#### **ORIGINAL RESEARCH PAPER**



# **Simultaneously blocking ANGPTL3 and IL‑1β for the treatment of atherosclerosis through lipid‑lowering and anti‑infammation**

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#### **Abstract**

**Objective** Blood lipid levels play a critical role in the progression of atherosclerosis. However, even with adequate lipid reduction, signifcant residual cardiovascular risk remains. Therefore, it is necessary to seek novel therapeutic strategies for atherosclerosis that can not only lower lipid levels but also inhibit infammation simultaneously.

**Methods** The fusion protein FD03-IL-1Ra was designed by linking the Angiopoietin-like 3 (ANGPTL3) nanobody and human interleukin-1 receptor antagonist (IL-1Ra) sequences to a mutated human immunoglobulin gamma 1 (IgG1) Fc. This construct was transfected into HEK293 cells for expression. The purity and thermal stability of the fusion protein were assessed using SDS-PAGE, SEC-HPLC, and diferential scanning calorimetry. Binding afnities of the fusion protein to ANGPTL3 and IL-1 receptor were measured using Biacore T200. The biological activity of the fusion protein was validated through in vitro experiments. The therapeutic efficacy of the fusion protein was evaluated in an ApoE-/- mouse model of atherosclerosis, including serum lipid level determination, histological analysis of aorta and aortic sinus sections, and detection of infammatory and oxidative stress markers. ImageJ software was utilized for quantitative image analysis. Statistical analysis was performed using one-way ANOVA followed by Bonferroni post hoc test.

**Results** The FD03-IL-1Ra fusion protein was successfully expressed, with no polymer formation detected, and it demonstrated good thermal and conformational stability. High affinity for both murine and human ANGPTL3 was exhibited by FD03-IL-1Ra, and it was able to antagonize hANGPTL3's inhibition of LPL activity. FD03-IL-1Ra also showed high afnity for both murine and human IL-1R, inhibiting IL-6 expression in A549 cells induced by IL-1β stimulation, as well as suppressing IL-1β-induced activity inhibition in A375.S2 cells. Our study revealed that the fusion protein efectively lowered serum lipid levels and alleviated infammatory responses in mice. Furthermore, the fusion protein enhanced plaque stability by increasing collagen content within atherosclerotic plaques.

**Conclusions** These fndings highlighted the potential of bifunctional interleukin-1 receptor antagonist and ANGPTL3 antibody fusion proteins for ameliorating the progression of atherosclerosis, presenting a promising novel therapeutic approach targeting both infammation and lipid levels.

**Keywords** Atherosclerosis · ANGPTL3 · IL-1Ra · Fusion protein

## **Introduction**

Atherosclerosis serves as the primary pathological foundation for ischemic cardiovascular diseases (CVD), and the projected mortality due to CVD in 2030 is estimated to

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reach 22.2 million [\[1](#page-12-0)]. This condition is infuenced by various pathogenic factors, including elevated blood lipid levels, infammation, and oxidative stress [\[2](#page-12-1)]. Current clinical approaches to atherosclerosis primarily involve medications such as statins and proprotein convertase subtilisin/kexin type 9 (PCSK9) inhibitors [[3](#page-12-2)]. However, despite achieving sufficient reductions in serum lipid levels, a substantial residual cardiovascular risk persists [[3](#page-12-2), [4\]](#page-12-3). Consequently, exploring innovative avenues for preventing and treating atherosclerosis.

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Elevated blood lipid levels have been identifed as a critical contributor to atherosclerosis. Notably, a reduction of 1 mmol/L in low-density lipoprotein cholesterol (LDL-C) is associated with a 23% risk decrease for CVD [[5\]](#page-12-4). However, despite statin monotherapy achieving a 50% reduction in LDL-C levels at maximum dosages, over half of the patients show minimal response, highlighting the necessity of an alternative approach [\[6](#page-12-5), [7\]](#page-12-6). Angiopoietin-like protein 3 (ANGPTL3), a member of the angiopoietin-like protein family, participates in lipid metabolism, inhibits lipoprotein lipase (LPL) activity, and contributes to angiogenesis in vivo [\[8,](#page-12-7) [9](#page-12-8)]. Increased levels of ANGPTL3 are positively correlated with an elevated risk of CVD. Conversely, the loss of ANGPTL3 function reduces the risk by approximately 34% in individuals with normal lipid profles [\[10](#page-12-9)]. Neutralizing ANGPTL3 with evinacumab demonstrated efficacy in reducing plasma levels of total cholesterol (TC), triglyceride (TG), and LDL-C, even in individuals with homozygous familial hypercholesterolemia who are unresponsive to conventional lipid-lowering therapies targeting LDL receptor (LDLR) and PCSK9 mutations [\[11](#page-12-10)]. In our initial investigations, the administration of a nanobody-Fc (FD03) directed against ANGPTL3 led to a substantial reduction in TG, TC, and LDL-C in hypercholesterolemic mice. Notably, a higher expression yield was observed compared to evinacumab [\[12](#page-12-11)]. Accordingly, we propose that FD03 can be a promising therapeutic agent for atherosclerosis through lipid-lowering interventions.

Recent evidence has compellingly highlighted the crucial role of infammation in driving atherosclerosis's pathogenesis. Interleukin-1β (IL-1β) is a key inflammatory factor that regulates the innate immune response in blood vessels and infuences cytokine secretion [[13\]](#page-12-12). Abundant research has underscored the significant impact of IL-1β on atheroscle-rosis [[14](#page-12-13), [15](#page-12-14)]. Noteworthy, elevated levels of IL-1β expression were found to positively correlate with the risk of acute cardiovascular events due to plaque rupture, which has been observed in individuals with atherosclerosis [\[16](#page-12-15)[–18](#page-12-16)]. In atherosclerotic mice, the knockdown of IL-1β has been shown to substantially reduce atherosclerotic lesions and improve plaque stabilization. This efect is attributed to the decreased levels of infammatory cytokines, including IL-6 and TNF-α [\[19–](#page-12-17)[23](#page-12-18)]. Anakinra is a recombinant IL-1Ra consisting of 153 amino acid residues but with an additional methionine residue at the amino terminus. It has been shown to efectively reduce IL-1β and C-reactive protein levels in patients' serum, offering relief from heart failure associated with atherosclerotic complications [\[24](#page-12-19), [25](#page-12-20)]. Oxidative stress can infuence the progression of atherosclerosis by modulating endothelial vascular function, regulating vascular smooth muscle cell growth, and afecting macrophage immune and infammatory responses [[26\]](#page-12-21). 4-Hydroxynonenal (4-HNE) is a reactive aldehyde formed by the reaction of reactive oxygen species with polyunsaturated fatty acids, and it is often associated with cellular dysfunction and tissue damage, thereby exacerbating atherosclerosis [\[27\]](#page-12-22). Therefore, we hypothesize that simultaneously inhibiting ANGPTL3 and IL-1β to regulate lipid metabolism and infammation can reduce oxidative stress levels and lead to better outcomes in the treatment of atherosclerosis.

In this study, a novel fusion protein, FD03-IL-1Ra, was successfully generated by linking human IL-1Ra to the C-terminus of FD03. Subsequently, its stability and biological activity in blocking ANGPTL3 and IL-1β were assessed. Furthermore, the beneficial effects of FD03-IL-1Ra on atherosclerosis were validated, highlighting its dual efficacy in reducing lipid deposition and concurrently suppressing the infammatory response. The potential of the FD03-IL-1Ra fusion protein as a promising therapeutic approach for addressing atherosclerosis was emphasized by these results.

#### **Materials and methods**

#### **Preparation of FD03, IL‑1Ra‑Fc and FD03‑IL‑1Ra fusion protein**

The gene encoding FD03 was obtained from research conducted by Dr. Dianwen Ju's lab, linking the sequence of the anti-ANTPTL3 nanobody to the human immunoglobulin gamma 1 (IgG1) Fc through a fexible linker, incorporating the hinge region with mutating of 82 Asn/Ala, 141 Asp/ Glu and 143 Leu/Met. The genes encoding these fusion proteins, along with FD03, were inserted into PPT5 plasmid vectors. The aforementioned plasmids were employed in the HEK293 expression system for expression and purifcation, leading to the isolation of the target proteins.

Plasmids were transferred to chemically competent cells, amplifed in LB medium, and extracted using EndoFree Maxi plasmid large kits (Tiangen, Beijing, China). All three expression plasmids were introduced into Expi293F cells using PEI MAX (Yesen, Shanghai, China), and the cell supernatants were harvested 8 days post-transfection. Subsequently, all supernatants were purifed using rProtein A Seplife Suno column (Sunresin, Suzhou, China) on an AKTA purifer (Cytiva, MA, United States).

#### **Cell culture**

Expi293F and A549 cell lines were sourced from the National Collection of Authenticated Cell Cultures (Shanghai, China), while A375.S2 cells were graciously provided by Professor Shuqing Chen of Zhejiang University. Expi293F cells underwent cultivation in SMM 293-TII complete medium (Sino Biological Inc., Beijing, China) with agitation at 120 RPM and 50 mm amplitude on a cell shaker (Thermo Fisher Scientifc). A549 and A375.S2 cells were nurtured in RPMI base medium (Yuanpei, Shanghai, China) supplemented with FBS (Gibco, 10,270). Incubation occurred at 37 ℃ within a humidifed atmosphere featuring  $5\%$  CO<sub>2</sub> in an incubator.

#### **SDS‑PAGE analysis**

SDS-PAGE analysis under both reduced and non-reduced conditions was conducted using the PAGE Gel Fast Preparation Kit (10%, Yamei, Shanghai, China) and Tris–Glycine SDS running bufer. Each protein sample, with a loading amount of 10 µg, was electrophoresed at 120 V for 40 min. Gels were stained with Meilunbio ultrafast gel protein staining solution (MeilunBio, Dalian, China) and destained in ultra-pure grade water.

#### **Monomeric purity determination**

The monomeric purity of the fusion protein was assessed employing the Agilent 1260 system. A mobile phase of PBS and protein samples (120 µg) were passed through a TOSOH TSKgel G3000WXL column at 1 ml/min, with UV absorbance at 280 nm OD value for 30 min.

#### **Diferential scanning calorimetry (DSC)**

MicroCal VP-DSC (Microcal LLC) was utilized to measure the diferential scanning calorimetry (DSC) of the three fusion proteins. The data were ftted to MN2State model by Origin 3.0 SR2.

## **Afnity determination of fusion proteins**

The Biacore T200 was employed for measuring the affinity of FD03 and FD03-IL-1Ra binding to human full-length ANGPTL3 (hANGPTL3 (S17-E460)-His10), murine halflength ANGPTL3 (mANGPTL3 (S17-T206)-His6), and murine full-length ANGPTL3 (mANGPTL3 (S17-T455)- His10), as well as IL-1Ra-Fc and FD03-IL-1Ra binding to hIL-1R1 (18-332)-His6 and mIL-1R1 (20-338)-His6 using surface plasmon resonance (SPR). ANGPTL3 and IL-1R were immobilized on the CM5 chip (Cytiva, MA, United States), and the fusion proteins, diluted in EP buffer, were passed through the chip at 150 s and permitted to dissociate for 480 s. The affinity (KD) was determined by the Biacore Evaluation software.

#### **Anti‑angptl3 biological activity test in vitro**

Fusion proteins, evinacumab and a control antibody, were incubated with hANGPTL3 (S17-K170)-mFc. This complex was then incubated with 50 nM bovine LPL (Yingxin, Shanghai, China) in an assay buffer comprising 20 mM Tris, 150 mM NaCl and 0.2% fatty-acid-free BSA at pH 8.0.

After incubation with 10  $\mu$ M Lipase Substrate (30,058, Sigma) for 15 min at 25 °C in black-walled 96-well plates (Corning Glass), fuorescence was measured on a microplate reader using an excitation wavelength of 529 nm and reading emission at 600 nm.

#### **Determination of IL‑1β antagonism in vitro**

A549 cells  $(1 \times 10^4 \text{ cells/well})$  were plated in 96-well plates (Corning Glass) and treated with varying concentrations of FD03-IL-1Ra, IL-1Ra-Fc, IL-1Ra (Jiaochen, Shanghai, China), and FD03 for 1 h after cell attachment. Subsequently, cells were stimulated with 200 pg/ml recombinant human IL-1β (Abclonal, Wuhan, China) for 6 h. The culture medium from stimulated A549 cells was collected and subjected to IL-6 level analysis utilizing a human IL-6 ELISA kit (Abclonal, Wuhan, China).

A375.S2 cells were digested, centrifuged, and resuspended in RPMI 1640 medium (2% FBS). After 12 h, gradient concentrations of FD03-IL-1Ra, IL-1Ra-Fc, IL-1Ra, and FD03 were added to the culture medium. An hour later, IL-1β was added at a concentration of 20 ng/ml and incubated for 72 h. Cell growth inhibition was determined using a microplate reader (Thermo) after the addition of 10% Meilun Cell Counting Kit-8 (Meilun, Dalian, China) solution, with absorbance measured at 450 nm.

## **Animals**

ApoE−/− mice (male, 6–8 weeks old) were procured from Cavins Animal. Atherosclerotic plaque induction was achieved by feeding the mice a high-fat diet (HFD) constituting 20% fat, 1.25% cholesterol, and 0.2% bile salt for 14 weeks [\[22](#page-12-23)].

After 8 weeks of dietary treatment, mice were randomly allocated into six groups for comparative drug efect assessment on atherosclerosis: Control ab-treated group  $(n=6, 25 \text{ mg/kg})$ , intraperitoneal injection once weekly for 5 weeks), FD03-treated group ( $n=6$ , 25 mg/kg, intraperitoneal injection once weekly for 5 weeks), IL-1Ra-Fc-treated group ( $n=6$ , 28.7 mg/kg, intraperitoneal injection once weekly for 5 weeks), Combinational drugs-treated group  $(n=6, 25 \text{ mg/kg}$  and 28.7 mg/kg, intraperitoneal injection once weekly for 5 weeks), FD03-IL-1Ra-treated group  $(n=6, 37.6 \text{ mg/kg}, \text{ intraperitoneal injection once weekly})$ for 5 weeks) and Positive drug Atorvastatin-treated group  $(n=6, 10 \text{ mg/kg})$ , intragastric administration once daily for 5 weeks).

FD03 group, IL-1Ra-Fc group, and FD03-IL-1Ra group received equimolar administration (molecular weight: FD03~76.9 kD; IL-1Ra-Fc~88.2 kD, FD03-IL-1Ra~115.8 kD). Serum samples were collected from the mouse orbit 4 days after each injection and storage at -80 °C.

#### **Metabolism and cytokine assays**

Blood samples were collected from the mouse orbit following four days of weekly dosing. Serum triglyceride, total cholesterol, and LDL-C levels were quantifed using an assay kit from NanJingJianCheng, Nanjing, China. Additionally, serum samples collected at week 5 underwent analysis for IL-1β, IL-6, and TNF-α utilizing ELISA kits. All assays were conducted in strict adherence to the instructions provided with the respective kits.

## **Morphological and atherosclerotic lesion area staining of the aorta**

After euthanasia, the mice underwent dissection, and perfusion with PBS from the left ventricle was performed until the liver achieved a white appearance. The surrounding adventitial fatty tissue was meticulously dissected. Intact aortas were then extracted, and any residual blood and fat were further eliminated in PBS. The aortas were subsequently fxed in 10% paraformaldehyde for one hour. The aorta was longitudinally dissected with a spring scissor and immersed in 60% Oil Red O dye solution, followed by incubation in a 37 ℃ water bath for 30 min. After discarding the Oil Red stain, diferentiation was carried out twice using 75% ethanol for 5 min each. Ethanol was then washed off with PBS. Photographs of the aortas were taken, and the entire intima and plaque area were quantifed using ImageJ software (NIH, Bethesda, MA, USA). The ratio of intima area occupied by plaques was calculated as part of the analysis.

#### **Histopathological study of aortic sinus**

After sacrifcing the mice, the hearts were fxed in 10% paraformaldehyde (Servicebio). Subsequently, they were embedded in OCT, and 4-μm-thick slices were prepared. To assess the morphology, stability, and lipid content of atherosclerotic plaques, frozen sections of the aortic sinus underwent staining with hematoxylin and eosin (H&E), masson trichrome (Masson), and Oil Red O. The stained sections were then observed using a section scanner (VS200, Olympus, USA).

For quantification, the scanned aortic sections were converted to grayscale images and the scale was set. The analysis region was delineated along the inner wall of the vessel, and the threshold was adjusted to highlight the positive areas. The positive area was then measured using Fiji software. This analysis aimed to provide insights into the characteristics of atherosclerotic plaques in the examined heart tissues.

## **Immunohistochemical and immunofuorescence analysis of aortic sinus**

The frozen sections were brought to room temperature, incubated in 0.1% Triton X-100 for ten minutes, and then blocked for nonspecifc binding with 5% BSA. For immunohistochemical (IHC) staining of DCFH-DA (1:500), with Hoechst labeling of the nuclei, the aim was to investigate the impact of fusion proteins on the liberation of reactive oxygen species. Additionally, immunofuorescence analysis of 4-HNE (Abcam, 1:100) was conducted to measure the efect of fusion proteins in inhibiting oxidative stress. ImageJ software was employed for the calculation of all results.

## **Statistical analysis**

All data were presented as means  $\pm$  standard error of the mean (SEM). Multiple group comparisons were conducted using one-way ANOVA followed by Bonferroni post hoc test. A P-value less than  $0.05$  (P < 0.05) was considered signifcant. Statistically signifcant diferences were denoted as \**P*<0.05, \*\**P*<0.01, or \*\*\**P*<0.001.

## **Results**

#### **Preparation of FD03‑IL‑1Ra fusion protein**

To develop the anti-ANGPTL3/IL-1Ra fusion protein (FD03-IL-1Ra), the N-terminus of the mutated human IgG1 Fc domain was attached to the anti-ANGPTL3 FD03 nanobody, while the C-terminus of IgG1 Fc was connected to human-derived IL-1Ra through a fexible linker (Gly4Ser triplicate) (Fig. [1A](#page-4-0)). The molecular weight of the fusion proteins was determined by SDS-PAGE (Fig. [1B](#page-4-0)). The purity of FD03-IL-1Ra was confrmed by the size-exclusion chromatography (sec-HPLC), no polymers were founded (Fig. [1C](#page-4-0)). The Tm1 values of FD03-IL-1Ra, IL-1Ra-Fc, and FD03 fusion proteins were determined as 56.73 ℃, 55.95 ℃, and 58.29 ℃, respectively (Fig. [1D](#page-4-0), E). All main peaks maintained a purity of over 95% after multiple freeze–thaw cycles (Fig. [1F](#page-4-0)), indicating robust stability of the fusion proteins.

## **Binding affinity and biological activity of FD03‑IL‑1Ra fusion proteins against ANGPTL3**

The binding affinity of FD03-IL-1Ra and FD03 to ANGPTL3 was assessed by surface plasmon resonance (SPR). FD03-IL-1Ra demonstrated outstanding affinity to murine full-length ANGPTL3 at 0.4967 nM, human fulllength ANGPTL3 at 0.555 nM, and murine half-length



<span id="page-4-0"></span>**Fig. 1** Preparation of FD03-IL-1Ra fusion protein. **A** Diagram of the FD03-IL-1Ra, IL-1Ra-Fc and FD03. **B** Relative SDS-PAGE analysis of fusion proteins expressed using HEK293 cells. A 10% gel was used, and electrophoresis was performed at 120 V for 40 min. **C**

SEC-HPLC profle of purifed FD03-IL-1Ra fusion protein. **D** Thermal stability analysis of fusion proteins. **E** The Tm1 values showed the stability of the fusion proteins are strong. **F** The freeze–thaw stability analysis of fusion proteins by SEC-HPLC

ANGPTL3 at 0.352 nM (Fig. [2A](#page-5-0), C). Both FD03-IL-1Ra and FD03 fusion proteins displayed similar high-binding affinities to the human or murine ANGPTL3 (Fig. [2](#page-5-0)B, C).

Previous studies have established that ANGPTL3 can inhibit the activity of LPL. Following this, the LPL activity assay was performed to assess the capacity of FD03- IL-1Ra and FD03 fusion protein on ANGPTL3 inhibition. These agents successfully counteracted the hindrance to LPL activity induced by hANGPTL3 (S17-K170). Notably, they showed IC50 values of 3.51 nM and 10.85 nM, respectively, outperforming evinacumab, which showed an IC50 value of 15.85 nM (Fig. [2](#page-5-0)D). Both FD03-IL-1Ra and FD03 fusion proteins exhibit high affinity to ANGPTL3 and possess robust biological activity.



<span id="page-5-0"></span>**Fig. 2** Binding affinity and biological activity of FD03-IL-1Ra fusion protein against ANGPTL3. A The affinity of FD03-IL-1Ra binding to human full-length ANGPTL3, murine half-length ANGPTL3 and murine full-length ANGPTL3. **B** The affinity of FD03 binding to human full-length ANGPTL3, murine half-length ANGPTL3 and

murine full-length ANGPTL3. C The affinity of FD03-IL-1Ra and FD03 binding to ANGPTL3 had no diference. **D** FD03 relieved the inhibitory efect of ANGPTL3 on LPL, which was detected by measuring fuorescence intensity of the lipase fuorescent substrate

#### **FD03‑IL‑1Ra fusion protein could bind to IL‑1R1 and inhibit IL‑1β activity in vitro**

To assess the binding affinity of the fusion protein with the IL-1 receptor (IL-1R), the affinity of FD03-IL-1Ra and IL-1Ra-Fc fusion proteins for both human and mouse IL-1R1 was investigated. FD03-IL-1Ra exhibited good affinity to  $hIL-1R1(18–332)$ -His6 at 0.9383 nM and mIL-1R1(20–338)-His6 at 5.137 nM, showing no signifcant diference from IL-1Ra-Fc (Fig. [3A](#page-6-0)–C). In cellular experiments, both FD03-IL-1Ra and IL-1Ra-Fc fusion proteins efectively inhibited IL-6 expression in A549 cells stimulated by IL-1 $\beta$ , with IC50 values of 0.1978 nM and 0.1984 nM, respectively, demonstrating no signifcant difference from the IC50 value of Anakinra. (Fig. [3D](#page-6-0)). Additionally, FD03-IL-1Ra and IL-1Ra-Fc fusion proteins could alleviate the growth inhibition of A375.S2 cells caused by IL-1β stimulation, with IC50 values of 0.2271 nM and 0.4131 nM. The IC50 of FD03-IL-1Ra was comparable to Anakinra (Fig. [3E](#page-6-0)). The fusion protein FD03-IL-1Ra demonstrated substantial binding affinity to both human and mouse IL-1R1, efficiently inhibited IL-6 expression in A549 cells, and alleviated growth inhibition in A375.S2 cells induced by IL-1 $\beta$  stimulation, suggesting its potential as a therapeutic agent for infammatory conditions.

#### **Serum lipids levels and lesion area of aorta were reduced in apoE–/– mice by FD03‑IL‑1Ra fusion protein treatment**

To explore the potential therapeutic application of the FD03- IL-1Ra fusion protein in atherosclerosis, apoE−/− mice were subjected to an 8-week high-fat diet containing 1.25% cholesterol. Following this diet, the mice underwent continuous administration of the fusion protein for a duration of 5 weeks (Fig. [4A](#page-8-0)). As presented in Fig. [4](#page-8-0)B–D, TG, LDL-C and TC serum levels exhibited a signifcant and sustained decrease within the frst week following the administration of atorvastatin, FD03 and FD03-IL-1Ra. Compared to the control group, no signifcant diference in the body weight of mice were observed (Fig. [4E](#page-8-0)). Continuous administration of atorvastatin, FD03 and FD03-IL-1Ra maintained the lipidlowering effects consistently during the entire experimental cycle.

The white atherosclerotic plaques at the aortic arch showed a marked decrease in all treatment groups compared



<span id="page-6-0"></span>**Fig. 3** FD03-IL-1Ra fusion protein could bind to IL-1R1 and inhibit IL-1β activity in vitro. **A** The afnity of FD03-IL-1Ra binding to hIL-1R1 (18–332)-His6 and mIL-1R1 (20–338)-His6. **B** The afnity of IL-1Ra-Fc binding to hIL-1R1 (18–332)-His6 and mIL-1R1 (20–338)-His6. **C** The afnity of FD03-IL-1Ra and IL-1Ra-Fc bind-

ing to IL-1R1 had no diference. **D** The fusion proteins FD03-IL-1Ra and IL-1Ra-Fc can inhibit IL-6 expression in A549 cells induced by IL-1β stimulation through binding to IL-1R. **E** FD03-IL-1Ra and IL-1Ra-Fc fusion proteins  $(n=3)$  could eliminate the growth inhibition of A375.S2 cells caused by IL-1β stimulation



<span id="page-8-0"></span>**Fig. 4** Serum lipids levels and lesion area of aorta were reduced in ◂apoE–/– mice by FD03-IL-1Ra fusion protein treatment. **A** Experimental schematic. To assess the therapeutic efect of FD03-IL-1Ra on atherosclerotic mice following multiple dosing. Serum TG (**B**), LDL-C (**C**) and TC (**D**) levels on indicated groups were tested using assay kits.  $(n=6)$ . **E** The body weight of the mice. (F)Mouse aortic arch anatomies. **G**, **H** Mouse aortas were stained with Oil Red and the area of red staining was counted.∗ $P < 0.05$ ; ∗  $* P < 0.01$ ; ∗  $* P$  $< 0.001$ 

to the control group (Fig. [4](#page-8-0)F). The Oil Red staining analysis revealed a reduction in aortic plaque area across all treated groups (Fig. [4](#page-8-0)G, H). Remarkably, FD03-IL-1Ra and FD03 reduced the size of global plaque most effectively, surpassing the efficacy of IL-1Ra-Fc and atorvastatin. To evaluate the long-term safety, we conducted histological examinations on major organs after 5 weeks of administering FD03- IL-1Ra, IL-1Ra-Fc, or FD03. The results revealed no signifcant pathological damage (Supporting Data 1). In summary, the treatment of FD03-IL-1Ra fusion protein in atherosclerotic mice resulted in a signifcant reduction of the overall aortic plaque area. Additionally, a pronounced reduction was observed in the aortic sinus plaque area, surpassing the efects observed with FD03 and IL-1Ra-Fc when used alone. Importantly, FD03-IL-1Ra fusion protein also demonstrated the ability to enhance plaque stability, reducing necrotic lipid core area and mitigating plaque lipid infltration.

#### **FD03‑IL‑1Ra fusion protein reduced the area of atherosclerotic plaque and increased the stability of plaque in the aortic sinus**

The size of aortic sinus plaques serves as an indicator of atherosclerotic disease progression. Aortic sinus sections underwent H&E staining to quantify the plaque area (Fig. [5A](#page-9-0), D). In comparison to the control group, the FD03- IL-1Ra fusion protein signifcantly reduced the plaque area at the aortic sinus, demonstrating superior efficacy compared to FD03 and IL-1Ra-Fc alone. Furthermore, FD03-IL-1Ra fusion protein notably decreased lipid infltration in aortic sinus plaques, showing a signifcant advantage over FD03 alone and the combinatory treatment. This observation was evidenced by ORO staining of aortic sinus sections (Fig. [5](#page-9-0)B, E).

Unstable plaques are prone to rupture, leading to acute coronary syndrome. Therefore, addressing changes in plaque stability is crucial in aspect of atherosclerosis treatment. Plaque stability is infuenced by both collagen content and the size of the necrotic lipid core infuence [[28](#page-12-24)]. The collagen-rich regions were quantifed as the blue portion in masson staining (Fig. [5](#page-9-0)C). Notably, an increase in collagen content was observed in all treatment groups, with the FD03-IL-1Ra fusion protein group exhibiting the highest collagen content in aortic sinus sections, signifcantly surpassing the FD03 treatment group (Fig. [5F](#page-9-0)). Simultaneously, the FD03-IL-1Ra fusion protein group displayed the smallest necrotic lipid core area in the aortic sinus, significantly lower than the FD03 group (Fig. [5G](#page-9-0)). The aforementioned studies demonstrated that FD03-IL-1Ra fusion protein exhibited advantages in reducing plaque lipid infltration and enhancing plaque stability.

### **Oxidative stress and infammatory responses in atherosclerotic plaques were suppressed by FD03‑IL‑1Ra fusion protein**

Local infammation plays a prominent role in atherosclerosis progression, making the assessment of local infammation reduction crucial for evaluating therapeutic efficacy  $[29]$  $[29]$  $[29]$ . The accumulation of lipids and infammatory cells instigate cytokine production, leading to the liberation of reactive oxygen species (ROS) that associated with atherosclerotic disease progression and acute coronary syndrome [[28\]](#page-12-24). In the aortic sinus plaques of treated mice, ROS release was signifcantly diminished following treatment with FD03-IL-1Ra, as detected by the DCFH-DA fuorescent probe, exhibiting a marked contrast to the FD03 treatment group. Indicating that FD03-IL-1Ra enhances the anti-infammatory efect, leading to a reduction in ROS release within the plaques. (Fig. [6](#page-10-0)A, C). Furthermore, the expression of 4-HNE, a byproduct of lipid peroxidation that induces chronic infammatory responses and increases plaque instability, was remarkably reduced in response to the anti-infammatory effect of the FD03-IL-1Ra fusion protein (Fig. [6](#page-10-0)B, D). This reduction suggests that the anti-infammatory properties of FD03-IL-1Ra can inhibit the lipid peroxidation process within the aortic sinus plaques effectively.

The expression level of IL-1β, IL-6, and TNF- $\alpha$  was signifcantly reduced after fve weeks treatment of FD03- IL-1Ra fusion protein (Fig. [6E](#page-10-0)–G). Notably, a more pronounced impact was observed in fusion protein on reducing serum IL-1β levels with FD03 or IL-1Ra-Fc treatment alone. Additionally, the FD03-IL-1Ra fusion protein markedly decreased serum IL-6 and TNF-α compared to FD03 treatment. These results collectively highlight the dual protective role of the fusion protein in treating atherosclerosis through simultaneous lipid-lowering and anti-infammatory mechanisms.

## **Discussion**

Current treatments for atherosclerosis primarily focus on lipid reduction; however, the condition continues to be associated with high mortality rates due to various complications [\[30,](#page-13-1) [31\]](#page-13-2). This study presents a pioneering therapeutic approach for atherosclerosis, which integrates



<span id="page-9-0"></span>**Fig. 5** FD03-IL-1Ra fusion protein reduced the atherosclerotic plaque area and increased the stability of plaque in aortic sinus. **A** Representative H&E, oil red O (**B**) and masson (**C**) stained images aortic sinus sections. Statistical analysis of lesion area (**D**, n=6), Oil red

O area (**E**, n=6), percentage of collagen area (**F**, n=6) and necrotic core area (**G**, n=6). scale bar=200 μm∗*P*<0.05;∗ ∗*P*<0.01;∗ ∗ ∗ *P*<0.001

the lipid-lowering and anti-infammatory strategies. The efficacy of this treatment was confirmed through FD03-IL-1Ra, a newly developed fusion protein. Our fndings indicate that this fusion protein reduces atherosclerotic lipid deposition by lowering low-density lipoprotein cholesterol in the blood, while simultaneously mitigating infammatory responses and oxidative stress by inhibiting IL-1



<span id="page-10-0"></span>**Fig. 6** Oxidative stress and infammatory responses in atherosclerotic plaques were suppressed by FD03-IL-1Ra fusion protein. **A** DCFH-DA levels of aortic sinus were measured by immunofuorescence. **B** The levels of 4-HNE in the aortic sinus sections were measured

by immunofuorescence. Statistical analysis of ROS (**C**, n=3) and 4-HNE (**D**, n=3). Levels of IL-1β (**E**, n=6), IL-6 (**F**, n=6) and TNF- $\alpha$  (G, n=6) in serum of mice four days after the last administration. Scale bar=100 μm.∗*P*<0.05;∗ ∗*P*<0.01;∗ ∗ ∗*P*<0.001

function. The invention of this agents effectively hinders the further advancement of atherosclerosis.

Numerous studies have substantiated the detrimental impact of low-density lipoprotein cholesterol on atherosclerosis [\[32,](#page-13-3) [33\]](#page-13-4). Inhibiting ANGPTL3 signaling has been shown to reactivate lipoprotein lipase, promoting the breakdown of lipoproteins [\[34\]](#page-13-5). Additionally, the use of ANGPTL3 nanobodies has demonstrated efficacy in reducing NAFLD model mice, leading to a signifcant improvement in hepatic fat accumulation and liver injury [[12\]](#page-12-11). The therapeutic efect of atherosclerosis in mice can be achieved by reducing circulating LDL-C through the inhibition of PCSK9 and ANGPTL3 [[35,](#page-13-6) [36](#page-13-7)]. In this study, we introduced the sequence of FD03, an ANGPTL3 nanobody, to construct a novel fusion protein. As anticipated, the FD03-IL-1Ra fusion protein efectively lowered circulating low-density lipoprotein cholesterol, mitigating the promoting efect of lipid deposition on atherosclerosis by inhibiting ANGPTL3 signaling.

It becomes evident that severe atherosclerotic plaques are often accompanied by increased lipid infltration and a heightened infammatory response [[37,](#page-13-8) [38](#page-13-9)]. This is manifested by raised serum pro-infammatory cytokines such as IL-1β and TNF-α, or a localized oxidative stress response within plaques, causing tissue damage and further fueling atherosclerosis progression [[39\]](#page-13-10). Lowering lipid levels with atorvastatin or antagonizing ANGPTL3 can partially suppress infammation [[40](#page-13-11)]. However, the persistent infammatory risk remains a critical factor in cardiovascular disease recurrence [[41\]](#page-13-12). Therefore, simultaneous inhibition of infammation alongside lipid-lowering therapy becomes imperative. FD03-IL-1Ra not only inhibited the upstream inflammatory factor IL-1 $\beta$  but also demonstrated a lipidlowering efect comparable to atorvastatin. This dual action not only enhances the therapeutic efficacy against atherosclerosis but also mitigates the potential risk of cardiovascular diseases [[42\]](#page-13-13).

To address the infammatory aspect, the other end of the fusion protein incorporates IL-1Ra, a human IL-1 antagonist. IL-1Ra competitively binds to IL-1R1, inhibiting IL-1 function. Research on IL-1 in atherosclerosis has revealed the unique effects of both IL-1α and IL-1β [[43](#page-13-14)]. Senescent vascular smooth muscle cells (VSMC) can secrete multiple infammatory cytokines in an IL-1α-dependent manner [\[44\]](#page-13-15). Clinical studies with canakinumab have demonstrated the therapeutic effect of IL-1 $\beta$  inhibition in atherosclerosis patients [\[45](#page-13-16)]. Furthermore, studies indicate that IL-1Ra not only hinders the development of atherosclerosis but also reduces the incidence of acute myocardial infarction and heart failure [[46,](#page-13-17) [47](#page-13-18)]. We therefore chose IL-1Ra rather than IL-1β monoclonal antibodies to inhibit IL-1 function. In the results of the aortic Oil Red O staining (Fig. [4H](#page-8-0)), there was no signifcant diference between the FD03 group and the FD03-IL-1Ra group, suggesting that the introduction of IL-1Ra did not reduce the plaque area in the aorta. However, this does not imply that the introduction of IL-1Ra is inefective. The assessment of atherosclerosis progression involves not only measuring plaque area but also evaluating plaque stability and the extent of lipid and infammatory infltration. Data from the aortic sinus sections indicate that the introduction of anti-infammatory cytokines reduced lipid infltration, increased plaque stability, and decreased the risk of acute coronary syndrome. Furthermore, it lowered the overall infammatory levels in the serum of the mice.

In this study, we focused on the free form of ANGPTL3 and inhibited its antagonistic activity on LPL. ANGPTL3 can infuence the progression of atherosclerosis through both lipid and non-lipid mechanisms [[48](#page-13-19)]. Structurally, ANGPTL3 is composed of a coiled-coil domain (CCD) and a fbrinogen-like domain (FLD). FD03 is an antibody that targets the CCD, but its potential efects on the function of the FLD in vivo remain to be further investigated. The FLD afects arterial wall thickness and macrophage activity and can lead to angiogenesis, foam cell formation, infammation, and apoptosis by binding to integrin  $\alpha$ Vβ3. This interaction has been demonstrated in models of kidney injury and human retinal microvascular endothelial cells [\[49](#page-13-20), [50](#page-13-21)]. Integrin  $αVβ3$  is closely associated with the formation of atherosclerotic plaques. Therefore, exploring the role of ANGPTL3 and  $\alpha V\beta$ 3 in atherosclerosis could deepen our understanding of the disease. Studies have shown that  $\alpha V\beta 3$ can promote monocyte migration across endothelial cells and enhance adhesion between platelets and the vascular endothelium, thereby upregulating monocyte chemotactic protein-1 (MCP-1) and intercellular adhesion molecule-1 (ICAM-1) expression through an IL-1-dependent mechanism and exacerbating atherosclerosis [\[51](#page-13-22)]. The addition of IL-1Ra can reduce the expression of MCP-1 and ICAM-1 via the nuclear factor-κB (NF-κB) signaling pathway and decrease adhesion between platelets and the vascular endothelium [\[52](#page-13-23)]. This provides a new explanation for the therapeutic efects of the FD03-IL-1Ra fusion protein.

In terms of protein design, FD03-IL-1Ra strategically combines two proteins with smaller molecular weights nanobodies and cytokines. This approach aims to mitigate potential immunogenicity issues associated with larger protein molecular weights. Simultaneously, a mutated human IgG1 Fc was chosen to link the ANGPTL3 nanobody and IL-1Ra, extending the half-life of the fusion protein. SPR and biological experiments in vitro confrmed that this protein design strategy did not compromise the functionality of both ends of the fusion protein. Moreover, this design exhibits favorable solubility and stability, indicating its potential for further development.

Based on the findings of this study, FD03-IL-1Ra, functioning as a fusion protein capable of inhibiting both

ANGPTL3 and IL-1, demonstrates substantial therapeutic efects by decreasing low-density lipoprotein cholesterol and alleviating local infammatory responses within plaques in mouse models. It holds promise as a potential candidate for treating atherosclerosis or other conditions characterized by a combination of infammation and lipid deposition, such as nonalcoholic steatohepatitis (NASH). Nevertheless, further investigations are warranted to delve into the intricate mechanisms linking lipid metabolism and IL-1 in atherosclerosis.

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**Author contributions** Hanqi Wang conducted the experiments and drafted the article. Xiaozhi Hu and Yuting Zhang were involved in revising the article and designing experiments. An Zhu and Jiajun Fan played key roles in designing and conducting animal experiments, as well as revising the manuscript. Zhengyu Wu, Xuebin Wang, and Wei Hu provided valuable input for the experimental design and offered support in terms of equipment and funding. Dianwen Ju contributed to the design of the experiment, revised the manuscript, and provided substantial support in terms of experimental equipment and funding.

**Data availability** No datasets were generated or analysed during the current study.

#### **Declarations**

**Conflict of interest** The authors declare no conficts of interest.

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