

Effects of Copper Oxide Nanoparticles on Antioxidant Enzyme Activities and on Tissue Accumulation of *Oreochromis niloticus*

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Abstract Accumulation of copper oxide nanoparticles (CuO NPs) in gill, liver and muscle tissues of Oreochromis niloticus and its effects on superoxide dismutase (SOD), catalase (CAT) and glutathione peroxidase (GPx) activities in gill and liver tissues were studied after exposing the fish to 20 µg/L Cu over 15 days. Copper levels and enzyme activities in tissues were determined using spectrophotometric (ICP-AES and UV) techniques respectively. No mortality was observed during the experiments. Copper levels increased in gill and liver tissues of O. niloticus compared to control when exposed to CuO NPs whereas exposure to metal had no effect on muscle level at the end of the exposure period. Highest accumulation of copper was observed in liver while no accumulation was detected in muscle tissue. SOD, CAT activities decreased and GPx activity increased in gill and liver tissues when exposed to CuO NPs.

Keywords Copper oxide nanoparticles · Accumulation · Antioxidant enzyme · Oreochromis niloticus

Nanoparticles (NPs) are defined as particles with dimensions between 1 and 100 nm and have unique properties such as high surface area due to their small size (Gomes et al. 2011). Cu NPs are mainly used in electronic circuits, batteries, gas sensors and in wood preservation. Production

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and use of engineered nanomaterials likely result in their release into aquatic environments and can lead to unexpected hazards on aquatic organisms (Klaine et al. 2008).

Copper is a basic element for the continuation of a number of metabolic functions such as hemoglobin synthesis, bone formation and it forms the structural components of many enzymes (Nussey 1995). Exposure to this metal over certain concentrations, however, result in tissue accumulation and may alter various physiological functions (Nussey 1995).

The toxicity of copper ions to aquatic organisms is well known and as a redox metal Cu participates in Fenton and Haber-Weiss reactions, facilitating the formation of reactive oxygen species (ROS) and oxidative stress (Bebianno et al. 2004). The cellular defense system against toxicity from ROS includes superoxide dismutase (SOD), catalase (CAT) and glutathion peroxidases (GPx). SOD is a group of metalloenzymes that catalyse the conversion of reactive superoxide anions (O2 -) to yield hydrogen peroxide (H₂O₂), which is subsequently detoxified by CAT or glutathione peroxidase (GPx) (Unfried et al. 2007). CAT is hematin-containing enzymes that facilitate the removal of hydrogen peroxide (H₂O₂), which is metabolized to molecular oxygen (O_2) and water (Unfried et al. 2007). GPx catalyses the metabolism of H_2O_2 to water, involving a concomitant oxidation of reduced GSH to its oxidized form (GSSG) (Lesser 2006).

Oreochromis niloticus is a tropical freshwater fish and cultured extensively for its economic importance. Moreover O. niloticus have high tolerance to changing environmental conditions, such as temperature and salinity, have a short food-chain, good food valuation rate and are resistant to parasitic diseases and intensive stocking conditions (Khallaf et al. 1998).



Exposure to heavy metals may result in tissue accumulation and can cause oxidative stress. Hence the aim of the present study was to determine accumulation of copper in gill, liver and muscle tissues of O. niloticus and its effect on superoxide dismutase (SOD), catalase (CAT) and glutathione peroxidase (GPx) activities in gill and liver tissues after exposing the fish to $20 \mu g/L$ CuO NPs over 15 days.

Materials and Methods

Commercially available CuO nanopowder, (Sigma-Aldrich; particle size <50 nm) was used in the preparation of experimental solutions. Solutions were replaced daily by serial dilutions of freshly prepared 100 ppm stock solution of the metal. Before each renewal CuO solution was sonicated for 30 min (Ultrasonic bath 230 V, 200 W, 45 kHz frequency) before each renewal to break down the size of aggregates.

CuO NP suspensions prepared were dispersed in both Milli-Q water (18 M Ω /cm) and tap water at concentrations of 100 mg/L. The resulting suspensions were sonicated for 15 min using a bath sonicator (USC500TH, VWR International) immediately prior to analysis. Samples were then analyzed for NP size (z-average hydrodynamic diameter) and surface charge (zeta potential) (Fig. 1). CuO NPs were also characterized by X-Ray diffraction (XRD). More details on the characterization methods are described in Gomes et al. (2011) (Table 1).

Oreochromis niloticus was obtained from the rearing pools of Fisheries Faculty, Cukurova University, Adana, Turkey. The mean length and weight of fish were 21.9 ± 1.7 cm and 148 ± 5.11 g respectively. Fish were adapted to laboratory conditions for 1 month in glass aquaria $40 \times 120 \times 40$ cm in height. Experiments were run

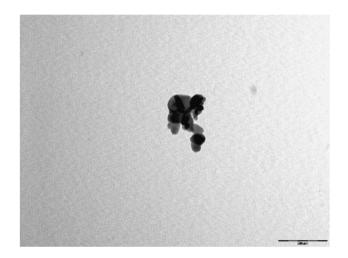


Fig. 1 Transmission electron microscopic (TEM) image of CuO NPs at $100 \ \text{mg/L}$ in Milli-Q water

Table 1 Characterization of CuO nanoparticles using transmission electron microscope (TEM), dynamic light scattering (DLS) and electrophoretic light scattering (ELS)

Particle characteristic	Method	Milli-Q W	Tap water
Size (nm)	TEM	<50 ^a	_
Particle size distribution (nm)	TEM	33.0 ± 8.3^{b}	-
Hydrodynamic diameter (nm)	DLS	586.6 ± 89.4^{b}	812.8 ± 98.8^{b}
Zeta potential (mV)	ELS	$-17.1\pm0.4^{\rm b}$	-18.5 ± 2.1^{b}

Values are mean ± std

in triplicate being three fish in each replicate. The same sized two aquaria were used in the experiments; hence nine fish were placed into each aquarium. Exposure to fish to 20 μ gCu/L which is two times of environmentally realistic concentration (Bebianno et al. 2004; Bryan and Langston 1992). The first aquarium was filled with 120 L 20 μ gCu/L solution whereas the second one was filled with the same amount of copper free tap water and used as control. Mean copper levels in exposure media were determined as $19.95 \pm 0.05 \,\mu$ g/L Cu. Experimental solution were replaced daily, by serial dilution of freshly prepared 100 ppm stock solution of the metal. Some physical and chemical properties of experimental water are given in Table 2.

Fish were fed once a day with readymade fish feed (Pınar, Pellet No: 2) at amounts of 2% of total biomass. Three fish were removed from each aquarium at the end of exposure period and were anesthetized with MS222. They were washed, dried and dissected for their gill, liver and muscle tissues.

Dissected gill, liver and muscle tissues were transferred to petri dishes and were placed in a drying oven set at 150 °C for 48 h. Dried tissues were weighted and transferred to experimental tubes and digested in nitric acid (Merck, 65%)/perchloric acid (Merck, 60%) mixture (2/1; v/v) at 120 °C for 3 h (Muramoto 1983). Digested tissues were transferred to polyethylene tubes and their volumes were made up to 10 ml with ultra-pure water. Metal levels in tissues were determined using a Perkin Elmer Optima 7000 DV Optical Emission Spectrophotometer. Quality

Table 2 Some physical and chemical properties of experimental water

Illumination regime: 12 h/12 h light/dark	Temperature: 21 ± 1 °C
Total alkalinity: $305 \pm 0.5 \text{ mg CaCO}_3\text{/L}$	Dissolved oxygen: $7.01 \pm 0.6 \text{ mg/L}$
pH: 8.0 ± 0.5	_



^aInformation from Sigma-Aldrich

b100 mg/L CuO NPs

assurance was checked using a standard reference material (lobster hepatopancreas) provided by the National Research Council, Canada-TORT II. Results were within the limits of $106.0\pm10.0~\mu g$ Cu/g d w certified value.

Gill and liver tissues were homogenized in five volumes of Tris–HCl buffer (20 mM, pH 7.6) in an ice bath for 2 min to determine SOD, CAT and GPx enzyme activities. The homogenate was centrifuged at 500×g for 15 min at 4°C to precipitate large particles. The supernatant was separated from the pellet and centrifuged at 12,000×g for 45 min at 4°C to precipitate the mitochondrial fraction. The cytosolic fraction was then purified on a Sephadex G-25 gel column (PD10, Pharmacia). Bradford (1976) was adopted to determine total protein content. SOD, CAT and GPx activities were determined according to McCord and Fridovich (1969), Greenwald (1985) and Lawrence and Burk (1976) respectively.

Statistical evaluation of the experimental data was carried out using Student *t* test.

Results and Discussion

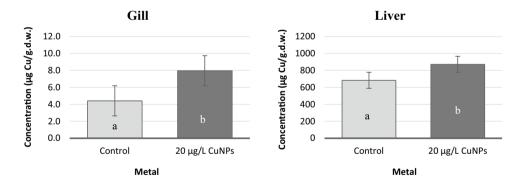
There was no mortality in *O. niloticus* exposed to 20 µg/L Cu NPs over 15 days. Gills are target organs in accumulating metals since they are in direct contact with the external media (Heath 1995). In *Danio rerio* exposed to 0.25–1.5 mg/L Cu NPs for 48 h, gills were the primary target organ for this metal (Griffitt et al. 2007). Significant increases were observed in accumulation of copper in

Cu NPs compared to control levels, accumulation being five times higher in 100 μ g/L Cu then in 20 μ g/L. (Shaw et al. 2012). Copper accumulation also increased statistically in gill tissue of *O. niloticus* compared to control when exposed to 20 μ g/L Cu NPs for 15 days (Fig. 2; p < 0.05). Metals entering from gills are firstly transferred to liver by circulatory system and when the carrying capacity

gills of Oncorhynchus mykiss exposed to 20 and 100 µg/L

liver by circulatory system and when the carrying capacity of liver is exceeded, they are transferred and stored in metabolically active tissues such as liver and kidney (Heath 1995). Muscle accumulation of metals is generally low compared with the liver and gill tissues which was also shown to be true in the present study. Differences among various tissues in accumulating metals is generally attributed to their metabolic activities (Cicik 2003; Tuncsoy and; Erdem 2014). Cicik (2003) reported liver accumulation of Cu was higher compared to gill and muscle tissues in C. carpio. Wang et al. (2014) reported that accumulation of copper in Epinephelus coioides exposed to 20 and 100 µg Cu NPs/L over 25 days was higher in liver than in gill tissue. Copper accumulation also increased statistically in liver tissue of O. niloticus compared to control when exposed to 20 μ g/L Cu NPs for 15 days (Fig. 2; p < 0.05). Accumulation of copper was higher in liver followed by gill and muscle tissues of O. niloticus. Exposure to Cu NPs had no effect on Cu accumulation in muscle tissue of O. niloticus. These differences among the tissues in accumulating metals can be explained by variances in metabolic activities of these tissues. Although not an effective tissue in accumulation of metals muscle plays an effective role

Fig. 2 Copper accumulation in tissues of *O.niloticus* exposed to Cu NPs over 15 days (μ g Cu/g d w). $\pm t$ test; Letters a and b show differences between concentrations at a given tissue. Data shown with *different letters* are significant at the p < 0.05 level



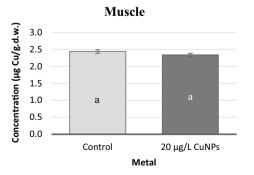
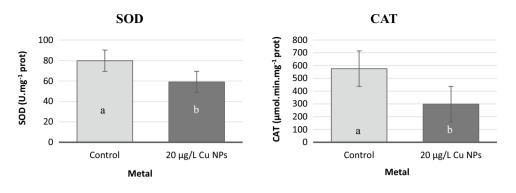
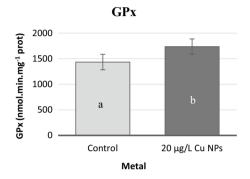




Fig. 3 Antioxidant enzyme activities in gill tissue of O. *niloticus* exposed to Cu NPs over 15 days. $\perp t$ test; Letters a and b show differences between concentrations at a given tissue. Data shown with *different letters* are significant at the p < 0.05 level



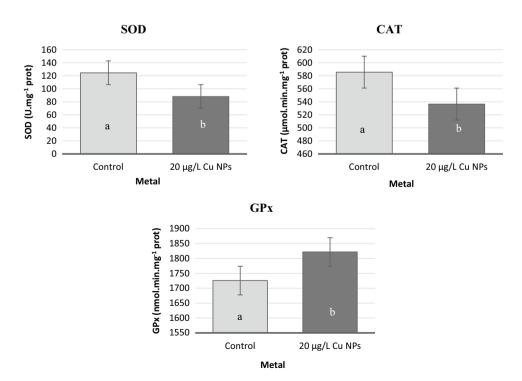


in carrying the metals to upper trophic levels hence it is important to monitor the levels of this metal in the environment as far as the human health is concerned.

Abdel-Khalek et al. (2015) reported SOD and CAT activities decreased in liver tissues whereas GPx activity increased in gill and liver tissues of *O. niloticus* when exposed to 7.5 mg/L CuO NPs for 30 days. Gomes et al.

(2012) reported that SOD and CAT activities decreased whereas GPx activity increased compared to control after 15 days of exposure to 10 μg/L CuO NPs. SOD and CAT activities decreased in gill and liver tissues of *Terapon jarbua* when exposed to 1, 2.5 and 5 mg/L Cu for 96 h (Vijayavel et al. 2006). Wang et al. (2016) reported SOD and CAT activities significantly decreased in gill and liver

Fig. 4 Antioxidant enzyme activities in liver tissues of O. niloticus exposed to Cu NPs over 15 days. $\pm t$ test; Letters a and b show differences between concentrations at a given tissues. Data shown with different letters are significant at the p < 0.05 level





tissue of *Epinephelus coioides* when exposed to 2.4 mg/L Cu NPs for 24 h. SOD and CAT activities were significantly inhibited in liver tissue of fish in *Carassius auratus* when exposed to 160 and 320 mg/L CuO nanoparticles for 4 days (Xia et al. 2013). SOD, CAT activities decreased (26% and 48% in gill; 29% and 8% in liver, respectively) whereas GPx activity increased (21% in gill; 5% in liver) compared to control after 15 days of exposure to 20 µg/L Cu NPs in *O. niloticus* (Figs 3 and 4). This might be because of excessive usage of CAT and SOD at the beginning of exposure and as their levels drop increase in GPx activity occurs for further protection against hydroperoxides.

The aim of the present study was to determine accumulation of copper in gill, liver and muscle tissues of *O. niloticus* and its effect on SOD, CAT and GPx activities in gill and liver tissues after exposing the fish. It was concluded that CuO NPs result in tissue accumulation and can cause oxidative stress which may lead to alteration of the antioxidant capacity of cells against ROS generation by either stimulating or decreasing enzymatic activities in *O. niloticus*.

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