

## Short original communication

# Neuronal autophagy in experimental scrapie

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**Summary.** In this study we report the formation of giant autophagic vacuoles (AV) in neurons in experimental scrapie in hamsters. Autophagy is an important step in the cellular turnover of proteins and organelles. It is known to occur in neurons under physiological as under pathological conditions. Giant AV, however, are seen very rarely only in pathological states. In our model AV are much more numerous after intracerebral (i.c.) transmission of the scrapie agent than after the transmission via the intraperitoneal route which points to a correlation between the intensity of the process and the period of incubation. As the appearance of the AV in our model is correlated chronologically with that of scrapie-associated fibrils, at least after i.c. transmission, the process may be related to a disturbance of cellular protein metabolism and, thus, to the processing of prion protein.

**Key words:** Scrapie – Prion – Neuronal autophagy – Lysosomes – Lipofuscin

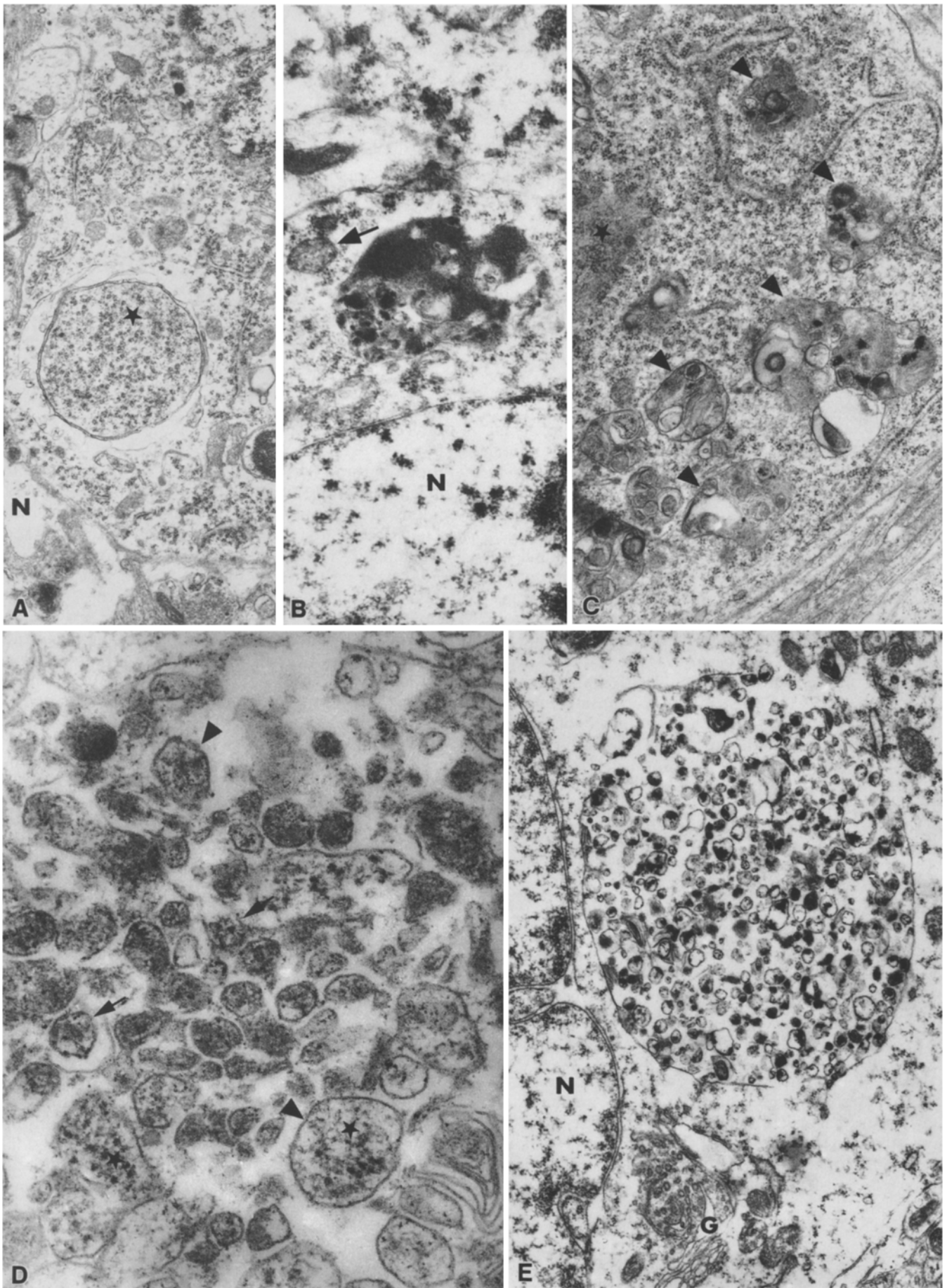
Cellular autophagy is well known as a way of cellular protein turnover in neurons [4, 14] and other cells [8]. It has also been discussed as a way for the cell to get rid of damaged cytoplasmic constituents [10, 14]. The morphological manifestation of autophagic activity is the autophagic vacuole (AV) [6]. Boellaard et al. [2] reported giant AV in experimental Creutzfeldt-Jakob disease (CJD) in mice [2]. We wondered whether this process could also be found in experimental scrapie in rodents. Such studies in the cerebral cortex of mice and hamsters have been performed only recently [13]. We extended our study to the thalamus, the brain stem and the cerebellar cortex. The results have been preliminarily reported elsewhere [3].

## Material and methods

Fifteen outbred Syrian hamsters, 7–10 weeks old were inoculated intracerebrally (i.c.) with 50 µl of a 1% scrapie brain homogenate containing about 10<sup>5</sup>–10<sup>7</sup> LD<sub>50</sub> infective units of the 236K strain of scrapie [11]. The animals were housed singly and allowed to live 33–90 days post inoculation (p.i.). Two animals were inoculated intraperitoneally (i.p.) to avoid cerebral damage and killed only 90 days p.i. in view of the increased incubation period. Ten control animals were sham inoculated i.c. with normal hamster brain suspension and killed 33–68 days p.i. Two untreated animals were used as controls for the i.p. test (Table 1). Animals were killed by supravital perfusion of a picric acid-paraformaldehyde-glutaraldehyde fixative [19]. The perfusion was performed through a cannula inserted into the left ventricle of the heart [16]. Brain specimens were obtained from the following locations: cerebral cortex right and left, thalamus right and left, midbrain, and cerebellar cortex. Postfixation was performed in osmium tetroxide and block staining with uranyl acetate, dehydration in graded series of ethanol and embedding in Epon. Semithin sections were cut and stained with toluidine blue. Ultrathin sections were stained with lead acetate and examined in a Zeiss EM9 or EM10 electron microscope.

## Results

Light microscopically the semithin sections revealed no signs of neuronal damage. In general no vacuolation was seen in the layers 2–7 of the cerebral cortex nor in the thalamus. Only the test animals killed after 73 and 90 days p.i. showed diffuse vacuolation in the cerebral cortex. Electron microscopically the four test animals killed 33 and 40 days p.i. showed no conspicuous alterations; the small AV seen in neuronal somata were also present in the controls. From 54 days p.i. large membrane-bound vacuoles (Fig. 1b) and numerous



**Table 1.** Summary of experimental animals and presence of autophagic vacuoles (AV)

Test animals inoculated: i.c.	Day p.i. <sup>a</sup>	AV	Controls inoculated: i.c.	Day p.i. <sup>a</sup>	AV
1	33	–	1	33	–
2	33	–	2	33	–
3	40	–	3	40	–
4	40	–	4	40	–
5	54	×	5	54	–
6	54	×	6	54	–
7	61	×	7	61	–
8	61	×			
9	66	×			
10	66	×			
11	68	×	8	68	–
12	73	×	9	68	–
13	73	×	10	68	–
14	90	×			
15	90	×			
i.p.			i.p.		
16	90	(×)	11	120	–
17	90	(×)	12	120	–

<sup>a</sup> Day post inoculation (p.i.) on which the animal was killed i.c.: Intracerebrally; i.p.: intraperitoneally; –: absent; ×: present

smaller ones (Fig. 1c) were the most striking finding in the perikarya of some neurons. They were solitary, about 1.7 µm in size, or smaller and multiple about 0.3 µm in size. These vacuoles contained ribosomes (Fig. 1a), debris (Fig. 1c) and lipofuscin granules (Fig. 1b), thus displaying the typical morphology of AV. The surrounding membrane was usually single, sometimes double (Fig. 1a) and seldom multiple. In places, we found collections of small membrane-bounded spherical profiles containing osmiophilic bodies (Fig. 1d). These were occasionally situated in giant membrane-bounded vacuoles (Fig. 1e). It must be emphasized that only a few neurons harbored giant AV and that these cells showed no signs of damage. Their Golgi fields were well developed. There were no conspicuous differences between the frequency of vacuoles in either cerebral hemisphere. Neurons with AV were most numerous in the thalamus, sparsely scattered in the basilar portion of the pons and extremely rare in the cerebellar cortex, where they were present in a few Golgi cells of the

granular cell layer. They were never found in Purkinje cells (Table 1). AV of several sizes could be found in neuronal processes in the neuropil. In the two i.p.-injected animals, which had a significantly longer incubation period than i.c.-injected animals, AV were very rare. In all cases the number and appearance of primary lysosomes were not remarkable. The number and size of lipofuscin granules had only increased and coarsened in some neuronal perikarya. No signs of increased phagocytosis could be found in astrocytes. Spongiform changes of the neuropil were patchy and very rare in most of the animals. In the test animals at 73 and 90 days, p.i., however, spongiosis was seen in the cerebral cortex and in the thalamus but less in the midbrain. There was no obvious correlation between spongiform changes and the presence or frequency of AV. Neuronal perikarya were sometimes depleted of organelles but there were no vacuoles.

## Discussion

Neuronal autophagy has been reported under physiological conditions [4, 9] and increased in some experimental models, involving: colchicine [21]; vinblastine [20]; trauma [1]; and X-irradiation [14]. Increased neuronal autophagy with giant AV has been reported in experimental CJD in mice [2]. Recently similar results have been seen in experimental scrapie in rodents [13] and in hamsters [3]. In this latter model, previous clinical and biochemical studies [5] permit reliable relationship to morphological aspects. According to these latter authors, brain tissue in this model is infective from the 20th day p.i., although scrapie-associated fibrils (SAF) do not appear earlier than 41 days and clinical signs are not observed before 65 days p.i. As the giant AV develop between 40 and 54 days p.i. (Table 1), their origin may be correlated with that of the SAF. Their size is much larger than that seen in our controls and generally described in literature as about twice that of secondary lysosomes [7]. These „normal“ AV are thought to mark the turnover of proteins and other plasma constituents in the normal and in the stress state [8, 15]. The giant AV may indicate focal cytoplasmic degradation [10] and isolation of injured cytoplasmic areas in damaged cells [13].

Apart from giant AV we found collections of small spherical bodies in neuronal perikarya of test animals. They differ from those described hitherto but, as they sometimes contain ribosomes, we regard them as AV similar to those seen in injured neurons with chromatolysis [9].

In our experiments the giant AV and their obvious chronological correlation with SAF raise the question of whether they may be related to the processing of prion protein (PrP). This view is supported by the fact that almost no giant AV are to be found in the cerebellum, since it is known that the production of PrP in the cerebellum is very low [12]. Therefore, we assume a link between autophagy and an altered cellular protein metabolism after infection with the scrapie agent.

**Fig. 1.** **A** Early autophagic vacuole (AV, asterisk) filled with ribosomes and surrounded by a double membrane. *N*: Neuropil; 73 days post inoculation (p.i.); × 12,600. **B** Late AV filled with debris. *Arrow*: Lysosome; *N*: nucleus; 90 days p.i.; × 25,000. **C** Neuronal perikaryon filled with multiple smaller AV (*arrowheads*). *Asterisk*: Flat section of the nuclear envelope with nuclear pores; 54 days p.i.; × 20,000. **D** Multiple spheroid bodies loosely distributed in the neuronal cytoplasm. They are surrounded by a single unit membrane (*arrowheads*). Some of them are filled with ribosomes (*asterisk*) others with osmiophilic granules (*arrows*); 66 days p.i.; × 50,000. **E** Giant vacuole filled with numerous spherical bodies containing osmiophilic dots. *N*: Nucleus; *G*: Golgi fields; 61 days p.i.; × 20,000

Autophagy of hepatocytes *in vitro* [17] and *in situ* [15] is dependent on the amino acid content of the medium and may lead to “autophagic suicide” in the case of continuous amino acid deprivation [18]. Mortimore and Schworer [15] suggested that autophagy may serve as a mechanism for the cell to degrade normal components for energy needs. Likewise, AV in experimental prion diseases may be caused by a disturbance of cellular protein metabolism during the production and/or processing of prion protein.

In addition, there seems to exist a correlation between the intensity of the autophagic process (or the cellular process leading to it) and the route of infection. As in experimental CJD [2], the incubation period in this scrapie model is much longer after *i.p.* transmission than after the *i.c.* route of infection and neuronal AV are dramatically increased in the latter. Whatever the cause of autophagy in this model of experimental scrapie infection, the observation of unusual giant AV indicates a need to study the protein metabolism of neuronal cells and the role of neuronal processing of abnormal (prion) proteins after infection with the scrapie agent.

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