Dr. Nelson is Chairman, Self-Assessment Committee, American Society of Colon and Rectal Surgeons.

The Self-Assessment Quiz consists of four questions so arranged that the examinee can study the questions, answer them as she/he believes fit, and then refer to a designated page for the correct answers, critiques, and references. Questions are selected from the newly prepared Syllabus IV (which is a part of the American Society of Colon and Rectal Surgery Educational Program: CARSEP). Syllabus IV contains 250 questions, answers, references, and critiques. Over 200 of the questions are completely new; the balance comprises updated and revised questions from Syllabus III. All are provided by the Self-Assessment Committee of the American Society of Colon and Rectal Surgeons.

The purpose of this section is to stimulate the physician to undertake additional study of the subject matter involved to broaden his/her knowledge. This is made easier by the reference listings, which are current and usually readily obtainable in the average hospital library. If the physician consistently adheres to this format, issue after issue, greater competency and improved patient care can be expected.

Syllabus IV is available for home study by sending a request and a check for \$200.00 to the American Society of Colon and Rectal Surgeons, 85 West Algonquin Road, Suite 550, Arlington Heights, Illinois 60005. Self-Assessment Examination No. 10 will be available by mail. Using Syllabus IV and then taking the examination will earn 50 category I CME credit hours for the Questions participant.

- 1. All of the following comments concerning the pathophysiology of internal hemorrhoidal disease are true EXCEPT (choose the best answer):
 - A. There is no proven association of internal hemorrhoids with prolonged standing.
 - B. Chronic straining at stool is associated with formation of internal hemorrhoids.
 - C. The anal cushions are usually supported in position in the anal canal by the muscularis submucosa or Treitz's muscle.

- D. The chronic diarrhea of Crohn's disease may present with internal hemorrhoidal disease.
- E. Enlarged internal hemorrhoids are associated with decreased resting pressure in the anal canal.
- 2. Perineal ulceration in homosexual males is associated with all of the following infections EXCEPT (choose the best answer):
 - A. Chancroid.
 - B. Chlamydia trachomatis.
 - C. Cytomegalovirus.
 - D. Herpes simplex virus.
 - E. Syphilis.
- 3. Proctitis in homosexual males is associated with all of the following infections EXCEPT (choose the best answer):
 - A. Chlamydia trachomatis.
 - B. Cytomegalovirus.
 - C. Herpes simplex.
 - D. Neisseria gonorrhoeae.
 - E. Syphilis.
- 4. All of the following statements about the pelvic nervous system are true EXCEPT (choose the best answer):
 - A. Before dividing into left and right branches, the preaortic sympathetic chain nerve fibers form the hypogastric plexus.
 - B. Care must be taken to avoid injury to the pudendal nerve during mobilization of the rectum.
 - C. Sacral parasympathetic nerves originate from the second, third, and fourth sacral nerves.
 - D. Sympathetic nerve fibers to the rectum are derived from the first lumbar segments of the spinal cord.
 - E. The pelvic plexuses contain both sympathetic and parasympathetic fibers.

See page 632 for answers.