REVIEW



The emerging role of fibrin(ogen) in cardiovascular disease

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Abstract

Objective A coagulation factor called fibrinogen is produced by the liver and is proteolyzed by thrombin to become fibrin. The latest studies have revealed that fibrin(ogen) palys an essential role in the regulation of cardiovascular disease. Understanding the relationship and mechanism between fibrin(ogen) and cardiovascular disease is of great significance for maintaining overall health. The objective of this review is to discuss the specific involvement and underlying mechanisms of fibrin(ogen) in cardiovascular disease.

Methods A review was conducted using the PubMed database to identify and analyze the emerging role of fibrinogen in cardiovascular disease.

Results The literature review revealed that fibrin(ogen) plays a pivotal role in maintaining cardiovascular disease and are involved in the pathogenesis of cardiovascular disease. Fibrin(ogen) mainly influence various pathophysiological processes, such as participating in thrombosis formation, stimulating the inflammatory response, and other molecular pathways.

Conclusion This review focuses on the involvement of fibrin(ogen) in cardiovascular disease, with a particular emphasis on the main functions and underlying mechanisms by which fibrin(ogen) influence the pathogenesis and progression of these conditions. This review underscores the potential of fibrin(ogen) as therapeutic targets in managing cardiovascular disease.

Keywords Fibrinogen · Fibrin · Cardiovascular disease · Coagulation

Introduction

The liver produces fibrinogen, a protein that is widely distributed and found in human plasma at 2–4 g/L. Fibrinogen forms fibrin through thrombin-mediated fragmentation [1]. Many studies have shown a close relationship between fibrin(ogen) and cardiovascular disease [2–5]. Recent studies have shown that cardiovascular diseases, including ischemic heart disease, stroke, heart failure, peripheral and aortic arterial disease, arrhythmias, and valvular diseases constitute the leading cause of global mortality and

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a major contributor to health loss worldwide [6, 7]. As the processes behind fibrin(ogen)'s activity in tissues are more understood, fibrin(ogen) 's role is evolving from that of a coagulation marker to that of a complex signaling molecule for cardiovascular disease. Additionally, further investigation into novel molecular pathways connecting coagulation to inflammation is opening up new targets for prospective treatments for a variety of systemic disorders, including the coagulation cascade factors [8]. However, the specific involvement and underlying mechanisms of fibrin(ogen) in cardiovascular disease have not been systematically discussed.

Fibrinogen and fibrin structures

The most prevalent coagulation factor is fibrinogen, often known as coagulation factor I. It is a big 340 kDa oligoglycoprotein that has a plasma concentration of 2–4 g/L [1]. The fibrinogen molecule is made up of three pairs of distinct polypeptide chains, namely A α - \sim B β - and γ -chains. These chains are the result of three independent genes: FGA, FGB,

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and FGG, clustered within a 65-kilobase region on human chromosome 4 (4q23-q32) [9]. The expression of fibrinogen increases with age and is associated with inflammatory status. Corticosteroids can reduce circulating fibrinogen, and induction of acute phase response mediated by interleukin-6 can increase circulating fibrinogen by more than twice [9]. The heritability of circulating fibrinogen levels is estimated to be between 25% and 50%, but only a portion of gene regulatory factors have been identified. Using a gene silencing-based approach in HepG2 hepatoblastoma cells, Dobson et al. screened 28 genes and identified 7 novel potential genetic regulators of fibrinogen synthesis [10]. In an epigenome-wide associate study, Hahn et al. identified 208 and 87 significant CpG sites associated with fibrinogen levels from the 450 K ($p < 1.03 \times 10^{-7}$) and EPIC arrays $(p < 5.78 \times 10^{-8})$. The examples of genes located near these CpG sites were SOCS3 and AIM2, which are involved in inflammatory pathways [11].

Each fibringen monomer has two external D structural domains connected to the central E structural domain by A α -, B β -, and γ -chains. The N-terminal fibrinopeptide A (fibrinopepide-A, FpA) sequence is present in each fibrinogen Aa-chain, while the N-terminal fibrinopeptide B (fibrinopepide-B, FpB) sequence is present in the Bβ-chain. The C-terminal region of the α -chain begins at residue 220 of the D-structural domain, not far from where it emerges from the D-structural domain, and ends at Aa terminates at 610 (Fig. 1A) [12]. Fibrinogen is the primary source of fibrin, the main protein found in blood clots. The last step in the coagulation cascade is the transformation of fibrinogen into fibrin and the subsequent fibrin clot. This happens as a result of the thrombin-catalyzed cleavage of fibrin peptides, which causes molecules to aggregate and fibrin to form. Following FpA cleavage by thrombin from the N-terminus of the A α -chain, fibringen monomers spontaneously assemble into half-interleaved double-stranded protofibrils via D-E-D interactions (Fig. 1B). Following FpB breakage, the protofibrils aggregate laterally to form the fibrin scaffold of the clot, and the C-terminal part of the Aa-chain separates from the central section (Fig. 1C) [13]. Extravascular deposition of fibrinogen or fibrin, collectively fibrin(ogen), is a powerful proinflammatory signal [4].

Post-translational modifications of fibrinogen can significantly affect its functionality. A systematic review described 11 different modifications of fibrinogen and showed that post-translational modifications of fibrinogen affect clot formation, clot characteristics, and susceptibility to fibrinolysis [14]. Therefore, post-translational modifications of fibrinogen may play an important role in the physiology and pathophysiology of cardiovascular disease.

Fibrin(ogen) and cardiovascular disease

Globally, coronary heart disease (CHD), heart failure, stroke, and hypertension are the most common causes of death and hospital admission. Cardiovascular diseases account for the majority of these cases. The National Health and Nutrition Examination Survey (NHANES) reports that, with the exception of hypertension, the prevalence of cardiovascular disease in Americans aged 20 and older is 49.2% and 9.3%, respectively [15].

Numerous investigations have demonstrated an association between fibrin(ogen) and cardiovascular disorders (Table 1). Lowe et al. initially showed that D-dimer, the fibrin splitting product, possesses some prognostic significance for coronary risk [16]. Through follow-up, Rudnicka et al. discovered a distinct correlation between fibrinogen and coronary heart disease risk [17]. In addition, individuals with acute coronary syndrome (ACS) were found to have poorer outcomes when fibrin clots that are resistant to lysis were present [18]. Lee et al. also discovered that the severity of platelet fibrin clots was higher in individuals who had experienced an acute myocardial infarction (AMI) [19]. Fibrinogen, D-dimer, and C-reactive protein (CRP) levels were positively and significantly correlated with those of individuals with stable angina. Fibrinogen is particularly important in the process of coronary thrombosis [20–22]. It was also discovered that the fibrinogen to albumin ratio is an independent risk predictive factor for length of hospital stay and all-cause death after 90 days and a year in heart failure patients [23]. A high fibrinogen to albumin ratio (>11.44) raised the risk of short- and long-term unfavorable functional outcomes, including disability and all-cause mortality, in patients with acute ischemic stroke, according to a follow-up research that included 8984 individuals [24]. Furthermore, there was a negative correlation found between the volume of intraplaque hemorrhage and the plaque macrolipid necrosis core volume and fibrinogen [25]. Besides, a high fibrinogen-to-albumin ratio level was associated with an increased risk of stroke recurrence, poor functional outcome, and dependence in patients with acute large artery atherosclerosis stroke [26]. Moreover, a systematic review investigating the association between fibrinogen and post-stroke vascular recurrence showed that, fibrinogen was independently associated with recurrence after stroke, and fibrinogen measurements might be useful to identify patients who are more likely to derive benefit from anti-inflammatory therapies after stroke [27]. Circulating fibrinogen levels were considerably greater in hypertensive stroke patients than in non-stroke patients, according to a follow-up research involving 115 hypertension patients (70 non-stroke patients and 45 stroke patients) [28].



Fig. 1 Fibrinogen and fibrin structures (**a**)The two external D structural domains of fibrinogen monomers are linked to the core E structural domain by A α -, B β -, and γ -chains, respectively. The C-terminal section of the fibrinogen α -chain begins at residue 220 of the D structural domain, not far from where it emerges from the D structural domain, and ends at A α 610. The fibrinogen A α -chains each include a FpA

Numerous investigations have confirmed the link between fibrin(ogen) and cardiovascular disease [29]. A small number of investigations, meanwhile, likewise reveal no connection between fibrin(ogen) and cardiovascular illness [30, 31]. A genome-wide association research including more than 100,000 participants found 23 loci linked to fibrinogen and refuted the idea that events related to cardiovascular disease are caused by plasma fibrinogen [32]. In

sequence, while the B β -chains carry a FpB sequence. (b) Through D-E-D interactions, thrombin cleaves FpA from the A α -chain's N-terminus, causing a half-interleaved double-stranded protofibril to spontaneously form. (c) The fibrin scaffold of the clot is formed by the protofibrils aggregating laterally after FpB cleaves the α -chain, releasing the C-terminal portion from the central area

the meanwhile, Keavney et al. concluded that fibrinogen is not related with CHD after finding that genotypes causing lifetime variations in fibrinogen concentrations do not significantly alter the incidence of coronary heart disease [33]. **Table 1** Fibrin(ogen) and cardio-
vascular disease

Study groups	Methods	Summary results	Reference
A cohort of 22 715 men aged 45–69 years was screened for participation in the Thrombosis Prevention Trial.	The 22 715 men were followed up for non-fatal CHD and stroke and deaths until September 1997, and follow-up for deaths contin- ued to January 2006.	Increasing fibrinogen levels showed a proportionate increase in CHD or stroke risk. A linear trend gave HRs per quintile group of fibrinogen of 1.30 (95% CI 1.25–1.36) for all CHD events and 1.24 (95% CI 1.14–1.34) for all strokes.	[17]
4354 ACS patients.	Plasma samples were collected at hospital discharge from 4354 ACS patients. And one-year rates of cardiovascular death, spontane- ous myocardial infarction and PLATO-defined major bleeding events were assessed after sample collection.	Fibrin clot properties independently predict the risk of spontaneous myocardial infarction and cardio- vascular death following initial in-hospital management.	[18]
From the con- secutive patients undergoing PCI, those with throm- bogenicity indices (n=2705) were grouped according to disease acuity [AMI vs. non-AMI].	Thrombogenicity indices were measured by TEG. Blood samples for TEG were obtained immedi- ately after insertion of the PCI sheath, and TEG tracing was per- formed within 4 h post-sampling. Major adverse cardiovascular events were evaluated for up to 4 years.	Compared with non-AMI patients, AMI patients had higher platelet- fibrin clot strength and lower fibri- nolytic activity. AMI occurrence is significantly associated with hypercoagulability and impaired fibrinolysis.	[19]
Patients with acute ischemic stroke with complete laboratory data for fibrinogen and albumin (n = 2705) in The Third China National Stroke Registry.	The primary outcomes were poor functional outcomes (modified Rankin scale score 3–6) at 12 months. Univariate and multi- variate logistic or Cox regression analyses were used to investigate the association between FAR quartiles and adverse outcomes.	High FAR(>11.44) increased the risk of short- and long-term poor functional outcomes, including dis- ability and all-cause death among patients with Acute Ischemic Stroke. The FAR may play an important role in the early stratifica- tion of patients with acute ischemic stroke.	[24]
809 patients within 72 h of large artery atherosclerosis stroke.	After one year of follow-up, the associations of FAR with clinical outcomes were assessed by multi- variate Cox regression or logistic regression analysis.	A high FAR level was associated with stroke recurrence, poor func- tional outcome, and dependence.	[26]
Individual-partici- pant data.	This study did a systematic review investigating the associa- tion between fibrinogen and post- stroke vascular recurrence.	Fibrinogen was independently asso- ciated with recurrence after stroke. Fibrinogen measurements might be useful to identify patients who are more likely to derive benefit from anti-inflammatory therapies after stroke.	[27]
November 2022 to January 2023 among 115 hypertensive patients (70 patients without stroke and 45 with stroke) who had follow-up at Yikatit 12 Hospital Medical College, Ethiopia.	This study compared lipid profile, fibrinogen, and D-dimer levels between hypertensive patient with and without stroke.	Significantly elevated levels of fibrinogen were observed in the stroke group than in the non-stroke group (p-value < 0.05). The mean values of fibrinogen were significantly higher in patients with ischemic stroke compared to those with hemorrhagic stroke.	[28]

albumin ratio

CHD: coronary heart disease; ACS: acute coronary syndrome; PLATO: PLATelet inhibition and patient Outcomes; PCI: percutaneous coronary intervention; AMI: acute myocardial infarction; TEG: thromboelastography; FAR: Fibrinogen-to-

Potential mechanisms of fibrin(ogen) in cardiovascular disease

The association between fibrinogen and cardiovascular disease mainly comes from its role in thrombosis and inflammation.

The role of fibrin(ogen) in thrombosis

Most cardiovascular illnesses are caused by atherosclerosis [34]. Fibrinogen can influence cardiovascular disease by encouraging the development of atherosclerotic plaque in the following ways: (1) To generate an inflammatory response, induce proinflammatory cytokines (tumor necrosis factor) on monocytes, such as monocytes- α , interleukin-1ß, and chemokines on endothelial and fibroblast cells, such as interleukin-8 and monocyte chemotactic protein-1 (MCP-1) [35, 36]; (2) Activating platelets via glycoprotein IIb/IIIa receptor stimulation amplifies inflammation, and activated platelets generate pro-inflammatory cytokines such as interleukin-1 β and CD40 ligand [37]; (3) Intercellular adhesion molecule-1 (ICAM-1) binding on endothelial cells increases the expression of ICAM-1, which also binds to white blood cells, macrophages, and platelets [38]; (4) Fibrinogen binds to the endothelium and causes the secretion of vasoactive substances, enhancing endothelial permeability [39]; (5) Fibrinogen deposition can adsorb low-density lipoprotein cholesterol [40, 41]; (6) The buildup of fibrinogen on the vascular wall promotes macrophage infiltration, which is a precursor to foam cells [41]; (7) By mediating the adhesion of neutrophils to activated platelets on the damaged arterial wall [42].

Fibrin(ogen) stimulates the inflammatory response

Leukocyte transendothelial migration (TEM) is mediated by fibrin(ogen)

The term "TEM" describes the biological process by which leukocytes move to tissue organs and sites of inflammation from the vascular endothelium's endothelial cell spaces. Leukocytes can quickly reach the site of infection or tissue injury thanks to this crucial immune response and inflammatory reaction mechanism. A substantial amount of evidence indicates that fibrinogen can mediate transferrin (TEM) via a number of pathways, potentially contributing to a range of physiopathological processes, including inflammation: (1) Fibrinogen can interact to promote TEM with ICAM-1 [43]. (2) The immobilized fibrinogen interacts with very low density lipoprotein receptors (VLDLR) with high affinity. However, fibrinogen in solution exhibits virtually no interaction with the VLDLR, indicating that the VLDLR-binding site is hidden within fibrinogen and can only be utilised when fibrinogen aggregates, adsorbs to the surface, or is converted to fibrin. Fibrinogen interacts with VLDLR through a pair of fibrin β N structural domains composed of β chains to promote TEM [43]. Notably, Yakovlev S et al. have proved their hypothesis about the dual role of the fibrin β N-domains in leukocyte transmigration and thereby inflammation, but when one of these two functions may prevail remains to be addressed [44]. Additionally, soluble fibrin and fibrin polymers anchored to endothelial cells, as well as the D-D: E1 complex, the main soluble fibrin degradation product released from cross-linked fibrin, and high molecular weight fibrin degradation products, also promote TEM through a VLDLR-dependent pathway [43].

Interactions between leukocyte integrin $\alpha_M\beta_2$ and fibrin(ogen)

It has been demonstrated that $\alpha_M \beta_2$ (Mac-1, CD11b/CD18, and CR3) are fibrin(ogen) receptors [45]. Fibrinogen binds to $\alpha_M \beta_2$ and causes leukocyte adherence to endothelial cells. It also causes peripheral blood mononuclear cells to produce pro-inflammatory cytokines, which in turn regulates the inflammatory response [46]. It has been demonstrated that fibrin(ogen) signaling via $\alpha_M \beta_2$ activates pro-inflammatory pathways such nuclear factor kappa-B (NF-κB), which causes the local production of inflammatory cytokines like tumour necrosis factor- α (TNF- α) and interleukin-1 β (IL-1 β) [47–49]. Hur et al. discovered that fibrin(ogen) devoid of the $\alpha_M \beta_2$ binding function significantly protected against obesity and associated conditions like hypercholesterolemia, diabetes mellitus, and non-alcoholic fatty liver disease, as well as decreased the incidence of these conditions [50]. In adenomas, fibrin(ogen) through a unique mechanism depending on the $\alpha_M\beta_2$ binding motif is engaged in altered inflammatory cell function within adenoma tissues, hence encouraging adenoma formation. Furthermore, it has been demonstrated that the early inflammatory process of adenoma development is promoted by local fibrin-leukocyte contacts mediated through $\alpha_M \beta_2$ [51]. An article in Science reported that in mice lacking fibrinogen, extravascular fibrin accumulation, gingival inflammation, and loss of periodontal bone were observed; on the other hand, in fibrinogendeficient mice with concurrent $\alpha_M \beta_2$ recognition site defects in fibrinogen, periodontal inflammation and bone resorption could be recovered. Both in vitro and in vivo studies demonstrated that local periodontal microbes could stimulate fibrin deposition. Neutrophils gathered around fibrinogen through the action of surface integrin receptors $\alpha_M \beta_2$, which resulted in inflammatory effects like damage from reactive oxygen species and extracellular neutrophil trapping, ultimately causing periodontal inflammation [52]. Fibrinogen- $\alpha_M\beta_2$

interaction induces signaling pathways that support microglia activation, including fibronectin-dependent activation of protein kinase B (Akt) and Rho signalling, which increases cytoskeletal rearrangement and phagocytosis and determines the area of demyelination in multiple sclerosis [53]. Dean T et al. showed that cerebral fibrinogen deposits were associated with activated innate immune cells in both human and murine traumatic brain injury (TBI). Genetic elimination of fibrin-CD11b interaction reduced peripheral monocyte recruitment and the activation of inflammatory and reactive oxygen species (ROS) gene pathways in microglia and macrophages after TBI. Blockade of the fibrin-CD11b interaction was also protective from oxidative stress damage and cortical loss after TBI [54].

Interactions between fibrin(ogen) and other receptors

By stimulating various leukocyte subtypes through toll-like receptor 4, natural fibrinogen and fibrinogen derivative fractions create an extremely effective signaling complex that controls both the onset of allergic airway disorders and antifungal responses [55]. Furthermore, fibrinogen stimulates platelets via glycoprotein IIb/IIIa receptors to produce proinflammatory cytokines IL-1ß and CD40 ligands to enhance inflammation and damage endothelial cells, resulting in the entry of LDL cholesterol and inflammatory cells into the subendothelium, leading to foam cell formation and AS. Fibrinogen also induces pro-inflammatory cytokines such as TNF- α , IL-1 β , and chemokines on endothelial cells and fibroblasts such as interleukin-8 (IL-8) and Active Monocyte Chemotactic Protein 1 are secreted to promote inflammatory responses [37]. Other studies have found that the binding of retinogen to its astrocyte receptors induces the release of pro-inflammatory cytokines, leading to oxidative stress and ultimately neuronal death. This may be a mechanism of neurodegeneration and reduced short-term memory during TBI [56].

Other molecular pathways

It has been discovered that fibrinogen, through binding to proteins, may play a role in the development and progression of tumors. For instance, the A α chain in the C-terminal region of fibrinogen is bound by plasma fibronectin, and the major site of covalent cross-linking between fibronectin Gln 3 and the A α chain of fibronectin C-terminal region is fibronectin [57]. Through this interaction, fibrin(ogen) molecules are more easily incorporated into the extracellular matrix, where they act as a reservoir, control the use of growth factors, and have an impact on angiogenesis, angiogenic enzymes, cancer cell proliferation, and the inhibition of apoptosis. Furthermore, fibrin(ogen) and other adhesive glycoproteins are deposited into the extracellular matrix, where they serve as scaffolds to facilitate the binding of growth factors to fibrin(ogen), as well as to encourage angiogenesis and cellular responses to adhesion, proliferation, and migration during the growth of tumor cells [58]. Moreover, Sahni et al. found that fibrinogen can promote the growth of lung cancer and prostate cancer cells by interacting with fibroblast growth factor-2 [59]. Lastly, fibrinogen helps shield tumor cells from naturally occurring tumor cytotoxicity by interacting with platelets through β 3-integrin, which enables them to elude host immune monitoring [60]. A research team has found that fibrin(ogen) enhances vascular permeability and mediates the occurrence and development of inflammation by inducing Akt activation, promoting microfilament depolymerization [61]. In addition, fibrin(ogen) promotes dysregulation related to colitis and the expression of dioxygenase 2, leading to the production of reactive oxygen species, which contributes to the pathogenesis of colitis and possible tumorigenesis [62]. Petersen MA et al. showed that the fibrinogen activates the bone morphogenetic protein (BMP) signaling pathway in oligodendrocyte progenitor cells and suppresses remyelination, thereby affecting the recovery of various diseases, such as multiple sclerosis, neonatal white matter injury and stroke [63]. The latest research indicates that fibrinogen inhibited neuronal differentiation in subventricular zone and hippocampal neural stem/progenitor cells while promoting astrogenesis via activation of the BMP receptor signaling pathway [64].

Factors affecting fibrin(ogen)

Genetics, age, gender, drugs, alcohol usage, smoking, diet, ozone, and mood can have an impact on fibrin(ogen) (Fig. 2). Fibrinogen levels and their reactivity to environmental stimuli are determined by genetic factors [65, 66]. Pankow et al. demonstrated that the twin approach uses genetics to determine 30-50% of plasma fibrinogen levels [67]. The mean fibrinogen concentration rose with age and was higher in females than in males at all ages, according to a study on the distribution of plasma fibrinogen concentrations in the population [68].

Numerous medications have been demonstrated to impact fibrin(ogen); for instance, fibrates that lower lipid levels can lower fibrinogen levels [69]. It has been demonstrated that oral melatonin lowers fibrinogen levels and inhibits fibrin production in the short term [70, 71]. The pretreatment with acetonitrocoumarol also inhibits the production of soluble fibrin and the fibrin splitting product D-dimer [72]. Oral contraceptives stimulate fibrinolysis [73]. Dexamethasone



Fig. 2 Fibrin(ogen)-influencing factors

used for a brief period of time can raise fibrinogen levels [74].

The fibrin clot structure is improved by quitting smoking for at least a year; this results in fewer fibrin fibers in each region of the fibrin structure, wider branching angles, and less dense fibrin fibers [75]. Moderate alcohol intake dramatically and transiently reduces fibrinolysis [76]. The findings of two cross-sectional studies-one with 55 men and the other with 4434 participants aged 25-74 showed that heavy alcohol use raised fibrinogen levels whereas moderate alcohol consumption decreased them [68, 77]. Wang et al. gave rats food and water containing 5% ethanol for four weeks, during which time they monitored the levels of circulating fibrinogen by quantitative immunoassay every week. The findings demonstrated that daily use of modest doses of alcohol resulted in a drop in circulating fibrinogen levels of 18–20% [78]. In three groups of healthy non-alcoholic volunteers, Volpi et al. examined the effects of 500 ml of water (control study), 300 ml (28.4 g ethanol), or 750 ml (71 g ethanol) of table wine on hepatic protein metabolism. They discovered that moderate alcohol consumption decreased fibrinogen levels [79].

Numerous other factors can also impact fibrin(ogen). For instance, ozone can enhance the fibrinolysis process at high temperatures (32.5 °C) while activating it at moderate temperatures (22 °C) [80]. Butyrate-rich diets, like those high in soybeans and oats, alter the blood's redox state and encourage the breakdown of fibrin [81]. It has also been discovered that there is an independent relationship between the induction of fibrin production and anxiety symptoms [82].

Conclusions

The exploration and advancement of the connection between fibrin(ogen) and cardiovascular disease has been facilitated by the advancement of diverse biotechnological methodologies. It is now acknowledged that fibrin(ogen) is linked to inflammation and plays an important role in many diseases. Furthermore, a wealth of evidence suggests that coagulation and inflammation are closely related processes, and that fibrin(ogen) may play a crucial role in tying together inflammation across the body [4, 8]. Nevertheless, there is a general dearth of medications that specifically target fibrinogen, and it is unclear how certain disorders are linked to fibrin(ogen). New therapeutic targets and medicines targeting fibrin(ogen) may become feasible with a clearer comprehension of the molecular mechanisms behind inflammation and coagulation. Further studies are needed to explore the complex interactions between fibrin(ogen), inflammationrelated signaling pathways, and other immune cells in cardiovascular disease.

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Data availability No datasets were generated or analysed during the current study.

Declarations

Competing interests The authors declare no competing interests.

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