

ANNOUNCEMENTS

**The Fifth International Symposium on Exercise and Sport Biology:  
Muscular function in exercise and training with special references  
to human locomotion**

**9–12 February 1995, Arénas, Nice, France**

*Organizers:*

P. Marconnet, Laboratoire de Biomécanique et Biologie de l'Exercice de l'Université de Nice,  
Sophia Antipolis, France  
B. Saltin, Institut A. Krogh, Copenhague, Danemark  
P. Komi, Département Biomécanique des Activités Physiques, Jyvaskyla, Finlande  
J. Poortmans, Université Libre de Bruxelles, Belgique

The symposium language is English.

*For further information, please contact:*

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**2nd International Workshop on Assessment of Health-Related  
Fitness UKK Institute, WHO Collaborating Centre**

**5–10 March 1995, Tampere, Finland**

Increasing evidence indicates that physical activity is an important promoter of positive health. Good fitness and functional capacity are related to physical activity and reveal health potential. **The workshop provides the knowledge base and practical skills for conducting, teaching and counselling health-related fitness testing** in adult population. Target groups are physicians, physiotherapists, fitness testers, exercise counsellors, researchers and other health educators with experience in practical fitness testing. The workshop consists of pre-reading, lectures, group work, demonstrations and practical exercises. Presentation of the adult EUROFIT test battery is included in the workshop.

Application forms can be ordered from the UKK Institute. Deadline for the registration is 15th January 1995. The workshop fee is FIM 2.400. A maximum of 25 participants will be accepted.

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