ORIGINAL ARTICLE

### Decrease of glial cell-derived neurotrophic factor contributes to anesthesia- and surgery-induced learning and memory dysfunction in neonatal rats

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#### Abstract

Long duration of anesthesia may induce toxicity in the developing brain. However, little is known about the effects of the combination of surgery and anesthesia on the developing brain. The mechanisms for the effects are not clear. To determine these effects, postnatal day 7 male and female Sprague-Dawley rats were exposed to 3% sevoflurane for 2 h with or without right common carotid exposure. Pyrrolidine dithiocarbamate (PDTC), an anti-inflammatory agent, was given 30 min before and 6 h after the carotid exposure. Anti-glial cell-derived neurotrophic factor (GDNF) antibody or GDNF was given at the end of sevoflurane exposure. We found that anesthesia-surgery induced learning and memory impairment assessed by Barnes maze and fear conditioning. Anesthesiasurgery also induced neuroinflammation and reduced the level of glial cell-derived neurotrophic factor (GDNF,  $10.6 \pm 0.6$  pg/ mg protein of control rats vs.  $7.7 \pm 0.4$  pg/mg protein of

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anesthesia-surgery rats, n = 17, p = 0.007) and neurogenesis in the hippocampus. PDTC inhibited these surgical effects (GDNF level 9.7 ± 0.6 pg/mg protein of anesthesia-surgery plus PDTC rats, n = 17, p = 0.763 vs. control rats). Intracerebroventricular injection of an anti-GDNF antibody but not its heat-inactivated form induced learning and memory impairment in control rats. Intracerebroventricular injection of GDNF attenuated learning and memory impairment after anesthesia-surgery. We conclude that anesthesia-surgery in neonatal rats induces neuroinflammation, which then leads to a decreased level of GDNF and neurogenesis in the hippocampus and cognitive impairment. GDNF decrease plays an important role in anesthesia-surgery-induced cognitive impairment.

#### Key message

- Anesthesia-surgery in neonatal rats induces neuroinflammation.
- Neuroinflammation leads to decreased levels of GDNF.
- Neuroinflammation reduces hippocampal neurogenesis and induces cognitive impairment.
- GDNF decrease is important for anesthesia-surgeryinduced cognitive impairment.

Keywords Cognition  $\cdot$  Glial cell-derived neurotrophic factor  $\cdot$  Neonatal rat  $\cdot$  Neurogenesis

#### Introduction

Long duration of anesthesia in neonatal rodents has been shown to induce brain cell apoptosis, neuroinflammation, and impairment of learning and memory [1, 2]. Obviously, it is important to understand the underlying pathophysiology for the impairment of learning and memory. The role of brain cell apoptosis in the learning and memory impairment has been questioned by recent studies [3, 4]. Although neuroinflammation is shown to contribute to the impairment of learning and memory [5, 6], anesthetic- and surgery-induced neuroinflammation shall be short-lived [6, 7]. Thus, it is not clear yet how an acute event, such as anesthetic exposure, can induce cognitive impairment weeks or months later.

Anesthetics may reduce neurogenesis [8, 9], a process that is involved in learning and memory [10–12]. It has been shown that neuroinflammation can reduce neurogenesis [13, 14]. Thus, it is possible that anesthetics can induce neuroinflammation that then reduces neurogenesis to lead to the delayed cognitive impairment.

Interestingly, previous basic science research has been focused on anesthetic effects on developing brain [1, 2]. However, patients are not usually given anesthesia without an accompanying surgical procedure. Surgery is a significant insult that can induce systemic inflammation [15]. We and others have shown that anesthetics including volatile anesthetics may provide protection against various insults [1, 16, 17]. Interestingly, little is known about the effects of the combination of anesthesia and surgery on learning and memory in neonatal animals. Sevoflurane is the most commonly used general anesthetic in pediatric patients. Thus, we designed this study to determine whether surgery under sevoflurane anesthesia induced learning and memory impairment in developing brain. If impairment was induced, whether the cascade of neuroinflammation-growth factor decrease-neurogenesis inhibition played a role in the impairment of learning and memory.

#### Materials and methods

The animal protocol was approved by the Institutional Animal Care and Use Committee of the University of Virginia (Charlottesville, VA). All animal experiments were carried out in accordance with the National Institutes of Health Guide for the care and use of laboratory animals (NIH publications number 80-23) revised in 2011.

#### **Animal groups**

Postnatal day 7 (PND7) male and female Sprague-Dawley rats were littermate-matched and randomly assigned to three groups in the first experiment: (1) control (not being exposed to anesthesia, surgery, or any drugs); (2) anesthesia with 3% sevoflurane for 2 h; and (3) anesthesia-surgery group (right carotid artery exposure under anesthesia with 3% sevoflurane for 2 h). In the second experiment, the rats were assigned to (1) control group, (2) pyrrolidine dithiocarbamate (PDTC) group, (3) anesthesia-surgery group, and (4) anesthesia-surgery plus PDTC group. PDTC, an anti-inflammatory agent, was given intraperitoneally 30 min before and 6 h after the surgery. In the third experiment, the neonatal rats were assigned to (1) control group, (2) heat-inactivated anti-glial cell-derived neurotrophic factor (GDNF) antibody group, and (3) anti-GDNF antibody group. In the last experiment, neonatal rats were assigned to (1) control group, (2) anesthesia-surgery group, and (3) anesthesia-surgery plus GDNF group. The heat-inactivated anti-GDNF antibody, anti-GDNF antibody, and GDNF peptide were injected intracerebroventricularly. Rats were started to be tested in Barnes maze and then fear conditioning from postnatal day 30.

#### Anesthesia and surgery

The surgery was a right carotid artery exposure [18]. Briefly, PND7 rats were anesthetized by 3% sevoflurane. During the procedure, the rat was breathing spontaneously with a facemask supplied with 100% oxygen. Rectal temperature was monitored and maintained at 37 °C with the aid of a heating blanket (TCAT-2LV, Physitemp Instruments Inc., Clifton, NJ). A 1.5-cm midline neck incision was made after the rat was exposed to sevoflurane at least for 30 min. Soft tissues over the trachea were retracted gently. One-centimeterlong right common carotid artery was carefully dissected free from adjacent tissues without any damage on the vagus nerve. Care was taken not to interrupt the blood flow in the artery for any significant amount of time (>30 s). The wound was then irrigated and closed by using surgical suture. The surgical procedure was performed under sterile conditions and lasted around 15 min. After the surgery, all animals received a subcutaneous injection of 6 mg/kg bupivacaine. Since this procedure was minimally invasive, additional medication for postoperative pain control was not needed based on the observation of animal activity and presentation. The total duration of general anesthesia was 2 h. No response to toe pinching was observed during the anesthesia. Rats in the sevoflurane anesthesia group also received bupivacaine injection to the neck.

#### **Barnes** maze

Twenty three days after being exposed to various experimental conditions, animals were subjected to Barnes maze to test their spatial learning and memory as previously described [18]. Barnes maze is a circular platform with 20 equally spaced holes (SD Instruments, San Diego, CA, USA). One of the holes was connected to a dark chamber called target box. The test was started by placing animals in the middle of the Barnes maze. Aversive noise (85 db) and bright light from a 200-W bulb shed on platform were used to provoke mice to find and enter the target box. Animals were first trained for 4 days with 3 min per trial, two trials per day, and 15-min interval between each trial. The memory test was carried out on day 5 (short-term retention) and day 12 (long-term retention). No test was performed during the period from days 5 to

12. The latency to enter the target box during each trial was recorded by an ANY-Maze video tracking system (SD Instruments).

#### Fear conditioning

Fear conditioning test was performed 24 h after the Barnes maze test was completed as we previously described [18]. Rats were placed in a test chamber wiped with 70% alcohol and subjected to three tone-foot shock pairings (tone 2000 Hz, 85 db, 30 s; foot shock 1.0 mA, 2 s) with 1-min inter-trial interval in a relatively dark room. Rats were removed from the test chamber 30 s after training and returned to their regular cages. Rats were placed back 24 h later to the same chamber for 8 min without tone and shock. The freezing behavior was recorded in an 8-s interval. Two hours later, mice were placed in a new test chamber that had different context and smell from the first test chamber. This chamber was wiped with 1% acetic acid and was in a relatively light room. After no stimulation for 3 min, the tone stimulus was then turned on for three cycles with each cycle for 30 s followed by 1-min inter-cycle interval (total 4.5 min). The freezing behavior in this 4.5 min was recorded too. All freezing behavior was recorded by a camera, and the video was scored by an observer who was blinded to the group assignment of animals.

#### BrdU administration and immunofluorescent staining

Rats received two doses of 50 mg/kg 5'-bromo-2'deoxyuridine (BrdU; Sigma-Aldrich) given intraperitoneally 16 and 40 h after the surgery [9] and sacrificed 64 h after surgery to harvest the hippocampus for staining BrdU or costaining BrdU and SRY (sex-determining region Y)-box 2 (Sox-2), a marker for multi-potential neural stem cells [19], or sacrificed 23 days after surgery to harvest the hippocampus for staining BrdU or co-staining BrdU and neuronal nuclei (NeuN), a marker for mature neurons [20]. Rats were sacrificed 64 h after the surgery to harvest the hippocampus for staining ionized calcium-binding adaptor molecule 1 (Iba-1), a marker for microglial activation [7, 18].

To harvest the hippocampus, rats were deeply anesthetized by sevoflurane and then perfused with normal saline. The hippocampus was fixed in 4% paraformaldehyde in 0.1 M phosphate-buffered saline at 4 °C for 24 h and embedded in paraffin. Four-micron-thick coronal brain sections were cut sequentially from bregma -1 to -4 mm. Antigen retrieval was performed by incubating the sections with sodium citrate buffer containing 10 mM sodium citrate and 0.05% Tween 20 (pH 6.0) at 95–100 °C for 20 min. DNA denaturation was done by incubating with 1 N HCl (catalogue number: H1758, Sigma-Aldrich) on ice for 3 min and 2 N HCl at room temperature for 3 min and at 37 °C for 6 min. Sections were blocked with 5% normal donkey serum and 1% bovine serum albumin in Tris-buffered saline containing 0.5% Triton-X 100 for 2 h at room temperature. The sections were then incubated overnight at 4 °C with the following primary antibodies: rat monoclonal anti-BrdU antibody (1:100 dilution, catalogue number: ab6326 Abcam), goat polyclonal anti-Sox-2 antibody (1:100 dilution, catalogue number: sc-17320; Santa Cruz Biotechnology), mouse monoclonal anti-NeuN antibody (1:200 dilution, catalogue number: MAb377; Millipore), or rabbit polyclonal anti-Iba-1 antibody (1:500 dilution, catalogue number: 019-19741; Wako Chemicals USA, Richmond, VA). The sections were incubated with donkey anti-rat IgG antibody conjugated with Alexa Fluor 594 (1:200 dilution, catalogue number: A-21209; Invitrogen), donkey anti-goat IgG antibody conjugated with Alexa Fluor 488 (1:200 dilution, catalogue number: A-11055; Invitrogen), donkey anti-mouse IgG antibody conjugated with Alexa Fluor 488 (1:200 dilution, catalogue number: A-21202; Invitrogen), or donkey anti-rabbit IgG antibody conjugated with Alexa Fluor 488 (1:200 dilution, catalogue number: A-21206; Invitrogen) for 1 h at room temperature in a dark room. After washed in phosphate-buffered saline, sections were counterstained with Hoechst 33342 (Thermo Scientific), rinsed, and mounted with Vectashield mounting medium (H-1000; Vector Labs, Burlingame, CA).

For each rat brain, six sequential hippocampal sections were used for cell counting. The number of all cells positively stained for an interesting marker or the combination of two markers in the dentate gyrus of each section was counted. The Iba-1 immunoreactivity in the sections was measured as we described before [18]. Briefly, images of two non-overlapping fields in the dentate gyrus area per section were randomly acquired. Four sections per rat were imaged. The areas whose immunostaining intensity was above a predetermined threshold level were considered as positively stained areas and quantified using the ImageJ 1.47n software (National Institutes of Health, Bethesda, MD). The immunoreactivity to Iba-1 was quantified by the percentage area with positive Iba-1 staining to the total area of the imaged field. All quantitative analyses were performed in a blinded manner.

# Preparation of nuclear and cytosolic extracts of the hippocampus and Western blotting

The hippocampus was harvested 24 h after the surgery. The cytoplasmic and nuclear fractionations were performed using the nuclear and cytoplasmic extraction reagents according to the manufacturer's instructions (Pierce Biotechnology, IL). A protease inhibitor cocktail (catalogue number: P2714, Sigma) was added to the extraction reagents. Fractionation efficiency was confirmed by examining cytoplasm ( $\beta$ -actin)- and nucle-us (histone 3)-specific markers with immunoblotting. Nuclear protein extracts were quantitated by using a BCA protein assay kit (23225 Pierce Biotechnology, IL).

Twenty micrograms of proteins per lane was separated on a polyacrylamide gel and then blotted onto a polyvinylidene difluoride membrane. The membranes were blocked with Protein-Free T20 blocking buffer (catalogue number: 37573, Thermo Scientific, Logan, UT) and incubated with the following primary antibodies overnight at 4 °C: rabbit monoclonal anti-nuclear factor (NF)-κB p65 antibody (1:1000 dilution, catalogue number: 8242; Cell Signaling Technology, Danvers, MA) or rabbit polyclonal anti-histone H3 antibody (1:1000 dilution, catalogue number: 9715; Cell Signaling Technology). Goat anti-rabbit IgG-HRP secondary antibody (1:5000 dilution, catalogue number: sc-2004; Santa Cruz) was used. Protein bands were visualized by Genesnap version 7.08 and quantified by Genetools version 4.01. The relative protein expression of nuclear p65 was normalized to that of histone H3. The results from animals under various experimental conditions then were normalized by the mean values of the corresponding control animals.





**Fig. 1** Surgery impaired learning and memory assessed by Barnes maze and fear conditioning. **a** Performance during the training sessions of Barnes maze test. **b** Performance during the memory phase of Barnes maze test. **c** Performance during the fear conditioning test. Results are mean  $\pm$  SEM (panels **a** and **c**) or in box plot (panel **b**) (n = 15-16). \*p < 0.05 compared with the results on day 1 of the same group of animals.  $\hat{p} < 0.05$  compared with the control group. *Sevo* sevoflurane, *Sur* surgery

**Fig. 2** PDTC attenuated surgery-induced learning and memory impairment. **a** Performance during the training sessions of Barnes maze test. **b** Performance during the memory phase of Barnes maze test. **c** Performance during the fear conditioning test. Results are mean  $\pm$  SEM (panel **a**) or in box plot (panels **b** and **c**) (n = 15-18). \*p < 0.05 compared with the results on day 1 of the same group of animals.  $\hat{p} < 0.05$  compared with the control group. \*p < 0.05 compared with the sevoflurane-surgery group. Sevo sevoflurane, Sur surgery

#### ELISA assay of neurotrophic factors in the hippocampus

The protein levels of brain-derived neurotrophic factor (BDNF) and glial cell-derived neurotrophic factor (GDNF) at 48 h after surgery were determined by using ELISA kits (catalogue number: BEK-2000 and BEK-2230, Biosense Laboratories AS, Bergen, Norway) according to the manufacturer's instruction and as described previously [9]. Briefly, the hippocampus was homogenized on ice in the RIPA buffer containing 25 mM Tris-HCl (pH 7.6), 150 mM NaCl, 1% NP-40, 1% sodium deoxycholate, and 0.1% sodium dodecyl sulfate (catalogue number: 89901; Thermo Scientific, Rockford, IL) as well as protease inhibitor cocktail (10 mg/ ml aproteinin, 5 mg/ml peptastin, 5 mg/ml leupetin, and 1 mM phenylmethanesulfonylfluoride) (Sigma-Aldrich). Homogenates were centrifuged at  $13,000 \times g$  for 20 min at 4 °C. The supernatant was collected and used for ELISA detection. The amount of BDNF and GDNF in each sample was then normalized by its protein content.

## Intracerebroventricular injection of an anti-GDNF antibody or GDNF

In the third and fourth experiments, some rats received intracerebroventricular injection of 3  $\mu$ l (500  $\mu$ g/ml) rabbit polyclonal anti-GDNF antibody (catalogue number: ab18956; Abcam, Cambridge, MA) based on a previous study [18].

Fig. 3 PDTC attenuated surgeryinduced neuroinflammation. a Representative images of Iba-1 (green) and Hoechst 33342 (blue) staining, *scale bar* in the panels = 200 µm. b Quantification of Iba-1 immunoreactivity in the dental gyrus (DG). c Representative images of Western blots of nuclear proteins. d Quantitative results of Western blots. Results are mean  $\pm$  SEM (n = 6-8 for panel  $\mathbf{b}$ , = 8 for the left panel of panel **d**, and = 14 for the right panel of panel **d**). \*p < 0.05compared with the control group. p < 0.05 compared with the sevoflurane-surgery group. Sevo sevoflurane, Sur surgery

Others received the injection of 3  $\mu$ l heat-denatured (5 min at 100 °C) anti-GDNF antibody. Some rats received intracerebroventricular injection of 0.3  $\mu$ g recombinant rat GDNF (catalogue number: 512-GF; R&D Systems, Minneapolis, MN) in 3  $\mu$ l phosphate-buffered saline (PBS) as described in previous studies [18, 21]. Each rat received only one injection to the right lateral ventricle immediately at the end of the surgery. We injected only once because proteins injected into cerebroventricles could be in the brain tissues for a long time. For example, GDNF was still detected in the brain tissues at least 7 days after its intracerebroventricular injection [22].

The intracerebroventricular injection was performed as we described before [18] with the aid of a stereotactic apparatus (SAS-5100, ASI Instruments, Warren, MI) using the following coordinates: 1.0 mm posterior to bregma, 1.5 mm lateral from midline, and 4.0 mm ventral from the surface of the skull. After the injection, the needle was kept in place for 1 min to prevent backflow of the injected solution. Rats were anesthetized with 3% sevoflurane during the injection. They were turned from supine position during surgery to prone position in a stereotactic apparatus during the injection.

#### Statistical analysis

Results were presented as means  $\pm$  SEM ( $n \ge 6$ ) when the data were in normal distribution or in box plot if the data were not in normal distribution. The data from the training sessions of



Barnes maze test within the same group were tested by oneway repeated measures analysis of variance followed by Tukey's test. Data from the training sessions of Barnes maze between groups were analyzed by two-way repeated measures analysis of variance followed by Tukey's test. The other data were analyzed by one-way analysis of variance followed by Tukey's test if the data were normally distributed or by oneway analysis of variance on ranks followed by the Tukey test if the data were not normally distributed. Differences were considered significant at a p < 0.05 based on two-tailed hypothesis testing. All statistical analyses were performed with SigmaStat (Systat Software, Inc., Point Richmond, CA, USA).

#### Results

All animal survived anesthesia and surgery and the following observation period. Data from all animals are included for analysis. Rats in the control, sevoflurane, and anesthesiasurgery groups took less time to identify the target hole on day 4 than on day 1 in the training sessions of Barnes maze. Anesthesia-surgery but not sevoflurane anesthesia alone was a significant factor to influence the time to identify the target hole in the training sessions [F(1,29) = 6.035, p = 0.020 for anesthesia-surgery and F(1,29) = 3.722, p = 0.064 for sevoflurane anesthesia]. Rats in the anesthesia-surgery group also took a longer time than control rats to identify the target hole 1 and 8 days after the training sessions. Similarly, surgical rats also had less freezing behavior than control rats in context-related fear conditioning. Rats exposed to sevoflurane did not take significantly more time to identify the target hole during the memory phase of Barnes maze test and did not have less freezing behavior in the context-related fear conditioning than control rats. Neither sevoflurane nor anesthesia-surgery affected the tone-related fear conditioning (Fig. 1). In the second experiment, the results of rats subjected to anesthesiasurgery were very similar to those of rats with anesthesiasurgery in the first experiment described above. Although PDTC alone did not affect the learning and memory of rats assessed by Barnes maze and fear conditioning, PDTC attenuated anesthesia-surgery-induced prolongation in time to identify the target hole and decreased freezing behavior in context-related fear conditioning (Fig. 2).

Anesthesia-surgery but not sevoflurane alone increased the Iba-1 expression in the hippocampus. This increase was inhibited by PDTC. Similarly, anesthesia-surgery increased the nuclear p65, an NF $\kappa$ B subunit, and this increase was attenuated by PDTC (Fig. 3). Anesthesia-surgery and sevoflurane did not affect the expression of BDNF in the hippocampus. However, anesthesia-surgery reduced the expression of GDNF at 48 h after surgery and PDTC attenuated this reduction (Fig. 4). Consistent with the decrease of GDNF, anesthesia-surgery also reduced brain cell genesis. The newly

formed neural progenitor cells as positively marked by Sox2 and mature neurons as marked by NeuN in the hippocampus were decreased by anesthesia-surgery. These decreases were attenuated by PDTC (Fig. 5).

To determine whether decreased GDNF plays a role in the anesthesia-surgery-induced learning and memory impairment, two sets of experiments were performed. First, intracerebroventricular injection of an anti-GDNF antibody increased the time needed for control rats to identify the target hole 1 or 8 days after training sessions in Barnes maze. Also, anti-GDNF antibody but not its heat-inactivated form is a significant factor to affect the time for rats to identify the target hole in the training sessions of Barnes maze [F(1,43) = 9.937], p = 0.003 for the antibody and F(1,42) = 0.0058, p = 0.94for its heat-inactivated form]. The anti-GDNF antibody also reduced the freezing behavior in the context-related but not tone-related fear conditioning. However, the heat-inactivated anti-GDNF antibody did not have any effects on learning and memory assessed by Barnes maze and fear conditioning (Fig. 6). In the second experiment, anesthesia-surgery increased the time for rats to identify the target hole 1 and 8 days



**Fig. 4** PDTC attenuated surgery-induced decrease of GDNF at 48 h after surgery. **a** BDNF concentrations in the hippocampus. **b** GDNF concentrations in the hippocampus. Results are mean  $\pm$  SEM (n = 9 for panel **a**, = 9 for the left panel of panel **b**, and = 14–17 for the right panel of panel **b**). \*p < 0.05 compared with the control group.  $\hat{p} < 0.05$  compared with the sevoflurane-surgery group. *Sevo* sevoflurane, *Sur* surgery

Fig. 5 PDTC attenuated surgeryinduced neurogenesis. a Representative images of Hoechst 33342 (blue). BrdU (red), and Sox2 (green) staining. b Quantification of BrdU-positive cells or cells positive for both BrdU and Sox2 in the dental gyrus. c Representative images of Hoechst 33342 (blue), BrdU (red), and NeuN (green) staining. d Quantification of BrdU-positive cells or cells positive for both BrdU and NeuN in the dental gyrus. e Representative images of Hoechst 33342 (blue), BrdU (red), and Sox2 (green) staining. f Quantification of BrdU-positive cells or cells positive for both BrdU and Sox2 in the dental gyrus. g Representative images of Hoechst 33342 (blue), BrdU (red), and NeuN (green) staining. h Quantification of BrdU-positive cells or cells positive for both BrdU and NeuN in the dental gyrus. Scale bar in panels a, c, e, and  $\mathbf{g} = 200 \ \mu m$ . Results are mean  $\pm$  SEM (n = 6-8 for panels **b**, **d**, **f**, and **h**). \**p* < 0.05 compared with the control group. p < 0.05 compared with the sevoflurane-surgery group. Sevo sevoflurane, Sur surgery



after the training sessions in the Barnes maze and reduced the context-related freezing behavior in fear conditioning as described above. These surgical effects were attenuated by intracerebroventricular injection of GDNF (Fig. 7).

#### Discussion

Sevoflurane is the most commonly used general anesthetic in children in the USA. It has been shown that sevoflurane

exposure can induce brain cell apoptosis, neuroinflammation, and cognitive impairment in neonatal rodents [1, 2]. Of note, this exposure needs to be relatively long time (>3 h) or be repeated (2 h daily for 3 days) [1–3]. However, sevoflurane anesthesia at surgical plane for 5 h in 6-day-old cynomolgus monkeys did not cause learning and memory deficits and behavioral abnormality [23]. Consistent with these studies, sevoflurane anesthesia for 2 h did not induce neuroinflammation, decrease neurogenesis, and impair learning and memory in this current study. Similar to our findings, a recent study



**Fig. 6** Anti-GDNF antibody induced learning and memory impairment. **a** Performance during the training sessions of Barnes maze test. **b** Performance during the memory phase of Barnes maze test. **c** Performance during the fear conditioning test. Results are mean  $\pm$  SEM (panels **a** and **c**) or in box plot (panel **b**) (n = 22-23). \*p < 0.05 compared with the results on day 1 of the same group of animals.  $\hat{p} < 0.05$  compared with the control group

showed that a 6-h exposure of 21-day-old mice to isoflurane induced immediate brain cell death but did not affect total neuronal number and neurogenesis in the hippocampus evaluated 2 weeks after the exposure [24]. However, anesthesia is often performed to help patients to get through surgery. Interestingly, the effects of the combination of sevoflurane and surgery on developing brain of animals are not known yet. Our results showed that this combination induced neuroinflammation, reduced neurogenesis, and impaired learning



**Fig.** 7 GDNF attenuated surgery-induced learning and memory impairment. **a** Performance during the training sessions of Barnes maze test. **b** Performance during the memory phase of Barnes maze test. **c** Performance during the fear conditioning test. Results are mean  $\pm$  SEM (panels **a** and **c**) or in box plot (panel **b**) (n = 21-22). \*p < 0.05 compared with the results on day 1 of the same group of animals.  $\hat{p} < 0.05$  compared with the sevoflurane-surgery group

and memory. These results suggest that surgery may be a strong stimulus to induce brain injury in the developing brain.

Neuroinflammation has been shown to contribute to cognitive dysfunction after anesthesia and surgery in adult animals [5, 6]. However, neuroinflammation usually lasts for days [6, 7]. Cognitive function is often tested weeks after the anesthetic exposure in the neonatal animals [1, 2]. Events downstream of neuroinflammation to lead to the delayed cognitive impairment are not clear. Neurogenesis is important for learning and memory [10–12]. Sevoflurane exposure can reduce neurogenesis [8]. Thus, it is possible that neuroinflammation results in reduction of neurogenesis, which leads to the delayed learning and memory impairment. Consistent with this possibility, our results showed that PDTC, an NFKB inhibitor [25, 26], attenuated the neuroinflammation, decrease of neurogenesis, and impairment of learning and memory after the surgery and anesthesia. These results suggest the role of neuroinflammation in the decreased neurogenesis and impaired learning and memory of developing brain. In addition, we further showed that anesthesia-surgery reduced GDNF and that PDTC attenuated this reduction. Since neurogenesis required growth factors [9, 27], our results suggest a contribution of reduced GDNF to the decreased neurogenesis after anesthesia-surgery.

The role of GDNF in the anesthesia-surgery-induced learning and memory impairment is supported by two lines of evidence. First, an anti-GDNF antibody but not its heat-inactivated form induced learning and memory impairment in control rats. Second, GDNF attenuated anesthesia-surgery-induced learning and memory impairment. These results strongly suggest anesthesia-surgeryinduced decrease of GDNF contributes to the impairment of learning and memory after anesthesia-surgery. Thus, our findings suggest the following event cascade: anesthesia-surgery induces neuroinflammation that decreases growth factors including GDNF, which then reduces neurogenesis. This effect ultimately contributes to the delayed learning and memory impairment. In addition to the PDTC, GDNF, and anti-GDNF antibody data that support this event cascade, our data indicate active neuroinflammation 1 day after anesthesia-surgery, decreased GDNF 2 days after anesthesia-surgery, and reduced neurogenesis thereafter, which is consistent with the proposed event cascade. Interestingly, our study may be the initial study to provide evidence for the inhibition of GDNF expression by neuroinflammation. However, it is known that GDNF can inhibit neuroinflammation [18, 28, 29]. Thus, reduced GDNF production and neuroinflammation may form a vicious cycle, which ultimately leads to reduced neurogenesis and the development of learning and memory impairment.

We and others have shown that GDNF is mainly produced in astrocytes [18, 28, 29]. Thus, our current study suggests a protective role of astrocytes against anesthesiasurgery-induced neurotoxicity. Astrocytes reduce isoflurane-induced neuronal injury in the mouse neuronastrocytes co-cultures, possibly by buffering overexpressed pro-brain-derived neurotrophic factor [30]. Astrocytes express a large number of glutamate transporters that are important to maintain extracellular glutamate homeostasis and to prevent glutamate excitotoxicity [31, 32]. On the other hand, microglia produce proinflammatory mediators [33] and, therefore, may play a detrimental role in the effects of anesthesia-surgery on developing brain.

Other mechanisms have been reported to contribute to sevoflurane-induced injury to developing brain in the literature. For example, inhibition of extracellular signal-regulated kinases is reported to play a role in sevoflurane-induced brain cell apoptosis [34]. Over-phosphorylation of tau has also been shown to lead to learning and memory impairment after sevoflurane exposure [35]. It is not clear yet how these mechanisms may interact with the pathway we identified here to result in cognitive impairment of the youth.

We performed right carotid arterial exposure to P7 rats. Although abdominal surgeries are commonly performed in pediatrics, these surgical procedures can affect their bowel functions, which may affect their nutrition status. Our laboratory has standardized the carotid arterial exposure procedure. It does not affect the motor functions like surgeries on extremities or bowel functions as in the case of abdominal surgeries. Thus, carotid arterial exposure is a surgical procedure that will most likely not to affect the general well-being of the animals. Also, surgeries, such as thyroglossal cyst removal, do involve neck incision in pediatric patients.

We started to measure rat learning and memory when they were 30 days old. This time is 23 days after the exposure to anesthesia-surgery. Maturation from progenitors to neurons takes 2 to 4 weeks in rats [36]. Waiting for this length of time is necessary to measure the effects of anesthesia-surgery on neurogenesis and the contribution of these effects to learning and memory impairment. However, puberty is associated with synaptic loose and improvement in a reversal task [37, 38]. The onset of puberty in female rats is about 10 days earlier than that in male rats (postnatal day 35 vs. postnatal day 45) [38]. Interestingly, space learning and memory are similar in rats just before and after the onset of puberty [37]. Space learning and memory were major functions we measured here.

Anesthetic-induced brain cell apoptosis in the developing brain was initially considered to contribute to the learning and memory impairment [1]. However, anesthetics can induce brain cell apoptosis in neonatal mice but do not cause learning and memory impairment later in these mice [4]. Also, sevoflurane may not cause brain cell apoptosis in neonatal rats but induce cognitive impairment [3]. Thus, the role of brain cell apoptosis in the learning and memory impairment is not clear yet. Therefore, we did not study brain cell apoptosis but focused on identifying mechanisms contributing to the learning and memory impairment after surgery under sevoflurane anesthesia in this study.

Although anesthetic-induced neurotoxicity has been a focus of research for the last decade, clinical evidence for this effect is very limited [1]. Some retrospective studies showed that children with more than one surgery before 4 years of age had

impairment of learning and memory [39-42]. However, many retrospective studies did not show an effect [43-46]. Recently, a prospective study has shown that neonates who had inguinal hernia repair under either sevoflurane anesthesia or regional anesthesia were not different in neurodevelopmental outcome at 2 years of age [47]. In addition, children who had one inguinal hernia surgery before 3 years of age were not different from their sibling in neurocognitive outcome when they were 8 to 15 years old [48]. Although these two latest multi-center studies included children who had a relatively short surgical procedure, they did not show that surgery and anesthesia significantly impair learning and memory of children later in their life. Also, most of the studies included children who had surgery. Thus, it is not known yet whether anesthetic-induced neurotoxicity shown in rodents is clinically relevant yet. Nevertheless, surgery and anesthesia may be significant insults to the developing brain. Understanding this risk and potential mechanisms for the possible brain injury shall be important for basic science research and improving outcome of pediatric patients after surgery. Thus, future clinical investigation focusing on identifying risks and laboratory research determining mechanisms are needed to move forward the field of the effects of anesthesia and surgery on developing brain.

Our study has limitations. First, it is very difficult to fully monitor the neonatal rats during anesthesia and surgery. We only monitored their arterial blood oxygenation by a pulse oximeter and maintained their body temperature. Second, we performed carotid arterial exposure. Although this type of surgery may not be performed in children, surgeries, such as thyroglossal cyst removal, do involve neck incision in pediatric patients.

In summary, we have shown that surgery under sevoflurane anesthesia induced neuroinflammation, decrease of neurogenesis, and impairment of learning and memory. GDNF plays an important role in anesthesia-surgery-induced learning and memory impairment.

Author contributions ZZ conceived the project. LG and ZZ designed the study, and LG and XL performed the experiments. LG did the initial data analysis and drafted the "Materials and methods" section. ZZ performed the final data analysis and wrote the manuscript.

#### Compliance with ethical standards

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**Conflict of interest** The authors declare that they have no competing interests.

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