# **Inflammation Research**

# **Review**

# **Peroxisome proliferator-activated receptors (PPARs): Nuclear receptors at the crossroads between lipid metabolism and inflammation**

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**Abstract.** Peroxisome proliferator-activated receptors (PPARs) are ligand-activated transcription factors belonging to the nuclear receptor family. PPARs function as regulators of lipid and lipoprotein metabolism and glucose homeostasis and influence cellular proliferation, differentiation and apoptosis. PPAR $\alpha$  is highly expressed in tissues such as liver, muscle, kidney and heart, where it stimulates the  $\beta$ -oxidative degradation of fatty acids. PPAR $\gamma$  is predominantly expressed in intestine and adipose tissue. PPARy triggers adipocyte differentiation and promotes lipid storage. The hypolipidemic fibrates and the antidiabetic glitazones are synthetic ligands for PPAR $\alpha$  and PPAR $\gamma$ , respectively. Furthermore, fatty acids and eicosanoids are natural PPAR ligands: PPAR $\alpha$ is activated by leukotriene B4, whereas prostaglandin J2 is a PPAR $\gamma$  ligand. These observations suggested a potential role for PPARs not only in metabolic but also in inflammation control. The first evidence for a role of  $PPAR\alpha$  in inflammation control came from the demonstration that  $PPAR\alpha$  deficient mice display a prolonged response to inflammatory stimuli. It was suggested that  $PPAR\alpha$  deficiency results in a reduced  $\beta$ -oxidative degradation of these inflammatory fatty acid derivatives. More recently, PPAR activators were shown to inhibit the activation of inflammatory response genes (such as IL-2, IL-6, IL-8, TNF $\alpha$  and metalloproteases) by negatively interfering with the NF- $\kappa$ B, STAT and AP-1 signalling pathways. PPAR activators exert these anti-inflammatory activities in different immunological and vascular wall cell types such as monocyte/macrophages, endothelial, epithelial and smooth muscle cells in which PPARs are expressed. These recent findings indicate a modulatory role for PPARs in the control of the inflammatory response with potential therapeutic applications in inflammation-related diseases, such as atherosclerosis and inflammatory bowel disease.

**Key words:**Transcription factors – Gene expression – Hypolipidemic drugs – Fatty acids

# **Introduction**

Discovered in 1990 as key players in the response to peroxisome proliferators, work from numerous laboratories have identified Peroxisome Proliferator-Activated Receptors (PPARs) as regulators of lipid and lipoprotein metabolism, glucose homeostasis and cellular differentiation. Furthermore, recent observations indicate their implication in cancer development as well as in the control of the inflammatory response and inflammation-related disorders. In this article we will focus on the new insights indicating a role for PPARs in the metabolism of lipid-derived inflammatory mediators as well as their molecular action mechanism on the transcription of inflammatory response genes. These findings highlight their potential as therapeutic targets for the treatment of inflammation and inflammation-related disorders.

## **Molecular mechanism of action of the peroxisome proliferator-activated receptors**

PPARs constitute a subfamily of the nuclear receptor family [1]. Three distinct PPARs, termed  $\alpha$ ,  $\delta$  (also called  $\beta$  or NUC-1) and  $\gamma$ , each encoded by a separate gene and characterized by distinct tissue [2–4] and developmental [5] distribution patterns, have been described. PPARs are ligand-activated transcription factors which upon heterodimerization with the retinoic X receptor (RXR), recognize PPAR response elements (PPRE), located in the promoter of target genes [6]. PPREs consist of a direct repeat of the nuclear receptor hexameric AGGTCA recognition sequence separated by one or two interventing nucleotides (DR-1 and DR-2) [7, 8]. Within

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this complex, PPAR binds to the 5' extended half-site, while the RXR partner binds to the 3' half site of the response element [7] (Fig. 1). PPARs can also repress gene transcription by negatively interfering with the NF- $\kappa$ B, STAT and AP-1 signalling pathways in a DNA-binding independent manner [9–13] (Fig. 2). Negative interference by PPARs with these signal transduction pathways is likely due to a combination of protein-protein interaction and cofactor squelching, as has been previously demonstrated for other members of the nuclear receptor family, such as the retinoic acid and glucocorticoid receptors [14]. PPARs interfere with the AP-1 and  $NF - kB$  signalling pathway by preventing the binding of AP-1 and NF- $\kappa$ B proteins to their target sequences [13, 15]. Furthermore, PPARs interact with c-*Jun* [16] as well as with p65 [17]. This trans-repression activity likely constitutes the mechanistical basis for the anti-inflammatory properties of PPARs.

## **Tissue distribution and regulation of the peroxisome proliferator-activated receptors**

### *Tissue distribution of PPARs*

An important determinant for the physiological functions of nuclear receptors, such as PPARs, is their tissue distribution patterns and expression levels. PPAR $\alpha$  is mostly present in tissues characterized by high rates of fatty acid catabolism, such as liver, kidney, heart and muscle [2, 18], whereas PPAR $\gamma$  is not only highly expressed in adipose tissue [19] but is also detected in mammary gland and a number of other tissues [5, 20]. In addition, PPARs are expressed in immunological and vascular wall cell types: PPAR $\alpha$  and PPAR $\gamma$  are expressed in primary cultures of endothelial [13, 15, 21–23] and smooth muscle cells [11, 24] and in monocyte/macrophages [9, 10, 25, 26]. Whereas PPAR $\alpha$  is present in isolated human monocytes and its expression increases during the differentiation process,  $\text{PPAR}\gamma$  is not detectable in human monocytes but is strongly induced upon differentiation [9]. In addition, the expression of  $PPAR\alpha$  and  $PPAR\gamma$  in the subendothelial region and in the lipid core of atherosclerotic lesions, where they colocalize with specific markers of macrophages, smooth muscle cells and foam cells, has been described [15, 22, 26–28]. The third member of the PPAR family, PPAR $\delta$  is expressed in a wide range of tissues including heart, adipose tissue, brain, intestine, muscle, spleen lung and adrenal glands [2, 5].

#### *Regulation of PPAR expression by cytokines*

Although PPAR expression is under the control of a wide variety of factors, more recently it has been demonstrated that different inflammatory cytokines, including TNF $\alpha$ , interleukin (IL)-1  $\alpha$  and  $\beta$ , IL-6 and leukemia inhibitory factor decrease PPARg expression in mature rat adipocytes, an effect which was reversed after treatment with different glitazones [29]. By contrast, in monocytes and macrophages, IL-4, an interleukin which exerts an anti-inflammatory effect through macrophage inactivation, induces  $PPARy1$  expression [30]. In addition, in human macrophages, pro-inflam-



**Fig. 1. Peroxisome proliferator-activated receptors: ligands and transcriptional activation.** Upon activation, PPARs heterodimerize with the 9-cis retinoic acid receptor and bind to response elements (PPRE) located in the promoter of target genes thus regulating their transcription. Synthetic ligands and natural activators derived from fatty acids through the cycloxygenase and lipoxygenase pathways are represented.



**Fig. 2. Mechanism of transcriptional repression by peroxisome proliferator-activated receptors.** PPARs repress gene transcription by negatively interfering with the NF-kB, AP-1 (Fos/Jun) and STAT signalling pathways in a DNA-binding independent manner. TRE: TPA-response element. ISGF-RE: interferon stimulated gene factor response element.

matory mediators derived from oxidized LDL (9- and 13- HODE) increase PPAR $\gamma$  mRNA levels [25].

#### **Synthetic and natural ligands of peroxisome proliferatoractivated receptors**

PPARs are activated by a number of pharmacological compounds, as well as by fatty acids and fatty acid-derived molecules. PPAR $\alpha$  is activated by naturally occuring eicosanoids derived from arachidonic acid through the lipoxygenase pathway, such as 8-S-hydroxyeicosatetraenoic acid (8S-HETE) and leukotriene B4 (LTB4) [31–33] and by OxLDLderived oxidized phospholipids [34]. Moreover, fibrates, a class of first-line drugs in the treatment of hypertriglyceridemia and combined hyperlipidemia, are synthetic ligands for PPAR $\alpha$  [32]. PPAR $\gamma$  can be activated by arachidonic acidmetabolites derived from the cycloxygenase and lipoxygenase pathways, such as  $15$ -deoxy- $\Delta$ -12,14-prostaglandin J2 (PG-J2) and 15-HETE [35–37]. Recent findings have revealed a crucial role of 12/15-lipoxygenase in the generation of endogenous PPAR $\gamma$  ligands [30]. In addition, fatty acidderived components of oxidized low density lipoproteins (OxLDL), such as 9-hydroxyoctadecadienoic acid (9- HODE) and 13-hydroxyoctadecadienoic acid (13-HODE) are natural ligands for PPAR $\gamma$  [37] (Fig. 1). Finally, the antidiabetic glitazones, currently used as insulin sensitizers, are synthetic high affinity ligands for  $\text{PPAR}_Y$  [38].

In addition to fibrates and glitazones, other pharmacological compounds have been identified as PPAR activators. Inhibition of cycloxygenase by NSAIDs (Non Steroidal Anti-Inflammatory Drugs) constitutes a clinical approach for the treatment of inflammatory states. Lehmann et al. [39] have demonstrated that certain NSAIDs, including indomethacin and ibuprofen, are activators of  $PPARy$  acting in the micromolar range. These data are consistent with the observation that indomethacin can promote terminal adipocyte differentiation of various preadipocyte cell lines in vitro [40]. The molecular basis underlying this adipogenic action could thus be mediated via activation of PPAR<sub>Y</sub>, a transcription factor with a pivotal role in adipogenesis. In addition, certain NSAIDs are also ligands for the PPAR $\alpha$  form [39]. Several NSAIDs have marked effects on peroxisome activity in rodent hepatocytes when used either in vitro or in vivo [41, 42] and it appears likely that these effects are mediated by PPAR $\alpha$  activation.

## **Peroxisome proliferator-activated receptors: nuclear receptors with functions in the metabolism of lipid mediators of inflammation**

Fibrates are clinically used hypolipidemic drugs, which efficiently decreased plasma triglyceride levels and increase HDL cholesterol concentrations [43]. Using PPAR $\alpha$ -deficient mice, the role of this receptor in HDL and triglyceride metabolism, as well as in hepatic regulation of apolipoprotein and fatty acid  $\beta$ -oxidation enzyme expression was unequivocally demonstrated [44, 45]. PPAR $\alpha$  mediates the triglyceride-lowering action of fibrates by increasing lipoprotein lipase gene expression in a PPRE-mediated manner

[46] and decreasing apo CIII levels [47], thus resulting in an enhanced lipolytic activity. By contrast, the antidiabetic agents glitazones, which are  $\text{PPAR}\gamma$  ligands, decrease plasma triglyceride and free fatty acids levels by enhancing their catabolism via the induction of lipoprotein lipase gene expression in adipose tissue [48]. Several studies have demonstrated that in liver,  $PPAR\alpha$  regulates the oxidation of fatty acids. Numerous genes involved in these metabolic pathways, such as the  $\beta$  and  $\omega$ -oxidation pathways present a PPRE in their promoter region and are under the transcriptional control of PPAR $\alpha$  [6].

In addition to their effects on extra-cellular lipid metabolism, PPARs act also as regulators of cellular fatty acid uptake and control of their intracellular fate. Intracellular fatty acid concentrations are partly determined by a regulation of import and export system that is controlled by proteins such as fatty acid transport protein (FATP) [49] and fatty acid translocase (FAT/CD36) [25, 50]. It has been reported that the expression of long chain fatty acid transporters is induced in a tissue-dependent fashion in liver by  $PPAR\alpha$  and in adipose tissue by PPARg activators [49, 51]. Once inside the cell, fatty acids must penetrate into the cellular organite, where their metabolism takes place. The expression of Acyl-CoA synthetase (ACS), an important enzyme for the fatty acid esterification, preventing their efflux from cells, is enhanced by fibrates in liver and kidney [49, 52]. Carnitine palmitoyltransferase type I (CPT-I), a key enzyme in mitochondrial fatty acid catabolism, contains a PPRE in its promoter region and is regulated by  $PPAR\alpha$  activators [53, 54]. Taken together, these observations indicate that  $PPAR\alpha$  controls fatty acid uptake, activation into acyl-CoA esters and degradation via the peroxisomal and mitochondrial  $\beta$ -oxidation pathways [6]. In addition to their effects on plasma fatty acid and triglyceride levels, these actions of  $PPAR\alpha$  may result in an enhanced degradation of lipid-derived inflammatory mediators through the  $\beta$ -oxidation pathways. In support for this hypothesis comes the observation that inflammation provoked by arachidonic acid or its derivative LTB4 is prolonged in mice with a target disruption of the PPAR $\alpha$  gene [33]. Binding of the inflammatory mediator LTB4 to PPAR $\alpha$ results in the activation of  $PPAR\alpha$ -mediated transcription of enzymes implicated in  $\omega$ - and  $\beta$ -oxidation in liver. Via such feed-back mechanism, LTB4 and other fatty acid-derived compounds may induce their own catabolism through stimulation of PPAR $\alpha$ . As a result of the activation of the  $\beta$ -oxidation pathways by PPAR $\alpha$ , degradation of these fatty acids will result in the termination of an inflammatory status.

## **Peroxisome proliferation-activated receptors and inflammation control**

Besides their crucial role in  $\beta$ -oxidation of fatty acids and arachidonic acid metabolites, PPARs also exert direct antiinflammatory activities. The first evidence suggesting a potential implication of PPAR in inflammation came from the observation of an antagonism between  $PPARy$  and the proinflammatory cytokine tumor necrosis factor alpha (TNF $\alpha$ ) [55, 56]. In adipose tissue, TNF $\alpha$  inhibits adipogenesis via the downregulation of adipogenic factors such as  $C/EBP\alpha$  and PPARy, whereas intravenous injection of TNF $\alpha$  into rats resulted in a decreased hepatic expression of PPAR $\alpha$ [57]. Reduced PPAR $\gamma$  gene expression could represent an important component of the mechanism by which  $TNF\alpha$ exerts its anti-adipogenic effects [55]. Interestingly, obesity states are associated with increased production of inflammatory cytokines, such as  $TNF\alpha$ , in adipose tissue. Studies in obese rats showed that treatment with the synthetic and natural PPAR $\gamma$  ligands rosiglitazone and PG-J2 reduces TNF $\alpha$ expression levels in retroperitoneal and mesenteric white adipose tissues [58]. Taken together these data indicate an antiinflammatory action of PPARs in adipose tissue.

### *PPARs and monocyte/macrophages*

Both PPAR $\alpha$  and PPAR $\gamma$  are expressed in differentiated human macrophages [9]. Although PPAR $\gamma$  has been suggested to promote monocyte-macrophage differentiation [25], it is unlikely that it is involved in the first steps of the differentiation process since  $\text{PPAR}\gamma$  seems to be absent from isolated human monocytes [9]. Nevertheless, PPARs regulate monocyte/macrophage physiology, as well as their response to inflammatory stimuli within the arterial wall [9, 10, 26, 59]. Ricote et al. [10] reported that  $PPAR\gamma$  is markedly upregulated in murine activated macrophages and that natural and synthetic PPAR $\gamma$  ligands inhibit the induction of inducible nitric oxyde synthase (iNOS), gelatinase B (MMP-9) and scavenger receptor A gene transcription. Promoter studies have revealed that  $\text{PPAR}\gamma$  inhibits the transcriptional activity of these genes by interfering with the  $AP-1$ , NF- $\kappa$ B and STAT1 transcription factors [10]. Furthermore, Jiang et al. [59] have shown that incubation of human monocytes with the natural PPARg ligand PG-J2 or with synthetic agonists, inhibits the production of proinflammatory cytokines, including TNF $\alpha$ , IL-1 $\beta$ , and IL-6. All these processes seem to be mediated at the transcriptional level, since  $\text{PPAR}\gamma$  activators could inhibit TNF $\alpha$  promoter activity [59]. However, one caveat with respect to the interpretation of these studies is the fact that the most pronounced effects are observed with PG-J2, which may not be very selective for  $\text{PPAR}\gamma$  and may also act through PPAR independent mechanisms [60, 61]. When more selective ligands, such as rosiglitazone are employed, extremely high concentrations are needed to obtain similar effects. This suggests that additional pathways may be involved in the responses to eicosanoids. In fact, recents observations indicate that PG-J2 exerts anti-inflammatory activities in a PPAR $\gamma$ -independent manner through the inhibition of IkB kinase [62, 63]. Additional evidence for a protective role of PPARs in the inflammatory response comes from experiments performed in activated RAW 264.7 murine macrophages [64], where natural  $PPARy$  activators including PG-J2 and the synthetic PPAR $\alpha$  ligand Wy14,643 reduce nitrite accumulation. By contrast, natural PPAR $\alpha$  ligands LTB4 and 8(S)-HETE stimulate nitrite accumulation in these cells, indicating that they have proinflammatory properties [64]. Again, synthetic and natural ligands have distinct effects, which may be due to the low specificity of natural activators compared to the more selective synthetic compounds. In the same line, PG-J2 has been shown to suppress iNOS promoter activity and expression in a PPAR<sub>Y</sub>-independent manner in murine and rat microglial cells and astrocytes [61]. These observations call for caution when interpreting results obtained using these natural fatty acid derivatives with respects to the role of PPAR $\gamma$  in their actions.

#### *PPARs in atherosclerosis and vascular wall cell types*

Atherosclerosis is a long-term process which involves recruitment and activation of different cell types, including monocyte/macrophages, endothelial cells, smooth muscle cells and T-lymphocytes in the intima of the arteries, thus leading to a local inflammatory response [65]. A role for PPARs in atherosclerosis is suggested by clinical observations indicating that fibrate treatment lowers progression of atherosclerotic lesions in humans, as well as in animal models  $[66–68]$ . In addition, the PPAR $\gamma$  activator troglitazone inhibits smooth muscle cell proliferation and decreases the intima and media thickness in human carotid arteries [69]. Recent studies on PPAR expression patterns have demonstrated that these transcription factors are expressed in cells within human and murine atherosclerotic lesions colocalizing with macrophages, smooth muscle and foam cells [26–28].

In the vascular wall, PPARs interfere with chemo-attraction and cell adhesion of monocytes, T-lymphocytes and eosinophils. In human endothelial cells, glitazones inhibit the expression of monocyte-chemoattractant protein-1 (MCP-1) at the transcriptional level [70], one of the key factors initiating the inflammatory process of atherogenesis (Fig. 3). In addition, these compounds inhibit the expression of the chemokine RANTES in a human lung epithelial cell line [71]. PPAR activators furthermore inhibit cytokine-induced vascular cell adhesion molecule-1 (VCAM-1) [15, 72], an adhesion molecule critical for leukocyte recruitment to atherosclerotic lesions (Fig. 3). The reduction of VCAM-1 expression by  $PPAR\alpha$  activators occurs at the transcriptional level, at least in part by inhibiting NF- $\kappa$ B activity [15]. Since VCAM-1 and MCP-1 are involved in monocyte recruitment to early atherosclerotic lesions, these findings suggest that PPARs inhibit early processes in atherosclerotic lesion development (Fig. 3). In endothelial cells, both PPAR $\alpha$  and PPAR<sub>y</sub> ligands repress thrombin-induced expression of endothelin-1 (ET-1), a potent vasoconstrictor peptide and inducer of smooth muscle cell proliferation [13, 73]. PPAR agonists exert their activities on ET-1 expression by negatively interfering with AP-1 DNA binding activities [13].

PPARs are also involved in the formation and function of foam cells. Nagy and collaborators [37] described a metacrine regulatory pathway in which OxLDL and the oxidized fatty acids therein may promote foam cell formation and macrophage gene expression through PPAR *y* activation [37]. The OxLDL-derived 9- and 13-HODE activate PPAR $\gamma$  in monocytes and monocytic cell lines resulting in a PPREmediated induction of the expression of the OxLDL receptor CD36, thus initiating a positive feed-back loop for monocyte activation and foam cell formation [25] (Fig. 3). Besides their effects on CD36 regulation, in differentiated human macrophages PPAR ligands furthermore induce the expression of CLA-1/SR-BI, a scavenger receptor implicated in cholesterol efflux [28]. In addition, PPARs induce macrophage lipoprotein lipase expression, but reduce its enzyme



**Fig. 3. PPARs control macrophage functions during atherosclerosis development.** PPAR activation controls the expression of genes implicated in monocyte adhesion, lipid accumulation (such as CD36 and SR-A), apoptosis, vascular inflammation (cytokines) and plaque stability (MMP-9), thus modulating atherosclerotic lesion development.

activity [74]. Taken together these observations indicate a role of PPAR activators in macrophage cholesterol and fatty acid homeostasis with likely consequences in foam cell formation and atherosclerosis progression.

In macrophages,  $\text{PPAR}\gamma$  activators also reduce the secretion and gelatinolytic activity of the metalloproteinase MMP-9, also referred to as gelatinase B [24, 26]. This enzyme, which is secreted in response to inflammatory cytokines found in atheroma, plays a pivotal role in the degradation of extracellular matrix, with consequences in atherosclerotic plaque rupture and thrombosis (Fig. 3). These observations support the previously reported results indicating that  $PPARy$ agonists inhibit the induction of MMP-9 promoter activity [10].

PPARs also regulate smooth muscle cell function. In human aortic smooth muscle cells, fibrates prevent IL-1 induced secretion of IL-6 and 6-keto-PGF<sub>1 $\alpha$ </sub>. These drugs act by inhibiting the expression of inducible COX-2 at the transcriptional level through a negative regulation of NF- $\kappa$ B activity [11]. In rat vascular smooth muscle cells, troglitazone inhibited the degradation of iNOS mRNA [75]. However, since no expression of  $PPAR\gamma$  was detected in this cellular model, the results suggest that troglitazone acts in a PPARg-independent manner. By contrast, in rat aortic

smooth muscle cells which express PPAR $\gamma$ , PG-J2 and 9-HODE induced the expression of type II-secreted phospholipase  $A_2$  (type II-sPLA<sub>2</sub>) in which a PPRE has been identified in the promoter [76], an enzyme implicated in the hydrolysis of phospholipids, thus generating lipid inflammatory mediators such as lysophosphatidic and arachidonic acids. Since it has been reported that type  $II$ -sPLA<sub>2</sub> increases lipoxygenaseinduced HODE production from LDL [77], this observation raises the possibility that type II-sPLA2-induced HODE synthesis constitutes a positive autocrine loop in the aorta during inflammatory states.

## *PPARs and the regulation of hemostatic factors and acute phase proteins*

Acute coronary events are provoked by a dysbalance of proand anti-thrombotic factors. Recently, Marx et al. [22] reported that treatment of human saphenous vein endothelial cells with natural fatty acid-derived PPARg activators (PG-J2, 9 and 13-HODE) increases the expression of plasminogen activator inhibitor type 1 (PAI-1), a member of the serine protease inhibitor family which limits fibrinolysis and promotes thrombosis. However, troglitazone and pioglitazone, synthetic PPARg ligands, down-regulate PAI-1 expression in human umbilical vein endothelial cells (HUVEC) [78]. Furthermore, troglitazone markedly reduced blood levels of PAI-1 in patients affected by the polycystic ovary syndrome [79]. The discrepancy between both studies may be related to differences in cell type or to the higher-mentionned problems of interpretation of results obtained using less specific natural ligands, compared to synthetic ligands. When the influence of PPAR $\alpha$  activators on PAI-1 production was tested in cynomolgus monkey hepatocytes no correlation between the inhibition of PAI-1 production and PPAR $\alpha$  transactivation activity was observed [80]. In human endothelial cell lines low concentrations of clofibric acid and bezafibrate increase PAI-1 transcription and secretion, whereas fenofibric acid and gemfibrozil markedly decrease PAI-1 [81]. Clinical studies reported that gemfibrozil and bezafibrate increase plasma PAI-1 levels [82], whereas ciprofibrate did not modify its plasma concentrations [83]. Clearly, the role of PPARs in the regulation of PAI-1 expression requires further studies.

In clinic, administration of fenofibrate to patients with mild hyperlipidemia resulted in decreased plasma concentrations of IL-6. Furthermore, fenofibrate significantly lowered plasma levels of fibrinogen and C-reactive protein (CRP) which are established risk factors for cardiovascular disease and whose production is controlled by cytokines [11]. Furthermore, in patients with hyperlipoproteinemia type IIb, fenofibrate treatment decreased plasma TNF $\alpha$  and IFN $\gamma$  levels [84]. Taken together, these data indicate that  $PPAR\alpha$  activators exert anti-inflammatory activities in humans in vivo.

#### *PPARs in epithelial cells and inflammatory bowel diseases*

In contrast to human smooth muscle cells [11], fatty acid metabolites and NSAIDs, including PG-J2 and indomethacin, as well as the PPAR $\alpha$  ligand Wy14,643 induce COX-2 transcription in epithelial cells (mammary and colon) [85]. One possible explanation for the differences observed between epithelial and smooth muscle cells may be related to differences in origin. Alternatively, PPAR activators may inhibit COX-2 activation through negative interference with



**Fig. 4. Role of peroxisome proliferator-activated receptors (PPARs) in metabolic and inflammation-related disorders.** PPARs are negative regulators of insulin resistance, dyslipemia and inflammatory response, with likely consequences in atherosclerosis development.

 $NF - kB$  activation [11] and induce its expression through a classical PPRE-mediated mechanism [85]. The predominant response could be tissue-specific, but may also depend on kinetics, since trans-repression occurs immediately, whereas induction via a PPRE may be slower. Regulation of COX-2 by PPARg agonists has also been studied in colon cancer models [86]. Activation of PPAR $\gamma$  did not affect COX-2 expression either in mouse adenomas in vivo or in human colon carcinoma cell lines although colon tumor formation was induced. Thus, PPARy activators could alter colon epithelial cell function in a COX-2 independent manner, whereas PPAR $\alpha$  agonists could induce transcription of COX-2 in epithelial cells. In patients affected by Crohn's disease, which present a mesenteric adipose tissue hypertrophy, adipocyte PPAR $\gamma$  and TNF $\alpha$  expression levels are elevated [87]. These results suggest that confined increased PPAR $\gamma$  concentrations could lead to mesenteric fat hypertrophy, resulting in an enhanced synthesis of  $TNF\alpha$  and a local inflammatory reaction [87]. More recently,  $PPAR\gamma$  activators have been shown to inhibit the epithelial inflammatory response in an animal model of colitis [88]. In colon cancer cell lines, PG-J2 and rosiglitazone inhibit IL-1 $\beta$ -induced expression of IL-8, likely by preventing NF- $\kappa$ B activation via an I $\kappa$ B- $\alpha$ dependent mechanism. Although the authors did not exclude the possibility that a component of the anti-inflammatory effect of  $PPARy$  ligands could be mediated via the systemic immune system, they concluded that  $PPARy$  activators protect against inflammatory bowel disease.

#### **Conclusion**

Our knowledge of the physiological functions of the PPAR transcription factors has enormously progressed in the last three years. Known at the beginning as regulators of lipid and lipoprotein metabolism, more recently PPARs have been identified as important players in the metabolism of lipidderived inflammatory mediators and in inflammation-related pathologies, such as atherosclerosis and inflammatory bowel disease. These observations indicate that PPARs could mediate the modulation of immune cell activation by pharmacological and nutritional products.

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