REVIEW

Thyroid hormones and their nuclear receptors: new players in intestinal epithelium stem cell biology?

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Abstract Thyroid hormones participate in the development and homeostasis of several organs and tissues. It is well documented that they act via nuclear receptors, the TRs, which are transcription factors whose function is modulated by the hormone T3. Importantly, T3-induced physiological response within a cell depends on the specific TR expression and on the T3 bioavailability. However, in addition to this T3-dependent control of TR functionality, increasing data show that the action of TRs is coordinated and integrated with other signaling pathways, specifically at the level of stem/progenitor cell populations. By focusing on the intestinal epithelium of both amphibians and mammals we summarize here new data in support of a role for thyroid hormones and the TR nuclear receptors in stem cell biology. This new concept may be extended to other organs and have biological relevance in therapeutic approaches aimed to target stem cells such as tissue engineering and cancer.

Keywords Intestine · Intestinal epithelium · Thyroid hormone · Thyroid hormone receptor TR · Stem cells

Introduction

Thyroid hormones (THs) are key regulators of several aspects of development and homeostasis [\[1](#page-7-5), [2\]](#page-7-7). The THs

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are synthesized by the thyroid gland and this process is regulated through the hypothalamus–pituitary–thyroid axis [\[3](#page-7-0)]. The levels of circulating THs are not, however, indicative of a specific cellular TH status. In fact, hormone transport and metabolism determine the intracellular levels of L-thyroxine, or T4, and $3.5.3'$ -L-triiodothyronine, or T3. Both of these hormones are actively transported across the cell membrane by specific transporter proteins, of which monocarboxylate transporter-8 and organic anion-transporting polypeptide-1c are the best-characterized [\[4](#page-7-1)[–7](#page-7-2)]. Three iodothyronine deiodinase selenoenzymes (Dio1, Dio2, and Dio3) regulate TH's activation and catabolism [\[8](#page-7-3)]. Dio1 and Dio2 catalyze the 5′-deiodination of T4 to its active metabolite T3. Conversely, Dio3 catalyzes the irreversible 5-deiodination of T4 and T3 to their inactive metabolites rT3 (3,5,5′-T3, or reverse T3) and 3,3′-T2 [[8\]](#page-7-3).

The thyroid hormone T3 is considered the active form of THs, because of its binding to the thyroid hormone nuclear receptors (TRs) that are transcription factors belonging to the nuclear receptor superfamily [[9\]](#page-7-4). The main characteristic of the TRs is the presence of a DNA- and a hormonebinding domain, known as DBD and HBD, respectively (Fig. [1a](#page-1-0)). Two genes, TRα and TRβ, code for the TRs, each of them is responsible for the production of different isoforms (Fig. [1](#page-1-0)a) by alternative splicing or the use of different promoters [\[1](#page-7-5)]. TRα1, TRβ1, and TRβ2 are bona fide nuclear receptors (i.e., presence of DBD and HBD), while the $TR\alpha$ 2 isoform retains the DBD but lacks the HBD, then behaving as a dominant negative vis-à-vis of the receptor [\[10](#page-7-6)]. The TRs bind specific DNA sequences named thyroid hormone response elements (TREs), which are generally located within the genomic non-coding regions of the target genes. The canonical TRE consensus is a tandem of AGGTCA sequences in direct repetition that are separated by four base pairs, named the Direct Repeat 4 (DR4) [\[1](#page-7-5)].

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Fig. 1 Schematic representation of the various isoforms encoded by TRα or TRβ genes and of their DNA binding motifs. **a** The *upper panel* shows the different domains involved in TR function. These include the DNA-Binding Domain (DBD) and the Hormone-Binding Domain (HBD), which are specifically present in the TR α 1, TR β 1 and TRβ2 proteins, which are *bona fide* T3 nuclear receptors. The TRα2 isoform lacks the HDB. Other functional regions of the TRs include cofactor-binding domains (located in A/B, D, and E) and dimerization domains (located in C and E). AF-1 and AF-2 domains are important for transcriptional activation. **b** Different arrangements of thyroid hormone responsive elements (TRE). The TREs are constituted by repetitions of two halfsites (*upper panel*) in different arrangements as indicated

However, the TREs present in the promoters of the target genes often differ from the consensus sequence in terms of their arrangements as palindromes or inverted palindromes or in the number of nucleotides that separate the tandem sequences (Fig. [1](#page-1-0)b) [\[11](#page-7-8)]. The existence of this variety of TREs may help explain the different modalities of transcriptional modulation by TRs (tissue-specificity or activation vs. repression) [\[1](#page-7-5)].

Recent reviews, including ours, have summarized the characteristics and mode of action of the TRs [[12–](#page-8-0)[20\]](#page-8-1). For the specific aim of this review, we will focus on the current knowledge of the functions of THs and TRs on intestinal progenitor/stem cell biology. In fact, there is a compelling interest in the field of intestinal stem cell biology for several reasons. First, from a fundamental point of view, the mammalian intestinal epithelium is the fastest renewing tissue in homeostatic condition, and this process depends on stem cell activity [\[21](#page-8-2)]. Second, new data showed that cancer stem cells derive from physiological stem cells and described them as the cells at the origin of cancer development and maintenance [[22\]](#page-8-3). These last findings are of importance for translational research aimed at developing new therapeutic approaches in patients. In both cases, understanding how the intestinal stem cells are able to receive, integrate, and respond to specific stimuli, such as THs, is of fundamental importance to better define their physiology and to understand the mechanisms of stem cell transformation leading to cancer.

Thyroid hormones and the TRs on intestinal physiology

Even if there is no clear-cut demonstration of TH/TR action on stem cell biology, there are increasing data in this direction, and several reports demonstrated that THs could influence somatic stem cell biology and affect progenitor cell fate [\[20](#page-8-1)]. The THs and their receptors TRs control the balance between cell proliferation and cell differentiation in several organs and tissues during development as well as in adulthood [\[23](#page-8-4)]. The paradigm is the amphibian metamorphosis that is triggered by an increase of circulating THs levels and of TRβ expression [[24\]](#page-8-5). In mammals, among the organ targets, we recall the nervous system where THs and TRs play multiple actions [[25\]](#page-8-6). Regarding their involvement in precursor cell biology, it has been shown that they are involved in neurogenesis during development [[26\]](#page-8-7), by controlling the correct number of progenitors in specific areas such as the fetal neocortex [\[27](#page-8-8)] or the telencephalon [\[28](#page-8-9)]. Moreover, a major role for the liganded TR α 1 receptor has been unveiled in the adult neurogenic areas such as the subventricular zone $[29, 30]$ $[29, 30]$ $[29, 30]$ or the hippocampus $[31, 30]$ $[31, 30]$ $[31, 30]$ [32](#page-8-13)]. Other well-characterized progenitor/stem cell targets include those of the skin [\[33](#page-8-14)], and intriguingly the embryonic stem cells that upon T3 treatment can massively differentiate toward a cardiomyocyte lineage [[34\]](#page-8-15).

Last but not least, a well-established target of the THs and TRs is the developing and the adult gut [[24,](#page-8-5) [35\]](#page-8-16). We will summarize in this section the current knowledge concerning the intestinal epithelium organization and architecture as well as the action of THs and TRs on intestinal development and homeostasis with a particular emphasis on stem cell biology.

The intestinal mucosa structure and function

Investigations into amphibian metamorphosis during the early 20th century offered the first evidence of THs' key role in the regulation of gastrointestinal development. In fact, THs trigger and control the whole metamorphosis process. Indeed, the gastrointestinal tract undergoes dramatic remodeling, which includes a phase of apoptosis followed by a burst in cell proliferation [[35,](#page-8-16) [36\]](#page-8-17). Comparative studies, focused on the intestinal postnatal development in mammals, have also shed light on THs' central role during the maturation at weaning time [\[35](#page-8-16)]. Notably, in mammals, THs and the TRα gene have an important function in both development and in the homeostatic control of this organ [\[37](#page-8-18), [38](#page-8-19)].

In both mammals and amphibians, the intestine presents a tubular morphology developed along its proximodistal axis, composed of three tissue layers. The outer layer is constituted by smooth muscles organized in circular-inner and longitudinal-outer layers. These muscles are mainly involved in the peristalsis, under the control of the parasympathetic nervous system. The middle layer, or submucosa, consists of fibrous connective tissue. Finally, the inner surface is constituted by the epithelium, organized as a sheet of polarized columnar cells [[39\]](#page-8-20). The intestinal epithelium is in charge of processing and absorbing nutrients. In mammals, the absorptive surface of the small intestine (SI) is strongly enhanced by the presence of protrusions into the lumen and by invaginations into the submucosa, respectively the villi and crypts of Lieberkühn (Fig. [2](#page-2-0)a). At least seven different cell types have been identified in this tissue but only four are considered the main cytotypes: (1) the enterocytes, responsible for nutrient absorption that represent the vast majority of villous cells; (2) the goblet cells, which produce a protective mucus layer and are scattered throughout the epithelium; (3) the enteroendocrine cells, which secrete digestive hormones, and (4) the Paneth cells, present only in the SI, which reside at the bottom of the crypts and provide antimicrobial peptides [[40](#page-8-21)].

The main characteristic of the intestinal epithelium is its rapid and continuous renewal; its homeostasis involves several processes and the integration of multiple signaling pathways. This renewal is maintained by the presence of a proliferative compartment that is located in the interfold regions of the intestine, where the stem cells are located. In mammals, these regions are defined as crypts of Lieberkühn, and the stem cells reside near their bottom

Fig. 2 Organization of the adult mammalian small intestine and expression domain of the TR genes. **a** The scheme illustrates the intestinal epithelium organization into proliferative compartments (the crypts) and differentiated compartments (the villi). **b** In crypts, somatic stem cells are present, which self-renew and give rise to undifferentiated progenitors that proliferate, differentiate while migrating, and are eventually shed in the lumen after apoptosis. *Yel‑ low*, Paneth cells; *Red*, stem cells; *Green*, secretory progenitors; *Blue*, absorptive progenitors. TRα (**c**) and TRβ (**d**) driven LacZ expression on intestinal sections from TR $\alpha^{+/0}$ or TR $\beta^{+/-}$ mice. Pictures show β-galactosidase activity in the different cell types; *c* crypts, *sm* smooth muscle, *v* villi. The *dotted bars* indicate the limit between the crypts and the villi. *Bar* 15 μm

(Fig. [2b](#page-2-0)) [[41\]](#page-8-22). These cells self-renew and give rise to proliferative progenitors that differentiate as they migrate along the vertical axis. Finally, the cells are exfoliated into the lumen after death by apoptosis [[21,](#page-8-2) [41](#page-8-22)]. In amphibians, the adult epithelium renews along the trough-crest axis of the intestinal folds, with a mechanism that is similar to that of the mammalian crypt-villus axis [\[42](#page-8-23)]. Stem cells have also been described in the interfold regions of the adult amphibian epithelium; these cells give rise to proliferating progenitors that differentiate, migrate, and die [\[42](#page-8-23)].

The continuous cell renewal of the intestinal epithelium is regulated by fine cross-regulations between several pathways, including Wnt, Hedgehog, Notch, BMP, and THs [\[21](#page-8-2), [42](#page-8-23)[–44](#page-8-24)]. These pathways play a central role in intestinal development and homeostasis, and the molecular basis of their action has begun to be characterized in both mammals and amphibians [[43–](#page-8-25)[45\]](#page-8-26). However, our knowledge of the intra- and inter-regulations occurring between the different signaling pathways or their specific functions is still unclear and sometimes puzzling.

The intestinal epithelial stem cells

As said, the intestinal epithelium is a highly dynamic tis-sue with a rapid and perpetual renewal [\[43](#page-8-25)] that depends on the activity of somatic intestinal epithelial stem cells (ISCs) [\[46\]](#page-8-27). The ISCs are multipotent cells characterized by a very long self-renewal capability; their progeny fill in the so-called "transit-amplifying" zone (TA), composed of highly proliferating progenitors that differentiate while migrating. Proliferation ceases when cells reach the crypt– villus boundary, thus the villi contain only post-mitotic cells [[43,](#page-8-25) [46\]](#page-8-27).

Studies on the ISCs started during the 1970s, when Cheng and Leblond [\[47](#page-8-28)] stated that all epithelial cell lineages of the intestine are monoclonal populations are derived from a single stem cell; they defined the crypt base columnar (CBC) cells as ISCs based on morphological criteria and on their position at the bottom of the crypts, between the Paneth cells. Successively, [3H]-thymidine labeling retention experiments combined with bromodeoxyuridine pulse showed that ISCs are prevalently quiescent (steady state) and that they are located at the $+4$ position counting from the crypt base, just above the Paneth cells [\[48](#page-8-29)]. This model was confirmed by other approaches [[49\]](#page-9-0) and supports the concept of "dormant" somatic stem cells. It was only in 1999 that Bjerknes and Cheng clearly demonstrated that the ISCs are capable of generating all the intestinal cytotypes: by using chemical mutagenesis and following the inheritance pattern of specific mutations, they showed that the intestinal crypts contain a population of somatic multipotent stem cells that are located between the $+1$ and $+4$ positions from the bottom of the crypts [\[50](#page-9-1)]. The more recent identification of specific ISCs markers has led to important advances in the characterization of ISC biology and their role in intestinal homeostasis, repair, and cancer [[46\]](#page-8-27). Currently, a dozen ISC markers have been proposed but few of them have been characterized and validated as bona fide markers. Among them, the most studied is the leucine-rich-repeat-containing G-protein-coupled receptor 5 (Lgr5), which is a Wnt target with an expression domain restricted to the crypts. Using reporter mouse lines, Barker and colleagues showed that (1) Lgr5-driven expression is initiated and confined to CBC cells, (2) CBCs are able to generate all epithelial lineages over a 60-day period, thus proving that they are multipotent ISCs; (3) contrariwise to the acquired notion on slow cycling somatic stem cells, they also provided evidence that CBCs cycle actively (every 24 h) and are responsible for epithelial homeostasis [\[51](#page-9-2)]. Finally, the isolation of $Lgr5^+$ stem cells also demonstrated that they contain significant telomerase activity,

that progressively decreases in the TA progenitors and then is absent in differentiated cells [[52\]](#page-9-3). On the other side, a subpopulation of slowly cycling ISCs located around the +4 position of the crypts and specifically expressing the reverse transcriptase component of murine telomerase (mTert), can also give rise to $Lgr5^+$ -CBC stem cells [\[53](#page-9-4)]. Lineage-tracing approaches demonstrated that $mTert^+$ cells generate all differentiated intestinal cell types at low frequency under basal conditions and at higher frequencies following injury [[53\]](#page-9-4). Similar lineage-tracing strategies have been also used to follow the fate of the B lymphoma Mo-MLV insertion region 1 homolog (Bmi1)-positive cells. In fact, Bmi1-Cre^{ER} mice crossed with a lacZ reporter mouse model showed a specific activity restricted to the $+4$ position above the Paneth cells [[54\]](#page-9-5). Bmi1 belongs to the Polycomb group gene family, which was originally thought to regulate the self-renewal and proliferation of normal and leukemic stem cells [\[55](#page-9-6)]. Ablation of the Bmi1⁺ population induces disorganized intestinal mucosa and the loss of crypts, supporting the hypothesis of an impaired stem cell function [\[54](#page-9-5)]. Both Lgr5⁺ and Bmi1⁺ cells share the ability to proliferate, expand, self-renew, and give rise to all the differentiated intestinal epithelium cell lineages. However, the expression of Bmi1 is observed in a minority of the crypts in the proximal small intestine but results absent from the rest of the intestinal tract [[54\]](#page-9-5). According to the possibility that mammals use more than one molecularly distinguishable adult ISC population, the homeodomainonly protein (Hopx) has been proposed as a new marker of +4 ISCs, which also shows a stem cell hierarchy and/or plasticity between CBCs and $+4$ stem cells [\[56](#page-9-7)]. In agreement with these different observations, a new mouse model based upon the expression of the RNA-binding protein Musashi 1, confirmed the existence of two populations of ISCs, which differ for their position, ISCs marker expression and cell cycle activity [\[57](#page-9-8)].

Altogether, these different findings demonstrate the existence of a complex stem-cell zone within the intestinal crypts, where the cells are characterized by the expression of different markers and display diverse cell cycle and symmetric/asymmetric cell division properties [\[58](#page-9-9), [59](#page-9-10)]. These observations clearly reveal a highly complicated scenario, far from being clearly understood.

TH and TRs in development, homeostasis, and cancer

In-depth studies of intestinal remodeling during amphibians metamorphosis or mouse postnatal maturation at weaning have provided great insights into understanding the function of THs and TRs in the intestine [[12\]](#page-8-0). A large body of literature exists regarding the cellular and molecular mechanisms at the basis of the gut remodeling regulated by THs in amphibians. In particular, the increase of THs levels induces a wave of massive apoptosis of the larval epithelium followed by a surge of cell proliferation within the surviving cells to generate an adult epithelium [\[60\]](#page-9-11). On the contrary, in mammals, no dramatic postnatal changes occur, and postnatal maturation consists of an increase in mucosal growth with a burst in cell proliferation [\[35](#page-8-16)]. Interestingly, THs level increase significantly in rodents during the second postnatal week, corresponding to the weaning period $[61]$ $[61]$. At that time, structural and functional intestinal remodeling takes place, and THs stimulate extensive mucosal growth and initiate the onset of adult-type digestive enzymes expression in the enterocytes [[35\]](#page-8-16).

TH signaling depends on the specific expression pattern/ domain of the different players involved in THs signal reception and metabolism. In amphibians, the intestinal expression of the deiodinase selenoenzyme Dio2 increases and that of the deiodinase selenoenzyme Dio3 decreases at the time of the climax $[62]$, when the gut remodeling activity is very high [\[60](#page-9-11)]. This modulation of both Dio2 and Dio3 expression can correlate with the increased level of local T3 synthesis and be responsible for the increased cell proliferation

Fig. 3 TH signaling and TRα1 dependent activation of the Wnt pathway in the intestinal epithelial precursors. THs (T3 and T4, *green stars*) enter the cells via specific transporters belonging to the monocarboxylate transporter (MCT) and organic anion-transporting polypeptide (OATP) protein families. Both T3 and T4 can be metabolized by the deiodinases. Dio1 and Dio2 catalyze the synthesis of T3 (*red stars*); Dio3 degrades both T4 and T3 into inactive forms. In the intestinal epithelium, only Dio1 mRNA has been detected. Our work showed that T3 binding to TRα1 receptor induces the transcription of the *Ctnnb1* (encoding β-catenin) and of *Sfrp2* (soluble-frizzled related protein 2) genes. The sFRP2 secreted protein functionally interacts with frizzled (Fzd), alone or in combination with Wnt, to stabilize β-catenin and to activate Wnt target genes. The canonical Wnt pathway acts via the formation of a complex between Wnt/Fzd/LRP, leading to the transduction of the extracellular signal. This in turn blocks the degradation complex and stabilizes β-catenin, which shuttles into the nucleus and activates the Wnt target genes

in the neo-forming adult epithelium $[60]$. In mammals, the three deiodinases appear poorly expressed during intestinal development until the adult stages, suggesting limited deiodinase activity in this organ. In particular in rat, only Dio1 is expressed, and its levels are very low compared with those observed in liver or the skin [\[63](#page-9-14)]. Our own studies in mouse adult intestine further support this observation [\[64](#page-9-15)]. Regarding the expression of the TRs, it has been reported that $TR\alpha$ is present at a low level in the pre-metamorphic intestine of tadpoles, whereas TRβ expression strongly increases after the surge of THs level [[60](#page-9-11)]. Both TRs demonstrated to play a fundamental role during the process of gut remodeling [[65](#page-9-16)]. The situation appears different in mammals, since a clear-cut function of TRβ in intestinal physiology has not been established [[66\]](#page-9-17), even if TRβ locus is able to drive LacZ expression specifically in villi cells of $TR\beta^{+/-}$ mice [\[67\]](#page-9-18) (Fig. [2d](#page-2-0)), suggesting that TRβ is expressed in differentiated epithelial cells. Furthermore, data from Hodin and colleagues showed a developmental regulation of TRα1 and TRβ1 expression in the postnatal intestine $[68]$ $[68]$ $[68]$, and we also confirmed these results and showed the dynamic expression of TRα1 during postnatal development [\[66,](#page-9-17) [69\]](#page-9-20). Moreover, we showed that TR α 1 expression domain is restricted to the intestinal crypts [\[37](#page-8-18), [69](#page-9-20)] and to the smooth muscle layers $[66]$ $[66]$ $[66]$, as also illustrated in Fig. [2](#page-2-0)c by the β-galactosidase staining of intestinal sections from TR $\alpha^{+/0}$ animals that recapitulate TR α gene expression domain [\[70\]](#page-9-21).

Our extensive analysis using engineered mice established that THs mainly regulate the proliferation of crypt epithelial precursors during both maturation at weaning and homeostasis at adulthood [\[12](#page-8-0)]. Our data indicated that this function specifically depends on the TR α 1 receptor [\[66](#page-9-17)], coherent with its restricted expression domain at the levels of the crypts [[69\]](#page-9-20), and implicate the activation of specific gene networks [\[37](#page-8-18)]. These findings are summarized in Fig. [3](#page-4-0). Intriguingly, from a molecular point of view, the THdependent developmental programs of *Xenopus* and mouse show several similarities, as discussed in other reviews [[44\]](#page-8-24).

Until recently, only limited data described the role of THs in adult intestinal physiology, such as metabolic processes of absorption and secretion of nutrients [[35](#page-8-16), [71,](#page-9-22) [72](#page-9-23)]. The recent description of mutations in the $TR\alpha1$ receptor in patients provides a novel perspective on the role of $TR\alpha1$ in this organ. These mutations result in a non-functional receptor, which competes with the wild-type receptor [\[73,](#page-9-24) [74](#page-9-25)]. Patients present characteristics of hypothyroidism, including high levels of circulating TSH, delayed bone maturation, and impaired brain development. Together with these defects, they suffer from altered intestinal functionality characterized by reduced bowel movements. The enteric nervous system controls these movements through the smooth muscle tis-sues [\[75](#page-9-26)], suggesting that the lack of TR α 1 function affects the physiology of one or both mesenchymal derivatives. One of the reports mentions that there are no overt abnormalities of the colon mucosa upon histological examination [\[73](#page-9-24)], suggesting that detailed studies will be necessary to better define the origin of the reduced bowel motility due to the TR α 1 mutation. Notably, reduced ileal muscular activity has been described in $TR\alpha^{-/-}$ mice (which lack the expression of TR α 1 and TR α 2 but retain the expression of the short TR $\Delta \alpha$ isoforms [\[76](#page-9-27)]), together with a substantial reduction of crypt cell proliferation; this phenotype is stronger than those described for other TR α gene knockout mice [\[70](#page-9-21), [77,](#page-9-28) [78\]](#page-9-29). In the light of these observations, it is worth speculating that in the context of the TR $\alpha^{-/-}$ background, the short isoforms could mimic the dominant negative action of the TRα1 mutations described in the patients. This hypothesis is consistent with the previously reported function of these short isoforms, as negative modulators of the TRs or of other nuclear receptors [[79](#page-9-30)].

Several reports have indicated that mutant TRs or altered TH statuses are involved in various cancers [\[80](#page-9-31)[–87](#page-10-0)]. Simi-lar to their organ-/tissue-specific action [[44\]](#page-8-24), both tumorinducer or tumor-suppressor roles have been described [\[88](#page-10-1)], making it quite difficult to draw a general picture. Regarding an action of altered TH levels and cancers of the gastrointestinal tract, only in the case of hepatocarcinomas (HCC) a clear correlation has been established between hypothyroidism and HCC [\[88](#page-10-1)], whereas contrasting results in the literature described both increased and decreased levels of hormones in the development of human breast and colon cancers [[83,](#page-10-2) [85\]](#page-10-3). In HCC, it has also been shown that T3 controls Cathepsin H gene transcription [\[89](#page-10-4)]. The resulting up-regulation of Cathepsin H expression favors cancer cell migration and invasion, suggesting a link between THs and invasive cancer [\[89](#page-10-4)]. A similar regulation, however, has not been observed in normal intestinal crypts [\[37](#page-8-18)] or in intestinal tumors (our unpublished observations), indicating again the existence of a organ/tissue-specific regulation. The deiodinases appear important actors of THs activity [[8\]](#page-7-3) and a complex interplay between Dio2 (i.e., high cellular T3), Dio3 (i.e., low cellular T3) and sonic hedgehog [[90\]](#page-10-5) or Wnt [\[91](#page-10-6)] has been described in skin tumors or in colon cancer cell lines, respectively. In this last case, Dio3 is upregulated by Wnt signal resulting in a positive effect on cell proliferation. These results on colon cell lines appear in contradiction with our data that described a positive correlation between TH levels and cell proliferation in mouse intestinal crypts both in vivo and in primary cultures [[37,](#page-8-18) [69](#page-9-20)]. This contradiction, however, may be quickly solved because a different biological status (i.e., physiological vs. pathological condition) can explain the different cellular outcomes downstream of TH's signal. Concerning the TRs, it has been shown that their mutation [\[84](#page-10-7), [86](#page-10-8), [87\]](#page-10-0) or aberrant expression [[81,](#page-9-32) [84](#page-10-7), [86](#page-10-8), [87,](#page-10-0) [92](#page-10-9)] is associated with gastrointestinal tumors. In particular, TRβ gene is frequently

Fig. 4 Action of THs on intestinal epithelium in development and homeostasis versus cancer. The scheme summarizes the direct (*arrow*) and the indirect (*connector*) effects of THs via TRs on the Wnt effectors and targets, which in turn regulate cell proliferation. Intriguingly, increased levels of Dio3 have been shown in human colon cancer, possibly due to the increased Wnt activity in those lesions. It remains, however, to be established whether a relation exist between Dio3 and TRs in this specific context

methylated and its expression strongly decreased in colon cancer [\[93](#page-10-10)], whereas it is still unclear whether in this same context TRα gene expression is altered. However, our own data on animal models strongly suggest that the pro-proliferative action of THs and TRα1 on crypt cells may play a major role in tumor development. Taking together the limited, and sometimes contradictory, information regarding the function of THs and the control of their activity by the deiodinases [[83,](#page-10-2) [85\]](#page-10-3) or the mutation/altered expression of the TRs [[81,](#page-9-32) [84,](#page-10-7) [86,](#page-10-8) [87,](#page-10-0) [92\]](#page-10-9) in human gastrointestinal physiopathology, we propose a model (Fig. [4\)](#page-6-0) in which the signaling by THs and TRs can have different outcomes when dealing with normal epithelial progenitors or with tumoral cells, as also suggested by Brown et al. [[88\]](#page-10-1). Moreover, we also speculate that the action of the mutated $TR\alpha1$ receptors in patients might also result in a reduction of the intestinal epithelial progenitor/stem cell proliferation. The interference with the functionality of the wild-type $TR\alpha1$ can be particularly deleterious in pathological conditions when unaffected proliferative capacities of the precursor cells are absolutely required, such as epithelial regeneration after gut resection [\[94](#page-10-11)] or inflammation [\[95](#page-10-12)].

THs and TRs in stem cell biology

Evidence supports the assumption that THs and $TR\alpha1$ are involved in intestinal epithelial progenitor/stem cell physiology, given that they can influence their proliferative capacity [\[12](#page-8-0)]. Moreover, the regenerative properties of the epithelium after γ-ray induced DNA damage, are strongly affected by the lack of TR α 1 expression [[96\]](#page-10-13), and the targeted overexpression of TRα1 in the intestinal epithelium (*vil*-TRα1 mice) induces crypt hyperplasia, hyperproliferation, and adenoma development [\[38](#page-8-19)]. In particular, the induced aberrant villi architecture can be due to increased crypt fission [\[97](#page-10-14)], which reflects enhanced stem cell activ-ity [\[98](#page-10-15)]. In favor of this assumption, TR α 1 overexpression in a tumor-prone model (*vil*-TRα1/Apc mice) accelerates the intestinal tumorigenic process [[38\]](#page-8-19).

A specific mechanism of TH-TR action on the intestinal stem cell biology, which includes self-renewal and multipotency, has not been described yet, whereas, as said, several findings in support of this action have been reported [\[12](#page-8-0)]. In particular, in *Xenopus* there is not a clearly defined stem cell population in the larval epithelium at the tadpole stage, but stem cells appear together with the generation of the adult epithelium; intriguingly, both processes are under the control of THs [[99\]](#page-10-16). Moreover, several genes that are suitable or putative markers of ISCs in mammals are strongly and transiently up-regulated by the surge in THs levels during this phase of stem cell appearance $[100]$ $[100]$. Among them, Musashi1 is regulated by THs in metamorphic gut in tadpoles as well as in the developing mouse intestine [\[101](#page-10-18)]. This gene, however, is not directly regulated at the transcriptional level, indicating that complex cell interactions or other mechanisms involving up-stream regulator(s), such as the Wnt pathway, could control Musashi1 expression [\[101](#page-10-18), [102](#page-10-19)].

Crosstalk between TH‑TRα1 and the Wnt pathway

The $TR\alpha$ 1 receptor interacts at multiple levels with the Wnt pathway in the intestinal epithelial precursors to control crypt proliferation in physio-pathological conditions [\[12](#page-8-0)].

The Wnt pathway is essential for proper intestinal development and homeostasis and its deregulation is strongly correlated to gut carcinogenesis [[103\]](#page-10-20). The major actor of canonical Wnt signaling is the β-catenin. The binding of Wnt to the Fzd receptor leads to increased β-catenin stabilization and to its translocation to the nucleus, where it acts as a transcriptional co-factor by associating with members of the Tcf/Lef (T cell factor/lymphoid-enhancing factor) family of transcription factors [\[104](#page-10-21), [105\]](#page-10-22). Other signaling pathways such as Notch [\[106](#page-10-23)] as well as extracellular secreted proteins, including Wnt inhibitory factor (Dikkopf, Cerberus, and secreted Frizzled-Related Protein), can modulate the Wnt signaling [[107\]](#page-10-24).

T3-liganded TRα1 activates the proliferation of the mouse intestinal epithelium precursors by modulating genes involved in cell cycle control and components of the

Wnt pathway [\[37](#page-8-18), [69\]](#page-9-20). Indeed, the TR α 1 receptor is a direct transcriptional regulator of the *Ctnnb1* gene, which encodes for the β-catenin. The increased expression of β-catenin, in turn, activates its targets such as cyclins D1 and D2 as well as c-Myc [[69\]](#page-9-20). Moreover, the secreted frizzled-related protein sFRP2 was also characterized as a direct target of TR α 1, acting as a positive regulator of the canonical Wnt pathway in intestinal progenitors in vitro, as summarized in Fig. [3](#page-4-0) [\[37](#page-8-18)]. Given the role of the Wnt pathway in gut tumorigenesis [[103\]](#page-10-20), we tested the hypothesis that the alteration of TRα1 expression may have a tumor-inducer potential-ity in mouse intestine [\[38](#page-8-19)]. Our results showed that $TR\alpha1$ overexpression in *vil*-TRα1 mice induced crypt hyperplasia and hyper-proliferation, but was not able per se to promote cancer. Conversely, it can cooperate with an activated Wnt pathway (*vil*-TRα1/Apc mice) in the induction of aggressive gut tumors [\[38](#page-8-19)]. In an effort to define the mechanisms involved in this cooperation, we also reported that $TR\alpha1$ and the β-catenin/Tcf4 complex can physically and functionally interact, resulting in the reciprocal modulation of their activity [\[64](#page-9-15)].

This complex scenario of $TR\alpha1$ and Wnt cross-regulations in the context of the intestinal epithelium underlines a key role of TRα1 at the level of the proliferative compartment, including TA cells and ISCs, where Wnt is strongly active [\[103](#page-10-20)] and TR α 1 is specifically expressed [\[66](#page-9-17)].

Conclusions

The importance of THs in development and homeostasis has been first suggested in thyroid-related human pathologies. In fact, the original name for hypothyroidism, myxedema, refers to the edema-like associated skin condition only subsequently connected to alterations in THs status [\[108](#page-10-25), [109](#page-10-26)]. Insufficient TH levels during development were also shown to have clinical consequences such as neurological damage and cretinism [\[110](#page-10-27)], whereas detrimental effects of hyperthyroidism on the skeleton have been first described in 1891 [[111\]](#page-10-28). Hypothyroidism has been commonly associated with intestinal constipation and recent papers described a TRα1 mutation in patients with severe peristalsis impairment [\[73](#page-9-24), [74\]](#page-9-25). Noteworthy, to try to understand how THs alteration can influence a specific tissue/organ it is necessary to keep into account not only the expression pattern of the TR receptors but also the local availability of the hormone, which in turn depends on the abundance of the THs transporters and of specific deiodinases expression.

We summarized here evidence that TH signaling through the TRs stimulates the proliferation of the intestinal epithelial precursors in both amphibians and mammals. Moreover, this process is strongly correlated with a set of common regulated TH-target genes and signaling path-ways [\[37](#page-8-18)]. However, discrepancies also exist when comparing these two models [[12,](#page-8-0) [44\]](#page-8-24), indicating that an in-depth comparative analysis is still lacking. Nevertheless, despite this evident lack of knowledge, we underlined here several findings in favor of the existence of a TH-dependent signaling on gut stem cell biology in both models. In fact, we described a certain number of similarities, strongly suggesting a convergent molecular mechanism at the level of these peculiar cells. We believe that increasing the body of knowledge in this specific area will help to define the molecular basis of developmental abnormalities and of diseases such as cancer.

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