# Altered expression of *TNFSF4* and *TRAF2* mRNAs in peripheral blood mononuclear cells in patients with systemic lupus erythematosus: association with atherosclerotic symptoms and lupus nephritis

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### Abstract

*Objectives* This study compares the expression levels of tumor necrosis factor ligand superfamily member 4 (*TNFSF4*) and TNF-R-associated factor 2 (*TRAF2*) mRNAs in peripheral blood mononuclear cells (PBMCs) of patients with systemic lupus erythematosus (SLE) against healthy controls. The association of SLE disease activity index (SLEDAI) and clinical features of SLE with altered expression levels of *TNFSF4* and *TRAF2* mRNAs were also evaluated.

*Design* We used real-time reverse transcription polymerase chain reaction to measure *TNFSF4* and *TRAF2* mRNAs expression levels in peripheral blood mononuclear cells of 57 SLE patients and 57 healthy controls.

*Results* The expression level of *TNFSF4* mRNA was significantly higher in SLE patients than in the control group. Overexpression of TNFSF4 was correlated with arthritis, atherosclerosis and lupus nephritis. *TRAF2* mRNA was underexpressed in PBMCs of SLE patients, and its lower expression was associated with atherosclerosis and lupus nephritis. The altered expression levels of *TNFSF4* and *TRAF2* mRNAs was significantly correlated with SLEDAI.

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K. Mousavizadeh (⊠) · A. Samadikuchaksaraei Cellular and Molecular Research Center, Tehran University of Medical Sciences, P. O. BOX: 19395-5731, Tehran, Iran e-mail: mousavik@gmail.com *Conclusion* Our results suggest that changes in the expression levels of *TNFSF4* and *TRAF2* mRNAs may significantly correlate with the pathogenesis of SLE, the disease activity and different clinical features of lupus, particularly lupus nephritis, atherosclerosis and arthritis.

**Keywords** Systemic lupus erythematosus · *TNFSF4* · *TRAF2* · SLEDAI · Arthritis · Nephritis · Atherosclerosis

#### Introduction

Systemic lupus erythematosus (SLE) is an autoimmune disease characterized by acute and chronic inflammation of multiple organs [1]. Loss of tolerance to nuclear antigens, impaired B- and T-cell signaling pathways and subsequent production of auto-reactive antibodies lead to multiple tissue and organ damage in lupus patients [2, 3]. Although the specific cause of SLE is unknown, numerous genetic, environmental and hormonal factors that contribute to the pathogenesis of this disease have been identified [4]. So far, involvement of at least 35 genes has been defined as risk factors for development of SLE [5]. Most of these genes can be categorized into three main biological processes: (1) defective immune complex processing, (2) Toll-like receptor function and induced type I interferon production and (3) impaired immune signal transduction in lymphocytes [6].

One of the powerful tools used for identification of lupus susceptibility genes is genome-wide association studies (GWAS), which suggested *TNFSF4* gene regions as lupus susceptibility loci [7, 8]. Tumor necrosis factor ligand superfamily member 4 (TNFSF4), also known as OX40L, is a ligand for TNFRSF4 (OX40). It has been shown that the OX40/OX40L system is associated with the regulation

of T-cell proliferation [9]. TNFSF4 is a T-cell activator that seems to promote the survival of CD4+ T cells at sites of inflammation. Also, it possibly prolongs the immune response and triggers naïve CD4+ T cells to produce proinflammatory cytokines including interleukin (IL)-4, IL-5 and IL-13 [10, 11]. Moreover, TNFSF4 negatively regulates the generation and function of IL-10-secreting T-regulatory cells, and thus has a pivotal role in peripheral tolerance [12]. Previous studies have shown that TNFSF4 is expressed in activated macrophages and mononuclear cells and directly activates the intracellular signaling cascades and induces cytokine production [13, 14]. Furthermore, TNFSF4 enhances B-cell proliferation and differentiation and is expressed on the surface of activated B cells. It may enhance B-cell proliferation, which leads to the cell hyperactivity found in autoimmune diseases [15]. Considering the extensive role of TNFSF4 in the immune system, it is hypothesized that impaired expression of TNFSF4 may participate in the pathogenesis of SLE.

As an accepted concept, the disturbed T-cell homeostasis has been defined as a fundamental contributor to autoimmunity. On the other hand, programmed cell death (apoptosis) has been shown to have a critical role in maintenance of homeostatic balance of the immune system. One of the key players in lymphocyte apoptosis during immune regulation is the tumor necrosis factor (TNF) superfamily [16] and the tumor necrosis factor ligands (TNF-L) and receptors (TNF-R) [17]. Regulation of TNF-R signal transduction is mediated by a range of signaling proteins, among which members of the TNF-R-associated factor (TRAF) family can be mentioned. In this family, TRAF2 is an adaptor protein and ubiquitin ligase, which mediates signal transduction of various TNF-Rs including TNFR2, CD30, CD40 and TACI [18]. It should be noted that the role of CD40-expressing T cells in peripheral tolerance and autoimmunity [19] has long been confirmed, particularly in SLE [20, 21]. Furthermore, it has been shown that TRAF2 is also involved in TNF-a-mediated activation of the non-canonical NF- $\kappa$ B pathway [22]. Inappropriate NF- $\kappa$ B activity has long been linked to various autoimmune and inflammatory diseases [23]. TNFSF4 potentially interacts with TRAF2 in order to regulate apoptosis via the NF- $\kappa$ B pathway [24].

Although *TNFSF4* loci have been identified as a lupus susceptibility gene in recent GWASs, to the best of our knowledge no study has yet investigated the expression levels of *TNFSF4* mRNA in peripheral blood mononuclear cells (PBMCs) and their correlation with disease activity and clinical manifestations in lupus patients. In the case of TRAF2, there is no report on the correlation of *TRAF2* mRNA expression levels with different clinical features of lupus. In the present study, we used the real-time reverse transcription polymerase chain reaction (RT-PCR)

technique to assess alterations of the expression levels of *TNFSF4* and *TRAF2* mRNAs in peripheral blood mononuclear cells in SLE patients and healthy controls. We also explored the correlation of expression levels of the aforementioned genes with disease activity and different clinical features of systemic lupus erythematosus.

## Patients and methods

### Participants

Fifty-seven patients who had been clinically confirmed to suffer from SLE were enrolled into this study and were classified according to the revised American College of Rheumatology criteria [25]. SLE activity status was evaluated by using the SLE disease activity index (SLEDAI) [26]. SLEDAI > 8 was considered as the cut-off score for active SLE.

The patients' medication regimens were as follows: 30 individuals were on prednisolone alone and 12, seven and eight individuals were on prednisolone plus methotrexate, azathioprine or cyclosporine, respectively. The patients were compared with 57 healthy subjects with no history of autoimmune diseases. All participants signed an informed consent according to the Declaration of Helsinki. The demographic and clinical features of healthy and SLE patients are shown in Table 1.

## Laboratory assessments

Samples from SLE patients were collected 6 h before they received any immunosuppressive medication. Monocytes, lymphocytes, leukocytes and neutrophils were counted in peripheral blood samples. Serum levels of IgA, IgG, IgM, C3 and C4 and erythrocyte sedimentation rate were measured in all patients. In addition, the presence of antinuclear antibodies was evaluated by ELISA in all SLE patients.

#### PBMC isolation

Whole blood (10 mL) was collected in tubes containing sodium citrate. PBMCs were isolated by density gradient centrifugation with Ficoll-Paque PREMIUM (GE Health-care, South Korea).

## Total RNA extraction

Total RNA was isolated from freshly prepared buffy coats using the QIAamp RNA Blood Mini Kit (Qiagen, Germany) according to the manufacturer's instructions. In order to eliminate genomic DNA contamination, the

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Table 1 Characteristics of the SLE patients and healthy controls

Characteristics	SLE patients $(n = 57)$	Healthy subjects $(n = 57)$
Female ( <i>n</i> )	48	45
Male (n)	9	12
Age (years)	31.7	33.2
SLEDAI	16.21	_
Arthritis (n)	23	0
Lupus nephritis (n)	38	0
Serositis (n)	15	0
Atherosclerosis (n)	27	
CNS disease (n)	6	0
Hematological disease (n)		
Leukopenia	14	0
Thrombocytopenia	11	
Skin involvement (n)	27	0
IgA (g/L)	$2.21\pm0.289$	$0.25\pm0.065$
IgG (g/L)	$17.35 \pm 1.798$	$0.956 \pm 0.109$
IgM (g/L)	$1.54\pm0.526$	$0.115\pm0.072$
C3 (g/L)	$0.76\pm0.049$	_
C4 (g/L)	$0.079\pm0.026$	_
ANA (n)	50	_
ESR (mm/h)	$57.94 \pm 6.018$	$8\pm7.853$

All values are mean  $\pm$  standard deviation, unless stated

CNS central nervous system, Ig immunoglobulin, ANA antinuclear antibody, ESR erythrocyte sedimentation rate

RNase-free DNase set (Qiagen, Germany) was used for oncolumn digestion of DNA during RNA purification. The absorbance of each sample was determined at 260 nm by spectrophotometry and the  $OD_{260}/OD_{280}$  ratio was calculated. The amount of RNA isolated was determined by using aNanoDrop 2000c spectrophotometer (Thermo Scientific).

Real-time reverse transcription polymerase chain reaction

Isolated RNA was reverse-transcribed into complementary DNA using the Roche transcriptor high fidelity cDNA synthesis kit as described in the manufacturer's manual

Table 3 Thermal cycling conditions used for real-time RT-PCR

Analysis mode	Cycle	Segment	Temperature (°C)	Time
Pre-incubation	1	-	95	10 min
Quantification	45	Denaturation	95	10 s
		Annealing	50	10 s
		Extension	72	10 s
Melting curve	1	Denaturation	95	0 s
		Annealing	65	60 s
		Extension	95 (ramp rate: 0.1 °C/s)	0 s (continuous)

(Roche Applied Science, Germany). The expression levels of TNFSF4 and TRAF2 were quantified in SLE patients and healthy controls using a LightCycler carousel-based system (Roche Diagnostic).  $\beta$ -Actin was used as an internal control.

The sequences of specific forward and reverse primers used for SYBR Green real-time PCR are shown in Table 2. Polymerase chain reaction was performed using Light-Cycler FastStart DNA Master<sup>plus</sup> SYBR Green I following the manufacturer's protocol (Roche Applied Science). Samples were amplified by a 45-cycle three-step temperature profile after a single-step 10-minute denaturation at 95 °C. The complete thermal cycling condition is shown in Table 3. Each sample was run in duplicate and a negative control was run in parallel with the duplicate samples.

Melting curve analysis was performed for evaluation of specificity of the amplified PCR products and, for each sample, a single peak was detected. Relative quantification assessment was carried out using LightCycler software (Roche Diagnostic) and the results were normalized to the expression level of  $\beta$ -actin.

#### Statistical analysis

The statistical analysis was performed using SPSS software, version 19 (Chicago, IL, USA). Data were expressed as mean  $\pm$  standard deviation (SD). Variables were assessed by Student's *t* test. The difference between *TNFSF4* and *TRAF2* mRNA expression levels were

Table 2 Primers used for quantitative real-time RT-PCR

	Genes					
	TNFSF4	TRAF2	β-Actin			
Forward primer	5'- GAAGAAGGTCAGGTCTGTCAAC-3'	5'- GGCGATGGCTGACTTGGA-3'	5'-CCTGGACTTCGAGCAAGAGATG-3'			
Reverse primer	5'- AATCAGTTCTCCGCCATTCAC-3'	5'- CTGCTGGTGTAGAAGGCTGG-3'	5'-AGGAAGGAAGGCTGGAAGAGT-3'			



Fig. 1 a Expression levels of *TNFSF4* mRNA in PBMCs from SLE patients (n = 57) and healthy controls (n = 57). *TNFSF4* mRNA expression levels were increased in lupus patients compared with control subjects (P < 0.001). b Expression levels of *TRAF2* mRNA in

determined by the Mann–Whitney test. Spearman's rank correlation coefficient was used as a measure of the relationship between parameters. A P value less than 0.05 was considered statistically significant.

### Results

The expression levels of *TNFSF4* and *TRAF2* mRNAs in PBMCs of SLE patients and normal controls

*TNFSF4* and *TRAF2* gene expression levels in peripheral blood cells from 57 SLE patients and 57 normal controls were assessed by real-time RT-PCR. The results revealed that the mean *TNFSF4* mRNA expression level in SLE patients was significantly higher (2.639) than in healthy controls (0.526) (P < 0.001) (Fig. 1a). On the other hand, the *TRAF2* gene was down-regulated in lupus patients compared to healthy controls, i.e., the mean expression level of *TRAF2* mRNA in SLE patients was substantially lower (0.120) than in normal controls (0.995) (P < 0.001) (Fig. 1b).

Correlation of the expression levels of *TNFSF4* and *TRAF2* mRNAs with clinical characteristics of SLE patients

In active SLE patients, higher expression of *TNFSF4* was significantly correlated with lupus nephritis ( $r_s = 0.631$ ), arthritis ( $r_s = 0.342$ ) and atherosclerosis ( $r_s = 0.486$ ) (P < 0.01). No substantial correlation was observed between the expression levels of *TNFSF4* mRNA and other clinical features of SLE. On the other hand, in patients with active SLE, a strong correlation was detected between the decreased expression level of *TRAF2* mRNA and renal dysfunction ( $r_s = -0.497$ , P < 0.01). Moreover, a robust



PBMCs from SLE patients (n = 57) and healthy controls (n = 57). *TRAF2* mRNA expression levels were decreased in lupus patients compared with control subjects (P < 0.001)

association was observed between lower levels of *TRAF2* mRNA and atherosclerosis ( $r_s = -0.367$ , P < 0.01).

Correlation of the expression levels of *TNFSF4* and *TRAF2* mRNAs with disease activity

A positive correlation was found between the mean SLE-DAI score of the lupus group and the expression levels of *TNFSF4* ( $r_s = 0.316$ , P < 0.01) (Fig. 2a). However, the correlation of *TRAF2* expression and mean SLEDAI was negative ( $r_s = -0.279$ , P < 0.01) (Fig. 2b).

#### Discussion

In this study, using real-time RT-PCR, we explored the expression levels of TNFSF4 and TRAF2 mRNAs in PBMCs of SLE patients and compared them to those of healthy controls. TNFSF4 and TRAF2 are both involved in the same immune signaling pathway. TNFSF4 is expressed in activated T cells [27], activated B cells [28], dendritic cells [29] and endothelial cells [30]. TNFSF4 enhances the proliferation and differentiation of T lymphocytes and has a crucial role in regulating the development and survival of CD4+ T cells at sites of inflammation [31, 32]. TNFSF4 sustains the proliferation of Th1 and Th2 effector cells, and so promotes the development of the Th2 response, which in turn causes inflammation and organ-specific autoimmunity. It has been shown that impaired peripheral T-cell tolerance is a mechanism which contributes to autoimmunity [33]. Other studies have suggested the critical role of TNFSF4 in differentiation of B cells and antibody production [34]. Lastly, it has been shown that plasmacytoid dendritic cells regulate the expression of TNFSF4 and type I interferon, and so may regulate T-helper responses [35]. All these findings suggest that TNFRSF4/TNFSF4 interactions are of

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Fig. 2 a Positive correlation between *TNFSF4* mRNA expression levels and SLE disease activity index (SLEDAI) for all SLE patients (n = 57). b Negative correlation between *TRAF2* mRNA expression

great importance in the immunoregulatory checkpoints and any alterations in the expression levels of TNFSF4 may result in autoimmunity. Accordingly, a previous study reported that overexpression of TNFSF4 in transgenic mice led to the spontaneous development of organ-specific inflammation [36]. In another study, targeted blockade of TNFRSF4/TNFSF4 interactions prevented the ongoing development of autoimmune diabetes and encephalomyelitis [37].

The TNFRSF4/TNFSF4 system directly stimulates TRAF2, is associated with TRAF3 and TRAF5, and has been shown to activate the NF- $\kappa$ B signaling pathway. NF- $\kappa$ B transcription factor regulates the expression of numerous genes involved in the immune response and has a central role in inflammation and apoptosis [38]. Taken together, it can be concluded that TNFSF4 and TRAF2 interaction plays a critical role in the development of T-cell-mediated autoimmunity.

In the present study, we demonstrated that TNFSF4 mRNA expression levels in PBMCs of SLE patients were higher than those in healthy controls. This is in accordance with the recent GWASs, which have shown the association of single nucleotide polymorphisms (SNPs) in the TNFSF4 gene and lupus susceptibility [7, 8, 39]. The association of the TNFSF4 gene and SLE has been shown in other studies as well. For example, Chang et al. [7] reported the association of two different SNPs of rs844648 and rs2205960 in the TNFSF4 gene locus with SLE susceptibility in the Chinese population. They also showed that TNFSF4 rs2205960 was associated with the production of anti-Ro antibodies in these patients. In another report, Zhang et al. [8] demonstrated that the association of SNP rs1234315 and the risk of development of SLE. This SNP is about 15 kb away from the 5' end of the *TNFSF4* gene and it may have potential regulatory effects on the expression levels of TNFSF4. However, due to the small sample size, they

levels and SLE disease activity index (SLEDAI) for all SLE patients (n = 57)

could not show any association between the levels of mRNA expression of *TNFSF4* and the variant of rs1234315. In another study performed by Sanchez et al. [40] they uncovered the association of *TNFSF4* rs2205960 with SLE susceptibility in American ancestors. According to the review performed by Ramos et al. [41], a few studies showed that the SNPs in *TNFSF4* loci are associated with SLE susceptibility and it has been hypothesized that these SNPs might contribute to the increased expression of TNFSF4 leading to augmented T-cell activation via the TNFRSF4/TNFSF4 system.

To date, no studies have been conducted to determine the expression levels of *TNFSF4* mRNA in the PBMCs of SLE patients. For the first time, in the current study we showed that the expression levels of *TNFSF4* mRNA increase 2.113-fold in SLE patients compared to normal controls.

In our study, higher expression levels of TNFSF4 were correlated with atherosclerotic manifestations in SLE patients. TNFSF4 mediates T-cell adhesion to endothelial cells and varied SNPs in *TNFSF4* loci have been linked to the development of atherosclerosis [42]. A previous study has shown that mice overexpressing TNFSF4 develop more atherosclerotic lesions than the normal group [43].

It was shown that in-vivo blockade of TNFRSF4/ TNFSF4 in murine models not only suppressed different inflammatory symptoms, but also alleviated collageninduced arthritis [44]. In addition, a recent GWAS found that there was a possible association between SNPs in *TNFSF4* loci and arthritis in lupus patients [8]. Consistent with these findings, we also clarified that increased expression levels of *TNFSF4* mRNA were strongly associated with arthritis symptoms in SLE patients.

For the first time, in the current study a robust positive correlation has been described between renal dysfunction in lupus patients and higher expression levels of *TNFSF4* 

mRNA in PBMCs. Previously, another study reported that serum-soluble TNFSF4 was significantly higher in SLE patients with lupus nephritis, but, in contrast to our results, they could not find any association between increased serum levels of TNFSF4 and disease activity [45].

In their report, Faress et al. [45] revealed that TNFRSF4/ TNFSF4 plays a critical role in the pathogenesis of SLE. They evaluated the role of TNFSF4 and its receptor as a marker of disease activity and nephritis in SLE patients. According to the results of flow cytometry, the percentage of of CD4+ T lymphocytes expressing TNFRSF4 was significantly higher in SLE patients than in controls and the higher expression of TNFRSF4 had a positive correlation with SLEDAI. It has also been reported that the expression levels of TNFRSF4 were higher in SLE patients suffering from lupus nephritis. In the same study, the serum levels of TNFSF4 were also assessed and were proven to be significantly higher in SLE patients than in healthy controls, and in patients with lupus nephritis compared with those without this complication. However, they found no significant correlation between the SLEDAI and the serum levels of TNFSF4 [45].

The association between lupus nephritis and TNFSF4 has also been investigated in a few other studies. For instance, in mice, anti-TNFSF4 treatment was successful in suppressing immune complex formation in kidney [46]. Another study reported that TNFSF4 is largely localized along the epithelial side of the glomerular capillary wall in patients with lupus [47].

Engagement of the TNFRSF4/TNFSF4 system initiates interaction with the adaptor molecules of TNF receptor associated factors (TRAFs) for downstream signaling [48]. It has been shown that the recruitment of TRAF2 mediates anti-apoptotic anti-inflammatory responses [49]. TRAF2 has long been linked to the activation of the NF- $\kappa$ B pathway in TNFRSF4/TNFSF4 signaling [38]. Several studies have demonstrated that the activation of the NF- $\kappa$ B pathway blocks apoptosis [50, 51]. It is therefore possible that the TNFRSF4-mediated NF-kB activation in T cells contributes to the prevention of T-cell apoptosis, which leads to prolonged immune responses and a variety of inflammatory and autoimmune diseases. Accordingly, the downregulation of TRAF2 in different autoimmune diseases such as multiple sclerosis, rheumatoid arthritis and type I diabetes has been reported by performing gene assay analysis [52]. In the present study we have demonstrated that PBMCs of SLE patients expressed a TRAF2 mRNA level 0.875-fold lower than healthy controls. Underexpression of TRAF2 will lead to the disturbance of programmed cell death, and impaired apoptosis is considered to contribute to the generation of autoantibody and tissue damage in SLE patients [53].

We also observed a strong correlation between lower levels of *TRAF2* mRNA in SLE patients and renal dysfunction and atherosclerosis, for which further studies are needed to explore the specific mechanisms. Our study shows that in the more severe cases of the disease, the expression levels of *TRAF2* mRNA were lower. This indicates a strong negative correlation between the SLE-DAI and the down-regulation of TRAF2. On the other hand, we observed a positive correlation between SLE disease activity and overexpression of *TNFSF4* mRNA. It should be noted that the limited number of patients with other clinical manifestations who entered into this study rendered us unable to further explore the association of the expression levels of *TRAF2* and *TNFSF4* mRNAs with other clinical features of SLE.

In conclusion, our real-time RT-PCR analysis has revealed that *TNFSF4* and *TRAF2* mRNAs were over- and underexpressed in PBMCs of SLE patients, respectively. The expression levels of *TNFSF4* and *TRAF2* mRNAs were significantly correlated with lupus nephritis and atherosclerosis in lupus patients. Moreover, a robust association was detected between arthritis and up-regulation of *TNFSF4* in SLE subjects. In the current study, we also demonstrated that the altered expression levels of *TNFSF4* and *TRAF2* mRNAs were correlated with SLE-DAI. In a nutshell, these results support the possibility that TNFSF4 and TRAF2 have pivotal roles in the pathogenesis of systemic lupus erythematosus.

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