ORIGINAL ARTICLE



# The KISS1 metastasis suppressor appears to reverse the Warburg effect by shifting from glycolysis to mitochondrial beta-oxidation

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Received: 1 March 2017 /Revised: 15 May 2017 /Accepted: 23 May 2017 / Published online: 8 June 2017  $\oslash$  Springer-Verlag Berlin Heidelberg 2017

#### Abstract

The shift by cancer cells toward aerobic glycolysis (Warburg effect) confers selective advantages by utilizing nutrients (e.g., lipids, amino acids, and nucleotides) to build biomass. Lipogenesis is generally enhanced, and its inhibition diminishes proliferation and survival. Re-expression of the metastasis suppressor KISS1 in human melanoma cells results in greater mitochondrial biogenesis, inhibition of glycolysis, utilization of betaoxidation to provide energy, elevated oxidation of exogenous fatty acids, and increased expression of early-phase lipogenesis genes at both mRNA and protein levels. Correspondingly, the energy sensor AMPKβ is phosphorylated, resulting in inhibitory phosphorylation of acetyl-CoA carboxylase (ACC), which is linked to enhanced beta-oxidation. Furthermore,  $PGC1\alpha$  is required for KISS1-mediated phosphorylation of ACC and metastasis suppression. Collectively, these data further support the linkages between macromolecular metabolism and metastasis.

# Key messages

- KISS1 alters fatty acid metabolism.
- There may be connections between metastasis and metabolism.
- PGC1alpha appears to be downstream mediator of KISS1 metastasis suppression.

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Keywords KISS1 . Metastasis . Lipid metabolism . Glycolysis

# Introduction

Metabolic reprogramming has long been recognized as a biochemical change in cancer cells. Otto Warburg described how cancer cells grown under normoxic conditions utilize aerobic glycolysis, resulting in increased glucose uptake and lactic acid production [[1,](#page-10-0) [2](#page-10-0)]. Herbert Crabtree described that, with the addition of glucose, neoplastic cells reversibly switch from mitochondrial respiration to aerobic glycolysis [\[3,](#page-10-0) [4](#page-10-0)]. Ultimately, cancer cells appear to utilize aerobic glycolysis to redirect carbons toward biomass synthesis in order to sustain proliferation. While the role(s) of metabolic repro gramming in tumor progression toward metastasis is incompletely understood, aerobic glycolysis has been thought to promote tumor invasion partly through the lactic acidmediated acidification of the microenvironment which renders the surrounding microenvironment uninhabitable [\[5](#page-10-0), [6](#page-10-0)]. Importantly, cancer cells have metabolic plasticity that allows them to shift between glycolysis and mitochondrial respiration, thereby allowing them to adapt to multiple microenvironments required for tumor progression, invasion, and metastasis.

Metabolic perturbation resulting in increased glycolysis can be attributed to multiple events including alterations of tumor-associated gene expression and/or protein activities [\[7](#page-10-0)–[9\]](#page-10-0), mitochondrial structure and function [[8,](#page-10-0) [10](#page-10-0), [11\]](#page-10-0), and mutations in mitochondrial DNA and enzymes [[12](#page-10-0)–[15](#page-10-0)]. Currently, the role of aerobic glycolysis is better defined in primary tumor growth while the role(s) of aerobic glycolysis in metastasis is not fully understood.

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Metastasis is a multi-step, multi-genic process with enormous energy requirements and intense cellular and biochemical stress. During metastasis, tumor cells leave the site of origination to enter the circulation and disseminate, then leave the circulation at distant sites where they proliferate to establish secondary tumor masses [\[16](#page-10-0)–[20\]](#page-10-0). Throughout the process, tumor cells survive multiple stresses such as hypoxia, re-oxygenation-associated redox stress, shear, immune surveillance, weak/non-adhesion, and restoration of proliferation at secondary sites [\[21](#page-10-0), [22\]](#page-10-0). Metabolic reprogramming could therefore confer flexibility to meet the unique energy requirements of the metastatic cascade. However, metabolic plasticity during metastasis is neither well described nor understood.

KISS1 is a metastasis suppressor, defined by the ability to suppress metastasis without blocking primary tumor growth [\[23,](#page-10-0) [24](#page-10-0)]. In the initial studies, KISS1 delayed orthotopic tumor onset, but tumors grew at a similar rate following initial establishment. Even when the time to euthanasia was delayed to compensate for the primary tumor delay, metastasis was significantly suppressed [\[23,](#page-10-0) [24](#page-10-0)]. Nascent KISS1 is a 145-amino acid secreted protein that is cleaved by the prohormone convertase furin into polypeptides, termed kisspeptins [\[25](#page-10-0)–[27\]](#page-10-0). The first identified kisspeptin, KP54, binds a G protein-coupled receptor, KISS1R (formerly GRP54, AXOR12, and hOT7T175 [\[25](#page-10-0), [28,](#page-10-0) [29](#page-11-0)]), and signals via phospholipase C, protein kinase C, and intracellular  $Ca^{2+}$  mobilization. KISS1 also activates mitogen-activated protein kinase and phosphatidylinositol-3-kinase/Akt pathways [reviewed in [\[30](#page-11-0)]]. Surprisingly, KISS1 anti-metastatic effects do not require KISS1R [\[27](#page-10-0), [30\]](#page-11-0). Therefore, the relevance of these specific signaling cascades in mediating metastasis suppression is not fully defined.

We previously showed that KISS1, but not a mutant form of KISS1 lacking the secretion signal peptide, decreases aerobic glycolysis by enhancing mitochondrial oxidative phosphorylation and PPARγ co-activator-1 alpha  $(PGC1\alpha)$ -mediated mitochondrial biogenesis [\[31\]](#page-11-0). KISS1 also appeared to have roles in regulating lipogenesis and lipid metabolism, possibly through the AMP-kinase (AMPK) pathway [\[31](#page-11-0)]. Therefore, we hypothesized that KISS1 could also activate alternative energy-generating pathways.

# Materials and methods

### Cell lines and culture

expression constructs contain a FLAG epitope within the proprotein convertase processing site  $R^{67} \wedge R^{68}$  allowing KP54 to be tracked. KFMΔSS was generated by deleting the 19-amino acid secretion sequence. All constructs were made using pcDNA3.1 phagemid.Lentiviral constructs were generated using Life Technologies Gateway platform (Life Technologies, Carlsbad, CA). All cell lines were cultured in a 1:1 mixture of Dulbecco's Modified Minimum Essential Medium and Ham's F-12 medium (Life Technologies) supplemented with 5% FBS (Life Technologies or Atlanta Biologicals, Flowery Branch, GA) and 1% nonessential amino acids (Life Technologies). Short hairpin RNA targeting KISS1 was purchased from Open Biosystems (GE Healthcare, Chicago, IL). All cell lines were tested free of Mycoplasma spp. contamination using a PCR-based assay (ATCC, Manassas, VA). All parental cell lines were validated by STR allele profiling at the University of Arizona Genetics Core.

### Real-time RT-PCR and PCR array

Total RNA was isolated using Quick-RNA™ Mini prep (Zymo Research, Irvine, CA) and reverse transcribed using iScript cDNA synthesis kit (Bio Rad, Hercules, CA). cDNA then was amplified using Taqman probes (Life Technologies) and Taqman Fast Advanced Master Mix (Life Technologies). The following Taqman probes were used: ACADVL (Hs00825606\_g1), ACADS (Hs00163506\_m1), ACC1 (ACACA, Hs01046047\_m1), ACC2 (ACACB, Hs00153715\_m1), ACLY (Hs00982738\_m1), FABP4 (Hs01086177\_m1), FASN (Hs01005622\_m1), HKII (Hs00606086\_m1), LDHA (Hs00855332\_g1), LDHB (Hs00929956\_m1), PFKM (Hs01075411\_m1), PKM1 (Hs00987255\_m1), PKM2 (Hs00987261\_g1), PPARα (Hs00947539\_m1), SLC2A1 (Hs00892681\_m1), and RNA18S5 (Hs03928985\_g1).

To analyze fatty acid metabolism gene expression, RNA was extracted as previously described and reverse transcribed using  $RT^2$  cDNA synthesis kit (Qiagen, Valencia, CA). Fatty acid metabolism  $RT^2$  profiler PCR array and  $RT^2$  Real-Time SyBR Green/ROX PCR Mix were purchased from SuperArray Biosciences/Qiagen, and the array was performed according to the manufacturer's instructions using pooled samples from three independent experiments. qRT-PCR and PCR arrays were performed on ABI ViiA™ Real-Time PCR system (Life Technologies).

#### Fatty acid oxidation

To measure mitochondrial beta-oxidation capacity, a Seahorse Bioscience XF24 extracellular flux analyzer and XF fatty acid oxidation assay were used according to the manufacturer's instructions (Seahorse Bioscience, North Billerica, MA). The oxygen consumption rate (OCR) was expressed in picomole per minute and normalized by whole cell lysate. Oligomycin (ATP synthase inhibitor), carbonyl cyanide 4-(trifluoromethoxy) phenylhydrazone (FCCP) (mitochondrial uncoupling agent), rotenone (complex I inhibitor), and antimycin A (complex III inhibitor) were used to disrupt mitochondrial function and were purchased from Sigma (Sigma-Aldrich, St. Louis, MO). The calculations for various fatty acid oxidation parameters have previously been described in detail [\[32\]](#page-11-0).

#### Glycolysis stress test

To measure glycolytic parameters, the Seahorse Bioscience Glycolysis Stress Test was performed according to the manufacturer's protocol with one exception, rotenone and antimycin A were used in an additional injection step to measure the Crabtree effect. Glycolytic [\[33\]](#page-11-0) and Crabtree effect [\[34\]](#page-11-0) parameters are described elsewhere.

#### Antibodies and immunoblotting

Cells were lysed in ice-cold RIPA buffer (ThermoFisher, Waltham, MA), supplemented with Halt Protease Inhibitor cocktail (ThermoFisher) for 30 min and centrifuged  $(12,000 \times g,$ 10 min; ThermoFisher Microfuge 22R centrifuge). Mitochondrial and cytosolic fractions were isolated using Mitochondria Isolation Kit for Cultured Cells (ThermoFisher) according to manufacturer's instructions. The mitochondrial fraction was lysed in RIPA buffer supplemented with protease inhibitor cocktails. The lysates were then diluted with 4X NuPage LDS sample buffer (ThermoFisher) with betamercaptoethanol and boiled at 95 °C for 10 min. The boiled lysate was resolved using 4–20% precast polyacrylamide gels and blotted onto PVDF membranes using the BioRad Transblot Turbo system. The blots then were blocked in either 5% milk in TBST or 5% BSA in TBST. Primary antibodies were purchased from following manufacturers and were used at the titers listed: ACC (Cell Signaling, Danvers, MA cat# 3676, 1:500), phos-ACC Ser79 (Cell Signaling cat#3661, 1:500), FASN (Cell Signaling cat#3180, 1:500), AMPK-α (Cell Signaling cat# 2603, 1:500), phos-AMPK-α Thr172 (Cell Signaling cat#2535, 1:500), AMPK- $\beta$ 1/2 (Cell Signaling cat#4150, 1:500), phos-AMPK-β1/2 Ser108 (Cell Signaling cat#4181, 1:500), hexokinase II (Cell Signaling cat#2867, 1:500), VDAC (Millipore cat# AB10527), PGC1α (Millipore cat# ST1202, 1:1000), β-actin (Sigma cat#A5441, 1:5000), GAPDH (Santa Cruz Biotechnology, Santa Cruz, CA cat#sc-365062, 1:3000), and KISS1 (ref. [[26](#page-10-0)], 1:500). Secondary antibodies were purchased from the following manufacturers and were used at the titers listed: mouse HRP conjugated (GE Healthcare cat# NA931, 1:5000), rabbit HRP conjugated (GE Healthcare cat# NA934, 1:5000), and goat HRP conjugated (Santa Cruz cat#sc-2020, 1:5000). Antibodies were diluted in 5% milk in TBST buffer (for non-phosphorylated proteins) or 5% BSA in TBST (for phosphorylated proteins).

#### In vivo metastasis

Athymic mice (3–5 weeks old) were purchased from Charles River. Experimental metastasis was studied by injecting  $2 \times 10^5$  (suspended in ice-cold 200 μl HBSS) viable GFPlabeled C8161.9 or its derivative cells into the lateral tail veins of athymic mice  $(n = 10)$ . Mice were euthanized 5 weeks postinjection. For spontaneous metastasis,  $1 \times 10^6$  viable C8161.9 $P^{CDNA3.1}$ , C8161.9KFM or C8161.9KFM/shPGC1 $\alpha$  cells were injected intradermally into dorsolateral flank of athymic mice ( $n = 9-10$ ). Tumor growth was measured weekly. When mean tumor diameter reached  $\sim$ 1.5 cm at  $\sim$ 5 weeks, primary tumors were removed. Mice were followed until there was evidence of metastases before euthanasia. Organs were collected and metastatic lesions visualized by fluorescence microscopy. All protocols were approved by the Institutional Animal Care and Use Committee at the University of Kansas Medical Center.

# Results

### KISS1 downregulates glycolysis

Persistent elevated glycolysis is a hallmark of the Warburg effect in cancer [\[35\]](#page-11-0). Neoplastic cells exhibit metabolic plasticity in terms of the short-term adaptation mechanisms depending upon the surrounding environment (Crabtree effect). We previously demonstrated that KFM expression increases extracellular pH due to decreased lactate secretion [[31](#page-11-0)]. Moreover, KFM expression also increased extracellular glucose, possibly due to decreased cellular uptake of glucose [\[31](#page-11-0)]. Therefore, we hypothesized that KFM inhibits the glycolytic pathway. Therefore, we measured glycolytic parameters and the Crabtree effect.

KFM decreased glycolysis significantly compared to the vector control (Fig. [1](#page-3-0)a, c). As with other biological functions, presence of a secretion signal sequence was required for inhibition of glycolysis. When ectopic KFM was knocked down using shRNA, KFM-mediated inhibition of glycolysis was reversed (Fig. [1c](#page-3-0)). KFM-expressing cells exhibited higher glycolytic reserve after treating with 2-deoxyglucose, indicating that KFM cells are less glycolytic; whereas, vector control and KFMΔSS cells lacked similar reserve capacity (Fig. [1](#page-3-0)d). In general, cells with low glycolytic reserve capacity are more dependent on glycolysis, while cells with higher glycolytic reserve are more tolerant of metabolic shift [[36](#page-11-0)]. All cells presented with approximately equal glycolytic capacity (Fig. [1e](#page-3-0)). Vector and KFMΔSS-expressing C8161.9 cells exhibited the Crabtree effect as mitochondrial respiration was

<span id="page-3-0"></span>suppressed when glucose was introduced. However, KFMexpressing C8161.9 cells were resistant to switching toward glycolysis and inhibition of mitochondrial function. This result further revealed that KFM cells have defective glycolysis and highly competent mitochondrial respiration. Therefore, increased glucose did not influence mitochondrial metabolism as it did in other cells. Altogether, these data suggested that KFM-expressing cells are capable of glycolysis but do not utilize it as the sole or primary energy source. The same cells initiated glycolysis in response to lack of energy production by the mitochondria. Importantly, KFM cells mainly used mitochondrial metabolism and were less glycolytic and resistant to the Crabtree effect, suggesting this as a mechanism that potentially renders them less malignant.

To delve more deeply into the glycolytic pathway, expression of selected genes and proteins were analyzed. KFM downregulated messenger RNA (mRNA) expression of a glucose transporter gene, Slc2a1 and a key early step glycolytic enzyme, HKII (Fig. [2a](#page-4-0)). The effects were specific in that knockdown of KFM partially reversed the effects. KFMΔSS-expressing cells also decreased Slc2a1 and HKII mRNA but not significantly. mRNA expression of downstream enzymes, phosphofructokinase muscle isoform (PFKM), pyruvate kinase M1 and M2 (PKM1 and PKM2),

and lactate dehydrogenase isoforms A and B (LDHA and LDHB) were unaffected by either KFM or KFMΔSS (Fig. [2](#page-4-0)a). KFM did not change the protein levels of key glycolytic enzymes (SLC2A1, HKII, PKM2, and LDHA).

PKM2 is phosphorylated at serine 37 by mitogen-activated protein kinase 1 (MAPK1/ERK2), resulting in nuclear translocation and promotion of the Warburg effect [[37](#page-11-0)]. KFM did not modulate phosphorylation of PKM2 (Fig. [2](#page-4-0)b). Interestingly, KISS1 attenuated expression of mitochondrialbound hexokinase II (HKII) (Fig. [2c](#page-4-0)), a rate-limiting enzyme that upregulates glycolytic pathways and suppresses apoptosis [\[38](#page-11-0)]. Cumulatively, these data suggest that KISS1 reverses the Warburg effect by mitigating aerobic glycolysis and boosting mitochondrial metabolism, thereby shifting energy production to rely more on oxidative phosphorylation (OXPHOS) and beta-oxidation.

#### KISS1 increases mitochondrial beta-oxidation

Since KISS1 promotes mitochondrial biogenesis [[31](#page-11-0)], we hypothesized that KISS1 could also increase mitochondrial betaoxidation of fatty acids. Sequential injections of oligomycin (ATP synthase inhibitor), FCCP (uncoupling agent), rotenone (Complex I inhibitor), and Antimycin A (Complex III

Fig. 1 KISS1 inhibits both glycolysis and the Crabtree effect. A Seahorse XF24 bioanalyzer was used to measure extracellular acidification rate (ECAR) (a) and mitochondrial oxygen consumption rate  $(OCR)$  (b) in  $C1861.9<sup>Vector</sup> (V),$  $C8161.9<sup>KFM59</sup>(*KFM*),$ C8161.9KFM59/shKISS1 $(K/\sh K)$ and C8161.9<sup>KFM $\triangle$ SS6 ( $\triangle$ SS) cells</sup> under basal conditions followed by sequential injections of 10 mM glucose (Glu), 1 μM oligomycin (Oligo), 50 mM 2-deoxyglucose  $(2-DG)$ , and 2  $\mu$ M antimycin A  $(Ant A)$  and 4 μM rotenone  $(Rot)$ . Basal glycolysis (c), glycolytic reserve (d), and glycolytic capacity (e) are derived from ECAR measurements in a. Crabtree effect (f) is derived from OCR measurements in **b**.  $N = 5$ ; error bars, SEM;  $*P < 0.05$ 



<span id="page-4-0"></span>inhibitor) allowed assessment of various mitochondrial functional parameters in the Seahorse Bioanalyzer. KFM over-expression, but not KFMΔSS, increased mitochondrial OCR compared to vector-only transduced cells (Figs. [1b](#page-3-0) and [3a](#page-5-0)– c). Oligomycin inhibited ATP production and substantially decreased OCR only in KFM-expressing cells.

#### Beta-oxidation and energy production

KFM expression in cells slightly increased the maximal oxidation of endogenous fatty acids, but there were no differences in basal oxidation (Fig. [3d](#page-5-0), f). KFM-expressing cells displayed significantly higher oxidation of exogenous fatty acids when cultured under both basal and maximal respiration conditions, suggesting that KFM-expressing cells can oxidize exogenous fatty acids more efficiently (Fig. [3](#page-5-0)e, g).

To assess potential roles of KISS1 in beta-oxidation, a PCR array was performed for 84 fatty acid metabolism-related genes. KFM increased expression of 12 genes involved in fatty acid metabolism by  $\geq$ 2-fold (Fig. [4a](#page-6-0), b) while downregulating five beta-oxidation-related genes. The upregulated genes are the key to beta-oxidation and conjugation of fatty acids with acyl-CoA. These results suggest that KFM promotes conjugation of fatty acids to acyl-CoA, transport of fatty acid acyl-CoA into mitochondria, and beta-oxidation. Peroxisome proliferator-activated receptor alpha (PPAR $\alpha$ ) is a key transcriptional activator of beta-oxidation. KFM, but not KFMΔSS, downregulated PPARα mRNA. Knockdown of KFM by shRNA reversed the KFM-induced decreases in PPAR $\alpha$  gene expression (Fig. [4](#page-6-0)c), suggesting a possible compensatory change.

KFM differentially regulated transcription of acyl-CoA dehydrogenase short chain (ACADS) and acyl-CoA dehydrogenase very long chain (ACADVL) (Fig. [4](#page-6-0)c). Both ACADS and ACADVL are localized in mitochondrial inner matrix where they catalyze the first step of betaoxidation [\[39](#page-11-0), [40\]](#page-11-0). It appears that KFM promotes catabolism of short chain fatty acids as revealed by increased ACADS gene expression; however, KFMΔSS also increased ACADS expression and knockdown of KFM did not reverse the expression. Regardless, the data suggests that KFM acts as a switch for energy-generating pathways,





Fig. 2 KISS1 has minimal effects on glycolytic enzyme expression, but decreases mitochondria bound hexokinase II. a mRNA expression of glycolytic transporter and enzymes, *SLC2A1*, *HKII*, *PFKM*, *PKM1*, *PKM1*, *DKM2*, *LDHA*, and *LDHB* in C1861.9<sup>Vector</sup> (V), C8161.9<sup>KFM59</sup> (*KFM*), C8161.9<sup>KFM59/shKISS1 (*K/shK*) and C8161.9<sup>KFMASS6</sup> (*ASS*) cells wa</sup> C8161.9KFM59/shKISS1 (K/shK), and C8161.9KFM $\triangle$ SS6 ( $\triangle$ SS) cells was quantified by qRT-PCR. b SLC2A1, hexokinase II, phos-PKM2 at serine 37, PKM2, LDHA, and KISS1 proteins from C1861.9<sup>Vector</sup>,  $C8161.9<sup>KFM59</sup>$ ,  $C8161.9<sup>KFM59/shKISS1</sup>$ , and  $C8161.9<sup>KFM\Delta S S6</sup>$  whole cell lysate were quantified using immunoblot analysis with GADPH and beta-

actin as loading controls. Densitometry of proteins was normalized to beta-actin. c Cytosolic and mitochondrial fractions were extracted from C1861.9<sup>Vector</sup>, C8161.9<sup>KFM59</sup>, C8161.9<sup>KFM59/shKISS1</sup>, and C8161.9KFMΔSS6 cells, and immunoblot analysis was performed for hexokinase II, KISS1, VDAC, beta-actin, and GAPDH. a  $N \geq 3$ ; error *bars*, SEM; \*P < 0.05. **b**  $N \ge 3$ ; mean  $\pm$  SEM. Note: the KFM $\Delta$ SS construct consistently runs at a higher molecular weight than full-length KISS1 [[26](#page-10-0)]; however, gel density and gel size affect separation, which is why there is minor gel-gel variability between **b** and **c** 

<span id="page-5-0"></span>in which KFM suppresses glycolysis and promotes betaoxidation of fatty acids possibly to generate NAPDH and  $FADH<sub>2</sub>$  in the citric acid cycle to promote mitochondrial oxidative phosphorylation.

### KISS1 enriches key lipogenic enzymes

Lipid synthesis and metabolism pathways are mutually exclusive and reciprocally regulate each other [\[41](#page-11-0)]. The key function of early lipogenic enzymes is to generate building blocks (acetyl-CoA and fatty acid acyl-CoA) for both fatty acid synthesis and beta-oxidation pathways. Acetyl-CoA carboxylase (ACC) genes are master regulators shifting Acetyl CoA toward either

lipid synthesis or beta-oxidation [[42](#page-11-0)]. KFM increased expression of ACC at both mRNA and protein levels. Knock down of KFM reversed the increases. KFMΔSS did not affect ACC expression (Fig. [5a](#page-7-0), b). KFM did not increase ATP citrate lyase (ACLY), fatty acid synthase (FASN) expression (Fig. [5a](#page-7-0), b).

# Increased beta-oxidation is a result of KISS1-induced persistent AMPK activation

To begin addressing the conundrum of why KFM expression upregulates ACC without affecting other early lipogenic enzymes, we hypothesized that KFM might promote betaoxidation through AMPK. AMPK leads to beta-oxidation as



Fig. 3 KISS1 increases mitochondrial beta-oxidation. Seahorse XF24 bioanalzyer was used to measure OCR in C1861.9<sup>Vector</sup> (V) (a),<br>C8161.9<sup>KFM59</sup> (KEM (b), and C8161.9<sup>KFM $\triangle S^{SCM}(AS)$ </sup> (c) cells treated C8161.9<sup>KFM59</sup> (*KFM*) (**b**), and C8161.9<sup>KFM $\triangle$ SS<sup>6</sup>( $\triangle$ SS) (**c**) cells treated with RSA or palmitate-RSA (*Pal*) with or without 40 uM etomoxir (*FTO*)</sup> with BSA or palmitate-BSA (Pal) with or without 40  $\mu$ M etomoxir (ETO) in low glucose (0.5 mM) conditions followed by sequential injections of oligomycin ( oligo ), 5 <sup>μ</sup> M carbonyl cyanide-4-

(trifluoromethoxy)phenylhydrazone (FCCP), and 2 <sup>μ</sup>M antimycin A (Ant A) and 4  $\mu$ M rotenone (Rot). Endogenous (d) and exogenous (e) basal fatty acid oxidation and endogenous (f) and exogenous (g) maximal fatty acid oxidation are derived from the OCR measurements in a–c.  $N \geq 3$ ; error bars, SEM; \*P < 0.05

<span id="page-6-0"></span>a means to generate additional ATP [[43](#page-11-0)]. Increased AMP:ATP ratio induces an activating AMPK serine 108 (Ser108) autophosphorylation [[44\]](#page-11-0). Additionally, AMPK is also phosphorylated at threonine 172 (Thr172) by liver kinase B1 (LKB1), resulting in activation of AMPK [\[45\]](#page-11-0). Activated AMPK then will phosphorylate ACC at serine 79 (Ser79) and possibly other serine sites, resulting in inhibition of ACC activity and increased beta-oxidation [\[46](#page-11-0), [47](#page-11-0)]. KFM increased phosphorylation of ACC at Ser79. Upstream of ACC, KFM promotes AMPKβ phosphorylation at Ser108 but not Thr172 phosphorylation of the  $AMPK\alpha$  subunit. Furthermore, the secretion signal sequence is required for KFM-promoted AMPK and ACC phosphorylation. Knockdown of KFM attenuated the AMPK-mediated phosphorylation of ACC (Fig. [5](#page-7-0)c). Thus, KFM activates AMPK-mediated inhibitory phosphorylation of ACC, which may result in the observed increased betaoxidation.

## $PGC1\alpha$  is required for KISS1-induced transcription of beta-oxidation-related genes and ACC phosphorylation

We previously showed that KISS1 promotes mitochondrial biogenesis and respiration via PGC1 $\alpha$  [[31](#page-11-0)]. Loss of PGC1 $\alpha$ ablates KISS1-mediated metastasis suppression in vitro [[31\]](#page-11-0).  $PGC1\alpha$  promotes fatty acid oxidation via the coactivators ERR and PPARδ. AMPK activates  $PGC1\alpha$  by phosphorylation at threonine-177 and serine-538 resulting in enhanced mitochondrial respiration in skeletal muscle [[48\]](#page-11-0). Thus, we assessed whether  $PGC1\alpha$  is required for KISS1-mediated

activation of beta-oxidation-related genes. Knocking down  $PGC1\alpha$  attenuated KISS1 induction of multiple key beta-oxidation-related genes (Fig. [6](#page-8-0)a, b).  $PGC1\alpha$  knockdown also decreased ACC1, ACC2, and ACLY mRNA levels and partially restored  $PPAR\alpha$  mRNA levels (Fig. [6c](#page-8-0)). At the protein level,  $PGC1\alpha$  knockdown ablates the increases in phosphorylated and total ACC protein levels induced by KFM (Fig. [6d](#page-8-0)). Altogether, the data suggest that  $PGC1\alpha$  is indispensable for KFM-mediated broad upregulation of lipid betaoxidation genes.

# $PGC1\alpha$  is required for KISS1-mediated metastasis suppression

Cumulatively, our data, published here and elsewhere, suggests that  $PGC1\alpha$  is a major molecular player in KISS1mediated metastasis suppression. Our next question was whether  $PGC1\alpha$  is required for the KISS1 metastasis suppressive effects in vivo. In both experimental (Fig. [7a](#page-9-0), b; C8161.9KFM vs C8161.9KFM/shP1;  $p = 0.0002$ C8161.9KFM vs C8161.9KFM/shP2;  $p = 0.0112$ ) and spontaneous (Fig. [7](#page-9-0)c, d; C8161.9Vector vs C8161.9KFM/shP1;  $p = 0.017$  and C8161.9Vector vs C8161.9KFM/shP2;  $p = 0.001$ ) metastasis assays, KISS1 suppression of metastasis was wholly or partly reversed when  $PGC1\alpha$  was knocked down using shRNA. The proportion of mice developing metastases and the numbers of metastases were both affected and both parameters were shRNA construct-dependent. In this particular experiment, there was a greater than usual growth

Fig. 4 KISS1 upregulates betaoxidation-related gene expression. A PCR array was used to probe for various gene expressions in C1861.9<sup>Vector</sup> (V),<br>C8161.9<sup>KFM59</sup> (*KFM*),  $C8161.9^{KFM59}$  (*KFM*),<br>C8161.9<sup>KFM59/shKISS1</sup>  $C8161.9<sup>KFM59/shKISS1</sup> (K/shK),$ <br>and C8161  $9<sup>KFM\Delta</sup>SS6$  (ASS) ce and C8161.9KFM<sup>Δ</sup>SS6 (ΔSS) cells and selected upregulated genes are shown in a and b. c mRNA expression of beta-oxidation related genes, PPARα, ACADVL,<br>ACADS, and FABP4, in ACADS, and FABP4, in<br>C1861.9<sup>Vector</sup>, C8161.9<sup>KFM59</sup>, C8161.9KFM59/shKISS1, and  $C8161.9<sup>KFM<sub>ΔS</sub>S6</sup>$  cells were quantified by qRT-PCR.  $N \geq 3$ ; error bars, SEM; \*P < 0.05



<span id="page-7-0"></span>

Fig. 5 KISS1-mediated beta-oxidation induction is a result of AMPK phosphorylation of ACC at serine 79. a mRNA expression of early Ipogenic genes, ACLY, ACC1, ACC2, and FASN, in C1861.9<sup>Vector</sup> (V),<br>C8161.9<sup>KFM59</sup> (KFM), C8161.9<sup>KFM59/shKISS1</sup> (K/shK), and  $\text{C}8161.9^{\text{KFM59}}$  (*KFM*), C8161.9<sup>KFM59/shKISS1</sup> (*K/shK*), and C8161.9<sup>KFM $\triangle$ SS6 (*ASS*) cells were quantified by **aRT-PCR b** c) ACC</sup> C8161.9<sup>KFM $\triangle$ SS6</sup> ( $\triangle$ SS) cells were quantified by qRT-PCR. b, c) ACC, FASN, phos-ACC at serine 79, phos-AMPKβ at serine 108, AMPKβ, phos-AMPK $\alpha$  at threonine 172, and AMPK $\alpha$  proteins from  $C1861.9^{Vector}$ , C8161.9KFM59, C8161.9KFM59/shKISS1, and C8161.9<sup>KFM $\triangle$ SS6</sup> whole cell lysate were quantified using immunoblot analysis with beta-actin as loading control. Densitometry of proteins was first normalized to beta-actin and then pACC:ACC ratios were determined.  $\mathbf{a}-\mathbf{c}$  N  $\geq$  3; error bars, SEM; \*P < 0.05.  $\mathbf{b}, \mathbf{c}$  N  $\geq$  3; mean  $\pm$  SEM

inhibition in the KFM-expressing population of C8161.9, which was also reversed by knockdown of  $PGC1\alpha$  (Fig. [7](#page-9-0)e).

## Discussion

Activation of glycolysis in cells growing under normoxic conditions is a hallmark of many cancers and it is believed to possibly confer a survival advantage. However,

the underlying mechanisms behind the Warburg effect are not fully understood, especially as it regards metastasis. When we previously reported that KISS1 reversed the Warburg effect by enhancing mitochondrial biogenesis and PGC1 $\alpha$  levels [\[31](#page-11-0)], a possible link between metabolism and metastatic potential was inferred. This study was designed to further dissect the effects of KISS1 on glycolysis and mitochondrial beta-oxidation in metastatic melanoma cells.

Most neoplastic cells can utilize either aerobic glycolysis or mitochondrial respiration; however, the types of metabolism correlate with KISS1 expression and whether the cells metastasize or not [[31\]](#page-11-0). Aerobic glycolysis is not required for tumors to grow, since KISS1-expressing cells still form orthotopic tumors. However, growth rates are affected by metabolism. Importantly, the data, presented here and elsewhere [\[49](#page-11-0)–[51](#page-11-0)], suggest that metabolic shifts may contribute to metastasis.

KISS1 re-expression decreased mitochondrial hexokinase II (HKII). HKII plays a dual role in cancer cells by upregulating aerobic glycolysis and by preventing mitochondriainduced apoptosis [[38,](#page-11-0) [52\]](#page-11-0). Mitochondrion-bound HKII prevents apoptosis by both preventing mitochondrial permeability transition and inhibiting Bax-mediated cytochrome c release [\[52\]](#page-11-0). These findings may partly explain reports of KISS1-induced apoptosis [[53,](#page-11-0) [54](#page-11-0)], suggesting that reduction of HKII may increase susceptibility to apoptotic stimuli. Correspondingly, mitochondrion-bound HKII interacts with VDAC (voltage-dependent anionic channel), suppressing respiration and increasing aerobic glycolysis [\[55](#page-11-0)]. The latter is consistent with our observations that KISS1 upregulates mitochondrial beta-oxidation and oxidative phosphorylation.

Beta-oxidation and lipid synthesis are mutually exclusive in cells. Sustained proliferation requires continuous lipid synthesis to meet requirements for membrane generation. Tumor cells reactivate de novo lipid synthesis by upregulating expression of key enzymes, including FASN, ACLY, and ACC [\[56](#page-11-0), [57](#page-11-0)]. KISS1 increased ACC protein but also simultaneously inhibit ACC activity. ACC is the rate-limiting enzyme in de novo fatty acid synthesis and is overexpressed in breast [\[58\]](#page-11-0), prostate [\[59](#page-11-0)], skin [\[60](#page-11-0)], and liver [\[61](#page-11-0)] cancers. Through inhibition of ACC, KISS1 appears to suppress simultaneously de novo lipid synthesis and activate beta-oxidation, potentially to prevent membrane biogenesis and cell proliferation.

KISS1 increases mitochondrial beta-oxidation of exogenous fatty acids. Beta-oxidation and fatty acid catabolism are emerging therapeutic targets in multiple cancer types [\[56](#page-11-0), [62](#page-11-0)–[64](#page-11-0)] because there are higher yields of ATP from fatty acids compared to carbohydrate catabolism [\[65](#page-11-0)]. As a result, both are speculated to meet the high-energy requirements of tumorigenesis and metastasis [\[56](#page-11-0), [65\]](#page-11-0). How might KISS1

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Fig. 6 PGC-1 $\alpha$  appears to be required for KISS1-mediated induction of beta-oxidation-related gene expression and AMPK-mediated phosphorylation of ACC. A PCR array was used to probe expressions of various genes in C1861.9<sup>Vector</sup> (V), C8161.9<sup>KFM59</sup> (*KFM*), and C8161.9<sup>KFM59/</sup><br>shPGC-1 $\alpha$  (*K/shP*) cells. Selected unregulated genes are shown in a and  $\frac{\text{snpGC-1}\alpha}{\text{snPNA}}$  (*K/shP*) cells. Selected upregulated genes are shown in a and **h** c mRNA expression of beta-oxidation-related genes *ACC1 ACC2* **b. c** mRNA expression of beta-oxidation-related genes, ACC1, ACC2,<br>ACLY, and PPAR $\alpha$ , in C1861.9<sup>Vector</sup>, C8161.9<sup>KFM59</sup>, and<br>C8161.9<sup>KFM59/shPGC-1&#1</sup>(*K/shP1*), and C8161.9<sup>KFM59/shPGC-1&#2</sup>  $C8161.9^{KFM59/shPGC-1\alpha\#1}(K/shPI)$ , and  $C8161.9^{KFM59/shPGC-1\alpha\#2}$ 

 $(K/\hbar P2)$  cells were quantified by qRT-PCR. d PGC-1 $\alpha$ , phos-ACC at serine 79, ACC, phos-AMPKβ at serine 108, AMPKβ, phos-AMPKα at threonine 172, AMPK $\alpha$ , and KISS1 proteins from C1861.9<sup>Vector</sup>,  $C8161.9<sup>KFM59</sup>$ ,  $C8161.9<sup>KFM\Delta SSS</sup>$ ( $\Delta SS$ ),  $C8161.9<sup>KFM59</sup>/s$ hPGC-1 $\alpha$ #1, and  $C8161.9<sup>KFM59</sup>/s$ hPGC-1 $\alpha$ #2 whole cell lysates were quantified using immu- $C8161.9<sup>KFM59/shPGC-1α#2</sup>$  whole cell lysates were quantified using immunoblot analysis with beta-actin as loading control.  $\mathbf{a}-\mathbf{c}$   $N \geq 3$ ; error bars, SEM; \*P < 0.05

activate beta-oxidation and still suppress metastasis? For proliferating tumor cells that rely on high rates of glycolysis, it is well accepted that aerobic glycolysis generates ATP, produces reducing equivalents in the form of NADPH, and support biosynthesis, most notably in de novo fatty acid synthesis. Recent empirical studies indicate that the amount of ATP required for tumor cell growth may be less than expected. In fact, tumor cells may never reach limiting values of ATP; demand could be meet already by mitochondrial respiration. High rates of glycolysis and lactate production would serve to regenerate NAD+ that, on the one hand, allows for glycolysis to continue and, on the other hand, suppresses pyruvate dehydrogenase (PDH) and mitochondrial respiration. These observations indicate that proliferating tumor cells need both high glycolysis rate and a basal level of mitochondrial respiration. From a therapeutic perspective, and both glucose and mitochondrial respiration need to be eliminated to kill tumor cells.

Our studies revealed that KISS1 inhibits glycolysis and carbon sources for endogenous fatty acid oxidation (FAO). We speculated that KISS1 increases mitochondrial respiration as a metabolic compensation for defective glycolysis so that tumor cells remain viable but do not proliferate (consistent with our published observations that KISS1-expressing cells are dormant after seeding ectopic tissues [\[27\]](#page-10-0)). KISS1 inhibited glycolysis and activation of FAO would limit the availability of some macromolecules and fatty acid pools for membrane incorporation, storage, and/or signaling. As a result, tumor cells would be less likely to actively or successfully proliferate.

AMPK is involved in lipid metabolism by inhibiting ACC, with a corresponding inhibition of fatty acid synthesis and activation of beta-oxidation [[43](#page-11-0)]. KISS1, by an asyet undetermined mechanism, appears to regulate AMPK activity via control of  $\text{Ser}^{108}$  phosphorylation of the AMPKβ subunit. Additionally, AMPK inhibits the mTOR pathway which is associated with diminished protein synthesis, reduced cell proliferation, and activation of autophagic pathways [[66,](#page-11-0) [67\]](#page-11-0). KISS1-induced AMPK activation may therefore be an explanation for previously reported KISS1-induced autophagy [\[31\]](#page-11-0). Together, our observations support a model whereby KISS1 suppresses metastasis by modulating aspects of tumor cell metabolism (Fig. [8\)](#page-10-0).

Compiling the results reported here and elsewhere, KISS1 appears to be integral to the coordination of lipid and carbohydrate metabolic pathways. In the presence of KISS1, AMPK is constitutively active, resulting in inhibition of ACC and activation of beta-oxidation of fatty acids. Since KISS1 has no known kinase nor phosphorylase activities, how it regulates AMPK is still only a matter of speculation. Nonetheless, since AMPK activation has been reported to suppress melanoma invasion and metastasis development [\[68](#page-12-0)], the findings support the notion that metabolism may be important for controlling metastasis, the most lethal attribute of cancer cells.

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Fig. 7 PGC-1 $\alpha$  knockdown reverses KISS1-mediated metastasis suppression in vivo. a Representative images of lung metastasis after i.v. injection of C1861.9<sup>Vector</sup> (V), C8161.9<sup>KFM59</sup> (KFM), C8161.9<sup>KFM59/</sup><br>shPGC-1 $\alpha$ #1 (K/shP1), and C8161.9<sup>KFM59/shPGC-1 $\alpha$ #2 (K/shP2) cells. The</sup> shPGC-1 $\alpha$ #1 (K/shP1), and C8161.9<sup>KFM59/shPGC-1 $\alpha$ #2 (K/shP2) cells. The</sup> lung metastases were visualized macroscopically and using green fluorescent protein, lung metastases were quantified (b).  $N = 10$ ; error bars,

SEM;  $*P < 0.05$ . c Representative images of spontaneous metastasis following orthotopic tumor growth of C1861.9<sup>Vector</sup>, C8161.9<sup>KFM59</sup>,  $C8161.9<sup>KFM59/shPGC-1α#1</sup>$ , and  $C8161.9<sup>KFM59/shPGC-1α#2</sup>$  cells and metastases were illuminated using GFP. d Incidence of spontaneous metastases to distant organs. e Orthotopic tumor volume was measured at 2, 3, 4, and 5 weeks.  $n = 9-10$ ; error bars, SEM;  $*P < 0.05$ 

Moreover, the results also suggest that  $PGC1\alpha$  is a key mediator for KISS1-induced AMPK activation and subsequent activation of beta-oxidation. PGC1 $\alpha$  had previously been reported to be activated by AMPK via phosphorylation resulting in enhanced  $PGC1\alpha$  expression and mitochondrial biogenesis [[48,](#page-11-0) [69](#page-12-0), [70\]](#page-12-0). Our lab reported that KISS1 promotes PGC1α-mediated mitochondrial biogenesis [\[31](#page-11-0)]. The results showed that AMPK activation by KISS1 was possibly responsible for the subsequent upregulation of PGC1 $\alpha$  activity resulting in enhanced beta-oxidation. Additionally,  $PGC1\alpha$  has been independently verified to suppress melanoma metastasis [\[71](#page-12-0)] and, in line

with that study, our data clearly revealed that  $PGC1\alpha$ blocks disseminated tumor cells outgrowth in lung parenchyma. PGC1 $\alpha$  appears to be indispensable for KISS1 metastasis suppression. So far, we do not know which of the myriad metabolic aspects regulated by  $PGC1\alpha$  (i.e., mitochondrial biogenesis, lipogenesis, β-oxidation, or aerobic glycolysis) might be responsible for the KISS1 metastasis suppressor activity.

Collectively, the data presented here show the outlines a tapestry connecting cellular metabolism and cancer metastasis. A KISS1-AMPK- PGC1 $\alpha$  axis may involve sequential components as well as synergistic ones, each affecting

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Fig. 8 A proposed simplified model depicting how KISS1 suppresses metastasis via modulation of tumor metabolism. KISS1 boosts mitochondrial biogenesis via modulation of  $PGC1\alpha$  expression. KISS1 also increases β-oxidation by activating AMPK and PGC1α. AMPK activation leads to inhibitory phosphorylation of ACC, thus preventing malonyl-CoA-mediated inhibition of β-oxidation. PGC1α cooperates with PPARα in transcriptional control of nuclear genes encoding β-oxidation. AMPK activates  $PGC1\alpha$  and vice versa. KISS1 inhibits aerobic glycolysis by modulating genes expression involved in glycolysis

different steps of the metastatic cascade, including growth at the primary or secondary sites.

Acknowledgements This study was supported by grants to DRW from Susan G. Komen for the Cure [SAC11037], the National Foundation for Cancer Research-Center for Metastasis Research, US National Cancer Institute RO1-CA134981, and using partial support from RO1- CA87728 and P30-CA168524. D.R. Welch is the Hall Family Professor of Molecular Medicine and a Kansas Bioscience Authority Eminent Scholar. This study also was supported by fellowship to SJM from the Kansas INBRE, P20 GM103418.

#### Compliance with ethical standards

Conflict of interest The authors declare that they have no conflicts of interest.

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