Environmental effects on growth and biochemical composition of *Nitzschia inconspicua* **Grunow**

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Abstract

The effects of nitrate and silicate levels, and carbon source on growth, biochemical composition and fatty acid composition of *Nitzschia inconspicua* were investigated using batch cultures. Within the range of silicate levels supplied $(8.8-176 \,\mu M)$, no marked variations in growth trend, biochemical composition or fatty acid composition were shown. Biomass at stationary phase, ranging from 64-66 mg ash-free dry weight (AFDW) L^{-1} , and specific growth rate (μ) based on chlorophyll *a* (0.41–0.50 d⁻¹) of the cultures grown within 0.3–3.0 mM NaNO₃ were not significantly different. Cultures supplemented with glucose (0.1% w/v), acetate (0.1% w/v) or 5% CO₂ attained higher biomass (85, 85, 97 mg AFDW L^{-1}) than the control which was grown in synthetic seawater and agitated by magnetic stirring. Cells grown at $\langle 3.0 \text{ mM } N \text{ a} N \text{O}_3 \rangle$ contained higher carbohydrate contents (14.8–21.5% AFDW) than those grown at 3.0 mM (4.0% AFDW). Lipid content increased at the expense of proteins in cells aerated with 5% CO₂. The dominant fatty acids, 16:0 and 16:1, ranged from $35.7-45.0\%$ and $36.4-45.4\%$ total fatty acids (TFA), respectively, while the relative proportions of 20:4 (n-6) and 20:5 (n-3) ranged from 1.7-5.4% and 3.4-5.9% TFA respectively. Cultures aerated with 5% CO₂ attained the highest biomass (97 mg AFDW L^{-1}) and yield of 20:5 (n-3) (0.34 mg L^{-1}).

Introduction

Some marine diatoms produce significant amounts of long chain polyunsaturated fatty acids (LC-PUFA). Due to the high content of LC-PUFA, especially eicosapentaenoic acid (EPA, 20:5) and docosahexaenoic acid (DHA, 22:6), they are often cultured in hatcheries and used as live feed for prawn and fish larvae (de Pauw & Persoone, 1988). Diatoms from the gen*era Skeletonema, Chaetoceros, Thalassiosira, Phaeodactylum and Nitzschia* are usually rich in LC-PUFA and useful for live feed.

It is advantageous to grow indigenous isolates in hatcheries as they are more tolerant to local conditions. Renaud et al. (1994) screened twelve Australian microalgal isolates (four diatoms) for LC-PUFA. The two marine diatoms *Nitzschia frustulum* *andN. closterium* contained as much as 23.1 and 15.2% of the total fatty acids as 20:5 (n-3), respectively.

In Malaysia, microalgae used as live feed are usually imported and the biochemical composition has not been characterized in detail. Shamsudin (1992) determined the fatty acid composition of *Chaetoceros calcitrans and Skeletonema costatum,* which are commonly used to feed prawn larvae in Malaysia, and found that the proportion of 20:5 (n-3) only ranged from 3-9% of the total fatty acids.

Nitzschia inconspicua is a marine diatom isolated from boat scrapings in Malaysia. The amounts of 20:4 (n-6) and 20:5 (n-3) produced range from 0.6-4.7% and 1.9-8.9% of the total fatty acids respectively (Chu et al., 1994). The proportion of 20:5 (n-3) is highest when the cultures are at the end of the exponential phase.

Changes in the levels of the principal nutrients such as silicon, carbon and nitrogen, can result in marked changes in the biochemical composition and fatty acid composition of diatoms. For example, in *Cyclotella cryptica,* the percentage of carbon partitioned into lipids increases from 27.6% to 54.1% whereas that channelled to carbohydrates decreases from 21.6% to 10.6% after being subjected to silicon starvation (Roessler, 1988). The proportion of 16:1 increases at the expense of $20:5$ (n-3) and $22:6$ (n-3) in the diatom under silicon starvation. The production of 20:5 (n-3) increases with increasing nitrate level in *Phaeodactylum tricornutum* (Yongmanitchai & Ward, 1991). The content of 20:5 (n-3) in *P. tricornutum* is highest when the cultures are supplemented with $CO₂$ at 5 mg L⁻¹.

The aim of the present study was to investigate the effects on the growth, biochemical composition and fatty acid composition of *N. inconspicua* when the cultures were grown at different levels of silicate and nitrate, and on different carbon sources.

Materials and methods

Culture conditions

The cultures of *Niztschia inconspicua* Grunow were grown in conical flasks (2 L) containing synthetic seawater medium (Chu et al., 1994). Axenic cultures on agar slants of the same medium are deposited in the Algal Culture Collection at the Institute of Advanced Studies, University of Malaya. Exponential phase cultures of 100 mL, with an OD_{700} of 0.1, were inoculated into each flask containing 900 mL medium. The cultures were agitated continuously by magnetic stirring (7 cm Teflon stirrer bars) and placed on shelves illuminated by fluorescent lamps (12:12 h LD, 42 μ mol photon $m^{-2} s^{-1}$).

Effect of silicate levels

Silicate was supplied as sodium metasilicate pentahydrate $(Na_2SiO_3.5H_2O)$, with the control containing 8.8 mM Si. An exponential phase culture was placed on the illuminated shelves (without stirring) 24 h before inoculation. After the cells had settled, the supernatant was decanted and cells resuspended by vigorous stirring in medium without silicate, to give an OD_{700} of 0.1. The culture was inoculated into duplicate flasks with medium containing each of the following silicate concentrations: 8.8, 22, 44, 88 and 176 μ M. The cultures were harvested for dry weight determination and chemical extraction when they attained the stationary phase on day 17.

Effect of nitrate levels

Pretreatment of the inoculum was as described in the experiment on silicate levels; the settled cells were resuspended in medium without $NaNO₃$, and the OD70o was adjusted to 0.1. The cells were inoculated into duplicate flasks containing each of the following $NaNO₃ concentrations: 0, 0.3, 0.75, and 3.0 (control)$ mM. Samples (10-20 mL) were withdrawn for growth monitoring. The cultures were harvested by filtration on day 11 for dry weight determination and chemical extraction.

Effect of carbon source

Duplicate cultures were used for each treatment in this experiment. The two organic carbon sources acetate and glucose were autoclaved separately and added to the medium to give a final concentration of 0.1% w/v. A set of duplicate flasks was aerated with 5% $CO₂$ through airstones. The control was agitated only by magnetic stirring. For growth monitoring, 10-20 mL samples were withdrawn daily. The cultures were harvested by filtration on day 17 (stationary phase) for dry weight determination and chemical extraction.

Growth monitoring

Growth of the cultures was monitored daily by determining the chlorophyll a (chl a) concentrations. Chlorophyll *a* was extracted in acetone and left in the dark $(-20 \degree C, 24)$ h) and the concentration determined spectrophotometrically (Strickland and Parsons, 1968). Specific growth rate (μ, d^{-1}) was determined using the following formula:

$$
u=\frac{lnN_1-lnN_0}{t_1-t_0}
$$

where N_1 and N_0 represent chl a concentrations at times t_1 and t_0 within the exponential phase.

Dry weight determination and chemical analyses

Cells trapped on glass-fibre filters (Whatman GF/C, 0.45 μ m) were rinsed with ammonium formate $(HCO₂NH₄)$ solution (30 g L⁻¹) to remove the salts before determination of dry weight (100 °C, 24 h) and

Abbreviations: DW: dry weight; AFDW: Ash-free dry weight a The cultures were harvested on day 17 (stationary phase) except those grown at different NaNO₃ levels, which were harvested on day 11.

 b The control was continuously agitated with magnetic stirring.</sup>

ash (450 °C, 5 h). Separate filtered cells were used for chemical extraction. Lipids were extracted using $MeOH-CHCl₃-H₂O$ (2:1:0.8) and determined gravimetrically according to the method described by Bligh and Dyer (1959). The lipids were transesterified in 1 N sodium methoxide (60 °C, 20 min) (Christie, 1989) and the fatty acid methyl esters were analysed by gas chromatography as described in Chu et al. (1994). Proteins were extracted with 0.5 N NaOH (80 °C, 20 min) and the concentrations determined by the dye-binding method (Bradford, 1976). Carbohydrates were extracted in 2 N HC1 (80 °C, 20 min) and the concentrations determined by the phenol-sulfuric acid method (Kochert, 1978).

Results

Growth trends

harvesting, nitrate was depleted in the cultures grown at 0.3 mM NaNO₃ while only 8.6 mg L^{-1} remained in the cultures grown at 0.75 mM NaNO₃. Excess nitrate $(99.3 \,\mathrm{mg}\,L^{-1})$ was detected in the control. The cultures grown at 0.75 mM NaNO₃ produced the highest growth rate. In comparison to the cultures grown on other carbon sources, those aerated with 5% CO₂ attained the highest biomass based on ash-free dry weight (AFDW). The cultures grew for three days in the medium without $NaNO₃$ after which they remained at stationary phase until the end of the study.

Biochemical composition

The contents of lipids, carbohydrates, proteins and ash ranged from 12.5-20.5%, 3.0-14.0%, 10.8-18.8% and 31.5-41.8% dry weight respectively (Table 2). Cells grown within the range of silicate studied did not exhibit marked differences in biochemical composition. With increasing $NaNO₃$ levels, carbohydrate content decreased whereas lipid content remained almost constant. A marked decrease in protein content was observed in cells grown without $NaNO₃$. Cells aerated with 5% CO₂ contained highest amount of lipids $(32.0\%$ AFDW) but lowest amount of proteins $(15.6\%$ AFDW). Cells supplemented with carbon contained more than double the amount of carbohydrates than the control.

Fatty acid composition

No marked changes in the total content and composition of fatty acids were observed when silicate levels varied from 8.8 to 176 μ M (Table 3). Total fatty acid content decreased significantly in cells grown without $NaNO₃$ (Table 4). The nitrogen-starved cells contained highest percentages of 14:0 and 20:5 (n-3). More 20:4 (n-6) was produced under nitrogen sufficiency than nitrogen starvation. The content of 18:3 (n-3) increased with increasing $NaNO₃$ levels. Cells aerated with 5% $CO₂$ contained the highest quantity of total fatty acids based on AFDW (Table 5). Under such conditions, the proportion of 18:3 (n-3) increased at the expense of 14:0. The percentages of 20:4 (n-6) and 20:5 (n-3) were higher in carbon-supplemented cells than the control.

A comparison of the contents (in mg g^{-1} AFDW) and yields $(mg L^{-1})$ of 20:4 (n-6) and 20:5 (n-3) under the different culture conditions is shown in Table 6. Cultures aerated with 5% CO₂ produced the highest

Silicate levels studied did not significantly affect growth of *N. inconspicua* (Table 1). At the time of

Table 2. Biochemical composition of <i>Nitzschia inconspicua grown under different culture conditions (mean \pm standard deviation, $n=3)$ ^a.

Abbreviations: DW: dry weight; AFDW: Ash-free dry weight

^a The cultures were harvested on day 17 (stationary phase) except those grown at different NaNO₃ levels, which were harvested on day 11.

b The control was continuously agitated with magnetic stirring.

Table 3. Fatty acid composition of *Nitzschia inconspicua* grown at different silicate levels^a.

Fatty acid	Silicate (μM)					
	8.8	22	44	88	176	
				(Control)		
14:0	6.7 ± 0.1	7.8 ± 0.1	6.2 ± 1.0	7.0 ± 0.2	7.3 ± 0.1	
16:0	42.2 ± 0.4	41.5 ± 0.2	42.9 ± 1.3	38.9 ± 1.2	41.4 ± 0.3	
16:1	39.7 ± 1.0	39.0 ± 0.3	39.0 ± 1.0	40.2 ± 0.2	36.7 ± 0.9	
18:1	1.9 ± 0.4	1.3 ± 0.1	1.3 ± 0.3	1.7 ± 0.2	1.6 ± 0.2	
18:2	0.8 ± 0.1	0.7 ± 0	0.9 ± 0.1	0.9 ± 0.1	1.0 ± 0.2	
$18:3(n-3)$	4.5 ± 1.0	4.6 ± 0	4.4 ± 0.9	5.4 ± 0.2	6.1 ± 0.4	
$20:4(n-6)$	0.8 ± 0.2	0.9 ± 0.1	0.8 ± 0.1	1.3 ± 0.3	1.6 ± 0.2	
$20:5(n-3)$	3.4 ± 0.4	3.9 ± 0	4.5 ± 1.8	4.3 ± 0.3	4.1 ± 0.1	
Total fatty acids						
$mg g^{-1}$ lipids	189.3 ± 37.1	186.7 ± 7.8	180.0 ± 18.1	181.3 ± 7.8	182.3 ± 19.6	
$mg g^{-1}$ AFDW ^b	58.2 ± 11.4	52.1 ± 2.2	51.8 ± 5.2	54.0 ± 2.3	53.4 ± 5.7	

a The cultures were harvested on day 17 (stationary phase).

b AFDW: Ash-free dry weight.

yield of 20:5 (n-3) while those grown on acetate produced the highest yield of 20:4 (n-6).

Discussion

Growth trends

Under the present culture conditions, the specific growth rates of *Nitzschia inconsnicua* ranged from

Fatty acid	$NaNO3$ (mM)			
	0	0.3	0.75	3.0 (Control)
14:0	6.2 ± 0.2	4.2 ± 0.1	4.1 ± 0.2	4.1 ± 0.2
16:0	45.0 ± 0.3	45.0 ± 0.6	39.0 ± 0.4	38.1 ± 0.4
16:1	36.4 ± 0.2	36.8 ± 0.7	38.2 ± 0.7	$37.5 + 0.5$
18:1	2.2 ± 0	1.4 ± 0.1	2.2 ± 0.1	$2.0 + 0.1$
18:2	0.9 ± 0	$0.7 + 0.1$	1.1 ± 0.1	1.2 ± 0.1
$18:3(n-3)$	0.8 ± 0.1	3.3 ± 0.3	7.2 ± 0.2	7.0 ± 0.2
$20:4(n-6)$	0.7 ± 1.0	0.9 ± 0.1	1.7 ± 0.1	1.4 ± 0.2
$20:5(n-3)$	5.9 ± 0	4.3 ± 0.1	3.5 ± 0	4.8 ± 0.1
Total fatty acids				
$mg g^{-1}$ lipids	118.7 ± 15.2	308.0 ± 9.4	248.0 ± 0	232.7 ± 19.0
$mg g^{-1}$ AFDW ^b	24.1 ± 3.1	77.6 ± 2.4	52.1 ± 0	58.9 ± 4.8

Table 4. Fatty acid composition of *Nitzschia inconspicua* grown at different levels of $NaNO₃^a$.

a Cultures were harvested on day 11.

b AFDW: Ash-free dry weight

Table 5. Fatty acid composition of *Nitzschia inconspicua* grown on different carbon sources^a.

Fatty acid	Control ^b	Carbon source			
		Acetate	Glucose	5%CO ₂	
14:0	4.3 ± 0.2	4.4 ± 0.2	$5.2 + 0.4$	2.8 ± 0.2	
16:0	43.4 ± 0.5	35.7 ± 0.6	36.4 ± 0.2	36.9 ± 0.3	
16:1	42.2 ± 0.6	38.8 ± 0.8	40.4 ± 0.8	45.4 ± 0.3	
18:1	1.4 ± 0.1	$1.9 + 0.4$	$1.9 + 0.4$	$1.0 + 0.1$	
18:2	1.7 ± 0.3	1.1 ± 0.1	2.3 ± 0.2	1.0 ± 0.1	
$18:3(n-3)$	2.0 ± 0.9	4.5 ± 0.8	4.0 ± 0.9	5.1 ± 0.6	
$20:4(n-6)$	1.2 ± 0.3	3.9 ± 0.2	3.3 ± 0.1	1.7 ± 0.1	
$20:5(n-3)$	4.0 ± 0.7	5.2 ± 0.3	5.6 ± 0.3	4.9 ± 0.1	
Total fatty acids					
$mg g^{-1}$ lipids	290.3 ± 4.8	299.7 ± 0	290.3 ± 4.4	224.7 ± 0	
$mg g^{-1}$ AFDW ^c	57.4 ± 0.9	63.8 ± 0	67.4 ± 1.0	72.0 ± 0	

a Cultures were harvested on day 17.

b Control agitated continuously with magnetic stirring.

c AFDW: Ash-free dry weight.

0.25 to 0.44 d^{-1} and were lower than that for *N. frustulum* (0.75–0.80 d⁻¹) (Renaud & Parry, 1994). The growth of *N. inconspicua* was not affected even though the silicate level was reduced to one-tenth of that in the control. Doubling of the control level of silicate also did not enhance growth. Thus, the range of silicate levels supplied (8.8–172 μ M) was probably growthsaturating.

Biomass and μ of *N. inconspicua* were not affected when the $NaNO₃$ level was reduced to one-tenth of the

control (0.3 mM). In comparison, biomass of *Phaeodactylum tricomutum* was similar when grown at 8.1- 24.2 mM nitrate but decreases when the concentration is reduced to 4.0 mM (Yongmanitchai & Ward, 1991). *N. inconspicua* was able to grow in medium without nitrate for three days. The nutrient was not detected in the medium throughout the study. It was unlikely that the diatom grew on nitrate 'carried over' from the inoculum. The cells probably utilized the stored internal nitrogen as large pools of nitrogen compounds,

Treatment	$20:4(n-6)$			$20:5(n-3)$		
	$mg g^{-1} DW$	$mg g^{-1}$ AFDW	$mg L^{-1}$	$mg g^{-1} DW$	$mg g^{-1}$ AFDW	$mg\overline{L^{-1}}$
Silicate (μM)						
8.8	0.31	0.47	0.045	1.30	1.98	0.189
22	0.32	0.47	0.045	1.39	2.03	0.195
44	0.25	0.41	0.037	1.43	2.33	0.214
88 (Control)	0.45	0.70	0.065	1.49	2.32	0.215
176	0.53	0.85	0.077	1.37	2.19	0.200
Nitrate (mM)						
0	0.11	0.17	0.005	0.92	1.42	0.044
0.3	0.44	0.70	0.045	2.10	3.34	0.216
0.75	0.56	0.89	0.056	1.16	1.82	0.116
3.0 (Control)	0.54	0.82	0.053	1.84	2.83	0.182
Carbon source						
Control ^b	0.44	0.69	0.055	1.45	2.30	0.181
Acetate	1.60	2.49	0.211	2.14	3.32	0.282
Glucose	1.29	2.22	0.190	2.20	3.77	0.324
5% CO ₂	0.78	1.22	0.118	2.24	3.53	0.339

Table 6. The amounts and yields of arachidonic acid and eicosapentaenoic acid of *Nitzschia inconspicua* under different culture conditions^{a}.

 a Cultures were harvested on day 17 (stationary phase) except those grown at different NaNO₃ levels, which were harvested on day 11.

b Control was agitated continuously with magnetic stirring.

Abbreviations: DW: dry weight; AFDW: Ash-free dry weight

including nitrate which is unassimilated, are known to accumulate in diatoms, as shown in *Skeletonema costatum* (Dortch, 1982).

N. inconspicua grew best when aerated with 5% $CO₂$; however, addition of organic carbon (glucose and acetate) only enhanced growth slightly. The diatom probably lacked an efficient transport system for these organic carbon sources. Organic carbon can be utilized by diatoms under heterotrophic conditions as shown in *N. laevis, Navicula incerta* and *N. pelliculosa* which grow well on glucose in the dark (Tan & Johns, 1994). In comparison, *N. angularis* does not take up glucose at significant rates when incubated in the light (Lewin & Hellebust, 1976).

Biochemical composition

Cells of *N. inconspicua* were highly silicified, as indicated by the high amount of ash which ranged from 33.3 to 46.7% dry weight. Ash may make up 27 to 55% dry weight of diatoms (Nalewajko, 1966). The ash content of *N. inconspicua* is much higher than that reported for other species of *Nitzschia: N. closterium,*

21.1% dry weight *and N. frustulum* 20.3% dry weight (Renaud et al., 1994). Vigorous stirring is required to keep the diatom cultures in suspension due to the heavily silicified cells.

The proteins and lipids in *N. inconspicua* were distributed in almost equal proportions whereas that of carbohydrates was generally low, except in nitrogen starved cells. In comparison, proteins form the major organic constituent followed by lipids in *N. closterium* and *N. frustulum,* whereas carbohydrates consist less than 10% of their dry weight (Renaud et al., 1994).

Silicate limitation leads to lipid accumulation in *Chaetoceros gracilis, Hantzschia* sp. and *Cyclotella* sp. (Taguchi et al., 1987). The range of silicate concentrations used was not limiting for growth, therefore biochemical composition of *N. inconspicua* was not affected.

Nitrogen starvation led to an increase of carbohydrates at the expense of proteins while the lipid content remained almost unchanged in *N. inconspicua.* In contrast, lipid content increases under nitrogen starvation in *N. palea* (Shifrin & Chisholm, 1980).

The exogenous carbon supplied was probably channelled for carbohydrate synthesis in *N. inconspicua.* Aeration with 5% CO₂ led to an increase of the lipid content in *N. inconspicua,* contrasted with trend shown by *Phaeodactylum tricornutum* which produces more proteins instead (Chrismadha & Borowitzka, 1994).

Fatty acid composition

The total fatty acid content of *N. inconspicua* ranged from 15.6 to 48.9 mg g^{-1} dry weight, within the range reported for other species such as *N. closterium* and *N. frustulum* (Renaud et al., 1994). The fatty acids of *N. inconspicua* were dominated by 16:0 and 16:1 irrespective of culture conditions. The dominance of 16:0 and 16:1 has been reported for *N. longissima* and *N. ovalis* (Orcutt & Patterson, 1975). The proportion of 20:5 (n-3) in *N. inconspicua* is lower than that for other species of *Nitzschia,* including *N. angularis* (Kyle et al., 1988), *N. closterium, N. frustulum* (Renaud et al., 1994) and *N. laevis* (Tan & Johns, 1994). The proportions of C18 fatty acids are generally low in *Nitzschia* spp,. except in the heterotroph *N. laevis* (Tan & Johns, 1994).

Nitrogen starvation enhanced total fatty acid content of *N. inconspicua,* and highest yield of 20:5 (n-3) was produced when grown at low $NaNO₃$ level. Such trend contrasted with that shown by *Phaeodactylum tricornutum* where production of 20:5 (n-3) increases with increasing supply of nitrate (Yongmanitchai & Ward, 1991).

The cultures should be aerated to increase the production of 20:5 (n-3) in *N. inconspicua,* contrasted with that shown by *Phaeodactylum tricornutum* (Chrismadha & Borowitzka, 1994).

Potential of Nitzschia inconspicua *as aquaculturefeed*

N. inconspicua consists of considerable amounts of lipids and carbohydrates but only low amounts of the $20:4$ (n-6) and $20:5$ (n-3). It may not be suitable as a monoalgal diet for maricultured animals. However, it would be useful as a component of mixed algal diet, consisting of other LC-PUFA-rich species such as *Nannochloropsis oculata, Pavlova lutheri* and *Isochrysis* sp. (Dunstan et al., 1993). As the cells have a good settling rate, biomass of *N. inconspicua* may be easily harvested as a live feed. Further manipulative studies should be conducted to increase production of biomass and LC-PUFA.

Conclusion

Silicate level as low as 8.8 μ M (one-tenth of the control) did not affect the growth trend, biochemical composition and fatty acid composition of the diatom. Within the range of NaNO_3 supplied (0-3.0 mM), the cultures of *N. inconspicua* should be grown at 0.3 mM NaNO₃ in order to produce the highest yield of 20:5 (n-3). Cultures should be aerated with 5% CO₂ to increase production of biomass, lipids and 20:5 (n-3).

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