ORIGINAL ARTICLE

RECK (reversion-inducing cysteine-rich protein with Kazal motifs) regulates migration, differentiation and Wnt/ β -catenin signaling in human mesenchymal stem cells

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Abstract The membrane-anchored glycoprotein RECK (reversion-inducing cysteine-rich protein with Kazal motifs) inhibits expression and activity of certain matrix metalloproteinases (MMPs), thereby suppressing tumor cell metastasis. However, RECK's role in physiological cell function is largely unknown. Human mesenchymal stem cells (hMSCs) are able to differentiate into various cell types and represent promising tools in multiple clinical applications including the regeneration of injured tissues by endogenous or transplanted hMSCs. RNA interference of RECK in hMSCs revealed that endogenous RECK suppresses the transcription and biosynthesis of tissue inhibitor of metalloproteinases (TIMP)-2 but does not influence the expression of MMP-2, MMP-9, membrane type (MT)1-MMP and TIMP-1 in these cells. Knockdown of RECK in hMSCs promoted monolayer regeneration and chemotactic migration of hMSCs, as demonstrated by scratch wound and chemotaxis assay analyses. Moreover, expression of endogenous RECK was upregulated upon osteogenic differentiation and diminished after adipogenic differentiation of hMSCs. RECK depletion in hMSCs reduced their capacity to differentiate into the osteogenic lineage whereas adipogenesis was increased, demonstrating that RECK functions as a master switch between both

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pathways. Furthermore, knockdown of RECK in hMSCs attenuated the Wnt/ β -catenin signaling pathway as indicated by reduced stability and impaired transcriptional activity of β -catenin. The latter was determined by analysis of the β -catenin target genes Dickkopf1 (*DKK1*), axis inhibition protein 2 (AXIN2), runt-related transcription factor 2 ($RUNX2$) and a luciferase-based β -catenin-activated reporter (BAR) assay. Our findings demonstrate that RECK is a regulator of hMSC functions suggesting that modulation of RECK may improve the development of hMSC-based therapeutical approaches in regenerative medicine.

Keywords RECK · hMSC · Chemotactic migration · Osteogenic differentiation · Canonical Wnt/β-catenin signaling

Abbreviations

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Introduction

HMSCs from bone marrow are nonhematopoietic adult stem/progenitor cell-like cells also referred to as multipotent mesenchymal stromal cells [\[1](#page-10-0)]. hMSCs are characterized by their ability to differentiate into osteocytes, adipocytes and chondrocytes [\[2](#page-10-0)] as well as other mesodermal and nonmesodermal cell types such as neural [[3\]](#page-10-0) and endoderm-like cells [\[4](#page-10-0)]. Furthermore, these cells have the capacity for self renewal [[5\]](#page-10-0), directed migration [[6\]](#page-10-0) and the release of immunosuppressive cytokines [\[7](#page-10-0)]. As a consequence, hMSCs represent a powerful cell-based therapeutic option for tissue regeneration in several pathological conditions including bone loss [[8\]](#page-10-0), myocardial infarction [[9\]](#page-10-0) and neurodegenerative disorders [\[10](#page-10-0)]. Moreover, the immunomodulatory potential of these cells features a valuable tool for clinical applications dealing with autoimmune diseases [\[11](#page-10-0)], transplantations [\[12](#page-10-0)] or injured tissues [[13\]](#page-10-0).

In order to reach sites of tissue repair and inflammation, hMSCs need to migrate through barriers of extracellular matrix (ECM) including basement membranes. This is accomplished by surface expression or secretion of ECMdegrading proteinases such as MMP-1, MMP-2, MMP-9 and MT1-MMP, as previously demonstrated by own studies and those of others [[14–](#page-10-0)[17\]](#page-11-0). Once activated, MMPs are primarily modulated by their specific binding to TIMPs. TIMP-1 and TIMP-2 preferentially interact with MMP-9 and MMP-2, respectively [[18\]](#page-11-0). Activation of proMMP-2 is achieved by a unique mechanism involving TIMP-2, MT1- MMP and proMMP-2 forming a trimolecular complex on the cell surface [\[19](#page-11-0)].

Wnt ligands represent another class of hMSC-secreted regulatory proteins [\[20](#page-11-0)]. Specific (co-)receptor binding of Wnts activates the canonical Wnt/ β -catenin pathway, a signaling cascade that is crucial for differentiation [\[21](#page-11-0)] as well as proliferation and directed migration [\[22](#page-11-0)] of hMSCs. After interaction of Wnts with heterodimers of frizzled class receptors (FZDs) and low density lipoprotein receptor-related proteins (LRPs) on the cell surface, cytoplasmic β -catenin is prevented from glycogen synthase kinase 3 β $(GSK3\beta)$ -mediated phosphorylation and subsequent degradation by the proteasome. This enables β -catenin to

translocate into the nucleus [[23\]](#page-11-0). Here, it interacts with the transcription factors T cell factor (TCF) [[24\]](#page-11-0) and lymphoid enhancer factor (LEF) [\[25](#page-11-0)], resulting in the transcription of several target genes such as *DKK1* [[26\]](#page-11-0), *AXIN2* [[27\]](#page-11-0) and RUNX2 [[28\]](#page-11-0).

The C-terminal glycosylphosphatidylinositol (GPI)-anchored glycoprotein RECK [\[29](#page-11-0)] is a potent inhibitor of MMP-2, MMP-9 and MT1-MMP on both transcriptional [\[30](#page-11-0)] and posttranscriptional [\[31](#page-11-0), [32](#page-11-0)] level. RECK participates in ECM remodeling during embryogenesis [[31\]](#page-11-0) and carcinogenesis [[33\]](#page-11-0) due to MMP regulation in vivo. For instance, RECK affects MMP-9-mediated bioavailability of vascular endothelial growth factor (VEGF) thus impairing angiogenesis in a pancreatic cancer mouse model [\[34](#page-11-0)]. RECK is ubiquitously expressed in normal human tissues and organs including brain, heart and thymus [\[29](#page-11-0)]. However, basal RECK expression is significantly reduced in various malignant tumors of the lung [\[35](#page-11-0)], breast [\[36](#page-11-0)], skin [[37\]](#page-11-0) and other organs, making RECK a reliable tumor prognosis marker [\[33](#page-11-0)].

Up till now, research on RECK was mainly focused on its importance in cancer. In this study, we investigated the role of RECK in non-malignant cells with emphasis on essential stem/progenitor cell functions such as migration, proliferation and differentiation. Our results indicate that RECK is a promoter of hMSC migration by mechanisms different from tumor cells, a reciprocal regulator of adipogenic and osteogenic differentiation and a positive effector of canonical Wnt/ β -catenin signaling in these cells.

Materials and methods

Cultivation, differentiation and histochemical staining of hMSCs

Bone marrow-derived hMSCs were purchased from Lonza (Basel, Switzerland). The cells were tested for purity by flow cytometry analysis and differentiation capacity into adipogenic, osteogenic and chondrogenic lineages. The cells were positive for cluster of differentiation (CD)29, CD44, CD105, CD166 and negative for CD14, CD34, CD45.

hMSCs were cultivated as previously described [\[14](#page-10-0)], using the mesenchymal stem cell growth medium (MSCGM) Bullet Kit (Lonza) and StemMACS mesenchymal stem cell medium (Miltenyi Biotec, Bergisch Gladbach, Germany). Serum-free cultivation was carried out by incubation in RPMI-1640 (GE Healthcare, Little Chalfont, United Kingdom) supplemented with 1 % Nutridoma SP (Roche, Basel, Switzerland) in the presence or absence of 100 ng/mL murine recombinant Wnt3a

(Peprotech, Rocky Hill, NJ, USA). All experiments were carried out with hMSCs of a passage between 4 and 6.

Adipogenic and osteogenic differentiation of hMSCs as well as Oil Red O and Alizarin Red S staining were conducted as previously described [\[38](#page-11-0)]. Oil Red O and Alizarin Red S incorporation was quantified by extracting stained monolayers with a solution containing 50 % ethanol as well as 10 % SDS and a buffer (10 mM $Na₂HPO₄$, pH 7.0) containing 10 % (w/v) cetylpyridinium chloride, respectively. Aliquots of the extracted dye were then transferred to 96-well plates and the absorbance at 405 nm (for Oil Red O) and 550 nm (for Alizarin Red S) was determined by use of an ELISA reader (Mikrotek, Overath, Germany).

Quantification of cell proliferation and metabolic activity

Cell proliferation was quantified using the CyQuant cell proliferation assay kit (Invitrogen, Carlsbad, CA, USA) according to the manufacturer's protocol. This method is based on staining of DNA with the fluorescent dye CyQuant GR and subsequent detection at 480 nm (excitation) and 530 nm (emission). For each experiment, a standard calibration curve was generated by plotting the samples fluorescence values versus the respective cell number that had been determined before staining by use of a hemocytometer.

The Cell Counting Kit-8 (Dojindo, Rockville, MD, USA), that is based on the cleavage of the tetrazolium salt WST-8 by mitochondrial dehydrogenases in viable cells, was used following the instructions of the manufacturer.

Transfection of hMSCs with small interfering RNA (siRNA)

Specific knockdown of RECK in hMSCs was accomplished by application of RNA interference technology. Considering the guidelines of Reynolds et al. [\[39\]](#page-11-0), siRNA sense and antisense oligonucleotides targeting human RECK were designed in our laboratory. RECK siRNA 1 (sense sequence: AAAUUAUUGCGCCUCUAUUTT, antisense sequence: AAUAGAGGCGCAAUAAUUUTC) was synthesized by Qiagen (Hilden, Germany), while RECK siRNA 2 (sense sequence: AAUAGAGGCGCAAUAAUUUCCCCC, antisense sequence: GGGGGAAAUUAUUGCGCCUCUAUU) was provided by Riboxx (Radebeul, Germany). The latter contains a GC-clamp at its $3'$ end for increased stability against degradation $[40]$ and reduced off-target effects $[41]$. β -catenin siRNA (sense sequence: UGGUUGCCUUGCUCAA-CAATT, antisense sequence: UUGUUGAGCAAGGCAAC CATT) was produced by Qiagen. A non-specific siRNA with no target in the human transcriptome (AllStars Negative Control siRNA, sense sequence: UUCUCCGAACGUGU-CACGU, antisense sequence: ACGUGACACGUUCGGAG AA) was used as a negative control (Qiagen). hMSCs were transfected with the siRNAs as previously described [\[38\]](#page-11-0) with some modifications. Briefly, 1×10^5 cells were transferred into a well of a 6-well plate and grown until subconfluency. Then the cultivation medium was replaced by $750 \mu L$ of fresh MSCGM (Lonza). Subsequently, the transfection mix was added to the cells. It contained 250 µL RPMI-1640 (GE Healthcare), 2 % Lipofectamine 2000 (Invitrogen), 1 % Nutridoma SP (Roche) and siRNA in a final concentration of 50 nM.

Transcription-based reporter assay of Wnt/bcatenin signaling

To monitor the activity of the Wnt/ β -catenin signaling pathway characterized by TCF/LEF-dependent target gene transcription, we deployed a modified reporter assay as previously described in detail [\[42](#page-11-0)]. Briefly, we used the BAR that contains multimerized TCF/LEF DNA-binding sites [\[43](#page-11-0)] and modified it by cloning *Gaussia* luciferase as the reporter gene to allow the detection of the reporter in the conditioned medium without lysing the cells. After hMSCs were transfected with the BAR *Gaussia* luciferase reporter plasmid, the cells were cultivated for the indicated time intervals and analyzed for the presence of reporter protein in the culture supernatants using the Gaussia luciferase assay kit (New England Biolabs, Ipswich, MA, USA) following the manufacturer's instructions. Sample luminescence was quantified using a plate-reading luminometer (Tecan, Maennedorf, Switzerland).

Quantitative real-time polymerase chain reaction (qRT-PCR)

RNA isolation, cDNA synthesis and PCR were performed as specified [\[14](#page-10-0)]. qRT-PCR was conducted on a LightCycler (Roche) using the LightCycler FastStart DNA Master SYBR Green I Kit (Roche). For mRNA quantification of RECK, MMP-2, MMP-9, MT1-MMP, TIMP-1, TIMP-2, peroxisome proliferator-activated receptor γ (PPAR γ), alkaline phosphatase (ALP), DKK1, AXIN2, RUNX2, bcatenin and the house-keeping gene standard glyceraldehyde-3-phosphate dehydrogenase (GAPDH), LightCycler Primer Sets (Search-LC, Heidelberg, Germany) were applied according to the manufacturer's instructions.

Western blot analysis

hMSC lysis and protein extraction were accomplished by use of a buffer containing 40 mM Tris–HCl pH 8.0, 150 mM NaCl, 1 % NP-40, 0.5 % sodium deoxycholate, 0.1 % SDS and a mixture of proteinase and phosphatase inhibitors (cOmplete Mini Tablets and PhosSTOP; Roche). SDS-PAGE was performed under reducing conditions in precast 4–12 % mini-gels (Invitrogen). After protein transfer, Immobilon PVDF Transfer Membranes (Millipore, Billerica, MA, USA) were incubated with monoclonal antibodies against RECK (1:500; BD Biosciences, San Jose, CA, USA), TIMP-1 (1:500; Abcam, Cambridge, UK), TIMP-2 (1:500; R&D systems, Minneapolis, MN, USA), b-catenin (1:1000; Cell Signaling Technology, Danvers, MA, USA) and PPAR γ (1:1000; Thermo Fisher Scientific, Waltham, MA, USA) as well as polyclonal antibodies against MT1-MMP (1:2000; Chemicon, Temecula, CA, USA) and the house-keeping gene standard β -actin (1:1,000,000; Abcam), diluted in Tris-buffered saline containing 0.1 % Tween-20 (TBS-Tween buffer) without or with (for TIMP-2 detection) 10 % Blocking agent (Amersham, Amersham, UK) at 4 °C overnight. After washing the membranes with TBS-Tween buffer, peroxidase-conjugated anti-rabbit IgG (β -catenin, PPAR γ , MT1-MMP, β -actin) or anti mouse IgG (RECK, TIMP-1) (both from Cell Signaling Technology) were applied at a dilution of 1:2000 in TBS-Tween for 30 min. For TIMP-2 we used peroxidase-conjugated anti-mouse IgG (DakoCytomation, Carpinteria, CA, USA) diluted at 1:4000 in TBS-Tween for 15 min. Bound antibodies were detected via the enhanced chemiluminescence system (GE Healthcare). Recombinant protein standards (Invitrogen) were applied for molecular mass determination. Densitometric quantification of developed films was performed using a GS-800 Calibrated Densitometer driven by Quantity One 1-D Analysis software (Bio-Rad Laboratories, Hercules, CA, USA) as recommended by the distributor.

Zymography analysis

Zymography analysis was carried out as described previously [[44\]](#page-11-0). Briefly, samples were run under non-reducing conditions without prior boiling in precast 10 % polyacrylamide mini-gels containing 0.1 % gelatin as substrate (Invitrogen). After electrophoresis, gels were washed twice for 15 min in 2.7 % Triton X-100 on a rotary shaker to remove SDS and to allow proteins to renature. The gels were then incubated in a buffer containing 50 mM Tris– HCl pH 7.5, 200 mM NaCl, 5 mM CaCl₂ and 0.2 % Brij35 (Invitrogen) for 18 h at 37 °C. The zymograms were stained for 90 min with 0.02 % Coomassie Blue R-350 in a 30 % methanol/10 % acetic acid solution using PhastGel-Blue-R tablets (GE Healthcare). Areas of substrate digestion appear as clear bands against a darkly stained background. Densitometric quantification of developed zymograms was performed as described for Western blots.

Scratch wound assay and microscopic analysis

Carrying out a modified protocol of Lipton et al. [\[45](#page-11-0)], hMSCs were grown in a 6-well plate until confluency and set serum-free before being assayed. The monolayers of both control and RECK knockdown cells were subsequently scratched using a $200 \mu L$ pipette tip.

The plate was then incubated in an Axiovert S100 microscope equipped with an AxioCam ICc3 camera (Carl Zeiss, Oberkochen, Germany) at 37 °C and 5 % $CO₂$. Images were acquired every 24 h for 3 days and analyzed using ImageJ software (NIH, Bethesda, MD, USA) including an algorithm for determination of cell density [\[46](#page-11-0)]. Wound closure was defined as the relative increase of area covered by cell bodies.

l-Slide Chemotaxis3D assay and life cell imaging analysis

Studies on directed migration of hMSCs were performed using the μ -Slide Chemotaxis^{3D} assay (Ibidi, Martinsried, Germany) following the manufacturer's recommendations. The μ -Slides allow time-lapse microscopy analysis of adherent cells in a narrow observation area between two large reservoirs that constitute gradients of chemoattractants. HMSCs were trypsinized and resuspended in serum-free medium at a final concentration of 1.25×10^6 cells/mL. After placing a total of 7.5 \times 10³ cells into the observation channel of a μ -Slide, both medium reservoirs were filled with 65 µL RPMI-1640 (GE Healthcare) supplemented with 1 $%$ Nutridoma SP (Roche). Three days of cultivation allowed attachment of hMSCs and full recovery of RECK expression on the cell surface. The experiments were started by adding 10 % human serum (PAA Laboratories, Pasching, Austria) as a mixture of chemoattractants to one medium reservoir.

The μ -Slide was then incubated for 24 h at 37 °C in an IX70 microscope (Olympus, Tokyo, Japan) that was connected to a SensiCam camera (PCO Imaging, Kelheim, Germany). Serial images of cell movement from a total of 30 hMSCs in each observation channel were captured by taking pictures every 20 min. The resulting images were converted to a stack using the ImageJ software (NIH). To determine the migration path of hMSCs, the image stacks were analyzed by deploying the Manual Tracking plug-in as well as the Chemotaxis and Migration Tool (both from Ibidi) following the recommendations of the provider.

To quantify and characterize effects on both chemotactic and migratory potential of hMSCs, several parameters were determined. The chemotactic potential of a distinct cell population is judged from the values obtained by assessment of the Rayleigh test, the moving direction and the forward migration index (FMI). The Rayleigh test

statistically determines the uniformity of initially circular distributed cells, indicating inhomogeneity at the end of the experiment with a probability value ≤ 0.05 [\[47](#page-11-0)]. The moving direction indicates migration towards or away from the chemoattractant, depending on the final position of a cell. The FMI quantifies the directness of cell movements and represents the ratio between the Euclidean distance of a cell and its migration distance. The Euclidean distance is defined as the shortest distance between the initial and the final position. In our experiments, the chemotactic gradient is located along the y-axis, meaning that FMI (y) values >0 highlight positive chemotaxis with a maximum of 1. The migratory potential of a distinct cell population is characterized by the parameters displacement of the center of mass (COM), migration distance and velocity. The COM represents the location of the cell population center relative to its initial position being equal to the mean Euclidean distance of all traced cells. The migration distance displays the summary of all cell center movements between images. The velocity indicates the mean migration distances of a cell population over time.

Statistical analysis

Statistics were calculated using SPSS Statistics version 20.0 (IBM Corporation, Armonk, NY, USA). Values are reported as mean value and standard deviation. The Levene test was used to assess variance homogeneity. Comparisons between two groups were evaluated by a 2-sample t test with Welch correction as appropriate. For three or more groups, standard 1-way ANOVA followed by Bonferroni post hoc test or the Brown-Forsythe test followed by Games-Howell post hoc test were performed according variance homogeneity. Factorial-ANOVA with Bonferroni post hoc test was used to analyze data from the scratch assay. A 2-tailed probability value $\langle 0.05 \rangle$ was deemed as statistically significant.

Results

Effects of RECK on MMP and TIMP expression in hMSCs

For knockdown of endogenous RECK expression in hMSCs, we applied RNA interference technology using two different siRNAs directed against RECK, siRNA 1 and siRNA 2 with the latter containing a stabilizing guaninecytosine base clamp. hMSCs transfected with siRNAs targeting RECK demonstrated dramatically reduced levels of RECK mRNA and protein on day 1–10 and day 3–14 after transfection, respectively, in comparison to cells treated with a non-specific control siRNA as determined by qRT-PCR (Fig. [1](#page-5-0)a) and Western blotting (Fig. [1b](#page-5-0)). Due to superior stability of the knockdown effect over time, siRNA 2 was used in all following experiments.

First, we analyzed the effect of decreasing RECK biosynthesis to investigate whether endogenous RECK influences the expression of MMPs and TIMPs in hMSCs. RECK-deficient hMSCs showed no significant alteration in the transcription and biosynthesis of MMP-2, MT1-MMP and TIMP-1 compared to control cells (Fig. [1](#page-5-0)c–e). MMP-9 mRNA and protein were not detected either with or without RECK knockdown in hMSCs (data not shown). The mRNA levels of TIMP-2, however, were elevated in RECK-depleted cells 3 days after transfection consistent with an augmentation of TIMP-2 protein in 7 day-culture supernatants (Fig. [1f](#page-5-0)). These findings suggest that RECK promotes biosynthesis and release of TIMP-2 but has no influence on the expression of MMP-2, MT1-MMP, TIMP-1 and MMP-9 in hMSCs.

Importance of RECK in chemotactic migration of hMSCs

Next, we studied the role of endogenous RECK in hMSC migration using a scratch wound assay. Monolayers of hMSCs transfected with siRNA targeting RECK and control siRNA were subjected to scratch wounding and analyzed after 1, 2 and 3 days of incubation by microscopy. Wound closure was significantly faster in RECK-depleted hMSCs by comparison to control cells (Fig. [2a](#page-6-0)). Moreover, we used an Ibidi μ -Slide Chemotaxis^{3D} assay to perform more detailed studies on RECK's role in directed migration of hMSC. Cells without and with RECK knockdown were tracked for 24 h. In the absence of chemoattractants, hMSCs showed solely random migration as confirmed by results of the Raleigh test (Table [1\)](#page-7-0) and the moving direction (Fig. [2b](#page-6-0), c; Table [1](#page-7-0)). In the presence of a chemotactic gradient formed by human serum, RECK-depleted hMSCs exhibited a higher chemotactic potential in comparison to cells transfected with control siRNA, as demonstrated by a lower Raleigh test probability value (Table [1](#page-7-0)) as well as increased values of moving direction (Fig. [2](#page-6-0)b, c; Table [1\)](#page-7-0) and FMI (Table [1\)](#page-7-0). In addition, hMSCs lacking RECK showed an enhanced migratory potential, as indicated by elevated values of the parameters COM (Fig. [2b](#page-6-0); Table [1\)](#page-7-0), migration distance (Fig. [2](#page-6-0)b, c; Table [1](#page-7-0)) and velocity (Table [1](#page-7-0)). Together, these findings provide evidence that endogenous RECK is an attenuator of directed migration in hMSCs.

Impact of RECK on hMSC differentiation and proliferation

We were interested whether expression of endogenous RECK was influenced upon differentiation of the cells

Fig. 1 Influence of RECK on MMP and TIMP expression in hMSCs. Cells were treated with control siRNA (NC) and two different siRNAs targeting RECK (S1, S2). a Relative mRNA expression of RECK was quantified by qRT-PCR analysis on day 1, 3, 7 and 10 after transfection and normalized to GAPDH mRNA. b Protein levels of RECK in cell extracts were determined by Western blotting on day 3, 7, 10 and 14 after transfection. For densitometric quantification, the amount of RECK present in cells transfected with control siRNA was set to 100 % at each time point. Cellular β -actin was used as a loading control. hMSCs were transfected with siRNA 2 (S2) against RECK (KD) and control siRNA (NC). Relative mRNA expression of MMP-2

into the adipogenic and osteogenic lineages. hMSCs incubated in adipogenic differentiation medium demonstrated reduced levels of RECK transcription whereas cells grown in osteogenic differentiation medium had significantly increased levels of RECK mRNA in comparison to control cells, when determined after both 3 and 14 days of cultivation (Fig. [3a](#page-7-0)). Consistently, RECK protein was diminished in hMSCs differentiated into the adipogenic lineage but augmented upon differentiation into osteogenic cells, as determined by Western blotting analysis after 3 and 14 days of incubation (Fig. [3b](#page-7-0)). To investigate whether endogenous RECK actively influences hMSC differentiation, cells transfected with siRNA against RECK or control siRNA were grown to

(c), MT1-MMP (d), TIMP-1 (e) and TIMP-2 (f) was quantified by qRT-PCR analysis on day 1, 3 and 7 after transfection. Values were normalized to GAPDH mRNA. Protein levels of MMP-2 (c) as well as TIMP-1 (e) and TIMP-2 (f) were determined in supernatants after 7 days of cell cultivation analyzing equal amounts of protein by zymography and Western blotting, respectively. MT1-MMP (d) was detected in 7 day-cell extracts by Western blotting. Here, β -actin served as a loading control. Results of densitometric quantification are given in densitometric units (DU) with the amounts of protein present in control cells set as 100 %. Data shown represent the mean \pm SD of triplicate measurements ($n = 3$). ** $P \lt 0.01$; *** $P \lt 0.001$

subconfluency and cultivated in adipogenic and osteogenic differentiation media. After 10 days, quantification of mRNA expression in RECK-depleted hMSCs revealed higher levels of the adipogenic differentiation marker $PPAR\gamma$ and reduced quantities of the osteogenic differentiation marker ALP in comparison to control cells as determined by qRT-PCR (Fig. [3c](#page-7-0)). After 14 days, microscopic analysis of the Oil Red O-stained monolayers of cultivation demonstrated elevated numbers of lipid vacuoles in RECK-depleted cells compared to control cells (Fig. [3](#page-7-0)d). By contrast, the Alizarin Red S-stained monolayers showed decreased levels of mineralization in RECK knockdown cells in comparison to control cells (Fig. [3d](#page-7-0)). The results obtained by microscopy were

Fig. 2 RECK impairs the chemotaxis and migration potential in hMSCs. a Confluent monolayers of hMSCs transfected with siRNA targeting RECK (KD) and control siRNA (NC) were subjected to mechanical scratch wounding. The area covered by cells was recorded by phase-contrast microscopy connected to a digital camera at time 0 and after day 1, 2 and 3. Scale bars indicate 500 µm. The extent of wound closure in % was calculated by measuring the diminution of the area initially covered by cells over time adopting densitometric analysis of digitally inverted pictures using the ImageJ software. b Migration paths of hMSCs transfected with siRNA targeting RECK

(KD) and control siRNA (NC) analyzed for 24 h in the absence and presence of human serum (HuS) as a chemoattractant using the Ibidi l-Slide Chemotaxis3D assay and Ibidi software. c Moving directions of 30 individual cells towards (red) and away from (black) the chemoattractant were quantified serving as a parameter of the chemotactic potential. Migration distances of 30 individual cells were determined serving as a parameter of the migratory potential. Data shown represent the mean \pm SD of triplicate measurements $(n = 3)$. *** $P < 0.001$

The chemotactic and migratory potential of hMSCs without (NC) and with RECK knockdown (KD) was studied using an Ibidi µ-Slide Chemotaxis3D assay. At each experimental condition, 30 cells were tracked for 24 h in the absence and presence of human serum (HuS) as a chemoattractant and subsequently analyzed. Migration parameters shown in the table are defined in the ''Materials and methods'' section. Results shown are representative for three independent experiments

Fig. 3 RECK differentially controls adipogenesis and osteogenesis in hMSCs. hMSCs were cultivated for 3 and 14 days in the absence (con) and presence of adipogenic (adipo) and osteogenic (osteo) differentiation medium. a Relative transcriptional levels of RECK were quantified using qRT-PCR and normalized to GAPDH mRNA. b RECK present in cell extracts was determined by Western blot analysis applying equal amounts of total protein into each lane. Results of densitometric quantification are given in densitometric units (DU) with the amounts of protein present in control cells set as 100 %. hMSCs transfected with control siRNA (NC) or siRNA targeting RECK (KD) were incubated in adipogenic or osteogenic

confirmed through quantification of stain recovered via chemical elution from the Oil Red O- and Alizarin Red S-stained cells (Fig. 3e).

differentiation medium. c Relative mRNA expression of the differentiation markers PPAR γ and ALP was quantified by qRT-PCR analysis after 10 days of differentiation. Values were normalized to GAPDH mRNA. Cell staining with Oil Red O for adipogenic and Alizarin Red S for osteogenic differentiation after 14 days of incubation in differentiation medium is shown by representative microscopic images of stained cellular monolayers (d) and stain recovery after extraction from the cells (e). Scale bars indicate 1 mm. Data shown represent the mean \pm SD of triplicate measurements $(n = 3)$. * $P \lt 0.05$; ** $P \lt 0.01$; *** $P \lt 0.001$

Studies on cell proliferation of hMSCs transfected with and without siRNA against RECK showed no differences in cell division rate and mitochondrial dehydrogenase

activity within 7 days of cultivation, as determined by the CyQuant cell proliferation assay and WST-8 assay, respectively (data not shown). Taken together, our findings demonstrate that expression of RECK in hMSCs has no influence on proliferation but differentially modulates adipogenic and osteogenic differentiation in these cells.

Influence of RECK on the Wnt/ β -catenin signaling pathway

Because hMSC differentiation is essentially regulated by activity of Wnt/ β -catenin signaling [\[21](#page-11-0)], we examined a potential impact of endogenous RECK on this pathway. The activation of the Wnt/ β -catenin pathway is characterized by (a) the stabilization of cytoplasmic β -catenin, (b) the translocation of b-catenin into the nucleus followed by its interaction with TCF/LEF transcription factors and (c) the increased expression of β -catenin target genes. Therefore, we investigated each of these features experimentally. Western blot analysis revealed that β -catenin protein levels were reduced in hMSCs on day 7, 10 and 14 after RECK knockdown compared to control cells (Fig. [4](#page-9-0)a). We used a Gaussia luciferase-based reporter system to investigate the activation of β -catenin target promoters. This BAR system can be used to specifically monitor β -catenin activity on TCF/LEF-dependent gene transcription (e.g. Gaussia luciferase). hMSCs transfected with the BAR system (BAR-hMSCs) were treated with siRNA targeting RECK or control siRNA and cultivated for up to 14 days in the presence of Wnt3a to stimulate β catenin activity. These studies revealed that b-catenin reporter activity was significantly reduced in hMSCs with impaired RECK biosynthesis relative to control cells over the 14-day period of measurement (Fig. [4](#page-9-0)b). To confirm the stimulatory effect of RECK on β -catenin-dependent signaling in hMSCs, we performed qRT-PCR analysis of the Wnt/ β catenin target genes $DKK1$ [\[26\]](#page-11-0), $AXIN2$ [\[27](#page-11-0)] and $RUNX2$ [\[28\]](#page-11-0) which contain TCF/LEF binding sites in their promoter. RECK-deficient hMSCs demonstrated decreased transcription of DKK1, AXIN2 and RUNX2 compared to control cells after 14 days of incubation as determined by qRT-PCR (Fig. [4c](#page-9-0)). In summary, these results indicate that RECK is a positive regulator of Wnt/b-catenin signaling activity in hMSCs. Knockdown of β-catenin in hMSCs increased expression of PPAR γ on mRNA and protein level 4 days after transfection (Fig. [4d](#page-9-0)–f), demonstrating that β -catenin activity negatively controls adipogenic differentiation in these cells.

Discussion

Our current study describes novel functions of RECK acting as an attenuator of migration, modulator of differentiation and stimulator of Wnt/ β -catenin signaling in hMSCs. RECK is widely studied for its role in cancer. In various tumor tissues, RECK deficiency correlates with increased levels of MMPs [[37\]](#page-11-0), tumor cell invasion and progression of the disease [[33\]](#page-11-0). RECK blocks MMP-9 expression in tumor cells [[30\]](#page-11-0) by a so far unknown mechanism and inhibits MT1-MMP activity on the cell surface [[32\]](#page-11-0). In hMSCs, RECK has no influence on the biosynthesis of MMP-9, MT1-MMP, MMP-2 and TIMP-1. Consistent with our data, RECK knockdown did not affect TIMP-1 expression in pituitary cells [[48\]](#page-12-0). TIMP-2 production in hMSCs, however, is under negative control by endogenous RECK. In general, a lack of TIMP-2 on the cell surface impedes proMMP-2 activation by MT1-MMP with a negative impact on cell migration, as previously demonstrated by own studies in hMSCs [[14\]](#page-10-0). In fact, RECK-depleted hMSCs with elevated TIMP-2 levels have increased migratory capabilities. Interestingly, TIMP-2 stimulates RECK expression in various cell types [[49,](#page-12-0) [50](#page-12-0)], indicating the existence of a positive mutual feedback mechanism which controls the biosynthesis of RECK and TIMP-2 in cells. The inhibitory effect of RECK on hMSC migration may derive from various RECK-regulated gene products that are important in cellular motility such as proteases and their inhibitors, adhesion molecules, chemokine receptors as well as proteins of the cytoskeleton as previously demonstrated in glioma cells [[51\]](#page-12-0). Involvement of multiple factors in RECK-controlled cell migration is confirmed by our finding that RECK attenuates not only the migratory but also the chemotactic potential in hMSCs. Further studies are warranted for the identification of RECK target genes in hMSCs affecting the directed migration of these cells.

RECK did not influence proliferation of hMSCs. This is in line with results obtained from certain tumor cells [\[36](#page-11-0)]. A positive regulatory effect of RECK on proliferation is reported from endothelial cells [[52\]](#page-12-0) and osteoarthritic chondrocytes [[53\]](#page-12-0) whereas negative influence of RECK on cell division is described in kidney cells [[54\]](#page-12-0) and various tumor cells [\[55](#page-12-0), [56\]](#page-12-0). This indicates that RECK's influence on proliferation is diverse and cell type-specific.

RECK expression in hMSCs directly correlates with osteogenic differentiation of the cells. This agrees with previous studies by others providing solely correlative data in various cell types and animal models that suggested an implication of RECK in osteogenesis [[57–60\]](#page-12-0). Our knockdown experiments demonstrate that RECK is a promoter of hMSC differentiation into osteoblasts. These findings may enhance the application of hMSCs for cellbased therapies to regenerate bone tissues under pathological conditions such as skeletal trauma and bone loss [\[8](#page-10-0)]. Moreover, RECK was shown to preserve bone mass by inhibition of osteoclast activity in osteosarcoma [\[55](#page-12-0)]. The influence of RECK in adipogenesis was not investigated so

Fig. 4 RECK positively affects β -catenin stability and Wnt/ β -catenin signaling activity. **a** Western blot analysis of β -catenin in protein extracts obtained from hMSCs transfected with siRNA against RECK (KD) and control siRNA (NC) on day 7, 10 and 14 after transfection. For densitometric quantification, protein levels are indicated in densitometric units (DU) with the amount of β -catenin present in control cells being set to 100 % at each time point. Cellular β -actin served as a loading control. b RECK knockdown (KD) and control hMSCs (NC) were transiently transfected with the BAR and further cultivated for 14 days. The activity of secreted Gaussia luciferase, which was transcribed due to β -catenin-dependent TCF/LEF signaling in the cells, was quantified in the conditioned medium. c Relative

far. Our data for the first time provide evidence that RECK is a suppressor of adipogenic differentiation in hMSCs. Consistently, RECK expression is downregulated in these cells upon differentiation into adipocytes. Thus, our findings demonstrate reciprocal functions of RECK in hMSC lineage specification by acting as a stimulator of osteogenic differentiation and inhibitor of adipogenic differentiation in

mRNA expression of the Wnt/β-catenin target genes DKK1, AXIN2 and RUNX2 was quantified by qRT-PCR analysis on day 10 after transfection. Effect of β -catenin knockdown on PPAR γ expression. hMSCs were transfected with siRNA against β -catenin (KD) and control siRNA (NC) and analyzed on day 4 after transfection. d qRT-PCR analysis of β -catenin expression. e qRT-PCR analysis of PPAR γ expression. f Western blot analysis of β -catenin and PPAR γ in protein extracts. β-actin served as a loading control. All mRNA values were normalized to GAPDH mRNA. Experiments were performed in the absence (a) and presence (b, c) of recombinant Wnt3a. Data shown represent the mean \pm SD of triplicate measurements ($n = 3$). $*P < 0.05; **P < 0.01; **P < 0.001$

these cells. A similar role in the control of these two processes in hMSCs is described for myocyte enhancer factor-2 [[61\]](#page-12-0). This indicates that RECK among other factors is a master switch in the balance between osteogenesis and adipogenesis in hMSCs.

In search for underlying molecular mechanisms, we discovered that RECK is a positive effector of the Wnt/bcatenin signaling pathway in hMSCs. This finding provides a plausible explanation of RECK's reciprocal function in osteogenic and adipogenic differentiation of hMSCs, because Wnt/β -catenin activity is reported by us and others to promote osteogenesis and to repress adipogenesis in these cells $[42, 62, 63]$ $[42, 62, 63]$ $[42, 62, 63]$ $[42, 62, 63]$ $[42, 62, 63]$. Consistently, knockdown of β catenin in hMSCs increased PPAR γ in these cells, further approving the attenuating role of the Wnt/ β -catenin pathway in adipogenic differentiation of hMSCs. Moreover, we found RECK to upregulate the expression of RUNX2 in hMSCs. $RUNX2$ is a target gene of Wnt/ β -catenin signaling [\[28](#page-11-0)] and associated with osteoblast differentiation [\[64](#page-12-0)], confirming RECK's role as a stimulator of Wnt/β -catenintriggered osteogenesis in these cells. Interestingly, further Wnt/ β -catenin target genes, *DKK1* [[26](#page-11-0)] and *AXIN2* [\[27](#page-11-0)], which are both upregulated by RECK in hMSCs are specific inhibitors of this pathway $[65, 66]$ $[65, 66]$ $[65, 66]$ $[65, 66]$. This suggests that RECK contributes to a negative regulatory loop controlling the activity of Wnt/β -catenin signaling in hMSCs.

We have demonstrated that RECK is an attenuator of migration in hMSCs by mechanisms different from tumor cells. Furthermore, RECK acts as a master switch in the reciprocal control of osteogenic and adipogenic differentiation of hMSCs by promoting the former and blocking the latter. In addition, our results show that RECK is a positive effector of the Wnt/ β -catenin signaling pathway which is involved in the regulation of various cell functions including migration and osteogenic differentiation. A deeper knowledge of RECK's role in hMSC biology may improve the development of novel therapeutic approaches to enhance bone formation during pathological bone loss.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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