TERRESTRIAL SNAILS AS QUANTITATIVE INDICATORS OF ENVIRONMENTAL METAL POLLUTION

BURKHARD BERGER and REINHARD DALLINGER Institut für Zoologie der Universität Innsbruck, A-6020 Innsbruck, Austria.

(Received: October 1991)

Abstract. Concentrations of cadmium, lead, copper and zinc were measured in individuals *of Arianta arbustorum* from different urban sampling sites. In comparison to snails from a reference site, the animals collected in the city showed higher concentrations of cadmium, lead, and copper, indicating elevated levels of metal pollution. The most pronounced difference in tissue concentrations between control animals and contaminated snails was observed for lead. Within the city, metal levels in snails differed significantly, even between adjacent populations.

Arianta arbustorum is a suitable species for biomonitoring, because it is widespread, resident and easy to collect; it has a high capacity for metal accumulation and shows different concentrations depending on metal contamination of the sampling area. An interspecific comparison of metal concentrations in terrestrial gastropods was conducted to define background levels and classes of burden. Three pollution levels are distinguished on the basis of the snails' metal burden: no pollution (class 1: reference sites), moderate (class 2: traffic and other human activities in urban areas), and high pollution (class 3: mining and heavy industry).

1. Introduction

Because some species of molluscs accumulate high amounts of metals (Martin and Flegal, 1975; Howard and Simkiss, 1981; Russel *etal.,* 1981; Viarengo *etal.,* 1981; Ward, 1982; Dallinger and Wieser, 1984; Kurihara and Suzuki, 1987; Knutti *et al.,* 1988) and reflect the levels of bioavailable metals in their environment (Coughtrey and Martin, 1977; Bryan *et al.,* 1984; Talbot, 1985; Balogh, 1988; Czamezki, 1987; Lyngby, 1987; Cossa, 1988) these animals are often used as quantitative indicators of metal pollution. Bivalve molluscs, in particular, combine several advantageous features for use in biomonitoring surveys (Goldberg, 1975; Philips, 1976; Talbot, 1986; Cossa, 1989) and they have been more frequently employed as biomonitors of metals in aquatic environments than have species of any other group of organisms (Philips, 1990). Marine mussels such as *Mytilus spp.* (Talbot, 1985; Lyngby, 1989; Cossa, 1988) and freshwater species such as *Lampsilis ventricosa* (Czamezki, 1987), *Unio pictorum* (Balogh and Salanki, 1987; Balogh, 1988) and *Corbicula spp.* (Doherty, 1990) have been successfully used as monitor organisms. Gastropods have been less extensively studied as potential biomonitors than bivalve molluscs. Only few data, however, are available for terrestrial pulmonates. Several factors are known to influence metal concentrations in snails, for example body weight (Coughtrey and Martin, 1982), temperature (Meincke and Schaller, 1974), season (Williamson, 1979; Williamson, 1980), diet and microhabitat (Greville and Morgan, 1989), so that an accurate analysis of these factors is required.

66 BURKHARD BERGER AND REINHARD DALLINGER

For individuals of a certain species to be useful as indicator organisms this species must meet a number of prerequisites (Butler *et al.,* 1971; Philips, 1980; Wren, 1986; Amdt *et al.,* 1987). In the present study the value of the terrestrial snail *Arianta arbustorum* as a quantitative indicator of metal pollution in an urban area was evaluated by means of a list of criteria, which can be summarized under the following headings:

- *Practical prerequisits:* distribution; abundance; ease of sampling, identification and handling; etc.
- *Metal accumulation and influencing factors:* dependence of rates of metal uptake and excretion on body size, age, season, weather, etc.; synergistic or antagonistic effects.
- *Incorporation of the results in a reference system:* definition of background concentrations and of different levels of burden to allow an assessment of the environmental situation of the study area.

2. Material and Methods

2.1. STUDY AREA AND SAMPLING OF THE SNAILS

Innsbruck (Tyrol, Austria), a city of approximately 120000 inhabitants, is situated in an alpine basin at a height of 560 m above sea level. Although there is no heavy industry, such as smelting and metal works, the city is an important traffic junction. Thus the main sources of metal pollution in Innsbruck are traffic exhausts, followed by emissions from heating systems and a few industrial plants (Dallinger *et al.,* 1989).

To ascertain whether the metal concentrations of *Arianta arbustorum* differ according to their habitat, the sampling sites were distributed over a large area and were selected to provide as wide a variety as possible. A wood eight kilometers to the east of the city and more than one kilometer from the next public road was defined as reference area (sampling site I). Sampling site II was a private garden in an old residential district now directly situated along a road of average traffic density. Another garden in the vicinity, separated from the road by a building, was designated as sampling site II*. Sampling site III was a hedge in the industrial zone in the west of Innsbruck and enclosing a printing office and a garage. The verge of an arterial road with dense traffic was chosen as sampling site IV. Sampling site V was a meadow with solitary bushes along a highway in the south of Innsbruck. At each of the sampling sites in the city of Innsbruck twelve snails with a body weight of about 0.3 g (dry weight without shell) were collected for determination of their metal concentrations (Table I). The following factors were examined:

• differences between the metal concentrations of *Arianta arbustorum* from sites listed in Table I, A;

TABLE I Description of sampling sites, numbers (n) and body dry weights $(means \pm standard deviations)$ of the snails.

- metal burden in snails from two adjacent populations at sites II/II^* (Table I, B);
- seasonal pattems of metal concentrations within one period of activity on sites II and III (Table I, C).

2.2. PREPARATION OF SAMPLES AND METAL ANALYSES

After removal of the shells, the tissues of the snails were put into screw-capped polypropylene tubes (Greiner, Austria), dried at 60°C for several days and weighed. The samples were digested with a mixture $(1 : 1)$ of 1-2 ml of nitric acid (Suprapure, Merck) and distilled water in a heated aluminium block at 70°C. The concentrations of cadmium, lead, copper and zinc were measured by means of flame atomic absorption spectrophotometry (Perkin Elmer, model 2380) using an airacetylene fuel mixture. Calibration was carried out using metal standard solutions (Titrisol, Merck) diluted with distilled water and nitric acid at the same ratio as the samples. The accuracy of the extemal calibration method was confirmed by the

use of certified reference material (Lobster hepatopancreas, TORT 1, NRC). Metal concentrations were found to be within the accepted means for reproducibility.

3. Results

3.1. METAL CONCENTRATIONS OF *Arianta arbustorum* FROM DIFFERENT SAM-PLING SITES

3.1.1. Cadmium

A concentration of 6.5 μ g/g (dry wt.) was found in snails from sampling site I (controls), this concentration being significantly lower than that of snails collected in the urban region, with the exception of those from sampling site V (Figure la). As indicated in Figure la, statistically significant differences also exist within the cadmium concentrations of snails from the urban sites. On an average, snails living in an urban environment show a concentration of cadmium twice as high as that of the reference animals. The highest average concentration (14.46 μ g/g) was found in snails from sampling site IV, which is situated directly beside a main road.

3.1.2. Lead

Compared to the other metals, concentrations of lead show the most pronounced intersite differences ranging from 4.8 μ g/g at sampling site I to 22.8 μ g/g at sampling site IV. The level of lead in animals from sampling site I is significantly lower by a factor of 3.5, 3, 5, and 3 for sites II, III, IV, and V respectively (Figure lb). The mean level of lead in snails inhabiting urban areas is 3.5 times higher than the background values. Snails living near a main road (sampling site IV) have significantly higher concentrations of lead than snails from any of the other sampling sites (Figure 1b), thus indicating traffic exhausts as the main source of lead contamination in the vicinity of roads.

3.1.3. Copper

The copper concentration in control animals (sampling site I) is significantly lower than that found in snails from the other sampling sites (Figure lc). The level of copper is elevated by a factor of between 2 and 4 in snails from the urban sites, reaching a maximum of 400 μ g/g on sampling site II. The concentrations in snails from this site are significantly higher than from any other site.

3.1.4. Zinc

The lowest average concentration of zinc is 130 μ g/g, and is found in control animals, the highest is 301 μ g/g, measured in snails from V (Figure 1d). This means a difference of a factor of 2.5. But on an average, the zinc levels of urban snails (sampling sites II-V) are 1.5 times above the control level, which is lower than the factors found for cadmium, lead and copper.

In conclusion, the following picture can be drawn: individuals of *Arianta arbus-*

Fig. 1. Mean concentrations $(\pm$ standard deviations) of (a) cadmium, (b) lead, (c) copper, and (d) zinc in specimens *ofArianta arbustorurn* from sampling sites I-V in Innsbruck. Metal concentrations of different sites were compared by Student's t-test. The results of this test are shown below each diagram, levels of significance are indicated by symbols, as follows: ns...not significant ($p \ge 0.05$); *... $p \le 0.05$; **... $p \le 0.01$.

torum from the control area (sampling site I) show the lowest concentrations for all metals measured. Snails from urban sites invariably show significantly higher metal levels. This is most pronounced for lead, followed by copper, cadmium and zinc. Sampling site IV, close to a main road, is the most contaminated site with respect to lead and cadmium. The highest concentrations of copper were found on

70 BURKHARD BERGER AND REINHARD DALLINGER

site II, and the highest zinc concentrations were measured on site V. A comparison of the urban sampling sites (II-V) often also shows significant differences in metal levels (Figure 1), which points to a sophisticated pattem of metal burden in this area.

3.2. DIFFERENCES BETWEEN TWO CLOSELY ADJACENT SNAIL POPULATIONS

Figure 2 shows the mean concentrations of cadmium (Figure 2a), lead (Figure 2b), copper (Figure 2c) and zinc (Figure 3d) in snails collected on sites II and II*. Apart from zinc, metal concentrations differ significantly between these two populations, which are separated only by a building. The concentration of copper is three times higher on site II than on site II^{*}. Snails near the road (sampling site II) also carry higher amounts of cadmium and lead than those only 20 m away (sampling site II*).

3.3. SEASONAL VARIATIONS IN METAL CONCENTRATIONS

Figure 3 shows the pattems of metal concentrations during the year in snails from sites II and III. In snails from site II the only change found was in the concentration of zinc during one season, whereas in animals collected on site III the concentrations of cadmium, lead and zinc all showed significant seasonal variations. During the summer, when the concentration of cadmium showed a maximum, the concentrations of zinc and lead decreased continuously. No significant seasonal variations were found for copper.

4. Discussion

4.1. CRITERIA FOR THE SELECTION OF *Arianta arbustorum* AS INDICATOR SPECIES

A number of ecological and biological attributes of the helicid land snail *Arianta arbustorum* largely fulfill the preconditions of a suitable bioindicator: *Arianta arbustorum* is common in a variety of mostly moist habitats in north-westem and central Europe (Kemey *et al.,* 1983), its range extends from the lowland up to an altitude of 2,700 m (After, 1990). Habitats resulting from human activities like gardens, parks, hedges, road verges, traffic islands and so on, are regularly inhabited by *Arianta arbustorum*, where up to 43 individuals/ m^2 can be found (Baur and Baur, 1990). At the sampling sites in the city of Innsbruck numerous individuals of *Arianta arbustorum* were collected within a period of time. Because of its ubiquitous and wide distribution, *Arianta arbustorum* could be used for biomonitoring in many regions of Europe, especially in industrial and urban areas.

In order to be regarded as representative of the study area, an indicator organism should be sedentary or its activity range should be restricted (Butler *et al.,* 1971). Baur and Baur (1990) found that the average displacements of individuals of *Arianta arbustorurn* ranged from 1.5 to 4.9 m within one season and that roads are barriers to the snails' dispersal. These results suggest that snail populations in towns dissected by paved roads may be isolated from each other. In this study

Fig. 2. Mean concentrations $(\pm$ standard deviations) of (a) cadmium, (b) lead, (c) copper, and (d) zinc in **specimens of** *Arianta arbustorum* **from sampling sites U and II*. Statistically different** concentrations are indicated by an asterisk (Student's t -test; $p < 0.02$).

two populations *ofArianta arbustorum* **separated by only one building differed in their metal contents, indicating different exposures of their habitats (Figure 2). For example, snails from the sampling site near the road (sampling site II) had higher lead concentrations than animals from site II*.**

For biological monitoring, easily identifiable species are advantageous, in order to exclude errors arising from possible inter-specific differences. In the case of slugs, for example, very closely related species belonging to the same genus differ in their metal concentrations, probably attributable to differences in food preference, behaviour and alimentary physiology (Greville and Morgan, 1989). *Arianta arbustorum are* **easily identifiable up to the species level (Kemey** *et al.,* **1983), although there does exist a number of subspecies (Klemm, 1973; Nemeschkal and Kothbauer, 1988) showing conspicuous polymorphism, ranging from large snails**

Fig. 3. Seasonal variation in (a) cadmium, (b) lead, (c) copper, and (d) zinc concentrations of *Arianta arbustorum* from sampling sites II and Ill. An asterisk indicates a significant change in metal concentration since the previous season (Student's t-test; $p < 0.01$). Abbreviations: Sp...spring; Su...summer; Au...autumn.

with brown shells in forests at lower altitudes, to smaller yellow individuals, found mainly in grasslands at higher altitudes (Arter, 1990). It is not known whether these subspecies differ with regard to metal accumulation.

The metal contents of *Arianta arbustorum* depend on the animals' size. The smaller animals have higher concentrations of cadmium, lead and zinc than larger individuals, but those heavier than 0.2 g (dry weight without shell) do not show this correlation (Berger and Dallinger, 1989; Berger, 1990). In order to avoid size-dependent interference, adult animals belonging to the weight class of 0.3 g were used in this study (Table I). This method also helps to avoid age-dependent effects, if the sampling sites are within an ecologically homogeneous area. Along an altitudinal gradient, size does not correlate with age (Baur and Raboud, 1988). In such a case an estimation of the age would be necessary.

Arianta arbustorum spend an average of 3-4 years as adults, but lifespans

of up to 14 years have been recorded (Raboud, 1986; Baur and Raboud, 1988). Therefore, the bioaccumulation levels out short-term variations in the exposure and availability of a pollutant and represents the mean burden of the habitat.

Because of its convenient size, collection and handling of individuals of *Arianta arbustorum* are easily and quickly achieved. The animals can be kept under laboratory conditions and fed on artificial or homogeneous diet for long periods of time (Frömming, 1954), which allows experimental studies of the kinetics of metal accumulation and detoxification mechanisms of *Arianta arbustorum* and other pulmonate snails to be carried out. By using food enriched with cadmium, copper, lead or zinc, the routes and rates of metal accumulation have been quantified in *Helix aspersa* (Beeby, 1985), *Helix pomatia* (Berger *et al.,* 1991) and *Arianta arbustorum* (Berger and Dallinger, 1989). The metal concentrations achieved in these feeding experiments within a period of 10-30 days are similar to the highest values reported for snails under field conditions (Hopkin, 1989). Metal accumulation in terrestrial gastropods is efficient and occurs at fast rates, whereas elimination seems to be a slow process (Dallinger and Wieser, 1984; Berger and Dallinger, 1989). Their high capacity for the accumulation and storage of metals is attributed to the induction of metal-binding proteins belonging to the metallothioneins (Dallinger *et al.,* 1989). These proteins are probably responsible for the long half-life of cadmium in snails (Williamson, 1980). The low rate of elimination means that the metal concentrations present in the tissues are the sum of a long-term process of accumulation and are therefore indicative of the environmental level of this contaminant over a long period. Additionally, some short-term effects such as changes in feeding activity due to temperature, humidity and other meteorological variables could affect the amount of metals assimilated. Factors of this kind may account for the apparently irregular variations in metal concentrations in *Arianta arbustorum* collected from the same site within one activity period (Figure 3). For this reason the period of sampling should be as short as possible.

4.2. RANGES OF METAL CONCENTRATIONS IN TERRESTRIAL SNAILS: A REFERENCE SYSTEM TO DEFINE LEVELS OF BURDEN

To assess metal contaminations by means of biomonitoring it is important to know the whole range of concentrations possible for a monitor organism exposed to different levels of pollution. Since the information available about metal burdens of a given species of gastropods is insufficient for the establishment of such a scale, we have compared the cadmium, lead, copper and zinc concentrations of different terrestrial gastropod species from polluted and unpolluted regions to allow interpretation of the metal concentrations found in *Arianta arbustorum.* Data for 16 species (7 species of snails and 9 species of slugs) are summarized. A complete list of the species, metal concentrations, descriptions of the sampling sites and references are given in the Appendix.

The areas from which the gastropods of this inter-specific comparison were collected can be divided into three classes, according to the source of metal pollution:

Fig. 4. Cadmium (circles), lead (squares) and zinc (triangles) concentrations reported from different species of terrestrial gastropods. The data are arranged in ascending order of concentration as listed in the Appendices A, B, and D. Three classes of sampling sites are distinguished (see text): Class 1: reference areas;

Class 2: sampling sites near roads or within cities;

Class 3: mining areas or regions of metal-working industry.

Metal concentrations of animals from class 1 sites are indicated by open symbols, those of class 2 sites by crossed symbols and those of class 3 sites by closed symbols.

Class 1: reference areas;

Class 2: sampling sites near roads or within cities;

Class 3: mining areas and regions of metal-working industry.

If the metal concentrations of terrestrial gastropods give any information about the source and intensity of pollution of their habitats, this classification, derived only from a description of the sampling site, should correspond to the metal levels found in the animals. In Figure 4 the concentrations of cadmium, lead and zinc in terrestrial gastropods are shown in ascending order. The three categories of sampiing sites, indicated by different symbols, are clearly distinguishable on the basis of the metal concentrations of the gastropods. Table II summarizes the ranges and mean concentrations of cadmium, lead, copper and zinc measured in gastropods from habitats belonging to classes 1, 2 or 3. The increase in metal burden for a specific class is shown by the ratio (f) of its mean metal concentration to the average background level (class 1).

The concentration of cadmium varies between 1 and 139 μ g/g (Figure 4, Ap-

pendix A). The three classes of sampling sites are distinctly separated. Animals from class 1 habitats (controls) have a mean cadmium concentration of 5.4 μ g/g, those from urban areas have an average of 12.7 μ g/g. The wide range of concentrations in class 2 (8-24 μ g/g) could be a result of the variable levels of exposure in cities, depending on traffic density and industrial activities. The highest and most variable concentrations are found in gastropods near mining areas and smelters. The mean concentration of 70 μ g/g is 13 times above background, showing that this kind of human activity pollutes the environment much more than traffic and cities. The cadmium concentrations of gastropods indicate both highly polluted sites (class 3) as well as moderately polluted areas (class 2). This underlines the variety of possible uses of a bioindicator.

The cadmium concentration of *Arianta arbustorum* (see Appendix A) from sampling site I (7 μ g/g) corresponds to the level of class 1 (Table II). The concentrations found on sampling sites II, III, and IV are as high as those measured in *Helix aspersa and Cepaea hortensis* from similar types of habitats (Williamson, 1980; Martin and Coughtrey, 1982). Although sampling site V is situated near a highway, cadmium concentrations in the snails are below the average of class 2 (Appendix A; Table II).

The range of lead concentration in terrestrial gastropods is $4-365 \mu g/g$ and can be divided into levels of burden corresponding to the three classes of sampling sites (Figure 4, Appendix B). The mean concentration of animals from class 1 sites is only a fifth and a sixteenth of those from class 2- and class 3-sites, respectively (Table II). In contrast to cadmium, the lead concentrations of class 2 and class 3 overlap to a much greater extent. This is because of the high variability of lead concentrations in gastropods from urban areas. Lead concentrations of snails collected near roads exceeded those of individuals living 3.2 km from a smelter (see Appendix B; Coughtrey and Martin, 1976; Williamson, 1980; Beeby and Richmond, 1987). This shows the importance of the contribution of traffic exhausts to total lead pollution. The variability of lead levels in urban gastropods can be attributed to the high dependence of environmental lead concentrations on distance from the road (Leonzio and Pisani, 1987; Yassoglou *et al.,* 1987; Kasperowski and Frank, 1989), on traffic density (Burguera *et al.,* 1989; Ho and Tal, 1988; Stary *et al.,* 1989; Dallinger *et al.,* 1991) and on exposure of the habitat (Dallinger *et al.,* 1989). This leads to a complex mosaic of different levels of pollution within a city, which can only be described by a narrow mesh of sampling points (Dallinger *et al.,* 1991).

On the basis of this interspecific comparison the concentrations of lead in *Arianta arbustorum* collected in Irmsbruck are relatively low. The lead concentration in snails from sampling site I (5 μ g/g) is below the average of class 1 (9 μ g/g). The highest concentration of lead, measured in animals from site IV, was 23 μ g/g, which is considerably less than the concentrations in most snails from class 2 sites. The distance of 10-20 m of sampling site V from the highway may be the reason for the low lead burden of its snails. Increasing distance from a road leads to expo-

TABLE II Classification of metal concentrations in terrestrial gastropods according to the specific source of the pollutant.

 f = ratio of the mean metal concentration of a class to the mean concentration of class 1.

nentially decreasing metal concentrations in the soil, reaching background levels at approximately 50 m (Yassoglou *et aL,* 1987). Kasperowski and Frank (1989) found no elevation of lead 10 m away from a motorway. The lead concentration of the terrestrial snail *Cernuella virgata* decreases exponentially within a distance of 200 m from a road and is halved after the first 20 m (Leonzio and Pisani, 1987).

Copper concentrations of terrestrial gastropods range between 30 and 408 μ g/g (Table II, Appendix C), but in this case the classification of sampling sites into different categories does not correspond with different levels of concentration (Table II). The following points should be considered in this context: (1) less information is available concerning copper in snails than for cadmium, lead or zinc.

(2) All sites summarized in class 3 relate to zinc or lead smelters or mines; no study deals with proper copper industries. (3) Investigations on marine molluscs show that the copper burden of these animals does not reflect environmental concentrations (Philips, 1976; Bryan *et al.,* 1983; Lyngby, 1987). Considering these points, more studies on the effect of copper pollution on the concentration of this metal in terrestrial gastropods are needed in order to assess their validity in biomonitoring surveys.

The zinc concentrations of terrestrial gastropods fit very well into the system of the three classes of sampling sites, although there are marked overlaps (Table II, Appendix D). The level of zinc in animals from control areas averages 136 μ g/g. In gastropods from urban regions it is twice as high, and near zinc mines concentrations of more than 1000 μ g/g were measured.

The zinc levels of individuals of *Arianta arbustorum* from sampling site I are typical for snails from sites belonging to class t. The concentrations of zinc in snails from the other sampling sites seem to be below average.

On the basis of this inter-specific comparison it was shown that different sources and intensities of metal pollution are indicated by the level of the respective metal concentration in terrestrial gastropods. On the one hand, industry and mining activities cause extremely high concentrations of cadmium, lead and zinc in the snails tissues, and on the other hand cities and traffic are responsible for more moderate, yet significantly elevated levels of these elements.

Acknowledgements

The authors thank Professor Wolfgang Wieser, University of Innsbruck, for reviewing the manuscript and for helpful discussion. The study was supported by the Austrian 'Fonds zur Förderung der wissenschaftlichen Forschung in Österreich', Projekt Nr. P7815.

Appendices

Metal concentrations (A: cadmium; B: lead; C: copper; D: zinc) of terrestrial gastropods, expressed as μ g/g (dry weight) and listed in ascending order. A short characterization of the sampling site as well as its class of burden is given (classes 1-3; see text). In some cases the distance (m or km) from the source of pollution is listed too. Sampling sites of this study are numbered according to Table I.

REFERENCES

(1) Coughtrey and Martin (1976); (2) Popham and D'Auria (1980); (3) Williamson (1980); (4) Martin and Coughtrey (1982); (5) Beeby and Richmond (1987); (6) *Kratz et al.* (1987); (7) Knutti *et al.* (1988); (8) Greville and Morgan (1990); (9) Hopkin (1989); (10) this study.

Appendix A: Cadmium concentrations

Appendix B: Lead concentrations

Appendix C: Copper concentrations

Appendix D: Zinc concentrations

References

- Arndt, U., Nobel, W. and Schweizer, B.: 1987, *Bioindikatoren, M6glichkeiten, Grenzen und neue Erkenntnisse,* Verlag Eugen Ulmer, Stuttgart.
- After, H.E.: 1990, 'Spatial Relationship and Gene Flow Paths Between Populations of the Alpine Snail *Arianta arbustorum* (Pulmonata: Helicidae)', *Evolution* 44 (4), 966--980.
- Balogh, K.V.: 1988, 'Heavy Metal Pollution from a Source Point Demonstrated by Mussel *(Unio pictorum* L.) at Lake Balaton, Hungary', *Bull. Environ. Contam. Toxicol.* 41, 910-914.
- Balogh, K.V. and Salanki, J.: 1987, 'Biological Monitoring of Metal Pollution in the Region of Lake Balaton (Hungary)', *Acta Biologica Hungarica* 38 (1), 13-30.
- Baur, A. and Baur, B.: 1990, 'Are Roads Barriers to Dispersal in the Land Snail *Arianta arbustorum*?', *Can. J. Zool.* 68, 613-617.
- Baur, B. and Raboud, C.: 1988, 'Life History of the Land Snail *Arianta arbustorum* along an Altitudinal Gradient', *J. Animal Ecol.* 57, 71-87.
- Beeby, A.: 1985, 'The Role *of Helix aspersa* as a Major Herbivore in the Transfer of Lead through a Polluted Ecosystem', *J. Appl. Ecol.* 22, 267-275.
- Beeby, A. and Richmond, L.: 1987, 'Adaptation by an Urban Population of the Snail *Helix aspersa* to a Diet Contaminated with Lead', *Environ. Pollut.* 46, 73-82.
- Berger, B.: 1990, 'Beiträge zum Schwermetallstoffwechsel der terrestrischen Gastropoden Arianta *arbustorum* L. und *Cepaea hortensis* Miiller (Fam. Helicidae): Quantitative Aspekte und Cadmium bindende Proteine', *Thesis*, Universität Innsbruck, Austria, pp. 252.
- Berger, B. and Dallinger, R.: 1989, 'Accumulation of Cadmium and Copper by the Terrestrial Snail *Arianta arbustorum* L.: Kinetics and Budgets', *Oecologia* 79, 60-65.
- Berger, B., Dallinger, R.: 1989, 'Factors Influencing the Contents of Heavy Metals in Terrestrial Snails from Contaminated Urban Sites', *7th International Conference on Heavy Metals in the Environment, Geneva, September 1989, Conference Proceedings* 1,554-557.
- Berger, B., Dallinger, R., Felder, E. and Moser, J.: 1992, 'Budgeting the Flow of Cadmium and Zinc through the Terrestrial Gastropod *Helix pomatia* L.', in R. Dallinger and P.S. Rainbow (Eds.) *Ecotoxicology of Metals in Invertebrates,* Lewis Publishers, Chelsea, USA, in press.
- Bryan, G.W., Langston, W.J., Hummerstone, L.G., Burt, G.R. and Ho, Y.B.: 1983, 'An Assessment of the Gastropod, *Littorina littorea,* as an Indicator of Heavy Metal Contamination in United Kingdom Estuaries', *J. Mar. Ass. U.K.* 63, 327-345.
- Burguera, J.L., Burguera, M. and Belandria, M.G.: 1989, 'The Amounts of Lead in Roadside Soil and some Lichen Species and their Correlation with Motor Vehicles Traffic Volume', *7th International Conference on Heavy Metals in the Environment, Geneva, September 1989, Conference Proceedings* 2, 460-463.
- Butler, P.A., Andren, L., Bonde, G.J., Jernelöv, A. and Reish, D.J.: 1971, 'Monitoring Organisms', *F.A.O. Fisheries Reports No. 99 Suppl. 1.*
- Cossa, D.: 1988, 'Cadmium in *Mytilus spp.:* Worldwide Survey and Relationships between Seawater and Mussel Content', *Mar. Environ. Res.* 26, 265-284.
- Cossa, D.: 1989, 'A Review of the Use of *Mytilus spp.* as Quantitative Indicators of Cadmium and Mercury Contamination in Coastal Waters', *Oceanologica Acta* 12 (4), 417-432.
- Coughtrey, P.J. and Martin, M.H.: 1976, 'The Distribution and Speciation of Cadmium in the Terrestrial Snail, *Helix aspersa', Bull. Environ. Contam. Toxicol.* 23, 445-451.
- Coughtrey, P.J. and Martin, M.H.: 1977, 'The Uptake of Lead, Zinc, Cadmium, and Copper by the Pulmonate Mollusc, *Helix aspersa* Müller, and its Relevance to the Monitoring of Heavy Metal Contamination of the Environment', *Oecologia* 27, 65-74.
- Czarnezki, J.M.: 1987, 'Use of the Pocketbook Mussel, *Lampsilis ventricosa*, for Monitoring Heavy Metal Pollution in an Ozark Stream', *Bull. Environ. Contam. Toxicol.* 38, 641-646.
- Dallinger, R., Berger, B. and Bauer-Hilty, A.: 1989, 'Purification of Cadmium-Binding Proteins from Related Species of Terrestrial Helicidae (Gastropoda, Mollusca): A Comparative Study', Molec. *and Cell. Biochem.* 85, 135-145.
- Dallinger, R., Berger, B. and Birkel, S.: 1992, 'Terrestrial Isopods: Useful Biological Indicators of Metal Pollution in Urban Sites', *Oecologia* 89, 32-41.
- Dallinger, R., Birkel, S., Bauer-Hilty, A. and Berger, B.: 1989, 'Biokartierung der Schwermetallbelastung im Raum Innsbruck', *Ver6ffentlichungen der Universitiit Innsbruck,* 171.
- Dallinger, R. and Wieser, W.: 1984, 'Patterns of Accumulation, Distribution and Liberation of Zn, Cu, Cd and Pb in Different Organs of the Land Snail *Helix pomatia* L.', Comp. Biochem. Physiol. 79C, 117-124.
- Doherty, F.G.: 1990, 'The Asiatic Clam, *Corbicula spp.,* as a Biological Monitor in Freshwater Environments', *Environ. Mort. Ass.* 15, 143-181.
- Fr6mming, E.: 1954, *'Arianta arbustorum',* in E. Fr6mming (Ed.) *Biologie der mitteleuropiiischen Landgastropoden,* Dunker und Humbold, Berlin, 289-305.
- Goldberg, E.D.: 1975, 'The Mussel Watch A First Step in Global Marine Monitoring', *Mar. Pollut. Bull.* 6, 111.
- Greville, R.W. and Morgan, A.J.: 1989, 'Concentrations of Metals (Cu, Pb, Cd, Zn, Ca) in Six Species of British Terrestrial Gastropods near a Disused Lead and Zinc Mine', *J. Moll. Stud.* 55, 31-36.
- Greville, R.W. and Morgan, A.J.: 1990, 'The Influence of Size on the Accumulated Amounts of Metals (Cu, Pb, Cd, Zn and Ca) in Six Species of Slugs Sampled from a Contaminated Woodland Site', *J. Moll. Stud.* 56, 355-362.
- Ho, Y.B. and Tai, K.M.: 1988, 'Elevated Levels of Lead and Other Metals in Roadside Soil and Grass and their Use to Monitor Aerial Metal Despositions in Hong Kong', *Environ. Poll.* 49, 37-51.
- Hopkin, S.P.: 1989, *Ecophysiology of Metals in Terrestrial Invertebrates,* Elsevier Applied Science, London, New York, pp. 366.
- Howard, B. and S imkiss, K.: 1981, 'Metal Binding by *Helix aspersa* Blood', *Comp. Biochem. Physiol.* 70A, 559-561.
- Kasperowski, E. and Frank, E.: 1989, 'Boden- und Vegetationsuntersuchungen im Bereich der Scheitelstrecke der Tauernautobahn', *Monographien des Umweltbundesarates, Wien, 15.*
- Kemey, M.P., Cameron, R.A.D. and Jungbluth, J.H.: 1983, *Die Landschnecken Nord- und Mitteleuropas,* Verlag Paul Parey, Hamburg und Berlin.
- Klemm, W.: 1973, 'Die Verbreitung der rezenten Land-Gehäuse-Schnecken in Österreich', *Denkschrift der Osterr. Akad. Wiss.* 117, Math. nat. KI., 1-503.
- Knutfi, R., Bucher, P., Stengl, M., Stolz, M., Tremp, J., Ulrich, M. and Schlatter, C.: 1988, 'Cadmium in the Invertebrate Fauna of an Unpolluted Forest in Switzerland', *Environ. Toxin Set.* 2, 171-191.
- Kratz, W., Gruttke, H. and Weigmarm, G.: 1987, 'Cadmium Accumulation in Soil Fauna after Artificial Application of Cadmium Nitrate in a Ruderal Ecosystem', *Acta Phytopath. Entom. Hung.* 22 $(1-4)$, 391 -397 .
- Kurihara, Y. and Suzuki, T.: 1987, 'Removal of Heavy Metals and Sewage Sludge Using the Mud Snail, *Cipangopaludina chinensis malleata* Reeve, in Paddy Fields as Artificial Wetlands', Water *Sci. Techn.* 19 (1), 281-286.
- Leonzio, C. and Pisani, A.: 1987, 'An Evaluative Model for Lead Distribution on Roadside Ecosystems', *Chemosphere* 16 (7), 1387-1394.
- Lyngby, E.J.: 1987, 'Monitoring of Heavy Metal Contamination in the Linfjord, Denmark, Using Biological Indicators and Sediment', *Sci. Tot. Environ.* 64, 239-252.
- Lyngby, E.J.: 1989, 'Biomonitoring and Ecotoxicity Studies of Heavy Metals Leached from Power Plant Cooling Water System', *7th International Conference on Heavy Metals in the Environment, Geneva, September 1989, Conference Proceedings* 1, pp. 205-208.
- Martin, LH. and Flegai, A.R.: 1975, 'High Copper Concentrations in Squid Livers in Association with Elevated Levels of Ag, Cd, and Zn', *Mar. Biol.* 30, 51-55.
- Martin, M.H. and Coughtrey, P.J.: 1982, *Biological Monitoring of Heavy Metal Pollution: Land and Air,* Applied Science Publishers, London, New York.
- Meincke, K.F. and Schaller, K.H.: 1974, 'Uber die Brauchbarkeit der Weinbergschnecke *(Helix pomatia* L.) im Freiland als Indikator fiir die Belastung der Umwelt dutch die Elemente Eisen, Zink und Blei', *Oecologia* 15, 393-398.
- Nemeschkal, H.J. and Kothbauer, H.: 1988, *'Arianta arbustorum* alpicola (Ferussac 1819) (Pulmonata, Helicidae): Über Interpretationen und Realität eines Taxon', Zool. Anz. 221 (5–6), 343-354.
- Philips, D.J.H.: 1976, 'The Common Mussel *Mytilus edulis* as an. Indicator of Pollution by Zinc, Cadmium, Lead and Copper. II. Relationship of Metals in the Mussel to those Discharged by Industry', *Mar. Biol.* 38, 71-80.
- Philips, D.J.H.: 1980, *Quantitative Aquatic Biological Indicators: Their Use to Monitor Trace Metal*

and Organochlorine Pollution, Applied Science Publishers, London.

- Philips, D.J.H.: 1990, 'Use of Macroalgae and Invertebrates as Monitors of Metal Levels in Estuaries and Coastal Waters', in R.W. Fumess and P.S. Rainbow (Eds.) *Heavy Metals in the Marine Environment,* CRC Press Inc., pp. 81-99.
- Popham, J.D. and D'Auria, J.M.: 1980, *'Arion ater* (Mollusca: Pulmonata) as an Indicator of Terrestrial Environmental Pollution', *Water, Air and Soil Pollut.* 14, 115-124.
- Raboud, C.: 1986, 'Age Determination of *Arianta arbustorum* (L.) (Pulmonata) Base,¹ (and Growth Breaks and Inner Layers', *J. Moll. Stud.* 52, 243-247.
- Russell, L.K., Haven de, J.I. and Botts, R.P.: 1981, 'Toxic Effects of Cadmium on the Garden Snail *(Helix aspersa)', Bull. Environ. Contam. Toxicol.* 26, 634-640.
- Stary, E, Kubiznakova, J. and Kindlman, P.: 1989, 'Heavy Metal Traffic Pollutants in the Small Eggar, *Eriogaster lanestris* (L.) (Lepidoptera, Lasiocampidae)', *Ekologia (CSSR)* 8 (2), 211-218.
- Talbot, V.: 1985, 'Relationship between Cadmium Concentrations in Seawater and Those in the Mussel *MytUus edulis', Mar. Biol.* 85, 51-54.
- Talbot, V.: 1986, 'Seasonal Variation of Copper and Zinc Concentrations in the Oyster *Saccostrea cuccullata* from the Dampier Archipelago, Western Australia: Implications for Pollution Monitoring', *Sci. Tot. Environ.* 57, 217-230.
- Viarengo, A., Zanicchi, G., Moore, M.N. and Orunesu, M.: 1981, 'Accumulation and Detoxification of Copper by the Mussel *Mytilus galloprovincialis* Lam.: A Study of the Subcellular Distribution in the Digestive Gland Cells', *Aquat. Toxicol.* 1, 147-157.
- Ward, T.J.: 1982, 'Laboratory Study of the Accumulation and Distribution of Cadmium in the Sydney Rock Oyster *Saccostrea commercialis* (I & R)', *Aust. J. Mar. Freshwater Res.* 33, 33--44.
- Williamson, P.: 1979, 'Comparison of Metal Levels in Invertebrate detrivores and their Natural Diets. Concentration Factors Reassessed', *Oeeologia* 44, 75-79.
- Williamson, P.: 1980, 'Variables Affecting Body Burdens of Lead, Zinc, and Cadmium in a Roadside Population of the Snail *Cepaea hortensis* Miiller', *Oecologia* 44, 213-220.
- Wren, C.D.: 1986, 'Mammals as Biological Monitors of Environmental Metai Levels', *Environ. Mon. Ass.* 6, 127-144.
- Yassoglou, N., Kosmas, C., Asimakopoulus, J. and Kallinou, C.: 1987, 'Heavy Metal Contamination of Raodside Soils in the Greater Athens Area', *Environ. Poll.* 47, 293-304.