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## A REMARK ON ALMOST EXTENSIONS OF LIPSCHITZ FUNCTIONS

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## ABSTRACT

We present a simpler proof of a result of J. Bourgain on almost extensions of functions satisfying a Lipschitz condition on  $\delta$ -nets.

Theorem 1 of the article [B] is:

Let  $S = \{ \|x\| = 1 \}$  be the unit sphere of the *n*-dimensional normed space E, and let  $\mathcal{E}_{\delta}$  be a  $\delta$ -net in S. Assume that Y is a Banach space and that  $f: \mathcal{E}_{\delta} \to Y$ is a Lipschitz map with constant L. Let  $\tau > C\delta$ . Then there is a map  $\overline{f}: E \to Y$ satisfying

$$\|f(x) - \bar{f}(x)\| \le \tau L \quad \text{for } x \in \mathcal{E}_{\delta},$$
$$\|\bar{f}\|_{\text{lip}} \le C(1 + \delta \tau^{-1}n)L.$$

(C is a universal numerical constant.)

The proof in [B] uses ingenious and delicate arguments. The purpose of this note is to give a transparent and natural proof of the crucial step of the theorem. To make this article self-contained, we include a complete proof of Bourgain's theorem.

We begin with some notation.

Let E be a normed space of dimension n, let K be a convex subset of E, and fix  $\tau > 0$ . Denote by  $B(x, \tau)$  the open ball of radius  $\tau$  in E centered at x, and

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put  $K_{\tau} = \bigcup_{x \in K} B(x, \tau)$ , the  $\tau$ -neighborhood of K. Denote by  $\mu$  the Lebesgue measure on E normalized by  $Vol(B(0, \tau)) = 1$ . We denote by  $\chi$  the indicator function of  $B(0, \tau)$ . Let Y be a normed space. For a mapping  $f: K \to Y$  its Lipschitz constant on K is

$$\|f\|_{\operatorname{lip}(K)} = \sup_{x_1, x_2 \in K} \frac{\|f(x_1) - f(x_2)\|}{\|x_1 - x_2\|}.$$

The result we prove is the following

**PROPOSITION:** Fix  $0 < \delta, L < \infty$ . Let K be a convex subset of E, and assume that the map  $f: K_{\tau} \to Y$  satisfies

(\*) 
$$||f(x_1) - f(x_2)|| \le L(||x_1 - x_2|| + \delta)$$
 for all  $x_1, x_2 \in K_{\tau}$ .

Then the map  $g = f * \chi$ , which is well defined from K into Y, satisfies

(\*\*) 
$$\|g\|_{\operatorname{lip}(K)} \leq L\left(1 + \frac{\delta n}{2\tau}\right)$$

Proof: Consider two points in K. By translating K we may assume that one of them is the origin and denote the other one by x. Put  $B = B(0,\tau)$  and  $B_x = B(x,\tau)$ . Then  $g(0) - g(x) = \int_B f - \int_{B_x} f = \int_M f - \int_{M'} f$ , where  $M = B \setminus B_x$ ,  $M' = B_x \setminus B$ .

Consider the family  $\{L_t = t + \mathbb{R} \cdot x\}_{t \in E}$  of straight lines parallel to x. Each  $L_t$  intersects M and M' in intervals of the same length (which does not exceed ||x||, and is exactly ||x|| in case  $L_t$  intesects  $B \cap B_x$ ).

Let  $c: M \to M'$  be the transformation which translates each interval  $L_t \cap M$ onto the interval  $L_t \cap M'$  along  $L_t$  (Cavalieri transformation).

Fix a hyperplane  $Z \subset E$  such that  $x \notin Z$ , and let P be the projection from E to Z along x, and w(t)  $(t \in E)$  be the length of  $L_t \cap B$ . The Lebesgue measure on E is the product of any two appropriately normalized measures on Z and on the line  $\mathbb{R} \cdot x$ . We normalize the measure on  $\mathbb{R} \cdot x$  by setting the measure of [0, x] to be equal to ||x||. This and the choice  $\mu(B) = 1$  determine the Lebesgue measure,  $\nu$ , on Z, and we have

$$\int_{P(B)} w(z)d\nu(z) = \operatorname{Vol} B = 1.$$

Consider B as the disjoint union of two sets ("wide" and "narrow"):

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$$W = \{t \in B \mid L_t \cap B \cap B_x \neq \emptyset\},$$
$$N = \{t \in B \mid L_t \cap B \cap B_x = \emptyset\} \quad \text{(clearly, } N \subset M\text{)}.$$

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Thus the length of the intersection  $L_t \cap M$  is ||x|| for  $t \in W$  and w(t) for  $t \in N$ . Also

$$\|t-c(t)\|=egin{cases} w(t), & t\in W\cap M,\ \|x\|, & t\in N. \end{cases}$$

Now, we can estimate  $||g||_{\text{lip}(S)}$ :

$$\begin{split} \|g(0) - g(x)\| &= \| \int_{M} f d\mu - \int_{M'} f d\mu \| = \| \int_{M} (f - f \circ c) d\mu \| \\ &\leq \int_{M} \| f - f \circ c \| d\mu \\ &\leq L \int_{M} (\| t - c(t) \| + \delta) d\mu(t) = L \big( \delta \cdot \operatorname{Vol} M + \int_{M} \| t - c(t) \| d\mu(t) \big). \end{split}$$

(The second equality holds because c is measure preserving from M onto M', and the last inequality follows from the condition (\*) of the proposition.)

The last integral will be estimated separately on  $W \cap M$  and on N:

$$\int_{W \cap M} \|t - c(t)\| d\mu(t) = \int_{W \cap M} w(t) d\mu(t)$$
$$= \int_{P(W \cap M)} \|x\| \cdot w(t) d\nu(t)$$
$$= \|x\| \int_{P(W \cap M)} w(t) d\nu(t)$$
$$= \|x\| \cdot \operatorname{Vol} W.$$

(The second equality follows from the normalization of the measures and from the fact that for each  $t, W \cap M$  intersects  $L_t$  in an interval of length ||x||.)

$$\int_{N} \|t - c(t)\| d\mu(t) = \int_{N} \|x\| d\mu(t) = \|x\| \cdot \text{Vol } N.$$

Hence

$$\int_{M} \|t - c(t)\| d\mu(t) = \|x\| \cdot (\operatorname{Vol} W + \operatorname{Vol} N) = \|x\| \operatorname{Vol} B = \|x\|.$$

We also observe that for  $||x|| < 2\tau$ 

$$\operatorname{Vol} M = \frac{1}{2} \operatorname{Vol}(B \Delta B_x) \le \frac{1}{2\tau^n} \left[ \left( \tau + \frac{\|x\|}{2} \right)^n - \left( \tau - \frac{\|x\|}{2} \right)^n \right] = \frac{n}{2\tau} \|x\| + \theta_{\tau,n}(\|x\|),$$

where  $\theta_{\tau,n}(||x||) = o(||x||).$ 

(Indeed,  $B\Delta B_x \subset B(x/2, \tau + ||x||/2) > B(x/2, \tau - ||x||/2)$ .) Combining all the estimates, we obtain

$$\|g(x) - g(0)\| \le L(\delta \operatorname{Vol} M + \int_{M} \|t - c(t)\| d_{\mu}(t)) \le L\left(1 + \frac{\delta n}{2\tau}\right)\|x\| + o(\|x\|)$$

and the result follows from the convexity of  $\mu$  (indeed, for  $h: [0,1] \to Y$ , if

$$\lim_{s o 0} \sup rac{\|h(r+s)-h(r)\|}{s} \leq C \quad ext{ for any } 0 \leq r \leq 1,$$

then clearly  $||h(1) - h(0)|| \le C$ . This proves the proposition.

Remark: The formula for Vol M actually yields estimates for g even when K is not convex.

We now reproduce Bourgain's argument for the final part of the proof of his theorem.

Denote the points of  $\mathcal{E}_{\delta}$  by  $\{x_p\}_1^N$ . Using a translation in Y we may assume that

$$||f||_{\infty} := \max_{1 \le p \le N} ||f(x_p)|| \le 2||f||_{\text{lip}} = 2L$$

Consider a partition of unity  $\{\varphi_p\}$  on S subordinated to the covering  $\{B(x_p, 2\delta) \cap S\}_1^N$ . Define  $f_1: S \to Y$  by

$$f_1(x) = \sum_1^N f(x_p) arphi_p(x).$$

Then  $||f_1||_{\infty} \leq ||f||_{\infty} \leq 2L$ , and  $||f_1(x) - f(x)|| \leq 2\delta \cdot L$  for any  $x \in \mathcal{E}_{\delta}$ . For arbitrary  $z_1, z_2 \in S$ ,

$$\begin{aligned} \|f_1(z_1) - f_1(z_2)\| &\leq \max\{\|f(x_1) - f(x_2)\| \mid x_i \in B(z_i, 2\delta) \cap \mathcal{E}_{\delta}, i = 1, 2\} \\ &\leq L(\|z_1 - z_2\| + 4\delta). \end{aligned}$$

Direct computation shows that if we extend  $f_1$  to all of E by putting

$$\tilde{f}(x) = \alpha(\|x\|) \cdot f_1\left(\frac{x}{\|x\|}\right) \qquad (\tilde{f}(0) = 0),$$

where  $\alpha(t) = \max(1 - |t - 1|, 0)$   $(t \in \mathbb{R}_+)$ , then f satisfies

$$\| ilde{f}(z) - ilde{f}(x)\| \leq 4L(\|z - x\| + \delta)$$

for any  $x, z \in E$ .

Finally, we use the Proposition. Normalize the Lebesgue measure in E by  $Vol(B(0, \tau/8)) = 1$ , let  $\chi$  be the indicator function of  $B(0, \tau/8)$ , and set  $\bar{f} = \tilde{f} * \chi$ . Fix any  $x \in \mathcal{E}_{\delta}$ , then  $\tilde{f}(x) = f_1(x)$ , hence

$$egin{aligned} \|ar{f}(x)-f(x)\| &\leq \|ar{f}(x)-ar{f}(x)\|+\|f_1(x)-f(x)\| \ &\leq 4L( au/8+\delta)+L\cdot 2\delta = L( au/2+6\delta) < au L, \end{aligned}$$

if we choose  $\tau > 12\delta$ .

By the Proposition (with  $\tau$  replaced by  $\tau/8$ , L by 4L, and with K = E — the whole space),

$$\|\bar{f}\|_{\mathrm{lip}} \leq 4L \Big(1 + \frac{\delta n}{2(\tau/8)}\Big) \leq 16L \Big(1 + \frac{\delta n}{\tau}\Big),$$

as demanded.

Remark: In Bourgain's argument  $\overline{f}$  is taken to be  $\overline{f} = \tilde{f} * K_{\tau}$  for  $K_{\tau}$  with special properties, rather than  $\overline{f} = \tilde{f} * \chi$ . Our proposition shows that one can use the simplest convolution (averaging).

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## References

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