

# Immunocytochemical demonstration of growth hormone, prolactin and somatostatin-like immunoreactivities in the brain of larval, young adult and upstream migrant adult sea lamprey, *Petromyzon marinus*

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Summary. Growth hormone, prolactin and somatostatinlike immunoreactivities were demonstrated in the brains of larval, young adult (parasitic) and upstream migrant adult sea lampreys, *Petromyzon marinus*, by means of immunoperoxidase techniques. Growth hormone (GH) and prolactin (PRL) were observed within separate perikarya in the nucleus praeopticus, within fibers in the commissura praeinfundibularis, and in nerve endings within the neurohypophysis of larval and adult-stage lampreys. Cell bodies demonstrating immunoreactive growth hormone were more numerous than those reactive for prolactin. Unlike in the upstream migrant adult lamprey, no GH or PRL was demonstrated in the adenohypophysis of larval or parasitic lamprey.

Somatostatin (SRIF)-like immunoreactive neurons were demonstrated in the nucleus commissurae praeinfundibularis, anterior and posterior pars ventralis hypothalami, pars dorsalis thalami, and the tegmentum motorium rhombencephali of larval, parasitic and upstream migrant adult lampreys. Many of the SRIF containing neurons within the hypothalamus were cerebrospinal fluid (CSF)-contacting cells. SRIF fibers were found throughout most of the brain predominating within the nucleus praeopticus, pars ventralis hypothalami, and the nucleus interpeduncularis. No SRIF immunoreactivity was found within the neurophyophysis. The possible functions of these peptides within the brain of the lamprey are discussed.

Key words: Growth hormone – Prolactin – Somatostatin – Immunocytochemistry – Lamprey

Very little is known about the function of the hypothalamus and pituitary of the agnathans (lampreys and hagfishes) and the regulatory influences they may exert within the endocrine system of these primitive vertebrates. Although lampreys (both larval and adult stages) and hagfishes have a pituitary that, from ultrastructural studies, appears to be secretory (Larsen and Rothwell 1972; Percy et al. 1975; Tsuneki and Gorbman 1975a, b; Patzner et al. 1982; Wright 1983), they lack a vascular portal system or sufficient innervation which, in more advanced vertebrates, is necessary for hypothalamic control of the hypophysis (Gorbman et al. 1983). This unusual anatomical relationship that exists between the brain and pituitary of the agnathans suggests that the hypothalamus has little or no regulatory influence on the adenohypophysis. However, immunocytochemical studies have described the occurrence and localization of mammalian-like neuropeptides such as gonadotropic releasing hormone (LHRH) in the brain of lampreys (Crim et al. 1979a, b; Nozaki et al. 1984) and somatostatin (SRIF) in the brains of hagfish (Nozaki and Gorbman 1983) and upstream migrant adult (prespawning) lamprey (Nozaki et al. 1984). The demonstration of these substances in the agnathan brains indicate or allude to the evolutionary antiquity of these peptides and may also suggest a possible similarity in hypothalamic-hypophysial function to those of phylogenetically more advanced vertebrates.

Although SRIF has been localized within the brains of a wide variety of vertebrates including the prespawning adult European river lamprey, *Lampetra fluviatilis* (Falkmer et al. 1984), and prespawning sea lamprey, *Petromyzon marinus* (Nozaki et al. 1984), there has been little morphological detail or description of the actual SRIF containing neurons and no study of SRIF occurrence and distribution in the brain of larval and young adult (parasitic) lamprey.

SRIF, which inhibits the release of growth hormone (GH) from the adenohypophysis (Sétáló et al. 1978) has, more recently, been suggested to be involved in the regulation of several other endocrine functions including inhibition of the release of prolactin (PRL) (Grau et al. 1985). A study of the distribution of immunoreactive SRIF within the brain of the larval and adult lampreys is of particular interest in understanding the possible relationships between hypothalamus and pituitary since it has been demonstrated that mammalian-like immunoreactive GH and PRL are present within the adenohypophysis of the prespawning sea lamprey (Wright 1984).

In addition to hypophysiotropic releasing and inhibiting hormones (or factors), a number of hormones commonly associated with the anterior pituitary, including GH and PRL, have been identified within neurons in the brains of a variety of tetrapods (Palkovits 1980) and a teleost (Hansen and Hansen 1982). Since mammalian-like GH and PRL activity is present within the pituitary of adult lamprey (Wright 1984) it might be expected that these pituitary hormones, like those in higher vertebrates, may also be present in the brain of the lamprey.

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The aim of the present investigation is to determine by means of immunocytochemical methods the occurrence, morphology and general distribution of GH-, PRL- and SRIF-containing neurons in the brains of larval, young adult, and upstream migrant adult sea lampreys, *Petromyzon marinus*.

# Materials and methods

Larval anadromous sea lampreys, P. marinus were collected, by means of electroshockers, from various streams and rivers in New Brunswick, Canada, and were maintained at  $10 + 2^{\circ}$  C in tanks containing river silt and aerated river water. Young parasitic adult P. marinus were caught in Lake Washedamoak, New Brunswick while feeding on gaspereau, Alosa pseudoharengus, and shad, A. sapidissima. Prespawning landlocked adult P. marinus were caught during their upstream migration in the Humber River, Ontario, Canada. All adult animals were kept at  $10 \pm 2^{\circ}$  C in tanks containing continuously flowing, aerated, dechlorinated water. Parasitic adults were provided with rainbow trout, Salmo gairdneri, on which they fed. Larval lamprey used ranged from 85 to 110 mm in length and 1.0 to 1.9 g in weight; young adults ranged from 128 to 178 mm in length and 2.0 to 10 g in weight; and prespawning adults ranged from 420 to 540 mm in length and 170 to 230 g in weight.

Animals were sacrificed at various times between May and August. All were anesthetized in a 0.05% solution of tricaine methanesulfonate prior to sacrifice. The brains from all animals were quickly removed and fixed in Bouin's fluid for 24 to 48 h, washed in 70% ethanol, dehydrated in a series of ethanols and embedded in Tissue Prep. Serial sections, 5 to 8  $\mu$ m thick, were cut in transverse or sagittal planes and mounted on glass slides. Sections of rat hypothalamus were used in preliminary experiments to serve as a positive control of the antisera and other reagents to be used on lamprey tissue. Sections were stained with either the unlabeled peroxidase antiperoxidase (PAP) method or the indirect peroxidase-labeled method with peroxidase conjugated secondary antiserum (Sternberger 1979).

Preparations of anti-rat GH antiserum (NIAMDD antirGH-S-4) raised in monkey and anti-rat PRL antiserum (NIAMDD anti-rPRL-1c-1) raised in rabbits, as well as the corresponding antigens rGH (NIAMDD-rGH-1-4) and rPRL (NIAMDD-rPRL-1-5), were supplied by the National Institute of Arthritis, Metabolism and Digestive Diseases through the National Pituitary Agency and were prepared by Dr. A.F. Parlow. Anti-SRIF antiserum was obtained from Dr. Phillip Smith (State University of New York Upstate Medical Center, Syracuse, New York) and was produced in rabbits against synthetic SRIF-14. Synthetic SRIF-14, insulin, LHRH, vasotocin, methionine enkephalin and  $\beta$ -endorphin for testing the specificity of the antisera were obtained from Sigma Chemical Co.

Sections treated with anti-rPRL and anti-SRIF were stained by the PAP method as described previously (Wright 1984). Primary antiserum anti-SRIF was used at a dilution of 1:1500 and anti-rPRL was used at a dilution of 1:100. Sections treated with anti-rGH antiserum were stained by the indirect peroxidase-labeled antibody method as outlined previously (Wright 1984). Anti-rGH antiserum was used at a dilution of 1:100. Some sections were stained with aldehyde-fuschin (Gurr 1962) for comparison with immunostained sections.

Controls for specificity of the reactions were performed

by 1) replacing the specific primary antiserum with normal serum, 2) using primary antiserum previously absorbed with excess homologous antigen, and 3) using primary antiserum previously absorbed with excess heterologous antigens. Terminology used to describe structures of the lamprey brain is based on that of Heier (1948).

#### Results

#### Somatostatin

Immunoreactive perikarya and nerve fibers are found in various regions of the telencephalon, diencephalon, mesencephalon and rhombencephalon. The localization of immunoreactivity for SRIF is similar in the larval, young adult and upstream migrant adult lamprey.

In the telencephalon, immunopositive nerve fibers are scattered among the cells in the nucleus olfactorius and nucleus septi lateralis in the olfactory bulbs, the primordium piriforme in the cerebral hemispheres and the nucleus praeopticus in the telencephalon medium. No immunostaining perikarya are present in the telencephalon.

In the diencephalon, immunoreactive nerve fibers are observed throughout the nucleus commissurae praeinfundibularis, pars ventralis hypothalami, pars ventralis thalami and pars dorsalis thalami. Perikarya immunostained for SRIF are found within the nucleus commissurae praeinfundibularis (Fig. 1a). The cells are spherically shaped with a large round unlabeled nucleus surrounded by a thin layer of immunoreactive cytoplasm (Fig. 1a, b). Some of the SRIF-containing perikarya border on the third ventricle among unstained ependymal cells (Fig. 1a, b). SRIF-like immunoreactive neurons and fibers are observed throughout the anterior and posterior pars ventralis hypothalami. Some fibers are found bordering on or very closely apposed to the walls of blood vessels within the pars ventralis hypothalami (Fig. 1c). Perikarya are present in the ependyma and at various levels within the subependymal region (Fig. 2a, b, c). Most of the cells appear to be bipolar; many of these immunoreactive perikarya are similar to the cerebrospinal fluid (CSF)-contacting neurons as described by Sterba (1972) and Vigh-Teichmann et al. (1983) in that they have bulb-like dendrite terminals which protrude into the third ventricle and axon-like processes extending into the wall of the hypothalamus (Fig. 2a, b, c). A compact group of SRIF-containing neurons is observed within the pars dorsalis thalami situated adjacent to the fasciculus retroflexus (Fig. 3a, b). These cells are large and apparently unipolar giving rise to thick axon-like processes that are often bifurcated at some distance from the perikarya (Fig. 3b).

A dense network of SRIF-like immunoreactive nerve fibers and perikarya is observed in the mesencephalon and rhombencephalon within the tegmentum motoricum mesencephali, the rostral portion of the commissura ventralis rhombencephali and the tegmentum rhombencephali (Fig. 4a, b). The immunostained cells appear to be pyriform with axons extending ventrally through the tegmentum (Fig. 4b). A dense mass of SRIF fibers is also found within the nucleus interpeduncularis (Fig. 4c). No immunostaining for somatostatin is found within the neurohypophysis (Fig. 5) or the adenohypophysis.

Immunostaining of all SRIF fibers and perikarya is inhibited when anti-SRIF antiserum is previously absorbed with SRIF. No inhibition of staining occurs when anti-SRIF is absorbed with insulin, LHRH, vasotocin, methionine enkephalin or  $\beta$ -endorphin.



Fig. 1. a SRIF-like-immunoreactive perikarya and fibers in nucleus commissurae praeinfundibularis of young adult (parasitic) lamprey. OC optic chiasma; IR infundibular recess; IF infundibulum; PD pars distalis.  $\times 180$ . b Some SRIF-like-immunoreactive perikarya (arrows) in nucleus commissurae praeinfundibularis bordering onto infundibular recess (IR) in an upstream migrant adult lamprey.  $\times 440$ . c SRIF-containing fibers (arrow) surrounding blood vessels (BV) in hypothalamus of upstream migrant adult lamprey.  $\times 500$ 

Figs. 2a-c. SRIF immunoreactivity in pars ventralis hypothalami of larval (a), young adult (b) and upstream migrant adult lamprey (c). a Immunoreactive CSF-contacting dendritic protrusions (arrows) and perikarya (arrowheads). F immunoreactive fiber plexus; III third ventricle. × 480. b Immunoreactive perikarya intraependymal (small arrowheads) and within subependymal regions (large arrowheads) some with long dendritic processes (arrows) that protrude into third ventricle (III). × 420. c Strong immunoreaction in CSF-contacting dendritic processes (arrows), perikarya (large arrowheads) and axon-like processes (small arrowheads). III third ventricle. × 420

# Growth hormone

GH-like-immunoreactive perikarya and fibers are present throughout the anterior and middle regions of the nucleus praeopticus in all stages of lampreys studied but are most abundant in the upstream migrant adult lampreys (Fig. 6a, b). Immunostained cells range from spherical to pyriform in shape with their axon-like processes extending ventrolaterally and then posterior-laterally into the infundibulum. None of the GH containing neurons appeared to have any



Fig. 3. a SRIF immunoreactivity in pars ventralis hypothalami (Hyp) and pars dorsalis thalami (Th) of young adult lamprey. III third ventricle.  $\times 61$ . b Higher magnification of immunoreactive neurons within pars dorsalis thalami showing group of intensely stained perikarya (*arrowheads*) with bifurcating axon-like processes (*arrows*) near fasciculus retroflexus (FR).  $\times 380$ 

Fig. 4. a SRIF immunoreactivity in tegmentum mesencephali of upstream migrant adult lamprey. IV fourth ventricle.  $\times 190$ . b Higher magnification of rectangular area in Fig. 4a showing immunoreactive perikarya (arrowheads) with axon-like processes (arrows) that extend ventrally into a fiber plexus (F).  $\times 420$ . c SRIF-containing fibers in nucleus interpeduncularis of upstream migrant adult lamprey.  $\times 170$ 

Fig. 5. Note lack of SRIF immunoreaction within neurohypophysis (*NH*) and pars intermedia (*PI*) in comparison to that in pars ventralis hypothalami (Hyp) of young adult lamprey.  $\times 170$ 

contact with the CSF. Immunostaining fibers are also present within the ventral portion of the neurohypophysis adjacent to the pars intermedia of the adenohypophysis (Fig. 6c). In sagittal sections, the GH containing fibers could be traced from the immunostained perikarya in the nucleus praeopticus through the praeoptico-hypophysial tract to the neurohypophysis. Although GH containing cells are found in the caudal pars distalis of the upstream migrant adult lamprey no GH immunostaining cells are observed in the adenohypophysis of larval or young adult lamprey.

All immunostaining is abolished when anti-rGH antise-



Fig. 6. a GH-like immunoreactivity within nucleus praeopticus (PON) of upstream migrant lamprey. POR preoptic recess; OC optic chiasma. ×180. **b** Higher magnification of rectangular area in Fig. 6b showing immunoreactive perikarya (arrowheads) and fibers (arrows).  $\times 140$ . c Sagittal section through portion of neurohypophysis (NH), pars intermedia (PI) and caudal pars distalis (CPD) of upstream migrant adult lamprey showing GH-like immunoreactivity within neurohypophysis and caudal pars distalis.  $\times 230$ 

rum is previously absorbed with rGH; however staining is not inhibited when anti-rGH antiserum is preabsorbed with rPRL or any other heterologous antigens tested, i.e. LHRH, vasotocin, methionine enkephalin or  $\beta$ -endorphin.

# Prolactin

A few perikarya and fibers demonstrating immunoreactivity for PRL are also present within the nucleus praeopticus of larval, young adult and upstream migrant lamprey although they are far lower in number than the GH-like immunoreactive cells (Fig. 7a, b). Immunostaining of adjacent sections demonstrated that perikarya immunoreactive for PRL are different than those that show the presence of GH-like material (compare Fig. 7b, c). Like the GH containing neurons, none of the PRL immunoreactive neurons appear to be CSF-contacting cells. PRL-like immunoreactive fibers are observed within the ventral portion of the neurohypophysis (Fig. 8). Although PRL containing cells are present in the caudal pars distalis of the upstream migrant adult lamprey, no PRL cells are found in the adenohypophysis of the larval or young adult lamprey. Immunostaining is abolished when the anti-rPRL antiserum is absorbed with rPRL, but not when the antiserum is absorbed with rGH, LHRH, vasotocin, methionine enkephalin or  $\beta$ -endorphin.

Figures 9 and 10 represent summary diagrams of the distribution of SRIF, GH, and PRL within the brain of upstream migrant adult lamprey.

## Discussion

The present immunocytochemical observations demonstrate that GH-, PRL- and SRIF-like-immunoreactive material exists within the brains of larval, young adult and upstream migrant adult sea lampreys, *P. marinus*. Absorption tests showed that the anti-SRIF used was specific for SRIF demonstrating no cross-reactivity with methionine enkephalin,  $\beta$ -endorphin, vasotocin or LHRH, which are also known to be present within the brain of lamprey (Crim et al. 1979a, b; Nozaki and Gorbman 1984). The distribution of immunoreactive SRIF-containing perikarya and



Fig. 7. a PRL-like immunoreactivity (*arrows*) within nucleus praeopticus (*PON*) of upstream migrant adult lamprey. *POR* preoptic recess; *OC* optic chiasma. × 270. b-c Adjacent sections treated with anti-rPRL antiserum (Fig. 7b) and with anti-rGH antiserum (Fig. 7c) showing the same field of nucleus praeopticus at level of preoptic recess (*POR*). *Arrowheads* represent common reference points. Comparison of sections shows immunostaining of different neurons by the two antisera. × 500

Fig. 8. Sagittal section through neurohypophysis (*NH*), pars intermedia (*PI*) and caudal pars distalis (*CPD*) showing PRL-like immunoreactivity within neurohypophysis and weak reaction in some cells of caudal pars distalis.  $\times 230$ 

fibers within the brain of the larval and the parasitic sea lamprey is consistent with that previously found in the brain of the upstream migrant (prespawning) adult sea lamprey (Nozaki et al. 1984). Therefore, there appears to be no change in distribution of SRIF with age of the animal.

Although the general localization and appearance of the SRIF perikarya and fibers in the brains of larval and adult stage lampreys resemble that observed in the brains of a variety of teleosts (Vigh-Teichmann et al. 1983; Olivereau et al. 1984) two significant differences are found between the distribution of SRIF in the lamprey and that in the teleost brain; no SRIF-positive perikarya are present within the nucleus praeopticus and no immunostained fibers are found within the neurohypophysis of the lamprey.



**Fig. 9.** Diagrammatic representation of sagittal sections of brain and pituitary of upstream migrant adult lamprey showing distribution of a SRIF-positive perikarya (*filled circles*) and fibers (*dots*), b GH-positive perikarya (*filled triangles*) and fibers (*dots*), and c PRL-positive perikarya (*filled diamonds*) and fibers (*dots*). CPD caudal pars distalis; FR fasciculus retroflexus; Hyp hypothalamus; III third ventricle; IF infundibulum; NH neurohypophysis; NIP nucleus interpeduncularis; OB olfactory bulb; OC optic chiasma; PDT pars dorsalis thalami; PI pars intermedia; PON nucleus praeopticus; POR preoptic recess; RPD rostral pars distalis; T tegmentum

SRIF in the brains of higher vertebrates acts as a neurotransmitter and/or neuromodulator (Luft et al. 1978) as well as being involved in the regulation of anterior pituitary function (Filby and Gross 1983). In several teleosts, SRIF is known to be a release inhibiting factor for GH (Setalo et al. 1978; Fryer et al. 1979) and PRL (Grau et al. 1985) secretion in the adenohypophysis. In some teleosts, SRIF is delivered directly to the cells in the pituitary via peptidergic fibers from perikarya within the hypothalamus that extend into the pars distalis (Grau et al. 1985). More commonly, SRIF in teleosts and a variety of other vertebrates is received within the pituitary via indirect peptidergic innervation. SRIF axons in the nucleus praeopticus or hypothalamus terminate on or close to blood vessels in the

median emminence or within the neurohypophysis (Bern et al. 1975; Filby and Gross 1983; Yui 1983) thereby entering the hypothalamic-hypophysial portal system or systemic circulation. The abundant and widespread distribution of SRIF in the brain of larval and adult stage lampreys may reflect its function as a local neurotransmitter and/or neuromodulator but not as a regulator of pituitary acitivity since no SRIF-containing fibers are found in the pars distalis of the lamprey, and no SRIF-immunoreactive perikarya and fibers are present in the nucleus praeopticus and neurohypophysis, respectively. In addition to this, no portal system exists into which SRIF originating in the hypothalamus could enter the lamprey adenohypophysis. However, it is still possible that some of the SRIF in the brain of the lamprey may exert a regulatory effect on the pituitary by way of the CSF. There are many SRIF immunoreactive CSF-contacting neurons present within the pars ventralis hypothalami. Vigh-Teichmann et al. (1983) attribute a sensory function to SRIF-immunoreactive CSF-contacting neurons, whereby they pass information from the CSF to the SRIF system of the hypothalamus and/or other components of the neuroendocrine system. One can not exclude the possibility that some CSF-contacting neurons may be a source of neuropeptides in the CSF releasing their peptide

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PRL- and GH-like immunoreactivity has been observed in perikarya and fibers in the hypothalamus and praeoptic nucleus of the rat brain (Fuxe et al. 1977; Pacold et al. 1978). More recently both these pituitary hormones have also been found in the brain of a lower vertebrate, the African freshwater fish, *Calamoichthys calabricus*, localized in separate neurons in the praeoptic nucleus with axons terminating in the neurohypophysis (Hansen and Hansen 1982). The distribution of GH and PRL-like immunoreactivity in the brain of the lamprey is similar to that observed in *C. calabricus*, although unlike those of the teleost, none of the GH or PRL containing neurons within the praeoptic nucleus of the lamprey brain appear to be CSF-contacting cells.

The fact that neuronal storage of PRL and GH in the



Fig. 10a-d. Diagrammatic representation of SRIF-containing perikarya (filled circles) and fibers (dots) (left halves), and GH (filled squares) and PRL (filled triangles) containing perikarya and fibers (dots) (right halves) in transverse sections of the lamprey brain at level of a anterior nucleus praeopticus. **b** anterior pars ventralis hypothalami, c pars dorsalis thalami, and d tegmentum mesencephali. CPD caudal pars distalis, FR fasciculus retroflexus; Hyp pars ventralis hypothalami; IF infundibulum; III third ventricle; IV fourth ventricle; NH neurohypophysis; NIP nucleus interpeduncularis; OB olfactory bulb; OC optic chiasma; PDT pars dorsalis thalami; PI pars intermedia; PON nucleus praeopticus; RPD rostral pars distalis; T tegmentum mesencephali

brain of the rat is not affected by hypophysectomy has suggested that these peptides originate in the central nervous system rather than the pituitary (Krieger and Liotta 1979). These peptides in the brains of tetrapods are believed to function as neurotransmitters or neuromodulators rather than endocrine regulators (Krieger and Liotta 1979). Although GH and PRL-like material have been observed in the caudal pars distalis of the pituitary of upstream migrant adult lamprey (Wright 1984) no GH or PRL-like immunoreactivity could be found, during this investigation, within the adenohypophysis of the larval or young adult lamprey. The only source of GH and PRL in the larval and the young parasitic adult lampreys, therefore, appears to be the praeoptic nucleus and neurohypophysis. Presumably these peptides in the brain of the lamprey, like those in tetrapods, originate in the central nervous system and function as local neurotransmitters or neuromodulators. The brain, along with the pituitary of the upstream migrant lamprey, may also supply GH and PRL for use in the body through their release into the systemic circulation via blood vessels beneath the neurohypophysis or those in the adenohypophysis, respectively. Since no GH or PRL is present in the pituitary of the larval and young adult lamprey, any GH or PRL needed for use within the body must be supplied by the brain through their release into the systemic circulation via the neurohypophysis.

It is interesting to note here that many neurons in the nucleus praeopticus, some of which may be GH or PRL containing, are surrounded by SRIF-immunoreactive fibers. The release of GH and possibly PRL from neurons in the nucleus praeopticus of the lamprey brain may be affected by SRIF through synaptic contacts with SRIF containing axons originating from perikarya in the hypothalamus or elsewhere in the brain.

The praeoptico-neurohypophysial neurons in the lamprey brain have been shown to contain separate vasotocinergic (Goossens et al. 1977) and LHRH (Crim et al. 1979a, b) immunoreactivity. The results from the present investigation suggest that there are a third and fourth type of neuron present; one somatotropinergic and the other prolactinergic. Absorption controls have demonstrated the specificity of the antisera. Preabsorption with homologous hormone eliminates staining reaction while absorption with heterologous hormones including LHRH and vasotocin does not abolish or diminish the staining reactions. However, double immunostaining tests or comparative immunocytochemical experiments with anti-rGH, anti-rPRL, anti-vasotocin and anti-LHRH remain to be done to determine whether praeoptic neurons may contain more than one peptide.

In conclusion, the presence of GH, PRL, and SRIF-like material in the brain of lampreys suggests the involvement of these peptides in the regulation of brain function. However, one cannot dismiss the possibility that SRIF in the lamprey brain, as in the brain of higher vertebrates, may also act as a regulator of pituitary function and that the GH and PRL originating in the brain may exert some effect on other tissues in the body of the lamprey.

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