Tissue-Specific Antioxidant Responses in Pale Chub (*Zacco platypus*) Exposed to Copper and Benzo[*a*]pyrene

Woo-Keun Kim · June-Woo Park · Eun-Suk Lim · Sung-Kyu Lee · Jungkon Kim · Sunmi Kim · Sang-Woo Lee · Kyungho Choi · Jinho Jung

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Abstract In this study, antioxidant responses including lipid peroxidation (LPO), superoxide dismutase (SOD), catalase (CAT) and glutathione S-transferase (GST), were evaluated in the liver, gill and muscle tissues of pale chub (Zacco platypus) exposed to copper (Cu) and benzo[a]pyrene (BaP). Cu exposure induced significant antioxidant responses in Z. platypus, particularly in the liver, whereas BaP exposure had a negligible effect. Following Cu exposure, both SOD and CAT activity increased in a concentration-dependent manner, showing significant correlations with malondialdehyde (MDA) levels as a measure of LPO (r = 0.646 and 0.663, respectively). SOD, CAT and GST mRNA levels were also enhanced following Cu exposure, except at 20 µg L⁻¹, although significant correlations with antioxidant enzyme activities were not found. The results of this study suggest that combined information on SOD and CAT activities together with LPO levels in the liver could be a useful indicator for assessing oxidative stress in freshwater fish.

W.-K. Kim · J.-W. Park · E.-S. Lim · S.-K. Lee Ecotoxicology Research Center, Korea Institute of Toxicology, Daejeon 305-343, Republic of Korea

J. Kim

Risk Assessment Division, National Institute of Environmental Research, Inchon 440-170, Republic of Korea

S. Kim · S.-W. Lee · K. Choi School of Public Health, Seoul National University, Seoul 151-742, Republic of Korea

J. Jung (🖂)

Division of Environmental Science and Ecological Engineering, Korea University, Seoul 136-713, Republic of Korea e-mail: jjung@korea.ac.kr **Keywords** Catalase · Glutathione *S*-transferase · Lipid peroxidation · Oxidative stress · Superoxide dismutase

Reactive oxygen species (ROS) occur naturally in organisms that use molecular oxygen for energy production (Li et al. 2008), and can induce toxic effects related to oxidative stress. The substrates that are most susceptible to autoxidation are polyunsaturated fatty acids in the cell membrane, which undergo rapid lipid peroxidation (LPO) (Zhang et al. 2004). This phenomenon may lead to muscle degradation, impairment of the nervous system, hemolysis, general deterioration of cellular metabolism and ultimately cell death (Frankel 1995). However, living organisms have evolved numerous defense mechanisms to neutralize the harmful effects of free radicals. Key components of this antioxidant defense system include enzymes such as catalase (CAT), superoxide dismutase (SOD) and glutathione S-transferase (GST) and other scavengers with low molecular weights (e.g., carotenoids, glutathione and vitamins E, K and C) (Martinez-Alvarez et al. 2005). These enzymes are found in virtually all tissues in fish, including the gills, liver and kidneys, but show different efficiencies in preventing oxidative stress (Eyckmans et al. 2011).

Antioxidant enzymes have been widely used to characterize defense mechanisms and to evaluate the toxicity induced by oxidative stressors (e.g., metals and other xenobiotics) (Regoli et al. 1998; Kim et al. 2009). This type of mechanistic knowledge has served as the basis for the development of bioanalytical tools, risk assessment procedures and methods for identifying causative toxic agents. However, implementing a combined transcriptional and enzymatic approach represents a key challenge in oxidative stress assessment (Eggen et al. 2004), although a limited number of studies have employed a multi-level biomarker approach, examining both gene- and proteinlevel responses to describe oxidative stress in freshwater fish. Thus, the present study investigates the antioxidant responses of various tissues, including the liver, muscles and gills, of pale chub (*Zacco platypus*), based on analyses of mRNA expression and the enzymatic activity of CAT, GST and SOD in addition to lipid peroxidation levels following exposure to copper (Cu) and benzo[*a*]pyrene (B*a*P).

Materials and Methods

Copper sulfate (CuSO4, 99 % pure) and benzo[a]pyrene (BaP, 99.9 % pure) were obtained from Sigma-Aldrich (St. Louis, MO, USA). Stock solutions of CuSO₄ were prepared in dechlorinated tap water (pH, 6.9; alkalinity, 28.0 mg L^{-1} as CaCO₃; total hardness, 47.8 mg L^{-1} as CaCO₃) to produce nominal concentrations of 1.25, 5 and 20 μ g Cu L⁻¹), and dechlorinated tap water was used as a control. Stock solutions of BaP were prepared in N,N-dimethylformamide (10 mg L^{-1}) and diluted with dechlorinated tap water to produce nominal concentrations of 0.5, 5 and 50 μ g L⁻¹, and N,N-dimethylformamide dissolved in dechlorinated tap water (10 mg L^{-1}) was used as a control. N.N-dimethylformamide exhibits a low toxicity and bioaccumulation potential for aquatic organisms and is readily biodegradable (OECD SIDS 2001). Z. platypus (1-year old) with an average weight of 9 g and length of 20 cm were obtained from Damsunara company (Youngin, Korea) and were acclimated in culture tanks for 1 month prior to exposure experiments.

The experiments were conducted according to the guidelines of the Organization for Economic Co-operation and Development for the testing of chemicals, No. 203 (OECD 1992). A flow-through system receiving carbon-filtered and dechlorinated tap water was used in this study. Ten fish were held in each exposure tank under a 16:8 h (light: dark) photoperiod and were maintained at a water temperature of $22 \pm 1^{\circ}$ C, pH of 7.4 ± 0.3 and a dissolved oxygen level of 7.0 ± 0.4 mg L⁻¹. The fish were not fed during the exposure experiments. At the end of the 4-day exposure, liver, muscle, and gill samples were collected from each fish, frozen in liquid nitrogen and stored at -80° C until analysis.

The concentrations of Cu and B*a*P in each test solution were determined at 0 and 4 days of exposure. B*a*P concentrations were measured via high-performance liquid chromatography (HPLC) according to Kim et al. (2008). The concentrations of the test substances were expressed in terms of the arithmetic means of the measured concentrations. The limit of detection was 0.1 μ g L⁻¹ for B*a*P. Cu concentrations were determined using a Perkin-Elmer inductively coupled plasma mass spectrometer (ICP-MS, ELAN DRC II, Perkin Elmer, Norwalk, CT, USA). The quantification of Cu was based on calibration curves of standard solutions of Cu (Sigma Aldrich, USA). The standard solutions were freshly prepared, and standard calibration curves with an $r^2 > 0.995$ were generated daily. The limit of detection was 1 µg L⁻¹ for Cu.

Liver, muscle and gill tissues were homogenized in icecold phosphate buffer (100 mM, pH 7.8) containing 20 % glycerol and 0.2 mM phenylmethylsulfonyl fluoride (PMSF) as a serine protease inhibitor. The obtained homogenates were centrifuged at 15,000g at 4°C for 15 min, and the supernatants were used for biochemical assays. CAT activity was measured based on the decrease in absorbance at 240 nm due to H_2O_2 consumption ($\epsilon^{mM} = 0.0436$) following Aebi (1974). SOD activity was determined using an indirect method involving the inhibition of cytochrome-c reduction (McCord and Fridovich 1969). GST activity toward 1-chloro-2,4-dinitrobenzene (CDNB) was measured as described by Habig et al. (1974). LPO was quantified via the TBARS assay, which measures the production of malondialdehyde (MDA) that reacts with thiobarbituric acid, using a commercial assay kit (OxiSelectTM TBARS Assay Kit, Cell Biolabs, Inc., San Diego, CA, USA).

Q-PCR was conducted to measure the relative mRNA expression of the CAT, SOD and GST antioxidant enzymes. Total mRNA was isolated from the liver tissues of Z. platypus (three individuals) following exposure to Cu and BaP using the Qiagen Total RNA Isolation kit (Hilden, Germany). Oligomeric primers were designed using Primer Express Software (Applied Biosystems, Forest City, CA, USA). O-PCR was carried out using the Power SYBR Green RNA-to-C_T 1-Step Kit (Applied Biosystems, CA, USA) and analyzed with the LightCycler 480 system (Roche Applied Science, Indianapolis, IN, USA) according to the manufacturer's instructions. Expression levels were normalized to the mRNA levels of the housekeeping gene, glyceraldehyde-3-phosphate dehydrogenase (GAPDH), and fold expression change in target genes (SOD, CAT, and GST) was calculated by comparing the expression levels between the control and treatment samples.

All statistical analyses were conducted using the Statistical Package for the Social Sciences (SPSS), version 10.0 (SPSS, Inc., Chicago, IL, USA). Differences between the control and treatment samples were determined by oneway analysis of variance (ANOVA) followed by a Duncan's test. p values < 0.05 were considered to be statistically significant. In addition, the Pearson test was applied to determine correlations among antioxidant responses.

Results and Discussion

Zacco platypus was exposed to environmentally relevant concentrations of Cu $(1.25-20.0 \ \mu g \ L^{-1})$ and BaP

Table 1	Measured	concentr	rations	of co	pper	(Cu)	and	benzo[a]p	yr-
ene (BaP) in test sc	lutions d	luring t	he ex	posu	e per	riod		

Nominal conc.	Measured conc. ($\mu g L^{-1}$)					
$(\mu g L^{-1})$	0 day	4 day	Mean (% nominal conc.)			
Cu						
Control	<dl<sup>a</dl<sup>	<dl< td=""><td>-</td></dl<>	-			
1.25	1.0	1.0	1.0 (100)			
5	5.0	4.0	4.5 (90)			
20	20.0	10.0	15.0 (75)			
BaP						
Control	<dl< td=""><td><dl< td=""><td>_</td></dl<></td></dl<>	<dl< td=""><td>_</td></dl<>	_			
0.5	0.7	0.1	0.4 (80)			
5	3.5	0.7	2.1 (42)			
50	35	24	29.5 (59)			

^a DL = detection limits for Cu and BaP (1 and 0.1 μ g L⁻¹, respectively)

Fig. 1 Antioxidant responses of a superoxide dismutase (SOD), b catalase (CAT), c glutathione S-transferase (GST) and **d** lipid peroxidation (MDA) in Zacco platypus following exposure to copper (Cu) over 4 days. Error bars represent standard deviations, and an asterisk indicates a significant difference (p < 0.05). The data for muscle and gill tissues came from a pooled sample (4 individuals) and the data for the most sensitive tissue (liver) came from three pooled samples (4, 3 and 3 individuals for each pool) (0.5–50.0 µg L⁻¹). However, the measured concentrations of Cu and B*a*P (mean values of 1.0–15.0 and 0.4–29.5 µg L⁻¹, respectively) were much lower than the nominal concentrations (Table 1). As explained in a previous report (Kim et al. 2013), this difference is most likely due to the sorption of the chemicals onto the circulation tubing or the walls of the tanks. The environmentally relevant concentrations of Cu and B*a*p were 0.5–1,000 µg L⁻¹ (average concentration of 10 µg L⁻¹) in lake water (Georgopoulos et al. 2001) and 0.001–6,000 (average concentration of 57 µg L⁻¹) in wastewater (OEHHA 1997), respectively.

Following the exposure of *Z. platypus* to Cu, changes in antioxidant enzyme activities (SOD and CAT) and LPO were observed in liver tissues, whereas the muscle and gill tissues were less affected by oxidative stress (Fig. 1). Atli et al. (2006) reported that liver tissues tend to display a higher metabolic activity compared to other tissues, suggesting that



liver tissues are more sensitive to toxic pollutants. In general, antioxidant defense systems preferentially develop in the liver, given this organ's central role in detoxifying environmental pollutants and processing metabolic products for degradation (Li et al. 2010).

Unlike the results obtained following Cu exposure, BaP exposure had a negligible effect, regardless of the tissue type (Fig. 2). The antioxidant response in gill tissues may reflect adaptation, as the gills are in constant contact with ROS-inducible hazardous materials in aquatic ecosystems (Li et al. 2011). As indicated in Figs. 2 and 3, the intensity of the antioxidant response was minimal in muscle compared to liver and gill tissues, likely due to the low numbers of mitochondria (Li et al. 2011). These findings suggest that muscle and gill tissues may not represent ideal tissues for performing oxidative stress assessment but the liver is a good target organ for antioxidant response measurements.

Cu exposure induced concentration-dependent increases in SOD and CAT activities in the liver tissues of *Z. platypus*, whereas GST activity was not altered compared to the control (Fig. 1). SOD and CAT are both major antioxidant enzymes that are preferentially affected by Cu exposure (Atli et al. 2006). For instance, Craig et al. (2007) demonstrated that SOD activity increased significantly in the liver of zebrafish following Cu exposure (15 μ g L⁻¹). Furthermore, Sanchez et al. (2005) reported that CAT activity in threespined stickleback increased following an increase in SOD activity after 4 days of exposure to Cu. SOD plays a critical role in the dismutation of superoxide anion radicals (O₂⁻¹) to hydrogen peroxide (H₂O₂), and CAT acts cooperatively as a scavenger of H₂O₂ (Martinez-Alvarez et al. 2005). Thus, the concomitant increase in SOD and CAT enzyme activities observed in this study reflects a cooperative antioxidant response against oxidative stress.

LPO also occurred at significant levels following Cu exposure (Fig. 1), suggesting that the increased SOD and CAT activities were not sufficient to effectively eliminate any oxidants present (O_2^{--} and H_2O_2). In particular, Cu induces redox cycles through the Fenton reaction, which can accelerate the formation of hydroxyl radicals and cause severe oxidative damage to cell membranes (Eyckmans et al. 2011). Interestingly, we found that MDA levels were

Fig. 2 Antioxidant responses of a superoxide dismutase (SOD), b catalase (CAT), c glutathione S-transferase (GST) and d lipid peroxidation (MDA) in Zacco platypus following exposure to benzo[a]pyrene (BaP) over 4 days. Error bars represent standard deviations. The data for muscle and gill tissues came from a pooled sample (4 individuals) and the data for the most sensitive tissue (liver) came from three pooled samples (4, 3 and 3 individuals for each pool)





Fig. 3 Q-PCR amplification of genes of a superoxide dismutase (SOD), b catalase (CAT) and c glutathione *S*-transferase (GST) in liver tissues of *Zacco platypus* following exposure to copper (Cu) over 4 days. The data were obtained from 6 individuals

positively correlated with both SOD and CAT activity (Table 2), suggesting that MDA and antioxidant enzyme levels may represent a sensitive diagnostic index of oxidative injury in *Z. platypus* following exposure to Cu.

Table 2 Pearson correlation coefficients (n = 9) between gene expression (italicized letters) and enzyme activities (capital letters) for superoxide dismutase (SOD), catalase (CAT), glutathione *S*-transferase (GST) and lipid peroxidation (MDA) in the liver tissues of *Z. platypus* following exposure to copper (Cu)

	SOD	CAT	GST	MDA
SOD	0.093	-0.147	-0.328	0.646*
CAT	-0.529	-0.340	-0.463	0.663*
GST	0.149	0.175	-0.046	0.273

* Significant correlation (p < 0.05)

During BaP exposure, no significant differences in the SOD, CAT, GST or LPO levels in liver tissues were observed among the treatment groups (Fig. 2). Fish can transform BaP to quinone metabolites such as benzo(a)-pyrene-1,6-quinone, which may induce ROS formation through redox cycling (Di Giulio and Hinton 2008). However, the antioxidant response following BaP exposure was typically unclear (Pan et al. 2006).

SOD, CAT and GST mRNA levels all appeared to increase following Cu exposure (Fig. 3). Several studies have demonstrated that antioxidant-related mRNA levels increase greatly following acute Cu exposure in bivalves (Bigot et al. 2011) and in HepG2 cells (Muller et al., 2007). In addition, Craig et al. (2007) reported that the mRNA expression of CAT in zebrafish showed a 2.5-fold increase after 2 days of exposure to Cu. However, the levels of all of the examined mRNAs decreased dramatically, to below control levels, following exposure to $15.0 \ \mu g \ Cu \ L^{-1}$ (Fig. 3). Bigot et al. (2011) showed that transient inhibition of SOD, CAT and GST mRNA expression occurs in bivalves following exposure to Cu at 50 μ g L⁻¹. Our findings suggest that Cu exposure at 15.0 μ g L⁻¹ may lead to sub-lethal effects in Z. platypus, potentially affecting the organism's capacity to maintain the homeostasis of gene expression (Kim et al. 2010). This type of hormesis is commonly observed in toxicological studies (Calabrese and Blain 2005).

Significant correlations were not found between mRNA expression levels and the activities of the corresponding antioxidant enzymes (Table 2). Similar results have been reported elsewhere (Bagnall and Kotze 2004; Hansen et al. 2006). For example, Hansen et al. (2006) reported that the mRNA levels of SOD, CAT and glutathione peroxidase (GPx) were all increased in metal-exposed liver tissues of brown trout, whereas only the enzymatic activity of SOD was higher compared to controls. This result may be explained in part by the fact that enzyme activities are controlled not only by transcription but also by activation processes, specifically post-transcriptional modification (Hansen et al. 2006). Furthermore, a previous study showed that a time window most likely exists between

transcription and translation when enzyme activities and gene expression are analyzed at the same point in time (Li et al. 2013).

In conclusion, Cu induced significant increases in the activities of antioxidant enzymes (SOD and CAT) and lipid peroxidation in *Z. platypus*, while B*a*P had no significant effects. In addition, liver tissues were more sensitive to Cu exposure compared to muscle and gill tissues. These findings suggest that the combined responses of SOD, CAT and LPO in liver tissues may represent a sensitive suite of indicators of oxidative stress in fish exposed to environmentally relevant concentrations of Cu (1.25–20.0 μ g L⁻¹).

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