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## The role of cyclic AMP and oxygen intermediates in the inhibition of cellular immunity in cancer

Received: 28 May 1996 / Accepted: 11 July 1996

**Abstract** Cell-mediated immunity is often impaired in cancer. This may be partly due to increased amounts of prostaglandin E<sub>2</sub> (PGE<sub>2</sub>) and histamine in the blood of cancer patients, since PGE<sub>2</sub> and histamine possess inhibitory effects on cellular immunity. These effects are mediated by cyclic AMP (cAMP), which is increased in leukocytes by PGE<sub>2</sub> through EP2 and by histamine through H<sub>2</sub> receptors and also by epinephrine through  $\beta$ <sub>2</sub>-adrenergic receptors. Increased cAMP activates protein kinase A, which inhibits the formation of interleukin 2 (IL-2) in T cells. The formation of interferon  $\gamma$  is concomitantly decreased, and cellular immunity is attenuated. In monocyte/macrophages the formation of IL-1 $\beta$ , IL-12 and tumor necrosis factor  $\alpha$  is decreased by cAMP or through the increased formation of IL-10, which is up-regulated by cAMP. This attenuates cellular immunity. In monocytes histamine may decrease the formation of oxygen intermediates, which can induce apoptosis of natural killer cells and thus inhibit immunity. The superoxide anion is a potent inducer of the cyclooxygenase-2 enzyme, which is up-regulated in colorectal cancer. Cyclooxygenase-2 catalyzes the formation of PGE<sub>2</sub>, e.g. in cancer cells. Thus the inhibition of cellular immunity in cancer may be at least partly mediated by cAMP and oxygen intermediates. This may offer new options for cancer immunotherapy.

**Key words** Cancer immunology · Cyclic AMP · Oxygen intermediates · Prostaglandin E<sub>2</sub> · Histamine

### Introduction

The cell-mediated immunity of cancer patients is often impaired and the defense system is not able to kill cancer

cells [35, 98]. The leukocytes of cancer patients can, however, be stimulated in vitro to obtain normal cytotoxicity [104]. This indicates that some factors in the blood of cancer patients might prevent the normal activation and function of the defense system.

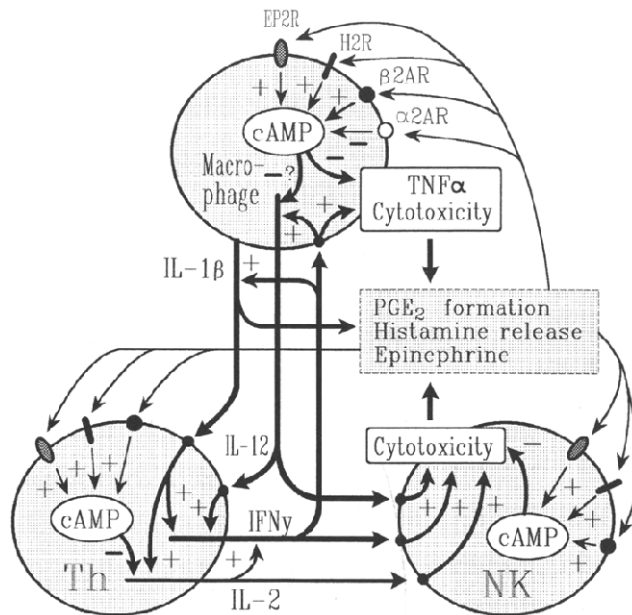
### Activation of the defense system

The human defense system is divided into humoral (antibody-dependent) and cell-mediated immunity. The antitumor activity of the defense system is mainly mediated by cellular immunity. The activity of both the antibody- and the cell-mediated defense systems is regulated by cytokines (interleukins, interferons and tumor necrosis factors) secreted mainly from helper T cells and monocyte/macrophages. Humoral immunity is stimulated by interleukin 4 (IL-4) from helper T cells and is inhibited by interferon  $\gamma$  (IFN $\gamma$ ) [88]. Cell-mediated immunity is stimulated by IL-1 $\beta$  and IL-12 from monocyte/macrophages and by IL-2 and IFN $\gamma$  from helper T cells [20, 88, 100, 112]. Because IL-4 inhibits the formation of IL-1 $\beta$  and tumor necrosis factor  $\alpha$  (TNF $\alpha$ ), IL-4 and IFN $\gamma$  have opposite effects: IL-4 stimulates humoral and inhibits cell-mediated immunity, whereas IFN $\gamma$  stimulates cell-mediated and inhibits humoral immunity [23, 27, 40, 88, 90].

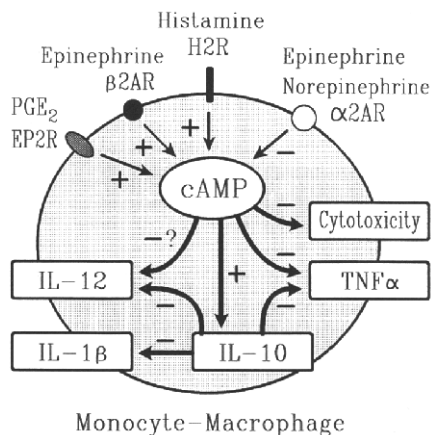
The cell-mediated defense is activated when a macrophage presents an antigen to helper T cells [26]. This can stimulate macrophages to secrete IL-1 $\beta$  and helper T cells to secrete IL-2 [20, 102]. IL-1 $\beta$  enhances the formation of IL-2 in T cells (Fig. 1) [20] and IL-2 stimulates helper T cells to divide and to form IFN $\gamma$  [22, 102]. IL-2 stimulates cytotoxic T and natural killer (NK) cells directly and through the formation of IFN $\gamma$  [18, 66, 102].

IFN $\gamma$  augments the formation of IL-1 $\beta$ , IL-12 and TNF $\alpha$  and thus the cytotoxicity of monocyte/macrophages (Fig. 1) [4, 11, 41, 81, 112, 113]. IL-12 increases the formation of IFN $\gamma$  in T and NK cells and stimulates the cytotoxicity of NK cells (Fig. 1) [14, 60, 100, 112, 114]. IL-1 $\beta$  is also needed for the optimal formation of IFN $\gamma$  [30, 100]. Thus

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**Fig. 1** The activation of the cell-mediated defense and its inhibition by feedback mediators. Interleukin-1 $\beta$  (*IL-1 $\beta$* ) stimulates the formation of IL-2 and interferon  $\gamma$  (*IFN $\gamma$* ) in helper T cells (*Th*). *IFN $\gamma$*  formation is also increased by IL-2 and IL-12. *IFN $\gamma$*  stimulates the formation of IL-1 $\beta$ , IL-12 and tumor necrosis factor  $\alpha$  (*TNF $\alpha$* ) in monocyte/macrophages and the cytotoxicity of these cells. The cytotoxicity of natural killer cells (*NK*) is enhanced by IL-2, *IFN $\gamma$*  and IL-12. Cellular immunity is inhibited by prostaglandin E<sub>2</sub> (*PGE<sub>2</sub>*), histamine and epinephrine, which enhance cAMP in macrophages, T and NK cells. Increased cAMP inhibits the formation of IL-2, *IFN $\gamma$* , *TNF $\alpha$*  and IL-12 and the cytotoxicity of macrophages and NK cells. The cAMP-enhancing effects of *PGE<sub>2</sub>* are mediated through EP2 or EP4 receptors and those of histamine by H2 receptors (*H2R*).  $\beta$ -Adrenergic receptors ( $\beta$ 2AR) mediate the cAMP-enhancing effect of epinephrine. In monocyte/macrophages the cAMP-decreasing effects of epinephrine and norepinephrine are mediated through  $\alpha$ 2-adrenergic receptors ( $\alpha$ 2AR). + a stimulating effect; - an inhibitory effect



**Fig. 2** The regulation of cytokine formation by cAMP in monocytes and macrophages. cAMP in monocyte/macrophages is increased by *PGE<sub>2</sub>* through EP2 (or EP4) and by histamine through H2 receptors. Epinephrine can increase cAMP through  $\beta$ 2-adrenergic receptors and decrease it with norepinephrine through  $\alpha$ 2-adrenergic receptors ( $\alpha$ 2AR). Increased cAMP stimulates the formation of IL-10, which inhibits the formation of IL-1 $\beta$ , IL-12 and *TNF $\alpha$* . Increased cAMP may also decrease the formation of *TNF $\alpha$*  and IL-12 directly. Increased cAMP attenuates the cytotoxicity of monocyte/macrophages

the cell-mediated cytotoxicity is activated by a positive-feedback chain: IL-1 $\beta$ , IL-2, *IFN $\gamma$*  and IL-12 (Fig. 1).

### Inhibition of cell-mediated immunity by cyclic AMP

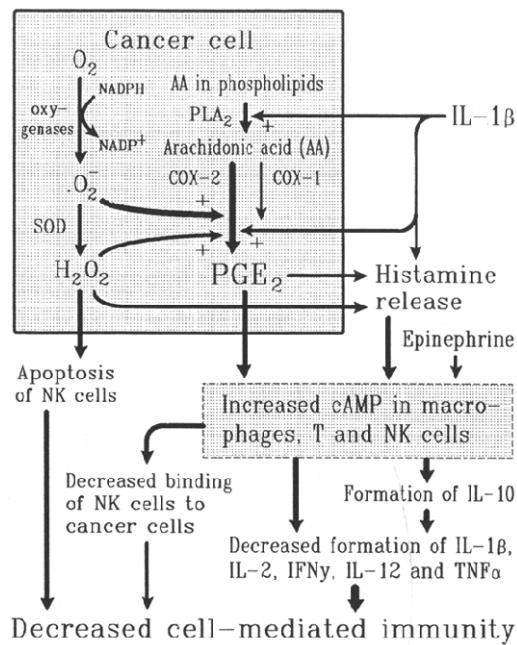
The activity of the cell-mediated defense is inhibited by IL-4 and also by other mediators, such as prostaglandin E<sub>2</sub> (*PGE<sub>2</sub>*), histamine and epinephrine [43, 88, 115]. The amounts of *PGE<sub>2</sub>* and histamine are often increased in cancer [10, 64, 74, 79, 80, 96]. Also some oxygen intermediates possess inhibitory effects on cellular immunity, because they can stimulate *PGE<sub>2</sub>* formation and induce apoptosis of NK cells (see below).

In monocyte/macrophages and lymphocytes the effects of *PGE<sub>2</sub>*, histamine and epinephrine on cytokine formation are mediated through receptors, which activate adenylate cyclase and thus increase the amount of cyclic AMP in these cells (Fig. 1) [33, 47, 53, 56, 61]. Increased cAMP then down-regulates the formation of *TNF $\alpha$*  and IL-12 in monocyte/macrophages and the formation of IL-2 and its receptor proteins in helper T cells (Fig. 1) [2, 63, 65, 72, 97, 108, 117]. The formation of *IFN $\gamma$*  is concomitantly decreased (Fig. 1) [22].

The cytotoxicity of NK cells is decreased by increased cAMP, because cAMP decreases the ability of NK cells to bind with target cells [94] and because the formation of NK-cell-stimulatory cytokines, IL-2, *IFN $\gamma$*  and IL-12, is decreased by cAMP (Fig. 1). In human NK cells IL-12 up-regulates the mRNA of the pore-forming protein perforin and the serine esterase granzyme B, which are important cytotoxic cell granule-associated proteins [6].

The formation of IL-12 was found to be inhibited in human blood cultures by *PGE<sub>2</sub>* and other cAMP-elevating agents and also by IL-10 (Fig. 2) [117]. Because whole blood was used, it is possible that the inhibition was mediated either by the action of cAMP in monocyte/macrophages or through the decreased formation of IL-2 and *IFN $\gamma$*  (Figs. 1, 2). In any case, IL-10 had a direct inhibitory effect on IL-12 formation [117]. IL-10 also decreases the formation of IL-1 $\beta$  and *TNF $\alpha$*  in monocyte/macrophages (Fig. 2) [18, 19, 29, 93, 117]. The inhibitory effects of IL-10 are also related to cAMP, because the formation of IL-10 is stimulated by increased cAMP (Fig. 2) [107, 117]. Thus cAMP inhibits cytokine formation both directly and through the formation of IL-10.

The cAMP-elevating effects of *PGE<sub>2</sub>* are mediated through EP2 (or EP4) receptors [16, 47] and those of histamine through histamine-2 receptors (*H2R*, Figs. 1, 2) [21, 33, 56]. The cAMP-enhancing effects of epinephrine in monocyte/macrophages and lymphocytes are mediated mainly through the  $\beta$ 2-adrenergic receptors ( $\beta$ 2AR), because most of the  $\beta$ -adrenergic receptors in leukocytes are of the  $\beta$ 2 subtype [13, 25, 57, 61]. Because epinephrine is over tenfold more specific a ligand for  $\beta$ 2AR than is norepinephrine [25], the ability of norepinephrine to increase cAMP in leukocytes through  $\beta$ 2A receptors is limited.



**Fig. 3** Cell-mediated immunity may be inhibited in cancer by increased cAMP and oxygen intermediates. IL-1 $\beta$  may increase the formation of eicosanoids, including prostaglandin E<sub>2</sub> (PGE<sub>2</sub>), by stimulating phospholipase A<sub>2</sub> (PLA<sub>2</sub>) and cyclooxygenase-2 (COX-2) activity. COX-2 may also be up-regulated by superoxide anions ( $\cdot\text{O}_2^-$ ) and hydrogen peroxide ( $\text{H}_2\text{O}_2$ ). The superoxide anion is formed from molecular oxygen by NADPH-dependent reactions catalyzed by different oxygenases and is converted to hydrogen peroxide by superoxide dismutase (SOD). Hydrogen peroxide (or its metabolite) can induce apoptosis of NK cells and thus decrease cellular immunity. The blood level of histamine may be increased, because histamine release is stimulated by hydrogen peroxide, IL-1 $\beta$  and PGE<sub>2</sub>. The amount of cAMP can be increased by PGE<sub>2</sub>, histamine and epinephrine in monocyte/macrophages, T and NK cells. Increased cAMP may inhibit the binding of NK cells to cancer cells and the formation of IL-1 $\beta$ , IL-2, IFN $\gamma$ , IL-12 and TNF $\alpha$  either directly or through the enhanced formation of IL-10. This should attenuate cell-mediated immunity

EP<sub>2</sub>, H<sub>2</sub> and  $\beta$ 2A receptors have similarities in their structures (seven transmembrane domains) and they activate adenylate cyclase when the ligand is bound to the receptor [25, 33, 47, 53, 61]. Adenylate cyclase catalyses the conversion of ATP to cAMP [9, 53]. cAMP activates protein kinase A, which phosphorylates some specific proteins [9, 53].

Monocytes and macrophages also possess  $\alpha$ 2-adrenergic receptors ( $\alpha$ 2AR) [105]. The binding of a ligand, such as epinephrine, to  $\alpha$ 2A receptors inhibits the activity of adenylate cyclase and thus attenuates the formation of cAMP (Fig. 2) [62, 105, 106]. Epinephrine is only about fourfold more specific a ligand for  $\alpha$ 2A receptors than is norepinephrine [62]. Thus norepinephrine is a relatively more specific ligand for  $\alpha$ 2- than for  $\beta$ 2-adrenergic receptors [25, 62]. Therefore in macrophages the level of cAMP is decreased by norepinephrine (through  $\alpha$ 2A receptors) and the formation of TNF $\alpha$  is up-regulated [105]. Epinephrine, however, increases the level of cAMP in macrophages (through  $\beta$ 2A receptors) and thus decreases the formation

of TNF $\alpha$  (Fig. 2) [101, 106]. This effect of epinephrine can be abolished by  $\beta$ 2-adrenergic receptor antagonists [101, 106].

The cytotoxicity of human NK cells is clearly decreased by epinephrine and histamine, and this inhibition is abolished by  $\beta$ 2A and H<sub>2</sub> receptor antagonists, respectively [43, 55]. PGE<sub>2</sub> inhibits the ability of human NK cells to bind with tumor cells by increasing cAMP in NK cells and thus attenuates tumor cell killing [37, 94].

### Increased amounts of prostaglandin E<sub>2</sub> in cancer

The amounts of prostaglandins, such as PGE<sub>2</sub>, are increased in colorectal and lung cancer tissues [10, 74, 80, 96]. Increased levels of PGE<sub>2</sub> are also detected in local venous blood draining from colorectal cancer and in peripheral venous blood (from the antecubital vein) of colorectal cancer patients with metastases in liver or lung [64, 80].

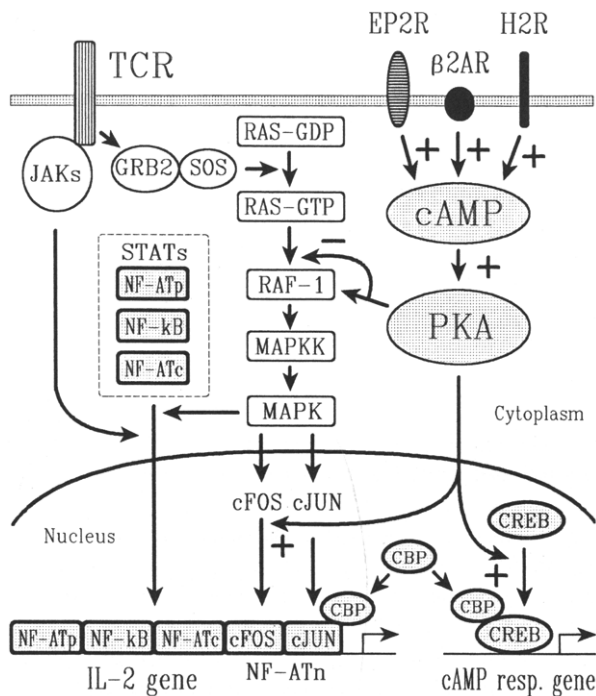
The rate of formation of PGE<sub>2</sub> in activated monocyte/macrophages and cytotoxic T cells is high enough to inhibit the activity of NK cells [34, 91]. This inhibition is abolished by indomethacin [34].

PGE<sub>2</sub> and other eicosanoids of the 2 series are formed from arachidonic acid by the cyclooxygenase pathway when arachidonic acid is released from cellular phospholipids by phospholipase A<sub>2</sub> (Fig. 3) [116]. Arachidonic acid can be metabolized also by different lipoxygenases to hydroperoxides, hydroxy acids and leukotrienes [116].

There are two different cyclooxygenases: the constitutive cyclooxygenase-1 and the inducible cyclooxygenase-2 [52, 85]. The inducible enzyme is clearly up-regulated in colorectal cancer tissue, but the activity of cyclooxygenase-1 is unchanged or slightly decreased when compared to control tissue [24, 54, 99]. This is in good agreement with reports that the amount of PGE<sub>2</sub> is increased in colorectal cancer tissue and local venous blood.

The inducible cyclooxygenase-2 is less sensitive than cyclooxygenase-1 to the inhibitory effects of many antiinflammatory drugs [75, 78]. The concentration of indomethacin, which is needed for a 50% inhibition in the activity of cyclooxygenase-2, is 50- to 60-fold higher than the IC<sub>50</sub> value for cyclooxygenase-1 [78]. Therefore high doses of antiinflammatory drugs, such as indomethacin, are needed to inhibit prostaglandin formation in cancer and other cells when cyclooxygenase-2 is stimulated.

IL-1 $\beta$  and TNF $\alpha$  can stimulate the formation of PGE<sub>2</sub> in cancer cells, including chondrosarcoma, fibrosarcoma and carcinoma [67, 76]. The stimulatory effect of IL-1 $\beta$  is very clear (about a tenfold increase) and that of TNF $\alpha$  is weaker (about a twofold increase) [67, 76]. The rate of PGE<sub>2</sub> formation in cancer cells is increased by IL-1 $\beta$  obviously because IL-1 $\beta$  stimulates both phospholipase A<sub>2</sub> and cyclooxygenase-2 (Fig. 3) [52, 85, 87]. The activity of cyclooxygenase-1 is not changed by IL-1 $\beta$  [85].



**Fig. 4** A proposed mechanism for the inhibition of IL-2 gene expression in helper T cells by cAMP and protein kinase A (PKA). In helper T cells cAMP is increased by PGE<sub>2</sub>, histamine and epinephrine through EP2, H2 and β2A receptors respectively. Increased cAMP activates PKA, which phosphorylates the regulatory domain of Raf-1 and thus inhibits the binding of activated Ras to Raf-1. Therefore the signal transduction from T cell receptors (TCR) through the Ras pathway is inhibited and mitogen-activated protein kinase (MAPK) is not activated. Activated MAPK phosphorylates both cytoplasmic signal transducers and activators of transcription (STAT proteins) and nuclear proteins, such as cFos and cJun. This phosphorylation is obviously a necessity for the binding of these transcription factors to the IL-2 gene and thus for gene expression. IL-2 gene expression is therefore inhibited when PKA prevents the activation of MAPK. Activated PKA can stimulate the expression of the cFos gene, but not that of cJun. Because PKA can phosphorylate and activate cAMP-response-element-binding protein (CREB), PKA may stimulate the expression of some cAMP-responsive genes when it inhibits the expression of other genes, e.g. that of IL-2 [95]. CBP (CREB-binding protein) is a common nuclear factor, which can be bound to phosphorylated cJun and CREB proteins [5]. MAPKK = mitogen-activated protein kinase

### Up-regulation of cyclooxygenase-2 by oxygen intermediates

The activity of cyclooxygenase-2 is up-regulated by IL-1β, TNFα, superoxide anion (•O<sub>2</sub><sup>-</sup>) and hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) [28, 52, 85]. Thus IL-1β and TNFα, which stimulate cell-mediated immunity, tend to enhance the formation of PGE<sub>2</sub> by up-regulation of cyclooxygenase-2. On the other hand, cyclooxygenase-2 is down-regulated by IL-4 and IL-10, which inhibit cellular immunity [77, 82]. IL-4 attenuates the stimulated production of superoxide anions and hydrogen peroxide in human monocyte/macrophages [1, 68]. Cyclooxygenase-2 is clearly up-regulated by superoxide anions and only slightly by hydrogen peroxide (Fig. 3) [28]. Since scavengers of reactive oxygen intermediates inhibited cyclooxygenase-2 expression induced by IL-1β

and TNFα, reactive oxygen intermediates are probably involved in the up-regulation of this enzyme [28]. Thus oxygen intermediates seem to mediate inhibition in the regulation of cellular immunity.

The superoxide anion is formed from molecular oxygen by NADPH-dependent reactions catalyzed by oxygenases, such as different cytochrome P-450 isoenzymes, lipoxygenases and cyclooxygenases (Fig. 3) [31, 38]. When these oxygenases are up-regulated more superoxide anions might be formed than are used in reactions catalyzed by these oxygenases. Therefore the amounts of superoxide anion and other oxygen intermediates are probably increased.

Superoxide anions are converted to hydrogen peroxide by superoxide dismutase and also spontaneously [31]. Hydrogen peroxide can be inactivated by catalase or converted by myeloperoxidase to highly reactive hydroxyl radicals or hypochlorous acid [31, 38]. Vitamin E is a lipid-soluble antioxidant and a scavenger of superoxide anions, hydroxyl radicals and other oxygen radicals, such as lipid peroxy radicals [31]. Therefore vitamin E is able to act as a brake on the spontaneous and continuous peroxidation of unsaturated fatty acids [38]. Lipid peroxides are known to stimulate the activity of cyclooxygenase-2 [103], therefore vitamin E might prevent its up-regulation. Ascorbic acid, vitamin C, is a water-soluble antioxidant and a scavenger of superoxide anions and hypochlorous acid [38]. Vitamin C is able to regenerate vitamin E by converting oxidized vitamin E into its active reduced form [38].

Since the activity of COX-2 is often up-regulated in cancer and increased amounts of PGE<sub>2</sub> have been detected in cancer tissue and its local venous blood, the concentration of PGE<sub>2</sub> in the vicinity of cancer cells should be high enough to increase cAMP in lymphocytes and monocyte/macrophages to inhibit cytokine formation and cell-mediated immunity (Fig. 3). Cyclooxygenase-2 may be up-regulated by IL-1β or reactive oxygen intermediates, such as superoxide anions and hydrogen peroxide (Fig. 3). One can assume that in cancer cells the rate of formation of superoxide anions is increased when the basal metabolic rate is enhanced because of the increased rate of mitosis. Significant amounts of hydrogen peroxide are also released from neutrophils and activated monocyte/macrophages [86].

### The Janus faces of histamine

The blood level of histamine is increased in patients with solid malignant tumors and it is decreased to the control level after the removal of the tumor [79]. Histamine release from basophils and mast cells is stimulated by antigens and also by other factors such as IL-1β [109]. Prostaglandins of the E series and other eicosanoids, such as leukotrienes, are reported to increase the release of histamine [110, 116]. Hydrogen peroxide can stimulate histamine release from basophils [86].

Histamine has both inhibitory and stimulatory effects on cell-mediated immunity, both effects being mediated

through H2 receptors. Inhibitory effects are mediated by cAMP through decreased formation of cytokines and stimulatory effects through decreased formation of reactive oxygen intermediates.

Histamine decreases the formation of TNF $\alpha$  and IL-2 in human monocytes and T cells respectively [21, 48]. This attenuates cellular immunity. These effects are mediated through increased cAMP and are inhibited by cimetidine, a blocking agent of H2 receptors [21, 48]. The cytotoxicity of NK cells is decreased by histamine through H2 receptors (Fig. 1) [55]. These inhibitory effects of histamine on cellular immunity may also have clinical consequences, because cimetidine is reported to prolong the survival time of gastric cancer patients [111].

The effects of various H2 receptor antagonists are different, since cimetidine increased the cytotoxicity of human NK cells in vitro whereas ranitidine did not [42]. Clear differences have also been detected in animal experiments, since high doses of cimetidine reduced and ranitidine increased pulmonary metastases in mice [45]. This indicates that some effects of cimetidine are mediated by other means than through H2 receptors.

In monocytes histamine decreases the formation of reactive oxygen metabolites, which induce apoptosis of NK cells and thus inhibit the cytotoxicity of NK cells [39, 46]. The formation of these oxygen metabolites is decreased by histamine through H2 receptors and is correspondingly stimulated by a specific H2-receptor-blocking agent ranitidine [44, 46]. Because the formation of these oxygen intermediates is NADPH-dependent [46], they are obviously formed from superoxide anions generated in NADPH-dependent oxygenase reactions. Superoxide anions are then converted to hydrogen peroxides by superoxide dismutase [31].

The rate of hydrogen peroxide formation is inhibited by histamine in monocytes [46]. Hydrogen peroxide inhibits the cytotoxicity of NK cells and stimulates their apoptosis [39, 46]. The suppressive effects of monocytes and hydrogen peroxide on NK cells are readily abolished by catalase and partially prevented by an inhibitor of myeloperoxidase [39, 46]. This indicates that inhibitory oxygen intermediates could be formed from hydrogen peroxide by myeloperoxidase [39].

The NADPH-dependent formation of hydrogen peroxide is decreased in vitro by cimetidine but not by ranitidine [8]. The inhibition is due to the binding of cimetidine to cytochrome *P*-450 isoenzymes [8, 59, 92]. Because cimetidine is an effective inhibitor of several cytochrome *P*-450 isoenzymes, the NADPH-dependent formation of superoxide anions should also be decreased by cimetidine [59, 89]. Ranitidine has about tenfold lower binding activity to cytochrome *P*-450 than has cimetidine [92]; therefore, the activity of cytochrome *P*-450 is not changed significantly by ranitidine [92].

The inhibitory effects of cimetidine are so clear that cytochrome *P*-450-dependent metabolism of several drugs and endogenous compounds is attenuated significantly [32, 92]. Thus it is reasonable to assume that cimetidine would partially inhibit the formation of reactive oxygen intermedi-

ates in monocytes when the inhibitory effects of histamine are prevented by the H2 receptor antagonist cimetidine. The inhibitory effects of cimetidine on cytochrome *P*-450 could also explain differences in the effects of cimetidine and ranitidine on cellular immunity.

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### The role of cyclic AMP and protein kinase A

The amount of cAMP in cells is controlled, on the one hand, by the activity of adenylate cyclase, which catalyses the conversion of ATP to cAMP, and, on the other hand, by phosphodiesterase, which degrades cAMP [53]. Stimulatory signals for adenylate cyclase are transduced from receptors (such as EP2, H2 and  $\beta$ 2A receptors) at the cell membrane by stimulatory G-proteins, when ligands (PGE<sub>2</sub>, histamine or epinephrine) are bound to the corresponding receptors [53]. Suppressive signals are transduced from inhibitory receptors (e.g.  $\alpha$ 2A receptors) by inhibitory G-proteins [53]. These stimulatory and inhibitory G-proteins collect stimulatory and inhibitory signals and thus regulate the activity of adenylate cyclase and the level of cAMP in each cell. In cancer tissues the activity of adenylate cyclase and the level of cAMP might be increased, because cyclooxygenase-2 is often up-regulated and the formation of PGE<sub>2</sub> is thus increased, and because the blood level of histamine can be elevated [10, 24, 54, 74, 79, 80, 96, 99].

cAMP executes its effects through the activation of protein kinase A, which phosphorylates different proteins, such as other kinases or transcription factors, and thus regulates gene expression (Fig. 4) [9, 53]. PGE<sub>2</sub> inhibits the expression of IL-2 and its receptor gene in human T cells through increased cAMP and activation of protein kinase A, since the decrease in gene expression is prevented with an inhibitor of this enzyme [2].

A proposed mechanism for the inhibition of IL-2 formation by protein kinase A in helper T cells is presented in Fig. 4. When ligands are bound to specific T cell receptors, signals for IL-2 gene expression are transduced to the nucleus obviously through the Janus kinase and Ras pathways (Fig. 4). Janus kinases phosphorylate cytoplasmic STAT (signal transducers and activators of transcription) proteins, which are translocated into the nucleus [7, 49]. In the Ras pathway the signal is carried by consecutive phosphorylation and activation of several proteins to mitogen-activated protein kinase (MAPK), which phosphorylates serine in STAT proteins and stimulates the formation and/or activation of cFos and cJun proteins [7, 70].

Nuclear factors necessary for IL-2 gene expression include both cytoplasmic STAT proteins (e.g. NF-ATp, NF-ATc and NF-kB) [50, 69, 73, 84] and the nuclear component of nuclear factors (NF-ATn), which includes cFos and cJun proteins (Fig. 4) [49, 51, 58, 83]. The signal transduction through the Ras-Raf-MAPKK-MAPK cascade may be inhibited by protein kinase A, because activated protein kinase A phosphorylates the regulatory domain of Raf-1 and thus inhibits its binding to Ras (Fig. 4) [17, 71,

118]. This prevents the activation of MAPK. Therefore STAT, cFos and cJun proteins are not phosphorylated by MAPK and IL-2 expression is inhibited.

Activated protein kinase A may, however, stimulate expression of the cFos gene directly [12, 15, 95]. Therefore cFos is formed, but cJun is not. The expression of the IL-2 gene is, however, not stimulated, because cJun is necessary for an active NF-ATn, since only diheteromers of cFos and cJun or dihomomers of cJun are good transactivators of the IL-2 gene [3]. Thus increased cAMP inhibits IL-2 gene expression through the activation of protein kinase A (Fig. 4). cAMP is increased in helper T cells by PGE<sub>2</sub>, histamine and epinephrine through EP2, H2 and  $\beta$ 2A receptors (Fig. 4).

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### Therapeutic implications

Cell-mediated immunity is decreased in cancer by oxygen intermediates and other factors, such as PGE<sub>2</sub> and histamine, which mediate their inhibitory effects through their receptors, which activate adenylate cyclase e.g. in leukocytes and thus increase the amount of cAMP (Figs. 1–3). The known inhibitory effects of oxygen intermediates on immunity are due to the up-regulation of cyclooxygenase-2 and the induction of apoptosis in NK cells.

Increased cAMP activates protein kinase A, which inhibits the expression of the genes for several cytokines either directly or through the increased formation of IL-10 (Figs. 2, 4). The formation of cytokines, which stimulate cellular immunity, is thus attenuated [2, 63, 65, 72, 97, 108, 117]. Also the binding of NK cells to tumor cells is decreased (Fig. 3) [94]. Therefore the activity of the cell-mediated defense is attenuated and cancer cells may not be destroyed.

The inhibition of immunity by cAMP is a part of the normal regulation of cell-mediated defense. In cancer patients this inhibition may, however, be exceptionally strong especially in the vicinity of cancer cells, since cancer cells may produce large amounts of PGE<sub>2</sub> and the blood level of histamine may also be increased (Fig. 3) [10, 64, 67, 74, 76, 79, 80]. Therefore the defense may not be able to destroy cancer cells.

The formation of PGE<sub>2</sub> can be blocked by inhibitors of the cyclooxygenases. The doses of traditional inhibitors, such as indomethacin, should be high, because cyclooxygenase-2 is often up-regulated in cancer and because high concentrations of traditional inhibitors are needed to inhibit the enzyme [52, 75, 78, 85].

When the cyclooxygenase pathway is inhibited, the formation of leukotrienes may be increased and they may stimulate histamine release, which is enhanced also by oxygen intermediates and IL-1 $\beta$  (Fig. 3) [86, 109, 116]. Because the histamine concentration may be increased, it could be useful to prevent the cAMP-elevating effect of histamine by a H2 receptor antagonist, such as cimetidine,

which prevents the effects of histamine on cytokine formation and thus stimulates cellular immunity.

Blocking H2 receptors may increase in monocytes the formation of hydrogen peroxide, which (or its metabolite) may induce apoptosis of NK cells and thus attenuate cellular immunity [46]. Cimetidine, however, obviously inhibits hydrogen peroxide formation because it inhibits several cytochrome *P*-450 isoenzymes and thus attenuates the formation of superoxide anions and hydrogen peroxide [8, 59, 89]. Therefore cimetidine seems to be more suitable for cancer immunotherapy than ranitidine, for example, which does not have any significant inhibitory effect on cytochromes *P*-450 [92].

Because cimetidine attenuates the gastrointestinal side-effects of indomethacin, a long-term treatment with high doses of indomethacin should be possible to stimulate the cell-mediated defense to destroy cancer cells. The activity of the cell-mediated cytotoxicity can further be enhanced by a  $\beta$ 2-adrenergic receptor antagonist, which removes the cAMP-enhancing effects of epinephrine, but leaves the cAMP-decreasing  $\alpha$ 2-adrenergic receptors intact. In addition cellular cytotoxicity may be stimulated also by agonists of  $\alpha$ 2-adrenergic receptors, such as clonidine [36], which decreases the level of cAMP.

Thus the cell-mediated immunity is probably stimulated in cancer by a combination of (a) an inhibitor of the cyclooxygenases (e.g. indomethacin), (b) an H2 receptor antagonist (e.g. cimetidine), (c) a  $\beta$ 2-adrenergic-receptor-blocking agent and (d) an agonist of  $\alpha$ 2-adrenergic receptors (e.g. clonidine). Since the elimination half-life of cimetidine is only 2 h [92], the cimetidine dosage should be rather high and it should be divided into several daily doses to inhibit cytochrome *P*-450 isoenzymes so that the formation of oxygen intermediates is attenuated.

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### Experimental work

The author has successfully used this therapy for pulmonary metastases of chondrosarcoma now for 8 years. During the first 5 years both indomethacin (usually 200 mg daily) and cimetidine (earlier 1.6 g daily, recently 3.2 g) were used [115]. Later these drugs were combined with a  $\beta$ 2-adrenergic-blocking agent, sotalol, and an  $\alpha$ 2-adrenergic receptor agonist, clonidine [36]. Vitamins C and E are used to decrease the amounts of oxygen intermediates [38]. Clinical trials are needed to assess the efficiency of this kind of treatment.

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