

Massive Cerebral Air Embolism Following Cardiopulmonary Resuscitation. Report of Two Cases

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Summary

Cerebral air embolism can occur in a number of situations. We report two cases of massive cerebral arterial air embolism following cardiopulmonary resuscitation, and its mechanism is discussed.

Keywords: Head injury; cardiopulmonary resuscitation; cerebral air embolism; computerized tomography.

Introduction

Cerebral air embolism can occur in a number of situations, such as head trauma³, chest trauma, cervical trauma, Caisson's disease, scuba diving⁶, neurosurgical operations (especially in the sitting position), gynae-cological surgery⁴, pulmonary barotrauma, pneumo-thorax, percutaneous biopsy of the lung^{2, 11, 24}, lung cancer, arterial or venous catheterization¹³, cardiothor-acic trauma or surgery^{18, 22}, mechanical positive pressure ventilation^{1, 5, 17}, oesophagoatrial fistula¹⁹, intra-aortic balloon pumping catheter insertion^{7, 8}, angio-graphy^{20, 23}, haemodilution, intravenous transfusion, and other diagnostic or therapeutic procedures.

Two cases of massive cerebral arterial air embolism associated with posttraumatic cardiopulmonary resuscitation²⁵ are reported and its possible mechanism is discussed.

Case Reports

Case 1

A 40-year-old male received a head injury when falling from his bicycle on December 27, 1989. On admission, he was in cardiorespiratory arrest. Cardiopulmonary resuscitation was performed; however, he died 1 hour after admission. A CT scan of the head half an hour after admission showed multiple skull fractures of the frontal bone and the skull base, pneumocephalus in the frontal region, and scattered massive air embolism in the cerebral arteries (Fig. 1).



Fig. 1. Case 1. A CT scan of the head half an hour after admission showed multiple skull fractures in the frontal bone and the skull base, pneumocephalus in the frontal region and scattered massive air in the cerebral arteries

Case 2

A 11-month-old girl received minor head trauma on June 10, 1991, and her mother brought her to our neurosurgical department on the June 11 in the morning. Clinical examination and skull X-ray revealed no abnormal findings. After returning home, she drunk tea and slept. While sleeping, she vomited and suffocated. When she was transported to our hospital by an ambulance, she was in cardio-respiratory arrest. She was intubated and vigorously ventilated by a manual bag. Cardiac resuscitation was also performed. But she died 1 hour after admission. A chest X-ray half an hour after admission showed pneumothorax and a CT scan of the head showed air-filled cerebral vessels (Fig. 2 a and b).

Discussion

Cerebral air embolism is often produced either accidentally or iatrogenically. Cerebral air embolism may occur in two ways: one as a part of decompression sickness⁶ and the other as a complication of various medical procedures^{12, 14, 15}. It is pointed out that po-



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Fig. 2. (a, b) Case 2. A CT scan of the head half an hour after admission showed diffusely air-filled main trunks of the anterior and middle cerebral arteries

sitive pressure ventilation may produce pulmonary barotrauma and can cause cerebral air embolism^{1, 5, 17}. It is very rare that air bubbles are detected by skull Xray²¹ and computerized tomography^{9, 10, 12, 16} in the case of cerebral air embolism.

In our adult case, it seemed that massive air entered the venous circulation via a traumatic shunt within the lung due to the traffic accident, then to the arterial circulation by the mechanical force of cardiopulmonary resuscitation. In our baby case, on the other hand, it seemed that the mechanical impact of cardiopulmonary resuscitation resulted in pulmonary barotrauma and pushed massive air into the arterial circulation and thus the intracerebral arteries. Some artificial force in cardiopulmonary resuscitation seems necessary to push air into the intracerebral arteries to the extent of being detectable on a skull X-ray.

Massive air embolism may be fatal. However, in our two cases, air embolism did not seem to be the direct cause of death, since there was already cardio-respiratory arrest on admission. We would rather make a point that the massive air embolism to the extent of being detectable even by skull X-ray can be caused by the mechanical force during cardiopulmonary resuscitation.

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