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Propofol enhances red cell antioxidant capacity in swine and humans

Purpose: To determine the effect of an anaesthetic with antioxidant potential, propofol, on red blood cell (RBC) antioxidant enzyme activities and RBC susceptibility to peroxidative challenge.

Methods: Propofol was administered by intravenous bolus (2.5 mg·kg⁻¹) and continuous infusion (36 and 72 ml·hr⁻¹ in nine swine; 216 ml·hr⁻¹ in two swine), to achieve serum concentrations between 5 and 30 μ g·ml⁻¹ for two hours at each rate. Arterial blood sampling was at 0,10, 30, 60, and 120 min for each rate of infusion, for measurement of plasma propofol concentration, activities of plasma and RBC superoxide dismutase, glutathione peroxidase, gluthathione reductase, RBC catalase, and RBC malondialdehyde (MDA) formation in response to ex vivo oxidative challenge with t-butyl hydrogen peroxide (tBHP; 1.5mM). Antioxidant mechanisms were determined by *in vitro* study of MDA formation, GSH depletion, and oxidation of haemoglobin to methaemoglobin in human erythrocytes exposed to propofol 0–75 μ M. The antioxidant potential of propofol was compared with that of alpha-tocopherol utilising the reaction with 2,4,6-tripyridyl-s-triazine (TPTZ).

Results: Propofol had no effect on plasma or RBC antioxidant enzyme activities. It inhibited RBC MDA production over the range of 0–20 μ g·ml⁻¹ (y = –18.683x + 85.431; R² = 0.8174). Effective propofol concentrations for 25% and 50% reductions in MDA levels were 7–12 and 12–20 μ g·ml⁻¹, respectively. Propofol has a similar effect on human erythrocytes *in vitro* (R² = 0.98).

Conclusion: Propofol antagonises the effects of forced peroxidation of red cells at anaesthetic and sub-anaesthetic concentrations in swine. Its actions include scavenging of oxygen derived free radicals in a tocopherol-like manner.

Objectif: Déterminer l'effet d'un agent anesthésique possédant un potentiel antioxydant, le propofol, sur l'activité d'un enzyme antioxydant des globules rouges (GR) et sur la susceptibilité des GR à une provocation peroxydative.

Méthodes : Le propofol a été administré en bolus intraveineux (2,5 mg·kg⁻¹) et en infusions continues (36 et 72 ml·h⁻¹ chez 9 porcs; 216 ml·h⁻¹ chez 2 porcs) pour obtenir des concentrations sériques entre 5 et 30 µg·ml⁻¹ durant deux heures à chaque vitesse d'infusion. Des prélèvements sanguins par voie artérielle ont été réalisés à 0, 10, 30, 60 et 120 min. pour chaque vitesse d'infusion; on a mesuré la concentration de propofol, l'activité de la superoxyde dismutase du plasma et des GR, de la peroxydase du glutathion, de la réductase du glutathion, de la catalase du GR, ainsi que de la formation dans le GR de la malondialdehyde (MDA) en réponse à une provocation oxydative ex vivo avec le peroxyde d'hydrogène t-butylique (tBHP, 1,5 mM). Les mécanismes antioxydants ont été déterminés par l'étude *in vitro* de la formation de MDA, de la déplétion de GSH ainsi que de l'oxydation de l'hémoglobine en methémoglobine dans des GR humains exposés au propofol 0–75 µM. Le potentiel antioxydant du propofol a été comparé à celui de l'alpha-tocophérol en utilisant la réaction avec le 2,4,6-tripyridyl-s-triazine (TPTZ).

Résultats: Le propofol n'a pas eu d'effet sur l'activité de l'enzyme antioxydant du plasma ou des GR. Il a inhibé la production de MDA par les GR pour tout le spectre de 0–20 μ g·ml⁻¹ (y = -18.683x + 85.431; R² = 0,8174). Les concentrations de propofol efficaces pour obtenir une réduction des taux de MDA de 25 et de 50% étaient respectivement de 7–12 et de 12–20 μ g·ml⁻¹. Le propofol a un effet analogue sur les globules rouges humains *in vitro* (R² = 0,98).

Conclusion : Le propofol, à des concentrations anesthésiques et subanesthésiques chez le porc, antagonise les effets d'une peroxydation forcée des globules rouges. Son mode d'action comporte l'épuration des radicaux libres provoqués par l'oxygène comme le fait le tocophérol.

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NTEREST has been focused on the potential role of anaesthetics in preserving the heart and lung against ischaemia-reperfusion injury (IRI).^{1,2} It has been postulated that the effects of anaesthetics in this setting depend upon whether they increase or decrease oxidant-mediated cell injury. Propofol, a highly lipid soluble anaesthetic with antioxidant activity,^{3,4} may be a useful agent to test the hypothesis that an increase in antioxidant activity may modify or protect against cardiopulmonary IRI.

Previous studies in our laboratory have demonstrated that pretreatment with the antioxidant allopurinol can confer protection in a swine model of heart-lung transplantation which is associated with corresponding increases in the antioxidant capacity of red cells subjected to peroxide challenge ex vivo. 5,6 This finding in red cells might be indicative of a generalised allopurinol-induced increase in tissue antioxidant capacity, and suggests that the antioxidant capacity of red cells may provide a convenient functional measure of drug-induced alterations in tissue antioxidant status. If such were the case, alterations in susceptibility of red cells to in vitro peroxide challenge could be useful in monitoring and optimising the effects of antioxidant agents in both experimental and clinical settings.

The aim of the present study was to investigate the antioxidant properties of propofol in swine using red cell antioxidant capacity as a functional measure of anaesthetic-induced antioxidant alterations in vivo. Our immediate interest was to determine the relationship between propofol concentration and red cell antioxidant capacity that could be applied to further clinical and experimental studies of cardiopulmonary IRI. This work included in vitro study of erythrocytes, to enhance our understanding of propofol's potential antioxidant mechanism(s) of action, at the cell membrane and intracellular level.

Methods

This study was approved by the Institutional Committee on Animal Care at the University of British Columbia. All experimental animals received humane care and treatment in compliance with established guidelines.

Nine, 20–25 kg, fasted, female swine (sus serota domesticus) were anaesthetised with ketamine (20 mg·kg⁻¹) prior to tracheal intubation and placement of intravenous and femoral artery catheters. The lungs were ventilated to normocapnia with air/oxygen (FiO₂ = 0.45), and the animals were monitored with continuous electrocardiography and invasive arterial pressure. Proposol (2,6-diisopropylphenol; 10 mg·ml⁻¹) in soybean oil (100 mg·ml⁻¹), glycerol (22.5 mg·ml⁻¹), and egg lecithin (12 mg·ml⁻¹)

was administered based on the pharmacokinetic data in swine.⁷ Following administration of an intravenous bolus of 2.5 mg·kg⁻¹, propofol was infused with a Harvard pump at a rate of 36, 72 and 216 ml·hr⁻¹ for two hour intervals in each animal to achieve target concentrations of 0-30 µg·ml⁻¹. Depth of anaesthesia was determined by the response to application of a noxious stimulus (clamp forceps applied to the forefoot knuckle) for 10 sec at 5, 10 and 30 min for each rate of infusion. Arterial blood sampling was conducted prior to propofol administration, and then at 10 min, 30 min, 60 min, and 120 min for each rate of infusion, for measurement of plasma propofol concentration, plasma and RBC activities of superoxide dismutase, glutathione peroxidase, glutathione reductase, RBC catalase and RBC malondialdehyde (MDA) formation in response to oxidative challenge with t-butyl hydrogen peroxide (tBHP).

Propofol concentrations were determined using high performance liquid chromatography as reported by Plummer⁸ and applied by Fan et al.⁹ Plasma concentrations are reported as µM and µg·ml-1 (25, 50 and 75 µM equals 4.45, 8.9, and 13.35 µg·ml⁻¹) for the purpose of pharmacologic interpretation and clinical relevance. Superoxide dismutase (SOD) activity in red cells was measured using the procedure of Winterbourne et al., 10 while SOD in plasma was measured utilising the method of McCord and Fridovich.¹¹ Glutathione peroxidase (GPx) was assayed by the procedure described by Paglia and Valentine.¹² Glutathione reductase (GRed) was estimated by the method of Long and Carson.¹³ Analysis of RBC catalase used the method of Aebi. 14 The methodology for the evaluation of erythrocyte susceptibility to lipid peroxidation was as described in previous studies. 15,16 Briefly, aliquots of red cells are subjected to an oxidative challenge involving incubation with t-butylhyroperoxide (tBHP) for 30 min at 37°C. The reaction was terminated by the addition of an aliquot of 28% trichloroacetic acid/0.1M sodium arsenite. Following centrifugation, an aliquot of supernatant was combined with thiobarbituric acid (0.05%) and boiled for 15 min to develop colour. Absorbances measured at 532 nm and 453 nm were used to estimate levels of malondialdehyde (MDA).

Malondialdehyde production and glutathione depletion (described in previous studies ^{15,16}) in red cells were studied *in vitro* using blood taken from human volunteers (ASA I; n=5) and incubated with propofol (0, 12.5, 25, 37.5, 50 and 75 μ M) or each component of carrier vehicle at 37°Celcius. These results were compared to the data from swine following the conversion from μ g·ml⁻¹ to μ M concentration.

The intrinsic antioxidant activity of propofol was compared to that of alpha-tocopherol based on the procedure of Martinek.¹⁷ In this assay, the antioxidant under investigation reduces ferric (Fe+³) iron to the ferrous (Fe+²) form, which in turn reacts with 2,4,6-tripyridyl-s-triazine to produce a blue colour which is measured at 593 nm.

The effect of propofol (0, 12.5, 25, 37.5, 50, and 75 µM) on peroxide-induced oxidation of haemoglobin to methaemoglobin, an alternative mechanism of MDA production, was studied in normal haemoglobin in the presence of propofol, and haemoglobin from red cells pretreated with propofol. Exposure of haemoglobin to peroxide normally produces a colour change due to methaemoglobin formation which is quantified by measuring spectrophotometric absorbance at 630 nm. This result is compared to the result measured following addition of test solutions incubated at 37°C.

Data analysis included determination of mean \pm SD of propofol concentrations and MDA levels prior to regression analysis by the least squares fit method, and analysis of variance. A P < 0.05 or $R^2 > 0.5$ was considered statistically significant.

Results

The first two animals were haemodynamically unstable while receiving propofol at 216 ml·hr⁻¹. Intravenous neosynephrine (1 µg·kg⁻¹, then 0.25 µg·kg⁻¹·min⁻¹) was given to maintain systolic blood pressure >75 mmHg to continue this part of the study. Following centrifugation of blood prior to assay, the supernatants of these specimens were found to be pink, indicating the presence of haemolysis at this dose of anaesthetic. In vitro studies of red cells from these samples confirmed an increased susceptibility to hypotonic lysis. Examination of our initial data in these animals indicated that increasing serum propofol concentration beyond 20–25 $\mu g{\cdot}ml^{-1}$ was associated with less than a ten per cent further change (decrease) in red cell MDA levels. We therefore limited our infusion rate to 36 and 72 ml·hr⁻¹ in the remaining animals.

Propofol concentrations in swine

The concentrations of propofol measured during the 240 min administration in nine animals are shown in Figure 1. There was no response to noxious stimuli in these animals when a mean concentration of $5.57 \pm 2.12 \, \mu g \cdot ml^{-1}$ propofol had been achieved.

Propofol antioxidant capacity in swine

A concentration-dependant effect of propofol on production of MDA in swine red cells challenged *ex vivo* with tBHP (1.5 mM) was observed at sub-anaesthetic

and anaesthetic concentrations (Figure 2). The relationship between MDA production and log plasma propofol concentration in swine was described by regression analysis as y = -18.683x + 85.431; $R^2 = 0.8174$. The effective range of propofol concentrations for a 25% reduction in MDA level was 7–12 $\mu g \cdot ml^{-1}$. A 50% reduction in MDA level was achieved with propofol 12–20 $\mu g \cdot ml^{-1}$. Increasing the concentrations

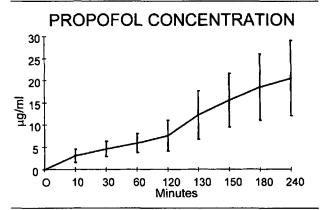


FIGURE 1 Plasma propofol levels in swine Propofol administered as a bolus of 2.5 mg·kg⁻¹, then at 36 and 72 ml·hr⁻¹ for two hours at each rate, in each animal. Results beginning at concentration = 0 are shown as mean ± SD, n = 9.

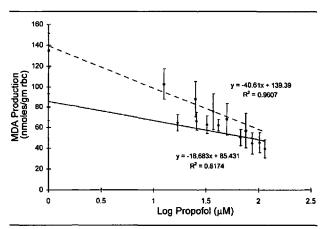


FIGURE 2 Forced peroxidation with 1.5 mM t-BHP in swine and propofol-treated human red cells

Solid line demonstrates results of oxidative challenge of blood taken from nine swine ($ex\ vivo$) and correlated to propofol concentration at nine different intervals during propofol anaesthesia (0, then 2.5 mg·kg⁻¹ and 36 or 72 ml·hr⁻¹). Interrupted line demonstrates results of *in vitro* oxidative challenge of blood from five humans incubated with six concentrations of propofol (0–100 μ M). Results are shown as MDA production (mean \pm SD) of red cells for the nine intervals and six concentrations, respectively, each assayed in quadruplicate.

| TABLE I Oxidative enzymes in plasma and red cells from propofol-treated swine |
|--|
| An increase in propofol concentration produced no change in enzyme levels in plasma or red cells |
| |

| Plasma | | | | RBC | | | |
|---------------|--------------|-------------|---------------|----------------|--------------|----------------|----------------|
| Propofol | Gpx | Gred | SOD | Catalase | GPx | GRed | SOD |
| 0 | 229 ± 44 | 78 ± 6 | 5.2 ± 0.7 | 0.24 ± .03 | 37.8 ± 7 | 3.95 ± 0.5 | 1.39 ± 0.3 |
| 2.8 ± 1.4 | 228 ± 39 | 75 ± 11 | 5.1 ± 0.8 | $0.24 \pm .03$ | 37.8 ± 7 | 3.8 ± 0.49 | 1.41 ± 0.3 |
| 4.4 ± 1.7 | 226 ± 41 | 75 ± 10 | 5.9 ± 1.3 | $0.25 \pm .04$ | 38 ± 7.2 | 3.79 ± 0.8 | 1.38 ± 0.2 |
| 5.6 ± 2.1 | 231 ± 45 | 80 ± 9 | 5.4 ± 1.1 | $0.24 \pm .04$ | 39 ± 7.5 | 3.92 ± 0.6 | 1.30 ± 0.5 |
| 7.3 ± 3.6 | 236 ± 42 | 73 ± 9 | 4.6 ± 0.7 | $0.25 \pm .04$ | 37 ± 7.9 | 3.88 ± 0.9 | 1.43 ± 0.3 |
| 11 ± 3.6 | 221 ± 41 | 73 ± 9 | 5.1 ± 0.6 | $0.25 \pm .04$ | 39 ± 11 | 3.69 ± 0.6 | 1.40 ± 0.3 |
| 14 ± 5.3 | 223 ± 39 | 73 ± 8 | 4.7 ± 1.1 | $0.25 \pm .03$ | 38 ± 8.8 | 3.88 ± 0.5 | 1.39 ± 0.2 |
| 17 ± 6.2 | 223 ± 39 | 73 ± 7 | 5.1 ± 0.9 | $0.25 \pm .04$ | 39 ± 8.8 | 3.79 ± 0.7 | 1.38 ± 0.3 |
| 20 ± 8.8 | 217 ± 40 | 72 ± 10 | 5.2 ± 1.5 | $0.24 \pm .04$ | 38 ± 9.6 | 4.07 ± 0.8 | 1.41 ± 0.3 |

Propofol: µg·ml⁻¹; GPx, GRed = glutathione peroxidase, reductase: nmoles·min⁻¹·ml⁻¹ (plasma); nmoles·min⁻¹mg⁻¹ Hb (red cells); SOD = superoxide dismutase: units·ml⁻¹ (plasma); units·mg⁻¹Hb (red cells); catalase: k·mg⁻¹ Hb

tration of propofol produced no detectable change in plasma or RBC antioxidant enzyme activities in swine (Table I).

In vitro antioxidant mechanisms in human red cells

I. Cellular: Studies of MDA production in human erythrocytes exposed to increasing concentrations of propofol *in vitro* confirmed the direct action of propofol on red cells (Figure 2).

II. Intracellular: Depletion of red cell glutathione (GSH), which occurs at lower concentrations of t-BHP (0.025–0.100 mM), was not detectably altered in human erythrocytes by propofol at concentrations up to 75 μ M in vitro (Figure 3). The soybean oilglycerol-lecithin vehicle had no effect on t-BHP-induced GSH depletion or MDA formation.

Propofol did not prevent the conversion of haemoglobin to methaemoglobin with concentrations up to 75 µM *in vitro*.

In vitro biochemical comparison to tocopherol (Vitamin E) The antioxidant potential for direct scavenging of oxygen-derived free radicals by propofol is compared with that of tocopherol in Figure 4. Propofol was found to have direct antioxidant activity by a scavenging (tocopherol-like) effect. It was approximately one third as potent as alpha-tocopherol when compared on a micromolar basis with this assay system.

Discussion

The present study demonstrated that propofol, when administered *in vivo* at anaesthetically relevant concentrations, exerts antioxidant effects, as manifested in a decreased susceptibility of red blood cells to peroxidative challenge *ex vivo*. This effect is similar in magnitude to that seen with the use of allopurinol, when propofol

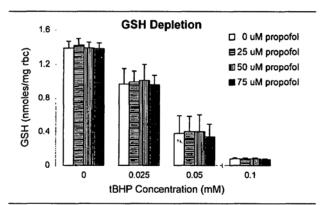


FIGURE 3 In vitro red cell susceptibility to glutathione depletion GSH levels (mean \pm SD) following red cell challenge with tBHP (0–0.1 mM). Propofol (0–75 μ M) did not prevent depletion of cytosolic GSH in response to oxidative challenge. GSH levels did not differ at each concentration of tBPH despite increasing concentrations of propofol.

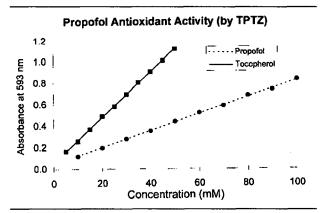


FIGURE 4 Antioxidant capacity of propofol vs alpha-tocopherol TPTZ is an iron colour reagent, 2,4,6-tripyridyl-s-triazine, and an indicator of the reaction from ferric iron (Fe³⁺) to ferrous iron (Fe²⁺). TPTZ can be measured at near 600 nm under the conditions of ferrous iron.

plasma concentration ranges from 12–20 µg·ml⁻¹. By analogy with our previous studies with allopurinol,^{5,6} the effect of propofol on red cells may be indicative of alterations in the antioxidant capacity of tissues generally. Furthermore, these readily demonstrable red cell changes may provide a convenient means of assessing and optimising the effects of antioxidant interventions *in vivo*. The direct correlation with tissue effect will be necessary to substantiate this finding.

The antioxidant effect of propofol may have considerable clinical implications in modifying the course of ischaemia-reperfusion injury of the myocardium and other tissues. The myocardium is particularly vulnerable to oxidative injury because of the low levels of antioxidant enzymes found within this tissue. ^{16,18} Lipid peroxidation of cell membranes is a final common pathway of tissue injury secondary to a variety of noxious stimuli. ¹⁹ In contrast to the myocardium, red cells contain antioxidant enzymes in excess of the amounts necessary for them to withstand oxidant-mediated injury. ²⁰ This surfeit of antioxidant capacity may also serve to protect peripheral tissues such as heart and lung against oxidative injury. ²¹

There has been much interest in the influence of anaesthetics on the development of cardiopulmonary IRI.^{22,23} Anaesthetics could influence the course of IRI by effects on the production or scavenging of oxygen-derived free radicals.24 For example, halothane, enflurane, and high dose isoflurane (>2% end tidal) decrease the mobilisation of intracellular calcium in a dose-dependent manner.²⁵ This reduces the activation of protein kinase C which has been implicated in the generation of superoxide radicals by neutrophils. Therefore, these anaesthetics could inhibit the production of superoxide radicals by their indirect effects on neutrophils. In contrast, isoflurane, in concentrations up to 2% end tidal, can enhance the production of superoxide radicals.25 Moreover, halogenated anaesthetics can be transformed into peroxyl radicals in vitro by oxidants.²⁶ Halothane and isoflurane can also increase oxidant-mediated cell injury in vitro by increasing the production and release of eicosanoids (e.g., thromboxane and $PGF_{1\alpha}$).²

Recently, the intravenous anaesthetic, 2,6-diiso-propylphenol, propofol, has received interest concerning its use in the setting of cardiac surgery where IRI is a risk factor for perioperative ischaemia and myocardial dysfunction.^{27,28} Propofol appears to act as a chain reaction-breaking antioxidant by forming a stable radical,²⁹ and does not seem to be metabolised in mitochondria *in vitro*.²⁹ The free radical scavenging properties of propofol resemble those of BHT³⁰ and of the endogenous antioxidant, alpha-tocopherol (vitamin E).³¹ At

concentrations of 10–30 μg·ml⁻¹, propofol preferentially scavenges organoradical species.⁴

Given its antioxidant potential, it seems likely that propofol could modify the extent of myocardial IRI. Functionally, enhancing red cell antioxidant capacity with propofol may serve to increase the threshold at which tissue injury would occur.

Until recently, the antioxidant potential of propofol has been studied mainly using cell and tissue culture methodologies. However, Kokita and Hara reported that propofol attenuated hydrogen peroxide-induced derangements in an isolated rat heart model.32 Although propofol (25 and 50 µM (i.e., 4.45 and 8.9 ug·ml⁻¹ respectively)) completely suppressed tissue production of MDA, it did not completely attenuate hydrogen peroxide-induced mechanical and metabolic alterations. In this connection, it is interesting to note that propofol exerted no demonstrable effect on the depletion of red cell GSH following exposure to tBHP in the concentration range of 0 to 75 μM (Figure 3). This suggests that propofol may have a differential effect at the level of the cell membrane as compared to the intracellular cytosolic compartment. Alternatively, hydrogen peroxide-induced myocardial alterations may involve factors other than those directly referable to the release of unspecified mediators of injury. The exact mechanism remains to be elucidated.

Propofol's mechanism of action cannot be explained by any effect on antioxidant enzyme activities measured in this model. It has a direct effect on red cell membrane that can be demonstrated *in vitro*, and therefore its protective action on red cells *in vivo* is likely a primary effect rather than a secondary consequence of the drug's action. The stabilisation of red cells against *in vitro* peroxidative challenge by the other lipid soluble anaesthetics, namely the barbiturates, is associated with an inhibition of haemoglobin oxidation to methaemoglobin.³³

This occurs at an intracellular level. Propofol's mechanism is different. Our data show no detectable effect on the conversion of haemoglobin to methaemoglobin in propofol-treated red cells subjected to peroxidative challenge *in vitro*. This confirms that propofol's antioxidant effect occurs at the level of the cell membrane.

Further studies are planned to examine the ability of propofol, at concentrations which we have shown to exert antioxidant effects, to mitigate experimental cardiopulmonary IRI and its sequelae. We are presently studying the correlation between the protective effects of propofol on human RBCs and parallel beneficial actions on cardiopulmonary function compared with those of isoflurane in the setting of cardiac surgery. This includes studies of red cell antioxidant

capacity and pathophysiological changes in a clinical setting where propofol anaesthesia and blood cardioplegia are utilised.

In conclusion, propofol antagonises the effects of forced peroxidation of red cells at anaesthetic and subanaesthetic concentrations in swine. This appears to be direct membrane protection and not related to an effect on intracellular constituents or organelles. The mechanism of action does not involve alterations in antioxidant enzyme activities or stabilisation of heme, but its actions appear to include direct scavenging of reactive oxygen-derived free radicals in a tocopherol-like manner. Antioxidant effects in vivo were maximal at plasma concentrations of 12-20 µg·ml⁻¹ and limited additional benefit was achieved at propofol concentrations >20-25 µg·ml-1. Further study is necessary to establish if the antioxidant properties of propofol may prove clinically useful in reducing damage to tissues subjected to ischaemia-reperfusion.

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