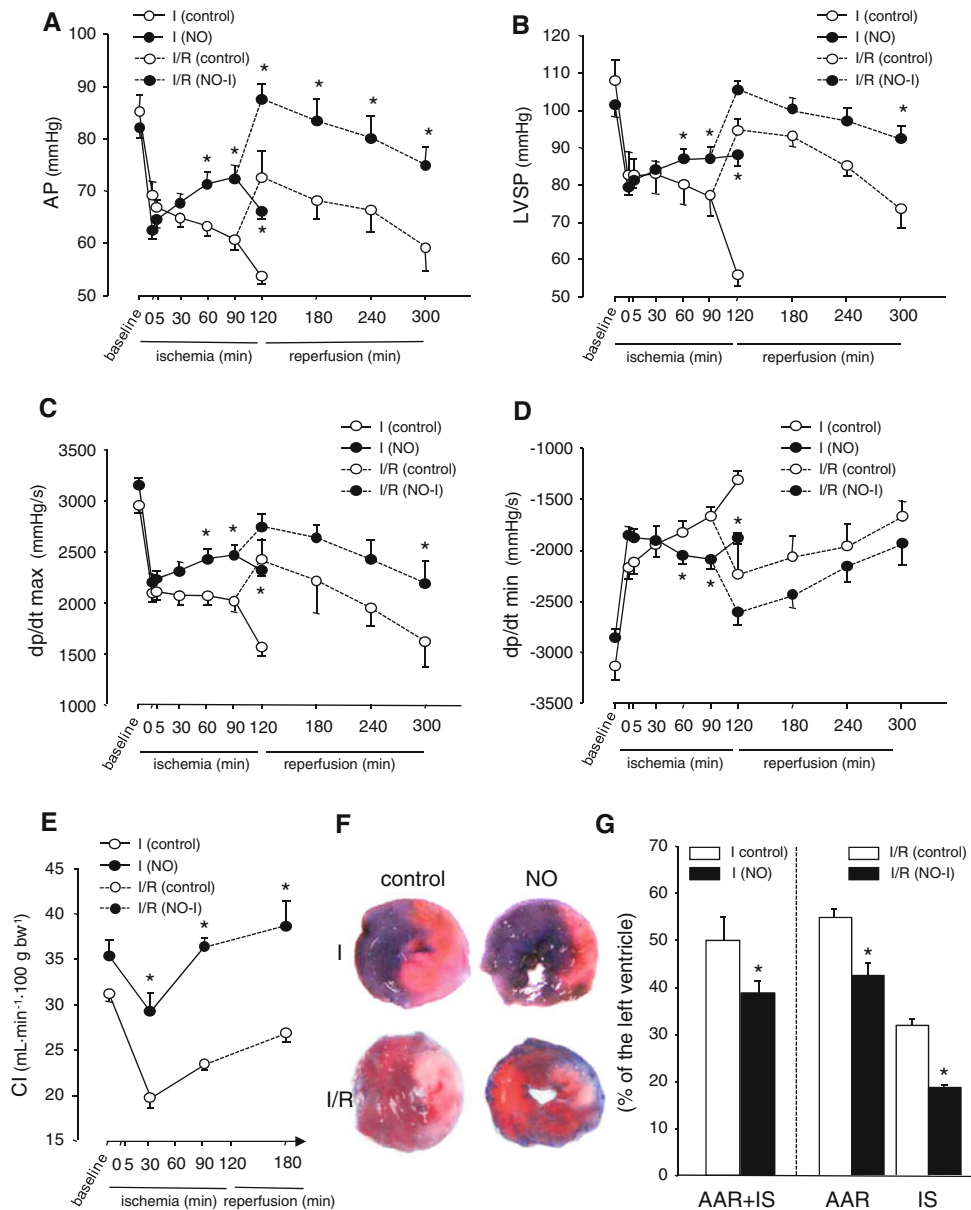


Fig. 2 Protective effect of NO inhalation during myocardial ischemia. Rats were subjected to either 2 h of ischemia only (I; *solid lines* in **a–e**) or 2 h of ischemia, followed by 3 h of reperfusion (I/R; *dotted lines*). Values between baseline and 90 min show combined data from both I and I/R groups. Concurrent with the onset of ischemia, rats in both I and I/R groups received inhaled NO (50 ppm; I (NO) or I/R (NO-I)) or room air (I (control) or I/R (control)) during the 2-h ischemic interval. Group data show mean arterial pressure (**a**), left ventricular systolic pressure (**b**), dp/dt max (**c**), and dp/dt min (**d**) determined at baseline and 0, 5, 30, 60, 90, and 120 min after LAD occlusion and 60, 120, and 180 min after initiation of reperfusion. Cardiac index (**e**) was determined at

baseline, 30 and 90 min after LAD occlusion and 60 min after the onset of reperfusion. **f** Representative TTC- and EB-stained left ventricular sections obtained either after 2 h of ischemia (I) or 2 h of ischemia and 3 h of reperfusion (I/R) in rats inhaling either NO (NO) or room air (control) during the ischemic interval show normal perfused myocardium in *dark violet*, viable area-at-risk in *red*, and the necrotic infarct core in *white*. **G** Bar graphs show the combined area-at-risk and infarct size determined after 2 h of ischemia only, or area-at-risk and infarct size as determined after 2 h of ischemia and 3 h of reperfusion. * $P < 0.05$ versus corresponding control, $n = 8$ animals each

deterioration over the 2-h ischemic interval, as demonstrated by the progressive decrease in mean arterial pressure (AP; Fig. 2a), left ventricular systolic pressure (LVSP; Fig. 2b), and the maximal pressure generation

velocity dp/dt max as an indicator of left ventricular contractility (Fig. 2c). Left ventricular relaxation speed, reflected by dp/dt min, likewise decreased continuously (Fig. 2d). While the initial decline in left ventricular

function after LAD occlusion was equally evident in rats inhaling NO, NO_i effectively prevented the subsequent progressive hemodynamic deterioration, resulting in higher AP, LVSP, dp/dt max and lower dp/dt min values as compared to controls from $t = 60$ min after LAD occlusion. The beneficial effect of NO_i was further evident as an attenuated decrease in CI 30 min after LAD occlusion (Fig. 2e). Hemodynamic differences were not attributable to NO effects on central venous pressure, which did not change significantly during experiments, or differed between groups (data not shown). As determination of IS by the TTC method is not feasible in the absence of tissue reperfusion [23], EB staining demarcated a combination of AAR and IS. In untreated controls, this non-perfused area covered approximately 50 % of the left ventricle, while NO_i reduced AAR + IS by more than 20 % (Fig. 2f, g).

Beneficial effect of NO_i is preserved after reperfusion

Next, we addressed whether NO inhalation during ischemia confers protection that extends over a subsequent 3-h reperfusion period without NO_i (Fig. 2, dotted lines). Myocardial reperfusion caused a rapid, albeit incomplete, recovery of systemic (Fig. 2a) and left ventricular (Fig. 2b–d) hemodynamic pressures in both control and NO_i-treated rats, followed by a subsequent decline in line with progressive reperfusion injury. Cardiac index spontaneously recovered in part during ischemia, and continued to increase gradually during reperfusion (Fig. 2e). In rats who received NO_i during the ischemic interval, AP and CI consistently exceeded respective values in untreated controls during reperfusion. A similar beneficial trend was evident for left ventricular hemodynamics (LVSP, dp/dt max, dp/dt min), yet only reached significance for LVSP and dp/dt max at 300 min. AAR and IS were markedly reduced in NO_i rats, demonstrating that the beneficial effect of NO_i during ischemia was preserved throughout subsequent reperfusion (Fig. 2f, g). Notably, NO_i also reduced the ratio IS/AAR from 0.59 ± 0.05 to 0.45 ± 0.04 ($P < 0.05$), indicating that the protective effect of NO_i was not solely attributable to improved collateral blood flow as demonstrated by the reduced AAR, but also to potential cardioprotective effects [24–26].

Continuous NO_i during ischemia and reperfusion has additive benefit on area-at-risk

As NO_i during reperfusion has previously been shown to reduce IS and improve myocardial perfusion [27, 28], we tested whether continuous NO_i during both ischemia and reperfusion may provide additive benefits as compared to NO_i during either ischemia or reperfusion. Inhaled nitric

oxide during reperfusion alone improved systemic (Fig. 3a, e) and left ventricular (Fig. 3b–d) hemodynamics, and reduced AAR and IS (Fig. 3f). With respect to AP and left ventricular hemodynamics, the beneficial effects of NO_i during either ischemia or reperfusion were largely comparable. However, CI after 90 min ischemia was higher in rats receiving NO_i during ischemia as compared to NO_i during reperfusion, and this difference was preserved for at least 1 h into the reperfusion period. More importantly, NO_i during reperfusion resulted only in a moderate reduction of IS by 21 %, a non-significant decrease in AAR, and no reduction in the ratio IS/AAR. Conversely, NO_i during ischemia decreased AAR, IS, and the ratio IS/AAR by 22, 41, and 24 %, respectively, and thus exerted a pronounced protective effect. Continuous inhalation of NO during both ischemia and reperfusion did not generate a detectable additive benefit as compared to NO_i during either ischemia or reperfusion with respect to systemic or left ventricular hemodynamics. Yet, continuous NO_i resulted in the most distinctive reduction in AAR, which was superior to NO_i during each interval alone. A similar trend was observed for IS, which was lower as compared to NO_i during reperfusion, and just failed to reach significance versus NO_i during ischemia ($P = 0.065$).

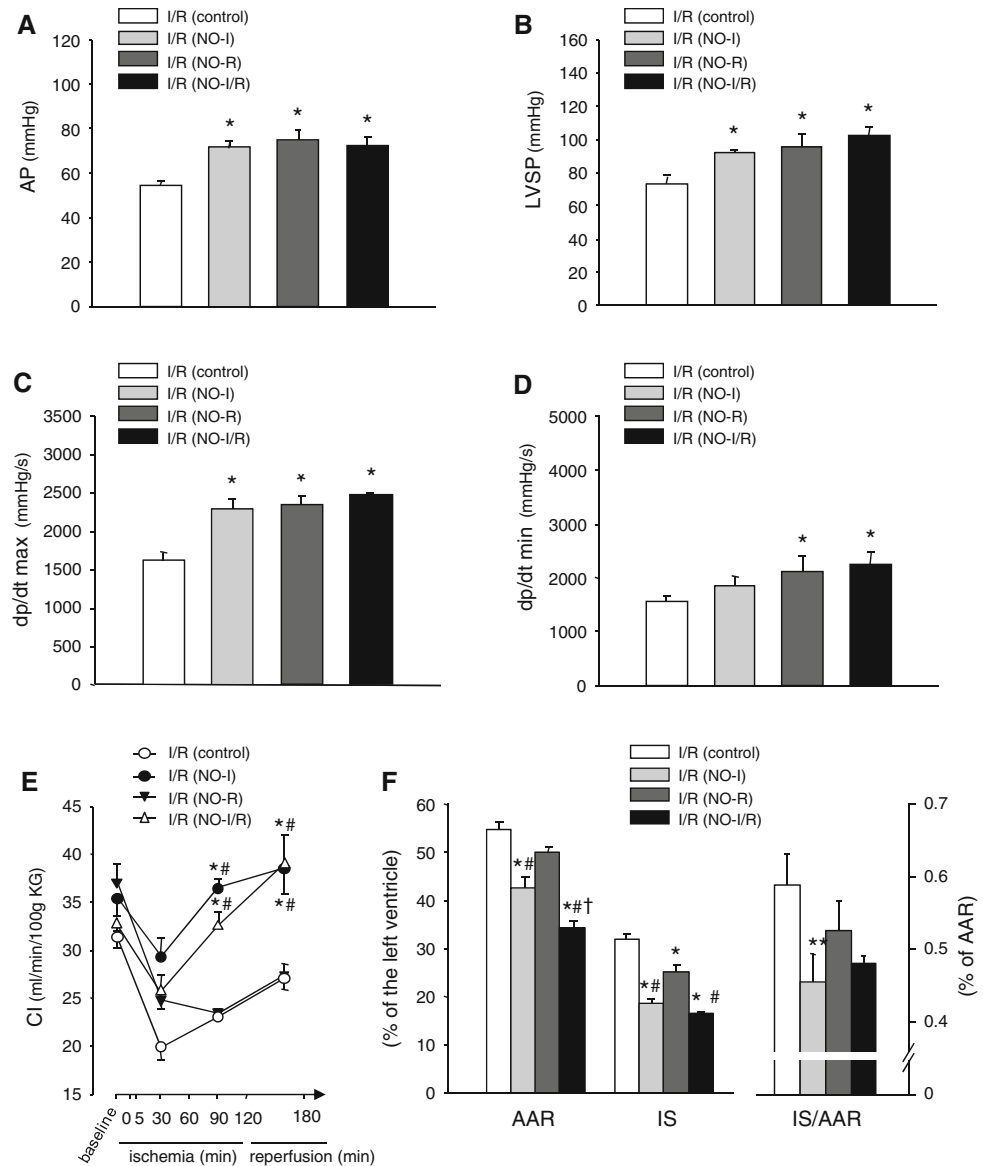
Beneficial effects of NO_i are mediated by sGC

To address the involvement of the sGC–cGMP pathway in the observed beneficial effects, we administered the sGC inhibitor ODQ at the start of NO inhalation. As ODQ by itself may exert hemodynamic effects, subsequent comparisons were confined to differences between ODQ-treated groups. In ODQ-treated rats, inhalation of NO no longer exerted detectable beneficial effects on systemic (Fig. 4a, e) or left ventricular (Fig. 4b–d) hemodynamics, AAR, or IS (Fig. 4f).

Infusion of nitrite iterates the protective effect of NO_i

Last, we tested whether the beneficial effect of NO_i may be due to formation of nitrite and mimicked by its systemic delivery. While plasma nitrite levels remained unchanged over 2 h in untreated controls undergoing LAD occlusion, inhalation of 50 ppm NO increased nitrite levels by sixfold (Fig. 5a). On the basis of published pharmacokinetic profiles of intravenous nitrite in rats [29], we tested dosing regimens for nitrite infusion with an initial bolus of 0.5–4 nmol/g bw and subsequent continuous infusion of 10 % of the initial dose per min. Combination of an initial 0.5 nmol/g bw bolus followed by infusion of $0.05 \text{ nmol g bw}^{-1} \text{ min}^{-1}$ mimicked the effects of 50 ppm NO_i, in that it yielded a stable increase in plasma nitrite levels within the range measured during

Fig. 3 Continuous NO inhalation during ischemia and reperfusion has additive benefit on area-at-risk. Following LAD occlusion, rats received inhaled NO (50 ppm) either only during the 2-h ischemic interval (I/R (NO-I)), only during the 3-h reperfusion interval (I/R (NO-R)), or continuously during 5 h of ischemia-reperfusion (I/R (NO-I/R)). Controls (I/R (control)) inhaled room air during both ischemia and reperfusion. Bar graphs show mean arterial pressure (a), left ventricular systolic pressure (b), dp/dt max (c), dp/dt min (d), area-at-risk, infarct size, and the ratio IS/AAR (all f) as determined after 2 h of ischemia and 3 h of reperfusion. Cardiac index (e) was determined at baseline, 30 and 90 min after LAD occlusion and 60 min after the onset of reperfusion. * $P < 0.05$ versus I/R (control), # $P < 0.05$ versus I/R (NO-R), † $P < 0.05$ versus I/R (NO-I), $n = 8$ animals each



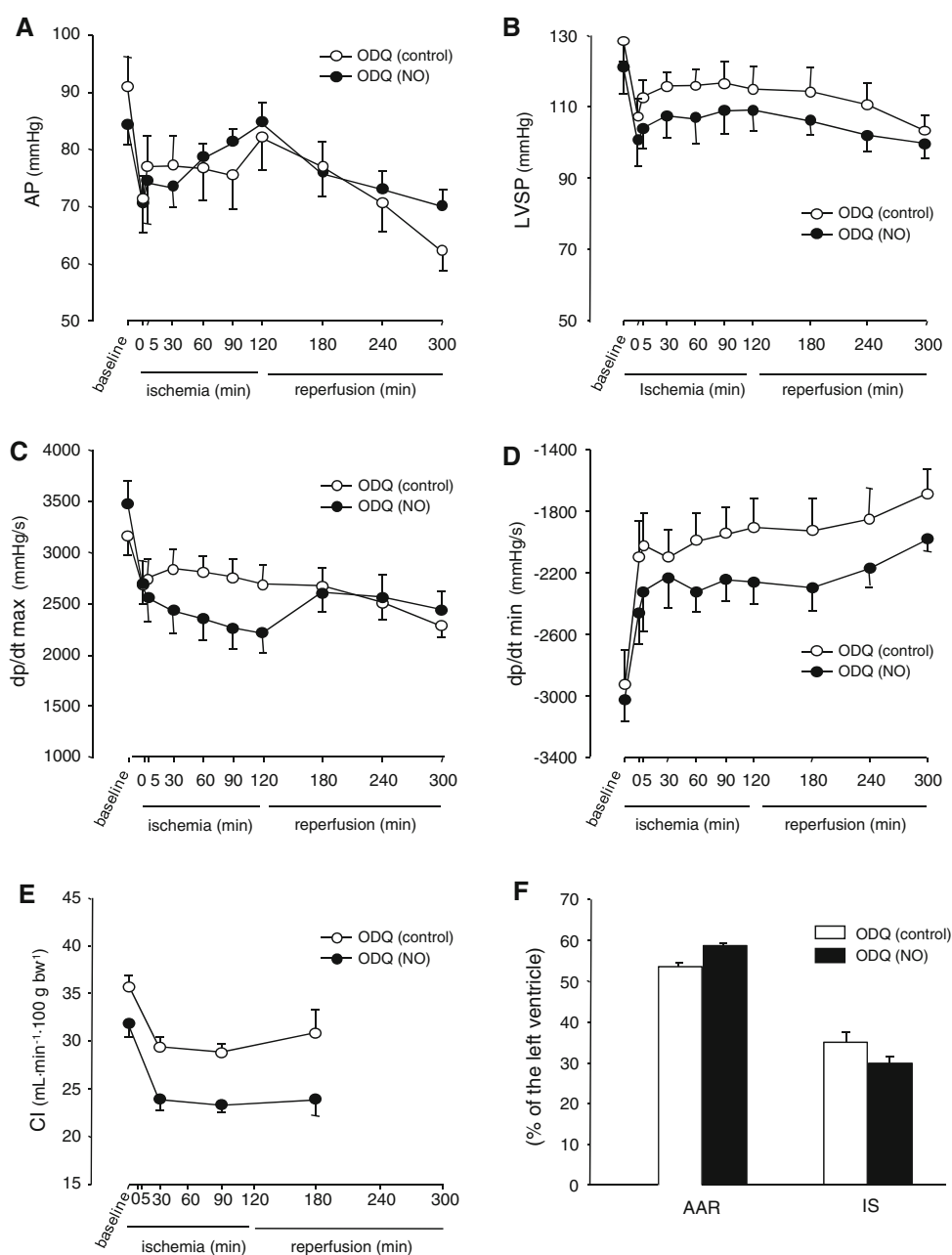
NO inhalation (Fig. 5b). When this dose was applied during 2 h of LAD occlusion, nitrite prevented the progressive decline and in part even restored pre-ischemic levels of systemic (Fig. 5c, g) and left ventricular hemodynamics (Fig. 5d-f), and markedly reduced the percentage of non-perfused left ventricular tissue (Fig. 5h). These findings demonstrate that systemic nitrite levels comparable to those achieved during NO inhalation exert similar protective effects as NOi.

Discussion

Here, we identify NOi as an emerging early intervention strategy in AMI. In an in vivo rat model of AMI, we

demonstrate that NOi during myocardial ischemia improves left ventricular function and systemic hemodynamics and reduces AAR and IS. This protection was to a large degree attributable to improved collateral perfusion, as demonstrated by the findings that NOi reduced AAR, and that this effect markedly, albeit not exclusively, accounted for the resulting decrease in IS. This property of NOi is in line with our recent demonstration of an NOi-induced Robin Hood effect in ischemic stroke [5], and diametrically opposed to the detrimental steal effects exerted by conventional (nitro)-vasodilators in AMI [2]. The protective effect of NOi exceeded the actual time interval of drug inhalation and was preserved over a subsequent 3-h reperfusion phase in the absence of NOi, attesting to a sustained treatment benefit. Extension of NO inhalation into the reperfusion phase further reduced

Fig. 4 Beneficial effects of NO inhalation are mediated by soluble guanylate cyclase. Concurrent with the onset of ischemia, rats received an intravenous bolus of the soluble guanylate cyclase inhibitor ODQ (10 $\mu\text{g}/\text{kg}$ bw), followed by inhalation of either NO (50 ppm; ODQ (NO)) or room air (ODQ (control)) during the 2-h ischemic and the subsequent 3-h reperfusion interval. Group data show mean arterial pressure (a), left ventricular systolic pressure (b), dp/dt max (c), and dp/dt min (d) determined at baseline, 0, 5, 30, 60, 90, and 120 min after LAD occlusion and 60, 120, and 180 min after initiation of reperfusion and cardiac index (e) determined at baseline, 30 and 90 min after LAD occlusion and 60 min after the onset of reperfusion, respectively. Bar graph shows (f) area-at-risk and infarct size determined after 2 h of ischemia and 3 h of reperfusion. No significant differences between ODQ (NO) and ODQ (control), $n = 8$ animals each

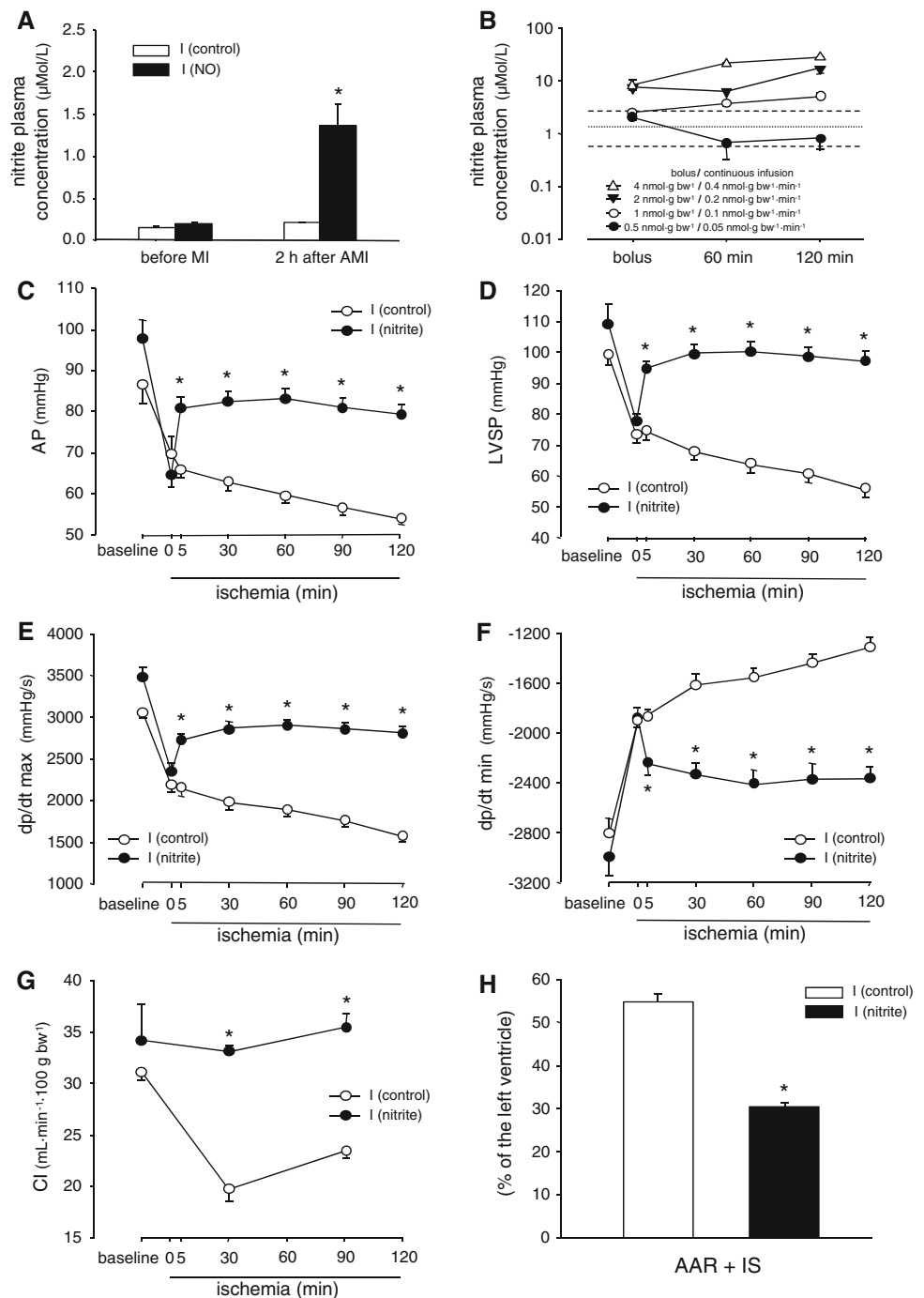


AAR, indicating that prolonged NO inhalation during both ischemia and reperfusion may have additive therapeutic effects. Inhaled nitric oxide effects were blocked by sGC inhibition, confirming that improvement of myocardial function and viability was mediated via the NO-sGC-cGMP axis. Mimicking of the NOi-induced increase in systemic nitrite levels by intravenous nitrite replicated the beneficial effects of NOi, suggesting nitrite as a putative biocarrier of NO activity.

While NOi was originally considered to act exclusively in the lung owing to its short half-life in vivo, several studies have demonstrated extrapulmonary effects

of NOi such as increased cerebral blood volume in pigs [30], and increased forearm blood flow in healthy human volunteers [31]. These effects have been attributed to the formation and transport of bioactive NO carriers with the circulating blood which may occur in the form of *S*-nitrosated proteins [32] and in particular as nitrite which is present in relative abundance in both blood and tissue [33]. Circulating nitrite may again release NO at low oxygen tension owing to the oxygenation-dependent function of hemoglobin as a nitrite reductase [34]. As a result, increased amounts of circulating nitrite as generated by NOi will release NO and induce vasodilation

Fig. 5 Nitrite infusion iterates the protective effect of NO inhalation. **a** Nitrite levels were determined by chemiluminescence in rat plasma obtained before or 2 h after induction of AMI in rats receiving inhaled NO (50 ppm; I (NO)) or room air (I (control)). * $P < 0.05$ versus I (control), $n = 8$ animals each. **b** Nitrite levels in rat plasma as determined immediately after intravenous bolus infusion of 0.5, 1, 2, or 4 nmol/g bw nitrite, and 60 and 120 min after subsequent continuous infusion of 10 % of the initial bolus dose per min ($n = 4$ animals each). Upper and lower limits and average nitrite levels as measured during NO inhalation are indicated by *dashed* and *dotted lines*, respectively. In a subsequent set of experiments, rats received an initial nitrite bolus of 0.5 nmol g bw⁻¹ with the onset of ischemia, followed by subsequent continuous infusion at 0.05 nmol g bw⁻¹ min⁻¹ (I (nitrite)) or an equal volume of saline (I (control)) during the 2-h ischemic interval. Group data show mean arterial pressure (c), left ventricular systolic pressure (d), dp/dt max (e), and dp/dt min (f) determined at baseline and 0, 5, 30, 60, 90, and 120 min after LAD occlusion and cardiac index (g) determined at baseline, 30 and 90 min after LAD occlusion, respectively. Bar graph shows the combined area-at-risk and infarct size (h) determined after 2 h of ischemia. * $P < 0.05$ versus I (control), $n = 8$ animals each



preferentially in areas of tissue hypoxia. In murine and ovine stroke models, we recently provided proof-of-principle for this NO_i-induced Robin Hood effect and thus identified NO_i as a promising early intervention strategy in tissue ischemia [5].

Here, we show that this approach is equally beneficial in experimental AMI, in that NO_i at a clinically relevant concentration of 50 ppm prevented the progressive decline of left ventricular function and systemic perfusion, and

reduced AAR and IS. In line with the reported Robin Hood effect in ischemic stroke, the vasodilatory effect of NO_i in ischemic myocardium, evident as a decrease in AAR, was not associated with a decrease in total peripheral vascular resistance (data not shown) and increased rather than reduced systemic arterial pressure. However, owing to methodological constraints in the beating rodent heart, the specificity of the vasodilatory effect for the ischemic area that is characteristic for the Robin Hood effect can at this

stage not be spatially resolved. Notably, the observed hemodynamic stabilization is in line with previous data attesting to the clinical safety of NO_i in patients with AMI and associated cardiogenic shock where NO_i did not aggravate systemic arterial hypotension and in contrast increased cardiac index [35].

In line with the proposed role of nitrite as a bioactive NO carrier, NO_i increased circulating nitrite levels by sixfold, and elevation of plasma nitrite to comparable levels by intravenous nitrite infusion replicated the effects of NO_i. While this finding does not preclude a contribution of other bioactive NO-carriers in blood, it suggests a critical role for nitrite in this scenario. Notably, nitrite has previously proven protective in animal models of ischemia-reperfusion including the heart, liver, and brain [25, 36, 37]. Yet in contrast to the concept of increased collateral perfusion during ischemia these effects were at large attributed to cytoprotective effects during reperfusion due to an NO-dependent modulation of mitochondrial reactive oxygen species production [24–26]. Accordingly, nitrite administration in these studies was either timed to the onset of reperfusion [24, 25, 36, 37], or nitrite was given prophylactically as a dietary supplement [25, 38, 39]. In contrast, the present study was designed to specifically deliver NO (or nitrite) during ischemia with the declared aim to exploit the proposed Robin Hood effect. The effectiveness of this approach was evident in that NO_i caused a marked reduction in AAR, thus directly demonstrating improved perfusion of the myocardium surrounding the infarct core. This effect accounted largely, albeit not exclusively, for the decrease in IS which was 41 % larger than would be expected from the 22 % reduction in AAR alone, suggesting that aforementioned cytoprotective effects of nitrite may have added to the beneficial effect.

While restriction of NO inhalation to the ischemic interval could not prevent subsequent reperfusion injury as indicated by the parallel decline in hemodynamic parameters in both the NO_i and the corresponding control

group during reperfusion (Fig. 2), the benefits gained by NO inhalation during the period of ischemic injury were largely preserved during subsequent reperfusion. This finding attests to the fact that bridging of the ischemic interval by NO_i may provide long-lasting benefits in AMI, which could be therapeutically supplemented by additional interventions targeted specifically at the reperfusion phase. Hemodynamic effects of NO inhalation during reperfusion were largely equipotent to those of NO_i during ischemia, a finding that is in line with previously reported beneficial effects of NO_i during myocardial reperfusion that have been attributed to anti-inflammatory and anti-aggregatory effects of NO [27, 28, 40]. However, reductions in AAR, IS, and the IS/AAR ratio were more prominent when NO was delivered during ischemia rather than reperfusion. Myocardial protection was further enhanced when NO was administered continuously, a finding that is in line with the different proposed mechanisms of action during ischemia (improved collateral perfusion) and reperfusion (anti-inflammatory and -aggregatory) that may provide synergistic benefits. The fact that the sGC inhibitor ODQ completely prevented the effect of NO_i confirms that NO_i conferred its beneficial effects by stimulation of the sGC–cGMP pathway.

The present data identify a protective effect of NO_i in myocardial ischemia and reperfusion which—in contrast to existing paradigms—focuses on the ischemic rather than the reperfusion phase. Inhalation of this clinically approved gas may be rapidly implementable as a first-line interventional strategy with the dual-pronged approach to either prolong cell survival in the AAR up to the time of interventional reperfusion, or to reduce total IS in cases where timely revascularization is not feasible.

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