

# Galectin-3 suppresses mucosal inflammation and reduces disease severity in experimental colitis

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## Abstract

Galectin-3, a member of the  $\beta$ -galactoside-binding lectin family, expresses in many different immune cells and modulates broad biological functions including cell adhesion, cell activation, cell growth, apoptosis, and inflammation. However, the role of galectin-3 in mucosal immunity or inflammatory bowel diseases is still not clear. We demonstrate here that galectin-3 knockout mice have more severe disease activity in the dextran sulfate sodium (DSS)-induced colitis model, indicating that galectin-3 may protect from inflammation in DSS-induced colitis. Furthermore, treating with galectin-3 reduced body weight loss, shortened colonic length, and ameliorated mucosal inflammation in mice having DSS-induced colitis. However, the protective effects of galectin-3 were eliminated by the administration of anti-CD25 mAb. In addition, primary T cells treated with galectin-3 *ex vivo* induced the expression of FOXP3, ICOS, and PD-1 with a Treg cell

phenotype having a suppression function. Moreover, adoptive transfer of galectin-3-treated T cells reduced bowel inflammation and colitis in the T cell transfer colitis model. In conclusion, our results indicate that galectin-3 inhibited colonic mucosa inflammation and reduced disease severity by inducing regulatory T cells, suggesting that it is a potential therapeutic approach in inflammatory bowel disease.

## Key messages

- Galectin-3 offers protection from inflammation in experimental colitis.
- Galectin-3 knockout mice have more severe disease activity in DSS-induced colitis.
- Adoptive transfer of galectin-3-treated T cells reduced bowel inflammation.
- Galectin-3 inhibited colonic mucosa inflammation by inducing regulatory T cells.
- Galectin-3 is a potential therapeutic approach in inflammatory bowel disease.

Hwei-Fang Tsai and Chien-Sheng Wu contributed equally to this work.

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**Keywords** Galectin-3 · Inflammatory bowel disease · Regulatory T cells

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## Introduction

Galectins are lectins that bind to beta-galactosides in free form or to glycolipids and are expressed in many different immune cells. Galectins interact with cell-surface and extracellular matrix glycoconjugates (glycoproteins and glycolipids) through lectin-carbohydrate interactions. Through this action, they can promote cell growth, affect cell survival, modulate cell adhesion, and induce cell migration. Galectin-3 is the sole member of the chimera type of galectin, which contains a single C-terminal carbohydrate recognition domain (CRD) and an

extra-long, flexible N-terminal domain responsible for its intracellular function. Galectin-3 modulates a variety of biological functions, including cell adhesion, cell activation, cell growth, and apoptosis [1]. It also participates in different stages of inflammation and plays multiple other roles, such as being a mediator of phagocytosis by macrophages, T cell apoptosis inducer, and TCR signal down-regulator [2–4]. Galectin-3 is generally viewed as pro-inflammatory in many experimental animal models, such as experimental autoimmune encephalitis (EAE) [5] and collagen-induced arthritis (CIA) [6], while it is immune-modulatory when T cell apoptosis induction or TCR signal regulation is considered. In addition, galectin-3 is critical for developing the allergic inflammatory response in a mouse model of atopic dermatitis [7]. It has also been recently revealed that galectin-3 suppresses Th17 responses by regulating DC cytokine production in fungal infection [8].

The roles of galectin-3 in the experimental colitis model are still unclear. Immune cells, mucosal epithelia, and intestinal microbiota all contribute to the pathogenesis of inflammatory bowel diseases [9, 10]. Serum galectin-3 levels are elevated in patients with ulcerative colitis and Crohn's disease [11]. Conversely, galectin-3 expression is reduced in the inflamed intestinal epithelium in inflammatory bowel disease (IBD) and is suppressed by TNF- $\alpha$  [12, 13]. However, the differential expression of galectin-3 as a cause or result of bowel inflammation is still not clear. Galectins can modify T cell functions, which are pivotal in the immune system. T cells densely infiltrate the mucosa in IBD, and the presence of T cells in various animal colitis models implicates that they have an essential role in disease pathogenesis [14–18]. Recent IBD studies demonstrate that Th17 and Treg cells are crucial in the pathogenesis of IBD [15, 17, 18], either directly or through their influence on other T cell subsets [19, 20]. However, the effects of galectins on the differentiation of T cell subsets and their interactions in IBD are still unknown. Deeper insights into the interactions between glycoproteins in inflammatory conditions will contribute toward advancing our understanding of the mechanisms that regulate mucosal inflammation in the gut, promoting the design of novel therapeutic approaches for IBD.

In this study, we investigate the effects of galectin-3 in gut mucosa inflammation to further explore its therapeutic potential in IBD. We demonstrate that galectin-3 suppressed mucosa inflammation in dextran sulfate sodium (DSS)-induced colitis and the severe combined immunodeficiency (SCID) T cell transfer model of colitis, both of which have many features in common with human IBDs [21–23]. Our results indicate that galectin-3 inhibited colonic mucosa inflammation and reduced disease severity by inducing regulatory T cells, implying that it has therapeutic potential in human IBDs.

## Materials and methods

### Mice

C57BL/6 mice were purchased from the Animal Center of National Taiwan University and National Laboratory Animal Center (Taiwan). C.B-17 SCID mice were purchased from the Animal Center of National Taiwan University. Galectin-3<sup>-/-</sup> mice (in C57BL/6 background) were provided by Dr. Fu-Tong Liu, which were generated as previously described [24]. All mice were maintained in a specifically pathogen-free environment in the animal facility at the National Taiwan University. All experimental conductions were approved by the Animal Study Committee of the College of Medicine, National Taiwan University. Female mice aged 5 to 10 weeks were used in all experiments.

### Preparation and purification of recombinant human galectin-3

The human galectin-3 expression vector was obtained from Dr. Fu-Tong Liu (Institute of Biomedical Sciences, Academia Sinica, Taiwan). For a detailed description of pEF1-Gal3 (pGal3) preparation, see [25]. Briefly, galectin-3 cDNA was excised using EcoRI from clone 2.2 [26] and cloned into pEF1-neo, which was prepared by replacing the CMV promoter in the pIRES1-neo bicistronic vector (Clontech, Palo Alto, CA). Truncated galectin-3 clones were prepared using PCR to amplify full-length galectin-3 (nt 1–750) and its N1 (nt 1–336), N2 (nt 1–399), and C fragments (nt 333–750) and then cloning these into pEGFP-N1 (Clontech, GenBank accession no.U55762). The pEF1-Gal3 (pGal3) plasmid was then transformed into *Escherichia coli* BL21. When *E. coli* were grown to an absorbance of 0.6–0.8, 1 mM isopropyl 1-thio- $\beta$ -D-galactopyranoside (IPTG) (Biosynth, Staad, Switzerland) was used to induce galectin-3 expression. Pellets of *E. coli* were collected and lysed in 20 ml wash buffer containing 1 mg/ml lysozyme (Sigma, St. Louis, MO, USA), 5  $\mu$ g/ml DNase, 5  $\mu$ g/ml RNase, and 1 % Triton X-100 (USB Corporation, Cleveland, OH, USA). Recombinant human galectin-3 was produced in *E. coli* and purified by affinity chromatography on lactosyl-agarose as described previously [27], followed by extensive dialysis against phosphate-buffered saline (PBS) pH 7.4. Galectin-3 was then concentrated by ultrafiltration using Amicon Ultra-15 centrifugal filters (Millipore, Bedford, MA). Galectin-3 concentration was determined by using the Bio-Rad DC Protein Assay (Bio-Rad Laboratories, Hercules, CA), separated into aliquots and stored at  $-20$  °C until use.

### Isolation of human and mouse T cells

Human peripheral venous blood was obtained from study subjects, and peripheral blood mononuclear cells (PBMC) were isolated with Ficoll-Paque PLUS (GE Healthcare, Uppsala, Sweden). Human T cells or CD4<sup>+</sup> T cells were separated in a RosetteSep<sup>®</sup> Human T Cell Enrichment Cocktail (STEMCELL Technologies, Vancouver, BC, Canada) or RosetteSep<sup>®</sup> Human CD4<sup>+</sup> T Cell Enrichment Cocktail (STEMCELL Technologies, Vancouver, BC, Canada). Furthermore, human CD4<sup>+</sup>CD25<sup>+</sup> regulatory T cells were purified from enriched CD4<sup>+</sup> T cells using an EasySep<sup>®</sup> Human CD25 Positive Selection Kit (STEMCELL Technologies, Vancouver, BC, Canada).

Single-cell suspensions of splenocytes from donor mice were subjected to negative selection of CD4<sup>+</sup> T cells using an EasySep<sup>®</sup> Mouse CD4<sup>+</sup> T Cell Enrichment Kit (Vancouver, BC, Canada), and CD4<sup>+</sup>CD25<sup>-</sup> T cells were then separated with an EasySep<sup>®</sup> Mouse CD25 Positive Enrichment Kit (STEMCELL Technologies, Vancouver, BC, Canada).

### T cell proliferation suppression assay

At first, human primary CD4<sup>+</sup>CD25<sup>+</sup> T cells or CD4<sup>+</sup>CD25<sup>-</sup> T cells were isolated and cultured at 10<sup>5</sup> cells/well (100 µl/well) with 5 µM recombinant galectin-3 in 96-well plates for 2 days. Purified CD4<sup>+</sup>CD25<sup>-</sup> T cells were labeled with carboxyfluorescein succinimidyl ester (CFSE, Invitrogen, Paisley, UK) as responders and then co-cultured with 10<sup>6</sup> cells/well irradiated PBMCs and galectin-3-treated CD4<sup>+</sup>CD25<sup>+</sup> T cells or CD4<sup>+</sup>CD25<sup>-</sup> T cells for 5 days in a 96-well round-bottom culture cluster precoated with 8 µg/ml of anti-CD3 (eBioscience, San Diego, CA) and 3 µg/ml of anti-CD28 (Beckman Coulter, Fullerton, CA, USA). The suppressive function of different T cell preparations was analyzed according to CFSE dilution patterns by flow cytometry.

### Flow cytometric analysis of surface marker staining

Human CD4<sup>+</sup> T cells treated with various concentrations of recombinant galectin-3 for 2 days were resuspended in FACS staining buffer (2 × 10<sup>5</sup> cells/100 µl) and stained with the following antibodies at 4 °C for 30 min: fluorescein isothiocyanate (FITC)- or phycoerythrin (PE)-conjugated anti-CD4 (BD Pharmingen, San Diego, CA), PE-conjugated anti-CD25, and FITC-conjugated anti-ICOS (eBioscience, San Diego, CA). After washing with FACS staining buffer, cells were resuspended in 500 µl of FACS staining buffer and analyzed by FACSCanto (BD Biosciences, San Diego, CA) and FACS Diva software.

For PD-1 and ICOS staining, human primary CD4<sup>+</sup> T cells were cultured for 2 days with plate-bound 5 µg/ml of

anti-CD3 (eBioscience, San Diego, CA) and 2 µg/ml of anti-CD28 (Beckman Coulter, Brea, CA). PE-conjugated anti-ICOS and PE-conjugated anti-PD-1 (eBioscience, San Diego, CA) antibodies were used to analyze the expression of PD-1 and ICOS following the method described above.

Mouse primary cells (2 × 10<sup>5</sup> cells/100 µl) isolated from the spleen or mesenteric lymph nodes were stained at 4 °C for 30 min with the following antibodies: PE- or FITC-conjugated anti-CD4, PerCP-Cy5-conjugated anti-CD25, and FITC-conjugated anti-PD-1 (eBioscience, San Diego, CA), followed by washing with 1 ml FACS staining buffer and resuspended in 500 µl FACS staining buffer. All cells were analyzed by FACSCanto (BD Biosciences, San Diego, CA) and FACS Diva software.

### Flow cytometric analysis-intracellular staining

Human primary T cells treated with or without recombinant galectin-3 and mouse primary cells extracted from spleens or mesenteric lymph nodes were stained with FITC- or PE-conjugated anti-human FOXP3 and APC-conjugated anti-mouse FOXP3 (eBioscience, San Diego, CA). A prior membrane permeabilization step was performed by using a cell fixation/cell permeabilization kit (eBioscience, San Diego, CA) according to manufacturer protocols.

### DSS-induced colitis model

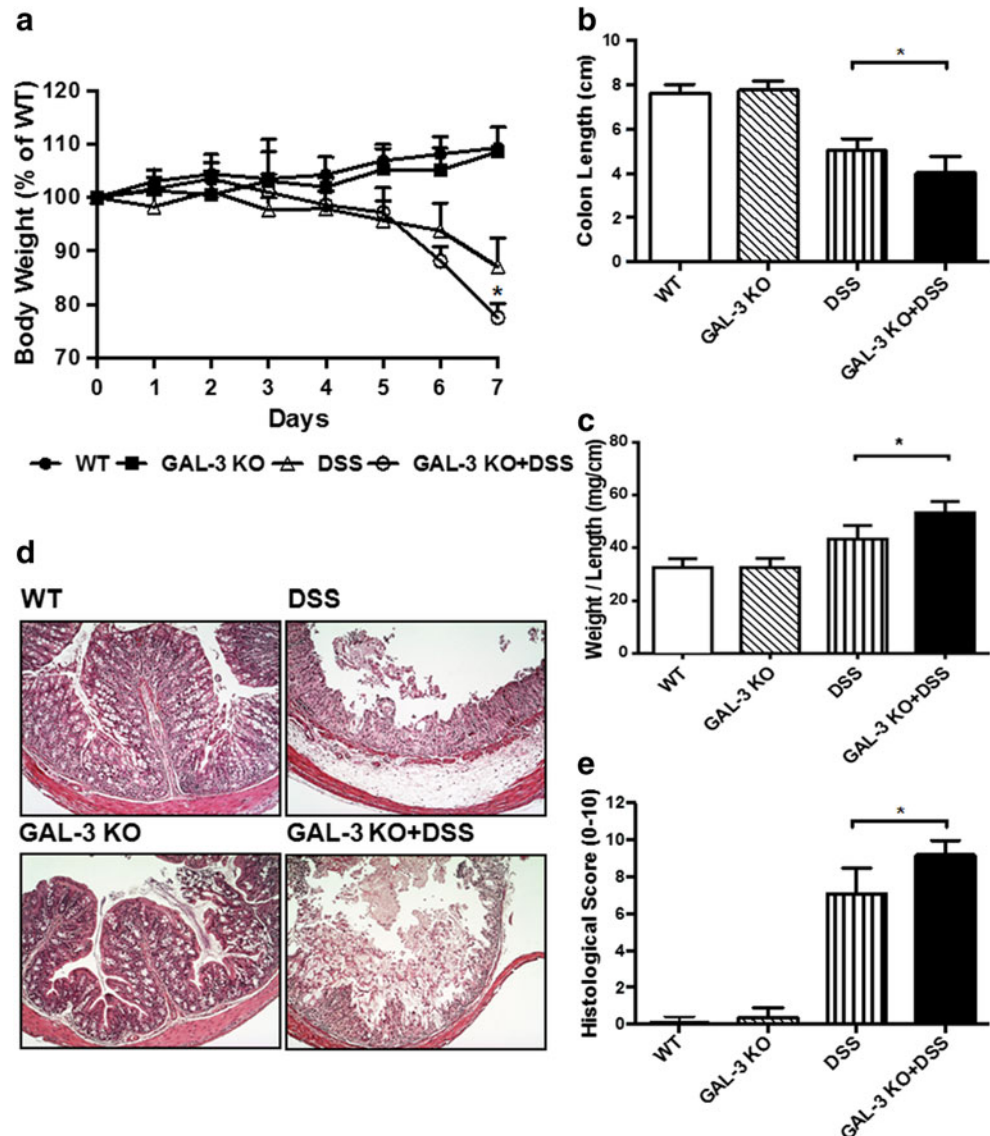
To induce acute experimental colitis, C57BL/6 mice (5–8 weeks old) were treated with 2.5 % DSS (36–50 kDa; MP Biomedicals, Aurora, OH) in filter-purified and sterilized drinking water for 5 days, followed by 2 days of water. The amount of DSS water consumed was recorded for all treatment groups to ensure that all are consuming the same amount. Control mice were given normal drinking water. Mice were monitored for weight loss and clinical manifestations (rectal bleeding and diarrhea) every day. On the seventh day, mice were humanely euthanized and their colons removed followed by weight and length measurement and histological examination. Colonic tissues were fixed in 10 % (w/v) paraformaldehyde (Merck, Darmstadt, Germany), and serial paraffin sections were stained with hematoxylin and eosin (H&E). Histological features, including cellular infiltrates, goblet cell loss, and increased epithelial proliferation, were evaluated. H&E-stained sections were scored according to a previously described scoring system [28] by a blinded observer. A cumulative scale with a maximum score of 10 was used. Three parameters were assessed: (1) severity of inflammation (0, none; 1, slight; 2, moderate; and 3, severe); (2) depth of injury (0, none; 1, mucosal; 2, mucosal and submucosal; and 3, transmural); and (3) crypt damage (0, none; 1, basal one-third damaged; 2, basal two-thirds damaged; 3, only surface epithelium intact; and 4, complete loss of crypt and

epithelium). To investigate the effects of galectin-3 treatment *in vivo*, mice were given DSS solution instead of drinking water and daily intraperitoneal injections of 20  $\mu\text{g}$  of galectin-3.

### T cell transfer colitis model

Mouse CD4<sup>+</sup>CD25<sup>-</sup> T cells were purified from spleens and cultured with or without recombinant galectin-3 (2.5  $\mu\text{M}$ ) for 2 days. Then,  $3\text{--}5 \times 10^5$  cells (in 200  $\mu\text{l}$  PBS) were adoptively transferred into C.B-17 SCID mice following a previously described method [29]. Body weight loss and clinical symptoms were recorded until the weight loss of any one of the experimental groups reached 20 %. At the end point, mice were humanely euthanized and their colons removed. Serial paraffin sections were prepared for histological analysis, followed by H&E staining.

**Fig. 1** Increased mucosal inflammation and disease severity in DSS-induced colitis in galectin-3 knockout mice. **a** Body weight change (% original body weight) in galectin-3 knockout (GAL-3 KO) and wild-type (WT) mice treated with DSS (mean  $\pm$  SD;  $n=10$  for each group;  $*p<0.05$  when compared to the body weight changes in WT and GAL-3 KO mice treated with DSS). **b** Comparison of colon length in WT and GAL-3 KO mice treated with DSS. Data represent mean  $\pm$  SD;  $n=10$  for each group;  $*p<0.05$ . **c** Comparison of colon weight/length ratio in WT and GAL-3 KO mice treated with DSS. Data represent mean  $\pm$  SD;  $*p<0.05$ . **d** Histopathology of colon mucosa in DSS-induced colitis (distal part of colon). Colonic tissues were fixed and serial paraffin sections were stained with H&E (X100). Epithelial damage, goblet cell loss, and cell infiltration were detected in WT and GAL-3 KO mice after DSS treatment. **e** Histological injury score (see “Materials and methods” section) for sections of colons isolated from WT and GAL-3 KO mice treated with DSS. Data represent mean  $\pm$  SD;  $n=10$  for each group;  $*p<0.05$



### Statistical analysis

All data are expressed as the mean  $\pm$  SD. Statistical significance was determined by the Student *t* test for unpaired samples. For the analysis of knockout mice data, Mann-Whitney *U* test was performed to assess differences between wild-type and knockout mice group. *P* values are expressed as  $*p<0.05$ ,  $**p<0.01$ , and  $***p<0.001$ .

### Results

#### Enhanced mucosal inflammation and disease severity in DSS-induced colitis in galectin-3 knockout mice

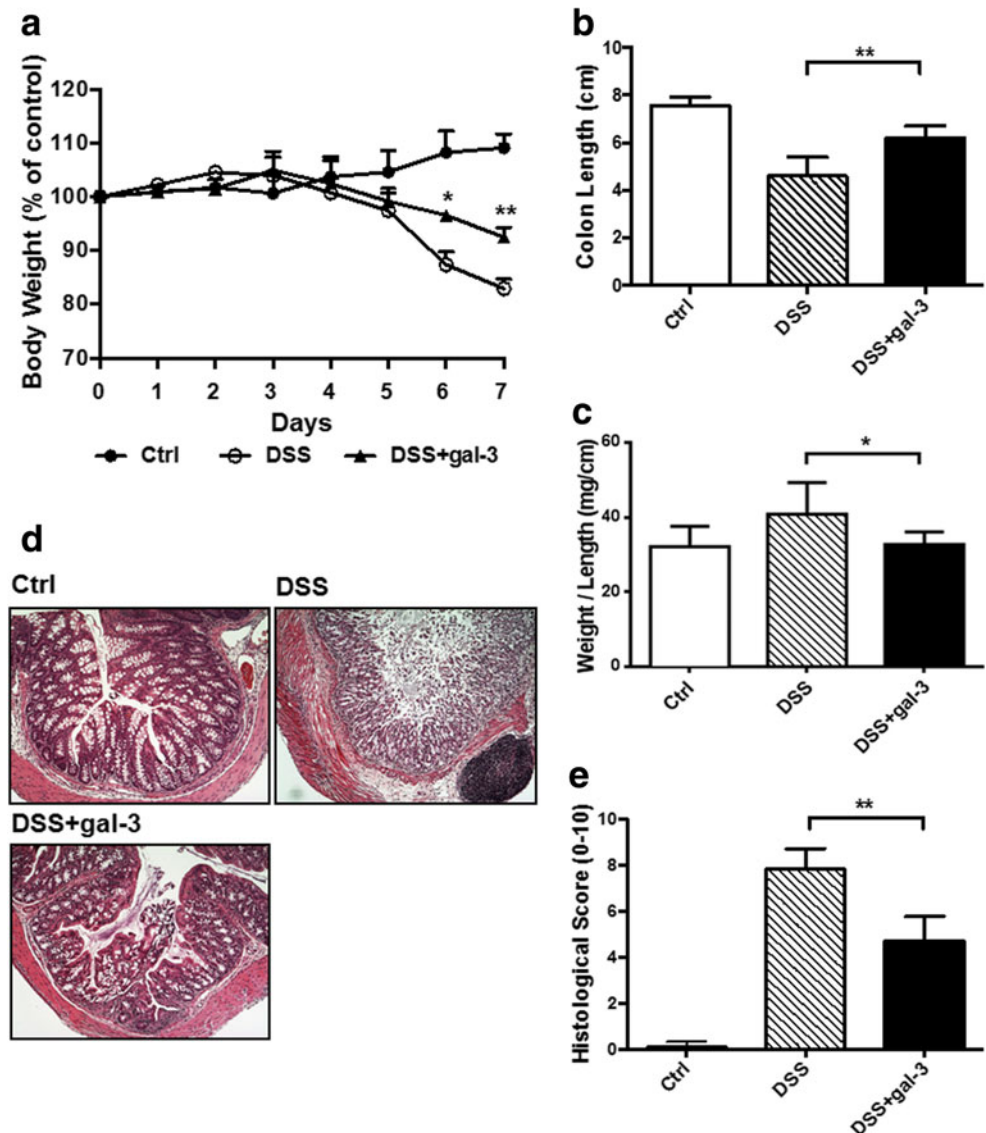
In order to explore the possible role of galectin-3 in IBD, we first studied experimental colitis in galectin-3 knockout mice.

Acute experimental colitis was induced by 2.5 % DSS oral solution in wild-type C57BL/6 and galectin-3<sup>-/-</sup> [GAL-3 knockout (KO)] mice. This demonstrated that body weights in wild-type and galectin-3<sup>-/-</sup> mice were similar to control groups (Fig. 1); however, the body weights in DSS-treated galectin-3<sup>-/-</sup> mice were significantly lower than in DSS-treated wild-type mice (Fig. 1). Furthermore, the colon lengths of DSS-treated galectin-3<sup>-/-</sup> mice were also significantly shorter than in DSS-treated wild-type mice. The histology of wild-type and galectin-3<sup>-/-</sup> mice treated with DSS showed epithelial damage, goblet cell loss, and dense cellular infiltrates, and more cellular infiltration and inflammation was present in galectin-3<sup>-/-</sup> mice when compared to wild-type mice. According to body weight, colon length, and histological changes, this demonstrated more severe intestinal inflammation and disease severity in galectin-3 KO mice treated with DSS.

### Recombinant galectin-3 reduces the inflammation and disease severity of DSS-induced colitis

To investigate the therapeutic potential of galectin-3 in IBD, 20 µg of soluble recombinant galectin-3 proteins were injected intraperitoneally every day in mice treated with DSS. The results in Fig. 2 demonstrated that treatment with galectin-3 protein resulted in less weight loss and longer colon length in galectin-3-treated mice. Histological analysis by H&E staining showed much less inflammatory cellular infiltration and mucosa damage in galectin-3-treated mice when compared to PBS-treated controls. This indicated that recombinant galectin-3 protein reduced colonic inflammation and ameliorated disease severity in DSS-induced colitis. Taken together, our results indicate that treatment with galectin-3 reduced the inflammation and severity of DSS-induced colitis.

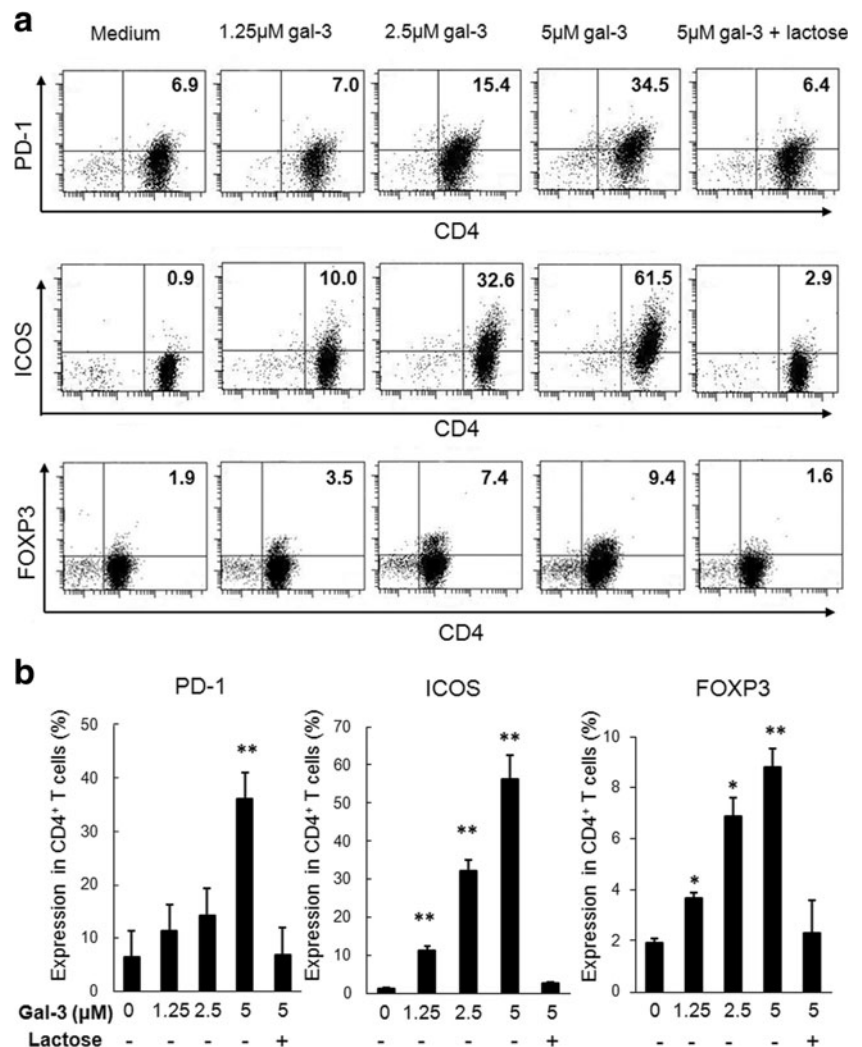
**Fig. 2** Treatment with galectin-3 reduced DSS-induced colitis inflammation and disease severity. Mice were administered with DSS in the drinking water to induce colitis. Twenty micrograms of soluble recombinant galectin-3 proteins or PBS was injected intraperitoneally every day in mice treated with DSS. **a** Body weights (% of original body weight) of mice treated with DSS were measured (mean±SD; n=16 for each group). Significant weight differences were found on the sixth and seventh days between the galectin-3-treated and PBS group (\*p<0.05; \*\*p<0.01). **b** Comparison of colon length in mice treated with DSS in the presence or absence of galectin-3. Data represent mean±SD; n=16 for each group; \*\*p<0.01. **c** Comparison of colon weight/length ratio in mice treated with DSS in the presence or absence of galectin-3. Data represent mean±SD; \*p<0.05. **d** Histopathology of colon mucosa in DSS-induced colitis (distal part of colon). Colonic tissues were fixed and serial paraffin sections were stained with H&E (X100). **e** Histological injury score for sections of colons isolated from mice. Data represent mean±SD; n=16 for each group; \*\*p<0.01



### Galectin-3 induces FOXP3, ICOS, and PD-1 expression in primary human T cells ex vivo

In IBDs, there is an excessive and uncontrolled immune response through the activation of CD4<sup>+</sup> T cells. Dense T cells infiltrate the mucosa in IBD, and the presence of T cells in various animal colitis models implies an essential role for T cells in disease pathogenesis [14–18]. To test the possible effects of galectin-3 on human T cells, primary human CD4<sup>+</sup> T cells ( $2 \times 10^5$ /well) were cultured with 1.25, 2.5, and 5  $\mu$ M of exogenous galectin-3 in the presence or absence of lactose for 2 days. This significantly increased the expression of FOXP3, ICOS, and PD-1 on CD4<sup>+</sup> T cells in a dose-dependent manner (Fig. 3), and this effect was eliminated in the presence of lactose, which interrupted the interaction between galectin-3 and its ligands. These results indicate that treatment with galectin-3 induced primary T cells with markers of regulatory T cells (Treg).

**Fig. 3** Galectin-3 induced FOXP3, ICOS, and PD-1 expression in primary human T cells. **a** Human primary CD4<sup>+</sup> T cells ( $2 \times 10^5$ /well) were cultured with 1.25, 2.5, and 5  $\mu$ M of recombinant galectin-3 in the presence or absence of lactose for 2 days. PE-conjugated anti-ICOS and PE-conjugated anti-PD-1 (eBioscience, San Diego, CA, USA) antibodies were used to analyze the expression of PD-1 and ICOS. FOXP3 was intracellularly stained with fluorescence-conjugated anti-FOXP3 mAb and analyzed by flow cytometry. Results are representative of three experiments. **b** Cell surface marker expression percentages of PD-1, ICOS, and FOXP3 in primary human T cells after treatment with galectin-3 in the presence or absence of lactose (mean $\pm$ SD;  $n=5$ ; \* $p<0.05$ ; \*\* $p<0.01$ )

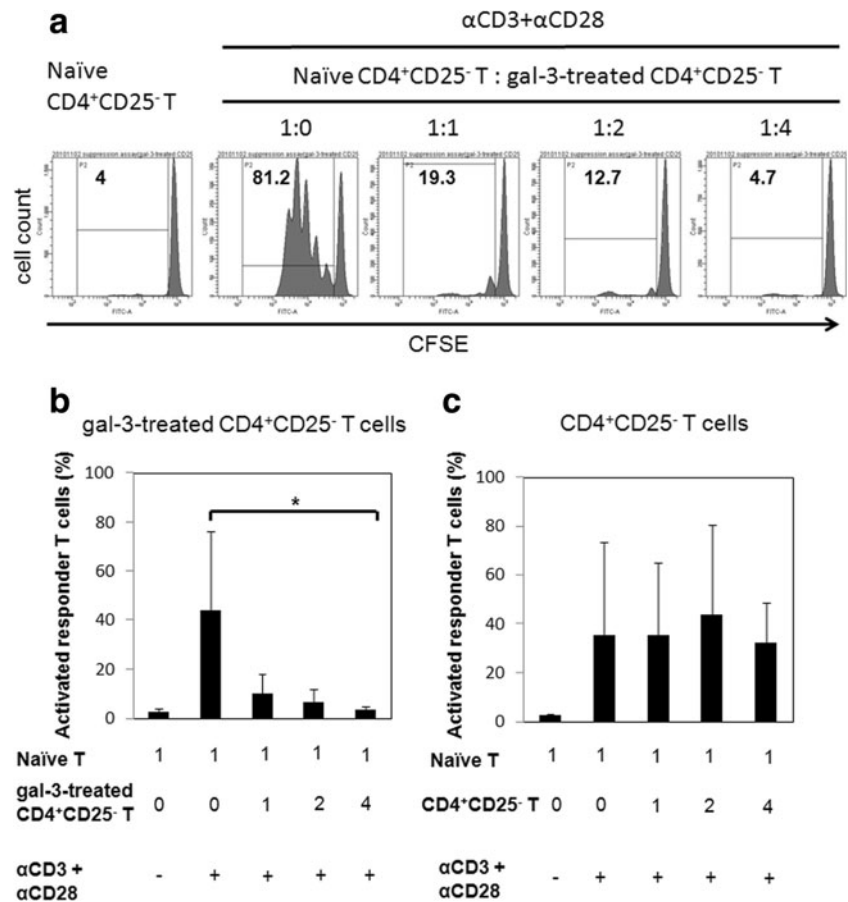


To further investigate whether these galectin-3-induced FOXP3<sup>+</sup> T cells have T cell suppression activity, primary human CD4<sup>+</sup>CD25<sup>-</sup> T cells were isolated from PBMCs and treated with galectin-3 for 2 days and co-cultured with CFSE-labeled CD4<sup>+</sup>CD25<sup>-</sup> responder T cells, which were activated by anti-CD3 and anti-CD28 mAb. The CFSE dilutions in responder T cells were further analyzed by flow cytometry. The results in Fig. 4 demonstrated that galectin-3-treated CD4<sup>+</sup>CD25<sup>-</sup> cells suppressed proliferation of responder T cells in a dose-dependent manner (Fig. 4). In contrast, primary human CD4<sup>+</sup>CD25<sup>-</sup> T cells without galectin-3 treatment were not able to suppress T cell proliferation, indicating that galectin-3 induces Treg cells in primary T cells.

### Depletion of CD25<sup>+</sup> T cells by anti-CD25 mAb neutralizes the protective effect of galectin-3 in DSS-induced colitis

Our results indicate that treatment with galectin-3 reduces the inflammation and disease severity of DSS-induced

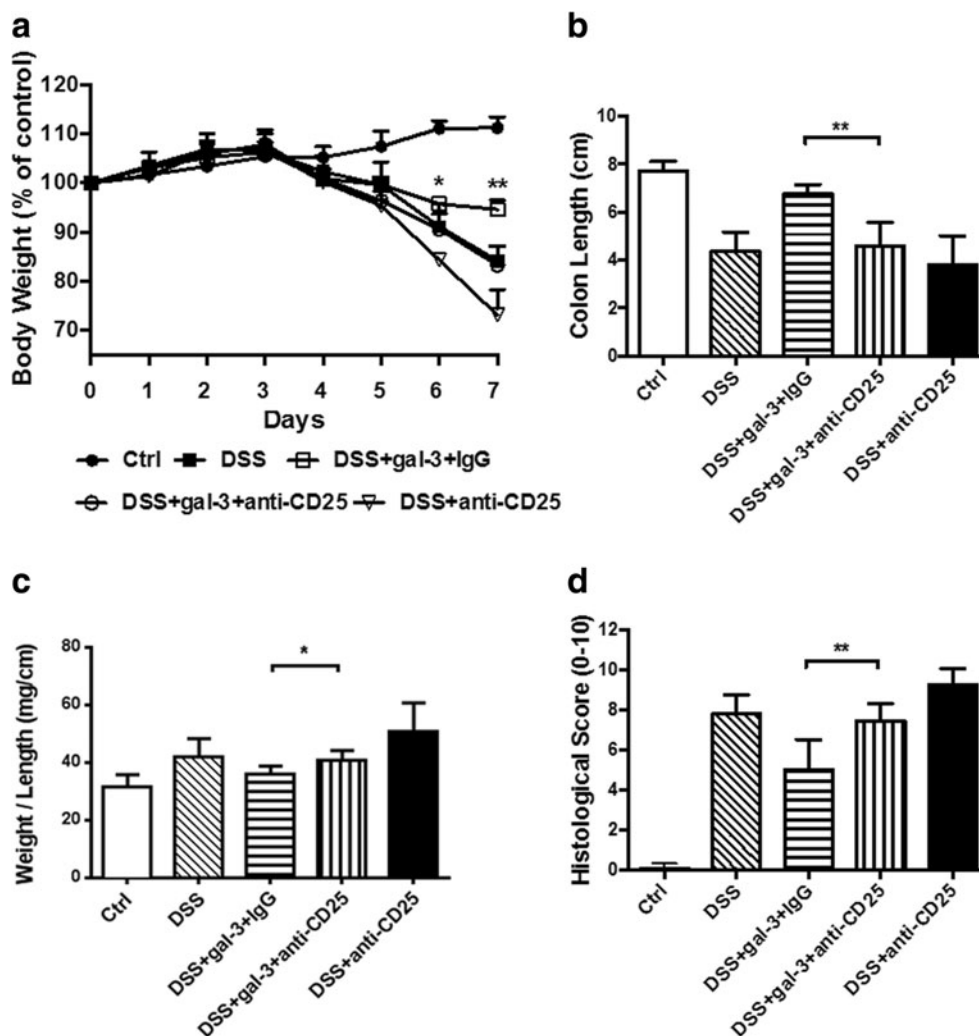
**Fig. 4** Galectin-3 treated CD4<sup>+</sup>CD25<sup>-</sup> primary T cells suppressed the T cell proliferation response induced by anti-CD3/anti-CD28 stimulation. **a** CD4<sup>+</sup>CD25<sup>-</sup> T cells were isolated from PBMCs and treated with galectin-3 (5 μM) for 2 days. Purified CD4<sup>+</sup>CD25<sup>-</sup> T cells were labeled with CFSE as responders and then co-cultured with 10<sup>6</sup> cells/well of irradiated PBMCs and galectin-3-treated CD4<sup>+</sup>CD25<sup>+</sup> T cells or untreated CD4<sup>+</sup>CD25<sup>-</sup> T cells for 5 days in 96-well round-bottom culture clusters precoated with 8 μg/ml of anti-CD3 and 3 μg/ml of anti-CD28. The suppressive function of different T cell preparations was analyzed according to CFSE dilution patterns by flow cytometry. Results are representative of three independent experiments. **b, c** Percentage of proliferative responder T cells cultured with galectin-3-treated CD4<sup>+</sup>CD25<sup>+</sup> T cells or untreated CD4<sup>+</sup>CD25<sup>-</sup> T cells (mean±SD; \**p*<0.05; \*\**p*<0.01)



colitis, suggesting that this effect could be due to the induction of Treg cells, leading to the suppression of colonic mucosa inflammation. We further investigated whether the protective effects of galectin-3 on DSS-induced colitis were due to the induction of Treg cells by depleting Treg cells with anti-CD25 mAb. DSS solution was given to C57BL/6 mice to induce colitis, and 20 μg of soluble recombinant galectin-3 was given intraperitoneally every day. Anti-CD25 mAb (eBioscience, San Diego, CA) was administered intraperitoneally on the second day of colitis induction in the presence or absence of galectin-3. The mouse Ig serves as a control for nonspecific Ab. The results in Fig. 5 demonstrated that treatment with anti-CD25 mAb eliminated the protective effect of galectin-3 on body weight loss in the DSS colitis model. Furthermore, after colitis was induced, colon length was significantly shorter in mice treated with galectin-3 and anti-CD25 than in mice treated with galectin-3 and mouse Ig. A histological examination of DSS-induced colitis mice revealed that more inflammatory cellular infiltration and histological injury score occurred in the anti-CD25 mAb treated group when compared to controls and the galectin-3-treated group. Taken together, these results indicate that the protective effect of galectin-3 on DSS-induced colitis was dependent on CD25<sup>+</sup> T cells.

**Galectin-3-treated T cells reverse the pathogenic effects induced by the transfer of CD4<sup>+</sup>CD25<sup>-</sup> T cells in the T cell transfer colitis model**

To further confirm the immune modulation effects of galectin-3 on T cells and colitis, we used the T cell transfer colitis model to evaluate the protective effects of galectin-3 on the development of colitis. Colitis was induced by the transfer of CD4<sup>+</sup>CD25<sup>-</sup> T cells (5×10<sup>5</sup> cells) into SCID mice (6–8 weeks old). SCID mice receiving CD4<sup>+</sup>CD25<sup>-</sup> T cells with pretreatment by galectin-3 (5 μM) ex vivo suffered lower body weight losses in comparison to controls (Fig. 6). Colon shortening by the sixth week was also lower in the galectin-3 treatment group. Histology examination revealed less inflammation and histological injury score in the galectin-3 treatment group when compared to mice with CD4<sup>+</sup>CD25<sup>-</sup> T cells transfers without galectin-3 pretreatment. We further investigated the effects of galectin-3-treated CD4<sup>+</sup>CD25<sup>-</sup> T cells on the SCID T cell transfer colitis model, finding that T cells from spleens and mesenteric lymph nodes had a significantly higher expression of FOXP3 and upregulation of PD-1 on the cell surface in mesenteric lymph node T cells (Fig. 6). Taken together, our results indicate that



**Fig. 5** Depletion of CD25<sup>+</sup> T cells by anti-CD25 mAb eliminates the protective effect of galectin-3 in DSS-induced colitis. Mice were administered with DSS in the drinking water to induce colitis. Soluble recombinant galectin-3 (20  $\mu$ g) was given intraperitoneally every day. Anti-CD25 mAb (eBioscience, San Diego, CA) or mouse Ig (Southern Biotech, Birmingham, AL) was administered intraperitoneally on the second day of colitis induction in the presence or absence of galectin-3. **a** Body weight (%) over time in the DSS-induced colitis model (mean  $\pm$  SD;  $n=15$  for each group;  $*p<0.05$ ;  $**p<0.01$  when compared to the body weight changes in mice treated with recombinant galectin-3 in the

presence or absence of anti-CD25 mAb). **b** Comparison of colon length in DSS-induced mice colitis treated with recombinant galectin-3 in the presence of anti-CD25 mAb or mouse Ig. Mice were sacrificed and the colon lengths and weights were measured. Data represent mean  $\pm$  SD;  $n=15$  for each group;  $**p<0.01$ . **c** Comparison of colon weight/length ratio in DSS-induced mice colitis treated with recombinant galectin-3 in the presence of anti-CD25 mAb or mouse Ig. Data represent mean  $\pm$  SD;  $*p<0.05$ . **d** Histological injury score for sections of colons isolated from mice (distal part of colon). Data represent mean  $\pm$  SD;  $n=15$  for each group;  $**p<0.01$

galectin-3 induced Treg-like cells, which suppressed colon mucosal inflammation and reduced disease severity.

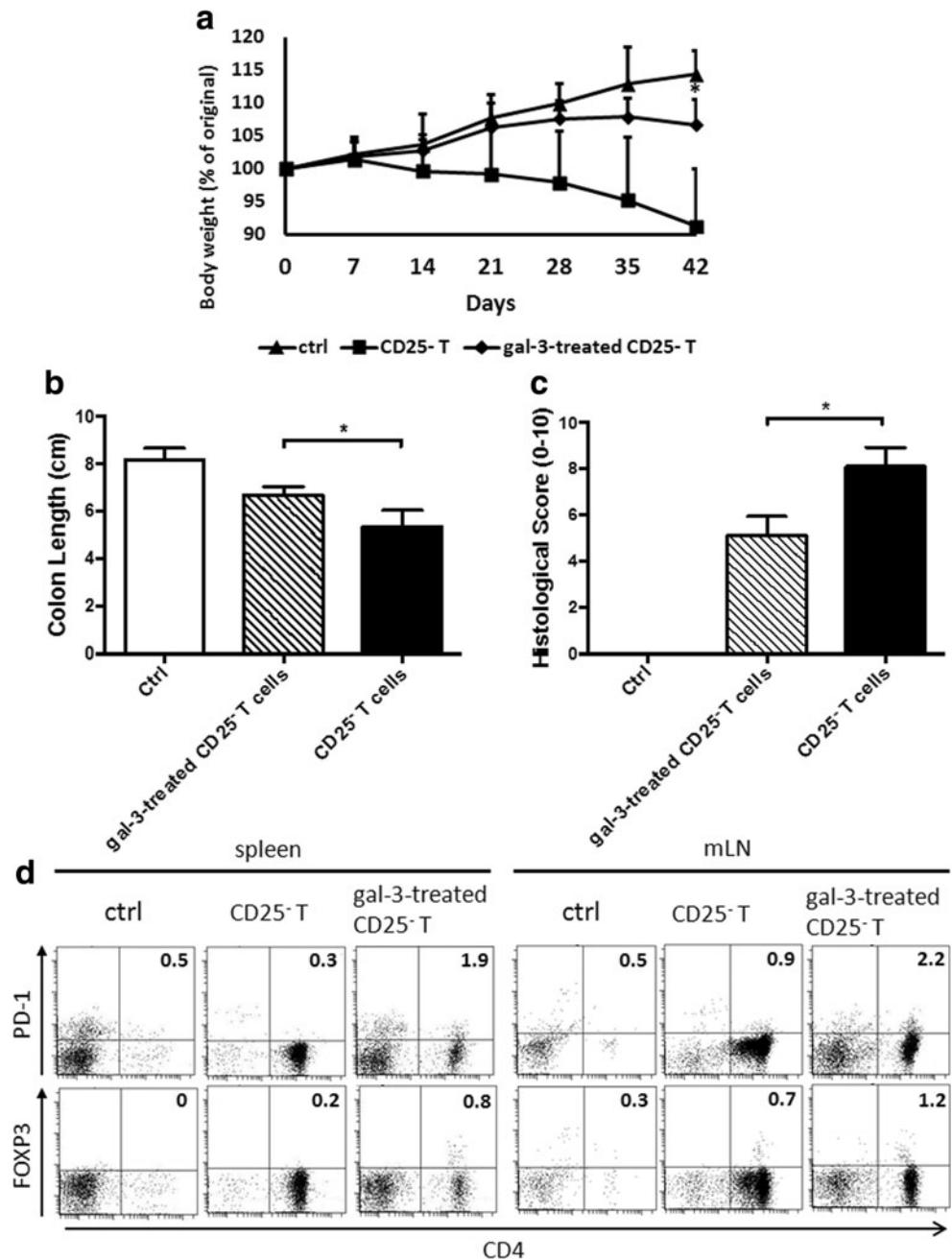
## Discussion

In this study, we demonstrated that galectin-3 KO mice had more severe disease activity in the DSS-induced colitis model, indicating that galectin-3 may offer protection from inflammation in this form of colitis. Furthermore, treating with recombinant galectin-3 reduced body weight loss and colon length shortening and ameliorated mucosal inflammation in

mice suffering DSS-induced colitis and SCID T cell transfer colitis, implying a therapeutic potential. The complexity of autoimmune diseases and immune reactions in different physiological compartments makes it difficult to determine the role of galectin-3 in different autoimmune diseases. For example, galectin-3 KO mice have less severe disease in EAE and CIA [5, 6]. Conversely, a galectin-3 deficiency is associated with more severe damage in a hepatitis animal model [30, 31] and a diabetic glomerulonephritis model [32] and in our colitis model herein. The role of galectin-3 in IBDs has been confirmed in the DSS-induced colitis model and T cell transfer colitis model in this study. This indicates that galectin-3 might protect gut



**Fig. 6** Galectin-3-treated T cells reverse the pathogenic effects induced by the T cell transfer colitis model. Colitis was induced by reconstitution of SCID mice with CD4<sup>+</sup>CD25<sup>-</sup> T cells or galectin-3-treated CD4<sup>+</sup>CD25<sup>-</sup> T cells ( $5 \times 10^5$  cells). In the experimental group, CD4<sup>+</sup>CD25<sup>-</sup> T cells were treated with galectin-3 (5  $\mu$ M) in vitro for 2 days before transfer. PBS (200  $\mu$ l) was administrated as the control. **a** Body weight (%) over time (6 weeks) is expressed as a percentage of the original weight at the beginning of the experiment (mean $\pm$ SD;  $n=12$  in each group; \* $p<0.05$  when compared to the body weight changes in mice administrated with CD4<sup>+</sup>CD25<sup>-</sup> T cells and galectin-3-treated CD4<sup>+</sup>CD25<sup>-</sup> T cells). **b** Mice were sacrificed and the colon lengths were measured. Data represent the mean value $\pm$ SD;  $n=12$  for each group; \* $p<0.05$ . **c** Histological injury score for sections of colons isolated from mice (distal part of colon). Data represent the mean value $\pm$ SD;  $n=12$  for each group; \* $p<0.05$ . **d** PD-1 and FOXP3 expression in CD4<sup>+</sup> T cells from spleen and mesentery lymph nodes (mLNs) were examined by flow cytometry. Results are representative of three independent experiments



mucosa from inflammation in experimental colitis and implies that it could have a therapeutic potential in IBD. Our results are supported by a previous study where galectin-3 was shown to modulate T cell functioning in IBD [13]. These imply that galectin-3 may play a regulatory role in autoimmune responses.

An important characteristic of colonic mucosa is its microbiota. Bacterial antigens are pro-inflammatory at most body sites, but their presence is crucial for the generation and/or expansion of regulatory T cells in the mouse intestine [33]. Recently, experimental models have helped to establish a crucial role for microbial flora in the induction and perpetuation

of colitis and suggest that gut inflammation results from a dysregulated immune response toward bacterial antigens [34, 35]. Galectins are conserved glycan-binding proteins that play various roles critical to innate and adaptive immunity. Galectin-3 modulates broad biological functions and participates in different stages of inflammation where it plays multiple roles [1]. During inflammation, the production of galectin-3 in gut mucosa may generate a microenvironment that limits effector T cell responses.

Although galectin-3 is generally viewed as pro-inflammatory in many experimental animal models such as EAE [5] and CIA [6], it is immune-modulatory when T cell

apoptosis induction or TCR signal regulation is considered. Previous studies suggest that galectin-3 induces apoptosis in T cells [4], and it may result in immune suppression and reduced initiation of inflammation in gut mucosa during IBD. Moreover, there are several different phenotypes observed in the galectin-3 KO mice [36–40], suggesting that in addition to the local tissue microenvironment and immune regulation, the phenotype of many galectin KO mice often reflects a variety of different galectin-regulated pathways converging on the overall phenotype. It has also been recently revealed that galectin-3 suppresses Th17 responses by regulating DC cytokine production during fungal infection [8]. In addition, it has recently been demonstrated that galectin-9 inhibits autoimmunity and induces tolerance by multiple mechanisms, including the inhibition of effector T cells by interacting with Tim-3 and inducing iTreg cells via CD44-TGF- $\beta$ RI [41]. We have demonstrated herein that galectin-3 protects gut mucosa from inflammation in experimental colitis, suggesting that galectin-3 potentially acts as an effector molecule that delivers immunosuppressive effects.

Our results demonstrate that treating with galectin-3 resulted in protecting gut mucosa from inflammation in DSS-induced colitis. However, the protective effects of galectin-3 were eliminated by the administration of anti-CD25 mAb. Moreover, an adoptive transfer of galectin-3-treated T cells reduced bowel inflammation and colitis in the T cell transfer colitis model, indicating that galectin-3 modulated T cell function during mucosa inflammation and experimental colitis. Galectins can modify T cell functions, which are pivotal in the immune system. Our results implicate a possible role for CD25+ T cells, particularly in Treg cells, in mediating the protective effects of galectin-3 in colonic inflammation. Recent studies of IBD demonstrate that Th17 and Treg cells are crucial in the pathogenesis of IBD [15, 17, 18], either directly or by its influence on other T cell subsets [19, 20]. However, the effects of galectin-3 on the differentiation of T cell subsets and their interactions in IBD are still unknown. Our results also demonstrated that primary T cells treated with galectin-3 *ex vivo* induced the expression of FOXP3, ICOS, and PD-1 with a Treg cell phenotype having a suppression function. Furthermore, the adoptive transfer of galectin-3-induced CD25+ T cells suppressed mucosa inflammation and colitis in the T cell transfer colitis animal model. These results all imply that galectin-3 protected the gut from inflammation during experimental colitis via induction of regulatory T cells. Regulatory T cells are important in IBDs [42–44]. FOXP3 and ICOS positive T cells represent a subset of functional, active regulatory T cells that modulate DCs and T cells [45]. Recent studies also reveal that other galectins modulate the functions of regulatory T cells; i.e., galectin-1 is a suppressive effector of Treg and galectin-9 is an inducer of Treg [41, 46, 47]. Considering the critical role of Treg cells in autoimmunity and colonic inflammation, identifying how galectin-3 induces

Treg might offer potential targets for inhibiting pathogenic immune responses and mucosa inflammation.

In summary, we have demonstrated herein that the treatment of galectin-3 inhibited colonic mucosa inflammation and suppressed disease severity by inducing regulatory T cells. Galectin-3 induces regulatory T cell functions that protect from colitis after transfer of lymphocytes into immunodeficient hosts. Our study revealed the importance of the direct effects on T cells by galectin-3 on experimental colitis but do not exclude the possible roles of other cell types. Some translational studies show that immune cells, mucosal epithelia, and intestinal microbiota all contribute to the pathogenesis of IBDs, which makes experimental colitis more complex [9, 10]. Taken together, our results indicate that galectin-3 protects gut mucosa from inflammation in experimental colitis and imply that it may have therapeutic potential in IBD.

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#### Compliance with ethical standards

**Disclosures** The authors declare that they have no competing financial interests.

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