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Relationship between the tricuspid annular plane systolic excursion and right and left ventricular function in critically ill patients

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(TAPSE) has been recommended for assessing right ventricular function in cardiac patients. The ability of TAPSE to reflect right ventricular function at baseline and to monitor acute changes in right ventricular function was tested in critically ill patients. *Design:* Prospective study. *Setting:* A 24-bed medical intensive care unit. *Patients:* Eighty-six patients admitted for acute respiratory failure, circulatory failure, or coma. *Interventions:* In 40 patients, the examination was repeated after volume expansion $(n = 15)$, passive leg raising $(n=5)$, or dobutamine infusion (*n* = 20). *Measurements and results:* The right ventricular fractional area change, TAPSE, the left ventricular ejection fraction, and the ratio of right to left ventricular end-diastolic area were measured using Doppler echocardiography. In the overall population, TAPSE $(19 \pm 5 \text{ mm})$ was positively related to left ventricular ejection fraction

Abstract *Objective:* Echocardiographic recording of the tricuspid annular plane systolic excursion

 $(r^2 = 0.31, p < 0.001)$ and right ventricular fractional area change and was negatively related to age and to the ratio of right to left ventricular end-diastolic area. Multivariate analysis indicated that only left ventricular ejection fraction and age were independently related to TAPSE (multiple $r^2 = 0.36$, $p < 0.001$). Following dynamic interventions, the changes in TAPSE were linearly related to changes in left ventricular ejection fraction ($r^2 = 0.65$, $p < 0.01$) but not to changes in the right ventricular fractional area change. *Conclusions:* Unexpectedly, TAPSE was more strongly related to left ventricular ejection fraction than to indices of right ventricular function in critically ill patients. The potential interest of TAPSE as a dynamic marker of left ventricular systolic function deserves further study.

Keywords Right ventricular function · Left ventricular function · Echocardiography · Tricuspid

Introduction

In critically ill patients, abnormal function of the right ventricle may contribute to hemodynamic instability, and various echocardiographic indices quantifying right ventricular dimensions have been proposed to diagnose right ventricular dysfunction [1–5]. Recently, American and European guidelines for chamber quantification have

also recommended that the displacement of the tricuspid annular plane be observed in an attempt to quantify right ventricular function [4]. Indeed, right ventricular function critically depends not only on active right ventricular free-wall shortening but also on the base-to-apex piston-like motion of the atrioventricular valve [6, 7]. Numerous studies have documented that the tricuspid annular plane systolic excursion (TAPSE) is linearly related to

right ventricular ejection fraction and/or fractional area **TAPSE** Using the 2D four-chamber view, the right venchange in various forms of cardiac disease and clinical settings, including ischemia, congestive heart failure, cardiomyopathy, and pulmonary hypertension [8–18]. Furthermore, decreased TAPSE is associated with poor prognosis in patients with ischemic heart disease [10, 12], pulmonary hypertension [15], and heart failure [18]. Finally, measurement of TAPSE has been shown to be highly reproducible, and it has been stressed that it is fast and easy to obtain [4, 8, 10, 15].

The ability of TAPSE to reflect right ventricular function at baseline and to monitor acute changes in right ventricular function remains to be established in intensive care unit (ICU) patients. In the present study performed in ICU patients, two hypotheses were tested: 1) TAPSE is related to right ventricular function at baseline, and 2) coordinated increases in TAPSE and indices of right ventricular function can be observed following positive inotropic therapy, while TAPSE and indices of right ventricular function remain unchanged following acute changes in preload.

Patients and methods

Patients

We prospectively evaluated a total of 117 patients. Only patients with good acoustic windows with clear visualization of all cardiac chambers and valves were included in the study. In addition, patients with significant valvular regurgitation, ventricular rhythm disturbances, or atrial fibrillation were excluded from the study. A total of 86 patients met study criteria. Reasons for admission to our ICU were acute respiratory failure, circulatory failure, or coma. All procedures were in accordance with the recommendations found in the Helsinki Declaration of 1975. This study was approved by the Ethics Committee of the Société de Réanimation de Langue Française. All patients or relatives gave their informed consent. Preliminary results have been published elsewhere [19].

Methods

Echocardiography

The echocardiographic examinations were performed by the same operator (B.L.) using a transthoracic ultrasound device (EnVisor; Philips, France) equipped with a phased-array transducer of 2.5 MHz. Conventional echocardiography, including M-mode, two-dimensional (2D), and pulsed and color Doppler measurement, was performed. Echocardiographic images were recorded together with electrocardiograms. All measurement were recorded on paper at a speed of 100 mm/s and were stored digitally for later playback and analysis.

tricular base-to-apex shortening during systole was measured as the systolic displacement of the lateral portion of the tricuspid annulus. TAPSE was recorded on the M-mode format under 2D echocardiographic guidance. The cursor was oriented to the junction of the tricuspid valve plane with the free wall of the right ventricle using the apical four-chamber view as previously recommended [10, 17] (Fig. 1). Data were averaged over five beats, as previously recommended [10].

RVEDA/LVEDA ratio, RVFAC, and LVEF Using the apical four-chamber view, the right ventricular enddiastolic area (RVEDA), right ventricular end-systolic area (RVESA), and left ventricular end-diastolic area (LVEDA) were measured. We calculated the RVEDA/LVEDA ratio. The right ventricular fractional area change (RVFAC) was calculated as follows:

 $RVFAC = [(RVEDA - RVESA)/RVEDA] \times 100$

The left ventricular ejection fraction (LVEF) was measured using the biplane Simpson's method from the apical two-chamber and four-chamber views [1, 20, 21]. Although dependent on loading conditions (mainly after-

Fig. 1 Representative M-mode image of tricuspid annular plane systolic excursion (TAPSE) in a patient with normal right and left ventricular function. In this example, the TAPSE value is 24 mm

load), at least in part, LVEF is a classic parameter of regression analysis was performed to look for independglobal left ventricular function [20, 21].

Hemodynamic measurements

In all patients, heart rate and systolic, diastolic, and mean arterial pressures (oscillometric method, *n* = 44; femoral arterial catheter, $n = 42$) were measured. Forty patients with acute circulatory failure were also equipped with a pulmonary artery catheter $(n = 9)$; Edwards Lifesciences, Maurepas, France) or a pulse-induced contour cardiac output device that uses transpulmonary thermodilution (*n* = 31; Pulsion Medical Systems, Munich, Germany), thus allowing the measurement of thermodilution cardiac output in this patient subgroup. The thermodilution stroke volume index (SVi) was calculated as cardiac index divided by heart rate.

Study design

All data for the 86 patients were obtained at admission. Measurement were also obtained after various interventions in the subgroup of patients equipped with an invasive hemodynamic monitoring device and in whom the attending physician decided to perform a fluid challenge, a passive leg raising (PLR) maneuver, or a dobutamine infusion. Fluid challenge (500 ml saline; *n* = 15) was decided upon if clinical signs of inadequate global perfusion together with LVEF \geq 45% were present. PLR was performed $(n=5)$ to test preload responsiveness [22]. Finally, dobutamine $(n = 20)$ was given if clinical signs of inadequate global perfusion together with normal preload and depressed contractility (i.e., LVEF *<* 45%) were present. Patients with an increase in stroke volume index $\geq 15\%$ or $\lt 15\%$ following fluid infusion, PLR, or dobutamine, were deemed responders and nonresponders, respectively [23].

Intraobserver and interobserver variability were tested for TAPSE, RVFAC, RVEDA/LVEDA, and LVEF on 10 random patients in sinus rhythm. Different beats from the same recordings were used for testing the intraobserver reproducibility, and the interobserver reproducibility was calculated from different recordings obtained by a second, blinded operator (X.M.) just after the first examination.

Statistical analysis

The values of continuous variables with normal distribution were expressed as mean \pm standard deviation (SD) and those of variables with nonnormal distribution as percentages. Linear regression analysis was used to examine the relationships between TAPSE and echocardiographic and hemodynamic variables. A stepwise

ent variables related to TAPSE. Following univariate analysis, a *p*-value *<* 0.20 was necessary for a variable to enter forward stepwise multiple regression analysis. The influence of preload changes (fluid challenge and PLR) and dobutamine infusion on hemodynamic and echocardiographic variables was tested using analysis of variance. A linear regression analysis was used to examine the relationships between the change in TAPSE and the change in hemodynamic variables following these three interventions (fluid challenge, PLR, dobutamine infusion). Finally, intraobserver and interobserver reproducibility of TAPSE, RVEDA/LVEDA, RVFAC, and LVEF were estimated by using mean measurement bias \pm SD and coefficient of variation (Cvar; $100 \times$ (measurement 1 – measurement 2) / (measurement $1 +$ measurement 2) / 2). Box and whisker diagrams were drawn to show the spread of TAPSE in patients depending on the threshold values of the indices of ventricular function. Receiver operating characteristic (ROC) curves were constructed to determine the cut-off values of TAPSE with optimal sensitivity and specificity that could predict decreased ventricular function A *p*-value *<* 0.05 was considered statistically significant.

Results

Complete transthoracic echocardiography with adequate endocardial border resolution for determining end-diastolic and end-systolic right ventricular area as well as tricuspid annular motion was obtained in 86 patients. Characteristics of the study population are listed in Table 1. The reproducibility of RVFAC, LVEF, and TAPSE measurement is indicated on Table 2.

TAPSE at baseline

The TAPSE value ranged from 7 mm to 35 mm (mean \pm SD = 19 \pm 5 mm; median = 20 mm). TAPSE was similar in women $(20 \pm 5 \text{ mm})$ and in men $(19 \pm 5 \text{ mm})$. Using univariate analysis, TAPSE was shown to be negatively related to age ($r^2 = 0.18$; $p < 0.001$) and to the RVEDA/LVEDA ratio ($r^2 = 0.05$; $p < 0.05$), and it was positively related to LVEF $(r^2 = 0.31; p = 0.001)$, diastolic arterial pressure (r^2 = 0.04; p < 0.05), and RVFAC $(r^2 = 0.03; p < 0.05)$. There was no linear relationship between TAPSE and body weight, body height, body surface area, heart rate, systolic arterial pressure, or mean arterial pressure. Patients with depressed right ventricular systolic function (RVFAC $< 25\%$; $n = 26$) had lower TAPSE than patients with normal RVFAC $(n=60)$: 17 ± 5 mm vs. 20 ± 5 mm; $p = 0.02$. Patients with depressed left ventricular systolic function (LVEF *<* 45%, *n* = 9) had

Table 1 Patient characteristics, *n* = 86 (*SAP*, systolic arterial pressure; *DAP*, diastolic arterial pressure; *TAPSE*, tricuspid annular plane systolic excursion; *LVEF*, left ventricular ejection fraction; *RVEDA/LVEDA*, right ventricular/left ventricular end-diastolic area ratio; *RVFAC*, right ventricular fractional area change)

Characteristic	Values
Gender: female/male (n)	44/42
Age (years)	61 ± 18 (18-89)
Weight (kg)	68 ± 18 (41–128)
Height (cm)	166 ± 08 (149–182)
Body surface area $(m2)$	1.74 ± 0.21 (1.38–2.35)
Reason for admission, $n(\%)$	
Acute respiratory failure	35 (41)
Septic shock	16(19)
Nonseptic shock	11(13)
Coma	13 (14)
Metabolic disorder	6(7)
Pulmonary embolism	5(6)
Mechanical ventilation, $n(\%)$	36(42)
Heart rate (beats/min)	$92 \pm 19(50 - 133)$
SAP (mmHg)	$120 \pm 20 (80 - 183)$
DAP (mmHg)	61 ± 14 (38–93)
TAPSE (mm)	$19 \pm 5(7-35)$
LVEF $(\%)$	$46 \pm 13(20 - 75)$
RVEDA/LVEDA	0.61 ± 0.26 (0.32–1.94)
$RVFAC (\%)$	$31 \pm 12 (8 - 67)$

Values are mean \pm standard deviation (range) except where indicated

Table 2 Reproducibility of the measurements, $n = 10$ (*Cvar*, coefficient of variation; *RVFAC*, right ventricular fractional area change; *LVEF*, left ventricular ejection fraction; *RVEDA/LVEDA*, right ventricular/left ventricular end-diastolic area ratio; *TAPSE*, tricuspid annular plane systolic excursion)

	Bias	Cvar, $%$
Intraobserver		
RVFAC, %	-3 ± 7	23 ± 16
LVEF, $%$	-1 ± 4	8 ± 5
RVEDA/LVEDA	0.02 ± 0.08	6 ± 6
TAPSE, mm	0.3 ± 0.7	3 ± 2
Interobserver		
RVFAC, %	-3 ± 8	27 ± 19
LVEF, $%$	-3 ± 7	9 ± 12
RVEDA/LVEDA	0.02 ± 0.10	8 ± 8
TAPSE, mm	-0.1 ± 0.8	3 ± 2

Values indicated are mean ± standard deviation

lower TAPSE than patients with normal LVEF (*n* = 47): 17 ± 5 mm vs. 22 ± 4 mm; $p < 0.01$.

Figure 2 presents box and whisker plots according to various combinations of right and left ventricular function. In the subgroup of 25 patients with reduced left ventricular systolic function and normal right ventricular systolic function, TAPSE was higher than in the subgroup of 14 patients with both reduced left ventricular systolic function and reduced right ventricular systolic function (TAPSE = 18 ± 5 mm vs. 13 ± 3 mm, $p < 0.001$). The LVEF was similar in these two subgroups $(36 \pm 7\%$ vs. $33 \pm 8\%$). Patients with both reduced left ventricular sys-

TAPSE (mm)

Fig. 2 Box and whisker plots of tricuspid annular plane systolic excursion (TAPSE) values according to various combinations of right ventricular and left ventricular function. $p < 0.01$ when compared with TAPSE of the three other subgroups; $\#p < 0.05$ when compared with TAPSE of patients with preserved left ventricular systolic function and preserved right ventricular systolic function

tolic function and reduced right ventricular systolic function had lower TAPSE than patients with preserved left ventricular function and either preserved right ventricular function ($n = 36$; TAPSE = 21 ± 5 mm) or impaired right ventricular function $(n = 11; TAPSE = 23 \pm 2 \text{ mm})$. Finally, patients with impaired left ventricular function and preserved right ventricular function had a lower TAPSE than patients with preserved left ventricular function and right ventricular function ($p < 0.05$).

In the overall population, multivariate analysis indicated that TAPSE was related only to LVEF and age (multiple $r^2 = 0.36$; $p < 0.001$). Using ROC curve analysis, TAPSE *<* 22 mm identified patients with LVEF *<* 45% with an 85% sensitivity and 62% specificity.

Effects of preload manipulations and dobutamine infusion

The effects of fluid infusion $(n = 15)$ and PLR $(n = 5)$ are presented in Table 3. On average, the thermodilution SVi significantly increased, whereas LVEF, RVFAC, and TAPSE remained unchanged. The effects of dobutamine infusion $(n = 20)$ are presented in Table 4. On average, RVFAC remained unchanged, whereas SVi, LVEF, and TAPSE increased.

Overall, in the 40 patients for whom a dynamic maneuver was performed, there was no relationship between the changes in TAPSE and the changes in RVFAC. Conversely, the changes in TAPSE were positively related to changes

Table 3 Hemodynamic effects of therapeutic and physiologic maneuvers (volume expansion, $n = 15$; passive leg raising, $n = 5$) aimed at increasing preload (*SAP*, systolic arterial pressure; *DAP*, diastolic arterial pressure; *MAP*, mean arterial pressure; *SVi*, stroke volume index; *RVFAC*, right ventricular fractional area change; *LVEF*, left ventricular ejection fraction; *TAPSE*, tricuspid annular plane systolic excursion; *NS*, not significant)

	Before	After	
Heart rate, beats/min	102 ± 28	99 ± 21	< 0.05
SAP, mmHg DAP, mmHg	98 ± 16 49 ± 10	112 ± 13 53 ± 8	< 0.001 < 0.05
MAP, mmHg	65 ± 10	72 ± 8	< 0.001
SVi , m $1/m^2$	30 ± 8	35 ± 10	< 0.001
RVFAC, %	31 ± 13	34 ± 11	NS
LVEF, $%$	40 ± 9	41 ± 9	NS
TAPSE, mm	$17 + 4$	$17 + 4$	NS

Values are mean \pm standard deviation. Ten of 20 patients were deemed responders, as previously defined (refer to Methods section)

Table 4 Effects of dobutamine infusion $(n = 20)$ on hemodynamic parameters (*SAP*, systolic arterial pressure; *DAP*, diastolic arterial pressure; *MAP*, mean arterial pressure; *SVi*, stroke volume index; *RVFAC*, right ventricular fractional area change; *LVEF*, left ventricular ejection fraction; *TAPSE*, tricuspid annular plane systolic excursion; *NS*, not significant)

	Before	After	
Heart rate, beats/min	98 ± 21	103 ± 22	< 0.001
SAP, mmHg	112 ± 20	112 ± 19	NS
DAP, mmHg	50 ± 9	48 ± 10	NS
MAP, mmHg	71 ± 11	70 ± 10	NS
SVi , ml/m ²	31 ± 18	34 ± 16	< 0.05
RVFAC, %	25 ± 16	25 ± 10	NS
LVEF, $%$	32 ± 10	39 ± 10	< 0.001
TAPSE, mm	13 ± 4	15 ± 5	< 0.01

Values are mean \pm standard deviation. Twelve of 20 patients were deemed responders, as previously defined (refer to Methods section)

Fig. 3 Linear relationship between changes in left ventricular ejection fraction (LVEF) and changes in tricuspid annular plane systolic excursion (TAPSE) following fluid challenge $(n=15)$, passive leg raising $(n=5)$, and dobutamine infusion $(n=20)$

Discussion

Contrary to our initial study hypothesis, TAPSE was either weakly related to or unrelated to the echocardiographic indices quantifying right ventricular function in the critically ill population studied, both at baseline and following dynamic interventions. Conversely, it was observed that TAPSE was significantly related to echocardiographic indices of left ventricular function at baseline. Furthermore, following dynamic interventions (namely contractility and preload manipulations), the changes in LVEF and in TAPSE were significantly related. Although preliminary, the present study thus suggests that TAPSE may be included in the battery of echocardiographic markers of static and dynamic left ventricular function in critically ill patients.

The observed TAPSE values (mean, 95% confidence interval) were consistent with values previously published for controls and for patients with various forms of cardiac disease [8–18]. The high reproducibility of TAPSE measurement has been previously documented in ischemic heart disease [8], congestive heart failure [10], and pulmonary hypertension [15], and this was confirmed in our ICU population. Recently, it has been stressed that TAPSE measurement is far more reproducible than other echocardiographic indices of heart function, especially right ventricular function [4, 10, 15], as also observed in our study.

In our study, the patients with decreased RVFAC or increased RVEDA/LVEDA had a lower TAPSE than patients with preserved right ventricular function. This result is consistent with previous studies showing decreased TAPSE in cardiac patients with low right ventricular ejection fraction or low RVFAC [8–17]. This result is also in agreement with previous studies showing that right ventricular function critically depends on the base-to-apex piston-like motion of the tricuspid valve and not only on active free-wall shortening [6, 7].

Our study indicates that TAPSE is more strongly related to echocardiographic indices of left ventricular function than to echocardiographic indices of right ventricular function in critically ill patients. In an attempt to explain this finding, one hypothesis could be that the indices of right ventricular function we used were not sensitive enough to precisely stratify the overall spectrum of right ventricular function at baseline and to precisely monitor mild-to-moderate changes in right ventricular function during dynamic maneuvers [1–4]. Indeed, assessment of the end-systolic and end-diastolic dimensions of the right ventricle is notoriously difficult

given the complex right ventricular anatomy, suboptimal endocardial border definition, and lesser right ventricular free-wall contractile function as compared with the left ventricle [4–6]. This explains why the indices quantifying right ventricular diameter, area, or volume are not always reproducible and are highly operator- and model-dependent. This also explains why 2D echocardiographic calculations of right ventricular volumes must be discouraged [1–5, 24]. However, it must be noted that the average baseline values of RVFAC and RVEDA/LVEDA in our study were comparable to the values previously documented in populations similar to ours [25].

The physiological biventricular interdependence [5, 26] could help explain the link between left ventricular function and TAPSE. As recently reviewed [5], the right ventricle is linked to the left ventricle in several ways: by a shared wall (the septum), by mutually encircling epicardial fibers, by attachment of the right ventricular free wall to the anterior and posterior septum, and by sharing of the pericardial space. It must also be noted that a recent study has documented a positive relationship between TAPSE and left ventricular function in cardiomyopathic patients [17]. Indeed, Lopez-Candales et al. have documented that TAPSE depends on left ventricular function in patients undergoing routine echocardiographic examination [17].

Besides the positive relationship between LVEF and TAPSE, there was a weak negative relationship between age and TAPSE, both with univariate analysis $(r^2 = 0.18)$ and by the use of multivariate analysis, with age accounting for an extra 5% variability in TAPSE. Further studies are needed to explain the influences of age on TAPSE.

In our study, positive inotropic stimulation (dobutamine) increased LVEF, and preload manipulations did not modify LVEF, as expected [27]. One of the strengths of our study was documentation of coordinated changes in both TAPSE and left ventricular systolic function under positive inotropic stimulation. Indeed, dobutamine induced coordinated increases in LVEF and TAPSE. Another tested hypothesis was that TAPSE would remain unchanged following acute changes in preload. Consistent with our study hypothesis, TAPSE (and LVEF as well) appeared unaltered by acute changes in preload induced by fluid challenge or PLR. Overall, it was thus suggested that the dynamic changes in TAPSE may parallel the changes in LVEF and may be considered preload-independent.

The limitations of our study must be discussed. First, only 86 out of 117 screened patients (74%) were included in our study. The results may not apply to individuals with significant valvular regurgitation, ventricular rhythm disturbances, or atrial fibrillation, as patients with these conditions were excluded from the study. Second, we cannot exclude the possibility that the range of right ventricular function under study was not large enough to document a strong relationship between RVFAC and

TAPSE, as has been previously documented in cardiac patients with a wide range of right ventricular function [17]. However, our prospective study included a reasonably high number of patients $(n = 86)$ who were representative of the "real-life" ICU population. Third, given the above-discussed limitations of RVFAC, we cannot exclude the possibility that a more precise evaluation of right ventricular function (e.g., invasive pressure–volume loops with conductance catheters or invasive pressure–flow relationships) would have detected a stronger link between TAPSE and right ventricular function. However, such tools are not routinely usable in the ICU population. Fourth, the potential correlation between TAPSE and pulsed tissue Doppler measurement was not documented, and it certainly deserves further study. Finally, because dobutamine is also a pulmonary vasodilator, further studies are needed to test the potential relationship between changes in pulmonary vascular resistance and TAPSE.

Taking such limitations into account, the implications of our study need to be discussed. Given that TAPSE may be rapidly, easily, and reproducibly obtained at the bedside, one implication of our preliminary study is that the diagnostic and prognostic value of TAPSE deserves particular attention in further echocardiographic studies done in the ICU. The inclusion of TAPSE measurement in the battery of echocardiographic indices of risk stratification of ICU patients has been proposed in cardiac patients. Indeed, recent reports have indicated that decreased TAPSE is associated with a significantly increased risk of death in myocardial infarction [12], pulmonary hypertension [15], heart failure [18], and congestive heart failure with depressed systolic function [10]. It was not the aim of our preliminary study to test such a hypothesis in ICU patients, but this point deserves further investigation. Importantly, we wish to emphasize the fact that the present study cannot be used to support the proposal that TAPSE may replace LVEF in the noninvasive assessment of cardiac systolic function in critically ill patients. Indeed, although baseline measurement of TAPSE *<* 22 mm identified patients with LVEF *<* 45% with 85% sensitivity, the 62% specificity makes this proposal unsuitable for current practice.

In conclusion, contrary to our initial study hypothesis, TAPSE was weakly related to right ventricular function at baseline and following dynamic interventions in critically ill patients. Interestingly, TAPSE was related to left ventricular function at baseline, and TAPSE increased following dobutamine infusion (whereas it remained unchanged following preload manipulations), with changes in TAPSE and LVEF being linearly related. Because measurement of TAPSE is highly reproducible, fast, and easy to obtain, the present preliminary study suggests that the diagnostic and prognostic value of TAPSE certainly deserves particular attention in further echocardiographic studies performed in the ICU.

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